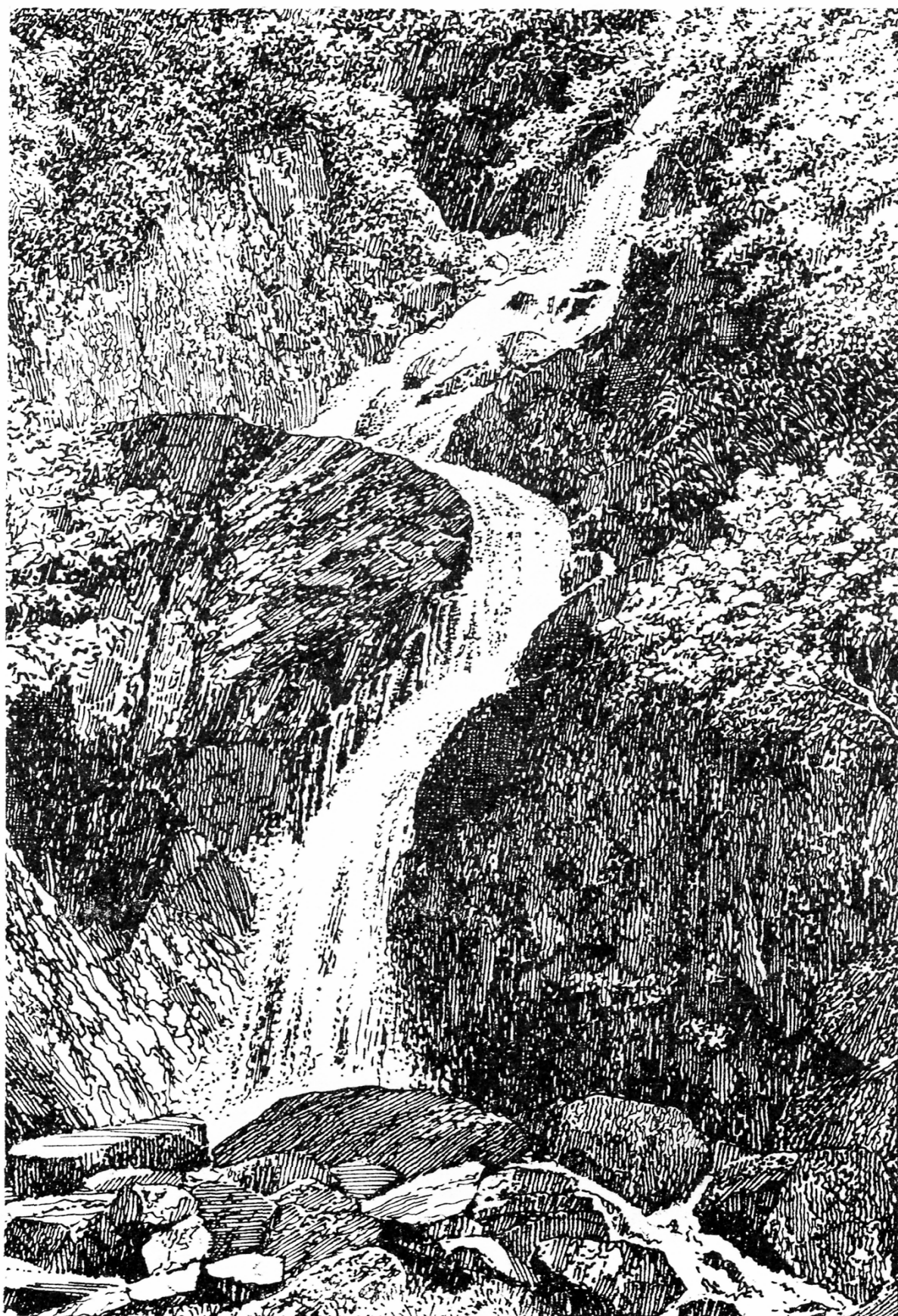


LAKE DISTRICT MOUNTAIN RESCUE ASSOCIATION MOUNTAIN ACCIDENTS 2007



*Dash Falls from 'Wainwright's Northern Fells' and reproduced
by courtesy of the Westmorland Gazette*

**This Report is issued by
the Lake District Search and Mountain Rescue Association
in the interests of all mountain users.**

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

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The charge is at cost price and helps us to meet the production charges of this
booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

CHAIRMAN'S REPORT FOR 2007

In 2007 there was, yet again, an increase in the number of incidents involving mountain rescue teams in the Lake District, with a total of 425 call-outs concerning 551 people. Wasdale Team, in particular, noted a rise in incidents, possibly due to the fact that the area was voted as the best view in Britain, by T.V. viewers. Due to the rise in the popularity of mountain biking, there was an increase in the number of cyclists requiring assistance, although for once there was a reduction in the number of fatalities on the fells. Rock scrambling is also proving to be an accident prone activity with six injured this year plus a fatality.

In 2006, LDSAMRA launched a poster campaign to raise awareness of the correct procedure to call for help in the mountains, i.e. dial 999, ask for Cumbria Police and then ask for mountain rescue. This campaign does seem to have been successful. In fact in some ways it has been too successful, as quite a number of people have called for assistance when lost, rather than when in difficulties.

Carrying a GPS and a mobile 'phone can be useful but these cannot replace a map and compass plus careful preparation and planning of the route. A torch and a whistle can also prove to be valuable items. The weather in the area can be very changeable and it is wise to listen to the weather forecast before setting out and then, if necessary, altering your plans. A pleasant summer walk in June, with long daylight hours can prove to be much more challenging in December. Mountains can be dangerous and therefore should be respected.

Referring to GPS systems, most Lakeland teams are now operating GPS microphones on their radios. These enable base personnel to plot the positions of team members on a computer map. If necessary information can then be given to direct rescuers to the casualty's position. They also give an accurate record of areas that have been searched. Much of the work in setting up these systems has been carried out by the Communications Sub-committee, under the direction of David Binks of Furness Team and Rob Brookes of Langdale.

In addition to the usual training, such as the Casualty Care Certificate, a number of teams, this year, have been involved in training for Swift Water Rescue, assisted by Dave Watkins and members from Patterdale. Likewise, with the new Government policy for Blue Light Driving, the Training Committee, with the assistance of Sergeant Malcolm Hodgson of the Cumbria Constabulary Driver Training Unit, has been active in addressing this issue. A number of teams have already undertaken the appropriate theory and practical sessions. Other training during the year included an equipment-checking course and a medical seminar held in conjunction with the International Commission for Alpine Rescue.

Although we are essentially a mountain rescue organization, because we are trained units, we are often involved in incidents peripheral to mountain rescue such as severe weather problems with flooding and snow, urban searches for vulnerable people and in 2007 teams were called to assist with the Grayrigg train derailment.

2007 marked the sixtieth anniversary of two of the Lake District teams, Coniston and Keswick, and celebrations were held to mark these occasions. Also this year, Jim Coyle, B.E.M. a long standing member of Cockermouth Team, stood down as Team Leader after thirty-eight years and Peter Jackson M.B.E. celebrated forty years as Team Leader of Furness. Both Jim and Peter continue to be active members of their respective teams.

Another notable event in 2007 was the decision of Prince William to become a Patron of Mountain Rescue England & Wales. It is an appropriate time to receive royal patronage as in 2008 mountain rescue celebrates its seventy-fifth anniversary.

To conclude my report as usual, I must thank all those organizations with whom we work and thank all the LDSAMRA officials for all their input during the past fifteen years of my chairmanship.

John Dempster, M.B.E.
Chairman.

January

- 001 15386 3 January 13:14 Latrigg NY281248**
Strong/rain. Moderate very wet footpath slippery Hill Walking (Not known)
Man(45) - Subject slipped on muddy footpath. Ankle injury.
Keswick 18, 2hr
- 002 15364 3 January 14:40 Killington New Bridge SD631922**
Fresh/heavy rain/low cloud/cool/dark. Moderate very wet Water Sport (all types)
Man(49) - Canoeist pinned in capsized canoe. Boat freed by fire brigade, occupant missing. Search
by 2 MRTs & SARDA dogs until 21.30. Resumed at first light on following day. Body found in river.
FATAL Drowning.
Kendal 26, 14hr; Cave Rescue Organisation 30, 14hr; SARDA (Lakes) 4, 14hr; Upper Wharfedale 2,
3½ hr; Bowland Pennine 18, 3½ hr; SARDA (England) 1, 5hr; Great North AA (Cumbria) ; Valley SAR
Helicopter
- 003 15397 4 January 16:00 High Stott Park, Finsthwaite SD377889**
Light/dry/clear/cool/dark. Gentle damp footpath slippery Hill Walking (Small party (2 to 5))
Man(35) - Subject slipped while walking. Fractured left ankle.
Duddon & Furness 22, 2hr
- 004 15387 6 January 14:58 Latrigg, Mallen Dodd NY276251**
Dry. Very wet footpath Hill Walking (Small party (2 to 5))
Woman(24) - Subject slipped on wet grass on footpath. Fractured ankle.
Keswick 15, 1½ hr
- 005 15388 6 January 18:04 Dale Head NY223137**
Not reported. Not reported Hill Walking (Small party (2 to 5))
Five Men (NK) - A party of 5 had failed to return and were reported overdue. They had no torches.
Located by the team on the road, having made their own way off to Buttermere. No injuries.
Keswick 14, 2hr; SARDA (Lakes) 2, 2hr
- 006 15362 7 January 16:08 Crinkle Crag (summit) NY248050**
Gale/heavy rain/low cloud/cool/dark. Undulating very wet Hill Walking (Small party (2 to 5))
Three Men (NK) - Party of 3 dialled 999 to report that they were lost. Team unable to make contact
despite repeated attempts. Reported as having tent. Walked out at 23.45 as search was being
organised. All unhurt.
Langdale Ambleside 2, 3hr
- 007 15363 7 January 18:15 Broad Crag (summit) NY218076**
Gale/heavy rain/low cloud/cool/dark. Undulating very wet Hill Walking (Large party (at least 10))
Five Men (NK) - Large party left one member behind when they left summit. 4 went back to look for
him. All were subsequently reported overdue at 18.15. Turned up safe and well in Gt Langdale. All
unhurt.
Langdale Ambleside 2, 2½ hr
- 008 16261 10 January 15:30 Horn Crag, Eskdale NY211048**
Light/dry/broken cloud/cool/bright. Moderate dry slope Search - Mountain (Not known)
Team called to investigate report of shouts and whistles. Thorough search revealed nothing, it was
later discovered the local foxhounds had been in the area. False alarm good intent.
Wasdale 25, 2½ hr; SARDA (Lakes) 1, 2½ hr

009 15526 12 January 00:30 Tilberthwaite Ghyll SD306009
 Good. Good Hill Walking (Alone)
 Man(31) - Suicide found by police, requested assistance recovering the body. FATAL Hanging.
 Coniston 10, 4hr

010 16392 12 January 14:15 Gowbarrow Fell, Ullswater NY415205
 Gale/heavy rain/hill fog/cold/dull. Moderate very wet footpath Hill Walking (Small party (2 to 5))
 Man(30), Woman(29) - A young couple became scared in bad weather and called for help. The team found the couple and led them to safety. No injuries.
 Patterdale 4, 1hr

011 15385 12 January 16:30 Far Easedale, Grasmere NY300100
 Gale/heavy rain/cloudy/cool/dark. Moderate very wet footpath Hill Walking (Alone)
 Man(19) - Subject went to ground after becoming cold and exhausted, and possibly out of his depth.
 Mild hypothermia and exhaustion.
 Langdale Ambleside 11, 3hr

012 16393 13 January 14:45 Helvellyn, Red Tarn NY353156
 Gale/heavy rain/hill fog/cold/dull. Steep very wet footpath Hill Walking (Small party (2 to 5))
 Woman(46) - Subject slipped in high winds. She was located with difficulty by search dog then evacuated from the fell and taken to hospital. Fractured ankle.
 Patterdale 12, 4¼ hr; Penrith 10, 4¼ hr; SARDA (Lakes) 1, 4¼ hr

013 15398 14 January 12:07 Orrest Head, Windermere SD414994
 Fresh/drizzle/broken cloud/cold/bright. Moderate grassy Hill Walking (Family group)
 Woman(65) - Subject slipped and heard ankle 'crack'. Poor footwear probable cause. Ankle fracture.
 Langdale Ambleside 12, 2hr

014 16490 19 January 17:38 High Crag - Gatesgarth NY184137
 Cold, cloudy afternoon/evening. Dry, snow and ice above Hill Walking (Winter)
 Man(56), Woman(48) - Two fellwalkers from Oxford were descending on the High Crag to Gatesgarth when one fell 100m down a snow/ice slope. His companion became cragfast on craggy and icy ground. No injuries reported.
 Cockermouth 21, 3¼ hr

015 15469 19 January 17:39 Crinkle Crag, Long Top NY248047
 Storm/heavy rain/low cloud/cold/dark. Undulating rough ridge Hill Walking (Small party (2 to 5))
 Two Men (43, 41) - Despite knowing their location by GPS, the party were unable to locate their way off Crinkle Crag, unusual form of 'lost'. The possible complication of one being insulin dependant diabetic didn't materialise. No injuries.
 Langdale Ambleside 8, 4½ hr; Keswick 6, 1hr

016 15491 20 January 15:09 Wetheral, Carlisle NY468546
 NW-light/fine/clear/cold/bright. Gentle bank firm Local Incident (Alone)
 Police request team assist in dealing with an incident where a railway viaduct crossed the river Eden.
 Body recovered down stream by fire and rescue service, stood down on scene.
 Penrith 12, 1¼ hr

017 15517 22 January 10:30 Gummers Howe SD390885
 Calm/dry/clear/freezing/starlight. Moderate frozen crag Search - Non-mountain (Alone)
 Woman(31) - Subject reported missing from home; located by Police helicopter with FLIR (forward looking Infra-red). SARDA and Kendal teams gave treatment and evacuated to county ambulance at the roadside. Diagnosed as drugs overdose, hypothermia.

Kendal 20, 4hr; SARDA (Lakes) 8, 4hr; Lancashire Police Helicopter

018 16272 27 January 20:44 Netherbeck NY150087
Moderate/heavy rain/poor/cold/dark. Moderate wet track Hill Walking (Alone)
Woman(NK) - Subject became lost in darkness and bad weather. She was found by search dog on path and escorted off the fell. Given accomodation with team member and taken back to her car in Buttermere next day. Unhurt.
Wasdale 13, 4hr; SARDA (Lakes) 1, 4hr

019 16273 30 January 13:10 Wasdale, 'Corridor Route' NY221090
Light/dry/clear/cold/bright. Moderate rough track slippery Hill Walking (Small party (2 to 5))
Man(32) - Subject stumbled and fell on path. Fracture to ankle.
Wasdale 20, 4½ hr

February

020 15533 1 February 11:40 Beacon Tarn NY276905
Misty. Wet Hill Walking (Large Party)
Boy(17) - Subject fell while running down hill and injured leg. Laceration to knee.
Coniston 7, 3hr

021 15534 3 February 11:15 Grizedale Forest NY342944
Fine. Fine Mountain Biking (Small party (2 to 5))
Man(30) - Rider fell off bike on North Face route. Compound open fracture of lower leg.
Coniston 9, 2hr

022 15531 3 February 15:36 Stickle Barn, Gt Langdale NY292065
Calm/dry/clear/freezing/bright. Moderate rough slippery Hill Walking (Small party (2 to 5))
Woman(50) - Woman slipped on rock slab, injuring her knee. Dislocated knee.
Langdale Ambleside 5, 1hr; RAF Valley 3, 1hr

023 15532 3 February 16:49 Rest Ghyll, Crinkle Crag NY244051
Light/dry/clear/freezing/moonlight. Moderate frozen ridge Hill Walking (Small party (2 to 5))
Man & Woman(both 30) - Party went to ground after woman became distressed about position, and impending darkness. They were only able to give location as 'Crinkle Crag'. No torch. No injuries when located.
Langdale Ambleside 15, 6½ hr; RAF Valley 8, 6½ hr; SARDA (Lakes) 5, 6½ hr; Boulmer SAR Helicopter

024 15790 3 February 17:15 Murton Fell, N Pennines NY775254
Clear dry bright. Firm Hill Walking (Small party (2 to 5))
Man & Woman(65, 55) - Party became lost; darkness was imminent and they had no torches. They walked into an Army exercise and were escorted to safety by the Army. Both unharmed.
Kirkby Stephen 18, 3¾ hr; SARDA (Lakes) 2, 3¾ hr

025 15535 5 February 14:49 Scaw Crag, Grasmere NY327076
Calm/dry/clear/freezing/bright. Moderate frozen footpath Hill Walking (Not known)
Woman(70) - Subject slipped on frozen path. Fractured lower leg.
Langdale Ambleside 13, 2hr

026 15726 7 February 12:27 Blencathra, Sharp Edge NY326284
Cold crisp clear sky. Frosty Rock Scrambling (Small party)
Woman & Man(both 40) - While scrambling along narrow ridge, subject was overcome by fear and became cragfast. Unharmed and roped to safety.

Keswick 11, 4hr

027 15541 7 February 16:37 Blake Rigg NY294036
Calm/dry/clear/freezing/dusk. Moderate frozen slippery Hill Walking (Not known)
Man(58) - Man slipped on icy path. Fractured ankle.
Langdale Ambleside 11, 2½ hr

028 15798 8 February 12:20 Barnscar SD151967
Light/fine/clear/cold/bright. Gentle frozen moorland Hill Walking (Not known)
Man(62) - Subject had fallen forward while walking. Dealt with by air ambulance before arrival of team.
Fractured cervical spine.
Duddon & Furness 14, 1¼ hr; Great North AA (Cumbria)

029 15727 8 February 19:29 Coledale Hause NY189213
Not reported. Not reported Hill Walking
Boy(16) - Subject was evacuated by the Air Ambulance, suffering from hypothermia after spending
the night out, no reason given. Hypothermia.
Keswick 11, 1hr; Great North AA (Cumbria)

030 16491 10 February 12:53 Scale Force, Buttermere NY152174
Rain, sleet, cold. Icy Hill Walking (Winter) (Small party)
Woman(63) - Subject slipped over on icy ground near Scale Force. She was stretchered back through
Mosedale to an ambulance at Loweswater. Fractured left humerus.
Cockermouth 30, 2½ hr

031 15728 10 February 14:46 Brund Fell NY263164
Not reported. Frozen path Hill Walking (Not known)
Woman(71) - Subject slipped on the frozen path and injured her back. She was assisted by the Air
Ambulance and 5 RAF MRT members who were also in the area. Twisted back.
Keswick 22, 1½ hr; Great North AA (Cumbria)

032 15832 14 February 16:20 Tilberthwaite Ghyll NY304009
Fine. Rough Hill Walking (Not known)
Woman(50) - Subject slipped on wet grass. Fracture of left ankle.
Coniston 13, 2hr

033 15631 16 February 15:04 Stickle Ghyll, Gt Langdale NY291068
Calm/dry/clear/mild/bright. Moderate damp slippery footpath Rock Scrambling (Medium party)
Woman(40) - Subject had jumped into ghyll and was reported as having fractured both ankles. Team
couldn't find her.
Langdale Ambleside 12, 1hr

034 15729 18 February 12:40 Blencathra, Halls Fell NY327273
Calm/dry/clear/mild/bright. Steep rough gully slippery Hill Walking (Not known)
Man(63) - Subject fell 200ft from the ridge. He was airlifted to hospital where he was pronounced
dead. FATAL Severe head trauma.
Keswick 11, 3¼ hr; Penrith 1, 3¼ hr; Boulmer SAR Helicopter

035 15730 18 February 13:52 Watendlath - Dock Tarn NY272149
Calm/dry/clear/mild/bright. Gentle dry track Hill Walking (Not known)
Man(63) - Subject slipped. He was airlifted by Air Ambulance to hospital. Lower left leg, back pain.
Keswick 9, 2hr; Great North AA (Cumbria)

- 036 15632 18 February 15:10 Oak Howe, Gt Langdale NY308056**
 Calm/dry/clear/mild/bright. Gentle damp footpath Hill Walking (Family group)
 Man(NK) - Subject taken ill while walking, believed chest pains. Ambulance called, paramedic asked for team backup. Helimed 08 sent as well. Angina attack.
 Langdale Ambleside 10, 1½ hr; North West AA (Blackpool)
- 037 16264 19 February 19:30 Piers Gill, Wasdale NY211082**
 Moderate/rain/hill fog/cool/dark. Overhanging very wet gully Hill Walking (Family group)
 Man(NK), Woman(NK), Two Boys (5, 1) - Party became lost, strayed into Piers Gill and were unable to proceed either up or down. Quickly located by team but evacuation took a long time because of difficult ground. No injuries.
 Wasdale 20, 9hr; Keswick 22, 6½ hr; SARDA (Lakes) 5, 9hr; Duddon & Furness 15, 3hr
- 038 15714 20 February 18:35 Sadgill Wood, Longsleddale NY480055**
 Calm/dry/clear/cool/dark. Steep grassy woodland Local Incident (Alone)
 Man(83) - Elderly tenant farmer fell whilst inspecting woodland. Found by members of his own family. Minor bruising to ankle and shoulder. Concern about existing cardiac condition and mild hypothermia. Bruising to right ankle, elbow & shoulder.
 Kendal 19, 3½ hr; Boulmer SAR Helicopter
- 039 15719 23 February 20:59 High Raise NY281059**
 Calm/passing showers/low cloud/mild/dark. Moderate grassy Hill Walking (Small party (2 to 5))
 Two Men(both 51) - Party of two reported themselves as lost near 'monument' on Helm Crag. Eventually located on summit of High Raise. 'Monument' was trig. point!. No injuries, accompanied off the fell.
 Langdale Ambleside 10, 9½ hr; Coniston 13, 7¼ hr
- 040 15725 23 February 21:00 Grayrigg, Kendal SD573960**
 Calm/passing showers/clear/cool/dark. Moderate muddy bank Local Incident
 Following a train derailment on the main line, major incident declared. Chief tasks were stretchering casualties to waiting helicopters and searching surrounding fields for 'walk-aways'. On board were 111 passengers and 4 crew, 65 were injured, five seriously. There was one fatality. Some of the injured were airlifted to Preston and Lancaster hospitals, the remainder to other local unit.
 Kendal 41, 15hr; Penrith 18, 6½ hr; Cave Rescue Organisation 16, 2½ hr; Langdale Ambleside 19, 6½ hr; Kirkby Stephen 15, 7¼ hr; SARDA (Lakes) 3, 6½ hr; Keswick 15, 4½ hr; Cockermouth 1, 6hr; Duddon & Furness 13, 5½ hr; Bowland Pennine 29, 5½ hr; Patterdale 5, 5 hr.
- 041 16395 24 February 15:00 Helvellyn, Swirral Edge NY346153**
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Man(33) - Subject suffered a knee injury while walking on Swirral Edge. Team members sent to assist in helping him off the hillside. Right knee injury.
 Patterdale 3, 1hr
- 042 15718 24 February 16:00 Crossfell, N Pennines NY675378**
 SW-light/drizzle/hill fog/mild/dark. Moderate moorland wet Hill Walking (Small party (2 to 5))
 Man(58), Woman(28) - Party reported themselves lost in hill fog while descending from summit plateau. Located by helicopter during a clearance in the weather conditions. No injuries.
 Penrith 14, 7hr; Gannet SAR Helicopter

March

043 16493 1 March 14:00 High Crag, Buttermere NY181145
Wet, hail. Slippery Animal Rescue
Three sheep stuck on High Crag, Buttermere. Successfully recovered in rain, hail and darkness.
Cockermouth 7, 3hr

044 15783 2 March 14:57 Scaw Crag, Grasmere NY327076
Calm/dry/clear/cool/bright. Moderate damp footpath slippery Hill Walking (Alone)
Man(57) - Subject slipped and heard ankle 'crack'. Unable to bear any weight. Ankle fracture.
Langdale Ambleside 13, 1¼ hr

045 16396 3 March 15:00 Eagle Crag, Grisedale NY357142
Light/dry/clear/cool/bright. Steep loose crag Animal Rescue
Sheep reported cragfast. Retrieved without loss or injury.
Patterdale 3, 1hr

046 16626 3 March 16:00 The Hows SD236992
Fine/clear/dull. Moderate very wet slippery Hill Walking (Not known)
Woman(65) - Subject had slipped and injured leg. Fractured ankle.
Duddon & Furness 9, 2hr

047 15784 3 March 18:00 Dove Crag (Summit) NY375104
Strong/dry/clear/cold/moonlight. Moderate damp slippery Hill Walking (Small party (2 to 5))
Four Women(31) - Subject suffered knee injury, and unable to walk. Initial call went through to team
out of county. Woman located, treated and carried off. Other 3 in party cold and tired. Assisted off.
Knee injury.
Langdale Ambleside 14, 6hr; Kendal 3, 5hr

048 15785 3 March 18:25 Gunson Knott NY249051
Strong/dry/low cloud/cool/dark. Moderate damp slippery Hill Walking (Small party (2 to 5))
Two Men(NK) - Party of two unable to find route on Crinkle Crag. Not sure which hill they were on.
Located on Gunson Knott. Unharmred.
Langdale Ambleside 3, 8hr; Kendal 4, 8hr

049 15720 3 March 19:50 Stuthwaite Nook, Dufton NY714262
N-light/dry/clear/cold/moonlight. Gentle moorland dry Hill Walking (Alone)
Man(NK) - Subject reported overdue on walk to High Cup Nick, had not returned as planned. Delayed
and torch failed. Advised how to get off the hill, which he did but failed to notify the police as advised
to do. Unhurt.
Penrith 1, 2hr

050 16494 7 March 14:14 Bowness Knott, Ennerdale NY110152
Not reported. Not reported. Search - Mountain (Alone)
Man(NK) - Search for potential suicide, Bowness Knott. Found by the Police safe and well at his
mother's address.
Cockermouth 5, ¼ hr

051 16263 7 March 14:20 Lingmell Gill NY196074
Calm/fine/clear/cool/bright. Gentle damp gully Hill Walking (Small party (2 to 5))
Woman(62) - Subject collapsed with severe chest pains. Unfortunately she died before team arrived
on scene. FATAL Heart attack.
Wasdale 21, 3hr

- 052 16262 7 March 18:45 Scafell Pike NY217072**
 Light/fine/low cloud/cool/bright. Moderate boggy footpath Hill Walking (Small party (2 to 5))
 Man(NK) - Subject became separated from companion on Scafell Pike in cloud. Turned up safely in
 Eskdale as search parties were setting out.
 Wasdale 12, 1hr; Keswick 1, 1hr; SARDA (Lakes) 1, 1hr
- 053 15788 8 March 20:30 Low Pike, Fairfield NY374075**
 Strong/passing showers/broken cloud/cold/dark. Moderate Hill Walking (Alone)
 Man(62) - Subject became benighted after torch battery failed. He had no compass. Unhurt when
 located.
 Langdale Ambleside 10, 2½ hr
- 054 16495 9 March 14:00 Melbreak NY145198**
 Not reported. Not reported. Animal Rescue
 A sheep was stuck on crags on Melbreak. It was rescued safely from the crag.
 Cockermouth 1, 2hr
- 055 15834 12 March 13:00 Water Yeat SD277896**
 Fine. Wet Hill Walking (Small party (2 to 5))
 Man(NK) - Subject collapsed while walking. FATAL Heart attack.
 Coniston 9, 1¼ hr; North West AA (Blackpool)
- 056 16397 12 March 13:37 Glencoyne Park, Ullswater NY390208**
 Strong/rain/cloudy/cold/dull. Moderate frozen slope slippery Hill Walking (Winter) (Medium party)
 Woman(71) - Subject slipped on snow. She was stretchered from fellside to waiting ambulance.
 Fractured ankle.
 Patterdale 12, 2hr
- 057 16265 17 March 16:20 Lingmell col NY210076**
 Strong/rain/low cloud/cool/dull. Moderate rough footpath Hill Walking (Large party (at least 10))
 Nine Men(NK), Two Women(NK) - Party of 7 students became disorientated in cloud. They met
 another party of 4 who were also lost and then called for assistance because they were cold. Quickly
 located and accompanied down. Dislocated knuckle right hand reduced.
 Wasdale 24, 5hr; SARDA (Lakes) 1, 5hr
- 058 15845 18 March 12:00 Arnside Knott SD534772**
 Not reported. Not reported Local Incident (Not known)
 Report of unconscious woman on Hutton Roof & that air ambulance on route. After Team dispatched,
 was told that the incident was at Arnside Knott (11km west) and a local GP was on scene. Confirmed
 MR not required to attend.
 Kendal 12, ½ hr; North West AA (Blackpool)
- 059 16496 18 March 18:00 High Stile, Buttermere NY168147**
 Cold and wintry. Wet icy Hill Walking (Winter) (Small party (2
 Two Men(NK) - Two walkers were reported benighted on High Stile, Buttermere in poor weather. They
 spent the night in a tent and descended to Bowness Knott in Ennerdale, where they were met by a
 team member and transported to their vehicle. Unhurt.
 Cockermouth 2, 2hr
- 060 15841 21 March 13:47 Jackdaw Crag, Grasmere NY327088**
 Calm/fine/clear/mild/bright. Steep loose slope slippery Rock Climbing (Small party (2 to 5))
 Man(18) - Climber fell 7 m to base of the crag while being lowered off. Climbing equipment being used
 appeared to have worked loose. Fracture T8 + T9, chest, abdominal, leg and arm injuries. No head
 injury!!.

Langdale Ambleside 12, 2¼ hr; Boulmer SAR Helicopter

061 16133 25 March 17:13 Low Water Beck SD273993
Fair. Rough and steep Hill Walking (Small party (2 to 5))
Man(26) - Subject slipped on grass. Sprained ankle.
Coniston 15, 2hr

062 15849 26 March 12:15 Castley, Sedbergh SD646963
Calm/dry/clear/warm/bright. Level dry track Hill Walking (Small party (2 to 5))
Woman(49) - Subject slipped on wet rocks whilst crossing a stream. Fractured left ankle.
Kendal 14, 3hr

063 15850 27 March 13:31 High Raise NY278097
Light/dry/clear/mild/bright. Moderate dry slope Hill Walking (Small party (2 to 5))
Man(46) - Subject unable to continue walk due to severe groin pain. Deep vein thrombosis.
Keswick 9, 1¾ hr; Great North AA (Cumbria)

064 15868 28 March 16:10 Todd Crag, Loughrigg NY360040
Calm/dry/clear/mild/bright. Level grassy moorland Hill Walking (Small party (2 to 5))
Two Women(NK) - Party lost path and panicked. Managed to spot another walker in the distance and got help back to path. Team started to look for them because we couldn't re-contact them by mobile phone. No injuries.
Langdale Ambleside 8, ¾ hr

065 15889 31 March 13:00 Glenderaterra Beck NY296278
Light/dry/clear/mild/bright. Undulating firm track Mountain Biking (Not known)
Man(50) - Rider fell from his bike. Fractured elbow.
Keswick 9, 1hr

April

066 15882 2 April 14:07 Silver How NY324065
Calm/dry/clear/warm/bright. Moderate grassy moorland Hill Walking (Family group)
Man(54) - Subject slipped while descending and heard ankle 'crack'. Much pain. Fractured tibia and fibula.
Langdale Ambleside 17, 2¼ hr; Kendal 6, 3hr

067 16497 3 April 18:54 Setmurthy Woods, Cockermouth NY166314
Dry. Dry Mountain Biking (Not known)
Man(22) - Called to assist the Ambulance service. Subject had fallen from his mountain bike in off-road location. Fractured T6 spinal vertebra.
Cockermouth 21, 1¼ hr

068 15890 3 April 20:40 Fawe Park, Borrowdale NY254226
Cold, clear and dry. Dry Search - Non-mountain (Alone)
Woman(77) - Vulnerable (DAT) reported missing from Nursing Home in Keswick. Cold, with minor cuts, bruises and scratches.
Keswick 13, 5hr; Cockermouth 18, 5hr; SARDA (Lakes) 6, 5hr; Lancashire Police Helicopter

069 15921 4 April 15:45 Riggindale, Haweswater NY452117
Clear sunny. Dry firm Animal Rescue
Member of the public reported hearing what were described as dog 'yelps' and other sounds of distress. Approximate location given. Agreed to investigate. Two fox hound located in the area and

another one seen on the local road. Established that a number of dogs were reported missing from a local foxhound pack that had been out that day.
Penrith 3, 3hr

070 15910 5 April 13:30 Upper Dungeon Ghyll NY280072
Calm/dry/clear/mild/bright. Vertical loose gully slippery Rock Scrambling (Small party)

Man(64) - Subject hit by rockfall, causing serious leg injury. Open fracture left lower leg.
Langdale Ambleside 16, 4½ hr; Boulmer SAR Helicopter

071 15911 5 April 22:38 Raven Crag, Langdale NY285064
Calm/dry/clear/mild/moonlight. Vertical firm crag Rock Climbing

Lights reported 'flashing' from high on the crag. Nothing seen on investigation by team members - false alarm good intent.
Langdale Ambleside 3, 1hr

072 15931 7 April 13:55 Lingy Bank, Rosthwaite NY248153
Dry. Dry Mountain Biking (Alone)

Boy(14) - Mountain biker crashed on steep grass track on descent to Rosthwaite. Fractured tibia and fibula.
Keswick 11, 1¾ hr

073 15927 7 April 14:32 Gamblemire Lane, Underbarrow SD489931
Calm/dry/clear/warm/bright. Level dry footpath Hill Walking (Small party (2 to 5))

Man(37) - Subject jumped off a wall and landed badly. Fractured right ankle.
Kendal 8, 1hr

074 15922 8 April 11:47 Gillcambon Tarn, Greystoke NY405326
W-light/dry/clear/warm/bright. Undulating moorland boggy Motor Sport (Organised event)

Man(41) - Rider was driving a quad bike out of a steep depression when the machine reared up and 'flipped' over backward trapping the subject and causing extensive injuries. Chest injuries including pneumothorax, fractured right tibia and fibula, facial lacerations.
Penrith 7, 1¼ hr; Great North AA (Cumbria)

075 15929 8 April 18:30 Watendlath NY273157
Dry clear sky. Very dry Local Incident

Team called to assist Cumbria Fire & Rescue Service and National Trust workers in dealing with a large fellside fire covering approx 3 sq km. Other team called in to assist, but not eventually needed when fire extinguished.
Keswick 20, 2½ hr; Cockermouth 18, 2½ hr

076 16266 8 April 19:29 Wasdale Screes NY 15009
Fresh/dry/cloudy/cool/dark. Steep damp crag slippery Hill Walking (Alone)

Man(40) - Subject descended Wasdale Screes by wrong route and became cragfast. Wife watching from car park, called for help. Assisted down by team using local knowledge of very difficult area.
Dislocated knuckle on right hand.
Wasdale 21, 3hr

077 17199 8 April 21:35 Tarn Hows, Coniston NY330000
Not reported. Not reported Search - Non-mountain (Alone)

Young boy (13 yrs) reported missing after wandering off. Child turned up safe and well at house.
SARDA (Lakes) 1, ½ hr

078 15920 9 April 13:30 Esk Hause NY237081
 Fresh/drizzle/low cloud/cold/dull. Moderate damp footpath Hill Walking (Not known)
 Boy(13) - Subject collapsed from existing medical condition, exertion and conditions. Hypothermia,
 hypoglycaemia, reduced consciousness, exhaustion.
 Langdale Ambleside 15, 5hr; Valley SAR Helicopter

079 16240 9 April 15:45 Claife Heights SD384975
 Fine windy. Damp greasy Hill Walking (Small party (2 to 5))
 Woman(67) - Subject slipped on grass. Damage to right wrist.
 Coniston 13, 2¼ hr

080 16398 11 April 14:00 St Sunday Crag NY364134
 Calm/dry/clear/mild/bright. Steep firm crag Hill Walking (Family group)
 Man(46) - Subject collapsed while out with his sons. Heart attack.
 Patterdale 10, 2½ hr; Great North AA (Cumbria) ; Boulmer SAR Helicopter

081 16498 12 April 15:38 Dent Fell, Ennerdale NY041128
 Dry sunny day. Dry Search - Mountain (Alone)
 Man(19) - Walker on the Coast to Coast walk was reported overdue. His last known location was Dent
 Fell. He was located unharmed in Grasmere.
 Cockermouth 6, 1¾ hr

082 16499 12 April 18:53 Slatefell, Cockermouth NY143303
 Dry, sunny day. Dry Hill Walking (Alone)
 Man(65) - Walker collapsed on Slatefell, above Annfield Farm. He was treated at the scene,
 stretchered down to a waiting ambulance, and taken to West Cumberland Hospital. Hypoglycaemia.
 Cockermouth 25, 1hr

083 17200 12 April 19:05 Tilberthwaite NY305020
 Not reported. Not reported Search - Non-mountain (Alone)
 Female (62 yrs) reported missing after separating from husband during walk. Found safe and well on
 road by police on van patrol.
 SARDA (Lakes) 1, ½ hr

084 16241 15 April 10:50 Hodge Close Quarry NY317017
 Fine and dry. Dry Water Sport (all types)
 Woman(22) - Subject (diver) was descending ladder into Hodge Close Quarry carrying cylinders on
 her back when she fell and injured her head and back. Head and spinal injuries.
 Coniston 12, 2½ hr

085 15928 15 April 15:20 Catbells NY246216
 Calm/dry/clear/hot/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
 Woman(57) - Subject tripped or slipped. Fractured tibia and fibula.
 Keswick 12, 1hr; Great North AA (Cumbria)

086 15930 15 April 22:45 Surprise View, Borrowdale NY267188
 Dry. Very dry Local Incident
 Requested to assist Cumbria Fire & Rescue Service fighting a fire burning on the crags below
 Surprise View. An area of some 50/60 sq. m. was burning. Team provided safe rope access to fire
 service personnel and MRT members on the crags.
 Keswick 14, 2½ hr

087 16500 16 April 19:30 Red Pike, Buttermere NY160154
 Dry, clear evening. Dry Hill Walking (Small party (2 to 5))
 Man(64) - Subject became separated from his companion near the summit of Red Pike. He was later reported overdue by the companion at Buttermere. As the team were mobilising the overdue walker turned up safe and well at Gatesgarth.
 Cockermouth 2, 1¼ hr

088 16267 16 April 20:15 Bell Stand, Eskdale NY164008
 Light/dry/clear/warm/dusk. Vertical dry crag Rock Climbing (Alone)
 Man(44) - Solo rock climber fell 15m sustaining multiple injuries. Carried down to the road and taken to hospital by ambulance. Fractured ribs, pneumothorax, fractured left ankle, head laceration, multiple bruising.
 Wasdale 27, 2hr

089 16399 17 April 14:01 High Street NY441111
 Calm/drizzle/broken cloud/mild/bright. Moderate rough footpath Hill Walking (Small party (2 to 5))
 Man(73) - Subject fell while walking. Head injury.
 Patterdale 8, 1hr; Great North AA (Cumbria)

090 15934 17 April 20:30 Great Gable, Westmorland Crag NY211102
 Dry. Dry Hill Walking (Small party (2 to 5))
 Boy(17), Three Men(31, 18, 22) - Party of 4 persons reported as cragfast. All were brought to safety and escorted from Styhead to Seathwaite. No injuries.
 Keswick 9, 4¼ hr; Wasdale 10, 4¼ hr

091 15935 19 April 12:30 Skiddaw NY260286
 Misty. Not reported Hill Walking (Not known)
 Two Men(NK) - Party reported themselves lost in mist. They were talked down by mobile phone and met on their way down by a team member. Unharmed.
 Keswick 2, 1½ hr

092 16400 22 April 16:00 Red Screes, Kirkstone NY393092
 Light/dry/cloudy/mild/dull. Moderate dry footpath Search - Mountain (Alone)
 Man(NK) - Subject reported overdue from walk. Team just starting search from Kirkstone Inn when the man turned up safe and well.
 Patterdale 10, 1hr

093 16401 22 April 22:00 Priest Hole, Dove Crag NY375111
 Light/dry/cloudy/cool/dark. Steep rough crag Search - Mountain
 Reports of lights on fellside. Team turned out to investigate and confirmed that a group was camping overnight at Priest Hole.
 Patterdale 4, 1hr

094 16402 24 April 15:00 Buck Crag, Bannerdale NY423141
 Not reported. Not reported Search - Mountain
 Report of red flare being seen towards Buck Crag area. This report was phoned in to the police by two different people and from different locations. Team drove to Hayeswater Dam and Kirkstone, Nothing found.
 Patterdale 4, 1¼ hr

095 16403 24 April 16:40 Hallin Fell, Ullswater NY433193
 Light/dry/clear/mild/bright. Moderate dry footpath Hill Walking (School/Youth group)
 Girl(12) - Subject on outdoor course slipped and banged her head. Serious head injury.
 Patterdale 12, 1¾ hr

096 16274 25 April 12:05 Great Gable (Summit) NY211103
 Strong/passing showers/poor/cool. Moderate rough Hill Walking (Small party (2 to 5))
 Man(73) - Subject collapsed while walking. Carried down to cloud level and flown off the hill by RAF
 helicopter. FATAL Heart attack.
 Wasdale 23, 5hr; Boulmer SAR Helicopter

097 16026 25 April 18:09 Ullock Pike - Longside Edge NY241294
 Calm/dry/clear/warm/bright. Moderate dry ridge Hill Walking (Alone)
 Man(39) - Subject reported as exhausted and unable to continue due to a medical condition and
 suffered a panic attack. No injuries.
 Keswick 15, 2¼ hr

098 16404 25 April 18:22 Helvellyn, East Gully NY345150
 Strong/dry/low cloud/cool/dull. Steep loose gully Hill Walking (Small party (2 to 5))
 Woman(30), Man(30) - Subject fell into East Gully after loosing the path, then her husband fell trying
 to get to her. Fractured leg.
 Patterdale 15, 5¼ hr; Penrith 13, 5¼ hr; Valley SAR Helicopter

099 15945 26 April 12:35 Loughrigg, Ivy Crag NY355040
 Calm/dry/clear/warm/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Man(58) - Subject slipped while walking. Strained leg ligament (hamstring).
 Langdale Ambleside 5, 2hr; Kendal 12, 2hr

100 16275 28 April 12:00 Muncaster Castle Grounds SD099960
 Calm/dry/clear/mild/bright. Gentle grassy woodland Local Incident (Small party (2 to 5))
 Woman(78) - Subject slipped while looking at bluebells, unable to walk. Stretchered to waiting
 ambulance. Fractured ankle.
 Wasdale 10, 2½ hr

101 16276 28 April 12:40 Great Gable NY215096
 Calm/dry/clear/mild/bright. Moderate rough scree Hill Walking (Small party (2 to 5))
 Man(37) - Subject took tumbling fall. Deep laceration to right lower leg.
 Wasdale 12, 1½ hr; Keswick 3, 2hr; Gannet SAR Helicopter

102 16277 28 April 15:45 Great Gable NY206100
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Man(73) - Subject slipped while descending scree. Cuts and abrasions.
 Wasdale 22, 5hr; Keswick 2, 5hr

103 16278 28 April 22:00 Eskdale NY195010
 Not reported. Not reported Hill Walking (Large party (at least 10))
 Fourteen Men(NK) - Party of 14 reported as overdue fellwalkers somewhere between Langdale and
 Wasdale. All located unhurt in Eskdale.
 Wasdale 11, 1hr; Langdale Ambleside 5, 2hr

104 16405 29 April 14:10 Silver Point, Ullswater NY397182
 Calm/dry/clear/hot/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
 Woman(63) - Subject fell and injured her wrist. Her husband took her to hospital in own car.
 Fractured wrist.
 Patterdale 9, 1hr

105 16406 30 April 12:50 Sandwich Bay, Ullswater NY425199
 Calm/dry/clear/hot/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
 Man(48) - Subject taken ill with chest pains on lake shore path. Rest of the party were transported by team to their cars. Heart attack.
 Patterdale 10, 1hr; Great North AA (Cumbria)

May

106 16027 1 May 13:19 Cat Ghyll, Borrowdale NY275208
 Sunny breezy. Dry Hill Walking (Small party (2 to 5))
 Woman(53) - Subject slipped on loose stones. Head lacerations.
 Keswick 13, 1hr

107 16501 2 May 13:03 Ling Crag, Crummock NY156182
 Dry, sunny, warm day. Dry Hill Walking (Large party (at least 10))
 Man(86) - Subject tumbled whilst walking near Ling Crag, Crummock. His walking companions organised a boat to take him across the lake to where the team and an ambulance were waiting for him. Laceration to head.
 Cockermouth 22, 1¼ hr

108 16407 3 May 16:00 Grisedale NY375158
 Calm/dry/clear/hot/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Woman(30) - Subject tripped on path. After evacuation, she was taken by her husband to hospital. Ankle injury.
 Patterdale 11, 2½ hr

109 15955 3 May 22:45 Rossett Ghyll, Gt Langdale NY255074
 Light/dry/clear/cool/dark. Moderate dry footpath Hill Walking (Not known)
 Man(NK) - Subject sustained re-occurrence of old tendon injury. Tried to self-evacuate, but needed help. Tendon strain.
 Langdale Ambleside 16, 4hr

110 16279 4 May 14:15 Scafell, Broad Stand NY205068
 Light/dry/low cloud/mild/dull. Vertical rough crag Hill Walking (Small party (2 to 5))
 Man(59) - Subject slipped and fell while descending Broad Stand. FATAL Massive head injury.
 Wasdale 23, 6hr; Great North AA (Cumbria) ; Boulmer SAR Helicopter

111 16408 4 May 16:05 Helvellyn, Red Tarn Outflow NY357155
 Calm/dry/clear/mild/bright. Moderate dry footpath Fell Running (Alone)
 Man(21) - Lone fell-runner injured ankle on Swirral Edge. He managed to get down to tarn. Fractured ankle.
 Patterdale 1, 1½ hr; Boulmer SAR Helicopter

112 15956 5 May 19:56 Middlefell Buttress, Gt Langdale NY284064
 Light/dry/clear/cool/dusk. Steep loose gully slippery Rock Scrambling (Small party)
 Girl(17), Boy(17) - Group of four set off to explore from National Trust campsite. They ascended gully and were hit by rockfall. Open skull fracture, injuries to her hand and arm. The other was unhurt.
 Langdale Ambleside 16, 3½ hr; Valley SAR Helicopter

113 16280 7 May 17:20 Wasdale Screes, Great Gully NY150037
 Moderate/passing showers/hill fog/mild/dull. Vertical wet gully Hill Walking (Alone)
 Man(34) - Subject took wrong descent route and became cragfast. Team abseiled in and lowered the subject 100m to safe ground. Unharmmed.
 Wasdale 17, 4½ hr

114 16503 8 May 07:19 Bowness Knott, Ennerdale NY109155
 Rain. Wet Search - Mountain (Alone)
 Man(67) - Subject was reported missing, when his car was located at Bowness Knott. A search of tracks and forest areas was carried out overnight without result. A body was found the following morning by a team member in the forest near Bowness Knott. FATAL Suicide.
 Cockermouth 25, 10½ hr; SARDA (Lakes) 7, 5hr; Lancashire Police Helicopter

115 15977 8 May 15:50 Far Easedale, Grasmere NY309097
 Calm/dry/clear/cool/bright. Moderate dry footpath Hill Walking (Alone)
 Man(63) - Subject was reported as in difficulty by passing walker. Found to be making slow progress after sustaining minor leg injury.
 Langdale Ambleside 3, 2hr

116 16037 11 May 12:55 Lining Crag NY287105
 Misty. Not reported Hill Walking (Not known)
 Woman(NK) - Subject slipped on descent. Unspecified lower leg injury.
 Keswick 14, 1hr

117 16019 11 May 15:05 Welter Crag, Haweswater NY473135
 Warm dry fresh. Wet narrow footpath Hill Walking (Small party (2 to 5))
 Man(63) - Subject, doing Coast to Coast, slipped while crossing beck, landing on his back on rocks. Attempted to continue but the discomfort was too great. Fractured ribs.
 Penrith 11, 1½ hr; Boulmer SAR Helicopter

118 16242 12 May 12:45 Holme Fell NY315011
 Showers. Damp Hill Walking (Small party (2 to 5))
 Man(74) - Subject collapsed with chest pains. FATAL Heart attack.
 Coniston 1, 2hr; North West AA (Blackpool)

119 16038 12 May 14:30 Castlerigg Fell NY288208
 Not reported. Not reported Hill Walking (Not known)
 Man(19) - Subject tumbled down hill, hitting head and knees in the process. Cuts to head and knees.
 Keswick 1, 1¼ hr; Great North AA (Cumbria)

120 15988 13 May 16:30 Stickle Tarn - Codale col NY293085
 Calm/drizzle/clear/mild/bright. Steep very wet footpath slippery Hill Walking (Medium party (6 to 9))
 Woman(53) - Subject slipped while walking with group. Ankle fracture.
 Langdale Ambleside 13, 4¼ hr; Kendal 1, 4¼ hr; Rossendale & Pendle 2, 4¼ hr

121 16281 14 May 11:45 Eskdale NY139994
 Not reported. Not reported Occupational (Alone)
 Man(NK) - Local farmer injured after falling off quad bike. Injuries not known.
 Wasdale 23, 1hr; Great North AA (Cumbria)

122 16409 14 May 15:45 Silver Point, Ullswater NY393183
 Light/fine/cloudy/cool/dull. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Woman(76) - Subject tripped while walking shore path. Fractured ankle.
 Patterdale 12, 1¾ hr

123 16282 14 May 16:48 Muncaster Fell NY111984
 Light/dry/clear/mild/bright. Moderate dry moorland Hill Walking (Small party (2 to 5))
 Man(73) - Subject became separated from her daughter. Located in nearby village after short search.
 Unhurt.
 Wasdale 22, 2½ hr; Duddon & Furness 19, 2½ hr; SARDA (Lakes) 6, 2½ hr

124 16504 14 May 18:42 Innominate Tarn, Haystacks NY197129
 Dry. Damp Hill Walking (Alone)
 Man(72) - Subject was reported with a calf muscle injury. He was carried from the scene and taken to Buttermere YHA, where he was staying the night. Lower leg soft tissue injury.
 Cockermouth 29, 2½ hr

125 16039 15 May 17:07 Whinlatter Forest NY208245
 Not reported. Not reported Hill Walking
 Two Men(NK) - Party of 2 phoned in to say they were lost. The mobile phone signal was poor and little information could be gleaned. Called off search when they turned up in Keswick!. No injuries.
 Keswick 15, ¾ hr

126 16410 15 May 17:30 Helvellyn, 'Hole in the Wall' NY358154
 Light/dry/clear/cool/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
 Man(18) - Subject tripped and injured ankle on top of Helvellyn. He managed with help to get down to the tarn. After evacuation, he was taken to hospital by his mother en route home. Ankle injury.
 Patterdale 16, 3hr

127 16020 17 May 16:15 Upper Dungeon Ghyll, Gt Langdale NY280072
 Light/dry/clear/mild/bright. Moderate damp footpath Hill Walking (Medium party (6 to 9))
 Man(52) - Subject unable to move because of a panic attack. Unable to continue. Given gentle encouragement and assisted down. Unharmmed.
 Langdale Ambleside 14, 2½ hr

128 16628 19 May 16:15 Dunnerdale Fells SD205921
 Light/fine/clear/dull. Not reported Orienteering (Organised event)
 Man(50) - Orienteer had fallen and unable to continue. Fractured ankle.
 Duddon & Furness 9, 1¾ hr

129 16505 20 May 13:00 Tarn Crag, Floutern Tarn NY122168
 Fine weather. Dry Animal Rescue
 Two sheep were reported stuck on local crags. They were recovered safely.
 Cockermouth 3, 2hr

130 16629 20 May 17:30 Walna Scar Road, Dunnerdale SD248963
 Not reported. Moderate footpath Hill Walking (Family group)
 Woman(70) - Subject collapsed and unable to continue. FATAL Heart attack.
 Duddon & Furness 16, 2hr

131 16506 21 May 12:07 Scarth Gap NY187147
 Dry and sunny. Dry Hill Walking (Small party (2 to 5))
 Man(73) - Subject was reported collapsed ill whilst walking on a path. He was evacuated by stretcher to the valley and then taken by an air ambulance to hospital. Diabetes.
 Cockermouth 25, 1hr; Great North AA (Cumbria)

132 16040 21 May 15:00 Cat Bells NY248210
 Fine. Dry Hill Walking (Not known)
 Woman(59) - Subject tripped while descending. Lower leg injury.
 Keswick 10, 1½ hr

133 16041 22 May 13:27 Stonethwaite, Borrowdale NY268133
 Dry bright. Dry Hill Walking (Not known)
 Man(39) - Subject collapsed and tumbled down an embankment. Facial injuries, caused during epileptic seizure.
 Keswick 17, 1¼ hr

- 134 16042 23 May 16:36 Greenup Edge NY205185**
 Overcast windy. Dry Hill Walking (Not known)
 A party walking the Coast to Coast encountered a lone walker who appeared out of his element. Concerned, they contacted us. Two members flew over the area in a helicopter which was training in the area but nothing was found.
 Keswick 9, 1hr; Boulmer SAR Helicopter
- 135 16117 23 May 19:45 Crossfell, N Pennines NY697339**
 Low cloud mild. Firm damp Hill Walking (Alone)
 Man(50) - Subject reported himself disorientated and lost in low cloud while walking from Dufton to Garrigill along the Pennine Way. He had a GPS but it was set to Lat / Long, and may not have known how to use it. Unhurt when located.
 Penrith 7, 1hr; Kirkby Stephen 13, 1hr
- 136 16058 23 May 20:56 Bowfell, Gt Langdale NY240071**
 SW-fresh/drizzle/hill fog/cool/dusk. Moderate moorland damp Hill Walking (D of E) (Not known)
 Two Girls(15), Boy(15) - Party became disoriented and were reported overdue by teachers. Party later contacted teachers to say they didn't know where they were, but were making their way down. Unharmed when located.
 Langdale Ambleside 17, 3¼ hr
- 137 16507 25 May 12:20 Scarth Gap, Buttermere NY187147**
 Sunny, bright day. Wet in places Hill Walking (Small party (2 to 5))
 Woman(56) - Subject sustained a head injury while walking. The casualty had recovered and walked in to Buttermere as the Team were on their way to the incident.
 Cockermouth 18, 1hr
- 138 16059 26 May 15:43 Bright Beck, Gt Langdale NY288080**
 SW-light/dry/clear/mild/bright. Moderate moorland dry Hill Walking (Medium party (6 to 9))
 Two Men(50, 71) - First subject slipped and fell short distance. Second subject also injured trying to prevent 1st from falling. Scalp wounds.
 Langdale Ambleside 16, 2¾ hr; Kendal 9, hr
- 139 16283 26 May 17:25 Upper Eskdale NY229069**
 Light/dry/hill fog/mild/dull. Gentle grassy moorland Hill Walking (Small party (2 to 5))
 Man(NK) - Subject taken ill while walking, had suffered adverse reaction to medication. Treated on scene and flown by air ambulance to hospital.
 Wasdale 18, 4½ hr; Great North AA (Cumbria)
- 140 16060 26 May 17:49 New Dungeon Ghyll Hotel, Langdale NY295065**
 SW-calm/dry/clear/mild/bright. Gentle footpath dry Local Incident (Family group)
 Boy(4) - Finishing up from previous job at car park. Approached by family seeking aid for a child who had trapped his finger in a door, severing the top. An ambulance was requested, but a delay was reported so the team treated him and took him to hospital. Traumatic amputation top from finger.
 Langdale Ambleside 3, 3¼ hr
- 141 16065 28 May 12:48 How Farm - Bassenthwaite Flats NY246243**
 Good. Not reported Hill Walking (Not known)
 Man(60) - Requested to assist ambulance crew with the recovery of a casualty; cause of accident not reported. Ankle injury.
 Keswick 8, ½ hr

142 16061 28 May 14:36 Lower Scout Crag, Gt Langdale NY295065
 SW-calm/dry/clear/mild/bright. Vertical crag rough Rock Climbing (Small party (2 to 5))
 Man(40) - Subject was climbing for the first time for years with new kit, hit the ground when he fell and
 stripped his runners. Head, neck, ankle, wrist fractures.
 Langdale Ambleside 14, 2hr; Great North AA (Cumbria)

143 16118 30 May 12:45 Askham Fell, Penrith NY497230
 Light SE/fine/mild. Firm level Pony Trekking (Organised event)
 Woman(49) - Rider suffered recurrence of back problem while cantering, no other injuries.
 Compression injury of lumbar spine, soft tissue injury.
 Penrith 10, 3hr

144 16066 30 May 16:12 Dalehead Tarn NY231154
 Drizzle, low cloud. Wet Hill Walking (Not known)
 Woman(54) - Subject stumbled on wet rocks. Large scalp wound.
 Keswick 17, 2¾ hr; Gannet SAR Helicopter

145 16067 30 May 17:10 Thorneythwaite Fell NY251132
 Good. Moderate footpath wet, slippery Hill Walking (Not known)
 Woman(50) - Subject slipped on wet ground. Fractured tibia and fibula.
 Keswick 8, 2hr; Gannet SAR Helicopter

146 16068 30 May 17:20 Ullscarf - High Raise NY293114
 Rain. Gentle moorland wet Hill Walking (Alone)
 Man(41) - Subject lost in mist. Unhurt when located and led to safety.
 Keswick 5, 2½ hr

147 16508 31 May 15:00 Lanthwaite Woods, Crummock NY151212
 Sunny periods, dry. Dry Hill Walking (Not known)
 Woman(34) - Assisted the ambulance service in the evacuation of subject with an ankle injury. She
 was carried by Team members to a waiting ambulance and taken to hospital. Left ankle injury.
 Cockermouth 15, ¾ hr

148 16069 31 May 15:38 Honister - Haystacks NY224136
 Not reported. Undulating footpath Hill Walking (Family group)
 Boy(14) - Son became separated from his parents. Other walkers reported seeing him on Scarth Gap.
 Parents scoured area and roads. Family reunited at Honister YH. Unharmed.
 Keswick 8, 1hr; Cockermouth 9, 1hr

June

149 16244 1 June 18:45 Walna Scar Road SD270965
 Good. Not reported Hill Walking (Not known)
 Man(76) - Subject reported missing. Located safe and well.
 Coniston 5, 1hr

150 16243 2 June 15:30 Grizedale Forest SD344976
 Sunny warm. Dry Hill Walking (Small party (2 to 5))
 Man(43) - Subject fell from mountain bike. Injury to right shoulder and head.
 Coniston 11, 1¾ hr

151 16411 3 June 13:51 Dollywagon Pike NY346131
 Light/dry/clear/mild/bright. Steep dry footpath Hill Walking (Small party (2 to 5))
 Party of two called police saying they were on Dollywagon Pike. Phone contact dropped out. Team
 called to do search. Party found safe and well; the report was for a rucksack they had seen and
 thought someone had fallen.

Patterdale 16, 1hr; Cockermouth 1, 1hr

152 16095 4 June 13:03 Grisedale Pike NY202226

Light/dry/clear/warm/bright. Steep footpath dry Hill Walking (Small party (2 to 5))
Woman(42) - Subject (MS sufferer) unable to continue walk; she said she 'ran out of legs' after walking for 2 days. Exhaustion.
Keswick 13, 2¼ hr

153 16103 6 June 08:50 Stickle Tarn, Gt Langdale NY287075

S-calm/fine/clear/hot/bright. Steep footpath loose, slippery Hill Walking (Medium party (6 to 9))
Woman(22) - Subject had sustained injury previous day but camped as planned overnight, but was unable to bear her own weight in the morning. Sprained ankle.
Langdale Ambleside 9, 3hr; Kendal 7, 3hr

154 16245 6 June 14:25 Monk Coniston SD323955

Good. Good Hill Walking (Not known)
Woman(57) - Subject reported suffering from breathing difficulties and unable to continue.
Coniston 2, ½ hr

155 16096 7 June 16:10 Rosthwaite - Watendlath NY262195

Light/dry/clear/warm/bright. Moderate footpath loose, slippery Hill Walking (Small party (2 to 5))
Woman(65) - Subject slipped on a loose footpath. Fractured ankle.
Keswick 23, 2¾ hr

156 16102 8 June 16:18 Ruddy Gill NY231090

Light/dry/clear/warm. Steep footpath Hill Walking (Not known)
Woman(50) - Subject slipped crossing stream, falling on to right elbow. Shoulder injury.
Keswick 15, 2½ hr; Great North AA (Cumbria)

157 16104 8 June 22:30 Raven Crag, Gt Langdale NY285065

S-calm/dry/clear/warm/dusk. Overhanging crag dry Rock Climbing (Small party (2 to 5))
Lights reported from campsite. Informant disappeared. Investigation found only two climbers packing up after having been on crag at time of call. No problems and descended by headtorch.
Langdale Ambleside 2, 1hr

158 16125 9 June 15:35 Scout Scar (viewpoint) SD487919

Calm/dry/clear/hot/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
Woman(81) - Assisted the ambulance service to evacuate elderly subject with significant leg injury. Fracture to neck of right femur.
Kendal 10, 1½ hr

159 16135 10 June 13:50 Coledale NY228230

Dry/clear/warm/bright. Moderate footpath dry Hill Walking (Not known)
Man(65) - Subject slipped on gravel-covered track. Lower leg fracture.
Keswick 15, 1hr

160 16284 11 June 00:04 Ill Crag NY223075

Not reported. Not reported Hill Walking (Organised event)
Group of 14 doing the 3 Peaks Challenge became separated and called for assistance. No further contact with the group possible. It appears they walked off unaided but failed to inform anyone.
Wasdale 1, 12hr

161	16136	11 June 12:00	Great End	NY227085
Not reported. Not reported				Animal Rescue
Sheep reported as cragfast. Retrieved without loss or injury.				
Keswick 7, 4hr				
162	16137	11 June 16:40	Friars Crag, Derwentwater	NY263222
Not reported. Not reported				Local Incident (Not known)
Woman(50) - Subject fell off cliff edge. Head and spine injuries.				
Keswick 13, 1hr; Great North AA (Cumbria)				
163	16116	12 June 01:25	Great Ormside, Appleby	NY688180
Light showers, lightning. Damp muddy footpath				Local Incident (Large party)
Woman(41) - Subject slipped / fell 3 ft into ditch crossing a sleeper bridge while returning to accommodation after night of drinking. Spinal injury.				
Kirkby Stephen 13, 3¼ hr; SARDA (Lakes) 1, 3¼ hr				
164	16246	12 June 18:45	Black Sails	NY283007
Heavy cloud, cloud base 500m. Wet				Hill Walking (Small party (2 to 5))
Woman(57), Man(NK) - Party lost due to navigational difficulty. Located safe and well.				
Coniston 14, 2¾ hr				
165	16108	13 June 13:55	Loughrigg Terrace, Grasmere	NY344054
SW-light/rain/broken cloud/mild/bright. Moderate track damp,				Mountain Biking (Small party (2 to 5))
Man(24) - Mountain biker fell off bike. Climbed back up on to track and sat on bench. Complained of head and back pain. Found to have crushed spinal vertabrae.				
Langdale Ambleside 14, 1½ hr				
166	16285	14 June 12:15	Wasdale Screes	NY153046
Moderate/drizzle/poor/mild. Moderate rough footpath				Hill Walking (Small party (2 to 5))
Man(75) - Subject took tumble fall on scree, unable to walk without discomfort. Bruised ribs.				
Wasdale 18, 2½ hr				
167	16126	15 June 12:33	Cartmel, Cumbria	SD370790
Light/drizzle. Not reported				Local Incident (Alone)
Man(62) - Subject reported missing from home since 07:15. Reported as being diagnosed with cancer and having left home to self harm. Subject located as Team en route, and evacuated by ambulance.				
Condition not reported.				
Kendal 14, 1hr; Duddon & Furness 3, 1hr; SARDA (Lakes) 1, 1hr				
168	16286	15 June 19:30	Burnmoor	NY184055
Not reported. Not reported				Animal Rescue
Assisted local farmer to search for missing cow. The cow was later found deceased in nearby gully.				
Wasdale 4, 3hr				
169	16138	16 June 12:22	Blencathra, Sharp Edge	NY326283
Cool blustery. Not reported				Rock Scrambling (Not known)
Man(43) - Subject stumbled while scrambling. Dislocated shoulder.				
Keswick 18, 2hr; Gannet SAR Helicopter				
170	16127	16 June 14:45	Sedbergh	SD660928
Light/dry/clear. Moderate dry moorland				Hill Walking
Woman(61) - Subject slipped and injured her leg. Closed fracture right ankle.				
Kendal 11, 3hr				

171 16269 17 June 17:00 Illgill Head, 'Broken Rib' NY154042
Light/dry/clear/mild/bright. Steep loose scree slippery Hill Walking (Small party (2 to 5))
Man(31 & NK), Three Women(NK) - Party of 5 attempted to climb Wastwater Screes, became
cragfast 25 metres below ridge. Assisted to the top and walked off. No injuries.
Wasdale 24, 4hr

172 16247 19 June 17:15 Levers Hause SD272995
Overcast. Not reported Hill Walking (Not known)
Two Women(25 & 22), Two Men(22 & 23) - Party reported as lost due to navigational difficulty. No
injuries.
Coniston 13, 2¾ hr

173 16516 20 June 15:00 Tarn Crag, Floutern Tarn NY122168
Fine, but cloudy. Not reported Animal Rescue
A sheep became stuck on Tarn Crag. It was successfully rescued by 2 team members.
Cockermouth 2, 2hr

174 16248 23 June 15:55 Tom Gill SD323998
Dry. Dry Hill Walking (Small party (2 to 5))
Woman(55) - Subject slipped. Injury to right ankle.
Coniston 11, 1¼ hr; Duddon & Furness 1, 1½ hr

175 16414 24 June 15:00 Helvellyn, Striding Edge NY352150
Fresh/dry/cloudy/cool. Steep dry ridge Hill Walking (Small party (2 to 5))
Man(49), Woman(NK) - First subject fell and fractured ankle, second subject cragfast due to being
frightened of heights. First airlifted to hospital and team roped second person to safety. Fractured
ankle, other unhurt.
Patterdale 11, 2¼ hr; Boulmer SAR Helicopter

176 16270 24 June 17:45 Scafell Pike NY216071
Fresh/passing showers/clear/cool/dusk. Level rough footpath Hill Walking (Small party (2 to 5))
Man(47) - Subject damaged his knee and was unable to walk off. Team attended but used RAF
helicopter to evacuate for medical attention. Knee ligament damage.
Wasdale 18, 4hr; Duddon & Furness 14, 2¼ hr; Boulmer SAR Helicopter

July

177 16271 1 July 00:00 Little Narrowcove NY221071
Moderate/heavy rain/hill fog/cool/dark. Steep loose scree Hill Walking (Small party (2 to 5))
Three Men(NK) - Party became disorientated in thick cloud and darkness. One collapsed and another
became lost when he went for help. All able to walk off after being warmed and given food. No
injuries.
Wasdale 20, 6hr

178 17137 1 July 03:00 Mickledore NY210069
Moderate/heavy rain/hill fog/mild/dark. Steep scree very wet Hill Walking (Small party (2 to 5))
Three Men(NK) - While searching for missing persons on previous incident team came across party of
3 doing '3-Peakers' who were also lost. Team members escorted them down. No injuries.
Wasdale 1, 2hr

179 16214 1 July 11:30 Castlerigg, Keswick NY295233
Not reported. Not reported Animal Rescue
A request to search for an old Yorkshire Terrier missing for 2 days. Nothing found - presumed dead.
Keswick 2, 1hr

180 16633 3 July 13:37 Haverthwaite SD343840
 Not reported. Not reported Search - Non-mountain (Alone)
 Man(65) - Subject who had been drinking, reported missing. Safe and well when located.
 Duddon & Furness 6, 2½ hr; SARDA (Wales) 1, 2½ hr

181 16287 3 July 17:10 Sprinkling Tarn NY222094
 Moderate/passing showers/clear/cool/. Moderate wet Hill Walking (D of E)
 Boy(17) - Subject went over on ankle, aggravating old injury. Unable to walk off so carried down and
 taken to hospital in own transport. Fracture left ankle.
 Wasdale 18, 5hr

182 16194 3 July 20:00 Rydal Water NY353060
 SW-moderate/rain/clear/mild/dusk. Gentle bank wet, slippery Hill Walking (Not known)
 Man(21) - Subject slipped by lake shore. Ankle fracture.
 Langdale Ambleside 9, 1hr

183 16238 4 July 16:10 Bowderdale, Howgill Fells SD674980
 Windy showers cold misty. Firm short grass Hill Walking (Medium party (6 to 9))
 Girl(17) - Subject unable to continue, succumbed to conditions. Hypothermia.
 Kirkby Stephen 22, 4½ hr

184 16510 5 July 16:42 Gasgale Gill NY176215
 Cloudy, showers. Wet and slippery Hill Walking (D of E) (Large party)
 Girl(17) - Subject slipped and fell whilst walking down the side of a gill. She was part of a well-
 equipped Duke of Edinburgh expedition group. Left ankle injury.
 Cockermouth 23, 2hr

185 16195 5 July 17:48 Blake Rigg, Blea Tarn, Gt Langdale NY288047
 SW-fresh/heavy rain/hill fog/cool/dull. Steep crag very wet, Hill Walking (Alone)
 Man(64) - Subject became cragfast on steep ground after losing his way and becoming tired. No
 injuries.
 Langdale Ambleside 8, 2¼ hr

186 16196 5 July 19:15 Fairfield (summit) NY360116
 SW-moderate/heavy rain/broken cloud/cool/dark. Steep ridge Hill Walking (Small party (2 to 5))
 Man(NK) - Couple became lost and where unable to find a way down. Located safe and well.
 Langdale Ambleside 10, 4¾ hr; SARDA (Lakes) 1, 4¾ hr

187 16197 7 July 16:57 Orrest Head, Windermere NY411993
 S-calm/dry/clear/mild/bright. Moderate bank damp, slippery Hill Walking (Small party (2 to 5))
 Woman(74) - Subject slipped while walking. Fractured ankle.
 Langdale Ambleside 1, 1¼ hr

188 16249 8 July 12:05 Mill Dam SD295966
 Good. Wet underfoot Hill Walking (Small party (2 to 5))
 Woman(74) - Subject slipped on wet ground. Displaced fracture of right ankle.
 Coniston 9, 1hr

189 16250 8 July 17:35 Claife Heights, Ash Landing Park SD 38695
 Good. Wet underfoot Hill Walking (Small party (2 to 5))
 Woman(56) - Subject slipped on wet rock. Fractured left ankle.
 Coniston 10, 2hr

190 16288 9 July 15:47 Muncaster Fell NY116984
 Light/dry/clear/mild/bright. Moderate boggy footpath Hill Walking (Small party (2 to 5))
 Man(78) - Subject collapsed walking. MRT carried casualty to waiting air ambulance. Heart attack.
 Wasdale 18, 2½ hr; Great North AA (Cumbria)

- 191 16415 10 July 13:05 Angle Tarn, Patterdale NY414145**
Moderate/dry/cloudy/mild. Not reported Hill Walking (Small party (2 to 5))
Man(60) - Subject collapsed while walking with family; family escorted off the hill after subject was
airlifted to hospital. Heart attack.
Patterdale 10, 1hr; Great North AA (Cumbria)
- 192 17138 10 July 14:00 Scafell Pike, 'Corridor Route' NY218084**
Light/drizzle/hill fog. Moderate footpath Hill Walking (School/Youth group)
Man(NK) - One person separated from school party, had been feeling unwell. Other party members
raised the alarm when he failed to rejoin them. Team mobilised but missing person turned up safe
and well before team went on the hill.
Wasdale 11, 1hr
- 193 16251 11 July 14:30 Grizedale Forest SD322934**
Fine. Dry Mountain Biking (Not known)
Man(NK) - Cyclist fell from bicycle. No reported injuries.
Coniston 5, 1hr; North West AA (Blackpool)
- 194 16216 11 July 14:48 Causeway Farm, Troutbeck SD415990**
SW-calm/dry/clear/warm/bright. Moderate bank damp, slippery Hill Walking (Small party (2 to 5))
Woman(52) - Subject slipped on grass bank. Fractured ankle.
Langdale Ambleside 1, 1¼ hr
- 195 16215 11 July 17:47 Catbells NY244198**
Dry and sunny. Steep grass, small crags, deep bracken Hill Walking
Walker reported having seen, from Hawse Gate, what he was convinced was a person falling from the
summit of Catbells some 100ft down the east side. Search undertaken, but nothing found, assumed
false alarm with good intent.
Keswick 22, 2¾ hr; SARDA (Lakes) 3, 2¾ hr
- 196 16217 14 July 12:09 Pike O'Blisco (summit) NY271041**
SW-strong/passing showers/hill fog/cool/dull. Steep crag Hill Walking (Small party (2 to 5))
Woman(42) - Subject slipped at top of hill, injuring knee; reported as unable to walk. Sprained knee.
Langdale Ambleside 13, 3hr; Kendal 10, 3hr
- 197 16360 14 July 14:10 Great Gable, Windy Gap NY214104**
Fresh/dry/broken cloud/bright. Steep footpath loose Hill Walking (Not known)
Man(45) - Subject slipped. Twisted ankle.
Keswick 20, 4¼ hr; Cockermouth 7, 4¼ hr
- 198 16255 15 July 15:15 Sergeant Man NY286089**
SW-moderate/passing showers/clear/mild/dull. Moderate Hill Walking (Not known)
Girl(13) - Subject became separated from her parents while descending to Stickle Tarn. Eventually
located in Grasmere after being assisted down by a couple of walkers who 'adopted' her and helped
her to safety.
Langdale Ambleside 10, 3hr; Boulmer SAR Helicopter
- 199 17139 15 July 19:20 Burnmoor Tarn NY182039**
Moderate/passing showers/clear/mild/bright. Gentle moorland Hill Walking (Alone)
Man(NK) - Subject called for help on mobile phone because he did not know where he was. He had a
map and was able to identify landmarks to team leader on the phone but was unable to navigate off
the hill. Team went out to escort him.
Wasdale 7, 3hr

- 200 16257 17 July 08:00 Kellbarrow, Silver How, Grasmere NY326070**
 SW-fresh/heavy rain/broken cloud/cool/dull. Steep crag Hill Walking (Alone)
 Man(45) - Subject became cragfast after losing path the previous evening. Phoned for help in the morning. Unhurt and led to safety.
 Langdale Ambleside 9, 1½ hr
- 201 16258 17 July 19:15 Thorneyfield Winster, Windermere SD428937**
 Calm/fine/clear/mild/bright. Moderate dry footpath Mountain Biking (Not known)
 Ambulance Service requested assistance for a mountain biker who had fallen from his bike. The team were stood down en route as the rider made his own way off the hill & met the ambulance.
 Kendal 15, 1hr
- 202 16259 17 July 21:00 Kendal (Ski Club) SD525925**
 Calm/dry/clear/mild/dusk. Steep loose bank Local Incident (Solo)
 Boy(15) - Ambulance Service requested assistance to evacuate a boy who had jumped from a wall and fell on a steep bank. Fractured right tibia and fibula.
 Kendal 17, 1hr
- 203 16416 18 July 14:00 Threshwaite Cove NY424104**
 Light/heavy rain/low cloud/cool/dull. Moderate wet footpath Hill Walking (Alone)
 Man(58) - Subject slipped on wet path. Fractured left ankle.
 Patterdale 8, 2½ hr; Penrith 7, 2½ hr; Great North AA (Cumbria)
- 204 16634 18 July 22:15 Fickle Steps, River Duddon SD228975**
 Light/fine/clear/cool/dark. Moderate bank wet, slippery Hill Walking (D of E)
 Seven Women(NK) - Expedition party unable to cross river due to high water level. Led to safety.
 Duddon & Furness 23, 2½ hr
- 205 16619 19 July 17:30 Harter Fell Gully, Haweswater NY467098**
 Dry bright. Damp Animal Rescue (Alone)
 Farmer reported ewe cragfast on steep crag, had been there for some days. While attempting to access, the sheep jumped and was killed on landing on steep scree.
 Penrith 5, 1½ hr
- 206 16317 19 July 22:45 Thringill - Outhgill, B6259 NY782016**
 Torrential rain. Local flooding Local Incident (Family group)
 Police requested team to assist family group of four caught in floodwater near Outhgill. Police accessed party and led them to safety prior to team arrival.
 Kirkby Stephen 5, 1hr
- 207 16899 20 July 21:05 Low Water, Coniston SD275983**
 Fine turning to rain. Wet Hill Walking
 Report of distress flare sighting. Campers in area using red filters on lights. Probable cause of sighting. False alarm with good intent.
 Coniston 10, 2hr
- 208 16361 20 July 23:05 Ennerdale - Rosthwaite NY215119**
 Showers with cloud base below summits. Wet Hill Walking (Small party (2 to 5))
 Man(40), Boy(17) - Search for 2 missing American Coast-to-Coast walkers whose camping gear had arrived at their intended campsite (via 'Packhorse'), but they had not. Nothing found.
 Keswick 14, 7½ hr; Cockermouth 15, 6½ hr; SARDA (Lakes) 6, 6½ hr

- 209 16318 21 July 15:00 Whinstone Gill Bridge SD735961**
 Fine warm clear. Soft wet Animal Rescue
 Suckler cow stranded in rocky fellside gully. After live recovery deemed impractical, body (1/2 tonne) recovered. Team member injured when knocked over by cow in gully; airlifted to hospital with minor injuries, not detained.
 Kirkby Stephen 7, 8¾ hr
- 210 16290 22 July 14:23 Raise Beck, Grasmere NY332118**
 SW-calm/dry/clear/warm/bright. Steep bank loose, slippery Hill Walking (Large party (at least 10))
 Man(70) - Subject collapsed. Unconscious, faint, no previous history.
 Langdale Ambleside 14, 2hr; Boulmer SAR Helicopter
- 211 16513 22 July 15:00 Raven Crag, Gatesgarth NY197147**
 Sunny day. Dry Animal Rescue
 Two sheep stuck on local crag. They were successfully recovered without further incident.
 Cockermouth 6, ¼ hr
- 212 16511 23 July 14:11 Bleaberry Tarn, Buttermere NY172156**
 Heavy showers. Very wet and slippery Hill Walking (Small party (2 to 5))
 Man(56) - Subject fell on the path down from tarn. He was stretchered down to Buttermere village where the Team waited for an ambulance. Fractured left ankle.
 Cockermouth 20, 3hr
- 213 16512 23 July 17:25 Scale Force NY151168**
 Heavy showers. Very wet and slippery Hill Walking (Small party (2 to 5))
 Two Women(25 & 24) - Party of two became lost near Crummock Water. They were located by team members and escorted down to the main path back to Buttermere. No injuries.
 Cockermouth 15, 3hr
- 214 16291 24 July 13:57 Castley Knotts, Sedbergh SD650960**
 Not reported. Not reported Hill Walking (Not known)
 Ambulance Service requested assistance in evacuation of a boy with breathing difficulties. The team were stood down en route as the casualty was airlifted by Air Ambulance.
 Kendal 6, 1hr; North West AA (Blackpool)
- 215 16362 25 July 13:00 Lonscale Fell NY294261**
 Dry. Rocky steps, slippery underfoot Mountain Biking (Small party (2 to 5))
 Man(39) - Mountain biker came off his bike at rocky steps and tumbled down hillside. Puncture wound to upper thigh.
 Keswick 13, 3hr; Great North AA (Cumbria)
- 216 16417 26 July 14:30 Stony Cove Pike NY420102**
 Wet hill fog. Wet Hill Walking (Medium party (6 to 9))
 Man(60) - Subject slipped on wet rock. Dislocated left shoulder.
 Patterdale 7, 5hr; Penrith 11, 5hr; Leconfield SAR Helicopter
- 217 16311 31 July 16:40 Cockley Crag, Grasmere NY311090**
 SW-light/dry/clear/warm/bright. Moderate bank boggy, slippery Hill Walking (Small party (2 to 5))
 Man(50) - Subject slipped and sustained an ankle injury. Phoned ambulance! Air ambulance and team dispatched. Located 1.5km from given location. Three team members airlifted to assist with loading. Husband escorted down and returned to car. Ankle fracture or ligament damage.
 Langdale Ambleside 9, 2hr; Great North AA (Cumbria)

August

218 16363 2 August 17:26 Dock Tarn - Stonethwaite NY268138
 Dry, sunny, warm following early rain. Steep pitched stone Hill Walking (Small party (2 to 5))
 Man(79) - Subject slipped on loose footpath and tumbled approx 50 ft down a steeply wooded slope.
 Head injury behind right ear and left arm and leg abrasions.
 Keswick 21, 2½ hr; Great North AA (Cumbria)

219 16357 3 August 13:00 Arnside Knott SD775452
 Calm/drizzle/clear/mild/dull. Moderate damp bank slippery Hill Walking (Small party (2 to 5))
 Woman(68) - Subject slipped while walking, twisting as she fell. Fractured right fibula and tibia mid-
 line.
 Kendal 11, 2hr

220 16475 3 August 16:00 Langstrath NY267106
 Dry. Dry Animal Rescue
 Sheep reported stuck on crag. Retrieved without loss or injury.
 Keswick 3, 2hr

221 16358 4 August 11:30 Sillfield Farm, Gatebeck, Kendal SD557858
 Light/heavy rain/low cloud/mild. Moderate damp slippery Aircrash - Civil (Small party (2 to 5))
 Three Men(30, 30, 30, 60) - Helicopter on route from Carnforth to Lochmaben reported missing at
 19.00 previous day. Crash wreckage located by farm worker following morning. All 4 onboard killed.
 Bodies recovered to mortuary by team vehicles. FATAL multiple injuries
 Kendal 15, 10hr; RAF Leeming 1, 10hr; Valley SAR Helicopter

222 17140 4 August 20:15 Broad Crag NY220077
 Strong/heavy rain/poor/cool/dark. Steep rockface very wet, Hill Walking (Small party (2 to 5))
 Three Men(NK) - Party made navigational error and became cragfast. Team used ropes to lower the
 party to safety and escorted them to safety.
 Wasdale 10, 6hr

223 16880 5 August 18:52 Church Beck, Coniston SD294980
 Fine. Very wet! Water Sport (all types)
 Woman(19) - Canyoneer got stuck behind waterfall at the top of Church Beck. Couldn't get out due to
 water flow (stopper). Led to safety without injury.
 Coniston 11, 1½ hr

224 17327 5 August 19:12 Christianbury Crag, Kershope NY578821
 Not reported. Not reported Hill Walking (Alone)
 Man(71) - Subject reported himself lost in large forest plantation. Subject was located by police
 helicopter and eventually airlifted to safety. No injuries.
 Penrith 17, 3hr; SARDA (Lakes) 1, 2hr; North East Police Helicopter

225 16359 6 August 12:25 Carlingill Beck, Black Force SD644991
 Light/dry/mild/bright. Moderate damp bank slippery Hill Walking (Small party (2 to 5))
 Man(46) - Subject slipped while crossing stream; the remainder of the party escorted off the hill by
 team members. Open fracture lower right arm.
 Kendal 11, 2½ hr; Great North AA (Cumbria)

226 16476 7 August 14:26 Barf, Beckstones Ghyll NY217263
 Dry. Dry Hill Walking (Small party (2 to 5))
 Woman(45) - Subject slipped and landed with outstretched arm. Fractured wrist.
 Keswick 7, 1hr

227 16418 7 August 20:00 Catstycam NY348161
 Fresh/dry/cloudy/cold/dull. Moderate dry crag Animal Rescue
 Local farmer had cragfast sheep that were stuck on ledge. Retrieved without loss or injury.
 Patterdale 5, 1hr

228 16881 9 August 15:20 Latterbarrow, Hawkshead SD365989
 Fine. Dry Hill Walking (Small party (2 to 5))
 Man(55) - Subject fell on right ankle. Fractured right ankle.
 Coniston 11, 2½ hr

229 17144 10 August 23:30 Scafell Pike NY218073
 Dry. Damp Hill Walking (Small party (2 to 5))
 Woman(52) - Party had failed to return to Seathwaite the previous evening, having made a navigation error then one member injuring her knee attempting to walk out the following morning, covering some distance before the team was called out. Ruptured cruciate ligament.
 Wasdale 13, 10hr, Keswick 10, 3½ hr; SARDA (Lakes) 2, 3½ hr

230 16882 11 August 14:20 Grizedale Forest SD338970
 Wet. Wet Mountain Biking (Small party (2 to 5))
 Man(NK) - Rider fell off mountain bike. Unconscious for approx two minutes; facial and leg abrasion.
 Coniston 13, 1½ hr

231 16478 11 August 17:15 Styhead, 'Corridor Route' NY222092
 Windy. Damp Hill Walking (Medium party (6 to 9))
 Woman(29) - Subject slipped on loose surface on path; was evacuated by Great North Air Ambulance. Fractured lower leg.
 Keswick 18, 4½ hr; Great North AA (Durham Tee Valley)

232 16367 12 August 17:55 Redbank Wood, Wansfell NY385038
 SW-light/dry/clear/mild/bright. Moderate bank damp, slippery Hill Walking (Small party (2 to 5))
 Man(24), Boy(8) - Party (Qatar) became stuck on steep, bracken-covered ground, unable to continue. The boy had a small injury, but their main problem was fear of imagined wild animals and extreme lack of confidence. No major injuries.
 Langdale Ambleside 8, 2hr

233 16368 12 August 21:08 Angle Tarn, Gt Langdale NY245078
 SW-moderate/passing showers/low cloud/mild/dusk. Hill Walking (Small party (2 to 5))
 Three Men(48, NK, NK) - Party descended into wrong valley. They were reported overdue. Requested to assist Wasdale with search. Located in taxi making their way back to Gt Langdale campsite. No injuries.
 Langdale Ambleside 8, 1hr; Wasdale 16, 2hr; SARDA (Lakes) 6, 1hr; Keswick 1, 1hr

234 17057 13 August 04:30 Black Sail Pass NY191114
 Moderate/rain/low cloud/mild/dark. Moderate footpath wet Hill Walking (Small party (2 to 5))
 Two Men(NK, NK) - Party of fellwalkers in their 50's reported long overdue with only light clothing. Found early in the morning making their own way off, unharmed.
 Wasdale 15, 4hr; Cockermouth 1, 4hr; SARDA (Lakes) 3, 4hr

235 16514 14 August 04:53 Ennerdale Bridge NY070158
 Showers. Wet Search - Non-mountain (Alone)
 Woman(41) - Subject reported missing from home. She was located near to Ennerdale Bridge at 06:50 safe and well.
 Cockermouth 25, 2¼ hr; SARDA (Lakes) 9, 1½ hr

- 236 16479 14 August 17:31 Calfhow Pike, Clough Head NY330211**
 Drizzle and low cloud, poor visibility. Wet Hill Walking (Small party (2 to 5))
 Man(65), Woman(54) - Party became lost in poor visibility. Directed by mobile phone to walk on bearing given toward summit of Clough Head. Team members directed by GPS radio mikes to meet up and escort party down. Both safe and well.
 Keswick 16, 3hr; SARDA (Lakes) 1, 3hr
- 237 16369 14 August 18:30 Lanty Scar, Rydal NY362059**
 SW-strong/rain/hill fog/cool/dark. Moderate slope damp, Search - Mountain (Alone)
 Woman(20) - Subject reported missing having left holiday accommodation in depressed state. Unsure of area, or where she had gone. Some confusion as to whether she was in danger or not. Managed to speak to her on mobile, but no clear information as to problem. Located safe and well.
 Langdale Ambleside 19, 4hr; SARDA (Lakes) 2, 4hr
- 238 16480 14 August 19:00 Base Brown, Borrowdale NY221111**
 Low cloud and very heavy rain. Very wet Hill Walking (Small party (2 to 5))
 Man(59), Woman(28) - Party of walkers on Coast-to-Coast route made navigation error; compounded by poor visibility, resulting in them going 'off' their map. Attempted to, but couldn't find safe descent route. Climbed high again to get mobile signal to raise alarm. Located unharmed.
 Keswick 16, 4½ hr; SARDA (Lakes) 1, 4½ hr
- 239 16484 15 August 17:42 Calf Cove - Seathwaite NY232095**
 Damp, overcast. Wet Hill Walking (Small party (2 to 5))
 Woman(NK), Girl(2 & 6) - Party of 5 separated near Esk Hause. Father & eldest son headed to Scafell Pike, mother and girls decided to return to Seathwaite. When father and son got back, rest of family had not. Remainder of party turned up as team were commencing search. No injuries.
 Keswick 14, 1¼ hr
- 240 16419 15 August 20:20 Oxford Crag, Patterdale NY396156**
 Light/fine/clear/cool. Gentle wet slope Hill Walking (Large party (at least 10))
 Girl(17) - Subject on outdoor course slipped on a wet rock while making a bivi. Fractured ankle.
 Patterdale 12, 2hr
- 241 16413 16 August 14:00 Grisedale NY355139**
 Light/dry/cloudy/hot. Moderate damp crag Hill Walking (Small party (2 to 5))
 Man(60) - Subject tripped while walking. Fractured ankle.
 Patterdale 11, 2¼ hr
- 242 16412 16 August 15:58 Ruthwaite Lodge, Grisedale NY355130**
 Light/rain/cloudy/cool/dull. Steep damp footpath Hill Walking (Medium party (6 to 9))
 Man(69) - Subject slipped on rock. Fractured ankle.
 Patterdale 13, 2hr; Great North AA (Cumbria)
- 243 16371 16 August 18:25 Eagle Crag, Grasmere NY296083**
 Sw-fresh/passing showers/cloudy/cool/dull. Moderate Hill Walking (Small party (2 to 5))
 Four Men(NK) - Party reported as overdue after failing to make lunch rendezvous with friend at Eagle Crag, while on Coast-to-Coast walk. All safe and well.
 Langdale Ambleside 2, ¾ hr
- 244 16883 16 August 18:30 Tarn Hows, Coniston SD335988**
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Man(56) - Subject slipped on tree root, heard crack. Fractured leg.
 Coniston 14, 2hr

245 16884 16 August 19:00 Strawberry Gardens, Far Sawrey SD388955
 Not reported. Not reported Hill Walking (Alone)
 Man(NK) - Body recovered on behalf of the police; circumstances not reported. FATAL Cause not reported.
 Coniston 17, 3hr

246 16420 17 August 13:30 Hallin Fell, Ullswater NY429201
 Light/dry/broken cloud/mild/bright. Firm footpath Hill Walking (Small party (2 to 5))
 Woman(55) - Subject slipped on wet rock walking lake shore path. Fractured ankle.
 Patterdale 8, 2½ hr

247 17058 18 August 15:00 Scafell Pike NY210072
 Moderate/heavy rain/hill fog/cool/dull. Moderate scree wet Hill Walking (Small party (2 to 5))
 Two Men(28) - Party of fellwalkers reported themselves lost on the Scafell Pike summit plateau. Their shouts for help attracted the attention of some passing walkers who escorted them to Mickledore where they met up with the team.
 Wasdale 18, 4hr

248 17066 18 August 15:45 Scafell Pike, Mickledore NY210069
 Not reported. Not reported Hill Walking (Medium party (6 to 9))
 Six Men(NK) - En route to previous incident team were alerted to a party where one reported to have an ankle injury, on the path above them at Mickledore. Team assessed the injury as not serious and whole party escorted down to Wasdale. Minor soft tissue injury to ankle.
 Wasdale 18, 2hr

249 16485 18 August 17:52 Allen Crag - Glaramarra NY246103
 Heavy cloud. Wet Hill Walking (Small party (2 to 5))
 Four Men(NK) - Party reported themselves missing, apparently on Seathwaite Fell. Eventually found nowhere near their believed position. Multiple messages to subjects by SMS as mobile signal not adequate. Found safe and well by Wasdale MRT and escorted off.
 Keswick 16, 3½ hr; Wasdale 7, 3½ hr

250 16422 19 August 15:17 Ullswater, Sandwick NY426200
 Light/drizzle/hill fog/cool. Not reported Water Sport (all types)
 Two Men(NK) - Two divers reported missing in Sandwick Bay area. As the teams were assembling and launching boat, the divers were reported found, safe and well.
 Patterdale 9, ½ hr; Penrith 1, ½ hr; SARDA (Lakes) 1, ½ hr

251 16421 19 August 16:30 Place Fell, Ullswater NY399168
 Light/passing showers/hill fog/cool/dull. Steep very wet scree Hill Walking (Small party (2 to 5))
 Two Man(58) - Party wandered off route on to steep unstable ground and became cragfast. They were roped and lowered to safety.
 Patterdale 9, 1hr

252 17067 19 August 17:50 Burnmoor NY176012
 Light/dry/clear/bright. Gentle footpath Hill Walking (Not known)
 Woman(64) - Report of a female fellwalker with an ankle injury on path from Burnmoor to Boot. Team went to given location but she had managed to walk off without assistance. Some First Aid given before casualty made own way to hospital. Ankle injury.
 Wasdale 16, 1hr

253 16885 20 August 17:32 Coniston Old Man, Cove Quarry SD272967
 Fine. Wet Hill Walking (Small party (2 to 5))
 Man(18) - Subject slipped on wet ground. Fractured ankle.
 Coniston 13, 2hr

254 17069 21 August 21:30 Buckbarrow NY131054
 Calm/dry/mild/dark. Steep footpath dry Hill Walking (Family group)
 Woman(NK) - Team called to assist a female fellwalker with an ankle injury. She had managed to reach the roadside by the time the team arrived but was taken to hospital by team vehicle.
 Wasdale 9, 1hr

255 16886 22 August 12:39 Walna Scar Road, Brossen Stone SD280971
 Dry. Not reported Hill Walking (Small party (2 to 5))
 Man(NK) - Subject fainted while walking. No reason given.
 Coniston 11, ½ hr

256 16887 22 August 13:35 Grizedale Forest, Moor Top SD343963
 Fine. Dry Mountain Biking (Small party (2 to 5))
 Boy(13) - Rider fell off mountain bike. Lacerations to lower knee.
 Coniston 12, 3hr

257 16372 22 August 14:51 Harrison Stickle (summit) NY282074
 NW-strong/fine/clear/cool/bright. Steep footpath loose, Hill Walking (Small party (2 to 5))
 Woman(41) - Subject tripped while walking. Wrist fracture.
 Langdale Ambleside 7, 4¼ hr; Kendal 10, 5hr

258 16492 22 August 19:01 Raven Crag, Melbreak NY142199
 Not reported. Not reported Animal Rescue
 Requested by a local farmer to rescue cragfast sheep stuck on Raven Crag, Melbreak. They were successfully recovered.
 Cockermouth 2, 2hr

259 16373 22 August 21:30 Raven Crag, Gt Langdale NY285065
 NW-fresh/dry/clear/cool/dark. Steep crag firm Rock Climbing
 Lights reported, stationary on crag for prolonged period. On investigation, found lights to be a party descending steadily. No further action required.
 Langdale Ambleside 2, ½ hr

260 16423 23 August 12:50 Gowbarrow Fell, Ullswater NY410220
 Moderate/dry/broken cloud/cool. Moderate grassy footpath Hill Walking (Small party (2 to 5))
 Woman(59) - Subject slipped while walking. Fractured ankle.
 Patterdale 10, 2hr

261 16635 23 August 18:20 Kirksanton SD139807
 Not reported. Not reported Hill Walking (Family group)
 Three Boys (NK) - On a family walk, 3 children had gone ahead of their parents and had not been seen for nearly 3 hours. Located safe and well.
 Duddon & Furness 14, ½ hr

262 17074 24 August 10:00 Egremont NY012111
 Calm/dry/clear/warm/bright. Level bank loose Local Incident
 Team requested to assist the Police in search of river bank following report of a pile of lady's clothing being found on the bank. Thorough search made of both banks but nothing found. No reports of missing persons so search stood down.
 Wasdale 15, 3½ hr; SARDA (Lakes) 1, 3½ hr

- 263 16424 24 August 21:20 Place Fell, Ullswater NY400169**
 Light/dry/clear/mild/moonlight. Not reported Search - Mountain
 People reported seeing red flare on hillside. Team went to investigate and also saw red lights in sky.
 It turned out to be from a wedding party at a lakeside hotel who had set of lighted balloons.
 Patterdale 4, 1hr
- 264 16486 25 August 13:10 Force Crag NY199215**
 Dry and clear. Dry Hill Walking (Small party (2 to 5))
 Woman(49) - Having completed the majority of the Coledale Horseshoe in poor weather conditions, 2
 walkers descended down to Force Crag area. Almost at the mine workings, the subject slipped on
 loose surface. Fractured lower leg.
 Keswick 10, 1½ hr
- 265 16374 25 August 13:37 Goucher Crag, Swindale NY515127**
 NW-light/fine/clear/warm/bright. Steep scree loose Rock Climbing (Small party (2 to 5))
 Woman(32) - Climber took a leader-fall of 10 - 12m, hitting a pinnacle and landing on steep loose
 scree. No protection had been placed. They were climbing a route (Hernia HVS) much harder than
 they had intended!. Back injury with significant discomfort, minor injury to knee and elbow.
 Penrith 7, 2½ hr; Kirkby Stephen 9, 2½ hr; Boulmer SAR Helicopter
- 266 16487 25 August 16:15 Skiddaw - Little Man NY262282**
 Heavy cloud below tops, with strong wind, cold. Wet Hill Walking (Small party (2 to 5))
 Woman(60) - Party of 2 left summit of Skiddaw and missed the path. Subject slipped and injured her
 knee. Continued attempts to get themselves off eventually resulted in team called out to assist.
 Search in poor conditions greatly assisted by subjects' use of whistle. Damage to knee ligaments.
 Keswick 18, 3¼ hr
- 267 16425 25 August 17:20 Helvellyn, Striding Edge NY347149**
 Fresh/hill fog/cold/dull. Steep damp ridge Hill Walking (Small party (2 to 5))
 Two Men(41 & NK), Two Boys(15 & 14) - Party became seperated and failed to meet up on summit.
 All located safe and well.
 Patterdale 9, 1½ hr; SARDA (Lakes) 1, 1½ hr
- 268 16382 25 August 17:40 Garburn Road, Windermere NY422020**
 NE-light/drizzle/hill fog/mild/dull. Moderate track loose, slippery Mountain Biking (Small party (2 to 5))
 Woman(37) - Subject fell off mountain bike while descending track. May have become unconscious,
 but recovered to start making her own way down. Head, facial and knee injuries.
 Langdale Ambleside 11, 1½ hr
- 269 16888 25 August 18:50 Dow Crag 'C Ordinary Route' SD264977**
 Wet. Wet Rock Climbing (Small party (2 to 5))
 Two Men(21 & 22) - Party of climbers became cragfast; lowered to safety. No injuries.
 Coniston 11, 6½ hr; Langdale Ambleside 7, 3¾ hr
- 270 17076 25 August 21:50 Scafell Pike NY216072**
 Hill fog/cold/dark. Steep crag wet, slippery Hill Walking (Small party (2 to 5))
 Four Men(NK) - Team called to assist a party of fell-walkers who reported themselves lost near the
 summit of Scafell Pike. They were located safe and well around midnight and escorted down to the
 valley.
 Wasdale 10, 5½ hr; SARDA (Lakes) 1, 5½ hr

- 271 16384 26 August 12:03 Raven Crag, Red Screes NY395083**
 NW-light/dry/clear/warm/bright. Steep crag boggy, slippery, Rock Scrambling (Small party)
 Man(47) - Subject became cragfast after climbing higher to try and escape to easier ground, but
 failing. Not helped by a 'dicky' knee. Led to safety without injury.
 Langdale Ambleside 10, 2½ hr; SARDA (England) 5, 2½ hr
- 272 16385 26 August 17:40 Whorneyside Force, Gt Langdale NY261054**
 SE-light/dry/clear/warm/bright. Moderate footpath loose, Hill Walking (Small party (2 to 5))
 Man(43) - Subject slipped on footpath. Midge hell !!. Ankle fracture.
 Langdale Ambleside 11, 2½ hr
- 273 16430 27 August 00:21 Crinkle Crag, Crinkle Ghyll NY251047**
 SE-moderate/dry/clear/cool/dark. Moderate ridge damp Search - Mountain
 Lights reported as flashing, responding to lights flashed from below and then fading. Area watched
 for prolonged period, but no further activity spotted - false alarm good intent.
 Langdale Ambleside 3, 2hr
- 274 17254 27 August 15:05 Helvellyn, Striding Edge NY356150**
 Calm/dry/clear/mild/bright. Steep dry ridge Hill Walking (Alone)
 Man(62) - Subject tripped and fell from ridge into Nethermost Cove, sustaining a head injury.
 Patterdale 19, 3¼ hr
- 275 17077 28 August 15:45 Scafell Pike NY213072**
 Light/dry/clear/mild. Moderate footpath Hill Walking (Small party (2 to 5))
 Man(63) - Party of 3 fellwalkers reported that one of their number had a knee injury and was unable to
 walk. They were quickly located and the subject was stretchered down to the valley where he
 recovered from a bout a cramp.
 Wasdale 25, 5½ hr
- 276 16448 29 August 11:51 Deer Bield Crag, Grasmere NY305099**
 NW-light/dry/clear/warm. Moderate footpath damp, slippery Hill Walking (Small party (2 to 5))
 Woman(60) - Subject tripped on ascent; also had problem with balance as a result of previous
 surgery. Fractured wrist.
 Langdale Ambleside 10, 2½ hr
- 277 16488 29 August 12:35 Braithwaite, Keswick NY231237**
 Fair, with showers through the day and night. Damp/wet Search - Mountain (Alone)
 Man(70) - Vulnerable (DAT) walked away from his holiday home, and could not be found. Searched all
 this day, continued in the evening of the following day. Eventually found by local farmer 48 hrs later
 some 6Km from place last seen. Cold and wet otherwise no injuries when found.
 Keswick 26, 15hr; Cockermouth 16, 5hr; SARDA (Lakes) 9, 9¾ hr; Boulmer SAR Helicopter
- 278 16449 29 August 22:15 Todd Crag, Ambleside NY360040**
 NE-light/dry/clear/mild/dark. Moderate moorland damp, slippery Hill Walking (Small party (2 to 5))
 Lights spotted by people at valley campsite. Supposedly responded to flashes from valley.
 Investigation revealed only campers sleeping - false alarm good intent.
 Langdale Ambleside 3, 1½ hr
- 279 16519 30 August 11:00 Helsfell, Kendal SD498935**
 Calm/dry/clear/warm/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
 Man(62) - Called to assist Ambulance Service evacuate a collapsed walker from an off-road location.
 FATAL Not known.
 Kendal 10, 2hr

280 16889 30 August 12:47 Grizedale Forest SD333951
 Not reported. Not reported Mountain Biking (Small party (2 to 5))
 Man(50) - Rider fell off mountain bike. Lacerations to knee.
 Coniston 7, 2hr

September

281 16520 1 September 13:45 Farleton Fell SD545792
 Calm/dry/clear/warm/bright. Moderate dry slope Mountain Biking (Small party (2 to 5))
 Two Men(NK) - Ambulance Service requested assistance in evacuation of a biker who had taken a fall. Injury not reported.
 Kendal 10, 1hr

282 16474 1 September 13:55 Crinkle Crag, Rest Ghyll NY243051
 W-gale/rain/low cloud/cool/dull. Moderate moorland boggy, Hill Walking (Medium party (6 to 9))
 Man(NK), Woman(NK) - Party phoned to say they were unable to find a way off Crinkle Crag. They had a 10 fig ref, but weren't confident to get down, as one of them was exhausted. Before team members arrived, the group swollen to 6; all were escorted down. No injuries.
 Langdale Ambleside 5, 3¼ hr

283 16489 3 September 11:35 Springs Wood, Keswick NY278224
 Dry and clear. Dry Hill Walking (Small party (2 to 5))
 Man(NK) - Assist ambulance crew with stretcher evacuation of casualty from Springs Wood to road-head. Injuries not recorded, all treatment by ambulance crew already on scene.
 Keswick 11, 1hr

284 16483 4 September 13:57 Pavey Ark (summit), Gt Langdale NY281078
 NW-moderate/dry/clear/cool/bright. Moderate moorland damp, Hill Walking (Medium party (6 to 9))
 Man(56) - Subject slipped over. Fractured humerus.
 Langdale Ambleside 11, 3hr; Great North AA (Cumbria)

285 17081 4 September 20:17 Scafell Pike NY204073
 Light/dry/clear/mild/dark. Moderate footpath Hill Walking (Small party)
 Man(20) - Party of 2 reported themselves lost on Scafell Pike. Conversation with the team leader suggested that they were near Lingmell Col so a small party went to assist them. One of the party was unable to walk down so a further callout was made to carry him down. No significant injury reported.
 Wasdale 10, 4½ hr

286 16515 5 September 20:39 Red Pike (Buttermere) NY161154
 Cloudy on tops. Damp Search - Mountain (Small party)
 Four Men(27, 19, 48, 20) - A party from Bristol and Coventry was descending from Red Pike when they became lost in mist and darkness. The group were located near the summit of Red Pike and escorted down to Buttermere. No injuries.
 Cockermouth 15, 3hr

287 16528 6 September 13:00 Swarthbeck Gill, Howtown NY455206
 W-light/dry/clear/warm/bright. Steep broken damp ground Hill Walking (Family group)
 Man(53), Boy(15), Girl(11) - Party reported themselves cragfast having left the gill because it was wet and slippery. After scrambling for 30 minutes, they could progress neither up nor down. No injuries.
 Penrith 12, 3½ hr

- 288 17082 7 September 13:40 Hardknott Pass NY225014**
 Not reported. Not reported Local Incident (Not known)
 Team requested to attend Hardknott Pass where a vehicle was reported to be hanging over an edge with persons on board. Passing motorists recovered the vehicle and the team were turned round before they reached the scene.
 Wasdale 5, 1hr
- 289 16517 8 September 14:26 Pike O'Stickle, Gt Langdale NY274074**
 NE-light/dry/clear/warm/bright. Moderate footpath loose, Hill Walking (Small party (2 to 5))
 Woman(61) - Subject slipped and fell short distance. Husband started to carry her down, but was, understandably, having difficulty. Neck of femur fracture, or pelvic damage.
 Langdale Ambleside 11, 3½ hr; Boulmer SAR Helicopter
- 290 16529 8 September 16:15 Haweswater NY477145**
 NW-light/dry/clear/warm/bright. Undulating track loose Hill Walking (Alone)
 Man(51) - Subject found by passing walkers in a collapsed state, complaining of tingling sensation in arms. Significant heart attack.
 Penrith 10, 1¾ hr; Great North AA (Cumbria)
- 291 16518 8 September 18:00 Lower Scout Crag, Langdale NY298268**
 NE-light/dry/clear/warm/bright. Steep crag dry Rock Climbing (Small party (2 to 5))
 Woman(30) - Subject was nearing top of route when something gave way in her knee joint; she was unable to continue. Lowered to crag bottom by partner, but unable to walk off. Drove past bottom of crag on way home from previous incident. Unidentified knee problem.
 Langdale Ambleside 17, 1hr
- 292 17083 8 September 23:20 Scafell Pike NY214075**
 Not reported. Not reported Hill Walking (Organised event)
 Man(NK) - Male doing the 3 Peaks Challenge sustained an ankle injury on summit plateau of Scafell Pike. He was stretchered off and taken to hospital by ambulance. Fractured ankle.
 Wasdale 24, 6hr; Duddon & Furness 9, 4½ hr
- 293 16569 9 September 14:50 Longsleddale NY502029**
 Calm/dry/clear/mild/bright. Moderate dry moorland Motor Sport (Organised Event)
 Man(NK) - Motor cycle trials rider fell from his bike. Injured left wrist and bump on head.
 Kendal 7, 2½ hr; Great North AA (Cumbria)
- 294 16581 9 September 15:03 Seathwaite - Sourmilk Gill NY229122**
 Overcast. Damp patches Hill Walking (Not known)
 Woman(60) - Subject slipped on wet rock, hyper-extending the ankle. Lower leg injury.
 Keswick 16, 2¼ hr
- 295 16582 9 September 16:13 Rigg Beck, Keswick NY208202**
 Overcast. Damp patches Hill Walking (Not known)
 Woman(63) - Subject caught her foot between rocks and fell. Lower leg injury.
 Keswick 18, 2¾ hr
- 296 16531 9 September 17:45 Scoredale, Hilton NY764228**
 Overcast clear. Very steep grass/rock slope Hill Walking (Small party (2 to 5))
 Man(43) - Subject slipped on steep uneven ground in old mining area, after which he was struck by a large boulder causing the injury. Compound fracture of left tibia and fibula.
 Kirkby Stephen 16, 3¼ hr

- 297 17084 9 September 18:20 Clints Quarry, Egremont NY008124**
 Calm/dry/clear/warm/bright. Steep bank loose Local Incident (Not known)
 Woman(NK) - Team called to assist a female who was stuck in a tree overhanging a steep grassy bank. A team member was lowered on a rope and hauled back with the subject who was uninjured.
 Wasdale 16, 1½ hr
- 298 17085 9 September 20:15 Scafell Pike NY215072**
 Moderate/dry/low cloud/cool/dark. Not reported Hill Walking (Small party (2 to 5))
 Man(41), Boy(12) - Father & son lost their way off Scafell Pike. Reported missing by the wife in Borrowdale. Search by 3 teams before the missing walkers turned up uninjured in Eskdale.
 Wasdale 15, 5½ hr; Keswick 11, 2hr; Duddon & Furness 12, 3hr; SARDA (Lakes) 4, 1¼ hr
- 299 16584 10 September 13:13 Force Crag Mine, Coledale NY202217**
 Mild, dry. Dry, level Hill Walking (Alone)
 Man(NK) - Party of walkers came across a lone walker who was complaining of chest pains.
 Keswick 12, ½ hr; Great North AA (Cumbria)
- 300 16585 11 September 14:37 Barrow Door NY222217**
 Fine. Dry Hill Walking (Not known)
 Woman(37) - Subject stepped awkwardly down from small crag; audible crack heard from behind the knee. Knee ligaments damage.
 Keswick 13, 1½ hr
- 301 17087 11 September 23:00 Blengdale NY116079**
 Not reported. Not reported Hill Walking (Alone)
 Man(60) - Team called to search for solo walker who was overdue from a walk in the Seatallan/Haycock area. He was eventually located at 02:00 in Blengdale and accompanied off the hill, unhurt.
 SARDA (Lakes) 5, 5hr; Wasdale 12, 5hr
- 302 17088 12 September 17:35 Lingmell Col NY213078**
 Not reported. Not reported Hill Walking (Alone)
 Man(68) - Team responded to a 999 call from the wife of a solo walker who was somewhere near the top of Piers Gill. He was contacted by mobile phone and it was decided to send a small party to locate the walker because he was exhausted and reluctant to move. No injuries.
 Wasdale 5, 5½ hr
- 303 17135 13 September 17:30 Great Gable NY212103**
 Light/dry/hill fog/mild/bright. Moderate footpath rough Hill Walking (Small party (2 to 5))
 Two Men(NK) - Party of walkers became disorientated on summit of Great Gable and used mobile phone to ask for assistance. Team 1/2 way up when party called on mobile to say they had made own way off.
 Wasdale 3, 2hr
- 304 16890 14 September 14:45 Goats Water, Coniston SD265974**
 Windy. Wet and rough Hill Walking (Small party (2 to 5))
 Woman(65) - Subject twisted left ankle; walked off by team. Twisted left ankle.
 Coniston 11, 2¼ hr
- 305 16589 15 September 11:15 Slaters Bridge, Lt Langdale NY312029**
 SW-light/dry/hill fog/cool/bright. Moderate footpath damp Search - Mountain
 Shouts for help and whistles were heard. Bouyancy aids and rucsacs were located but nobody in need of help. Went home having found nothing - false alarm good intent.

Langdale Ambleside 6, 2hr

306 16586 15 September 11:25 Slate Hill, Wet Sleddale NY552125
NW-fresh/dry/broken cloud/cool/bright. Moderate moorland Hill Walking (Small party (2 to 5))
Woman(37) - While crossing boggy ground, subject turned her ankle. Fractured left fibula.
Penrith 11, 2hr; Great North AA (Cumbria)

307 16906 15 September 16:20 Catbells, Hause Gate track NY250185
Warm & dry. Dry Hill Walking (Not known)
Subject 'ran-out-of-legs', reported unable to continue. Subject was carried down 'piggy-back' by other party members prior to the arrival of the team.
Keswick 8, 1hr

308 17255 16 September 11:28 Kepple Cove, Zig Zags NY348167
Moderate/heavy rain/low cloud/cold/. Moderate wet footpath Hill Walking (D of E)
Girl(16) - Subject on expedition suffered a dislocated knee while walking. This was a recurrence of a pre-existing injury.
Patterdale 7, 3hr; Penrith 18, 3hr

309 16617 16 September 13:30 Flour Ghyll, Greenup Edge, Grasmere NY290104
SW-strong/heavy rain/broken cloud/cool/dull. Moderate Hill Walking (Large party (at least 10))
Woman(69) - Subject sustained injury from fall. Given pain relief and helicopter requested due to difficult evacuation caused by high river levels. Fractured ankle.
Langdale Ambleside 15, 3hr; Kendal 10, 3hr

310 16618 16 September 16:30 Moor Moss, Far Easedale NY299100
SW-strong/passing showers/broken cloud/cool/dull. Moderate Hill Walking (Large party (at least 10))
Man(71) - Subject being assisted off fellside from previous incident succumbed to hypothermia after immersion in river during crossing, subsequently collapsed.
Langdale Ambleside 15, 2½ hr; Kendal 10, 2¼ hr; Valley SAR Helicopter

311 16907 17 September 14:30 Nitting Haws, Borrowdale NY244167
Dry. Dry Hill Walking (Not known)
Subject became stuck on steep ground, reported cragfast. Assisted by another party prior to the arrival of the Team.
Keswick 7, 1hr

312 16625 18 September 15:26 White Scar, Whitbarrow SD458850
Calm/passing showers/clear/cool/bright. Steep dry scree Fell Running (Alone)
Man(21) - A fell-runner decided to take a short cut off the hill and became cragfast on steep unstable ground. He was reached by the team and then winched to safety by RAF Helicopter. Unhurt.
Kendal 11, 2½ hr; Valley SAR Helicopter

313 17089 19 September 20:10 Wastwater NY149042
Light/dry/clear/dark. Gentle footpath Hill Walking (Small party (2 to 5))
Man(NK), Woman(NK) - Party reported to be stuck on the screes above Wastwater. They were quickly located on the lakeside path having taken longer than expected to descend. No injuries.
Wasdale 12, 2hr

- 314 17256 21 September 15:15 Kailpot Crag, Hallin Wood NY435202**
 Light/dry/cloudy/mild/dull. Gentle damp footpath slippery Hill Walking (Small party (2 to 5))
 Woman(53) - Subject slipped on damp rock and dislocated her ankle. Dislocation was reduced on scene.
 Patterdale 9, 2³/₄hr
- 315 16641 22 September 12:56 Red Screes, Kirkstone Pass NY398083**
 SW-light/dry/clear/mild/bright. Level scree loose, slippery Fell Running (Small party (2 to 5))
 Woman(30) - Subject slipped while descending and sustained leg injury. Deep gash to shin 10cm long, and gaping.
 Langdale Ambleside 12, 2¹/₂ hr
- 316 17062 22 September 14:15 Scafell Pike, Lingmell col NY211077**
 Light/dry/clear/mild/bright. Moderate footpath Hill Walking (Small party (2 to 5))
 Woman(40) - Subject reported to have torn muscle in calf, unable to walk off. Subject quickly located by team members who were already on the fell and stretchered off when the rest of the team arrived.
 Wasdale 17, 3hr
- 317 16908 22 September 15:35 Stake Pass, Langstrath NY265098**
 Dry. Wet Hill Walking (Alone)
 Man(35) - Subject slipped at foot of pass, twisting his knee. Rest of his party on route to Coniston raised alarm from top of Stake Pass. On arrival, subject had recovered sufficiently to walk back with the team, without treatment.
 Keswick 16, 2¹/₂ hr
- 318 16650 22 September 21:42 Gimmer Crag, Langdale NY267050**
 SW-strong/heavy rain/broken cloud/cool/dark. Vertical crag Rock Climbing (Small party (2 to 5))
 Two Men(40) - Shouts for help heard and two climbers later reported overdue. Eventually located near Gimmer Chimney, no torches and cragfast. Both lowered to crag base after difficult access.
 Langdale Ambleside 7, 6³/₄ hr; SARDA (Lakes) 1, 6³/₄ hr; Kendal 13, 6³/₄ hr
- 319 17257 24 September 11:30 Kailpot Crag NY429202**
 Light/heavy rain/cloudy/cool/dull. Gentle very wet slippery Hill Walking (Family group)
 Man(71) - Subject slipped on wet rock and injured his ankle. Fractured ankle.
 Patterdale 12, 3hr
- 320 16909 24 September 13:20 Lining Crag, Greenup Ghyll NY282112**
 Heavy rain, high winds, low cloud. Waterlogged Hill Walking (D of E) (Small party)
 Five Boys(15) - Party of D of E participants on high fells in unsuitable weather conditions without escape plan or bad weather route succumbed to the conditions. All airlifted from the scene in difficult flying conditions. Mild hypothermia.
 Keswick 16, 5¹/₂ hr; Cockermouth 14, 3¹/₂ hr; Penrith 18, 3¹/₂ hr
- 321 16651 24 September 14:58 Scandale Pass NY386095**
 N-strong/rain/hill fog/cool/dull. Moderate footpath boggy, Hill Walking (Large party (at least 10))
 Man(76) - Subject described as hypothermic had collapsed while walking. Hypothermia, complicated by atrial fibrillation.
 Langdale Ambleside 15, 3¹/₂ hr
- 322 16891 25 September 12:40 Wetherlam Edge NY293015**
 Fine. Wet underfoot Hill Walking (Small party (2 to 5))
 Man(64) - Subject slipped on wet rock on Wetherlam Edge and fell some 5 metres. Scalp injury and lost tooth.

Coniston 8, 3¼ hr

323 16652 25 September 16:14 Pavey Ark, Jack's Rake NY285079
S-moderate/dry/clear/cool/bright. Steep crag rough, slippery Rock Scrambling (Alone)
Man(43) - Subject became cragfast while attempting scramble on steep crag. Unhurt.
Langdale Ambleside 12, 4hr

324 17059 27 September 16:30 Lingmell Crag NY210087
Moderate/dry/clear/cold/bright. Steep crag Search - Mountain
Fellwalker reported sighting of an orange object high on Lingmell Crag. From his position it resembled a fallen body. A swift search by the team confirmed that it was a large plastic bivvi bag that had been either lost or abandoned. False alarm good intent.
Wasdale 17, 3hr

325 16912 28 September 13:15 Castle Crag, Borrowdale NY249158
Dry. Damp, slippery Hill Walking (Small party (2 to 5))
Woman(61) - Subject slipped on damp rocks falling and injuring right hand on tree spike. She then fell backwards, landing on her left wrist, resulting in a fracture. Fractured left wrist, laceration to right hand.
Keswick 13, 2¼ hr

326 17258 29 September 15:05 Helvellyn, Swirral Edge NY346155
Calm/dry/cloudy/cool/dull. Steep dry slope Hill Walking (Small party (2 to 5))
Man(53) - Subject fell and dislocated his shoulder. His dislocation was reduced on scene.
Patterdale 19, 3¼ hr

327 17259 29 September 17:30 Helvellyn, Red Tarn Beck NY355159
Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
Man(59) - Subject slipped on Swirral Edge and fractured ankle. With the aid of friends, he walked down to the tarn from where he was evacuated. Spiral fracture of lower leg.
Patterdale 19, 1½ hr

328 16768 30 September 10:35 Barton Fell, Ullswater NY471220
Dry sunny very warm. Wet Mountain Biking (Alone)
Man(30) - While crossing a water-logged section of track, rider thrown from bike, landing heavily on shoulder. Anterior dislocation of shoulder.
Penrith 8, 2½ hr; Patterdale 12, 2½ hr

329 17261 30 September 17:38 Helvellyn, Striding Edge NY349149
Light/fine/broken cloud/mild/bright. Steep dry ridge Hill Walking
Subject called police and said he had heard shouts for help. A second call was received. Team were told group seen on Striding Edge where shouts came from. Team en route. Man called to say group were only larking about. False alarm good intent.
Patterdale 4, 1hr

October

330 16910 1 October 16:40 Great Stanger Ghyll NY265125
Not reported. Not reported Animal Rescue
Sheep rescue reported stuck. Retrieved without loss or injury.
Keswick 3, 2hr

- 331 16892 2 October 16:24 Tranearth, Torver SD280957**
 Fine. Dry Hill Walking (Small party (2 to 5))
 Girl(16) - Subject, student on field trip, suffered knee problem due to an existing condition.
 Coniston 7, 2hr
- 332 16726 3 October 13:03 Mickleden, Gt Langdale NY272064**
 Dry, mild. Dry level, footpath Hill Walking (Small party (2 to 5))
 Man(90) - Subject fainted or tripped and fell. Sustained minor injury, but vomited and felt nauseous
 and was unable to continue. Cut to arm, unable to walk.
 Langdale Ambleside 3, 2hr
- 333 16727 3 October 17:53 Little Castle How, Grasmere NY312077**
 SW-moderate/rain/hill fog/cool/dark. Moderate moorland Hill Walking (Small party (2 to 5))
 Three Men(55) - Party were unable to find their way off High Raise, back to Langdale. Phoned for
 help. Tried to talk them off, but eventually gave up and went and got them. Not 'natural survivors'. No
 injuries.
 Langdale Ambleside 7, 5¼ hr
- 334 16911 4 October 14:35 Shepherd's Crag, Borrowdale NY263185**
 Sunny spells. Dry Hill Walking (Not known)
 Woman(36) - Subject tumbled in boulder field at the foot of 'Little Chamonix', tumbling some 6 - 8m.
 Head injuries, multiple cuts and bruises.
 Keswick 17, 1½ hr; Great North AA (Cumbria)
- 335 17060 5 October 15:15 Broad Crag col NY217074**
 Light/dry/clear/cool/bright. Steep footpath loose Hill Walking (Small party (2 to 5))
 Woman(42) - Subject reported as unable to walk. Team requested helicopter support and the casualty
 was flown directly to hospital. Fractured right ankle.
 Wasdale 12, 3hr; Gannet SAR Helicopter
- 336 17262 5 October 15:50 Silver Point, Ullswater NY396184**
 Light/fine/broken cloud/cool/bright. Gentle dry footpath Hill Walking (Small party (2 to 5))
 Woman(54) - Subject reported to have suffered a seizure and suffering from cramp. No significant
 injury reported.
 Patterdale 9, 1hr
- 337 16893 6 October 13:10 Coniston Fells, Paddy End SD286986**
 Fine. Dry Fell Running (Organised Event)
 Man(43) - Subject slipped and injured ankle during fell race. Right ankle injury.
 Coniston 6, 2hr
- 338 17263 6 October 14:30 Dollywaggon Pike NY345129**
 Light/dry/broken cloud/mild/bright. Steep dry footpath Hill Walking (Large party (at least 10))
 Man(65) - Subject (diabetic) complained of severe cramp and was unable to continue walk.
 Patterdale 11, 3hr; Langdale Ambleside 1, 3hr
- 339 17264 6 October 17:00 Glenridding NY385170**
 Light/dry/broken cloud/mild/bright. Level dry scree Hill Walking (Small party (2 to 5))
 Woman(29) - Subject became unwell in Glenridding after falling on Striding Edge, sustaining a head
 injury and walked off the hill. She complained of sickness and exhibited slurred speech. Head injury
 diagnosed.
 Patterdale 4, ½ hr

- 340 17061 6 October 17:55 Great Gable, Kern Knotts NY215096**
 Light/dry/clear/mild/bright. Vertical rockface Rock Climbing (Not known)
 Man(NK) - Team already on exercise with RAF when called to attend fallen climber. Helicopter lifted team members to the scene and evacuated subject to hospital. A very swift response time. Head, chest and facial injuries.
 Wasdale 14, 1hr; Boulmer SAR Helicopter
- 341 16738 7 October 17:45 Crinkle Crag, Gt Langdale NY256040**
 SW-light/passing showers/hill fog/mild/dark. Moderate Hill Walking (Alone)
 Woman(49) - Subject lost in mist. No torch. No compass. Couldn't find way off. Unhurt.
 Langdale Ambleside 7, 2¾ hr
- 342 16739 7 October 17:46 Fairfield NY359116**
 SW-light/passing showers/hill fog/mild/dark. Moderate Hill Walking (Small party (2 to 5))
 Two Women(49 & 37) - Party could not find their way off Fairfield. Said they were on a path heading for Rydal, but after getting them to check their compass were found to be heading NW, lost. Patterdale to assist. Located at Hartsop Hall NY398120. No torches. No injuries.
 Langdale Ambleside 8, 3hr; Patterdale 1, 3hr; SARDA (Lakes) 1, 3hr
- 343 16934 8 October 23:14 Upper Esk - Little Narrow Cove NY229067**
 Not reported. Not reported Hill Walking (Family group)
 Man(50), Woman(50) - Party were reported to be overdue from a walk to Scafell Pike. After a search involving teams and search dogs, they were located in Upper Esk at the foot of Little Narrow Cove suffering from cold and exhaustion.
 Keswick 10, 7hr; Wasdale 16, 6½ hr; SARDA (Lakes) 2, 7hr
- 344 17063 8 October 23:30 Scafell Pike, Brown Tongue NY197073**
 Strong/heavy rain/hill fog/cool/dark. Moderate footpath wet Hill Walking (Small party (2 to 5))
 Five Youths(17 & 18) - Party became disorientated and lost their path. Called for help using a mobile. Quickly found well down the path into Wasdale; they wanted to be in Borrowdale. Transported back to their accommodation by team vehicle. Subject(s) located by search dog, all safe and well.
 Wasdale 16, 3hr; Keswick 1, 3hr; Duddon & Furness 13, 5½ hr; SARDA (Lakes) 2, 3hr
- 345 16745 9 October 17:20 Bright Beck, Gt Langdale NY284086**
 SW-light/passing showers/hill fog/mild/dark. Moderate Hill Walking (Small party (2 to 5))
 Two Men(60) - Subject became concerned for safety after suffering minor head injury, and not being able to find way down. Concerned he would miss epilepsy medication required at 18:00. Unspecified head injury.
 Langdale Ambleside 18, 3hr
- 346 17266 10 October 16:00 Helvellyn, Red Tarn Beck NY356165**
 Calm/fine/broken cloud/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Woman(42) - Subject slipped on path and injured her ankle. Fractured tibia and fibula.
 Patterdale 11, 2hr
- 347 16894 11 October 14:17 Sunnybank, Torver SD289925**
 Wet. Wet Hill Walking (Large party (at least 10))
 Man(87) - Subject injured leg while walking. Pulled muscle.
 Coniston 12, 1¾ hr

348 16935 12 October 13:04 Stoneycroft Beck, Newlands NY214214
 Dry. Damp Hill Walking (Small party (2 to 5))
 Man(58) - Subject slipped on wet rock. Fractured ankle.
 Keswick 17, 2hr

349 16895 12 October 13:17 Grizedale Forest SD330943
 Drizzle. Damp Mountain Biking (Small party (2 to 5))
 Man(32) - Rider fell off mountain bike. Injured right ankle.
 Coniston 11, 2½ hr

350 16936 12 October 14:53 Blencathra, Blease Fell NY316272
 Calm/drizzle/hill fog/warm/dull. Level footpath wet, slippery Hill Walking (Small party (2 to 5))
 Man(61) - Having completed an ascent of Sharp Edge, he slipped on the flat summit path. Fractured tibia and fibula.
 Keswick 28, 3¼ hr

351 16769 12 October 17:20 Cold Pike, Gt Langdale NY266034
 SW-light/passing showers/hill fog/mild/dusk. Moderate Hill Walking (Small party (2 to 5))
 Two Women(NK) - Couple were lost in mist and unable to find way off. No torches. Unharmed.
 Langdale Ambleside 4, 2¾ hr

352 16770 12 October 19:50 Red Tarn, Gt Langdale NY268037
 SW-light/passing showers/hill fog/mild/dark. Moderate Hill Walking (Small party (2 to 5))
 Four Women(NK) - Party were lost when they ran out of daylight; they had no torches in the party.
 "They weren't expecting to be out after dark". Located safe and well, led to safety.
 Langdale Ambleside 4, 3hr

353 16896 13 October 10:50 Raven Crag, Yewdale NY311003
 Drizzle. Wet Rock Scrambling (Small party (2 to 5))
 Man(42) - Subject taken ill while on the crag. Diabetic 'hypo' diagnosed but responded to glucose; minor head lacerations.
 Coniston 12, 2hr

354 17158 13 October 15:05 High Cup Nick, Appleby NY749270
 SW-fresh/drizzle/misty. Level moorland wet Hill Walking (Alone)
 Man(46) - Subject reported himself lost in mist/low cloud above High Cup Nick, without map or compass. Given direction over mobile phone and search dogs deployed as backup. Safe and well when located.
 Kirkby Stephen 3, 1½ hr; SARDA (Lakes) 2, 1½ hr

355 17065 15 October 13:00 Pillar NY171020
 W-strong/heavy rain/poor/cold. Level footpath very wet Hill Walking (Alone)
 Man(34) - Solo fellwalker reported himself disorientated on the summit of Pillar and unable to find way off. Deputy team leader attempted for 90 minutes to talk him off but subject was unable to find descent route. Team went out and escorted walker to valley.
 Wasdale 17, 6hr

356 16799 17 October 12:11 Armathwaite, Coombe Wood NY508453
 NW-fresh/dry/clear/cool/bright. Moderate woodland dry Hill Walking (Small party (2 to 5))
 Woman(48) - Subject placed foot awkwardly walking through woodland. Closed fracture tibia and fibula, rotated laterally, manipulated to normal alignment and evacuated to waiting ambulance.
 Penrith 13, 2hr

- 357 17267 23 October 15:00 Long Crag, Howtown - Patterdale NY408194**
 Calm/fine/clear/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Woman(60) - Subject slipped and banged her head in the subsequent fall. Cut to head.
 Patterdale 9, 1hr
- 358 16836 24 October 16:45 Loughrigg NY347051**
 SW-calm/fine/clear/cool/bright. Moderate moorland damp Fell Running (Alone)
 Man(60) - Subject found unconscious in seizure on summit of Loughrigg. Attended by passing doctor while team called. Unwilling to be stretchered off, so escorted off and passed to ambulance service. Past history of convulsions due to head injury. Seizure, unconscious.
 Langdale Ambleside 13, 2½ hr
- 359 16897 24 October 17:50 Walna Scar Road SD282968**
 Fine, dry and cold. Dry Hill Walking (Small party (2 to 5))
 Man(67) - Subject taken ill whilst walking, unable to continue. Exhaustion due to medical condition.
 Coniston 11, 1hr; Duddon & Furness 12, ½ hr
- 360 17268 25 October 15:45 Hartsop Dodd NY404118**
 Calm dry. Steep Hill Walking (Small party (2 to 5))
 Off-duty Senior Police officer reported dogs barking and was very concerned for owners' safety. Team investigated and found a group of people acting suspiciously but all safe and well. False alarm good intent.
 Patterdale 3, 1½ hr
- 361 16937 26 October 12:35 Dock Tarn, Watendlath NY275163**
 Not reported. Not reported Hill Walking (Alone)
 Man(57) - Subject slipped and twisted knee ligaments. Met by team as he was making his own way off.
 Keswick 14, ¾ hr
- 362 16838 26 October 12:40 Dungeon Ghyll, Gt Langdale NY288066**
 SW-light/dry/cloudy/mild/dull. Steep scree loose, slippery Hill Walking (Not known)
 Man(39) - Subject went to edge of ghyll to take photo when edge collapsed. Subject fell 10m into ghyll; climbed out opposite side onto loose ground but couldn't walk. Fractured pelvis (pubic rami).
 Langdale Ambleside 15, 2hr
- 363 16839 26 October 13:22 Deep Slack, High Raise NY292094**
 SW-moderate/dry/foggy/cool/dull. Moderate moorland boggy, Hill Walking (Alone)
 Woman(61) - Subject reported herself lost in mist. Located and escorted down. Unhurt.
 Langdale Ambleside 3, 3hr
- 364 16840 26 October 14:20 Harrison Stickle, Gt Langdale NY282076**
 SW-light/rain/cloudy/cool/dull. Steep footpath rough, slippery Hill Walking (Small party (2 to 5))
 Man(53) - Subject reported with ankle injury. Fractured ankle.
 Langdale Ambleside 15, 3½ hr; Kendal 16, 2½ hr
- 365 17070 26 October 16:15 Piers Gill NY212083**
 W-strong/heavy rain/poor/cold/dark. Steep gully very wet, Hill Walking (Small party (2 to 5))
 Five Boys(15, 16 & 17), Man(42) - Report of 2 persons cragfast but no location given. 2 separate groups had joined forces in poor weather and had strayed into Piers Gill. 1 walked out, 1 had fallen and 4 were cragfast. All located and escorted off with only minor bruising.
 Wasdale 21, 8hr; Cockermouth 1, 8hr; Duddon & Furness 1, 8hr

366 17269 26 October 17:00 Grisedale NY368158
 Light/drizzle/hill fog/cool/dull. Moderate damp footpath Hill Walking (Not known)
 Three Men(24, 24 & NK) - Team searched for party who had become separated in deteriorating
 weather . One was found in Grisedale and the others in adjacent valley Red Tarn Beck. All cold but
 unhurt.
 Patterdale 11, 1½ hr

367 16841 26 October 17:04 Thunacar Knott, Gt Langdale NY279087
 SW-moderate/rain/hill fog/cool/dark. Moderate moorland damp Hill Walking (Small party (2 to 5))
 Woman(20), Man(20) - Couple became disorientated in mist after being delayed by minor knee injury.
 No torch or compass. Located by search dog Kess.
 Langdale Ambleside 4, 4hr; Kendal 11, 4hr; SARDA (Lakes) 1, 4hr

368 17008 26 October 21:57 Brotherilkeld SD211011
 Not reported. Not reported Hill Walking (Small party (2 to 5))
 Two Women(NK) - Assisting another team with communication link. Team later called out to assist
 with search but stood down before leaving base. Safe and well when located.
 Duddon & Furness 14, 1hr

369 16847 27 October 11:45 Stickle Ghyll, Gt Langdale NY293067
 Not reported. Not reported Hill Walking (Not known)
 Woman(52) - Subject taken ill whilst walking. Faint, clammy, difficulty breathing.
 Langdale Ambleside 11, 3½ hr; Boulmer SAR Helicopter

370 16898 28 October 10:35 Low Water Beck, Coniston Fells SD278984
 Fine. Wet, slippery rock Rock Scrambling (Large party)
 Man(22) - Subject fell whilst scrambling up the rocks at the side of Low Water Beck. Back injuries.
 Coniston 15, 1hr; Gannet SAR Helicopter

371 16938 28 October 17:40 High Spy - Low Scawdel NY240161
 Drizzle/low cloud/dark. Steep , slippery Hill Walking (Small party (2 to 5))
 Man(57), Woman(51) - Party benighted without a torch. No injuries.
 Keswick 14, 3½ hr; SARDA (Lakes) 1, 3½ hr

372 16842 28 October 17:58 Helm Crag, Grasmere NY328091
 SW-strong/heavy rain/hill fog/cool/dark. Moderate footpath Hill Walking (Small party (2 to 5))
 Two Men(31) - Party caught out after walk took longer than thought. Had earlier decided not to turn
 back. Mistake. No torch. Got down almost to bottom by light from mobile phone. Located at bottom of
 hill by deployed team members. Both unhurt.
 Langdale Ambleside 2, 1¼ hr; Boulmer SAR Helicopter

373 16939 28 October 19:00 Sty Head, Borrowdale NY220095
 Drizzle. Moderate slope wet, slippery Hill Walking (Small party (2 to 5))
 Woman(33), Man(NK) - Party benighted without torches. Unhurt.
 Keswick 6, 4½ hr

374 17270 29 October 12:00 Hartsop, Eden Beck NY404136
 Moderate/fine/cloudy/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))
 Woman(19) - Subject stumbled and dislocated knee. Team reduced injury on scene and stretchered
 her from the hill. Dislocated patella.
 Patterdale 9, 2½ hr; Penrith 8, 2½ hr

375 16844 29 October 14:45 Stickle Ghyll, Gt Langdale NY293067
SW-light/passing showers/clear/mild/dull. Moderate footpath Hill Walking (Small party (2 to 5))
Woman(71) - Subject slipped after passing trekking poles to someone else to help. Sprained ankle.
Langdale Ambleside 10, 2hr

November

376 16940 1 November 14:56 Honister NY228137
Not reported. Not reported Hill Walking (Not known)
Man(43) - Despondent reported missing. Unhurt when located.
Keswick 17, 2¼ hr; SARDA (Lakes) 4, 1hr

377 16871 2 November 17:45 Codale Head, Grasmere NY292090
W-fresh/dry/clear/mild/dark. Moderate moorland damp Hill Walking (Small party (2 to 5))
Man(38), Woman(38) - Couple became lost and benighted as a result of having no torch, compass,
whistle or adequate clothing. Both unhurt.
Langdale Ambleside 1, 1hr

378 16905 3 November 13:35 Tarn Crag, Longsleddale NY489081
Light/dry/clear/cold/bright. Moderate boggy moorland Hill Walking (Small party (2 to 5))
Woman(48) - Subject turned ankle while walking; unable to continue walk. Treated on scene then
stretchered to Landrover for onward transport to hospital. Twisted ankle.
Kendal 13, 4hr

379 17271 4 November 17:48 Little Hart Crag NY390102
Light/drizzle/cloudy/cool/dark. Steep damp track Hill Walking (Small party (2 to 5))
Two Men(39 & 26), Two Women(35 & 25), Boy(17) - Group got into difficulty descending High Hartsop
Dodd. One person in party had knee injury and was unsure in failing light on steep ground. Team
located group and brought them off safely. Bruised knee.
Patterdale 16, 3¼ hr

380 17071 5 November 16:30 Lingmell col NY212078
N-strong/dry/clear/cold/dark. Moderate footpath damp Hill Walking (Alone)
Man(51) - Team called to assist a solo walker who had been found suffering from hypothermia having
been out all the previous night. Subject was stretchered to a waiting ambulance and transferred to
hospital. Hypothermia.
Wasdale 19, 4½ hr

381 17002 7 November 16:22 Yewdale Fells, Coniston NY304002
Blustery showers. Wet Hill Walking (Small party (2 to 5))
Man(NK), Woman(55) - Party reported as lost. Both unhurt.
Coniston 8, 1½ hr

382 16941 9 November 13:41 Skiddaw - Gibraltar Crag NY260294
NW-gale/drizzle/hill fog/cold/dark. Steep scree wet, slippery Hill Walking (Alone)
Man(57) - Despondent reported missing. Unhurt when located.
Keswick 20, 7hr; SARDA (Lakes) 5, 7hr; Gannet SAR Helicopter

383 17003 9 November 17:26 Yewdale Crag, Coniston SD305992
Not reported. Not reported Hill Walking (Small party (2 to 5))
Man(NK), Woman(NK) - Party reported as benighted. Neither injured.
Coniston 10, 1hr

- 384 17272 10 November 11:25 Ullswater NY445214**
 Moderate/dry/broken cloud/cool/dull. Not reported Water Sport (all types)
 Police asked for our boat to be launched as report of person in water off from Watermillock. Boat
 launched and persons found to be OK. Occupants conducting training in man overboard. False alarm
 good intent.
 Patterdale 4, ½ hr
- 385 17273 10 November 14:50 Threshwaite Mouth NY405104**
 Moderate/dry/cloudy/cold/dark. Steep damp footpath Hill Walking (Large party (at least 10))
 Man(33) - Subject slipped and injuring his ankle. Treated at the scene and then stretchered from the
 hill. Fractured ankle.
 Patterdale 13, 5hr
- 386 16942 11 November 14:17 Pavey Ark, Gt Langdale NY285079**
 N-strong/dry/clear/cold/bright. Vertical crag damp, slippery Rock Scrambling (Alone)
 Man(37) - Subject attempting to climb Jack's Rake, had second thoughts and became cragfast.
 Assisted down with rope, unhurt.
 Langdale Ambleside 11, 3hr
- 387 17004 11 November 17:40 Walna Scar, Coniston SD283968**
 Clear and cold. Dry Hill Walking (Small party (2 to 5))
 Two Women(NK & 33) - Subjects reported as having become exhausted. Both unhurt.
 Coniston 15, 1hr
- 388 17274 12 November 11:00 Deepdale, Latterhaw Crag NY387134**
 Calm/fine/cloudy/cool/bright. Steep rough crag Animal Rescue
 Farmer ask for help with two cragfast sheep that had been stuck for some time. Team located sheep
 and were lowered down to safety and released. One team member suffered bruising from this job.
 Patterdale 2, 1½ hr
- 389 17073 13 November 12:45 Lingmell NY204081**
 Strong/passing showers/cold. Not reported Hill Walking (Alone)
 Man(51) - Team called to assist a male found lying near the top of Lingmell. It turned out to be the
 same gentleman who had been carried down by the team the previous week (see incident 380). After
 some persuasion the man agreed to be carried down again and taken to hospital. Unhurt.
 Wasdale 16, 4½ hr
- 390 16946 14 November 12:11 Latrigg, Brundholme Woods NY280243**
 Calm/dry/clear/cool/bright. Gentle footpath damp, slippery Hill Walking (Family group)
 Woman(65) - Subject slipped. Fractured leg.
 Keswick 14, 1½ hr
- 391 16983 15 November 18:42 Little Castle How, Gt Langdale NY311075**
 E-light/passing showers/low cloud/cool/dark. Moderate crag Hill Walking (Small party (2 to 5))
 Four Men(55) - Party became benighted as it went dark. No torch in group. No injuries.
 Langdale Ambleside 10, 2½ hr
- 392 17275 17 November 16:55 Swineside Knott NY379198**
 Moderate/heavy rain/poor/cold/dark. Moderate wet footpath Hill Walking (Large party (at least 10))
 Woman(52), Five Men(NK) - A large group split up on hill-walk. One group got down; other had
 woman with knee injury and got lost in fading light and bad weather. Team located and got them down
 to safety. Knee injury, no other injuries.
 Patterdale 10, 3½ hr

- 393 16984 17 November 17:50 Bowfell, Ore Gap NY241074**
SE-gale/sleet/low cloud/very cold/dark. Steep crag rough, Hill Walking (Small party (2 to 5))
Three Men(36) - Party reported themselves lost near Three Tarns. Initial search failed to find them.
They were able to see lights. Eventually wild campers reported shouts for help at Angle Tarn. Located
Ore Gap. No torch. Couldn't navigate.
Langdale Ambleside 12, 9¼ hr; SARDA (Lakes) 3, 6hr; Duddon & Furness 11, 4hr
- 394 17072 17 November 22:30 Piers Gill NY213084**
Strong/heavy rain/poor/very cold/dark. Steep gully very wet Hill Walking (Small party (2 to 5))
Man(24), Woman(21) - Party of fellwalkers strayed into Piers Gill after making a navigational error in
thick cloud and heavy rain. After an initial search they were located and hauled out of the gill using
ropes. Apart from being very cold and wet both were uninjured.
Wasdale 17, 7hr; Cockermouth 16, 7hr; Duddon & Furness 12, 4hr; SARDA (Lakes) 2, 7hr
- 395 17041 18 November 11:20 Langstrath - Woof Stones NY261280**
Strong/drizzle/hill fog/cold/dull. Steep crag rough, slippery Animal Rescue
A report of cragfast sheep. Retrieved without loss or injury.
Keswick 3, 2hr
- 396 17042 20 November 15:10 Coledale Hause NY189211**
Moderate/passing showers/hill fog/cool/dull. Gentle footpath Hill Walking (Small party (2 to 5))
Two Men(NK) - Party became lost in the mist. No torches or whistles. Tried to talk them down but
ended up going out for them. No one injured.
Keswick 16, 3¼ hr
- 397 17043 23 November 14:25 Blencathra - Blease Fell NY307263**
Calm/dry/clear/cool/bright. Steep footpath dry Hill Walking (Alone)
Man(48) - A body was discovered by passing walkers on a popular fell-walk. Recovered and handed
over to coroner's officer. FATAL Collapsed.
Keswick 18, 1½ hr
- 398 16985 23 November 15:36 The Band, Gt Langdale NY251061**
E-moderate/fine/clear/very cold/dark. Moderate footpath Hill Walking (Small party (2 to 5))
Man(50) - Subject slipped. Fractured ankle.
Langdale Ambleside 12, 3½ hr; Kendal 12, 3½ hr; Boulmer SAR Helicopter
- 399 17044 25 November 15:01 Nitting Haws NY243168**
Calm/dry/clear/cool. Steep loose Rock Scrambling (Not known)
Man(23) - Subject managed to dislodge a rock, resulting in injuries. Compound ankle fracture,
fractured pelvis, dislocated shoulder, head abrasions, soft tissue injuries.
Keswick 23, 2hr; Great North AA (Cumbria) ; Gannet SAR Helicopter
- 400 16992 25 November 16:53 Blea Crag, Easedale Tarn NY304080**
NW-light/dry/clear/cool/dull. Moderate footpath damp, slippery Hill Walking (Medium party (6 to 9))
Man(63) - Subject slipped and sustained a painful shoulder injury. Dislocated shoulder.
Langdale Ambleside 11, 3¼ hr; Great North AA (Cumbria)
- 401 16999 27 November 15:09 Harrison Stickle, Gt Langdale NY281075**
SW-light/drizzle/hill fog/cool/dull. Moderate moorland damp, Hill Walking (Not known)
Man(NK), Woman(NK) - Party could not find path and way down, despite being able to see Stickle
Tarn. Talked down by phone without leaving base. Both unhurt.
Langdale Ambleside 3, 1½ hr

402 17096 29 November 19:00 Clough Head - Sandbed Gill NY321217
 Rain/cold. Steep scree rough, slippery Animal Rescue
 Requested by local farmer to attempt a rescue of a cragfast sheep. Successful after 3rd attempt.
 Keswick 6, 6hr; Ochils 7, 6hr

December

403 17086 4 December 05:50 Scafell, Lord's Rake NY205068
 Moderate/heavy rain/low cloud/cool/dark. Steep footpath Hill Walking (Alone)
 Man(NK) - Team called to assist a solo walker doing the 3 Peaks who had strayed onto the wrong mountain. He was sure of his location but could not find his way down. Team members located him and escorted him back to his car. Unhurt.
 Wasdale 5, 6hr

404 17162 6 December 01:00 Grizedale Forest SD338935
 Light/passing showers/clear/cool/dull. Moderate woodland Search - Non-mountain (Alone)
 Man(57) - Search for subject reported missing, believed to be at risk. Search continued over two days.
 FATAL Suicide by hanging.
 Duddon & Furness 17, 7¼ hr; SARDA (Lakes) 3, 18hr; SARDA (England) 1, 7hr; Coniston 13, 8¼ hr

405 17304 8 December 14:00 Kirkstone Pass NY401084
 Fresh/snow/poor/freezing/dull. Steep icy slippery Local Incident (Large party)
 Coach had 30 students on board when driver came over the top despite 'Road Closed' sign. 300 metres on descent driver lost nerve due to coach slipping. Team transported students to Patterdale YHA.
 Patterdale 5, 2hr

406 17253 9 December 12:20 Grizedale Forest, Lawson Park SD317944
 Good. Very cold Mountain Biking (Alone)
 Man(59) - Rider fell off mountain bike on slippery wooden bridge. Spinal injury.
 Coniston 9, 1¾ hr

407 17049 9 December 17:49 Raven Crag, Langdale NY284066
 SW-fresh/passing showers/clear/cool/dark. Steep crag wet, Hill Walking (Small party (2 to 5))
 Three Men(49) - Party of climbers benighted due to lack of torches. Located and escorted to valley bottom. No injuries.
 Langdale Ambleside 13, 3hr

408 17097 11 December 19:57 Robinson - Low Snab NY212177
 Calm/dry/clear/cold/dull. Steep crag grassy, slippery Hill Walking (Not known)
 Man(58) - Subject slipped on wet grass. Fractured ankle.
 Keswick 17, 3¼ hr

409 17213 14 December 17:04 Stockley Bridge, Borrowdale NY235109
 Calm/dry/clear/freezing/dark. Moderate footpath icy, slippery Hill Walking (Not known)
 Man(64) - Subject slipped on final section of descent. Fractured leg.
 Keswick 12, 2hr

410 17305 15 December 12:00 Helvellyn, East Gully NY346151
 Calm/fine/clear/freezing/. Steep frozen gully slippery Animal Rescue
 Call by police to see if we could assist a person with injured dog that had fallen down gully next to Striding Edge Helvellyn. Met by team member and vet arranged.
 Patterdale 4, 1hr

- 411 17306 15 December 15:25 Ruthwaite Lodge, Grisedale NY360140**
 Freezing. Steep frozen footpath slippery Hill Walking (Winter) (Small party)
 Woman(51) - Subject slipped on icy path descending from Grisedale Tarn. Condition not reported.
 Patterdale 13, 2½ hr
- 412 17307 16 December 15:15 Scrubby Crag, Deepdale NY367116**
 Calm//cloudy/freezing/dusk. Vertical frozen crag slippery Hill Walking (Winter) (Alone)
 Man(31) - Subject, off-route, fell onto Scrubby Crag with his dog. Both landed on ledge, that was
 difficult to access. Helicopter unable to operate in mist. Members roped down and hoisted subject to
 top and safety. Unhurt.
 Patterdale 15, 6½ hr; Boulmer SAR Helicopter
- 413 17146 19 December 13:35 Great Castle Crag, Grasmere NY307077**
 Cold, frosty, clear. Frozen path Hill Walking (Not known)
 Man(64) - Subject collapsed while walking. Wife called for help and attempted CPR. Man declared
 died at scene. FATAL Heart attack.
 Langdale Ambleside 10, 2hr; Great North AA (Cumbria)
- 414 17163 20 December 13:33 Moasdale NY240031**
 Light/dry/clear/cold/dull. Level moorland frozen, slippery Hill Walking (Alone)
 Man(66) - Report of man found dead in frozen pond. FATAL No visible injuries; had been reported
 missing in Ambleside area several days earlier.
 Duddon & Furness 12, 3hr
- 415 17145 21 December 15:18 Cowgill Farm, Westhouse SD685745**
 Calm/dry/clear/freezing/bright. Gentle footpath frozen, slippery Hill Walking (Winter) (Small party)
 Woman(68) - Subject slipped 1.5m off icy stile, fell heavily onto frozen ground. Assisted paramedic
 with casualty care; stretchered into rescue land rover and transported down to waiting road
 ambulance. Fracture left upper arm; dislocated open fracture lower left leg.
 Cave Rescue Organisation 11, 1½ hr
- 416 17214 22 December 16:45 Thorneythwaite Fell, Borrowdale NY245121**
 Dry with intermittent cloud cover. Icy patches Fell Running (Small party (2 to 5))
 Woman(27) - Subject slipped on descent, sustaining lower leg injury. Torn ligaments.
 Keswick 19, ¾ hr
- 417 17152 23 December 15:49 Crinkle Crag, Mosedale NY249056**
 SW-light/drizzle/hill fog/very cold/dusk. Moderate moorland Hill Walking (Alone)
 Man(NK) - Subject lost path and phoned for help. Uncertain of location. Told to descend quickly while
 still light. Lost phone contact. Team mobilised to search. Turned up at Brothelkeld while deploying.
 Unhurt.
 Langdale Ambleside 9, 2½ hr; SARDA (Lakes) 2, 2½ hr; Wasdale 1, 2½ hr
- 418 17308 25 December 15:15 Caiston Glen NY392896**
 Clear/cool. Steep footpath Hill Walking (Alone)
 Subject reported that she had left partner at waterfall and returned to Sykeside. Concerned that he
 was 3 hrs overdue. As team were assembling, report received that the man had turned up safe.
 Patterdale 12, ¾ hr
- 419 17154 27 December 16:40 Broad Crag, Red Screes NY388092**
 SW-storm/heavy rain/hill fog/cool/dark. Steep moorland very Hill Walking (Small party (2 to 5))
 Man(52) - Subject slipped and sustained injury. Helicopter requested to speed evacuation, but was
 unable to assist due to weather conditions. Evacuated by stretcher. Fracture dislocation of lower leg.

Langdale Ambleside 11, 5¼ hr; Kendal 16, 6hr; Valley SAR Helicopter

420 17309 27 December 16:55 Helvellyn, Striding Edge NY348149
Not reported. Not reported Hill Walking (Large party (at least 10))
Two Women(64) - Both leaders of group of adults seperated from party leaving them without a leader.
Group descended to hostel to say they were concerned as the two had not returned. Arrived OK at
hostel.
Patterdale 11, 1hr

421 17180 30 December 12:00 Sadgill, Longsleddale SD483057
Calm/drizzle/clear/cool/dull. Steep damp crag Animal Rescue
Following a request from a local farmer the Police asked the team to see if we could assist in the
rescue of 2 sheep that had been cragfast for 4 days. Team members abseiled down to the crag and
both the sheep departed their location landing without injury.
Kendal 6, 2hr

422 17215 30 December 13:13 Sharp Edge, Blencathra NY327284
Dry with cloud cover. Wet and slippery Rock Scrambling (Not known)
Man(60) - Subject slipped and fell approximately 100 ft down gully to north side of the 'Awkward Step'.
Alarm raised by other walkers who went to his aid, including administering CPR. FATAL Multiple and
serious injuries.
Keswick 25, 4½ hr; Penrith 5, 3hr; Boulmer SAR Helicopter

423 17157 30 December 15:50 Helm Crag, Grasmere NY327091
SW-light/dry/cloudy/mild/bright. Moderate footpath damp, Hill Walking (Small party (2 to 5))
Man(54) - Subject slipped and sustained injury. Open fracture right lower leg.
Langdale Ambleside 11, 2¾ hr; Great North AA (Cumbria)

424 17216 30 December 23:00 Borrowdale, Dalton's Cave NY250164
Not reported. Not reported Local Incident (Not known)
Man(NK) - Reported to be suffering from breathing difficulties. Found and taken to Grange by a team
member where they waited for the team. Suspected substance and alcohol abuse!. Breathing
difficulties.
Keswick 13, 1hr

425 17165 31 December 17:45 Snarker Moss, Red Screes NY390082
Light wind, cool, raining. Moderate moorland very wet, Hill Walking (Small party (2 to 5))
Two Men(40 & 33) - Party became benighted after setting off late and failing to complete their walk in
time. Located unharmed, led to safety.
Langdale Ambleside 8, 4½ hr; SARDA (Lakes) 1, 4½ hr

Editor's note on the Report Layout:

Line 1 contains the reference numbers, date and time, location and Ordnance Grid Reference of the incident.

Line 2 contains a brief description of the weather, and a similar description of the ground conditions. It ends with the activity of the person(s) involved and their group size if known.

Line 3 onward contains the nature, and the outcome of the incident and any other relevant information.

Finally, the team(s) involved with the incident, together with other units deployed e.g. SAR helicopters and search dogs.

Abbreviations used - NK = not known, MRT = mountain rescue team, SAR search and rescue, GPS global positioning system, SARDA = Search and Rescue Dog Association, OPC = outdoor pursuit centre, DAT = Demetia Alzheimers Type.

Lake District Mountain Accident Summary

		2001	2002	2003	2004	2005	2006	2007
Total incidents dealt with by Teams		231	337	351	391	395	396	425
Total numbers of casualties & uninjured		249	371	397	468	387	493	551
Climbing on Rock	Deaths	1	0	0	1	2	0	0
	Injured	4	7	4	8	4	1	6
Climbing on Snow/Ice	Deaths	0	0	0	0	0	0	0
	Injured	1	0	2	0	0	1	0
Fell Walking	Deaths	4	7	9	11	16	19	13
	Injured	75	141	131	159	155	166	190
Fell Walking on Snow/Ice	Deaths	2	1	1	1	1	0	0
	Injured	21	5	10	11	15	17	4
Fell Walking	Unhurt	103	148	158	182	133	224	271
Cragfast Climbers or Fellwalkers taken off	Unhurt	19	28	14	15	21	29	37
Ski-ing Accidents	Deaths	0	0	0	0	0	0	0
	Injured	0	0	0	0	0	0	0
Incidents other than mountain accidents	Deaths	7	6	3	28	3	8	6
	Injured	10	22	19	16	16	22	16
Accidents to Young People (18 yrs or under)	Deaths	0	2	0	0	0	2	0
	Injured	8	25	21	17	22	23	23
	Unhurt	20	29	21	31	12	38	29
TOTAL CASUALTIES (all causes)	Deaths	14	14	16	42	23	28	21
	Injured	125	189	188	212	206	207	234

Table 1a

OTHER DETAILS (7 YEARS 2001-2007)

	2001	2002	2003	2004	2005	2006	2007
Total Man/hrs involved on incidents for the year	12242	16296	16795	20990	16441	24335	20320
Total Team Callouts - incl. Incidents needing more than 1 team	313	435	438	548	517	565	567
SAR Aircraft involved	39	58	82	112	83	93	94
Rock Scrambling Incidents fatalities	2	4	7	6	4	5	12
	0	0	1	0	0	1	1
Avalanche Incidents	0	0	0	0	0	1	0
Mountain Bike Casualties	6	8	10	10	7	6	16
Fell Running Casualties fatalities	1	6	2	2	4	2	5
	0	0	1	0	0	1	0

Table 1b

Analysis Of Casualty Conditions

Year	Non-Mountain	Mountain Accidents			Total
	All Conditions	Medical	Trauma/Cold Non-Winter	Winter	
1993	6	14	5	2	27
1994	3	11	4	4	22
1995	4	7	7	3	21
1996	9	7	2	1	19
1997	0	6	5	0	11
1998	5	11	1	0	20
1999	1	11	6	0	18
2000	2	2	2	0	6
2001	7	5	1	1	14
2002	6	5	3	0	14
2003	3	10	1	0	15
2004	28	9	3	1	41
2005	3	10	9	1	23
2006	8	13	7	0	28
2007	6	12	3	0	21

Notes: medical = heart attack, other medical causes or not reported

Table 2 – Fatalities (figures revised from previous reports)

Year	Serious	Minor
1993	135	107
1994	149	121
1995	109	123
1996	113	100
1997	142	103
1998	113	94
1999	96	82
2000	91	119
2001	59	66
2002	91	98
2003	82	106
2004	96	116
2005	97	109
2006	112	95
2007	119	116

Notes: serious = 'detained in hospital for greater than 24 hours'
minor = not serious

Table 3 - Injuries /Condition (figures revised from previous reports)

Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes for calling out the Mountain Rescue Team(s). For example, the category Benighted will include any word with 'benight-', and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one cause. A typical report will illustrate this:-

“tripped on footpath whilst walking and fell 2 metres onto rocky ground”

This will result in contributions to the trip/stumble and fall categories.

<i>Cause Of Incident</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>
Avalanche	0	0	0	0	0	0	0
Belay/Runner Failure	1	2	3	0	2	1	3
Benighted	7	8	37	19	6	34	32
Collapse	10	13	21	23	21	33	22
Cragfast	10	17	12	15	21	29	39
Exhaustion	3	1	4	8	3	3	9
Fall	49	83	90	88	78	79	138
In Difficulty	0	2	6	3	2	3	6
Lights Reported	7	5	7	8	17	7	24
Lost	23	33	53	73	44	113	100
Overdue	33	38	45	62	48	75	75
Separated	7	8	10	16	6	15	17
Severe Weather	2	1	1	18	2	2	14
Shouts Heard	2	2	0	4	0	4	9
Slip	67	93	72	106	97	93	96
Trip Or Stumble	8	12	20	13	14	19	16
Total No of Subjects	212	322	348	468	386	493	551

Table 4 - Causes of MR Incidents

Age Profiles of Subjects

The following table shows the ages of both male and female casualties (fatal, injured and unhurt).

<i>Age (years)</i>		<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>
Not Reported	Male	24	31	53	82	54	82	126
	Female	8	21	16	17	15	38	35
	Total	32	52	69	99	69	120	161
1 - 10	Male	5	6	11	4	2	4	4
	Female	7	3	5	5	2	2	2
	Total	12	9	16	9	4	6	6
11 - 20	Male	13	25	22	39	31	44	43
	Female	6	28	6	13	9	28	15
	Total	19	53	28	52	40	72	58
21 - 30	Male	21	26	27	43	27	39	29
	Female	9	20	20	10	14	10	20
	Total	30	46	47	53	41	49	49
31 - 40	Male	17	32	33	35	25	35	35
	Female	10	10	25	20	18	12	18
	Total	27	42	58	55	43	47	53
41 - 50	Male	25	35	22	34	36	47	42
	Female	24	22	23	25	30	19	23
	Total	49	57	45	59	66	66	65
51 - 60	Male	25	32	22	38	34	42	51
	Female	27	37	14	29	31	23	27
	Total	52	69	36	67	65	65	78
61 - 70	Male	12	14	11	22	16	27	31
	Female	7	18	20	23	21	20	21
	Total	19	32	31	45	37	47	52
71 - 80	Male	3	6	8	14	11	11	16
	Female	2	4	8	7	5	6	8
	Total	5	10	16	21	16	17	24
81 +	Male	0	0	3	4	4	2	4
	Female	1	0	1	2	2	2	1
	Total	1	0	4	6	6	4	5
Totals	Male	145	207	212	316	240	333	381
	Female	101	163	138	152	147	160	170
	Total	246	370	350	468	387	493	551

Table 5 - Age Profiles of Subjects

Types of Injury

The following table is the result of a search through all the reports for key words relating to types of injury or medical conditions. For example, the category Lacerations will include any word with 'lacerat-', 'cut-' and 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

"Fracture/dislocation of the ankle, cuts to hands and knee"

This will result in contributions to the fracture, dislocation and laceration categories.

<i>Condition/Injury</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>
Abrasion	4	1	1	1	3	2	4
Asthma	0	0	0	1	0	2	0
Bruising	2	4	4	2	7	4	6
Burns	0	0	0	0	0	0	0
Concussion	0	0	1	1	0	0	0
Cramp	0	0	2	0	1	0	1
Crush Injury	1	2	2	1	1	0	1
Diabetic	0	0	3	1	1	2	2
Dislocation	5	12	10	13	12	15	13
Epilepsy	1	1	0	2	2	3	1
Exhaustion	3	1	2	2	4	0	3
Exposure	0	0	1	1	0	0	0
Fractures	64	88	76	103	92	83	91
Heart Attack	5	7	10	8	7	10	11
Hypothermia	4	7	5	3	6	11	11
Illness	0	0	3	1	3	2	1
Lacerations	9	25	22	8	14	12	14
Ligament/Tendon Damage	3	6	0	3	1	3	9
Multiple Injuries	4	2	1	8	3	7	3
Shock	1	0	0	1	0	0	0
Sprain/Strain	4	6	9	4	3	5	5
Unconscious	3	2	0	0	1	1	3
Number of Casualties	136	203	190	246	219	232	257

Table 6 - Types of Injury

Sites of Injury

The following table is the result of a search through all the reports for key words relating to sites of injury or medical conditions. For example, the category Lower Leg will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

“Fracture/dislocation of the ankle, cuts to hands and knee”

This will result in contributions to the ankle, hands & wrist and knee categories.

<i>Site Of Injury</i>	<i>2001</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>
Abdomen	1	1	1	0	1	0	1
Ankle	27	49	48	73	40	45	68
Arm	10	17	9	5	11	10	10
Chest	7	12	4	10	12	12	7
Facial	3	3	3	0	7	5	5
Foot	1	1	2	1	2	1	0
Hand & Wrist	5	7	10	16	11	9	12
Head	14	19	23	20	21	17	31
Knee	12	19	18	15	8	18	23
Lower Leg	28	30	26	20	30	23	28
Neck	1	4	4	4	3	2	6
Pelvic Girdle	4	4	1	1	0	3	3
Shoulder Girdle	8	11	8	9	11	8	9
Spine	6	11	10	11	15	15	15
Upper Leg & Hip	4	8	3	2	4	5	3
Number of Casualties	136	203	190	246	219	232	257

Table 7 - Sites of Injury

Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Richard Warren Tel 01946 62176 and Email rawarren@freenetname.co.uk

FOR RESCUE ASSISTANCE

- GO TO THE NEAREST TELEPHONE AND DIAL 999.
- ASK FOR 'MOUNTAIN RESCUE'.
- GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES - NAME & ADDRESS OF CASUALTY IF KNOWN.
- STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth Mountain Rescue Team

Hon. Sec.: Gwyn Lewis
12 Horsman Street, Cockermouth, Cumbria CA13 0HE
01900 827771 gwynl@cockermouthmrt.org.uk

Coniston Mountain Rescue Team

Hon. Sec.: Bob Henson
Woodside Cottage, Colton, Ulverston, Cumbria LA12 8HE
01229 861800 bob@bobhenson.net

Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green
School House, Oulton, Wigton Cumbria, CA7 0NP
016973 42618 bernie.green@tiscali.co.uk

Duddon & Furness Mountain Rescue Team

Hon. Sec.: Tracey Binks
7 New Street, Broughton-in-Furness, Cumbria LA20 6DJ
01229 716952 tracey.binks@arrhouse.co.uk

Kendal Mountain Search and Rescue Team

Hon. Sec.: Pauline Speak
2 Whinny Haw Barn, Firbank, Sedbergh, Cumbria, LA10 5EH
015396 20987 pauline.speak@hotmail.co.uk

Keswick Mountain Rescue Team

Hon. Sec.: Paul Cheshire
Shorley Mews, Shorley Lane, Keswick, Cumbria, CA12 4HN
017687 75982 secretary@keswickmrt.org.uk

Kirkby Stephen Search and Mountain Rescue Team

Hon. Sec.: Tanya Mellor
The Old School, Winton, Cumbria, CA17 4HL
017683 72882 tanyamellor2@aol.com

Langdale / Ambleside Mountain Rescue Team

Hon. Sec.: Lucy Noble
Lowfold, Lakes Road, Ambleside, Cumbria, LA22 0DN
015394 31760 noblelucy@hotmail.com

Patterdale Mountain Rescue Team

Hon. Sec.: Dan Farley
Mains Barn, Newton Reigny, Penrith, Cumbria
01768 899013 farley_dan@hotmail.com

Penrith Mountain Rescue Team

Hon. Sec.: John Roelich
33 Moorville Drive South, Carlisle, Cumbria CA3 0AW
01228 584975 jproelich@wightcablenorth.net

Search and Rescue Dog Association SARDA (Lakes)

Hon. Sec.: Les Telford
21 Union Street, Kendal, Cumbria, LA9 4RR
01539 727051 les.telford@dial.pipex.com

Wasdale Mountain Rescue Team

Hon. Sec.: John Bamforth
26 Seascale Park, Seascale, Cumbria CA20 1NG
019467 28017 john.r.bamforth@aol.com

For further information about LDSAMRA and the MR Teams in the Lake District, try our web site on the Internet at <http://www.ldsamra.org.uk>

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

<i>Location :</i>	Gatesgarth Farm, Buttermere
<i>Grid Ref.:</i>	NY 194 149
<i>Supervisor:</i>	Cockermouth MRT Tel: 01900 827916

<i>Location :</i>	Ullswater Outward Bound Mountain School
<i>Grid Ref.:</i>	NY 438 213
<i>Supervisor:</i>	Ullswater OBMS Tel: 017684 86347

<i>Location :</i>	Wastwater Hotel, Wasdale Head
<i>Grid Ref.:</i>	NY 187 088
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

<i>Location :</i>	Dow Crag (at the foot of Abraham's B Buttress)
<i>Grid Ref.:</i>	SD 263 976
<i>Supervisor:</i>	Coniston MRT Tel: 015395 41242

<i>Location :</i>	Mickledore, Scafell (just below crest on Eskdale side)
<i>Grid Ref.:</i>	NY 210 068
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25314

<i>Location :</i>	Sty Head Pass
<i>Grid Ref.:</i>	NY 218 095
<i>Supervisor:</i>	Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

<i>Location :</i>	Howtown OA Centre, Martindale
<i>Grid Ref.:</i>	NY 444 197
<i>Supervisor:</i>	BRCS Cumbria c/o The Warden Tel: 017684 86208

<i>Location :</i>	YMCA National Centre, Lakeside
<i>Grid Ref.:</i>	SD 374 897
<i>Supervisor:</i>	YMCA Tel: 015395 31758

NOTE: All the above posts are in the area of the OS Lake District Tourist Map though not all are marked.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of your party has become separated from the main party and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

When not to use

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or not reception ('dead areas').
- The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location (Grid Ref. if possible)
Name, Sex and Age of Casualty.
Nature of Injuries or disability.
Number of people in party and intended destination.
THE NUMBER OF THE MOBILE PHONE IN USE.
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Lake District.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared.
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the above procedure again.

Advice to Mountain Users

Most calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

Planning and Preparation

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, which restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

Equipment and its Use

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

Party Size

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.

- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

Emergency Procedures

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

Mobile Phones

- Do not rely on a mobile phone to get you out of trouble. Signal coverage in mountainous areas is very unreliable. Mountain Rescue Teams have many years of experience in calls from mobile telephones. Whilst mobile phones are excellent when they work, there are many things that can go wrong. Even moving a few feet in the mountains can mean losing the signal. You will be advised of best practice when contacted. If you are able to summon help using your mobile phone KEEP IT SWITCHED ON SO YOU CAN BE RE-CONTACTED.

Dangers - all can be avoided by good route-finding

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

Dangers – all can be avoided by remaining alert

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs; rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time - especially true when under pressure - allow extra time in winter conditions

Pride

- It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

JOHN BERNARD ANDERSON

Coniston MRT

STEVE BARBER (Deceased)
Kendal MSRT, LDSAMRA & MRC

ERIC BARRINGTON
Kendal MSRT & LDSAMRA

PETER BELL
Langdale/Ambleside MRT, Stretcher
Manufacturer

Sir CHRISTIAN BONINGTON

JOE BOOTHROYD (Deceased)
Patterdale & Penrith MRTs, LDSAMRA
& MRC

DUNCAN JAMES CAMERON
(Deceased) Coniston MRT

NELSON CLARK
Furness MRT

ROY COOKSEY
Coniston MRT

JIM COYLE BEM
Cockermouth MRT

SYDNEY H. CROSS MBE (Deceased)
Langdale Mountain Rescues

SQN LDR LESTER DAVIES
(Deceased) O.B.M.S. Ullswater

GEORGE FISHER MBE (Deceased)
Keswick MRT

RICHARD FISHER
Keswick MR Team

MALCOLM GRINDROD
Langdale/Ambleside MRT & SARDA
(Lakes)

Mrs. ADA HILLARD

PAUL HORDER
Cockermouth & Keswick MRTs,
LDSAMRA & MRC

STEWART HULSE MBE
Langdale/Ambleside MRT, & MRC

PETER JACKSON MBE
Millom FRT

TOM MINTON (Deceased)
Kendal MSRT

JOHN MITCHELL
Millom FRT

MIKE MITCHELL
Kendal MSRT, COMRU & LDSAMRA

MIKE NIXON MBE
Keswick MRT

Dr. JAMES D OGILVIE (Deceased)
Patterdale MRT

DES OLIVER
Keswick MRT

BILL PATTISON MBE
Wasdale MRT

ROGER PUTNAM
O.B.M.S. Eskdale

JAMES BRYAN STILLING
Kendal MSRT, LDSAMRA & MRC

Lt. Col H. WESTMORELAND MBE
(Deceased) Keswick MRT

Fl. Lt. RICHARD WOOD
A Flight 202 Sqn RAF Boulmer

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation.

If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	
Bank Code:	40-22-16	Bank Account No: 81205617
Give As You Earn Reg.	No:004184	
Charity Commission Reg.	No:506349	

GIFT AID DECLARATION

Name of Charity: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

Registered Charity Number: 506349

Title Forename..... Surname.....

Address:.....

.....

..... Postcode:.....

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £.....
- The donation(s) of £ which I made on/...../.....
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise

as Gift Aid donations.

Signed Date/...../.....

-----✂-----

BANKERS ORDER

To: Bank

..... Address

..... Date

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words)

commencing (date of first payment)

and thereafter every (month/year)

until (date of last payment) and debit my/our account

accordingly.

Signed Date

DEED OF COVENANT

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to *£ each (month/year), from the date shown below.

Signed and delivered

Date

Full name & address

(in capitals)

..... Tel. No.....

Witnessed by (signed)

Full name & address

(in capitals)

.....

* Enter here the actual amount you will be paying to the LDSAMRA.

-----✂-----

BANKERS ORDER

To: Bank

Address.....

..... Date.....

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words)

commencing (date of first payment) and

thereafter every (month/year)

until (date of last payment) and debit my/our account accordingly.

Signed Date



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by

Cumbria Constabulary.



and

Cumbria Police Authority



FOR RESCUE ASSISTANCE

*

**GO TO THE NEAREST
TELEPHONE AND DIAL 999**

*

ASK FOR 'MOUNTAIN RESCUE'

*

**GIVE THE LOCATION (NAME &
GRID REFERENCE), TIME OF
ACCIDENT, NATURE OF
INJURIES - NAME & ADDRESS
OF CASUALTY IF KNOWN**

*

**STAY BY TELEPHONE UNTIL
POLICE OR RESCUE TEAM
MAKE CONTACT**