

LAKE DISTRICT MOUNTAIN RESCUE ASSOCIATION MOUNTAIN ACCIDENTS 2006



*Measand Beck from 'Wainwright's Far Eastern fells' and reproduced
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**This Report is issued by
the Lake District Search and Mountain Rescue Association
in the interests of all mountain users.**

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

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THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

CHAIRMAN'S REPORT FOR 2006

The number of incidents for 2006 was 396 and comparable to the previous year although there were some differences. For example the number of deaths has increased to 28 and the number from medical causes, 13, mainly heart attacks, was the highest since 1993.

Another increase has been in the number of man-hours spent on incidents. With 24,335 in 2006 this is our highest on record. This has possibly come about due to the large number of extensive searches conducted in the county during the year. These often required calling teams and units from out of county to supplement the local teams. The majority of the large scale searches were serious and often involved fatalities.

However there has also been a dramatic rise in the number of people reporting themselves lost and calling for assistance via their mobile 'phones. Before the introduction of mobile 'phones people had to "find" themselves even if this involved walking long distances. Now a large number of people take the easy option if they are lost and call for help on their mobiles. The number of such cases has almost trebled in the past year.

Previously I have expressed concern about the delay in calling teams out when the initial call has gone to the Cumbria Ambulance Trust. Following meetings with the control room staff, we have seen an improvement. However now that it has become the North West Ambulance Trust, covering a much larger area, we can only have concerns for the future. The number of calls for mountain rescue is very small when compared to the amount the Trust will be handling and the thought of these being directed from a control room in Warrington, which would be relying largely on software using road maps, is worrying.

Another complication developing is that now the Maritime Coastguard Agency is responsible for rescue on four of our lakes and they are advertising themselves as responsible for rescue in the Lake District. This has led to calls for mountain rescue being routed via the Coastguard Agency! Although we have had some dialogue with them and things have slightly improved, there is still a need for close co-operation, particularly as we have seen a rise in the number of water related incidents, including four deaths from drowning. Some rescue teams already have boats on the lakes and over the years several mountain rescue team members have had training in swift water rescue with the appropriate equipment.

Now that the Fire and Rescue Service is setting up training swift water rescue teams, there is a real need for much closer co-operation among all the agencies to avoid any confusion.

One interesting change this year has been in the age groups requiring assistance. Previously it has always been the 40 – 50 age group that accounted for most of the calls however in 2006 it was the 11 – 20 age group. This would suggest that more young people are visiting the fells and getting into difficulties than in previous years.

As usual I must conclude by thanking all those organizations with whom we have worked during the year, with a particular thank-you to the skilled crews of the RAF and RN helicopters and both the Great North and North West Air Ambulances. Finally, as always, we have worked closely with the Cumbria Police Service and I thank them for their continued support and co-operation.

John Dempster, Chairman.

January

001	14842	1 January 15:40	South Hardknott Pass	NY232012
Calm/dry/clear/freezing. Dry Hill Walking (Not known)				
Woman(48) slipped. Undisplaced fractured tibia and fibula.				
Duddon & Furness 1, 4hr				
002	14078	2 January 15:45	Nitting Haws, Borrowdale	NY243167
High cloud, little wind. Sloping, wet Hill Walking (Medium party (6 to 9))				
Woman(52) slipped, trapping right foot going under her leg. Fractured ankle.				
Keswick 23, 3□ hr				
003	14813	2 January 17:20	Scafell Pike, Little Narrowcove	NY220070
Strong/heavy rain/poor/very cold/dark. Steep rough gully Hill Walking (Small party (2 to 5))				
Three Men(NK) - Party reported themselves benighted in Little Narrowcove with only 1 "crap" torch.				
Located and assisted to walk off the hill. No injuries.				
Wasdale 11, 6hr				
004	14519	2 January 17:45	Levers Water, Coniston	SD284988
Good. Path Hill Walking (Small party (2 to 5))				
Man(35) - Party became disorientated when overtaken by darkness, phoned for assistance. Unhurt.				
Coniston 3, □ hr				
005	14142	2 January 18:12	Red Pike, Buttermere	NY166158
Dry clear night. Wet slippery Hill Walking (Small party (2 to 5))				
Man(37), Woman(22) - Party became stuck in bad ground while descending. No injuries.				
Cockermouth 24, 1hr				
006	15434	8 January 14:00	Yew Crag, Honister	NY220145
Not reported. Not reported Animal Rescue				
A sheep became stuck on local crag. Retrieved without loss or injury.				
Cockermouth 2, 2hr				
007	14520	9 January 15:41	Coniston Old Man, Saddlestones	SD280982
Icy. Rough Hill Walking (Winter) (Small party)				
Man(68) slipped on descent. Sprained left ankle.				
Coniston 11, 2hr				
008	14814	11 January 14:30	Egremont	NY015105
Light/dry/clear. Level Local Incident (Alone)				
Woman(NK) - Called to assist Police and other emergency services in search for young woman				
reported fallen into swollen River Ehen. FATAL Drowning.				
SARDA (Lakes) 2, 1hr; Wasdale 26, 2□ hr				
009	14112	16 January 13:01	Blencathra - Scales Beck	NY333282
Light/dry/broken cloud/cool. Level damp track slippery Hill Walking (Small party (2 to 5))				
Man(54) unable to continue after over-exertion while walking. Shortness of breath.				
Keswick 22, 2□ hr; North West Air Ambulance				
010	14521	20 January 15:42	Great How Crag	SD276999
Cold, wet, windy. Icy Hill Walking (Small party (2 to 5))				
Woman(43) - Party became lost when they took the wrong path. No injuries.				
Coniston 15, 5hr				
011	14815	22 January 14:45	Scafell Pike, Brown Tongue	NY203073
Light/dry/low cloud/cold/dark. Moderate rough footpath Hill Walking (Not known)				
Woman(30) had fallen while walking. Fractured left tibia and fibula.				
Wasdale 22, 4hr; Boulmer SAR Helicopter				

012 14535 22 January 15:30 Ruthwaite Cove, Grisedale NY346135
 Light/dry/hill fog/cool/dull. Moderate rough crag Search - Mountain (Not known)
 Member of the public reported seeing a rucksack in Ruthwaite Cove area. Concerned expressed for owner's safety. Team member and a search dog handler investigated after 1 hour nothing was found. False alarm good intent.
 Patterdale 3, 1hr

013 14338 25 January 19:00 Allen Banks, Silverhowe, Grasmere NY325074
 Fresh/dry/clear/cold/moonlight. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Two Men(35) - Party unable to find path and became lost. No injuries.
 Langdale Ambleside 4, 1hr

014 14282 26 January 11:28 Jenkins Crag NY383034
 Dry. Dry Hill Walking (Alone)
 Man(83) - Subject collapsed and felt unwell. No injury or medical condition reported.
 Langdale Ambleside 8, 1hr

015 14536 30 January 17:15 St Sunday Crag, Grisedale NY372143
 Light/dry/clear/cold/starlight. Not reported Hill Walking (Small party (2 to 5))
 Man(65) - Subject became separated from friend climbing Pinnacle Ridge. After a long search, he called for assistance as the missing person suffered from ME. He was located in Grisedale exhausted and cold. Exhaustion.
 Patterdale 10, 1 □ hr

016 14339 31 January 14:26 High Close Langdale NY333048
 Calm/dry/low cloud/cold/dull. Gentle dry footpath slippery Hill Walking (Medium party (6 to 9))
 Woman(80) - Subject slipped on ice on path. Fracture to lower leg / ankle.
 Langdale Ambleside 12, 1hr

February

017 14340 1 February 11:07 Chapel Stile, Gt Langdale NY318054
 Calm/dry/hill fog/cold/dull. Gentle frozen footpath slippery Hill Walking (Winter) (Small party)
 Woman(70) - Subject slipped on rock and ice. Fracture to lower arm.
 Kendal 5, 3hr; Langdale Ambleside 8, 1hr

018 14315 1 February 12:50 High Street, Blea Water Beck NY445106
 Fresh/dry/misty/freezing/dull. Steep frozen waterfall Snow/Ice Climbing (Small party)
 Man(24) - Subject fell 20 m near top of Grade III water ice climb, landing on ledge. Fractured scapula, hip and back injuries.
 Penrith 16, 4hr; Boulmer SAR Helicopter

019 14341 1 February 14:14 Easdale Tarn, Grasmere NY317087
 Calm/dry/hill fog/cold/dull. Moderate frozen footpath slippery Hill Walking (Winter) (Small party)
 Man(19) - Subject slipped on ice. Fracture to lower R ankle.
 Kendal 10, 2hr; Langdale Ambleside 10, 2hr

020 14431 2 February 15:20 Hawes Bridge, Natland SD514895
 Calm fine dull cold. Frozen slippery Local Incident (Small party (2 to 5))
 Woman(63) - Subject slipped on frozen ground. Injury to right leg.
 Kendal 8, 1 □ hr

021 14538 4 February 16:43 Helvellyn, Red Tarn Beck NY357162
 Light/dry/foggy/cold. Frozen footpath slippery Hill Walking (Small party (2 to 5))
 Man(43) - Subject slipped on ice. An MR team training in the area gave immediate assistance.
 Fracture / dislocation of right ankle.

Buxton 16, 4hr; Patterdale 17, 4hr

022 14343 5 February 13:00 Thornthwaite Beacon NY431013
Calm/dry/hill fog/cool/dull. Moderate rough footpath slippery Hill Walking (Alone)
Man(48) - Subject slipped. Shoulder dislocated, manipulated on scene by doctor.
Langdale Ambleside 8, 5hr; Kendal 17, 5hr

023 14432 10 February 13:15 Scout Scar, Kendal SD488915
Light dry clear cool. Dry Search - Non-mountain (Alone)
Man(31) - Requested by police to search for missing male recently discharged from hospital. Search wound down at nightfall with agreement of police but resumed for the following days.
Kendal 21, 14□ hr; Langdale Ambleside 12, 7hr; SARDA (Lakes) 5, 7□ hr; Duddon & Furness 14, 6hr; Boulmer SAR Helicopter

024 14522 10 February 17:00 Mill Dam, Coniston SD293968
Wet. Slippy Hill Walking (Winter) (Small party)
Woman(53) - Subject slipped on ice while crossing beck. Fractured finger.
Coniston 10, □ hr

025 14481 10 February 17:58 High Spy, Borrowdale NY237166
Calm/dry/clear/freezing/. Steep grassy moorland Hill Walking (Small party (2 to 5))
Man(39), Woman(NK) - Although had a GPS and knew their location, this party did not know how to get down. They were talked back to the path and met by the team. No injuries.
Keswick 6, 3hr

026 14439 11 February 00:10 Loughrigg - Wansfell - Rydal NY347051
Calm/dry/clear/cold/moonlight. Moderate dry Search - Mountain (Alone)
Man(50) - Subject reported missing from home and concern was expressed for his safety. Search concluded when sighted well out of area. Unhurt.
Langdale Ambleside 12, 19hr; Duddon & Furness 1, 19hr; Kendal 12, 3hr; SARDA (Lakes) 7, 19hr; Boulmer SAR Helicopter

027 14440 12 February 14:06 Heron Pike, Rydal NY354079
Calm/drizzle/low cloud/cold/dull. Moderate wet footpath Hill Walking (Small party (2 to 5))
Man(46) - Subject collapsed while walking. FATAL Medical condition not reported.
Kendal 5, 3□ hr; Langdale Ambleside 15, 3□ hr; Boulmer SAR Helicopter ; North West Air Ambulance

028 14816 12 February 16:30 Lank Rigg NY091119
Poor/dark. Undulating boggy Hill Walking (Small party (2 to 5))
Man(62) - Subject reported to have become separated from party. Located shortly after midnight walking on road. Unhurt.
SARDA (Lakes) 7, 4hr; Cockermouth 5, 2hr; Wasdale 16, 5hr

029 14441 13 February 17:15 Bowfell NY247064
Light/drizzle/low cloud/cold/dark. Moderate very wet footpath Search - Mountain (Small party)
Man(32), Man(32) - Party reported themselves lost due to navigation error. No injuries.
Langdale Ambleside 14, 4□ hr; SARDA (England) 1, 3hr; Wasdale 12, 2hr

- 030 14482 13 February 17:40 Grisedale Pike NY200223**
 Fresh/fine/misty/mild. Steep heather slope slippery Hill Walking (Small party (2 to 5))
 Man(29), Woman(29) - Party became lost and then cragfast while retreating. No injuries.
 Keswick 17, 3hr
- 031 14442 15 February 12:42 Loughrigg Tarn NY344040**
 Calm/dry/clear/cool/bright. Gentle wet footpath slippery Hill Walking (Small party (2 to 5))
 Girl(11) - Subject slipped on rocks. Fractured right lower leg.
 Langdale Ambleside 11, 1hr
- 032 14443 17 February 11:40 Easedale Tarn NY311087**
 Calm/dry/clear/cool/bright. Moderate wet footpath slippery Hill Walking (Small party (2 to 5))
 Woman(30) - Subject slipped on path. Fractured right ankle.
 Langdale Ambleside 11, 1□ hr; Great North AA Cumbria
- 033 14444 17 February 12:43 Loft Crag, Gt Langdale NY291066**
 Calm/dry/clear/cool/bright. Moderate wet footpath slippery Hill Walking (Small party (2 to 5))
 Woman(73) - Subject slipped on path. Fractured left ankle.
 Kendal 5, 4hr; Langdale Ambleside 8, 2hr
- 034 14449 18 February 14:00 Crinkle Crag, Three Tarns NY249060**
 Calm/dry/cloudy/cold/bright. Steep wet bank Hill Walking (Large party (at least 10))
 Man(42) - Subject slipped on small slab. Injuries unreported.
 Langdale Ambleside 11, 2□ hr; North West Air Ambulance
- 035 14484 18 February 15:15 Blencathra, Sharp Edge NY327284**
 Light/dry/clear/cold. Steep snow rockface slippery Rock Scrambling (Not known)
 Man(NK) - Party became cragfast because of snow. Assisted by others before the arrival of the team.
 No injuries.
 Keswick 12, □ hr
- 036 14485 19 February 00:17 Langstrath NY264099**
 Calm/dry/clear/very cold/. Level dry track Hill Walking (Small party (2 to 5))
 Four Men(NK) - Group of 6 split up and party of 4 failed to return. Found walking down the valley. No injuries.
 Keswick 11, 1□ hr
- 037 14445 19 February 03:40 Crossfell, Black Burn NY698378**
 Light/dry/clear/freezing/moonlight. Moderate grassy moorland Hill Walking (Medium party (6 to 9))
 Woman(18) - Party requested assistance when a member became unwell, but no location was given.
 Analysis of mobile phone reception indicated a very large remote area. Panic attack.
 Penrith 16, 3hr; SARDA (Lakes) 2, 2hr; Boulmer SAR Helicopter
- 038 14528 19 February 12:20 Kentmere - Longsleddale Byway NY466047**
 Not reported. Not reported Mountain Biking (Not known)
 Man(44) - Cause not reported as helicopter evacuated casualty whilst MRT vehicle on route,
 ambulance log no. 76. Head injury, had been unconscious initially.
 Kendal 16, □ hr; North West Air Ambulance
- 039 14450 19 February 19:15 Raven Crag, Gt Langdale NY284064**
 Fresh/dry/clear/cold/dark. Steep grassy crag Rock Climbing (Small party (2 to 5))
 Four Men(20) - Party were benighted at the top of the crag after completing a climb; no injuries.
 Langdale Ambleside 19, 3hr

040 14539 21 February 16:05 Helvellyn (summit) NY341152
Fresh/snow/poor/freezing/dull. Steep snow/ice ridge slippery Hill Walking (Small party (2 to 5))
Two Men(NK) - Party became frightened in snow storm and reported them unable to descend. Team
were making progress towards them when weather cleared and the couple phoned to say they
required no further assistance. No injuries.
Patterdale 10, □ hr

041 14818 21 February 16:50 Lingmell Col NY217075
Freezing/dark. Snow/ice footpath slippery Hill Walking (Not known)
Girl(17) - Subject reported to have collapsed near Lingmell Col. Recovered sufficiently to start making
own way off as team arrived on scene. Unhurt.
Wasdale 20, 3hr

042 14537 22 February 13:20 Boredale Hause, Patterdale NY408167
Light/dry/hill fog/cold/dull. Not reported Hill Walking (Small party (2 to 5))
Man(22), Woman(20) - Party phoned for help after becoming lost in hill fog . They had descended into
Boredale on the wrong side of the mountain. Team guided them down and took them back to Hartsop.
No injuries.
Patterdale 4, 1hr

043 14454 22 February 13:21 Codale Tarn, Grasmere NY318077
Calm/dry/clear/cold/bright. Moderate damp footpath Hill Walking (Small party (2 to 5))
Man(52) - Subject collapsed while walking. FATAL Heart attack.
Langdale Ambleside 13, 4hr; Boulmer SAR Helicopter

044 14540 24 February 16:10 Ullswater, Geordie Crag NY438206
Strong/passing showers/cloudy/very cold/bright. Not reported Water Sport (all types) (Small party)
Man(51), Two Boys(14) - 22ft boat capsized on Ullswater, trapping party on upturned hull. Team boat
with Howtown OPC boat brought subjects to shore . Then helped Howtown OPC boat tow tri-hulled
boat to shore. No injuries.
Patterdale 6, 1 □ hr

045 14486 25 February 14:39 Skiddaw, Carlside Path NY257284
dry/cloudy/very cold. Steep snow/ice track slippery Hill Walking (Winter) (Not known)
Man(NK) - Subject slipped and fell/bounced 100 ft. Another party which went to his assistance also
got stuck. All managed to extricate themselves before the arrival of the team. Minor cuts and
abrasions.
Keswick 16, 1 □ hr

046 14487 27 February 13:48 Helvellyn, Birk Side NY338137
Calm/dry/cloudy/freezing. Moderate snow/ice track slippery Hill Walking (Winter) (Not known)
Man(59) - Subject slipped off path (snow on grass). Ankle injury.
Keswick 18, 3 □ hr

March

047 14483 1 March 14:27 Watendlath Tarn NY273189
Calm/dry/clear/cold/bright. Frozen footpath slippery Hill Walking (Winter) (Not known)
Woman(64) - Subject slipped on ice whilst walking. Lower leg injury.
Keswick 10, 1 □ hr

048 14488 2 March 15:00 Raise NY342176
Calm/dry/clear/very cold. Moderate snow track slippery Hill Walking (Winter) (Not known)
Man(36) - Subject tripped over his crampons. His companion continued his walk - on such a beautiful day!. Fractured leg.
Keswick 20, 2hr; North East Air Ambulance

049 14471 2 March 16:00 Loughrigg NY345055
Calm/dry/clear/cold/bright. Moderate dry footpath Hill Walking (Medium party (6 to 9))
Man(54) - Subject collapsed while walking. Unhurt.
Langdale Ambleside 13, 1 □ hr

050 14472 2 March 22:30 Raven Crag, Gt Langdale NY282066
Calm/dry/clear/cold/moonlight. Steep dry crag Hill Walking (Small party (2 to 5))
Two Men(36) - Party reported themselves as lost and benighted. No injuries.
Langdale Ambleside 13, 3hr; SARDA (Lakes) 1, 3hr

051 14473 3 March 17:28 Bampton Common, Penrith NY493181
Moderate/snow/hill fog/cold/dusk. Moderate snow moorland Hill Walking (Winter) (Alone)
Man(23) - Subject reported overdue from walk up High Street; vehicle located at road end Moorahill Farm. Turned up as search parties being deployed. Unhurt.
Penrith 15, 1hr

052 14523 5 March 11:00 High Arnside Farm, Coniston NY329017
Good. Field Hill Walking (Small party (2 to 5))
Subject collapsed while walking in a field. Team stood down responding, subject had got up and walked to ambulance.
Coniston 9, □ hr

053 14545 7 March 13:40 Helvellyn (summit) NY342152
Snow/poor/cold. Steep frozen ridge slippery Hill Walking (Winter) (Small party)
Two Men(NK) - Party completed snow climb on Swirral and found companion missing; they saw footprints going over edge. Man had walked over edge but called a family member to say he was safe and making own way off. No injuries.
Patterdale 1, 1hr

054 14496 10 March 12:45 Claife Heights NY389963
Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
Woman(75) - Subject slipped on slabby piece of footpath. Fractured right ankle.
Langdale Ambleside 12, 3hr

055 14607 10 March 15:15 Grisedale Pike - Revelin Moss Path NY205237
Calm/dry/hill fog/cool. Moderate rough track slippery Hill Walking (Not known)
Woman(59) - Subject slipped and fell. Managed to walk for 90 minutes before calling for help - because very cold. Ankle injury - unspecified.
Keswick 19, 2hr

056 14497 11 March 11:30 Stickle Tarn NY287075
Calm/drizzle/low cloud/cold/dull. Moderate dry footpath Hill Walking (Small party (2 to 5))
Woman(30) - Subject slipped on footpath. Fractured left wrist.
Kendal 8, 3hr; Langdale Ambleside 11, 3hr

057 14608 11 March 11:48 Blencathra - Scales Fell NY338278
Calm/drizzle/clear/cold/. Steep muddy track slippery Hill Walking (Alone)
Man(41) - Subject slipped due to clogged-up cleats on his boots. Fractured ankle.
Keswick 18, 1 □ hr

058 14530 12 March 09:00 Kendal SD497946
Calm snow cloudy cold bright. Soft snow slippery Local Incident (Not known)
Police requested the Team's assistance in patrolling the roads around the Kendal area due to severe weather conditions. The team were stood down at about 1400hrs.
Kendal 8, 5hr

059 14525 12 March 10:00 Windermere, Ambleside NY378042
Moderate/snow/poor/cold/dull. Gentle snow/ice Local Incident (Not known)
Requested assistance from emergency services during period of severe weather. No details reported.
Langdale Ambleside 12, 6hr

060 14552 12 March 10:00 Shap M6 NY579127
Strong/snow/blizzard/cold/dull. Moderate snow/ice roads Local Incident (Not known)
Requested by police to provide 4x4 vehicle and driver to assist in patrols of major roads during period of severe weather. No incidents occurred.
Penrith 1, 6hr

061 14551 12 March 10:15 Stainmore A66 NY880126
Strong/snow/blizzard/cold/dull. Moderate snow/ice roads Local Incident (Not known)
Requested by police to provide 4x4 vehicle and driver to patrol and assist stranded motorists during period of severe weather. No incidents reported.
Kirkby Stephen 2, 3hr

062 14819 12 March 10:15 Ravenglass NY103895
Strong/snow/white-out/very cold. Not reported Local Incident
Request from the Police to assist 5 vehicles reported to be stuck in heavy snow on A595. All vehicle occupants recovered to a place of safety.
Wasdale 7, 6hr

063 14542 12 March 11:00 Penrith NY525293
Strong/snow/blizzard/freezing/dull. Deep fresh snow drifting Local Incident (Not known)
Request from police to help transport officers to incidents around Penrith area in team 4x4 ambulance due to severe weather conditions. Attended one car crash on A66 during this time. As weather improved the team was stood down late afternoon.
Patterdale 2, 4hr

064 14531 12 March 14:00 Grange -over- Sands SD408783
Calm snow clear cold bright. Soft snow slippery Local Incident (Not known)
Out-of-hours doctors service requested the team to assist in accessing a home. Transported a doctor to a patient in his house during period of severe weather.
Kendal 3, 1 □ hr

065 14532 12 March 17:15 Kendal, The Helm SD529888
Calm snow clear cold. Soft snow slippery Sledging (Medium party (6 to 9))
Subject was sledging on a car bonnet when she hit a tree. Cumbria Ambulance requested help in evacuation of the casualty.
Kendal 11, 2hr

066 14533 12 March 18:00 Kendal, Heron Hill SD527913
Not reported. Not reported Local Incident (Not known)
Out-of-hours doctors service requested help in accessing a location during period of severe weather. Transporting a doctor to a nursing home.
Kendal 2, 1 □ hr

067 14526 13 March 18:00 Ambleside Windermere Kendal SD412987
Moderate/snow/blizzard/cold/dark. Gentle frozen Local Incident (Not known)
Assisting Police and Ambulance during period of severe weather conditions. Vehicles and drivers at
emergency services disposal.
Langdale Ambleside 11, 6hr

068 14609 13 March 18:53 Dunmail Raise - Thirlmere NY327117
Strong/snow/arctic/dark. Slippery Local Incident (Not known)
Requested by the Police to check the area for stranded motorists. One car and lady occupant
recovered from the verge of A591.
Keswick 9, 3hr; Langdale Ambleside 1, 3hr

069 14820 13 March 21:17 Cold Fell NY066128
Moderate/dry/clear/very cold/dark. Snow/ice Local Incident
Request from the Police to check for stranded cars on Cold Fell road. Road had been earlier reported
as closed on local radio. Three persons escorted to a place of safety.
Wasdale 7, 2hr

070 14541 14 March 15:20 Raise, Glenridding NY343176
Moderate/dry/hill fog/freezing/dull. Moderate snow/ice Hill Walking (Small party (2 to 5))
Man(NK) - Subject tripped over his crampon. An RAF helicopter flew over head and airlifted him to
hospital. Fractured left leg.
Patterdale 16, 3hr; Leconfield SAR Helicopter

071 14610 16 March 15:08 Hindscarth - Far Tongue Gill NY216163
Light/low cloud/very cold. Steep snow slope slippery Hill Walking (Winter) (Alone)
Woman(NK) - Subject slipped and slid 150ft while trying to find a way off. Witnessed by a guided
group. Fractured ribs and pneumothorax.
Keswick 18, 2 hr; Boulmer SAR Helicopter

072 14853 17 March 15:40 Walna Scar SD254965
Moderate /fine /clear /freezing /. Hard snow/slippery Hill Walking (Small party (2 to 5))
Man & Woman(66 & NK) - Man slipped, followed by a women when she tried to assist. Both slid
200m resulting in one with shoulder injuries and one fatality. Fractured clavicle, moderate bruising,
mild hypothermia.
Boulmer SAR Helicopter

073 14534 17 March 16:30 Red Screens, Kirkstone NY396084
Fresh/dry/clear/cold/bright. Steep frozen crag Hill Walking (Winter) (Small party)
Woman(45) - Subject slipped and fell 200m. Fractured femur, fractured shoulder, fractured ribs and
associated cuts & abrasions.
Langdale Ambleside 22, 4hr; Patterdale 1, 4hr; Great North AA Cumbria ; Boulmer SAR Helicopter

074 14611 18 March 11:16 Seathwaite Fell NY227104
Calm/dry/clear/cold. Steep snow/ice gully slippery Hill Walking (Winter) (Small party)
Four Men(NK) - Party of adults became unable to go up or down for fear of slipping when trying to
make a direct ascent up a gully. No injuries.
Keswick 17, 1 hr

075 14546 18 March 12:53 Helvellyn, Swirral Edge NY343153
Light/dry/low cloud/cold/dull. Steep snow/ice ridge slippery Hill Walking (Winter) (Small party)
Man(NK) - Team member witness to fall of man 150ft; also reported by police. RAF Leeming in area.
Head injuries, lower back and shin injuries.

Patterdale 14, 2□ hr; RAF Leeming 7, 1hr; Boulmer SAR Helicopter

076 14543 18 March 13:52 Pike O'Stickle, Gt Langdale NY271070
Calm/dry/clear/cold/bright. Steep snow/ice gully Hill Walking (Winter) (Alone)
Man(21) - Subject slipped on snow/ice. Multiple, minor cuts, grazes and bruising.
Langdale Ambleside 12, 1hr

077 14544 18 March 14:36 Wansfell NY398035
Calm/dry/clear/cold/bright. Moderate snow/ice footpath Hill Walking (Large party (at least 10))
Woman(55) - Subject collapsed while walking, complaining of chest pains. Chest pains.
Langdale Ambleside 13, 1□ hr; Great North AA Cumbria

078 14844 18 March 16:45 Gummers How SD390884
Calm/dry/cold. Icy/slippery Hill Walking (Not known)
Woman(64) - Subject placed foot down a hole and fell forward. Fractured tibia and fibula.
Duddon & Furness 1, 2hr

079 14547 19 March 14:35 Loft Crag, Gt Langdale NY279072
Calm/drizzle/clear/cold/dull. Moderate snow/ice footpath Hill Walking (Winter) (Small party)
Man(NK) - Subject slipped on snow. Condition unreported.
Kendal 7, 2hr; Langdale Ambleside 19, 3hr; Boulmer SAR Helicopter

080 14845 19 March 15:43 Woodland Fell SD247895
Not reported. Not reported Hill Walking (Not known)
Man(80) - Subject reported missing on walk between Beacon Tarn and Woodland. Found in Coniston as team was deploying. Unhurt.
Duddon & Furness 1, □ hr

081 14559 21 March 16:35 Armathwaite NY505452
Strong/heavy rain/cloudy/cool/dusk. Moderate boggy forestry Search - Non-mountain (Alone)
Man(NK) - Subject, believed despondent reported missing from home. Located by police as parties deploying. Unhurt.
Penrith 12, 1hr

082 14553 22 March 16:33 Pike O'Stickle, Gt Langdale NY273075
Fresh/dry/clear/cold/bright. Moderate snow/ice footpath Hill Walking (Winter) (Small party)
Man(31) - Subject slipped on ice. Dislocated shoulder.
Langdale Ambleside 13, 2hr; Great North AA Cumbria ; Wattisham SAR Helicopter

083 14560 22 March 18:55 Hilton, Appleby NY729219
Fresh/dry/cloudy/cold/dull. Moorland and rough grazing. Hill Walking (Alone)
Man(75) - Vulnerable (DAT) reported missing when he failed to return from afternoon walk. Search operations extended over 10 days without result. Body found NY711204 and recovered 29/04/06. FATAL Awaiting inquest.
Kendal 10, 17hr; Keswick 6, 13hr; Kirkby Stephen 15, 24□ hr; Moffat 15, 11hr; Northumberland NP 2, 8hr; North of Tyne 8, 8hr; Patterdale 11, 10□ hr; Penrith 17, 27□ hr; RAF Leeming 13, 15hr; RAF Valley 5, 8hr; SARDA (England) 4, 11hr; SARDA (Lakes) 7, 19hr

084 14613 23 March 16:39 Helvellyn - Brown Cove Crags NY331158
Light/dry/clear/very cold. Steep snow/ice track slippery Hill Walking (Winter) (Not known)
Man(27) - Subject tripped over his crampons. Not specified.
Keswick 27, 1□ hr; Unknown Civilan Aircraft

- 085 15433 23 March 17:38 High Crag - Gatesgarth NY184137**
Cold/cloudy. Dry, snow and ice above 400m Hill Walking (Winter) (Small party)
Man(56), Woman(48) - Party of 2 were descending footpath when one fell 100m down a snow/ice slope. His companion became cragfast on craggy and icy ground. Injuries not reported, other unhurt. Cockermonth 21, 3□ hr
- 086 14757 24 March 14:21 Swirral Edge NY342153**
Heavy rain/hill fog/cold/dull. Steep frozen ridge slippery Hill Walking (Small party (2 to 5))
Man(30), Woman(NK) - Subject became cragfast while descending narrow ridge. No injuries. Patterdale 7, 3hr; SARDA (Lakes) 1, 1hr
- 087 14614 25 March 17:04 Langstrath - Stake Pass NY264098**
Rain/cold. Moderate muddy track slippery Hill Walking (Not known)
Woman(NK) - Subject slipped on grass in slushy, muddy conditions. Condition not specified. Keswick 20, 2□ hr
- 088 14561 25 March 18:35 Kidsty Pike, Haweswater NY446130**
Fresh/passing showers/hill fog/cool/dusk. Moderate grassy Hill Walking (Small party (2 to 5))
Man(32), Woman(39) - Party reported themselves lost retracing their route. Given directions and met part way down on route indicated. No injuries. Penrith 15, 2□ hr
- 089 14615 26 March 02:17 Whitewater Dash NY268313**
Strong/heavy rain/dark. Gentle very wet Hill Walking (Alone)
Man(NK) - Requested to recover a washed-out camper whose torch had also given up!. Unhurt. Keswick 7, 1□ hr
- 090 14821 27 March 12:54 Boot, Eskdale NY173014**
Moderate/rain/low cloud/cool/dull. Moderate wet footpath Hill Walking (D of E) (Small party)
Boy(16) - Subject reported unwell and unable to continue. Stretchered off but recovered in party vehicle. Unhurt. Wasdale 22, 2hr
- 091 14556 28 March 13:32 Loughrigg Fell NY363053**
Calm/drizzle/low cloud/cold/dull. Gentle very wet footpath Hill Walking (Alone)
Man(56) - Subject slipped on footpath. Fractured right angle. Langdale Ambleside 7, 1hr

April

- 092 14596 1 April 04:00 Scandale Pass NY386098**
Calm/heavy rain/broken cloud/cool/dark. Moderate boggy Hill Walking (Small party (2 to 5))
Woman(31), Man(31) - Party requested assistance when wild campsite flooded by heavy rain to depth of 45cm. No injuries. Langdale Ambleside 10, 3hr
- 093 14822 1 April 04:30 Pillar, Shamrock Traverse NY176123**
Moderate/showers/broken cloud/cold. Steep wet footpath Hill Walking (Not known)
Man(52) - Subject reported missing on hill walking expedition. Possible routes searched during early hours before member of public reported finding a body in next valley. FATAL Multiple injuries consistent with large fall. Keswick 17, 7□ hr; SARDA (Lakes) 6, 14hr; Wasdale 19, 14hr; Boulmer SAR Helicopter

- 094 14597 1 April 11:56 Wansfell NY395043**
 Fresh/dry/clear/cool/bright. Steep damp moorland slippery Hill Walking (Not known)
 Woman(65) - Subject slipped on damp ground. Fractured wrist.
 Langdale Ambleside 13, 2□ hr
- 095 14759 1 April 14:50 Helvellyn NY343151**
 Strong/dry/clear/cool/bright. Steep rough crag Hill Walking (Not known)
 Man(30) - Subject became cragfast on headwall of Helvellyn. Helicopter was used to get team to the scene. The man was lowered to safe ground by the team and walked off; unhurt.
 Patterdale 13, 4□ hr
- 096 14598 1 April 17:39 Gunson Knott, Crinkle Crag NY249048**
 Gale/heavy rain/poor/cold/dark. Moderate damp ridge slippery Hill Walking (Small party (2 to 5))
 Three Men(55) - Party became lost and benighted in dark and poor visibility. No injuries.
 SARDA (Lakes) 1, 8□ hr; Kendal 11, 4hr; Langdale Ambleside 12, 8□ hr
- 097 14599 4 April 13:58 Tarn Crag NY292305**
 Fresh/dry/clear/cool/bright. Damp moorland slippery Hill Walking (Alone)
 Man(75) - Subject slipped on damp grass. Condition not reported.
 Langdale Ambleside 13, 2□ hr
- 098 14760 6 April 13:00 Stand Crag, Dove Crag NY380109**
 Moderate/heavy rain/cloudy/cold/dull. Moderate very wet crag Hill Walking (D of E) (Medium party)
 Girl(15) - Subject became hypothermic while on a practice expedition. Mild hypothermia.
 Patterdale 10, 3□ hr
- 099 14600 6 April 15:25 Angle Tarn, Esk Hause NY245077**
 Gale/snow/poor/arctic/bright. Moderate frozen slope slippery Hill Walking (Large party (at least 10))
 Party of ten women (NK) from Thailand overcome by cold. Eight evacuated by passing walkers to Borrowdale. Two given shelter by school group in tent. No injuries.
 Kendal 15, 2□ hr; Langdale Ambleside 12, 2□ hr; Valley SAR Helicopter
- 100 14590 8 April 12:15 Coniston, Guards Wood SD309985**
 Cold and showers. Slippery Hill Walking (Not known)
 Woman(57) - Subject slipped on wet rock. Ankle injury.
 Coniston 9, □ hr
- 101 14591 8 April 13:15 Goats Hawse, Coniston Old Man SD265978**
 Very windy, cold, showers. Rough Hill Walking (Not known)
 Woman(39) - Subject was blown off her feet by the wind. Soft tissue injury (tendon) to lower leg.
 Coniston 19, 3□ hr; Unknown Civilian Aircraft
- 102 14617 11 April 12:12 Lining Crag NY284110**
 Wet. Wet Hill Walking (Not known)
 Man(NK) - Cause not reported, subject recovered by the Air Ambulance before the arrival of the Team. Fractured ankle.
 Keswick 16, 1□ hr; Great North AA Cumbria
- 103 14823 12 April 17:10 Styhead Tarn NY223094**
 Strong/heavy rain/poor/very cold/dusk. Moderate footpath Hill Walking (Family group)
 Man(NK), two Boys(12 & 14), Woman(NK) - Party descending from Scafell Pike when father suffered diabetic collapse. Father and two sons also badly affected by severe cold weather, all three needed to be stretchered off the fellside. Mild hypothermia.
 Keswick 26, 4hr; Wasdale 23, 5hr

104 14601 13 April 16:52 High Pike, Grasmere NY374088
 Light/dry/clear/cool/bright. Damp moorland slippery Hill Walking (Small party (2 to 5))
 Man(59) - Subject injured a knee while walking, cause not reported. Soft tissue injury to knee
 ligament.
 Langdale Ambleside 18, 3□ hr

105 14602 14 April 15:18 Rydal Water (shore) NY360061
 Calm/dry/clear/mild/bright. Level dry footpath Hill Walking (Small party (2 to 5))
 Man(75) - Subject felt unwell. Reported as unable to continue walk. No specific injuries.
 Langdale Ambleside 14, 1hr

106 14603 14 April 16:27 Lingmoor NY315041
 Calm/dry/clear/mild/bright. Moderate damp footpath slippery Hill Walking (Small party (2 to 5))
 Woman(67) - Subject slipped on damp, loose ground. Lower leg fracture.
 Langdale Ambleside 14, 2hr

107 14761 15 April 12:35 Ullswater NY463242
 Not reported. Not reported Water Sport (all types) (Small party)
 Two children had fallen out of canoe. Rescue boat called to attended. Brought to safety unhurt.
 Patterdale 4, 1hr

108 14824 15 April 16:20 Netherbeck, Wasdale NY159073
 Light/dry/clear/cool. Moderate rough footpath Hill Walking (Small party (2 to 5))
 Woman(50) - Subject with lower leg injury on path only few hundred metres from road. Fractured
 tibia.
 Wasdale 17, 2hr

109 15435 15 April 17:47 Scarth Gap, Buttermere NY187139
 Dry evening. Boggy but generally dry Hill Walking (Small party (2 to 5))
 Woman(65) - Subject slipped on boggy ground whilst descending. Fractured right ankle.
 Cockermouth 12, 2□ hr

110 14762 15 April 18:30 Red Screes NY402089
 Calm/dry/misty/mild/dull. Steep rough footpath Hill Walking (Small party (2 to 5))
 Boy(9) - Subject became separated from his family on Red Screes. The team were assembling as the
 child was found making own way off. He had fallen and sustained facial wounds.
 Patterdale 2, 1hr

111 14604 16 April 12:00 Dungeon Ghyll, Thorn Crag NY282071
 Fresh/dry/clear/cool/bright. Rough moorland slippey Hill Walking (Medium party (6 to 9))
 Woman(31) - Woman slipped in 'approach' shoes. Fracture to left tibia and fibula.
 Langdale Ambleside 19, 2□ hr

112 14606 16 April 20:00 Crinkle Crag, Gt Langdale NY248057
 Fresh/drizzle/hill fog/cool/dusk. Moderate damp ridge slippery Hill Walking (Small party (2 to 5))
 Two Men(40), Boy(15) - Party became lost in mist and encroaching darkness. Phoned for help.
 Directed to Three Tarns and met descending The Band. All safe and well.
 Langdale Ambleside 8, 1□ hr

113 14623 19 April 15:35 Dow Crag SD264977
 Clear. Rocky Rock Scrambling (Small party)
 Man(19 & 18) - Subject fell approx. 100 ft after grabbing a loose rock. FATAL Multiple injuries; other
 unhurt.
 Coniston 20, 4□ hr; Boulmer SAR Helicopter

114 14624 20 April 18:40 Great How Craggs SD276999
Clear. Dry and rocky Hill Walking (Small party (2 to 5))
Man(43), Woman(47), Girl(14), Boy(11) - Party descended off the crag in the wrong place and became cragfast. Led to safety, no injuries.
Coniston 16, 4□ hr

115 14625 20 April 19:15 Grizedale Forest SD335945
Good. Paths Hill Walking (Alone)
Boy(14) - Subject reported missing after tantrum. Unhurt when located.
Duddon & Furness 1, 1□ hr; Coniston 7, 1□ hr

116 14622 21 April 20:12 Angle Tarn, Gt Langdale NY245076
Calm/dry/clear/cool/dusk. Moderate damp moorland Hill Walking (Family group)
Two Boys(14) - Boys became separated from their parents after their dog ran off. Dog returned, boys didn't. Parents searched area for 4 hours before raising the alarm. Safe and well when located.
Keswick 4, 1hr; Langdale Ambleside 4, 1hr; Wasdale 16, 1hr

117 14620 21 April 22:15 Loughrigg Fell NY366042
Calm/dry/clear/mild/dark. Gentle damp moorland Hill Walking (Not known)
Man(27) - Subject became benighted in 'dangerous' position; no injuries.
Langdale Ambleside 9, 1hr

118 14763 22 April 17:00 Helvellyn, Striding Edge 'Bad Step' NY345150
Calm/dry/hill fog/cool/dull. Steep dry footpath Hill Walking (Small party (2 to 5))
Man(48) became separated from friend, searched for a while then meet SARDA member and called team. Man had descended to wrong side of mountain and was found in Swan Inn, Grasmere safe and well.
Patterdale 12, 1hr

119 14764 22 April 18:15 Helvellyn NY342151
Light/dry/low cloud/cool/dull. Steep dry ridge Hill Walking (Small party (2 to 5))
Two Women(44) - Party were reported overdue on a walk. As the the team were assembling they turned up safe and well.
Patterdale 5, □ hr

120 14765 23 April 14:45 Loadpot Hill NY460199
Light/dry/clear/warm/bright. Moderate dry footpath Local Incident (Not known)
Team member spotted military shell exposed on footpath. Police requested team help and bomb squad were taken to site. Shell was disposed of by Army Bomb Squad.
Patterdale 5, 5hr

121 14826 25 April 00:50 Pillar NY172120
Strong/heavy rain/cloudy/very cold. Moderate very wet Hill Walking (Small party (2 to 5))
Two Men(NK) - Party phoned their lodging to say they were lost but happy to spend night on hill.
Message not understood and team called out. Found unhurt in early hours.
Cockermouth 4, 6□ hr; Wasdale 19, 6□ hr

122 14670 26 April 15:09 Gummers Howe SD389875
Light dry clear. Dry Hill Walking (Small party (2 to 5))
Man(75) - Subject became separated from his wife during walk. Located by Team members on the roadside, whilst enroute to the incident.
Kendal 8, □ hr

123 15436 27 April 00:35 Black Beck, Buttermere NY200130
Clear, dry night. Dry False Alarm Good Intent
The team was called when a farmer spotted a flashing light late at night high on the fells above Warnscale, Buttermere. A search of the area located a group of tents, whose occupants admitted to shining a torch down to the valley earlier in the night.
Cockermouth 19, 3□ hr; SARDA (Lakes) 1, 3□ hr

124 14660 27 April 16:10 Swirl Haws SD280002
Clear. Wet Hill Walking (Small party (2 to 5))
Man(42) - Subject slipped on wet grass whilst descending. Dislocated knee cap.
Coniston 13, 3hr

125 14626 29 April 12:15 Loadpot Hill, The Pen NY475185
Light/dry/clear/warm/bright. Moderate grassy moorland Hill Walking (Medium party (6 to 9))
Girl(17) - Subject collapsed with pre-existing medical condition. Vaso-vagal syncope.
Penrith 10, 1□ hr; Great North AA Cumbria

126 14766 29 April 14:00 Ullswater, Norfolk Island NY382165
Light/dry/clear/mild/bright. Not reported Water Sport (all types) (Small party)
Man(40 & NK) - Three people fell out of Canadian canoe near Norfolk Island. All brought to shore safely. Mild hypothermia.
Patterdale 3, □ hr

127 14767 29 April 14:45 Mellguards, Howtown NY446197
Light/dry/clear/mild/bright. Moderate dry Hill Walking (Small party (2 to 5))
Man(57) - Subject collapsed in seizure while walking and fell 50 ft was treated at scene. Epileptic seizure.
Patterdale 12, 2□ hr

128 14627 29 April 17:05 Rossett Ghyll, Gt Langdale NY246075
Light/dry/clear/mild/bright. Steep loose footpath Hill Walking (Not known)
Woman(21) - Subject was hit by rocks pulled loose by her own party. Assisted down by companions and met by team. Head injury, skin unbroken, grazed and bruised arm.
Kendal 14, 4hr; Langdale Ambleside 14, 4□ hr

129 14768 29 April 17:12 Swarth Fell NY453203
Light/dry/clear/mild/bright. Steep dry slope Parapenting (Small party (2 to 5))
Person reported a parascender laying still for a long time and became concerned that he may have fallen. Also reported by the steamer company. Team investigated and found man waiting for updraft. False alarm good intent.
Patterdale 3, □ hr

130 14744 30 April 03:45 Derwentwater, Lords Island NY263220
Clear. Rocks Water Sport (all types)
Woman(NK), Seven Men(19, 21, 25, 22 & NK) - Speedboat crashed into rocks on Derwentwater, 300m offshore at approximately 02:50. Estimated speed of collision some 25mph. Team assisted by John Platt and Nick Newby with their rescue boats. One had serious back injuries, some minor injuries and the remainder were unhurt.
Keswick 16, 2hr; Boulmer SAR Helicopter

131 15437 30 April 09:00 High Crag, Buttermere NY182143
Dry, sunny morning. Dry Animal Rescue
Sheep reported stuck on local crag. Retrieved without loss or injury.
Cockermouth 2, 3hr

132 14849 30 April 10:00 Birksbridge SD234993
 Light/dry/clear/mild. Not reported Water Sport (all types) (Not known)
 Man(NK) - Report of man seen under the water. Police divers called in. FATAL Circumstances not reported.
 Duddon & Furness 1, 1 □ hr

133 14745 30 April 11:15 Blencathra, Scales Fell NY340268
 Dry and sunny. Dry Hill Walking (Not known)
 Woman(65) - Subject fainted twice while walking. Met just above roadside as Team leaving vehicles.
 No further details regrading condition.
 Keswick 12, □ hr

134 14746 30 April 15:22 Blencathra, Mousethwaite Combe NY346278
 Dry. Dry Hill Walking (Small party (2 to 5))
 Woman(50) - Subject slipped on loose stones on path. Fractured lower leg.
 Keswick 22, 1 □ hr

135 14747 30 April 18:15 Esk Hause NY233082
 Dry with low cloud. Damp Hill Walking (Small party (2 to 5))
 Man(56) - Subject tripped and fell whilst descending. No further details supplied.
 Keswick 18, 3 □ hr; Boulmer SAR Helicopter

May

136 14748 1 May 17:57 Bowder Crag, Borrowdale NY256165
 Fine. Damp Hill Walking (Small party (2 to 5))
 Woman(NK), Girl(7) - Party became cragfast trying to descend Kings How when they strayed from the footpath. Led to safety, no injuries.
 Keswick 20, 1hr

137 14638 7 May 14:12 Kidsty Howes, Haweswater NY463123
 Calm/rain/low cloud/mild/dull. Moderate grassy footpath Hill Walking (Small party (2 to 5))
 Woman(66) - Subject tripped and fell while descending. Fractured left lower leg.
 Penrith 20, 4hr

138 14661 8 May 15:15 Coniston Old Man, Spion Cop Quarry SD277978
 Clear. Dry Hill Walking (Not known)
 Dog went into quarry and fell down shaft. Brought to safety and reunited with owner.
 Coniston 13, 2 □ hr

139 14750 8 May 18:00 Blencathra - Doddick Fell NY331268
 Strong/dry/clear. Steep dry crag Hill Walking (Small party (2 to 5))
 Girl(10), Boy(11) - Two children left their mother on walk. She called them back but they ignored her and kept going. Mother descended and reported them overdue. Located safe and well.
 Keswick 16, □ hr

140 14667 10 May 21:46 Walthwaite, Raven Crag NY325056
 Calm/dry/clear/mild/dark. Moderate loose crag Hill Walking (Small party (2 to 5))
 Boy(17) - Party of 4 youths went 'AWOL' on school trip when they wandered off up to crag, one of whom slipped. Sprained ankle.
 Langdale Ambleside 12, 1 □ hr

141 14850 11 May 11:00 Finsthwaite SD369881
 Calm/fine/clear/warm. Not reported Hill Walking (Not known)
 Man(NK) - Called initially to assist the ambulance service with a man with a head injury. Turned out to be an ankle injury.

Duddon & Furness 1, □ hr

142 14749 11 May 20:22 Threlkeld Knotts NY325235
Calm/dry/clear/mild/bright. Gentle slope Orienteering (Organised event)
Girl(15) - Subject tripped whilst running during an orienteering event. Dislocated elbow.
Keswick 22, 1hr

143 14668 13 May 14:03 Angle Tarn, Gt Langdale NY245075
Calm/dry/low cloud/mild/dull. Gentle damp footpath Hill Walking (Small party (2 to 5))
Woman(50) - Subject felt unwell, unable to continue. Complaining of dizziness and nausea.
Kendal 10, 4hr; Langdale Ambleside 18, 4hr

144 14751 13 May 14:47 Causey Pike NY223208
Fresh/drizzle/low cloud/cool. Level damp footpath slippery Hill Walking (Not known)
Woman(52) - Subject slipped on grass. Injury to lower leg.
Keswick 16, 2□ hr

145 14669 13 May 16:35 Browney Ghyll, Gt Langdale NY269049
Calm/dry/broken cloud/mild/dull. Steep loose footpath slippery Hill Walking (Not known)
Woman(60) - Subject slipped while descending. Head and shoulder injuries.
Kendal 10, 3hr; Langdale Ambleside 19, 2□ hr

146 15438 13 May 17:40 Loft Beck, Ennerdale NY204123
Not reported. Not reported Hill Walking (Not known)
Man(65) - Subject slipped near the summit of Loft Beck, search required to locate the subject. Head injury.
Cockermouth 20, 3hr; SARDA (Lakes) 1, 3hr; Boulmer SAR Helicopter

147 14940 14 May 13:30 Carlisle NY377554
Calm/dry/cloudy. Damp Search - Non-mountain (Alone)
Boy(6) - Toddler reported missing from home. Found safe and well at a neighbour's house prior to deploying search teams.
Penrith 10, 1□ hr

148 14738 14 May 15:25 Yewdale Fells, White Lady SD305995
Wet/cloudy. Wet and slippery Hill Walking (Small party (2 to 5))
Man(53) - Party lost way in mist and ended up at top of White Lady. Woman refused to go down.
Coniston 17, 1□ hr

149 14941 15 May 09:25 High Cup Nick, N Pennines NY743278
Fresh/showers/overcast/cool. Damp Hill Walking (Alone)
Man(49) - Subject reported himself 'stranded' and lost. Poor mobile contact and poor triangulation fix instigated a large scale search. Later contact obtained a better location. Located safe and well.
SARDA (Lakes) 1, 6hr; Kirkby Stephen 5, 1□ hr; Penrith 13, 6hr; Teesdale and Weardale 1, 1□ hr;
Boulmer SAR Helicopter ; Great North AA Cumbria

150 14752 15 May 12:06 Millican Daltons Cave, Borrowdale NY255159
Drizzle. Level damp footpath slippery Hill Walking (Not known)
Woman(86) - Subject tripped while walking. Facial injuries requiring 60 stitches.
Keswick 15, 1□ hr

151 14827 17 May 16:50 Broad Crag NY219077
 Gale/heavy rain/poor/mild/dark. Very wet slope slippery Hill Walking (Small party (2 to 5))
 Two Men(47 & 43), Woman(38) - Party became lost in cloud. GPS on default setting gave reading
 400m out and in Lat & Long. Had initially gone to Seathwaite, Duddon valley before driving round to
 Seathwaite, Borrowdale. Located safe and well.
 Wasdale 19, 6□ hr

152 14851 17 May 16:55 Harter Fell SD235987
 Moderate/rain/poor/cool. Not reported Hill Walking (Not known)
 Man(NK) - Subject reported missing on Harter Fell. On arrival at scene, neither the man nor informant
 could be found. Assumed the man turned up and left with the informant. False alarm good intent.
 Duddon & Furness 1, 2□ hr

153 14739 18 May 11:30 Blawith, Beacon Tarn SD275890
 Clear. Good Hill Walking (Small party (2 to 5))
 Man(NK) - Subject slipped and received injury in fall. Injury to elbow.
 Coniston 8, 1hr

154 14753 18 May 16:25 Coledale - Force Crag Mine Track NY213225
 Strong/dry/clear/cool. Level rough track slippery Hill Walking (Small party (2 to 5))
 Woman(76) - Subject blown over by the wind. Pelvic discomfort.
 Keswick 16, 1□ hr

155 15440 20 May 10:00 Tarn Craggs, Ennerdale NY124169
 Not reported. Not reported Animal Rescue
 Sheep reported stuck on local crags. Unfortunately the sheep jumped as it was being rescued.
 Cockermouth 2, 3hr

156 14716 21 May 14:20 Crinkle Ghyll, Gt Langdale NY253049
 Light/heavy rain/hill fog/cool/dull. Steep very wet gully slippery Rock Scrambling (Small party)
 Man(36) - Subject slipped while scrambling and fell short distance landing badly. Leg injury.
 Langdale Ambleside 18, 5□ hr

157 14717 21 May 16:00 Crinkle Ghyll, Gt Langdale NY255048
 Light/heavy rain/hill fog/cool/dull. Steep very wet gully slippery Rescue Team Activity (Large party)
 Man(NK) - Team member slipped approaching casualty site. Called for assistance by radio.
 Fractured ribs.
 Kendal 13, 2hr; Langdale Ambleside 5, 2hr; Gannet SAR Helicopter

158 14740 21 May 18:00 Grizedale Forest SD326954
 Wet. Main path Hill Walking (Not known)
 Man(62 & 62) - party lost in forest. Located safe and well.
 Coniston 7, 1hr

159 14735 21 May 22:25 Fairfield NY362115
 Gale/heavy rain/low cloud/cool/dark. Steep very wet slippery Hill Walking (Alone)
 Man(55) reported overdue by wife. Search organised over three sessions. FATAL Multiple injuries
 consistent with fall from a great height.
 Kirkby Stephen 7, 8hr; Duddon & Furness 10, 8hr; Kendal 9, 7hr; Langdale Ambleside 14, 24□ hr;
 LDNP Voluntary Wardens 1, 1hr; Patterdale 19, 22□ hr; Penrith 11, 8hr; RAF Leeming 13, 7hr;
 SARDA (England) 1, 1hr; SARDA(Scotland) 1, 1hr; SARDA (Lakes) 4, 15

160 14772 22 May 15:20 Raven Crag NY420118
 Light/rain/low cloud/cold/dull. Moderate rough slope Hill Walking (Small party (2 to 5))
 Woman(29) - Subject slipped. Spiral fracture of distal fibula.
 Patterdale 4, 1□ hr; Penrith 5, 1□ hr

161 14736 22 May 19:40 White Moss, Rydal NY345060
 Light/dry/clear/mild/bright. Level damp footpath Hill Walking (Not known)
 Man reported collapsed. Requested to assist ambulance. Turned out to be drunk and sleeping.
 Langdale Ambleside 9, 1hr

162 14737 23 May 15:55 Longmire Lane, Troutbeck NY418030
 Light/dry/clear/mild/bright. Moderate rough track Hill Walking (Not known)
 Man(70) - Requested to assist ambulance with man found collapsed. Condition not reported.
 Langdale Ambleside 11, 1hr

163 14828 25 May 12:10 Scafell Pike, Hollowstones NY201072
 Fresh/dry/clear/cool/bright. Moderate rough footpath Hill Walking (Not known)
 Woman(51) - Subject tripped and fell on path. Stretchered down to waiting ambulance. Fractured left ankle.
 Wasdale 21, 5□ hr

164 14770 25 May 15:08 Thornthwaite Beacon NY431100
 Moderate/heavy rain/hill fog/cold/dull. Moderate wet footpath Hill Walking (Alone)
 Man(70) - Subject became lost in hill fog. Called for help on mobile; team found the man who was cold, wet, exhausted and brought him to safety.
 Patterdale 7, 3□ hr

165 14807 27 May 16:18 Langstrath - Dock Tarn Track NY264137
 Not reported. Steep loose footpath Hill Walking (Not known)
 Woman(35) - Subject slipped while descending the steep track. Fractured wrist.
 Keswick 18, 1□ hr

166 14777 29 May 15:20 Ambleside, Waterhead NY375033
 Calm/dry/clear/mild/bright. Moderate damp bank slippery Hill Walking (Small party (2 to 5))
 Woman(NK) - Subject slipped on wet rock on lakeshore. Injuries not reported
 Langdale Ambleside 3, □ hr

167 14774 29 May 17:14 Red Screens NY400080
 Calm/hail/clear/cool/bright. Steep damp slope Hill Walking (Small party (2 to 5))
 Man(28) - Man slipped on screens. Dislocation fracture of left leg.
 Patterdale 13, 2□ hr; Boulmer SAR Helicopter

168 14942 30 May 02:41 Greenhead NY660654
 Fresh/dry/cloudy/mild. Damp Hill Walking (Alone)
 Woman(52) - Lone walker failed to arrive at booked stop-over, reported missing. Search concluded when subject located in B & B in Burgh-by-Sands, after daybreak.
 Penrith 12, 9hr; Boulmer SAR Helicopter

June

169 14776 1 June 14:00 Ullswater, Lakeshore NY403188
 Light/dry/broken cloud/mild/bright. Undulating dry footpath Hill Walking (Not known)
 Woman(NK) - Subject slipped on shore path. Fractured ankle.
 Patterdale 9, 1□ hr

170 15439 2 June 14:56 Raven Crag, Fleetwith, Buttermere NY200146
 Dry and sunny. Dry Hill Walking (Small party (2 to 5))
 Woman(NK) - Subject, in party of 2, reported cragfast. Led to safety, no injuries.
 Cockermouth 19, 2hr

171 14778 2 June 23:43 Langdale Pikes NY280075
 Light/dry/clear/mild/dark. Moderate dry moorland Hill Walking (Small party (2 to 5))
 Party reported overdue after leaving intended route with friend by phone. Located in bed in hotel after check revealed that route was for previous day!
 Langdale Ambleside 5, 2 □ hr

172 14858 4 June 13:15 Great Bell, Dalefoot NY785045
 Clear fine. Dry Hill Walking (Organised event)
 Man(24) - Subject reported overdue at checkpoint and concern for his mental state; located further on course having avoided checkpoints on the way. Unhurt.
 Kirkby Stephen 1, 1hr; SARDA (Lakes) 1, 1hr

173 14792 5 June 13:20 Helvellyn, Striding Edge NY347150
 Calm/dry/clear/mild/bright. Steep rough slope Hill Walking (Large party (at least 10))
 Man(67) - Subject slipped from Striding Edge towards Red Tarn traversing ridge (2 x GNAA + RAF Helio attended). Rest of party led off by HF leader. Original report was that there was a second IP on Striding Edge. Multiple injuries.
 Patterdale 9, 1 □ hr; Boulmer SAR Helicopter ; Great North AA Cumbria ; Great North AA Teeside

174 14808 8 June 12:23 Troutdale - Black Crag Path NY261172
 Dry. Dry Hill Walking (Not known)
 Woman(68) - Subject fell 15 ft in a twisting tumble. Pain in lumbar / thoracic spine area.
 Keswick 14, 1 □ hr

175 14794 9 June 14:09 Aira Force, Ullswater NY398205
 Calm/dry/clear/hot/bright. Undulating dry footpath Hill Walking (Alone)
 Man(74) - Subject collapsed while walking. Condition not specified.
 Patterdale 13, 1 □ hr

176 14781 9 June 14:22 White Moss Common NY351066
 Calm/dry/clear/hot/bright. Steep loose footpath slippery Hill Walking (Small party (2 to 5))
 Woman(66) - Subject slipped on sloping dirt path. Condition not specified.
 Langdale Ambleside 10, 1 □ hr

177 14782 10 June 07:00 Loughrigg Fell NY365040
 Fresh/dry/clear/warm/dawn. Moderate dry moorland Local Incident (Small party (2 to 5))
 Man(19) - Subject reported missing by friends after becoming separated when going to watch sunrise. Alcohol may have contributed to general confusion. Turned up 10am unhurt unable to give account of movements.
 Langdale Ambleside 3, 1hr

178 15441 10 June 19:05 Ling Comb Edge, Buttermere NY156160
 Clear and dry. Dry Hill Walking (Small party (2 to 5))
 Woman(72) - Subject fell on the descent. Sprained ankle.
 Cocker mouth 20, 3 □ hr

179 14789 11 June 22:30 High Street NY441100
 Fresh/dry/clear/warm/dusk. Moderate dry Hill Walking (Alone)
 Man(NK) - Subject reported overdue at overnight accomodation, expected at 17:00. Turned up at 22:40 as search getting underway. Unhurt.
 Kendal 1, □ hr; Patterdale 9, □ hr; Penrith 2, □ hr

- 180 14790 12 June 18:29 Blakerigg, Gt Langdale NY285039**
 Calm/dry/clear/mild/bright. Vertical loose crag slippery Hill Walking (Not known)
 Man(55) - Subject became separated from friends. Lost glasses. Walked over edge of crag. Landed on small ledge after short fall. Further fall of 70m next option. No injuries reported.
 Langdale Ambleside 16, 3hr
- 181 15442 15 June 20:45 Cold Fell, Ennerdale NY060140**
 Dry, clear evening. Dry Hill Walking (Small party (2 to 5))
 Man(29) - Two Coast to Coast walkers phoned the police to say that they were lost in the Dent Fell area. Unhurt when located.
 Cocker mouth 7, □ hr
- 182 14994 16 June 18:30 Ashfell - Smardale Fells NY735066**
 Clear/warm/dry. Dry Hill Walking (Small party (2 to 5))
 Man(83) - Subject reported missing when separated from family group while walking the Coast -to-Coast route. Located in Kirkby Stephen. Unhurt.
 Kirkby Stephen 2, □ hr
- 183 14809 17 June 14:05 Clough Head NY328227**
 Light/dry/clear/hot/bright. Moderate dry slope Parapenting (Not known)
 Man(38) - A paraglider made a heavy landing during a competition. Fractured wrist and possible back injuries.
 Keswick 20, 1□ hr
- 184 14810 17 June 15:08 Skiddaw Little Man NY271275**
 Light/dry/clear/hot/bright. Moderate dry footpath Hill Walking (Not known)
 Girl(11) - Subject in a school party was unable to put weight on her leg due to muscular problems. Muscular pain around her left knee.
 Edale 1, 2□ hr; Keswick 23, 2□ hr; Great North AA Cumbria
- 185 14987 17 June 23:45 Scafell Pike NY200073**
 Not reported. Not reported Hill Walking (Organised event)
 Man(44) - Participant in 3 Peak Challenge event reported with "serious knee injury". No details of location were available. As team leader was attempting to gather information, subject made own way off. Unhurt.
 Wasdale 2, 1□ hr
- 186 14791 18 June 15:26 Crossfell NY718366**
 Moderate/rain/low cloud/warm/dull. Moderate rough moorland Hill Walking (Small party (2 to 5))
 Two Men(67), two Women(64 & 58) - Party reported themselves lost in poor visibility walking the Pennine Way from Garrigill to Kirkland. Unhurt when located.
 Penrith 20, 3□ hr; SARDA (Lakes) 5, 1hr
- 187 15443 20 June 17:00 Gasgale Gill, Grasmoor NY163209**
 Heavy rain and strong winds. Very wet and slippery Hill Walking (Small party (2 to 5))
 Man(58) - Subject fell whilst descending beside gill. The weather conditions were dreadful, with heavy driving rain and strong winds. Fractured right tibia and fibula.
 Cocker mouth 27, 1□ hr
- 188 14829 21 June 18:05 Skiddaw (summit) NY260290**
 Gale/heavy rain/hill fog/cool/dusk. Level very wet track Hill Walking (Not known)
 Man(30) - Subject 'paralysed by fear' due to high winds, driving rain and poor visibility. No injuries.
 Keswick 15, 4□ hr

189 14830 24 June 11:00 Scafell Pike, 'Corridor Route' NY221091
Dry. Damp Hill Walking (Not known)
Man(44) - Subject reported to have sustained facial injuries after fall. No location given. Casualty aided by other walkers to walk off. Found by team, checked by team doctor and allowed to proceed. Facial injuries.
Keswick 8, 1hr; Wasdale 16, 4□ hr

190 15192 24 June 13:40 Helvellyn NY342151
Strong/dry/hill fog/cool/dull. Steep rough slippery Hill Walking (Small party (2 to 5))
Man(57) - Subject fell after stopping for lunch; when he stood up, he over-balanced falling from north face of Helvellyn. FATAL Multiple injuries.
Patterdale 11, 7□ hr; Penrith 10, 7□ hr; SARDA (Lakes) 1, 7□ hr; Boulmer SAR Helicopter

191 14831 25 June 13:47 Sale Fell - Back O'Skiddaw NY274287
Moderate/passing showers/hill fog/cool/bright. Gentle boggy Hill Walking (D of E) (School group)
Nine Girls(14 & 15), Two Boys(14 & 15) - A party of 11 youngsters went to ground and called for help when they became lost in low cloud. They were located and returned to their organisers, safe and well.
Keswick 14, 3□ hr

192 15193 25 June 19:50 Helvellyn NY346152
Not reported. Not reported Hill Walking (Large party (at least 10))
Twelve Men(50) - Report of walking party that were overdue from Helvellyn. The group had got lost and retraced their steps which caused the delay in getting down to the coach. All safe and well when located.
Patterdale 3, 1□ hr

193 14869 27 June 14:53 Derwentwater - Calf Close Bay NY269213
Not reported. Not reported Local Incident (Not known)
Woman(56) - Requested to assist the civilian ambulance crew by carrying the casualty to the roadside from the lakeshore. Dislocated knee.
Keswick 10, □ hr

194 15445 28 June 18:00 Tarn Crag, Floutern Tarn NY123168
Dry, sunny evening. Dry Animal Rescue
Two sheep reported stuck on local crag. Both retrieved without loss or injury.
Cockermouth 2, 2hr

195 15444 30 June 14:52 Anglers Crag, Ennerdale NY100149
Heavy rain. Wet, slippery Hill Walking (Alone)
Woman(28) - Subject tumbled 20m down ground near crag. Fractured right tibia and ankle.
Cockermouth 28, 2□ hr

July

196 14839 1 July 11:35 Bright Beck, Gt Langdale NY283087
Light/dry/clear/hot/bright. Moderate rough moorland Fell Running (Organised event)
Competitor slipped and sustained serious gash to kneecap. Subject airlifted by air ambulance while team were en route.
Langdale Ambleside 9, 1□ hr

- 197 14840 2 July 11:35 Mart Crag Moor, Gt Langdale NY263084**
 Light/dry/clear/hot/bright. Moderate damp moorland Fell Running (Organised event)
 Woman(30) - Competitor was unable to bear weight following an accident. Reported to other competitors previous day but alarm wasn't raised. Companion came down for help eventually. Lower leg injury.
 Langdale Ambleside 10, 3hr; Boulmer SAR Helicopter
- 198 14938 2 July 22:35 Crossfell NY667309**
 Light/dry/clear/cool/dark. Moderate damp moorland Hill Walking (Small party (2 to 5))
 Man(55), Woman(39) - Party became disorientated descending in the darkness. Safe and well when located.
 Penrith 13, 1□ hr
- 199 14841 3 July 07:51 Far Easedale NY295103**
 Calm/dry/clear/hot/bright. Moderate damp moorland Hill Walking (Small party (2 to 5))
 Two Men(44 & NK) - Party became disorientated and dehydrated when they became lost. No compass. Wouldn't drink stream water. Concerned the valley bottoms were uninhabited so went back up on to ridge. Dehydration.
 Langdale Ambleside 6, 4□ hr
- 200 14943 3 July 20:40 Carleton, Carlisle NY435513**
 Fresh/dry/cloudy/warm. Damp Search - Non-mountain (Alone)
 Man(35) - Subject (despondent) reported missing when car found abandoned at local beauty spot. Found safe and well in local motel having booked in as a guest.
 Penrith 18, 1hr
- 201 14870 4 July 10:52 Shepherds Crag - Brown Slabs NY263186**
 Not reported. Not reported Rock Climbing (Not known)
 Man(NK) - Subject slipped while taking the descent route. Fracture/dislocation of right ankle.
 Keswick 13, 1hr; Great North AA Cumbria
- 202 15446 4 July 13:22 Low Gatesgarth NY191153**
 Sunny, dry day. Dry Hill Walking
 Man(NK) - Assisted ambulance service with the evacuation of an elderly male walker on the Buttermere Lake path near Low Gatesgarth. The walker had collapsed while walking. Lacerations to head.
 Cockermouth 13, 1□ hr
- 203 14900 4 July 16:20 Seathwaite Tarn, Dunnerdale SD260985**
 Clear. Rocky Hill Walking (Not known)
 Woman(20) - Subject slipped. Fractured right ankle.
 Coniston 16, 3□ hr
- 204 14944 4 July 20:13 Eamont Bridge, Penrith NY526286**
 Fresh/cloudy/warm. Damp Water Sport (all types) (Small party)
 Boy(12) - Subject reported as trapped in river when boulder lodged against foot. Subject in company of other youths playing in the river. Soft tissue injury, minor lacerations to left foot.
 Penrith 18, 1□ hr
- 205 14901 5 July 15:10 Tilberthwaite Ghyll SD304008**
 Good. Plunge pool Water Sport (all types) (Not known)
 Man(26) - Subject struck a rock after jumping into plunge pool. Cut knee and knee cap injury.
 Coniston 12, 1□ hr

206 15194 8 July 15:45 Helvellyn NY345135
 Light/dry/low cloud/cool/dull. Steep firm footpath Hill Walking (Small party (2 to 5))
 Woman(57) - Subject tripped and fell. She was treated by the team and stretchered from the fell,
 evacuating down to Thirlmere. Fractured arm, facial injuries.
 Keswick 14, 4□ hr; Patterdale 10, 5□ hr

207 14856 8 July 16:48 Stickle Ghyll, Gt Langdale NY291068
 Fresh/rain/clear/hot/bright. Moderate damp footpath slippery Hill Walking (Not known)
 Man(63) - Subject collapsed. FATAL Heart attack.
 Edale 4, 3hr; Glossop 2, 3hr; Langdale Ambleside 11, 3hr; North West Air Ambulance

208 15044 8 July 17:04 Grains Gill, Borrowdale NY233097
 Rain/cloudy. Steep wet footpath slippery Hill Walking (Not known)
 Man(57), Woman(44) - Subject slipped on the wet path, resulting in a fractured arm. Whilst out, we
 also encountered a lady with a fractured arm.
 Keswick 13, 3hr

209 14857 9 July 05:55 Troutbeck, Windermere NY410010
 Fresh/rain/broken cloud/cool/bright. Moderate damp track Search - Non-mountain (Alone)
 Man(44) - Subject (dementia) reported missing from carehome. Unhurt when located.
 Langdale Ambleside 8, 7□ hr; SARDA (Lakes) 7, 4□ hr

210 15045 9 July 13:46 Wythburn, Thirlmere NY326121
 Rain. Gentle wet track Hill Walking (D of E)
 Girl(14) - Member in D of E group complained of feeling unwell, unable to continue expedition.
 Breathing difficulties and chest pains.
 Keswick 23, 2hr

211 15048 11 July 13:00 Great End NY226085
 Not reported. Not reported Animal Rescue
 2 cragfast sheep! One on 'Aspirant' and one on 'Window Gully'. Both survived but were hungry.
 Retrieved without loss or injury.
 Keswick 3, 5□ hr

212 15046 11 July 16:18 Latrigg - Spooney Green Lane NY273248
 Not reported. Not reported Hill Walking (Not known)
 Woman(70) - Subject slipped on gravel path. Fractured neck of femur.
 Keswick 14, 1hr; Great North AA Cumbria

213 14978 11 July 16:30 Eskdale NY195004
 Calm/dry/clear/warm/bright. Gentle dry footpath Hill Walking
 Woman(55) - Subject slipped on wet rock. Fractured left ankle, dislocation of middle finger left hand.
 Wasdale 24, 3hr

214 14871 12 July 20:00 Longsleddale Valley SD476078
 Light/drizzle/low cloud/cool/dark. Steep wet gully slippery Rock Scrambling (Not known)
 Man(51) - Subject fell approx 30 ft whilst gill scrambling, landing in the water. Fractured femur and
 other injuries.
 Kendal 18, 5hr

215 14979 13 July 15:30 Egremont NY018095
 Calm/fine/clear/hot/bright. Local Incident (Alone)
 Team asked to attend incident. Male reported to be stuck in a tree. Police dealt with the incident
 before team arrived on scene.
 Wasdale 8, 1hr

216 14980 15 July 11:58 Upper Eskdale NY227035
Calm/dry/clear/hot/bright. Gentle damp footpath Hill Walking (Small party (2 to 5))
Man(NK) - Subject reported to have collapsed with loss of vision, vomiting, unable to walk. Air ambulance lifted casualty to MR vehicle, he was checked by doctor and allowed to return home with his wife. Unhurt.
Wasdale 17, 2□ hr

217 14895 16 July 16:44 The Band, Gt Langdale NY253061
Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (Not known)
Man(69) - Subject slipped, falling forward and injuring himself. Knee ligaments damaged, fractured nose, facial injuries.
Langdale Ambleside 14, 3□ hr; Valley SAR Helicopter

218 14896 16 July 16:51 Stickle Ghyll, Gt Langdale NY292066
Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (Not known)
Woman(70) - Subject stumbled. Fractured wrist.
Langdale Ambleside 4, □ hr

219 15047 18 July 13:28 Taylorgill, Borrowdale NY232108
Calm/dry/clear/hot. Moderate dry track Mountain Biking (Not known)
Man(41) - Rider fell from his mountain bike. Fracture/dislocation elbow.
Keswick 17, 2□ hr

220 14904 19 July 15:15 Hampsfell, Grange Over Sands SD402789
Light/dry/hot/bright. Not reported Hill Walking (Alone)
Man(71) - Subject reported missing left home previous day to walk in Yorkshire dales. Mobile phone traced to local grid ref. Nothing found but later located driving in Yorks!. Unhurt.
Kendal 14, 2hr

221 14902 20 July 18:50 Hawkshead Hill NY313976
Good. Good Search - Non-mountain (Alone)
Man(47) - Subject reported lost after crashing his car. Unhurt when located.
Coniston 15, 1hr

222 15049 20 July 19:00 Gillercomb NY221124
Not reported. Not reported Animal Rescue
Cragfast sheep rescued at farmer's request. Retrieved without loss or injury.
Keswick 6, 3hr

223 14981 22 July 17:22 Scafell Pike NY211073
Light/drizzle/clear/hot/bright. Steep damp footpath Animal Rescue (Small party (2 to 5))
Report that dog had collapsed above Lingmell Col. Team asked to assist owner with bringing the dog off the hill.
Wasdale 5, 3hr

224 14905 24 July 14:15 Middleton Fell SD652853
Light/dry/hot/bright. Moderate dry ridge Hill Walking (Not known)
Man(51) - Subject reported as collapsed and could not continue walk because of severe backpain.
Disc problem in lumbar spine.
Kendal 16, 2hr; Great North AA Cumbria

225 14983 25 July 18:40 Dore Head Scree NY175095
Not reported. Not reported Hill Walking (Not known)
Member of the public reported hearing a girl screaming in area of Dore Head scree. Informant left the scene before team could contact them. Screams investigated but nothing found. False alarm

good intent.
Wasdale 3, 1hr

226 14945 25 July 21:08 Thurstonfield, Carlisle NY319566
Calm/dull/warm. Damp/loose Local Incident (Small party (2 to 5))
Man(48) - Subject fell on footpath 700m from nearest vehicle access. Assistance request by ambulance service to evacuate. Close fractured right ankle, lacerated knee.
Penrith 6, □ hr

227 15195 26 July 18:15 Ullswater, Silver Bay NY386185
Calm/dry/clear/mild/bright. Gentle dry Water Sport (all types)
Girl(13) - Subject was found by team doctor beside the water with head injury. She had dived into the lake and hit her head. Team took her by boat to shore and she went to local hospital. Bad cut to head.
Patterdale 7, 1hr

228 15196 27 July 18:00 Hayeswater Gill NY422130
Light/drizzle/cloudy/mild/dull. Moderate wet footpath Hill Walking (Small party (2 to 5))
Woman(39) - Subject became unwell. He was evacuated and treated back at the rescue centre where he was advised to see his GP. Dizziness and vomiting.
Patterdale 12, 1□ hr

229 14939 29 July 12:10 Kidsty Pike, Haweswater NY441126
Dry/bright/cloudy/hot. Dry/firm Fell Running (Not known)
Man(64) - Subject collapsed while running. FATAL Heart attack.
Penrith 9, □ hr; Great North AA Cumbria

230 15197 29 July 18:00 Pasture Beck, Hartsop NY424110
Light/drizzle/cloudy/mild/dull. Damp Hill Walking (Organised event)
Girl(14) - Subject on outdoor course fell banging her head and back. Back and head injuries.
Patterdale 10, 3□ hr; Penrith 8, 3□ hr

231 15050 30 July 11:56 Latrigg - Brundholme NY273244
Clear/warm/bright. Gentle dry footpath Hill Walking (Not known)
Woman(57) - Subject taken ill during walk, felt unsteady and sick. She was helped to the ground and needed evacuating by stretcher. Faint and nauseous.
Keswick 10, □ hr

232 14982 30 July 14:00 Stirrup Crag, Yewbarrow NY176094
Light/fine/clear/hot/bright. Steep loose slope Hill Walking (Not known)
Woman(NK) - Subject had tumble fall, sustaining head injuries. Team lowered casualty on stretcher to flat area where air ambulance was able to land. Head injuries.
Wasdale 24, 4hr; Great North AA Cumbria

233 14984 31 July 13:57 Eskdale, St Catherines Pool NY176002
Not reported. Not reported Local Incident (Not known)
Woman(46) - Subject slipped on riverside path, falling 4 metres and landing in the river bed.
Compound fracture of left ankle.
Wasdale 19, 2□ hr

234 14985 31 July 19:15 Broad Crag Col NY217074
 Rain/poor/dark. Steep loose Hill Walking (Not known)
 Man(26) - Dutchman reported himself lost, possibly near Sprinkling Tarn. Found unhurt at Broad Crag col.
 SARDA (Lakes) 3, 2 □ hr; Keswick 20, 6 □ hr; Wasdale 13, 8 □ hr

235 14909 31 July 22:00 Raven Crag, Gt Langdale NY285063
 Fresh/passing showers/broken cloud/warm/dark. Steep loose Rock Climbing (Not known)
 Two Men(NK) - Party reported cragfast by campers in valley bottom. Contact interrupted after it became dark. Located in descent gully making own way down after having trouble locating it. No injuries.
 Langdale Ambleside 8, 1 □ hr

August

236 14986 1 August 16:50 Scafell Pike (summit) NY216072
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Girl(16), Man(NK) - Party of 2 reported themselves stuck in bad weather on Scafell Pike summit. Located by MRT, warmed up with dry clothing, food and drink before being escorted off to safety. No injuries.
 Wasdale 26, 4 □ hr

237 14910 2 August 17:22 Rossett Pike NY257085
 Fresh/heavy rain/low cloud/cool/dusk. Moderate damp Hill Walking (Small party (2 to 5))
 Three Women(NK) - Party became lost when they strayed off their 'strip' of map of Cumbria Way. Became cold and anxious, despite having camping equipment. Thought they were on Pike O'Stickle. No injuries.
 Langdale Ambleside 14, 4 □ hr

238 14903 4 August 16:00 Coniston Old Man NY272974
 Good. Good Hill Walking (Not known)
 Man(70) - Subject reported lost when separated from her party. Unhurt when located.
 Coniston 1, 1hr

239 14936 6 August 12:00 Grizedale Forest SD316925
 Good. Good track Motor Sport (Not known)
 Man(44) - Rider fell off motor cycle - sustaining a gash to left knee.
 Coniston 12, 2hr

240 14989 6 August 20:50 Styhead NY219095
 Fine/low cloud/mild. Dry Hill Walking (Not known)
 Man(44) - Subject reported to have fallen. Made own way to his tent. Team attended and helicopter transferred casualty to hospital. Cuts to head.
 Wasdale 22, 2hr; Unknown Civilian Aircraft

241 14932 7 August 19:45 Middleton, Dufton NY726236
 Fine warm. Dry Hill Walking (Military unit)
 Woman(18) - Subject collapsed while walking with Army Cadet group from local training camp. Asthmatic and breathing problem.
 Kirkby Stephen 14, 1hr

242 15057 7 August 19:48 Clough Head, Old Coach Road NY339235
 Not reported. Not reported Parapenting (Not known)
 Man(25) - Paraglider made a heavy landing. Lower leg fracture.
 Keswick 18, 1hr

243 15198 9 August 13:25 Boredale Hause NY405158
 Moderate/dry/clear/hot/bright. Moderate dry footpath Orienteering (Organised Event)
 Man(52) - Subject slipped on footpath and fell hitting knee on a rock. Knee injury.
 Patterdale 4, 2□ hr; Penrith 6, 2□ hr

244 15199 9 August 14:15 Boredale Hause NY408158
 Moderate/dry/clear/hot/bright. Not reported Orienteering (Organised Event)
 Boy(12) - Subject injured his ankle at the same orienteering event and was treated by the team but
 able to make own way off the hill with his family. Leg injury.
 Patterdale 2, □ hr

245 15200 9 August 14:30 Boredale Hause NY405158
 Moderate/dry/clear/warm/bright. Not reported Orienteering (Organised Event)
 Man(60) - Subject on orienteering event, fell. Following assessment and treatment he was OK to walk
 off the hill on his own. Bruised leg.
 Patterdale 1, □ hr

246 14990 10 August 22:30 Wasdale NY182075
 Not reported. Not reported Hill Walking
 Reports of lights on Scafell. Investigation revealed probable 3 Peak Party. Call out cancelled as
 team assembled. False alarm good intent.
 Wasdale 10, 1hr

247 14972 12 August 11:35 Orrest Head, Windermere NY414993
 Calm/dry/clear/warm/bright. Moderate dry forestry Hill Walking (Not known)
 Man(45) - Called to assist ambulance evacuation of subject reported as collapsed. Diabetic condition.
 Langdale Ambleside 6, 1□ hr

248 14937 12 August 12:55 Moss Eccles Tarn SD373969
 Good. Good Mountain Biking (Small party (2 to 5))
 Man(43) - Rider fell off bike onto rock. Injuries to rib cage and back.
 Coniston 8, 2hr

249 14946 12 August 14:44 Cumrew Fell, Castle Carrock NY554512
 Fresh/overcast/mild. Damp Search - Non-mountain (Alone)
 Man(73) - Vulnerable (dementia) reported missing when failed to return from walking dog. Search
 conducted over three days when dog was heard barking by nearby villagers and man located on
 investigation. Dehydration and hunger.
 Keswick 5, 9hr; Kirkby Stephen 10, 15□ hr; Moffat 14, 10□ hr; Northumberland NP 6, 9hr; North of
 Tyne 8, 9hr; Penrith 15, 18□ hr; RAF Leeming 8, 9hr; SARDA (England) 5, 9hr; SARDA (Lakes) 5,
 7□ hr; SARDA (Southern Scotland) 1, 9hr; Swaledale 10, 9hr; Teesdale 10, 9hrs.

250 15201 15 August 13:45 Aira Force NY400212
 Calm/dry/broken cloud/mild/bright. Moderate damp footpath Hill Walking (Small party (2 to 5))
 Woman(NK) - Subject slipped on rocks above upper bridge. Fractured rib.
 Patterdale 1, □ hr

251 15059 16 August 12:28 Catbells - Manesty Path NY247189
 Not reported. Not reported Hill Walking (Not known)
 Woman(71) - Subject collapsed and unable to continue. Breathing difficulty, nausea & feeling faint.
 Keswick 11, 1□ hr

- 252 15202 16 August 16:00 Helvellyn, Bad Step Striding Edge NY346149**
Clear dry warm. Not reported Hill Walking (Small party (2 to 5))
Boy(12) - Subject fell 40ft from narrow ridge. Head and chest injuries.
Patterdale 1, 4hr; Penrith 7, 4hr
- 253 15060 16 August 16:52 Blencathra - Scales Fell NY327298**
Not reported. Not reported False Alarm Good Intent
A report of a flare or firework being set off on hillside. Turned out to be a celebratory firework by a
departure group. False alarm good intent.
Keswick 9, 1 □ hr
- 254 15203 19 August 13:20 Helvellyn, Striding Edge NY349150**
Overcast misty. Wet Hill Walking (Small party (2 to 5))
Man(52) - Subject slipped on path. Dislocated right shoulder.
Patterdale 1, 5hr; Penrith 6, 5 □ hr
- 255 14973 19 August 13:56 Bright Beck, Gt Langdale NY285077**
Gale/heavy rain/poor/cold/dull. Steep very wet crag slippery Hill Walking (Small party (2 to 5))
Four Men(22) - Two of a party became cragfast in a very precarious position on steep wet ground.
Original location was given incorrectly because informant was also lost!. Mild hypothermia. No other
injuries.
Langdale Ambleside 10, 4hr
- 256 15061 20 August 11:25 Rosthwaite - Watendlath Path NY265155**
Rain. Moderate wet track slippery Mountain Biking (Not known)
Man(31) - Rider forced to ride off path into stream, possibly due to puncture. Fractured pelvis, 2
fractured ribs.
Keswick 12, 1 □ hr
- 257 15098 20 August 11:40 Smardale, Nature Reserve NY724066**
Wet. Firm Local Incident (Small party (2 to 5))
Man(NK) - Subject felt ill at event and complained of chest pains.
Kirkby Stephen 1, □ hr
- 258 15447 20 August 15:04 Buttermere Lake, Hassness NY186157**
Cloudy, showery day. Wet Hill Walking (Small party (2 to 5))
Man(29) - Subject tripped and fell whilst crossing a footbridge on the Buttermere Lake path by
Hassness. Fractured left ankle.
Cockermouth 19, 1 □ hr
- 259 14974 21 August 20:04 Oak Howe, Gt Langdale NY304058**
Calm/dry/clear/mild/dusk. Moderate wet crag slippery Hill Walking (Small party (2 to 5))
Woman(53) - Party of 2 were reported missing with much concern for their safety. Thought to be
cragfast on Oak Howe. Unhurt when located.
Langdale Ambleside 15, 2 □ hr
- 260 14975 22 August 12:42 Helm Crag, Grasmere NY327093**
Calm/dry/clear/mild/bright. Moderate dry ridge Hill Walking (Small party (2 to 5))
Man(52) - Subject collapsed with medical condition. FATAL Heart attack.
Langdale Ambleside 12, 3hr; Great North AA Cumbria
- 261 15204 22 August 15:25 Bleaberry Knott NY395126**
Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
Woman(69) - Subject slipped and fell. Hip injury.
Patterdale 1, 1 □ hr; Penrith 8, 1 □ hr

262 15062 22 August 22:17 Glararmara NY242108
 Strong/showers/dark. Steep wet slope slippery Hill Walking (Small party (2 to 5))
 Man(41), Boy(15) - A party of father and son, went to ground when they got lost and tired. Unhurt
 when located
 Keswick 21, 3□ hr

263 15206 25 August 12:10 Dove Crag NY371107
 Fresh/heavy rain/cloudy/cool/dark. Steep very wet footpath Hill Walking (Small party (2 to 5))
 Man(32) - Subject became separated from friend near Priest Hole. He became concerned after losing
 phone contact with him. Raised the alarm. Located on top of crag in a bivvy bag cold wet but well.
 Patterdale 12, 6hr

264 14976 25 August 12:29 Gimmer Crag, Gt Langdale NY277069
 Calm/dry/clear/mild/bright. Vertical dry crag Rock Climbing (Alone)
 Man(28) - Climber became cragfast while soloing. Called other climbers for help and they called MR.
 Led to safety, unhurt.
 Langdale Ambleside 13, 4hr

265 15063 25 August 14:49 Lodore Falls, Borrowdale NY265187
 Not reported. Not reported False Alarm Good Intent
 Reports of a collapsed lady near beauty spot. Neither the ambulance crew nor the team could find
 any distressed people. False alarm good intent.
 Keswick 15, □ hr

266 15205 25 August 15:35 Grisedale, Ruthwaite Lodge NY367137
 Light/dry/cloudy/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Woman(48) - Subject slipped and dislocated her ankle. Original call went through to Kendal MRT,
 police thought it was in Sedbergh area. Dislocated ankle.
 Patterdale 10, 3□ hr; Kendal 1, 3□ hr

267 14977 27 August 00:31 Pavey Ark, Gt Langdale NY285079
 Moderate/passing showers/low cloud/cold/dark. Moderate Hill Walking (Alone)
 Man(44) - Subject reported overdue by father. Search organised. Nothing found. Man walked out at
 dawn having spent night in Oxendale few hundred metres from safety but unable to find way. No
 torch. Unhurt.
 Keswick 4, 4hr; Langdale Ambleside 12, 7hr; SARDA (Lakes) 2, 7hr

268 14991 27 August 02:30 Dale Head, Duddon NY241007
 Light/showers/low cloud/mild/dark. Boggy slippery moorland Hill Walking (Not known)
 Man(29) - Subject reported overdue. Found walking on road after first light. He had extended his
 intended walk and become benighted. Unhurt.
 SARDA (England) 3, 7hr; SARDA (Lakes) 2, 7hr; Duddon & Furness 1, 7hr; Wasdale 15, 7hr;
 Boulmer SAR Helicopter

269 14970 27 August 14:40 Dufton Pike, Knock NY691272
 Fresh/showers/clear/warm/bright. Moderate grassy moorland Hill Walking (Not known)
 Woman(58) - Subject fell while walking on rough grassland. Dislocated knee.
 Penrith 9, 2hr

270 15065 27 August 14:46 Ullock Pike, Dodd Wood NY244279
 Showers. Damp Hill Walking (Not known)
 Woman(48) - Subject slipped on a tussock of grass on the path. Fractured lower leg.
 Keswick 17, 1□ hr

- 271 15066 28 August 14:08 Ard Crags NY207198**
 Not reported. Not reported Hill Walking (Not known)
 Woman(53) - Subject slipped on steep wet grass. Fractured wrist and back pain.
 Penrith 1, 1 □ hr; Keswick 17, 1 □ hr
- 272 14995 28 August 17:04 Limefitt Park, Windermere NY419032**
 Light/passing showers/clear/cool/dull. Moderate damp Hill Walking (Family group)
 Boy(8) - Subject (vulnerable - autistic) separated from parents at holiday park. Concern because of terrain, rivers, mines and child's condition. Turned up while team were responding. Unhurt.
 SARDA (Lakes) 1, □ hr; Langdale Ambleside 13, □ hr
- 273 15067 29 August 20:22 Langstrath - Sergeants Crag Area NY268116**
 Dry/clear/cool. Damp slippery False Alarm Good Intent
 Reports of cries for help possibly from a climber in difficulty. Despite a search of the area, nothing was found. False alarm good intent
 Penrith 1, 2 □ hr; Keswick 18, 3hr
- 274 14996 30 August 17:00 Lingcove Beck NY225041**
 Fresh/heavy rain/hill fog/cool/dark. Moderate/v wet/moorland Hill Walking (Alone)
 Man(42) - Subject wandered off back of Crinkle Crag in poor weather. No compass. Reported himself disorientated and lost. Unhurt.
 Langdale Ambleside 17, 4hr; SARDA (Lakes) 1, 4hr; Wasdale 21, 3hr
- 275 15207 31 August 13:55 Grisedale NY370158**
 Calm/dry/clear/hot/bright. Moderate damp footpath Hill Walking (Not known)
 Woman(49) - Subject reported having a seizure at Nethermost Pike she was located at Grisedale path leading to Hole-in-the-Wall treated at scene and flown by Air ambulance to CIC. Epileptic seizure.
 Penrith 6, 2 □ hr; Patterdale 12, 2hr; Great North AA Cumbria
- 276 14998 31 August 20:20 Lingmell NY210080**
 Moderate/heavy rain/poor/mild/dark. Moderate rough slope Hill Walking (Organised event)
 Man(20) - Solo walker on 3 Peaks challenge became lost and unable to proceed. Contact through mobile phone made locating him less difficult. Unhurt.
 Wasdale 15, 6 □ hr
-
- September**
-
- 277 15208 1 September 01:10 Boredale Hause NY407157**
 Fresh/heavy rain/poor/cool/dark. Gentle very wet footpath Hill Walking (School/Youth group)
 Girl(15) - Subject on outward bound course taken ill while on a overnight camp. Breathing difficulties during asthma attack.
 Patterdale 12, 1hr; Penrith 6, 1hr
- 278 14999 1 September 04:50 Lingmell NY203076**
 Strong/heavy rain/poor/cool/dark. Gentle grassy slope Hill Walking (Organised event)
 Three Women(NK), Man(NK) - Party of 4 '3 Peakers' forced off path by stream in spate. They then lost the path and became disorientated. Called for help using mobile phone. Escorted off uninjured.
 Wasdale 10, 4 □ hr
- 279 15449 1 September 19:00 Ling Crag, Crummock NY156182**
 Not reported. Not reported False Alarm Good Intent
 Flashing lights were reported on the fellside. A search was conducted and the lights were found to be coming from a party camping by the crag. False alarm good intent.
 Cockermouth 2, 1hr

- 280 15105 2 September 11:00 Mickledore NY210069**
 Strong/heavy rain/poor/cold. Moderate very wet footpath Hill Walking (Small party (2 to 5))
 Man(20), Man(27) - Party of 3 Peakers became separated. 2 males sought shelter in stretcher box
 and called for help as they were lost. Quickly found but 1 walker needed to be carried off fell with a
 knee injury.
 Wasdale 17, 4hr
- 281 15106 2 September 17:45 Scafell Pike, Corridor Route NY201193**
 Calm/passing showers/hill fog/mild. Undulating very wet Hill Walking (Small party (2 to 5))
 Man(50), Boy(14) - Party in difficulty on Corridor Route. Unable to cross stream in spate, had difficulty
 following path. Called for help on mobile phone. Managed to descend and found by team walking off.
 Unhurt.
 SARDA (Lakes) 1, 1hr; Wasdale 14, 1hr
- 282 15107 3 September 05:00 Broad Crag NY215077**
 Fresh/rain/hill fog/mild. Moderate very wet scree slippery Hill Walking (Small party (2 to 5))
 Man(40, 39 & 30) - Party of 3 walkers on 3 Peak challenge became disorientated in heavy rain, low
 cloud and darkness. Called for help using mobile phone. Located by team and walked off. Unhurt.
 SARDA (Lakes) 1, 5hr; Duddon & Furness 14, 5hr; Wasdale 13, 5hr
- 283 15040 3 September 23:25 Coniston Old Man, Seathwaite Tarn SD253983**
 Clear/misty/dark. Dry Hill Walking (Alone)
 Man(38) - Subject became lost in mist and darkness. Unhurt.
 Coniston 10, 13□ hr; Duddon & Furness 12, 13□ hr
- 284 15000 4 September 18:24 Greenup Edge NY286015**
 Light/dry/broken cloud/mild/bright. Moderate damp moorland Hill Walking (Small party (2 to 5))
 Woman(30) - Subject reported separated from brother at Greenup Edge. He went back and was
 unable to find her. No map, compass, or survival gear. Limited experience. Unhurt.
 Langdale Ambleside 2, □ hr
- 285 15108 7 September 14:15 Greta Gill NY217081**
 Calm/fine/clear/mild/bright. Moderate wet footpath slippery Hill Walking (Small party (2 to 5))
 Woman(18) - Subject stumbled and fell. Attended by team then airlifted off by Air Ambulance who
 were able to land near incident site. Ankle injury.
 Wasdale 15, 4□ hr; Great North Air Ambulance
- 286 15068 7 September 20:49 Gillercomb, Borrowdale NY224120**
 Dry. Dry Hill Walking (Small party (2 to 5))
 Man(NK), Woman(NK) - A party of two Americans were reported to be struggling on the Coast to
 Coast walk. They were eventually located coming down Sourmilk Gill to Seathwaite. Unhurt.
 Keswick 19, 1□ hr
- 287 15209 8 September 14:15 Knotts Hill Caravan Park NY433215**
 Calm/dry/broken cloud/warm/bright. Not reported Local Incident (Not known)
 Man(NK) - Subject had slipped and fallen down an embankment; team requested to assist air
 ambulance with access. Injuries not reported.
 Patterdale 12, □ hr; Great North AA Cumbria
- 288 15069 8 September 17:07 Castle Rock, 'Thirlmere Eliminate' NY321197**
 Clear/warm/bright. Vertical dry crag Abseiling (Not known)
 Woman(62) - Subject unfortunately fell 40 ft from the end of the wrong tail of her abseil rope. Severe
 lacerations to knee and leg.

Keswick 17, 1□ hr; Great North AA Cumbria

289 15038 10 September 06:30 Ambleside NY377046
Calm/dry/clear/mild/bright. Steep very wet gully slippery Local Incident (Alone)
Requested by Police to remove a man's body from ravine in town centre. Removal completed and
body handed over to Coroner's officer.
Langdale Ambleside 11, 3hr

290 15109 10 September 18:45 Wasdale NY212094
Moderate/dry/clear/mild. Gentle dry footpath Hill Walking (Not known)
Man(58) - Solo male walker reported himself unable to continue because of exhaustion. Assessment
by team doctor suggested possible heart problems. Stretchered down to waiting ambulance. Heart
condition not specified.
Wasdale 23, 3□ hr

291 15039 11 September 07:55 Troutbeck, The Howe NY415025
Calm/dry/clear/very cold/bright. Moderate dry track Hill Walking (D of E) (Medium party)
Girl(16) - Party member collapsed with seizure. Condition was prolonged and still ongoing after 2
hours, despite treatment. Epileptic seizure.
Langdale Ambleside 8, 3hr; Great North AA Cumbria

292 15070 12 September 14:47 Quayfoot Buttress, Borrowdale NY235167
Not reported. Not reported Hill Walking (Not known)
Man(31) - Subject became stuck and cragfast on steep ground. He was assisted off to safety. Unhurt.
Keswick 12, 1□ hr

293 15210 14 September 16:00 Aira Force NY400120
Fresh/heavy rain/misty/mild/dull. Moderate very wet path Hill Walking (Small party (2 to 5))
Man(24) - Subject (vulnerable) reported missing after parents had searched for 1hr. Following search
by MR, he was located very wet and confused. Mild hypothermia.
Patterdale 10, 1hr; Penrith 6, 1hr; SARDA (England) 3, 1hr

294 15448 14 September 16:30 Hind Cove Crags, Pillar, Ennerdale NY173120
Cloudy, showery day. Wet and slippery Hill Walking (Alone)
Man(50) - Subject became stuck and cragfast on steep craggy ground whilst descending. His whistles
for help were heard by a passing walker who raised the alarm. Unhurt.
Cockermouth 30, 4□ hr

295 15018 15 September 12:55 Stickle Tarn, Gt Langdale NY288077
Calm/dry/clear/warm/bright. Moderate damp ridge slippery Hill Walking (Small party (2 to 5))
Man(NK) - Subject slipped resulting in injury. Air Ambulance tasked, with team requested to assist.
Escorted companion to valley. Fractured ankle.
Langdale Ambleside 6, 2hr; North West Air Ambulance

296 15054 16 September 16:35 Pavey Ark (summit) NY283077
Light/dry/clear/mild/dusk. Moderate damp slope slippery Hill Walking (Small party (2 to 5))
Woman(51) - Subject slipped. Ankle fracture.
Kendal 12, 4□ hr; Langdale Ambleside 14, 3□ hr

- 297 15076 17 September 12:30 Rough Crag, Riggindale NY454112**
 Fresh/dry/low cloud/cold/dull. Undulating damp ridge Hill Walking (Small party (2 to 5))
 Man(51) - Subject complained of feeling unwell collapsed while walking with friends; CPR attempted but without success. FATAL Heart attack.
 Penrith 10, 5□ hr; Great North AA Cumbria
- 298 15211 17 September 18:30 The Knott NY437128**
 Light/drizzle/broken cloud/hot/dusk. Steep damp footpath Hill Walking (Not known)
 Man(61) - Subject banged his knee and could not walk. Knee injury.
 Patterdale 12, 3□ hr
- 299 15055 17 September 19:40 Hell Ghyll, Gt Langdale NY260054**
 Moderate/passing showers/hill fog/mild/dusk. Moderate damp Hill Walking (Small party (2 to 5))
 Two Men(70) - Party reported overdue. Search organised. Located in Hell Ghyll having been dealed by minor injuries to one of the party in a fall on Crinkle Craggs. Injury not specified.
 Langdale Ambleside 10, 1□ hr
- 300 15074 18 September 13:13 Blencathra, Foule Crag NY325284**
 Moderate/showers/broken cloud/cool/bright. Steep damp crag Rock Scrambling (Not known)
 Man(29 & 30) - After descending from the top of Sharp Edge, this party tried to descend the north gully and became cragfast on Foule Craggs. Unhurt led to safety.
 Keswick 17, 4□ hr
- 301 15099 20 September 14:00 Foddering Hill, North Stainmore NY826180**
 Fine/warm/clear. Grass/stone track Hill Walking (Small party (2 to 5))
 Man(NK) - Subject collapsed whilst walking with wife. FATAL Heart attack.
 Kirkby Stephen 10, 1□ hr
- 302 15075 21 September 15:47 Greenup Gill, Lining Crag NY283225**
 Moderate/dry/clear/warm/bright. Moderate dry footpath Hill Walking (Not known)
 Woman(64) - Subject twisted her ankle while walking, cause not reported. Fractured ankle.
 Keswick 18, 4hr
- 303 15100 23 September 13:00 East Rackenthwaite, Garsdale NY733906**
 Fine/warm/clear. Firm steep grass slope Hill Walking (Small party (2 to 5))
 Man(58) - Subject collapsed while walking up steep hillside. FATAL Heart attack.
 Kirkby Stephen 8, 3□ hr
- 304 15212 23 September 16:27 Ullswater NY389167**
 Calm/dry/clear/hot/bright. Not reported Water Sport (all types) (Small party)
 Three Boys(15 & 17), Man(21) - Party got into difficulties in water. Multi-agency response.
 Hypothermia.
 Patterdale 13, 4□ hr; SARDA (Lakes) 4, 1hr; Boulmer SAR Helicopter ; Great North AA Cumbria
- 305 15077 23 September 17:40 Loughrigg NY364053**
 Calm/dry/clear/warm/dark. Steep loose crag slippery Hill Walking (Alone)
 Woman(NK) - Subject reported she couldn't find her way off the hill because the ground was steep and rough. She was eventually located in a very large, overgrown private garden, 50 metres above the road!. Unhurt.
 Langdale Ambleside 2, 2hr
- 306 15124 25 September 14:40 River Derwent, Portinscale NY251240**
 Not reported. Not reported Local Incident (Not known)
 A request to attend with our boat for potential suicide who was going to jump from bridge. Outcome not reported.

Keswick 14, □ hr

307 15110 26 September 00:10 Scafell Pike, Piers Gill NY213080
Light/dry/broken cloud/cold/bright. Steep damp footpath Hill Walking (Alone)
Man(28) - Subject doing 3 Peaks Challenge alone became lost and disorientated. Team searched overnight before locating missing person safe and well next morning. Unhurt.
Wasdale 20, 10hr

308 15450 26 September 17:45 Ling Comb Edge, Buttermere NY154166
Dry, some cloud. Mainly dry Hill Walking (Small party (2 to 5))
Man(49), Woman(44) - Party of 2 became lost heading down Ling Comb Edge from Red Pike in clear conditions. They used a mobile phone to call for help. Unhurt when located.
Cockermouth 5, 3hr

309 15103 26 September 20:21 Raven Crag, Gt Langdale NY285065
Light/dry/clear/mild/dark. Steep dry crag Hill Walking (Small party (2 to 5))
Two Men(NK) - Lights and shouts for help reported by people at campsite. En-route when contacted by Police to say people had made their own way off. Not shouting for help, but had been shouting to each other. Unhurt.
Langdale Ambleside 10, □ hr

310 15125 26 September 21:53 Sourmilk Gill, Borrowdale NY229122
Strong/passing showers/hill fog/cool/dark. Undulating wet Hill Walking (Small party (2 to 5))
Two Men(NK), Two Women(NK) - Party of 4 were overdue on a section of the Coast to Coast walk. They turned up at first light in Seathwaite having spent the night in Gillercomb. Unhurt.
Cockermouth 3, 6□ hr; Keswick 15, 6□ hr; SARDA (Lakes) 1, 6□ hr

311 15213 27 September 14:15 Helvellyn, 'Hole -in-the- Wall' NY359155
Strong/heavy rain/hill fog/cool/dark. Steep very wet footpath Hill Walking (Not known)
Man(61) - Subject tripped on walking pole. Evacuated by stretcher as Air ambulance unable to leave site when weather closed in; flew out following day. Dislocated shoulder.
Patterdale 9, 1□ hr; Penrith 7, 5hr; Great North AA Cumbria

312 15451 30 September 12:16 Grasmooor Front NY166203
Dry, sunny periods. Mainly dry Hill Walking (Alone)
Man(NK) - Subject fell 200ft whilst descending Grasmooor front, sustaining serious injuries. He used a mobile phone to request help. Fractured jaw, head and leg lacerations.
Cockermouth 32, 4hr; Leconfield SAR Helicopter

313 15104 30 September 15:03 Pavay Ark, Gt Langdale NY284080
Light/dry/broken cloud/cool/dull. Moderate damp moorland Hill Walking (Small party (2 to 5))
Two Women(43) - Subject slipped on wet ground. Fractured ankle, complicated by pre-existing spinal problem. Other unhurt.
Kendal 12, 1hr; Langdale Ambleside 14, 4hr; Patterdale 2, 4hr; Gannet SAR Helicopter

314 15112 30 September 19:40 Mallerstang, Kirkby Stephen NY782042
Cool/dry/light winds. Wet rough grazing Hill Walking (Alone)
Man(21) - Subject reported overdue on walk; turned up safe and well prior to deployment.
Kirkby Stephen 1, □ hr

October

315 15111 3 October 20:51 Silver Howe, Gt Langdale NY320071
Calm/passing showers/clear/mild/dark. Moderate boggy Hill Walking (Alone)
Man(65) - Subject became benighted when torch battery failed. Previous knee injury caused delay in getting off the fell.
Langdale Ambleside 5, 2hr

316 15452 6 October 14:54 Corpse Road, Loweswater NY116215
Heavy showers. Wet Hill Walking (Small party (2 to 5))
Man(43) - Subject collapsed whilst walking on the Corpse Road above Loweswater. He was airlifted by an air ambulance to a waiting road ambulance nearby and taken on to hospital. Medical condition not known.
Cockermouth 24, 1hr; North West Air Ambulance

317 15453 7 October 16:13 Lad Hows, Grasmoor NY177203
Rain, strong winds. Wet Hill Walking (Small party (2 to 5))
Man(58) - Subject collapsed on the descent from Grasmoor on the Lad Hows path. His wife used a mobile phone to raise the alarm. FATAL Not known.
Cockermouth 28, 2 hr

318 15123 8 October 16:00 Barras - Tan Hill NY858105
Calm dry clear warm. Mainly dry Search - Non-mountain (Alone)
Man(40) - Despondent reported missing for several days when vehicle located abandoned. Search extended over three days with break. Body found at 14:30 on third full day. FATAL Strangulation by hanging.
Kirkby Stephen 15, 15hr; Northumberland NP 7, 12hr; North of Tyne 13, 12hr; Penrith 7, 17 hr;
SARDA (England) 2, 12hr; Scarborough & District 6, 12hr; SARDA (Lakes) 5, 12 hr; Swaledale 9, 20hr; Teesdale and Weardale 19, 14 hr; Cleveland 14, 12hr; Leconfield SAR helicopter.

319 15119 10 October 11:30 Broad Crag Tarn, Scafell Pike NY214069
Moderate/dry/hill fog/cool. Moderate damp footpath Hill Walking (Small party (2 to 5))
Man(24) - Subject reported exhausted and unable to continue. Assisted by passing walker, met by MRT and escorted off the hill. RAF Wattisham helicopter on training in area tasked to assist but not required. Unhurt.
Wasdale 14, 4hr; Wattisham SAR Helicopter

320 15220 10 October 17:10 Piers Gill NY213080
Calm/passing showers/broken cloud/mild/bright. Moderate Hill Walking (Not known)
Man(NK) - Subject became disorientated in cloud and reported himself lost. RAF helicopter on training in area assisted with search, located subject and airlifted him down to valley bottom. Unhurt.
Wasdale 23, 2hr; Wattisham SAR Helicopter

321 15454 11 October 17:26 Buttermere Lake, Hassness NY186157
Dry afternoon. Wet Hill Walking (Small party (2 to 5))
Man(73) - Subject fell whilst climbing over a fence next to Buttermere Lake. Spinal C3/C4 injuries.
Cockermouth 24, 3hr; Gannet SAR Helicopter

322 15221 12 October 16:30 St Bees Head NY952140
Light/dry/clear/mild/bright. Level damp Local Incident (Small party (2 to 5))
Woman(61) - Subject was walking across fields tripped and fell. Ambulance crew unable to access so requested MRT assistance. Fractured both ankles.
Wasdale 22, 2hr

323 15126 13 October 13:00 Watendlath, Borrowdale NY270154
Bright. Moderate wet track slippery Hill Walking (Not known)
Subject slipped on a wet rock while walking. Injuries not reported.
Keswick 15, 2hr

324 15222 14 October 11:00 Pikes Crag, Scafell Pike NY208074
Moderate/dry/clear/cold. Level rough footpath Hill Walking (Small party (2 to 5))
Man(NK) - Subject tripped and fell. Fractured left lower leg.
Wasdale 15, 5hr; Boulmer SAR Helicopter

325 15189 14 October 13:15 Wetherlam NY288011
Good. Good Hill Walking (Not known)
Party reported cries for help in Greenburn/Wetherlam area. Nothing untoward found - false alarm
good intent.
Coniston 12, 3hr

326 15455 16 October 20:36 Ennerdale Lake NY089156
Dry, clear, cool night. Dry Hill Walking (Small party (2 to 5))
Man(60) - Party of 2 became stuck on Ennerdale Lake shore in the dark with no torches. Team
members located them and escorted them back to Bleach Green car park. Unhurt.
Cockermouth 7, 1□ hr

327 15127 17 October 19:38 Cat Bells - High Spy NY234160
Moderate/rain/cloudy/cool/dark. Undulating wet footpath slippy Hill Walking (Medium party (6 to 9))
Five Boys(17, 16 & 15), Man(18) - Party became lost in cloud and darkness due to late start. All
unhurt.
Keswick 29, 3hr; SARDA (Lakes) 2, 1□ hr

328 15122 17 October 20:15 Lang How, Grasmere NY320073
Light/dry/cloudy/mild/dark. Moderate damp moorland slippery Hill Walking (Small party (2 to 5))
Man(53) - Party became benighted after their torch battery failed. Unhurt.
Langdale Ambleside 10, 3hr

329 15389 19 October 21:14 Rampside, Barrow SD230666
Calm/dry/clear/mild/dark. Gentle damp Search - Non-mountain (Alone)
Woman(43) - Despondent reported missing from home. Outcome not reported.
Duddon & Furness 16, 4hr; Lancashire Police Helicopter

330 15129 21 October 11:57 High Brandelhow, Landing Stage NY252198
Dry and cool. Damp Hill Walking (Alone)
Man(42) - Casualty slipped on footpath. Fractured ankle.
Keswick 8, 1□ hr

331 15214 21 October 16:40 Elm How, Grisedale NY375141
Light/dry/clear/mild/dusk. Moderate grassy path slippery Hill Walking (Not known)
Woman(36) - Subject slipped on path and injured her ankle. Ankle injury.
Patterdale 2, 1hr

332 15132 23 October 12:40 Alcock Tarn NY345072
Calm/dry/clear/mild/bright. Moderate damp footpath slippy Hill Walking (Small party (2 to 5))
Woman(63) - Subject slipped on wet tree root. Ankle fracture.
Langdale Ambleside 10, 1hr

333 15456 24 October 14:35 Robinson, Hassness NY193161
Showery day. Wet Hill Walking (Small party (2 to 5))
Man(73) - Subject fell on slippery ground whilst descending from fellside. Fractured left leg.
Cockermouth 24, 1□ hr

- 334 15457 24 October 15:41 High Stile, Buttermere NY171151**
 Showery day. Wet Hill Walking (Small party (2 to 5))
 Man(67) - Subject fell whilst descending a steep gully. Minor head and leg lacerations.
 Cockermouth 23, 2□ hr; Gannet SAR Helicopter
- 335 15133 24 October 18:55 Crinkle Crag, Gunson Knott NY250053**
 Fresh/passing showers/broken cloud/cool/dark. Moderate Hill Walking (Alone)
 Man(70) - Subject was unable to find his way off from Three Tarns. This is because he wasn't there!
 He was higher up on Gunson Knott, lost. Unhurt.
 Langdale Ambleside 11, 7□ hr
- 336 15134 24 October 19:55 Crinkle, Crag, Shelter Crag NY248055**
 Fresh/passing showers/broken cloud/cool/dark. Moderate Hill Walking (Small party (2 to 5))
 Three Men(NK) - Missing party had joined up with other groups after becoming lost. Decided to part
 company with new found friends and find own way off. Never seen again. Assumed to have found
 their own way. All unhurt.
 Langdale Ambleside 11, 1□ hr
- 337 15215 25 October 12:30 Stybarrow Crag NY387177**
 Light/dry/cloudy/mild/dull. Moderate dry footpath Search - Mountain (Not known)
 Girl(17) - Subject (vulnerable) reported missing; parents raised the alarm. As team were beginning the
 search she was located in a nearby carpark. Unhurt.
 Patterdale 10, □ hr
- 338 15135 25 October 14:02 Loughrigg, Clappersgate NY365036**
 Light/passing showers/broken cloud/mild/dull. Steep very wet Hill Walking (Large party (at least 10))
 Woman(60) - Subject slipped on rock slab. Displaced ankle fracture.
 Langdale Ambleside 13, 1□ hr
- 339 15216 25 October 14:36 Kepple Cove NY346164**
 Light/dry/cloudy/mild/dull. Steep dry footpath Hill Walking (Not known)
 Boy(14) - Subject slipped and fell heavily. Fractured ankle.
 Patterdale 10, 3□ hr
- 340 15334 25 October 16:33 Eden Mount, Grange Over Sands SD403782**
 Gale/heavy rain/low cloud/cool/dark. Undulating very wet Local Incident (Alone)
 Woman(82) - Subject reported missing having left home at 09.00. Suspicion of intention to self harm.
 Search organised involving Bay Hovercraft Rescue + SARDA. Misper found by Dog handler in
 Eggerslack. Condition not reported.
 Kendal 1, 6hr; SARDA (Lakes) 6, 4hr; SARDA (England) 1, 4hr
- 341 15287 25 October 23:00 Esk Hause NY234082**
 Strong/heavy rain/poor/cool/dark. Moderate v wet footpath Hill Walking (Not known)
 Man(53) - Subject became lost and benighted. Found at 0230 safe and well at Esk Hause. Escorted
 down to his car in Wasdale.
 Wasdale 13, 6hr; Duddon & Furness 11, 5□ hr; Keswick 8, 5hr
- 342 15136 26 October 12:32 Silver How, Grasmere NY324063**
 Gale/heavy rain/low cloud/cold/dull. Moderate damp moorland Hill Walking (Small party (2 to 5))
 Man(68) - Subject slipped. Sprained ankle.
 Langdale Ambleside 14, 2□ hr

343	15143	26 October 13:54	Stonethwaite	NY264138
Wet. Wet				Hill Walking (Not known)
Man(65) - Subject slipped on wet, slippery ground. Fractured ankle. Keswick 8, 1□ hr; Great North AA Cumbria				
344	15130	26 October 14:16	Grange Fell, Borrowdale	NY263135
Low cloud, rain. Wet				Hill Walking (Medium party (6 to 9))
Two Man(NK) and four children (ages 3 to 7) reported had lost the path whilst following 'rocky rambler' walk. Could not relocate themselves. Other walkers re-routed the party with KMRT standing down. All unhurt. Keswick 7, □ hr				
345	15288	26 October 16:00	Devoke Water	NY 15827
Fresh/rain/cloudy/mild/dull. Moderate wet moorland slippery				Hill Walking (Alone)
Man(36) - Despondent reported missing from home. Search suspended at dark and continued next day. Found in a distressed state some miles away in a village church. Wasdale 27, 6hr; Duddon & Furness 11, 6□ hr; SARDA (Lakes) 1, 6hr; Gannet SAR Helicopter				
346	15458	29 October 11:51	Buttermere Lake	NY184152
Dry, sunny periods. Wet underfoot				Hill Walking (Small party (2 to 5))
Woman(58) - Subject collapsed with a chest pains whilst walking on the shore path. Heart attack. Cockermouth 26, 1hr; Great North AA Cumbria				
347	15144	29 October 12:59	Watendlath - Dock Tarn	NY278163
Good. Wet				Hill Walking (Not known)
Woman(60) - Subject slipped on wet ground. Fractured ankle. Keswick 16, 1□ hr				
348	15137	29 October 18:19	White Ghyll Crag, Gt Langdale	NY297073
Light/drizzle/clear/cool/dark. Steep loose crag slippery				Rock Climbing (Small party (2 to 5))
Two Men(19) - Party of two set off at 15:30 to go climbing. No torch. Became cragfast as it went dark. Unhurt when led to safety. Langdale Ambleside 11, 2□ hr				
349	15190	31 October 16:25	Grizedale Forest	NY349950
Good. Good				Hill Walking (Medium party (6 to 9))
Two children from school party separated from main group, reported lost. Unhurt. Coniston 4, 1hr				
November				
350	15217	2 November 12:00	Helvellyn, Striding Edge	NY347147
Light/dry/clear/cool/bright. Steep rough ridge				Hill Walking (Not known)
Man(18) - Subject slipped and fell 200ft into Nethermost Cove. Head injury, spinal injury. Patterdale 1, 2□ hr; Boulmer SAR Helicopter				
351	15218	2 November 16:00	Mires Beck, Glenridding	NY376165
Light/dry/clear/cool/bright. Moderate dry footpath				Hill Walking (Not known)
Man(55) - Subject fell. Dislocated knee. Patterdale 3, 1hr				
352	15191	4 November 17:00	Grizedale Forest	SD329927
Good. Good				Mountain Biking (Not known)
Man(29) - Mountain biker with suspected dislocated knee - the ambulance could not access the site so MRT evacuated rider to ambulance crew. Coniston 10, 2hr				

353 15219 5 November 12:15 Stickle Tarn, Gt Langdale NY289071
 Fresh/dry/broken cloud/cool/dull. Moderate loose footpath Hill Walking (Alone)
 Man(39) - Subject slipped while walking alone. Fractured right ankle.
 Kendal 2, 4hr; Langdale Ambleside 10, 2□ hr

354 15284 8 November 19:15 Combe Head, Glaramara NY248109
 Cloudy, cold and wet. Wet Hill Walking (Small party (2 to 5))
 Man(NK), Woman(NK) - Party of two became lost descending. Unable to locate path and returned
 toward Glaramara to follow Thorneythwaite track to Mountain View but couldn't find path so went to
 ground. Unhurt.
 Keswick 15, 3hr; SARDA (Lakes) 2, 3hr

355 15459 9 November 17:55 Red Pike, Buttermere NY172161
 Dry, clear, cold night. Dry Hill Walking (Small party (2 to 5))
 Man(71), Woman(53) - Party of 2 were reported overdue by the Bridge Hotel, Buttermere. They had
 been walking the High Crag to Red Pike ridge towards Scale Force. Unhurt.
 Cockermouth 17, 2hr

356 15285 11 November 16:22 Keswick - The Howrahs NY263253
 Not reported. Not reported Local Incident (Not known)
 Requested to assist the ambulance crew in the recovery - across some fields - of a subject who had
 collapsed. Assistance given with evacuation.
 Keswick 9, 1hr

357 15460 13 November 12:56 Scale Force, Crummock NY150173
 Windy, cloudy day. Wet and very slippery Hill Walking (Small party (2 to 5))
 Man(62) - Subject slipped and fell whilst walking around Mellbreak. Fractured left tibia and fibula.
 Cockermouth 22, 2□ hr; Great North AA Cumbria

358 15289 17 November 23:50 Wasdale NY209092
 Cold. Gentle footpath Hill Walking (Small party (2 to 5))
 Three Men(NK) - Party of 3 became lost and disorientated. Called for help on mobile phone. Found
 by MRT and escorted to their car. All unhurt.
 Wasdale 6, 1hr; Bolton 15, 1□ hr

359 15283 19 November 14:12 Pike O'Blisco NY273043
 Fresh/passing showers/clear/cool/dull. Steep wet footpath False Alarm Good Intent
 Shouts for help reported. Area investigated, nothing found. false alarm good intent.
 Langdale Ambleside 12, 1hr

360 15286 22 November 18:15 Cat Bells NY227163
 Strong/showers/cloudy/cold. Moderate wet gully slippery Hill Walking (Alone)
 Man(63) - Failed to return after half day walk. Said he would be back in 2 and a half hours. Located at
 head of the Newlands Valley by passing walkers - well out of search area. FATAL Cause not known
 at time of writing this report.
 Keswick 28, 21□ hr; Kirkby Stephen 9, 7hr; Duddon & Furness 7, 4hr; RAF Leeming 10, 7hr;
 Wasdale 21, 1hr; Cockermouth 24, 9□ hr; Penrith 8, 7hr; SARDA (England) 3, 7hr; SARDA (Lakes) 5,
 21□ hr; SARDA(Scotland) 2, 7hr; Boulmer SAR Helicopter

361 15461 23 November 15:35 Ling Comb NY166166
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Woman(NK) - Party of 2 walkers reported as lost on Ling Comb Edge. Two team members, with a
 search dog, located the couple close to Scale Bridge and escorted them to Buttermere. Unhurt.
 Cockermouth 2, 2□ hr; SARDA (Lakes) 1, 2□ hr

362 15427 23 November 18:45 Carlisle NY400560
Not reported. Not reported Search - Non-mountain (Alone)
Vulnerable (DAT) reported missing from home. Dog units stood down en route when subject located.
SARDA (Lakes) 1, □ hr

363 15309 25 November 13:15 River Greta NY290246
Light/broken cloud/cool/bright. Not reported Water Sport (all types) (Not known)
Woman(NK) - Kayaker 'unseated' from kayak, aggravated old injury (Oct 2005), continued kayaking
then had to stop. Right knee injury.
Keswick 15, 1 □ hr

364 15310 25 November 16:55 Glaramara NY250126
Not reported. Not reported Hill Walking (Not known)
Woman(NK) - Subject phoned in with knee injury but managed to get herself down to safety before
the team was deployed.
Keswick 19, □ hr

365 15394 25 November 17:19 Finsthwaite SD368882
Light/dry/clear/cold/dark. Moderate damp woodland Hill Walking (Small party (2 to 5))
Woman(40) - Subject missing after going for walk in High Dam area. Unhurt.
Duddon & Furness 20, 2hr

366 15292 26 November 13:55 Easedale - Codale Tarn NY310085
Calm/passing showers/broken cloud/cool/bright. Moderate Hill Walking (Not known)
Member of the public heard 'desperate' shouts for help in the area of Easedale or Codale Tarn.
Nothing found after investigation. May have been 'boulderers' encouraging each other. False alarm
good intent.
Langdale Ambleside 12, 1 □ hr; SARDA (Lakes) 2, 1 □ hr

367 15305 27 November 12:20 Wetherlam Edge SD315010
Good. Good Hill Walking
Report of flashlight seen on hillside. Nothing untoward found, believed false alarm good intent.
Coniston 12, 2hr

368 15306 28 November 17:06 Far End/ Yewdale Fells SD305984
Wet. Wet Hill Walking
Report of shouts heard on hillside. Nothing untoward found, believed false alarm good intent.
Coniston 11, 1hr

December

369 15311 1 December 07:00 Crag Hill, Eel Crag NY192205
Strong/showers/clear/mild/dull. Steep crag Hill Walking
Man(36) - Subject reported overdue and unattended car located. Subject found by helicopter;
appeared to have fallen about 200 ft, possibly as a result of the wind. FATAL Multiple injuries.
Keswick 18, 6hr; Cockermouth 17, 2 □ hr; RAF Leeming 1, 6hr; SARDA (Lakes) 7, 2 □ hr; Gannet
SAR Helicopter

370 15296 1 December 12:12 Stickle Tarn, Gt Langdale NY288075
Moderate/dry/clear/cool/bright. Moderate damp footpath slippery Hill Walking (Small party (2 to 5))
Woman(62) - Subject slipped on stones, in falling, landed on outstretched arm. Wrist fracture.
Langdale Ambleside 10, 2 □ hr

- 371 15297 1 December 15:50 Hag Ghyll, Troutbeck NY420059**
Moderate/dry/clear/cool/dusk. Gentle damp footpath slippery Hill Walking (Small party (2 to 5))
Man(50) - Subject slipped on wet path. Team was called, but the man was recovered to a farmhouse by farmer on quad-bike. Team applied splint in the warmth of farmhouse kitchen!. Ankle fracture/sprain.
Langdale Ambleside 9, 1hr
- 372 15314 13 December 22:00 Esk Hause, Allen Craggs NY236083**
Gale/heavy rain/poor/cold/dark. Moderate v wet footpath Hill Walking (Small party (2 to 5))
Three Men(39) - Party of 3 reported overdue; had left message on voicemail saying they were 'freezing' but OK and bivvying. Wife reported one of them as diabetic and concerned for welfare. Hypoglycaemic. Others unhurt.
Langdale Ambleside 13, 5□ hr; Keswick 6, 1hr; Wasdale 12, 1hr
- 373 15317 14 December 13:55 River Eden, Armathwaite NY514478**
Fresh/drizzle/low cloud/cool/dull. Fast flowing in-flood False Alarm Good Intent
Member of the public reported a capsized canoeist floating down stream holding onto upturned canoe. Nothing found up or down stream, no one reported overdue or missing and no unattended car located. Believed false alarm good intent.
Penrith 12, 2□ hr; Boulmer SAR Helicopter
- 374 15316 17 December 10:20 Cold Fell NY079130**
Fresh/dry/broken cloud/cold/bright. Gentle wet footpath Hill Walking (Small party (2 to 5))
Man(55) - Request to assist Ambulance Service. Subject reported to have collapsed on footpath 1/2 mile away from road. FATAL Heart attack.
Wasdale 17, 2hr
- 375 15358 17 December 15:38 Langstrath NY271126**
Calm/dry/clear/cool. Moderate wet footpath slippery Hill Walking (Not known)
Man(55) - Subject slipped while descending a steep bank. Managed to hobble (with help) much of the way back before being met by the team. Fractured ankle.
Keswick 20, 1□ hr
- 376 15318 17 December 22:28 River Eden, Langwathby NY564335**
Light/dry/clear/cold/dark. Gentle muddy bank river in spate Search - Non-mountain (Alone)
Woman(58) - Despondent reported missing; unattended car located and river searched in darkness. Subject found in serious condition but failed to respond to treatment. FATAL Hypothermia.
Penrith 14, 3□ hr; Lancashire Police Helicopter
- 377 15336 19 December 12:25 River Ehen, Egremont NY005083**
Hurricane/dry/clear/cool/bright. Level wet footpath Search - Non-mountain (Alone)
Woman(34) - Request from the Police to assist with local search for missing female. She was found in the river as the team were being briefed. The team recovered the body. FATAL Drowning.
Wasdale 20, 4□ hr
- 378 15462 19 December 15:53 Haycock NY135110**
Clear, sunny day. Not reported Mountain Biking (Small party (2 to 5))
Two Men(NK) - Two mountain bikers called the Police reporting themselves lost. The pair were given navigation instructions by a team member, and safely made their own way down. Unhurt.
Cockermouth 1, 3hr

- 379 15322 20 December 14:30 Silver Howe NY327062**
 Light/dry/hill fog/cold/dull. Moderate damp moorland slippery Hill Walking (Small party (2 to 5))
 Two Men(40) - Party phoned for help after becoming lost. Team mobilised, but men were talked down successfully. Both unhurt.
 Langdale Ambleside 3, 1hr
- 380 15335 21 December 17:30 Scalderskew, Blengdale NY086077**
 Light/dry/clear/cold. Moderate wet footpath Mountain Biking (Small party (2 to 5))
 Two Men(NK) - Party of 2 bikers set off from Wasdale to Ennerdale YHA. They became disorientated and ended up walking into Blengdale. Picked up by team vehicle at Scalderskew farm and taken to Ennerdale. Both unhurt.
 Wasdale 1, 3□ hr
- 381 15337 22 December 22:05 Wasdale NY186087**
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Two Men(NK) - Party of 2 reported overdue by relations in Halifax. Missing persons turned up as teams were setting out on the search. Both unhurt.
 Wasdale 21, 1hr; Keswick 6, 1□ hr; SARDA (Lakes) 1, 1hr
- 382 15324 23 December 10:40 Glassonby, Penrith NY591395**
 Calm/dry/cloudy/cold/dull. Undulating boggy farmland Search - Non-mountain (Alone)
 Woman(36) - Vulnerable (psychiatry problems) reported missing from home with very little clothing and footwear; cause for concern when letter found indicating intent to self-harm. Located safe and well. Unhurt.
 Penrith 25, 6□ hr; SARDA (Lakes) 7, 4hr; Boulmer SAR Helicopter
- 383 15463 24 December 17:08 Burnbank Fell, Loweswater NY100210**
 Thick mist and drizzle. Not reported Hill Walking (Alone)
 Woman(NK) - Subject became lost in thick mist and drizzle in the Burnbank Fell area near Loweswater. She phoned for help after dropping her map and compass. A team member talked her safely down. Unhurt.
 Cockermouth 1, 2hr
- 384 15349 24 December 17:45 Swirl How NY274005**
 Wet. Wet Hill Walking
 Man(50), Man(NK) - Two people reported missing in mist. Unhurt when located.
 Coniston 13, 4hr
- 385 15325 25 December 14:26 Alcock Tarn NY348077**
 Calm/dry/foggy/cold/dull. Moderate damp footpath slippery Hill Walking (Family group)
 Man(60) - Subject collapsed while walking with his family. CPR was attempted, but unsuccessful.
 FATAL Heart attack.
 Langdale Ambleside 6, 3hr; RAF Leeming 4, 3hr
- 386 15330 25 December 20:28 Bull Pot / County Pot, Cumbria SD662813**
 Misty. Frozen Cave/Mine Exploration (Small party)
 Man(NK) - Caver fell approx 10ft. Called to assist CRO with above ground evacuation for caving incident. CRO, UWSART & COMRU in attendance (approx 60 CR/MR persons total). Upper leg / pelvic fracture.
 Kendal 7, 11hr; Leconfield SAR Helicopter

- 387 15350 26 December 10:45 Wetherlam NY287011**
 Not reported. Not reported Hill Walking
 Two Men(NK) - Two people missing overnight in mist. Both unhurt.
 Coniston 9, 1hr
- 388 15331 26 December 12:30 Scout Scar, Kendal SD486919**
 Calm/dry/cloudy/freezing/dull. Steep damp scree slippery Hill Walking (Small party (2 to 5))
 Boy(5) - Mother & son walking dog. Dog jumped over cliff Son went to bottom to search. All out of
 sight of Mum, concerned so called Police. On arrival son appeared, team searched for dog. It was
 found injured & evacuated to safety.
 Kendal 11, 2hr
- 389 15338 26 December 15:05 Kirk Fell NY193113**
 Moderate/drizzle/hill fog/freezing/dark. Steep frozen gully Hill Walking (Small party (2 to 5))
 Man(53) - Subject slipped in icy conditions, fell into a gully. Treated on scene by team doctors then
 carried below cloud level and airlifted to hospital. FATAL Base of skull fracture, fracture right
 humerus, chest injury.
 Wasdale 26, 7□ hr; Cockermouth 14, 4□ hr; Gannet SAR Helicopter
- 390 15328 27 December 14:45 Bleaberry Knott, Pike O'Blisco NY283043**
 Light/snow/low cloud/cold/dusk. Moderate snow moorland Hill Walking (Winter) (Alone)
 Man(58) - Shouts for help heard by various people. Located lone walker with suspected lower leg
 fracture.
 Langdale Ambleside 13, 3□ hr; Kendal 7, 4hr
- 391 15395 27 December 14:46 Great Burney SD260858**
 Rain/dull. Moderate grassy footpath Local Incident (Alone)
 Man(22) - Following a 'domestic' incident, subject reported seen heading for Great Burney with beer
 and tablets. Stood down when incident dealt with by police. Alcohol intoxication, mild hypothermia.
 Duddon & Furness 13, □ hr
- 392 15329 27 December 17:00 Pike O'Blisco NY285045**
 Light/snow/low cloud/cold/dark. Moderate snow moorland Rescue Team Activity (SAR unit)
 Man(60) - Team member slipped on descent from rescue; hit rock as he fell about 20ft. Haematoma
 to thigh, felt faint and unwell.
 Langdale Ambleside 13, 1□ hr; Kendal 5, 1□ hr
- 393 15360 29 December 19:30 High Pike & Back 'O Skiddaw NY319349**
 Not reported. Not reported Fell Running (Not known)
 Man(47) - Runner (epileptic) reported overdue. Turned up just after team had deployed. Unhurt.
 Keswick 25, 1hr; SARDA (Lakes) 4, 1hr
- 394 15396 30 December 13:20 Hoad Hill, Ulverston SD294790**
 Fresh/clear/cool/dull. Moderate grassy footpath Hill Walking (Not known)
 Man(20) - Requested to assisting Air Ambulance with casualty evacuation. Leg injury.
 Duddon & Furness 16, □ hr; Great North AA Cumbria
- 395 15339 30 December 16:50 Great Gable NY211104**
 Strong/passing showers/poor/cold/dark. Steep snow Hill Walking (Small party (2 to 5))
 Two Men(29 & 23) - Party of 2 walkers became disorientated in cloud. Given directions by mobile
 phone and team sent out search groups to meet them. Turned up 5 hours later 10 miles away in the
 next valley. Unhurt.
 Wasdale 20, 5hr; Cockermouth 5, 1□ hr; SARDA (Lakes) 1, 3□ hr

396 15348 31 December 17:00 Easedale, Grasmere

NY285105

Storm/heavy rain/low cloud/cool/dusk. Moderate very wet

Hill Walking (Alone)

Man(60) - Subject reported overdue by wife at hotel in Grasmere. Man turned up in Borrowdale as team was deploying. He'd been unable to walk back into the wind. Unhurt.
Langdale Ambleside 9, 1hr

Editor's note on the Report Layout:

Line 1 contains the reference numbers, date and time, location and Ordnance Grid Reference of the incident.

Line 2 contains a brief description of the weather, and a similar description of the ground conditions. It ends with the activity of the person(s) involved and their group size if known. Line 3 onward contains the nature, and the outcome of the incident and any other relevant information.

Finally, the team(s) involved with the incident, together with other units deployed e.g. SAR helicopters and search dogs.

Abbreviations used - NK = not known, MRT = mountain rescue team, SAR search and rescue, GPS global positioning system, SARDA = Search and Rescue Dog Association, OPC = outdoor pursuit centre.

Lake District Mountain Accident Summary

Table 1a

		2000	2001	2002	2003	2004	2005	2006
Total incidents dealt with by Teams		358	231	337	351	391	395	396
Total numbers of casualties & uninjured		399	249	371	397	468	387	493
Climbing on Rock	Deaths	0	1	0	0	1	2	0
	Injured	9	4	7	4	8	4	1
Climbing on Snow/Ice	Deaths	0	0	0	0	0	0	0
	Injured	0	1	0	2	0	0	1
Fell Walking	Deaths	3	4	7	9	11	16	18
	Injured	169	75	141	131	159	155	144
Fell Walking on Snow/Ice	Deaths	0	2	1	1	1	1	0
	Injured	12	21	5	10	11	15	17
Fell Walking	Unhurt	160	103	148	158	182	133	221
Cragfast Climbers or Fellwalkers taken off	Unhurt	30	19	28	14	15	21	29
Ski-ing Accidents	Deaths	0	0	0	0	0	0	0
	Injured	0	0	0	0	0	0	0
Incidents other than mountain accidents	Deaths	2	7	6	3	28	3	8
	Injured	4	10	22	19	16	16	22
Accidents to Young People (18 yrs or under)	Deaths	0	0	2	0	0	0	2
	Injured	32	8	25	21	17	22	23
	Unhurt	21	20	29	21	31	12	38
TOTAL CASUALTIES (all causes)	Deaths	6	14	14	16	42	23	28
	Injured	201	125	189	188	212	206	202

OTHER DETAILS (7 YEARS 2000-2006)

Table 1b

		2000	2001	2002	2003	2004	2005	2006
Total Man/hrs involved on incidents for the year		20219	12242	16296	16795	20990	16441	24335
Total Team Callouts - incl. Incidents needing more than 1 team		473	313	435	438	548	517	565
SAR Aircraft involved		56	39	58	82	112	83	93
Rock Scrambling Incidents		2	2	4	7	6	4	5
	fatalities	0	0	0	1	0	0	1
Avalanche Incidents		1	0	0	0	0	0	1
Mountain Bike Casualties		8	6	8	10	10	7	6
Fell Running Casualties		4	1	6	2	2	4	2
	fatalities	0	0	0	1	0	0	1

Analysis Of Casualty Conditions

Table 2 □ Fatalities (figures revised from previous reports)

Year	Non-Mountain		Mountain Accidents		Total
	All Conditions	Medical	Trauma/Cold		
			Non-Winter	Winter	
1992	2	8	5	1	16
1993	6	14	5	2	27
1994	3	11	4	4	22
1995	4	7	7	3	21
1996	9	7	2	1	19
1997	0	6	5	0	11
1998	5	11	1	0	20
1999	1	11	6	0	18
2000	2	2	2	0	6
2001	7	5	1	1	14
2002	6	5	3	0	14
2003	3	10	1	0	15
2004	28	9	3	1	41
2005	3	10	9	1	23
2006	8	13	7	0	28

Notes: medical = heart attack, other medical causes or not reported

Table 3 - Injuries /Condition (figures revised from previous reports)

Year	Serious	Minor
1992	143	112
1993	135	107
1994	149	121
1995	109	123
1996	113	100
1997	142	103
1998	113	94
1999	96	82
2000	91	119
2001	59	66
2002	91	98
2003	82	106
2004	96	116
2005	97	109
2006	109	93

Notes: serious = 'detained in hospital for greater than 24 hours' □
 minor = not serious

Causes Of Incidents

The following table is the result of a search through all the reports for key words relating to the causes for calling out the Mountain Rescue Team(s). For example, the category Benighted will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one cause. A typical report will illustrate this:-

tripped on footpath whilst walking and fell 2 metres onto rocky ground

This will result in contributions to the trip/stumble and fall categories.

<i>Cause Of Incident</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>
Avalanche	0	0	0	0	0	0	0
Belay/Runner Failure	2	1	2	3	0	2	1
Benighted	12	7	8	37	19	6	34
Collapse	13	10	13	21	23	21	33
Cragfast	19	10	17	12	15	21	29
Exhaustion	2	3	1	4	8	3	3
Fall	59	49	83	90	88	78	79
In Difficulty	2	0	2	6	3	2	3
Lights Reported	2	7	5	7	8	17	7
Lost	35	23	33	53	73	44	113
Overdue	38	33	38	45	62	48	75
Separated	7	7	8	10	16	6	15
Severe Weather	8	2	1	1	18	2	2
Shouts Heard	3	2	2	0	4	0	4
Slip	102	67	93	72	106	97	93
Trip Or Stumble	8	8	12	20	13	14	19
Total No of Subjects	331	212	322	348	468	386	493

Table 4 - Causes of MR Incidents

Age Profiles of Subjects

The following table shows the ages of both male and female casualties (fatal, injured and unhurt).

Age (years)		2000	2001	2002	2003	2004	2005	2006
Not Reported	Male	35	24	31	53	82	54	82
	Female	24	8	21	16	17	15	38
	Total	59	32	52	69	99	69	120
1 - 10	Male	6	5	6	11	4	2	4
	Female	0	7	3	5	5	2	2
	Total	6	12	9	16	9	4	6
11 - 20	Male	37	13	25	22	39	31	44
	Female	23	6	28	6	13	9	28
	Total	60	19	53	28	52	40	72
21 - 30	Male	38	21	26	27	43	27	39
	Female	18	9	20	20	10	14	10
	Total	56	30	46	47	53	41	49
31 - 40	Male	27	17	32	33	35	25	35
	Female	14	10	10	25	20	18	12
	Total	41	27	42	58	55	43	47
41 - 50	Male	44	25	35	22	34	36	47
	Female	27	24	22	23	25	30	19
	Total	71	49	57	45	59	66	66
51 - 60	Male	26	25	32	22	38	34	42
	Female	21	27	37	14	29	31	23
	Total	47	52	69	36	67	65	65
61 - 70	Male	16	12	14	11	22	16	27
	Female	22	7	18	20	23	21	20
	Total	38	19	32	31	45	37	47
71 - 80	Male	10	3	6	8	14	11	11
	Female	5	2	4	8	7	5	6
	Total	15	5	10	16	21	16	17
81 +	Male	3	0	0	3	4	4	2
	Female	2	1	0	1	2	2	2
	Total	5	1	0	4	6	6	4
Totals	Male	242	145	207	212	316	240	333
	Female	156	101	163	138	152	147	160
	Total	398	246	370	350	468	387	493

Table 5 - Age Profiles of Subjects

Types Of Injury

The following table is the result of a search through all the reports for key words relating to types of injury or medical conditions. For example, the category Lacerations will include any word with 'lacerat-', 'cut-' and 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

Fracture/dislocation of the ankle, cuts to hands and knee

This will result in contributions to the fracture, dislocation and laceration categories.

<i>Condition/Injury</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>
Abrasion	2	4	1	1	1	3	2
Asthma	1	0	0	0	1	0	2
Bruising	6	2	4	4	2	7	4
Burns	0	0	0	0	0	0	0
Concussion	1	0	0	1	1	0	0
Cramp	1	0	0	2	0	1	0
Crush Injury	0	1	2	2	1	1	0
Diabetic	0	0	0	3	1	1	2
Dislocation	10	5	12	10	13	12	15
Epilepsy	3	1	1	0	2	2	3
Exhaustion	5	3	1	2	2	4	0
Exposure	4	0	0	1	1	0	0
Fractures	88	64	88	76	103	92	83
Heart Attack	7	5	7	10	8	7	10
Hypothermia	9	4	7	5	3	6	11
Illness	2	0	0	3	1	3	2
Lacerations	21	9	25	22	8	14	12
Ligament/Tendon Damage	6	3	6	0	3	1	3
Multiple Injuries	1	4	2	1	8	3	7
Shock	0	1	0	0	1	0	0
Sprain/Strain	9	4	6	9	4	3	5
Unconscious	4	3	2	0	0	1	1
Number Of Casualties	207	136	203	190	246	219	232

Table 6 - Types of Injury

Sites Of Injury

The following table is the result of a search through all the reports for key words relating to sites of injury or medical conditions. For example, the category Lower Leg will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

Fracture/dislocation of the ankle, cuts to hands and knee

This will result in contributions to the ankle, hands & wrist and knee categories.

<i>Site Of Injury</i>	<i>2000</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>
Abdomen	3	1	1	1	0	1	0
Ankle	59	27	49	48	73	40	45
Arm	8	10	17	9	5	11	10
Chest	9	7	12	4	10	12	12
Facial	5	3	3	3	0	7	5
Foot	2	1	1	2	1	2	1
Hand & Wrist	9	5	7	10	16	11	9
Head	25	14	19	23	20	21	17
Knee	16	12	19	18	15	8	18
Lower Leg	21	28	30	26	20	30	23
Neck	2	1	4	4	4	3	2
Pelvic Girdle	1	4	4	1	1	0	3
Shoulder Girdle	10	8	11	8	9	11	8
Spine	13	6	11	10	11	15	15
Upper Leg & Hip	3	4	8	3	2	4	5
Number Of Casualties	207	136	203	190	246	219	232

Table 7 - Sites of Injury

Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Richard Warren Tel 01946 62176 and Email rawarren@freenetname.co.uk

FOR RESCUE ASSISTANCE

- GO TO THE NEAREST TELEPHONE AND DIAL 999.
- ASK FOR 'MOUNTAIN RESCUE'.
- GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES - NAME & ADDRESS OF CASUALTY IF KNOWN.
- STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth Mountain Rescue Team

Hon. Sec.: Steve Brailey
14 Lime Tree Crescent, Cockermouth, Cumbria CA13 9HW
01900 827916 steve@cockermouthmrt.org.uk

Coniston Mountain Rescue Team

Hon. Sec.: Caroline Langdon
4 Ivy Cottages, Far End, Coniston, Cumbria LA21 8DE
015394 41462 caroline@broadgreen.prestel.co.uk

Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green
School House, Oulton, Wigton Cumbria, CA7 0NP
016973 42618 bernie.green@tiscali.co.uk

Duddon & Furness Mountain Rescue Team

Hon. Sec.: Tracey Binks
7 New Street, Broughton-in-Furness, Cumbria LA20 6DJ
01229 716952 tracey.binks@arrhouse.co.uk

Kendal Mountain Search and Rescue Team

Hon. Sec.: Pauline Speak
Kendal Mountain Rescue, Busher Walk, Kendal, Cumbria, LA9 4RH
01772 617071 pauline@theoldstablespr3.freeserve.co.uk

Keswick Mountain Rescue Team

Hon. Sec.: Paul Cheshire
Shorley Mews, Shorley Lane, Keswick, Cumbria
017687 75982 secretary@keswickmrt.org.uk

Kirkby Stephen Search and Mountain Rescue Team

Hon. Sec.: David Hicks
Ivy Hall, Raisbeck, Penrith, Cumbria, CA10 3SG
015396 24249 david.hicks@ivyhall.demon.co.uk

Langdale / Ambleside Mountain Rescue Team

Hon. Sec.: Lucy Noble
Lowfold, Lakes Road, Ambleside, Cumbria, LA22 0DN
015394 31760 noblelucy@hotmail.com

Patterdale Mountain Rescue Team

Hon. Sec.: XXX
XXX CA10 2JW
01768 XXX XX@XX

Penrith Mountain Rescue Team

Hon. Sec.: John Roelich
33 Moorville Drive South, Carlisle, Cumbria CA3 0AW
01228 584975 jproelich@wightcablenorth.net

Search and Rescue Dog Association SARDA (Lakes)

Hon. Sec.: Mick Guy
Lihmus, High Hill, Keswick, Cumbria, CA12 5PB
017687 72463 mickguy@sarda.demon.co.uk

Wasdale Mountain Rescue Team

Hon. Sec.: John Bamforth
26 Seascale Park, Seascale, Cumbria CA20 1NG
019467 28017 john.r.bamforth@aol.com

For further information about LDSAMRA and the MR Teams in the Lake District, try our web site on the Internet at <http://www.ldsamra.org.uk>

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

<i>Location :</i>	Gatesgarth Farm, Buttermere
<i>Grid Ref.:</i>	NY 194 149
<i>Supervisor:</i>	Cockermouth MRT Tel: 01900 827916

<i>Location :</i>	Ullswater Outward Bound Mountain School
<i>Grid Ref.:</i>	NY 438 213
<i>Supervisor:</i>	Ullswater OBMS Tel: 017684 86347

<i>Location :</i>	Wastwater Hotel, Wasdale Head
<i>Grid Ref.:</i>	NY 187 088
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

<i>Location :</i>	Dow Crag (at the foot of Abraham's B Buttress)
<i>Grid Ref.:</i>	SD 263 976
<i>Supervisor:</i>	Coniston MRT Tel: 015395 41242

<i>Location :</i>	Mickledore, Scafell (just below crest on Eskdale side)
<i>Grid Ref.:</i>	NY 210 068
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25314

<i>Location :</i>	Sty Head Pass
<i>Grid Ref.:</i>	NY 218 095
<i>Supervisor:</i>	Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

<i>Location :</i>	Howtown OA Centre, Martindale
<i>Grid Ref.:</i>	NY 444 197
<i>Supervisor:</i>	BRCS Cumbria c/o The Warden Tel: 017684 86208

<i>Location :</i>	YMCA National Centre, Lakeside
<i>Grid Ref.:</i>	SD 374 897
<i>Supervisor:</i>	YMCA Tel: 015395 31758

NOTE: All the above posts are in the area of the OS Lake District Tourist Map though not all are marked.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

1. if you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
2. if you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
3. if one of your party has become separated from the main party and you have made every effort to but have been unable to meet up again.
4. if you want to report having seen or heard any internationally recognised distress calls.
5. if you wish to notify someone of a change of plan (not a 999 call).

When not to use

1. Do not use the mobile phone at the 'first sign of trouble' be self-reliant if possible.
2. Do not rely solely on the mobile phone as a safety device; there are areas of poor or not reception ('dead areas').
3. The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location (Grid Ref. if possible)
Name, Sex and Age of Casualty.
Nature of Injuries or disability.
Number of people in party and intended destination.
THE NUMBER OF THE MOBILE PHONE IN USE.
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Lake District.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared.
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the above procedure again.

Advice To Those Using The Mountains & Fells

LIVE A LITTLE LONGER

British mountains can be killers if proper care is not taken. The following notes cover the minimum precautions if you want to avoid getting hurt or lost, and so inconveniencing or endangering others as well as yourselves.

Clothing

This should be colourful, warm, windproof and waterproof. Wear boots with moulded rubber soles, not shoes, trainers or wellingtons. Take a woollen cap, scarf, gloves and a spare jersey; it is always colder on the tops.

Food

In addition to the usual sandwiches, take chocolate, dried fruit, mintcake or similar sweet things, which restore energy quickly. If you don't need them yourself, someone else may. Becks on fells are drinkable if fast-running over stony beds. In warm weather, drink regularly

Equipment

This must include map, compass, and at least one reliable watch in the party. A whistle, torch and spare batteries and bulbs are essential. Use six blasts or flashes repeated at one-minute intervals to signal an emergency. In winter conditions, an ice axe, crampons and survival bag are essential. Climbers are all urged to wear helmets, especially in winter conditions.

Company

If in groups, make sure party leaders are experienced; do not leave one or two behind to rest and catch up later. Take special care of the youngest and weakest especially in dangerous places. If you prefer to go alone, be very careful at all times. Let people know your route at the start, and stick to it as far as you can.

Emergencies

Don't press on if conditions are against you - turn back even if it upsets your plan. Learn First Aid, and keep injured or exhausted people warm until help reaches you. Get a message to the Police for help as soon as possible, and report changes of route or timetable to them if someone is expecting you. The Police will do the rest.

Dangers which Can Always Be Avoided

□ until you know how to cope with them:

- Precipices
- Slopes of ice,
- steep snow,
- very steep grass (especially frozen),
- unstable boulders.
- Gullies and stream beds,
- streams / rivers in spate,
- snow cornices on ridges or gully tops,
- over-ambition,
- carelessness.

Dangers which may Surprise You

□ and should be guarded against:

- **Weather changes** – especially, mist, gale, rain or snow.
Get forecasts, and watch the sky in all quarters
- **Ice on paths**
Carry an ice-axe and wear crampons - know how to use them
- **Excessive cold or heat.**
Dress sensibly, and take spare clothing.
- **Incipient exhaustion.**
Know the signs; rest and keep warm.
- **Accident or illness.**
Don't panic. If you send for help, make sure that the rescuers know exactly where to come.
- **Flight of time.**
Learn your own pace. Plan your walk.
Allow double time in winter conditions.
- **Pride**
It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

JOHN BERNARD ANDERSON

Coniston MRT

STEVE BARBER (Deceased)

Kendal MSRT, LDSAMRA & MRC

ERIC BARRINGTON

Kendal MSRT & LDSAMRA

PETER BELL

Langdale/Ambleside MRT, Stretcher
Manufacturer

Sir CHRISTIAN BONINGTON

JOE BOOTHROYD (Deceased)

Patterdale & Penrith MRTs, LDSAMRA
& MRC

DUNCAN JAMES CAMERON

(Deceased) Coniston MRT

NELSON CLARK

Furness MRT

ROY COOKSEY

Coniston MRT

JIM COYLE BEM

Cockermouth MRT

SYDNEY H. CROSS MBE (Deceased)

Langdale Mountain Rescues

SNQ LDR LESTER DAVIES

(Deceased) O.B.M.S. Ullswater

GEORGE FISHER MBE (Deceased)

Keswick MRT

RICHARD FISHER

Keswick MR Team

MALCOLM GRINDROD

Langdale/Ambleside MRT & SARDA
(Lakes)

Mrs. ADA HILLARD

PAUL HORDER

Cockermouth & Keswick MRTs,
LDSAMRA & MRC

STEWART HULSE MBE

Langdale/Ambleside MRT, & MRC

PETER JACKSON MBE

Millom FRT

TOM MINTON (Deceased)

Kendal MSRT

JOHN MITCHELL

Millom FRT

MIKE MITCHELL

Kendal MSRT, COMRU & LDSAMRA

MIKE NIXON MBE

Keswick MRT

Dr. JAMES D OGILVIE (Deceased)

Patterdale MRT

DES OLIVER

Keswick MRT

BILL PATTISON MBE

Wasdale MRT

ROGER PUTNAM

O.B.M.S. Eskdale

JAMES BRYAN STILLING

Kendal MSRT, LDSAMRA & MRC

Lt. Col H. WESTMORELAND MBE

(Deceased) Keswick MRT

Fl. Lt. RICHARD WOOD

A Flight 202 Sqn RAF Boulmer

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation.

If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	Bank Account No:	81205617
Bank Code:	40-22-16		
Give As You Earn Reg.	No:004184		
Charity Commission Reg.	No:506349		

GIFT AID DECLARATION

Name of Charity: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

Registered Charity Number: 506349

Title □ □ . Forename □ □ □ □ □ □ Surname □ □ □ □ □ □ □ □ □ □ □ □ □ □

Address: □ □

.....

□ □ □ Postcode:..... □ .

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £□□□□□□□□
- The donation(s) of £ □ □ □ □ □ which I made on □ □ ../□ □ ../□ □ ..
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise

as Gift Aid donations.

Signed□ □ □ .. Date □ □ ../□ □ ../□ □ ..

-----✂-----

BANKERS ORDER

To: Bank
..... Address
..... Date

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words)

commencing (date of first payment)

and thereafter every (month/year)

until (date of last payment) and debit my/our account

accordingly.

Signed Date



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by

Cumbria Constabulary.



and

Cumbria Police Authority

