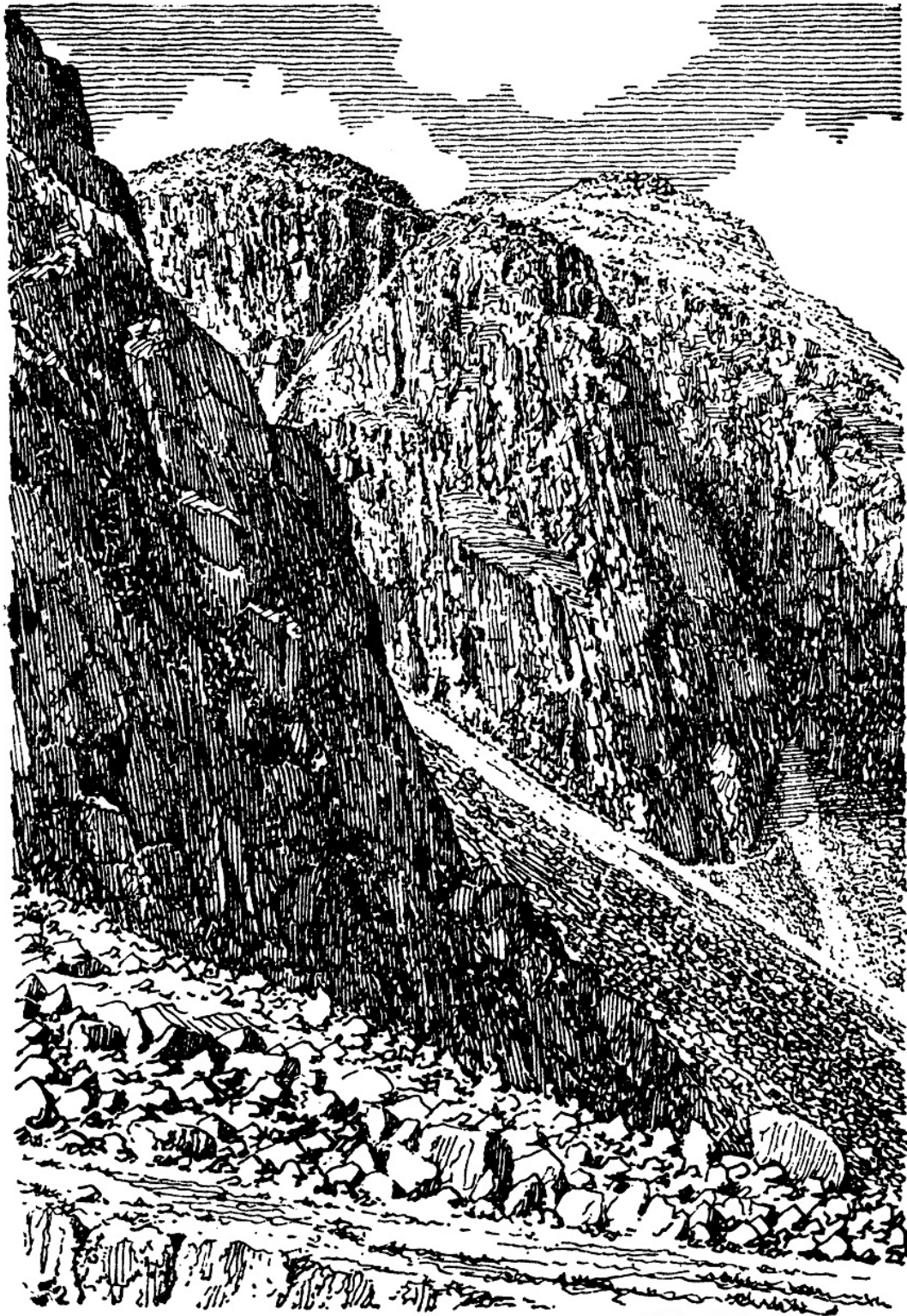


**LAKE DISTRICT SEARCH & MOUNTAIN RESCUE
ASSOCIATION**

MOUNTAIN ACCIDENTS 2015



*Cambridge Crag and Bowfell from 'Wainwright's Southern Fells' and reproduced
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The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by
Cumbria Constabulary.



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This Report is issued by
The Lake District Search and Mountain Rescue Association
in the interests of all mountain users.

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

Cost £2.00

The charge is at cost price and helps us to meet the production charges of this booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

Chairman's Report

December 2015 will be remembered for the Cumbrian floods followed by the floods of Lancashire and Yorkshire on Boxing Day. Although our twelve teams supported by a further twelve teams from outside the county will have attended hundreds of separate flood taskings, 200+ in Carlisle alone during that second week in December, those tasks were only recorded as a very small number of incidents within this report. Putting the floods to one side for a moment, the numbers of mountain incidents attended by our teams last year is showing a very worrying and quite shocking picture. A total of 535 incidents across Cumbria compared to 474 in 2014, a 13% increase that we hope will not be an upward trend. Of great concern is the number of fatalities, 30 compared to 11 in 2014. The majority of these fatalities were medical collapses usually associated with a heart attack. The region's busiest previous year was in 2010 with 600 incidents and 30 fatalities.

The other activity of major concern is mountain biking. A 185% increase, up from 13 in 2014 to 37 last year. This figure is too high and somehow we must get a safety and awareness message to the growing numbers of people taking up this sport as injuries are not minor.

The tables at the end of this report, carefully prepared by our statistics officer are supported by additional notes to help make sense of any changes from previous years. Education and awareness of the dangers and risks for the ill prepared remains a prime concern for teams and hopefully in time the message will get across. I make no apology for repeating this mantra every year if it helps save a single life.

I said I would return to the December floods of 2015. During this period, over 500 team members from both within and from outside the county worked tirelessly, to help those in need of evacuation and rescue. Many worked 48 hours non-stop. Throughout December, from 4th December through until 27th December the teams incurred equipment damage and loss of over £20,000 uninsured costs and contributed 12,000 man-hours of volunteer time away from home and work. Notably, on Christmas day the region mustered 70 out of 150 mountain rescue swift water rescue technicians along with a further 53 support team members and thirty 4x4 vehicles, ready to leave their families and be deployed in the event of an expected second storm to hit Cumbria. As it was, the heavy rain skirted Cumbria to the south but hit Lancashire and particularly the city of York. We therefore asked for volunteers and deployed 46 of our specialist water rescue team members to support the effort of our colleagues in those flood affected areas, taking along with them a lot of the experience gained from previous major flood incidents, both from 2005, 2009 and the very recent flooding.

As a region we therefore remain very proud and privileged to be able to provide our voluntary rescue service. It is only possible through the generosity of those we rescue and the people visiting or living within our communities. There is very little in the way of central funding; therefore fundraising remains an ongoing and very important task for the teams with annual costs running at between £30,000

and £80,000 per team and rising. Donations, bequests and legacies, which are sent to the Association, do make a significant difference. It is gratifying to see that the work of the teams is recognised by both those we rescue and the general public who hear about the work we do. Income to the Association is shared equally amongst the twelve teams to supplement their own fundraising activities. It is important that those who donate know and understand that their contributions, however small, do make a big difference to the ability of teams to provide our free rescue service to the Cumbrian communities and to visitors in the area.

In conclusion, I would like to thank our many supporters, without your help and donations we could not exist as a volunteer service. I would also like to thank the external organisations and agencies with whom we work, the 430 volunteer team members of LDSAMRA and their families for their limitless commitment and support and the LDSAMRA officers, working groups and sub-committees for their dedication, support and hard work over the past twelve months.

Richard Warren

Chairman LDSAMRA

February 2016

Incident Details 2015

January

- 1 32609 3 January 11:47** **Whinlatter Forest, Thornthwaite** **NY205246**
 Cloudy. Muddy. Mountain Biking (Small party)
 Rider (M35) fell off his bike on a trail, sustaining leg and pelvic injuries. Treated at scene and transferred to an air ambulance. Serious - injuries to upper leg and pelvis.
 Keswick (18 x 1hr 28 min); Great North AA Cumbria
- 2 33360 4 January 15:17** **Hallin Fell, Ullswater** **NY4332319774**
 Light dry clear cool bright. Moderate slippery grassy slope. Hill Walking (Alone)
 Subject (M62) slipped and injured his ankle. Treated at scene and airlifted to hospital. Minor - painful/uncomfortable ankle.
 Patterdale (14 x 1hr 16 min); Penrith (8 x 1hr 16 min); Boulmer SAR Helicopter
- 3 32773 6 January 16:46** **Scafell** **NY214044**
 NW fresh dry clear mild dark. Moderate very wet boggy moorland. Hill Walking (Small party)
 Party of two reported themselves lost. During search notified they had walked off the wrong side of the mountain.
 Duddon and Furness (11 x 0hr 49 min); Wasdale (16 x 4hr 0 min)
- 4 32772 7 January 13:26** **Mirehouse, Whitehaven** **NX979163**
 Raining, very windy. Saturated. Search - Non-mountain (Alone)
 Subject (M59), described as high risk, reported missing from home. Searched for two days, nothing found.
 Duddon and Furness (12 x 5hr 0 min); Wasdale (10 x 5hr 0 min); Wasdale (16 x 6hr 0 min)
- 5 32608 11 January 14:09** **Base Brown, Seathwaite** **NY228122**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F40) with a medical history, reported with serious fatigue. Assessed at scene and able to walk down to valley with support. Minor – exhaustion.
 Cockermouth (1 x 2hr 1 min); Keswick (18 x 2hr 1 min)
- 6 33359 11 January 15:30** **Helvellyn** **NY3430315246**
 Gale snow whiteout freezing dark. Not reported. Hill Walking (Winter) (Alone)
 Subject (M60) reported missing after being reported overdue. Body located on headwall above Red Tarn and recovered to the valley for Coroner's officer. **Fatal** – injuries not reported.
 Keswick (25 x 4hr 30 min); Kirkby Stephen (25 x 4hr 30 min); Patterdale (14 x 19hr 0 min); Penrith (18 x 4hr 0 min); Penrith (2 x 9hr 0 min); Penrith (2 x 9hr 0 min); RAF Leeming (10 x 19hr 0 min); SARDA (England) (3 x 4hr 30 min); LDMR Search Dogs Assoc (5 x 4hr 30 min); LDMR Search Dogs Assoc (6 x 6hr 30 min); Gannet SAR Helicopter
- 7 32616 11 January 16:20** **Stickle Ghyll, Gt Langdale** **NY287075**
 Fresh heavy rain low cloud cool dark. Steep very wet footpath. Hill Walking (Winter) (Alone)
 Subject (F) reported trapped by high water levels. Advised of best route; met and escorted to safety.
 Langdale Ambleside (6 x 2hr 0 min)
- 8 33488 11 January 19:00** **Whitbarrow Scar, Witherslack** **SD446861**
 Moderate showers cloudy cold dark. Moderate slippery grassy slope. Hill Walking (Family group)
 Party of two (M30, F30) reported benighted after following lost dog on walk. Location established using SARLoc and accompanied from the hill.
 Kendal (8 x 2hr 0 min); Kendal (11 x 2hr 0 min)
- 9 32600 14 January 14:16** **Tan Hill - Barras** **NY845118**
 Snowing. Drifts. Road Traffic Collision (Small party)
 Car reported to have left the road. Stood down responding when informed that snow plough had recovered vehicle.
 Kirkby Stephen (4 x 1hr 0 min)

- 10 32615 14 January 18:39** **Fairfield, Grasmere** **NY358113**
SE hurricane sleet blizzard arctic dark. Moderate frozen snow. Hill Walking (Winter) (Small party)
Party of two (2xF) reported benighted in hurricane force winds and blizzard conditions. Located using SARLoc but accessing delayed because of conditions then led to safety.
Kendal (19 x 6hr 0 min); Langdale Ambleside (12 x 9hr 30 min); RAF Leeming (13 x 9hr 30 min)
- 11 33357 17 January 16:08** **Swirral Edge, Helvellyn** **NY342155**
Moderate snow poor cold dark. Steep frozen snow/ice ridge. Hill Walking (Winter) (Small party)
Subject (M60) slipped and fell; his friend went to help, but also slipped and fell. Initial casualty treated at scene and airlifted to hospital; the other unharmed and assisted from the hill. **Fatal** - multiple injuries.
Keswick (14 x 6hr 0 min); Patterdale (11 x 6hr 0 min); Penrith (7 x 6hr 0 min); RAF Leeming (4 x 6hr 0 min); RAF Valley (4 x 6hr 0 min); Boulmer SAR Helicopter
- 12 33486 18 January 09:00** **Sedgewick, Kendal** **SD507867**
Light snow foggy freezing dull. Steep slippery icy bank. Local Incident (Alone)
Subject (M) reported fallen on rocks in river; may have been there overnight. Treated at scene and evacuated to ambulance. Serious - hypothermia (I-II) mild/moderate.
Kendal (15 x 2hr 0 min); Great North AA Cumbria
- 13 33894 18 January 12:00** **Crummock Water** **NY145202**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported collapsed walking the lake shore. Treated at scene and stretchered to waiting ambulance at roadhead. Minor – injuries not reported.
Cockermouth (1 x 1hr 0 min)
- 14 32605 21 January 20:24** **Great End, Central Fells** **NY23290805**
Dry. Snow ice. Hill Walking (Winter) (Small party)
Two climbers failed to return after completing climb; later contact indicated location and one of party was very tired. Search inconclusive and suspended at 05:00. They turned up early morning in Eskdale.
Keswick (17 x 6hr 34 min); Langdale Ambleside (7 x 1hr 30 min); LDMR Search Dogs Assoc (5 x 6hr 34 min)
- 15 32604 22 January 11:07** **Brown Cove Crags, Helvellyn** **NY332159**
Cold clear. Snow ice. Snow/Ice Climbing - roped (Small party)
Climber (M30) fell some distance down a gully resulting in serious injury. Assessed at scene, winched aboard and flown to hospital. Serious - head injuries; back injuries; neck injuries.
Keswick (18 x 3hr 7 min); Gannet SAR Helicopter
- 16 33279 24 January 08:00** **Gelt Woods, Brampton** **NY550599**
Cold, sunny. Cold, wet in places. Search - Non-mountain (Small party)
Person reported missing from home for 10 days. Search efforts inconclusive on two search days but body located on third day in Penrith. **Fatal** – cause not reported.
Kirkby Stephen (12 x 3hr 0 min); Kirkby Stephen (12 x 4hr 0 min); Penrith (17 x 7hr 0 min); Penrith (15 x 4hr 0 min); SARDA (England) (3 x 3hr 0 min); LDMR Search Dogs Assoc (7 x 7hr 0 min); LDMR Search Dogs Assoc (3 x 4hr 0 min); LDMR Search Dogs Assoc (5 x 4hr 0 min)
- 17 32603 24 January 11:36** **Brown Cove Crags, Helvellyn** **NY332158**
Cold. Slushy snow ice neve. Snow/Ice Climbing - roped (Small party)
Lead climber (M29) fell 40m and was held on his rope by his second. Lowered to a safe location, his injuries were treated, winched and flown to hospital. Serious - complicated open fractured tibia and fibula.
Keswick (18 x 4hr 0 min); Kirkby Stephen (8 x 3hr 45 min); Great North AA Cumbria; Boulmer SAR Helicopter

18 32613 24 January 11:55 **Coffin Route, Grasmere** **NY3507806781**
Dry clear cold dull. Gentle slippery gravel footpath. Hill Walking (Small party)
Woman slipped and fell. Treated at scene and airlifted to hospital by air ambulance. Minor - simple closed fractured tibia.
Langdale Ambleside (15 x 1hr 30 min)

19 32612 24 January 17:28 **Swinescar Hause, Gt Langdale** **NY314074**
Dry cloudy cool dark. Moderate slippery grassy moorland. Hill Walking (Winter) (Small party)
Subject (M55) slipped and fell. Treated at scene and evacuated to valley. Minor - dislocation shoulder (glenohumeral).
Langdale Ambleside (19 x 3hr 30 min)

20 33355 24 January 17:44 **Nethermost Cove, Grisedale** **NY3560014213**
Moderate dry cloudy cold. Steep frozen snow/ice crag. Hill Walking (Winter) (Small party)
Subject (M) reported to have fallen 40m. Met injured climber as he descended to safety, assessed and accompanied the rest of the way to the valley. Minor – injuries not reported.
Patterdale (14 x 2hr 55 min)

21 33280 25 January 12:26 **Whinfell Forest, Penrith** **NY563270**
Nice sunny spells. Soft, and a little damp. Pony Trekking (Small party)
Rider (F40) reported fallen from horse. Treated at scene and transported to roadhead for ambulance transfer. Minor – injuries not reported.
Penrith (10 x 1hr 40 min)

22 32590 25 January 14:24 **Low Water, Coniston Old Man** **SD275982**
Drizzle hill fog cool dull. Moderate damp stony track. Hill Walking (Small party)
Subject (F37) slipped on wet slippery track, injuring her leg. Treated at scene and stretchered off to landrover. Serious - simple closed fractured ankle.
Coniston (12 x 2hr 49 min)

23 32774 25 January 17:29 **Stand Crag, Great End** **NY218089**
Wet and windy. Wet, steep grass/rock. Hill Walking (Small party)
Subject (M50) fell below craggy area. Treated at scene and evacuated by stretcher. Minor - sprain lateral hip.
Wasdale (26 x 5hr 30 min)

24 32851 31 January 16:06 **Longlands Fell, Uldale** **NY276359**
Not reported. Not reported. Sledging (Small party)
Subject (M40) reported fallen from sledge. Stood down responding when informed friend managed to get him to roadhead and handed him over to ambulance crew.
Cockermouth (1 x 0hr 27 min); Keswick (18 x 0hr 27 min); North West Air Ambulance (Blackpool)

February

25 32634 1 February 12:13 **Craggs Gate Wood, Greystoke Forest** **NY404339**
Dry & clear. Woodland. Sledging (Small party)
Subject (M12) fell off sledge. Treated at scene then transferred to waiting ambulance. Serious - simple closed fracture of tibia and fibula.
Penrith (14 x 2hr 0 min)

26 32785 2 February 13:13 **Tarn Crag, Gt Langdale** **NY28960738**
Dry clear freezing bright. Steep frozen stony crag. Hill Walking (Winter) (Small party)
Subject (M) reported cragfast. Assisted to safety.
Langdale Ambleside (14 x 2hr 45 min)

27 32784 4 February 20:33 **Lickbarrow Tarn, Windermere** **SD422969**
Dry clear freezing dull. Gentle frozen icy bank. Hill Walking (Winter) (Small party)
Subject (M73) reported with a leg injury. Stood down responding when informed he was recovered by passing 4x4 vehicle.
Langdale Ambleside (6 x 0hr 45 min)

28 33354 4 February 21:39 Red Screes, Kirkstone Pass NY3971008947
 Light dry clear cold dark. Moderate rocky snow/ice footpath. Hill Walking (Winter) (Small party)
 Report of lights flashing on hillside. Found to be two well-equipped climbers, not requiring help
 but enjoying the excellent winter conditions; false alarm good intent.
 Patterdale (5 x 1hr 0 min)

29 33497 5 February 15:21 Lingmell End, Mardale III Bell NY444085
 Calm dry cloudy cold dusk. Moderate slippery snow/ice slope. Hill Walking (Winter) (Alone)
 Subject (M68) reported himself lost. Unable to contact by phone and no response to SARLoc.
 Located in Kentmere descending from Nan Bield Pass.
 Kendal (6 x 3hr 13 min)

30 33278 7 February 14:29 Beacon Fell, Penrith NY522312
 Cold, dry. Snow in places and damp. Search - Non-mountain (Small party)
 Vulnerable reported missing from home, concern for safety expressed. Missing for 3 weeks but
 search re-activated; found deceased by hill party. **Fatal** – no details supplied.
 Cockermouth (10 x 5hr 0 min); Kendal (6 x 6hr 0 min); Kirkby Stephen (8 x 5hr 0 min); Patterdale
 (4 x 5hr 0 min); Penrith (14 x 7hr 0 min); LDMR Search Dogs Assoc (4 x 5hr 0 min)

31 32783 8 February 13:52 Stickle Ghyll, Gt Langdale NY2885807214
 Dry misty freezing dull. Steep frozen snow/ice footpath. Hill Walking (Winter) (Small party)
 Subject (F) slipped on steep ground. Treated at scene and stretchered off the hill. Minor - injuries
 to lower leg.
 Kendal (6 x 3hr 0 min); Langdale Ambleside (11 x 3hr 0 min)

32 32782 8 February 14:57 Loughrigg Terrace, Grasmere NY343057
 Dry cloudy freezing dull. Steep rocky gravel footpath. Hill Walking (Small party)
 Subject (F) slipped on steep ground. Treated at scene and stretchered off the hill. Minor - injuries
 to lower leg.
 Kendal (7 x 2hr 0 min); Langdale Ambleside (4 x 1hr 0 min)

33 32850 8 February 16:46 Blencathra, Souther Fell NY349285
 Cold clear dry. Snow patches avalanche debris. Hill Walking (Winter) (Small party)
 Party of two (M61, F34) reported lost and disorientated in hill fog and darkness. Located, given
 warm clothing and led to safety. Minor – condition not reported.
 Keswick (5 x 2hr 12 min)

34 32659 9 February 13:23 Belt Ash Coppice, Claife Heights SD382965
 Dry, sunny, clear. Rough track, icy. Hill Walking (Winter) (Alone)
 Subject (M65) slipped on ice. Treated at scene and transferred to ambulance. Serious -
 painful/uncomfortable to ankle.
 Coniston (12 x 2hr 30 min)

35 33352 10 February 22:36 Glenridding Mines, Helvellyn NY366174
 Not reported. Not reported. Hill Walking (Alone)
 Report of intoxicated male heading towards Helvellyn. Following further discussion with police,
 no further action deemed necessary.
 Patterdale (4 x 1hr 0 min)

36 32737 11 February 11:30 Low Water, Coniston Old Man SD274985
 Damp, heavy mist. Rough stony track, icy around casualty location. Hill Walking (Alone)
 Subject (M65) slipped whilst descending. Treated and stretchered to air ambulance. Serious -
 fracture/dislocation of shoulder (glenohumeral); cuts and abrasions to face.
 Coniston (13 x 3hr 19 min); Great North AA Cumbria

37 33342 11 February 14:46 Mires Beck, Glenridding NY3741016340
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) slipped, injuring her ankle. Treated at scene and stretchered off the hill for ambulance
 transfer. Minor - simple closed fracture of right ankle.
 Patterdale (6 x 1hr 10 min); Penrith (5 x 2hr 30 min)

38 33493 13 February 04:14 Natland, Kendal SD507868
 Calm showers cloudy cool dull. Not reported. Search - Non-mountain (Alone)
 Despondent (F43) reported missing from home. Extensive search of areas around home address
 and mobile phone triangulation. Subject returned home herself.
 Duddon and Furness (12 x 5hr 40 min); Kendal (19 x 10hr 0 min); SARDA (England) (1 x 1hr 0
 min); LDMR Search Dogs Assoc (6 x 8hr 0 min); Valley SAR Helicopter

39 32938 14 February 13:00 Cautley Spout, Howgills SD680976
 Cold/cloudy. Wet with some snow patches. Hill Walking (Small party)
 Subject (F52) slipped whilst walking. Treated at scene and stretchered to waiting ambulance.
 Minor - dislocated left finger(s).
 Kendal (11 x 3hr 49 min); Kirkby Stephen (13 x 4hr 30 min)

40 32849 14 February 15:54 Ullock Pike, Skiddaw NY257292
 Dry cold. Snow patches. Hill Walking (Winter) (Small party)
 Party of two reported themselves in difficulty on steep ground. Stood down reaching reported site
 when informed they had made their own way down.
 Keswick (12 x 3hr 0 min); LDMR Search Dogs Assoc (2 x 3hr 0 min)

41 32741 14 February 16:31 Tarn Howes, Hawkshead SD327997
 Dry, sunny. Lakeside good man-made path. Local Incident (Family group)
 Request to assist ambulance service attending young boy with seizure. Assessed at scene and
 airlifted to hospital.
 Coniston (12 x 1hr 0 min); Great North AA Cumbria

42 32740 14 February 16:50 Coppermines Valley, Coniston Fells SD294980
 Dry, sunny. Stony track. Hill Walking (Alone)
 Subject (M83) reported in difficulties and unable to continue walk. Assessed at scene and
 transported to village.
 Coniston (12 x 0hr 30 min)

43 32775 14 February 20:02 Illgill Head, Wast Water NY169050
 Dry, clear. Mostly dry. Hill Walking (Small party)
 Subject (F54) fell following a faint. Treated at scene and stretchered to roadhead. Minor – no
 details supplied.
 Duddon and Furness (11 x 4hr 10 min); Wasdale (18 x 5hr 0 min)

44 33277 15 February 16:22 Mosedale, Mungrisdale NY357316
 Cold - dry. Snow/icy in places. Hill Walking (Winter) (Small party)
 Subject (F51) slipped on ice. Treated at scene and evacuated to ambulance. Minor - compound
 closed fracture of wrist; dislocated patella.
 Penrith (8 x 3hr 0 min)

45 33351 16 February 18:35 St Sunday Crag, Grisedale NY369134
 Light dry cloudy cold dark. Moderate frozen snow slope. Hill Walking (Winter) (Small party)
 Person reported light on hillside. Found to be a party descending in the dark; false alarm good
 intent.
 Patterdale (2 x 1hr 0 min)

46 32749 17 February 11:25 Wetherlam, Coniston NY289011
 Cold, misty, windy. Rough stony track, rocky & icy in places. Hill Walking (Small party)
 Subject (M68) reported suffering severe leg pain. Met party on way down, assessed and walked
 off to landrover. Minor - muscular cramps in calf.
 Coniston (11 x 3hr 0 min)

47 33491 17 February 11:30 Kendal Castle, Kendal SD520923
 Calm showers cloudy cool dull. Moderate slippery grassy slope. Local Incident
 Request to assist ambulance service dealing with female who had slipped and injured her ankle.
 Stood down on route when ambulance crew able to access casualty.
 Kendal (6 x 2hr 0 min)

48 32781 17 February 12:40 **Todd Crag, Ambleside** **NY3642003785**
 Dry clear cool bright. Steep wet stony footpath. Hill Walking (Small party)
 Subject (F67) slipped and sustained multiple fractures. Treated at scene and evacuated by
 stretcher to the roadside. Serious - simple closed fracture of wrist; simple closed fracture to
 ankle.
 Langdale Ambleside (12 x 2hr 0 min)

49 32780 17 February 13:02 **Sergeant Man, Gt Langdale** **NY287089**
 Dry cloudy cool dull. Moderate boggy moorland. Hill Walking (Small party)
 Subject (F59) reported fainted and unwell. Stood down en route when informed she had been
 treated and evacuated by air ambulance.
 Kendal (9 x 1hr 4 min); Langdale Ambleside (12 x 1hr 30 min); North West Air Ambulance
 (Blackpool)

50 33350 17 February 15:04 **Silver Bay, Ullswater** **NY399184**
 Cold bright. Undulating rocky stony footpath. Hill Walking (Small party)
 Subject (F74) slipped on rock and fell, hitting her head. Treated at scene and transported by boat
 to roadhead. Minor - soft tissue injuries to head.
 Patterdale (11 x 2hr 0 min)

51 33489 17 February 19:29 **The Helm, Oxenholme, Kendal** **SD530887**
 Light showers cloudy cool dull. Moderate damp grassy slope. Hill Walking (School/Youth group)
 Subject (M10) reported fallen with injured leg. Treated at scene and stretchered to ambulance.
 Minor - simple closed fracture of tibia.
 Kendal (10 x 1hr 25 min)

52 33349 17 February 20:25 **Helvellyn** **NY341152**
 Dry cold dark. Steep frozen snow/ice ridge. Hill Walking (Winter) (Small party)
 Party of two (F54, M36) reported overdue from walk. Turned up at accomodation safe and well,
 indicating that the route had taken longer than they had anticipated.
 Patterdale (16 x 1hr 0 min)

53 33348 17 February 20:39 **Helvellyn** **NY343152**
 Strong sleet low cloud freezing dark. Steep frozen snow/ice ridge. Hill Walking (Winter) (Alone)
 Subject (M68) reported overdue after failing to return home as planned. During overnight search,
 located alive, but in a poor condition; airlifted to hospital but died from injuries. **Fatal** - severe
 hypothermia (III-IV); injuries to pelvis.
 Keswick (18 x 10hr 0 min); Kirkby Stephen (8 x 10hr 0 min); Langdale Ambleside (1 x 3hr 0 min);
 Patterdale (16 x 10hr 0 min); Penrith (8 x 10hr 0 min); LD MR Search Dogs Assoc (7 x 10hr 0
 min); Gannet SAR Helicopter

54 32847 20 February 13:07 **Latrigg, Keswick** **NY280247**
 Overcast. Muddy. Hill Walking (Small party)
 Subject (M41) slipped on mud. Treated at scene and stretchered to waiting ambulance. Serious -
 simple closed fractured ankle.
 Keswick (12 x 1hr 34 min)

55 33504 20 February 20:10 **Devil's Bridge, Kirkby Lonsdale** **SD6154878232**
 Light dry cloudy cool dark. Undulating damp grassy bank. Search - Non-mountain (Alone)
 Subject (M74) reported missing after failing to return to holiday accomodation; car found at
 Devil's Bridge. Conducted river search but found by police in Kirkby Lonsdale suffering from head
 injury.
 Kendal (19 x 2hr 30 min); LD MR Search Dogs Assoc (4 x 2hr 30 min); Lancashire Police
 Helicopter

56 32755 21 February 15:22 **Black Fell, Skelwith Fold** **NY350029**
 Dry,sunny, breezy, patchy cloudy. Rough fellside. Hill Walking (Family group)
 Subject (M11) fell whilst rock scrambling. Treated at scene and stretchered off the hill. Serious -
 fractured ribs; abrasions to hip.
 Coniston (10 x 2hr 30 min)

57 33346 22 February 11:56 Kirkstone Pass, A592 NY401080
Storm snow blizzard freezing dull. Moderate slippery snow/ice. Road Traffic Collision
Report of road traffic collision involving a number of vehicles, one of which overturned. Assisted other emergency service with two trapped persons; 40 people brought to safety in Patterdale. Minor - soft tissue injuries to left lower leg.
Ambulance Personnel (6 x 8hr 0 min); Langdale Ambleside (12 x 8hr 0 min); Patterdale (17 x 8hr 0 min); Penrith (8 x 3hr 0 min)

58 32936 22 February 13:53 Tailbridge Hill, Nateby NY804046
Snow. Snow/ice. Local Incident
Cars reported stuck in snow. Gritted road and towed cars to safety.
Kirkby Stephen (12 x 2hr 30 min)

59 33503 22 February 15:30 Barbondale, Kirkby Lonsdale SD654827
Light showers cloudy cool dull. Undulating wet grassy footpath. Hill Walking (Large party)
Subject (F), in large group of ramblers, reported fainting several times. Assessed at scene and evacuated to road ambulance. Minor – no details supplied.
Kendal (14 x 1hr 40 min)

60 33347 22 February 15:46 Swirral Edge, Helvellyn NY341153
Moderate snow poor cold dull. Steep frozen snow/ice ridge. Hill Walking (Winter) (Alone)
Subject (M28) reported to have fallen 200m from ridge into Brown Cove. Subject met as he made his own confused way off the hill; later assessed found to have only minor injuries. Minor - soft tissue injuries.
Patterdale (15 x 1hr 0 min)

61 33895 23 February 12:56 Nenthead, Alston NY782439
Not reported. Not reported. Local Incident
Request to assist ambulance service trying to access farm cut off by snow. Completed without further incident.
Penrith (7 x 2hr 0 min)

62 32777 27 February 16:55 Alcock Tarn, Grasmere NY34700805
Dry clear cold dusk. Moderate damp grassy moorland. Hill Walking (Small party)
Subject (M66) tripped and struck the ground with his head. Treated at scene and assisted off the hill. Minor - injuries to head.
Langdale Ambleside (18 x 3hr 30 min)

63 33896 28 February 09:30 Castle Crag, Haweswater NY468127
Not reported. Not reported. Abseiling
Four sheep reported stuck on ledge. Retrieved without loss or injury.
Penrith (6 x 3hr 30 min)

64 32846 28 February 13:07 Barf, Thornthwaite NY217265
Damp. Wet. Hill Walking (Alone)
Subject (M) reported cragfast approx 300m off the track. He was accessed, reassured and led to safer ground.
Keswick (15 x 0hr 54 min)

65 33345 28 February 15:12 Striding Edge, Helvellyn NY3525915052
Moderate sleet poor cold dark. Steep frozen snow/ice ridge. Hill Walking (Winter) (Small party)
Couple reported themselves unable to continue in bad weather and called for help. Contacted by phone and directed them down to safety.
Patterdale (12 x 1hr 30 min)

66 32776 28 February 16:02 Dove Crag, Fairfield NY372107
Sleet cloudy cold dull. Moderate moorland. Hill Walking (Winter) (Small party)
Subject (F), in party of two, reported collapsed. Located and escorted down off the hill. Minor - mild/moderate hypothermia (I-II).
Kendal (2 x 3hr 30 min); Langdale Ambleside (19 x 3hr 30 min); Patterdale (11 x 3hr 30 min); RAF Leeming (10 x 3hr 30 min); Boulmer SAR Helicopter

March

- 67 32935 1 March 15:12** **Tailbridge Hill, Nateby** **NY802048**
Snow. Snow/ice. Mountain Biking (Small party)
Party of three cyclists reported struggling to descend in snow. Cyclists located and ferried to safety.
Kirkby Stephen (9 x 1hr 15 min)
- 68 33501 1 March 15:56** **New Hutton, Kendal A684** **SD570920**
Moderate snow poor freezing dull. Undulating slippery snow. Local Incident (Small party)
Vulnerable passengers reported in snowbound cars stuck. Found vehicles had got themselves going or abandoned cars to get lifts with others.
Kendal (5 x 1hr 30 min)
- 69 33500 1 March 17:05** **Greyrigg, Kendal A685** **SD571970**
Moderate snow poor freezing dull. Slippery snow. Road Traffic Collision (Small party)
Request to assist ambulance service unable to access scene of road traffic collision. Stood down on arrival but road checked for further issues.
Kendal (5 x 1hr 40 min); Kirkby Stephen (9 x 1hr 40 min)
- 70 32792 3 March 09:30** **Stony Tarn, Eskdale** **NY200023**
Windy, dry, cold. Open fellside. Hill Walking (Alone)
Subject (M) reported overdue while camping. Located safe and well; unaware he was reported overdue.
SARDA (Wales) (1 x 2hr 0 min); LDMR Search Dogs Assoc (8 x 2hr 0 min); Wasdale (20 x 2hr 0 min)
- 71 33893 4 March 12:00** **Anglers Crag, Ennerdale** **NY100149**
Not reported. Not reported. Hill Walking (Small party)
Subject (F66) reported collapsed. On arrival, she had recovered sufficiently to be walked back to roadhead. Minor - not reported.
Cockermouth (1 x 1hr 0 min)
- 72 33343 7 March 11:41** **Boredale Head, Martindale** **NY415165**
Rain. Wet grassy. Hill Walking (Medium party)
Subject (F) reported fallen, sustaining a leg injury. Treated at scene, stretchered off the hill and transferred to ambulance. Serious - fracture/dislocation to left ankle.
Patterdale (14 x 2hr 30 min); Penrith (10 x 2hr 30 min)
- 73 33892 7 March 12:00** **Croasdale Beck** **NY097177**
Not reported. Not reported. Animal Rescue
Large number of sheep reported stuck in and around beck and on crags. Six sheep retrieved without loss or injury.
Cockermouth (1 x 1hr 0 min)
- 74 33499 7 March 13:15** **Sadgill, Longsleddale** **NY482056**
Light showers cloudy cool dull. Undulating rocky track. Mountain Biking (Small party)
Rider (M45) reported fallen from bike. Treated at scene and evacuated to land ambulance. Minor - concussion; compound open fractured right wrist.
Kendal (9 x 2hr 0 min); North West Air Ambulance (Blackpool)
- 75 32931 7 March 13:52** **Wansfell, Ambleside** **NY392041**
SW fresh showers hill fog cool dull. Moderate grassy moorland. Hill Walking (Small party)
Party of two (M, F) became disorientated and lost. Location established using SARLoc and advised how to get to a path, from where the party found their own way down.
Langdale Ambleside (3 x 1hr 0 min)

76 33341 7 March 13:53 **Sleet Fell, Sandwick, Ullswater** **NY422188**
 Light rain low cloud cool. Very wet grassy footpath. Hill Walking (Large party)
 Subject (M51) slipped on wet grass. Treated at scene and stretchered off the hill. Serious -
 fracture/dislocation of left ankle.
 Patterdale (5 x 2hr 19 min); Penrith (10 x 2hr 0 min)

77 32930 7 March 17:10 **Scandale Tarn, Scandale Fell** **NY384097**
 SW gale rain low cloud cold dark. Moderate damp grassy bank. Hill Walking (Small party)
 Subject (M) slipped on damp ground. Treated at scene and stretchered off the hill. Minor - injured
 knee.
 Langdale Ambleside (15 x 3hr 30 min)

78 32929 7 March 19:09 **Dove Crag, Grasmere** **NY372097**
 SW gale rain poor cold dark. Steep stony moorland. Hill Walking (Small party)
 Group of four reported separated from the rest of their party. Party made their own way down and
 were met by search dog team just beginning its search task.
 Kirkby Stephen (10 x 4hr 0 min); Langdale Ambleside (18 x 5hr 0 min); Patterdale (11 x 5hr 0
 min); Penrith (12 x 3hr 0 min); LDMR Search Dogs Assoc (8 x 5hr 0 min)

79 32928 7 March 20:54 **Ambleside** **NY379032**
 Not reported. Not reported. Local Incident
 Requested to assist ambulance service accessing remote property to treat patient. No further
 details supplied.
 Langdale Ambleside (4 x 1hr 0 min)

80 33498 8 March 12:45 **Natland, Kendal** **SD514882**
 Dry clear cool bright. Level damp muddy footpath. Hill Walking (Family group)
 Subject (F74) reported fallen 5ft off wall. Treated at scene and stretchered to ambulance. Minor -
 no details supplied.
 Kendal (11 x 1hr 10 min)

81 32866 8 March 14:07 **Claife Heights, Hawkshead** **SD381968**
 Dry, sunny spells & intermittent cloud. Rough forest track. Orienteering (Organised event)
 Subject (F59) slipped on rock. Treated at scene and stretchered to air ambulance. Serious -
 complicated closed fracture to ankle.
 Coniston (12 x 3hr 30 min); North West Air Ambulance (Blackpool)

82 32927 8 March 16:55 **Wansfell Pike, Ambleside** **NY389042**
 Dry cloudy mild dull. Steep damp grassy footpath. Hill Walking (Small party)
 Person reported to have slipped or tripped on damp ground. Treated at scene and evacuated.
 Minor - simple closed fractured ankle.
 Langdale Ambleside (15 x 2hr 0 min)

83 32926 9 March 00:44 **Skellghyll area, Ambleside** **NY380032**
 Not reported. Not reported. Hill Walking (Family group)
 Male suffered cardiac event in an isolated property. Team attended in advance of the ambulance,
 then conveyed paramedics to property. Male died despite efforts.
 Langdale Ambleside (6 x 3hr 0 min)

84 33275 10 March 16:36 **Bampton Common, Haweswater** **NY486160**
 Lovely day for a walk. Wet in places, but generally dry. Hill Walking (Small party)
 Subject (F) slipped on soggy ground. Treated at scene and evacuated to hospital. Minor - simple
 closed fractured left ankle.
 Penrith (12 x 4hr 0 min)

85 33715 14 March 14:03 **Ashness Bridge, Borrowdale** **NY269196**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F67) reported slipped and suffered an ankle injury near bridge; ambulance unable to
 access. Treated at scene and transferred to ambulance for hospital transfer. Serious - knee
 injuries.
 Keswick (16 x 0hr 58 min)

86 33838 15 March 16:21 **Sinen Gill, Blencathra** **NY303283**
Not reported. Not reported. Hill Walking (Small party)
Subject (F21) reported with an ankle injury whilst on a university geological expedition. Treated at scene and stretchered off the hill for transfer to hospital. Serious - lower leg injuries.
Keswick (14 x 2hr 10 min); RAF Leeming (6 x 2hr 10 min)

87 32879 18 March 13:24 **Hardknott Pass, Eskdale** **NY215012**
NE fresh dry clear mild bright. Steep dry gravel track. Local Incident (Alone)
Request to assist emergency services dealing with car reported crashed off on remote mountain pass. One occupant involved but no further details supplied.
Wasdale (14 x 1hr 0 min)

88 32877 18 March 16:36 **Easy Gully/South Rake, Dow Crag** **SD262975**
Dry, hazy sunshine. Rock, loose rock/scree. Rock Climbing - roped (Small party)
Climber (F29) fell when a rock came away, unknown if a foothold or handhold. Treated at scene, winched into helicopter and flown to hospital. Serious - simple closed fractured ankle.
Coniston (16 x 3hr 30 min); Boulmer SAR Helicopter

89 33891 20 March 12:00 **Honister, Buttermere** **NY211148**
Not reported. Not reported. Mountain Biking (Small party)
Rider (M34) reported fallen from bike with significant injury. Stood down responding when informed air ambulance crew had treated and evacuated the subject.
Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

90 33387 20 March 16:14 **Helvellyn** **NY3426915086**
Moderate sleet poor freezing dark. Steep frozen snow/ice ridge. Hill Walking (Winter) (Small party)
Party of four reported themselves lost on Helvellyn. Met up with search group and walked them off the hill; they were very cold but uninjured.
Keswick (3 x 3hr 30 min); Patterdale (6 x 3hr 30 min)

91 32878 21 March 11:20 **Wetherlam Edge, Wetherlam** **NY290013**
Dry, sunny, slight breeze, warm in sun. Rocky. Hill Walking (Medium party)
Subject (M62) slipped and fell approx 30ft on descent. Treated at scene and winched from location by SAR helicopter. Serious - simple closed fractured lumbar vertebra(e); abrasions to face.
Coniston (16 x 4hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance (Blackpool)

92 32932 21 March 11:30 **Birkett Common, Mallerstang** **NY779033**
Dry, sunny. Damp. Hill Walking (Small party)
Subject (M45) slipped 30m down steep bank whilst walking. Treated at scene and stretchered to ambulance at roadhead. Serious - lower leg fracture.
Kirkby Stephen (8 x 2hr 30 min)

93 33890 21 March 12:00 **Honister Quarry, Buttermere** **NY224135**
Not reported. Not reported. Mountain Biking (Small party)
Rider (M37) reported fallen from bike. Stood down responding when informed rider treated and evacuated by air ambulance.
Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

94 32880 21 March 17:19 **Sty Head, Scafell** **NY218094**
Fine and sunny. Fell paths. Hill Walking (Small party)
Party reported lost. Located and escorted off the hill to safety.
Wasdale (15 x 2hr 0 min)

95 33837 22 March 14:41 **Wythburn Valley, Ullscarf** **NY300111**
Not reported. Not reported. Hill Walking (Small party)
Subject (F46) slipped on muddy ground and suffered an ankle injury. Treated at scene and airlifted off the hill to a waiting ambulance. Minor - injuries to lower leg.
Keswick (17 x 2hr 51 min); Great North AA Cumbria

96 33889 24 March 12:00 **Scale Beck, Buttermere** **NY156177**
Not reported. Not reported. Hill Walking (Small party)
Subject (F53) slipped and injured herself. Treated at scene and airlifted to hospital. Minor - injuries to lower leg.
Cockermouth (1 x 1hr 0 min); Great North AA Cumbria; Gannet SAR Helicopter

97 33836 24 March 12:11 **Thorntwaite Forest, Whinlatter** **NY214241**
Dry clear dull. Damp. Mountain Biking (School/Youth group)
Rider (M10) crashed whilst descending the Red route and sustaining injuries. Treated at scene and stretchered from the hill. Minor - injuries to lower leg.
Keswick (19 x 1hr 19 min); Great North AA Cumbria

98 32925 25 March 00:16 **Hart Crag, Fairfield** **NY369112**
Showers hill fog cold dark. Moderate stony moorland. Hill Walking (Small party)
Couple reported as inadequately dressed and in difficulty with some way to go to safety. Small search mounted but inconclusive – false alarm good intent.
Langdale Ambleside (6 x 5hr 0 min); LDMR Search Dogs Assoc (1 x 5hr 0 min)

99 33509 26 March 12:30 **Jenny Brown's Point, Silverdale** **SD465735**
Not reported. Not reported. Hill Walking
Subject (F) reported with leg injury, request to assist ambulance service. Treated at scene and evacuated to ambulance. Minor - injuries to lower leg.
Kendal (14 x 2hr 30 min); North West Air Ambulance (Blackpool)

100 33386 27 March 20:32 **Patterdale, Ullswater** **NY3984016265**
Light dry cloudy cool dark. Not reported. Hill Walking (Alone)
Party of two became benighted and reported themselves lost on lake shore path. Located and ferried by boat to safety.
Patterdale (5 x 1hr 0 min)

101 32924 28 March 13:03 **Stickle Ghyll, Gt Langdale** **NY293067**
Fresh showers cloudy cool dull. Steep damp gravel footpath. Hill Walking (Small party)
Subject slipped on steep path resulting in an arm injury. Treated at scene and evacuated for further treatment. Minor – fractured wrist.
Langdale Ambleside (11 x 1hr 0 min)

102 33223 28 March 15:15 **Hollowstones, Scafell Pike** **NY203073**
Not reported. Not reported. Hill Walking (Family group)
Subject (F) reported with an ankle injury. Treated at scene and stretchered to roadhead. Minor - injuries to lower leg.
Duddon and Furness (13 x 3hr 0 min)

103 32908 29 March 14:56 **Levers Water, Coniston Fells** **SD279995**
Showers, breezy. Rough fell, stony, wet. Hill Walking (Small party)
Subject (M56) slipped on wet rock. Treated at scene and evacuated to roadhead. Serious - simple closed fractured ankle.
Coniston (14 x 2hr 19 min); Great North AA Cumbria

104 32923 29 March 21:27 **Pike of Carrs, Grasmere** **NY307103**
SW fresh showers cloudy cool dull. Moderate damp grassy footpath. Hill Walking (Small party)
Subject (M) slipped on damp ground sustaining a leg injury. Treated at scene and stretchered to air ambulance for transport to hospital. Minor – dislocated knee.
Langdale Ambleside (17 x 3hr 0 min)

105 33395 30 March 14:17 **Red Tarn, Helvellyn** **NY3456415075**
Strong showers low cloud freezing. Steep frozen snow/ice ridge. Hill Walking (Winter) (Small party)
Subject (M69) reported cragfast on narrow ridge; family party went in search of him. Man managed to exit the ridge via a narrow gully and met by search party; family party also located and all accounted for. Minor – no details supplied.
Patterdale (11 x 6hr 0 min); Penrith (6 x 6hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance (Barton)

106 33835 30 March 18:06 Sourmilk Ghyll, Seathwaite NY231122
Fresh showers cold dusk. Steep very wet gravel slope. Hill Walking (Small party)
Subject (M70), doing C2C route, took a major tumbling fall descending the path. Treated at scene and airlifted to hospital. Serious - chest injuries; head injuries; back injuries.
Keswick (23 x 2hr 10 min); Great North AA Cumbria; Boulmer SAR Helicopter

107 32922 31 March 04:16 Greenburn, Grasmere NY315105
SW gale heavy rain cloudy cold dark. Moderate very wet boggy footpath. Hill Walking(DoE)
Expedition campsite destroyed by strong winds. Group numbering eleven checked for hypothermia and left in two tents until dawn to be recovered by their leaders.
Langdale Ambleside (11 x 2hr 15 min)

108 33841 31 March 19:49 Seathwaite - Scafell Pike NY235120
Not reported. Not reported. Hill Walking (Small party)
Party reported overdue. Search groups stood down deploying when informed group had turned up at Seathwaite.
Keswick (1 x 1hr 0 min); LDMR Search Dogs Assoc (1 x 1hr 0 min)

109 32921 31 March 22:21 Windermere SD411985
SW gale showers clear cold dull. Moderate. Local Incident (Alone)
Elderly subject (M) reported missing from holiday home. Turned up whilst responding.
Langdale Ambleside (6 x 1hr 0 min)

April

110 32920 1 April 12:56 Latterbarrow, Hawkshead SD372987
Showery, cool, light wind. Rough forest track, stony, wet, slippery. Hill Walking (Small party)
Subject (F28) slipped on wet ground. Treated at scene and stretchered to waiting ambulance.
Serious - simple closed fractured ankle.
Coniston (16 x 2hr 30 min)

111 33833 3 April 12:09 Walla Crag, Bleaberry Fell NY275205
Drizzle cloudy. Gentle wet muddy. Hill Walking (Small party)
Subject (F57) tripped and injured her arm. Treated at scene and she was walked down to roadside. Minor - simple closed fractured wrist.
Keswick (20 x 1hr 10 min)

112 33887 4 April 12:00 Robinson, Buttermere NY202170
Not reported. Not reported. Hill Walking (Small party)
Party of three reported lost while descending. Located on Buttermoss and escorted to Newlands Pass.
Cockermouth (1 x 1hr 0 min)

113 33888 4 April 12:00 Wind Gap, Pillar, Ennerdale NY168117
Not reported. Not reported. Hill Walking (Small party)
Subject (F63) fell whilst descending. Treated at scene and walked down to roadhead. Minor - simple closed fractured wrist.
Cockermouth (1 x 1hr 0 min)

114 33055 4 April 12:23 Loughrigg NY348050
Dry clear mild bright. Moderate damp grassy moorland. Hill Walking (Alone)
Subject (F) reported with significant leg injury. Treated at scene and evacuated by air ambulance.
Serious - simple closed fractured tibia.
Langdale Ambleside (8 x 2hr 0 min)

115 33222 4 April 14:30 Low Park, Beckfoot SD193907
Dry clear mild bright. Not reported. Orienteering (Organised event)
Subject (F58) reported with an injured arm. Treated at scene and transported to ambulance at Duddon Bridge. Serious - simple closed fractured right arm.
Duddon and Furness (12 x 0hr 49 min)

116 33832 4 April 20:25 **St Herbert's Island, Derwent Water** **NY259212**
Dark. Not reported. Local Incident
Police requested assistance with transport to the island to deal with an incident. Officers and equipment transported to and from island; no further details supplied.
Keswick (7 x 1hr 55 min)

117 33054 5 April 15:15 **Buscoe Syke, Gt Langdale** **NY255058**
Light dry clear mild bright. Moderate damp grassy moorland. Hill Walking (Small party)
Male slipped on steep, damp ground, sustaining a lower leg fracture. Treated at scene and evacuated by stretcher. Minor - simple closed fractured tibia.
Langdale Ambleside (14 x 4hr 0 min); RAF Leeming (14 x 4hr 0 min)

118 33327 5 April 15:30 **Bigland, Haverthwaite** **SD347824**
Not reported. Not reported. Orienteering (Organised event)
A number of calls for assistance reported during orienteering event. Two incidents reported; one required medical attention, the other required a brief search for a missing competitor.
Duddon and Furness (13 x 1hr 40 min)

119 33886 6 April 12:00 **Gatesgarth, Buttermere** **NY187149**
Not reported. Not reported. Hill Walking (Small party)
Subject (F70) reported fallen, sustaining a leg injury. Assisted to the valley and transferred to hospital by ambulance. Minor - injuries to knee.
Cockermouth (1 x 1hr 0 min)

120 33831 6 April 15:31 **Whinlatter, Thornthwaite** **NY209245**
Dry clear warm bright. Not reported. Mountain Biking (Small party)
Rider (F23) fell off her bike on the South route, suffering multiple injuries. Treated at scene and transferred to ambulance. Serious - injuries to head, neck and shoulder.
Keswick (17 x 1hr 0 min)

121 33736 6 April 16:36 **High Pike, Caldbeck** **NY31863500**
Dry clear warm bright. Dry heather. Hill Walking (Small party)
Subject (M57) taken ill whilst walking. Assessed at scene and transferred to hospital. Serious – no details supplied.
Keswick (19 x 2hr 10 min)

122 33507 6 April 19:28 **Garburn Pass, Troutbeck** **NY427040**
Calm dry cloudy mild dusk. Moderate rocky stony track. Mountain Biking (Small party)
Rider (F23) reported fallen from bike. Treated at scene and transferred to land ambulance. Minor - localised bruising to chest.
Kendal (14 x 2hr 30 min)

123 33053 7 April 13:23 **Easedale Tarn, Grasmere** **NY315090**
Dry clear mild bright. Moderate damp grassy moorland. Hill Walking (Small party)
Woman slipped on damp ground. Treated at scene and carried to air ambulance. Minor - simple closed fractured tibia.
Kendal (7 x 0hr 25 min); Langdale Ambleside (12 x 2hr 0 min); Great North AA Cumbria

124 33384 8 April 13:14 **Greenhow End, Deepdale** **NY3711112111**
Light cloudy cool dull. Slippery grassy crag. Rock Scrambling (Alone)
Subject (M46) reported unable to continue as he was cragfast on moss-covered ledge. SAR helicopter, on training, found him and winched him to safety.
Patterdale (7 x 1hr 15 min); Penrith (7 x 2hr 0 min); Boulmer SAR Helicopter

125 33052 8 April 17:58 **East Gully, Pavey Ark, Gt Langdale** **NY286079**
Dry clear cool dusk. Steep rocky stony gully. Hill Walking (Small party)
Subject (M) reported fallen 20m, sustaining head injury. Treated at scene and evacuated by SAR helicopter. Minor - injuries to head.
Langdale Ambleside (14 x 4hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance (Blackpool)

126 33383 9 April 11:47 **Swathbeck Gill, Barton Fell** **NY459214**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (M10) fell off bike, hitting his head and injuring his back. Treated at scene, evacuated by
 stretcher and airlifted to hospital. Minor – no details supplied.
 Patterdale (11 x 1hr 49 min); Penrith (8 x 2hr 0 min); Great North AA Cumbria

127 33505 9 April 14:10 **Grubbins Wood, Arnside** **SD445780**
 Calm dry clear mild bright. Gentle slippery stony footpath. Hill Walking
 Subject (F66) slipped from footpath. Treated at scene and evacuated to roadside. Minor - simple
 closed fractured left ankle.
 Kendal (14 x 2hr 0 min)

128 33382 9 April 15:15 **Pooley Bridge, Ullswater** **NY4615023676**
 Light dry clear mild bright. Not reported. Air crash - civil
 Report of a light aircraft crashing into the water. Investigation confirmed that the plane had put
 wheels into water but carried on flying without further incident.
 Patterdale (10 x 1hr 42 min)

129 33215 10 April 15:54 **Meldon Hill, N Pennines** **NY763284**
 Dry/Fine. Dry. Hill Walking (Family group)
 Family group (M, F + 3 youngsters) reported themselves off path and lost. Party located using
 SARLoc and they made their own way off the hill.
 Kirkby Stephen (20 x 3hr 0 min)

130 33051 10 April 18:03 **Hell Ghyll, Gt Langdale** **NY276057**
 Dry clear mild dusk. Moderate damp footpath. Hill Walking (Small party)
 Subject (M) slipped and sustained a knee injury. Friend descended to raise alarm and injured
 person was met having managed to self-evacuate to valley. Minor - injuries to knee.
 Langdale Ambleside (1 x 2hr 0 min)

131 33050 11 April 07:37 **Sergeant Man, Gt Langdale** **NY291084**
 SW strong snow low cloud cold dark. Moderate frozen snow. Hill Walking (Winter) (Small party)
 Family of four called for help after tent collapsed in snow and strong winds. Located and escorted
 to safety.
 Langdale Ambleside (17 x 3hr 30 min)

132 32966 11 April 08:08 **Scafell Pike** **NY215072**
 Wet windy. Fellside. Hill Walking (Small party)
 Party of four (4xM), a Chinese film crew, reported themselves lost. Found their own way down,
 unharmed.
 LDMR Search Dogs Assoc (11 x 3hr 0 min); Wasdale (16 x 3hr 0 min)

133 33381 11 April 11:09 **Glenridding Dodd, Ullswater** **NY386179**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F), with learning difficulties, reported fallen 50ft, resulting in head injury. Treated at
 scene and airlifted to hospital. Minor - soft tissue injuries to head.
 Patterdale (9 x 2hr 19 min); Great North AA Teeside

134 33735 11 April 11:31 **Barf, Bassenthwaite** **NY2167726625**
 Dry. Dry stony. Hill Walking (Small party)
 Subject (F52) reported cragfast on the steep ground. Located, accessed and led to safer ground.
 Keswick (7 x 1hr 19 min)

135 33885 11 April 12:00 **River Cocker, Cockermouth Youth Hostel** **NY11872986**
 Not reported. Not reported. Water Sport (all types) (Small party)
 Subject (F79) reported in the river. Stood down responding when informed that bystanders had
 assisted her to safety.
 Cockermouth (1 x 1hr 0 min)

- 136 33273 11 April 15:00** **Kidsty Pike, Haweswater** **NY4447212882**
Cool/windy. Wet/snow in places. Mountain Biking (Small party)
Rider (M18) reported fallen from bike. Assessed at scene and airlifted to hospital. Minor - fracture/dislocation of shoulder (glenohumeral).
Patterdale (6 x 2hr 1 min); Penrith (12 x 2hr 1 min); Boulmer SAR Helicopter
- 137 32984 13 April 18:16** **Buck Pike, Coniston Fells** **SD262972**
Dry, cloudy, misty, very windy on tops. Stony fell path. Hill Walking (Small party)
Couple became lost in mist when weather deteriorated. Located, given warm clothing and escorted to safety.
Coniston (1 x 2hr 19 min)
- 138 33734 14 April 12:00** **Catbells, Swinside** **NY246208**
Dry cool bright. Moderate damp stony. Hill Walking (Small party)
Subject (M12) stumbled descending and aggravated a previous injury; unable to bear weight. Treated at scene and stretchered to ambulance for hospital transfer. Minor - injuries to knee.
Keswick (18 x 1hr 45 min)
- 139 33214 14 April 21:38** **Dendra Garth, Garsdale** **SD755897**
Cold, windy, overcast. Wet. Hill Walking (D of E)
Expedition party reported overdue at camp site. Party located at different camp site.
Kirkby Stephen (22 x 2hr 0 min)
- 140 32993 15 April 16:21** **Carron Crag, Grizedale Forest** **SD330942**
Dry, clear. Bike trail rough, steep. Mountain Biking (Small party)
Rider unable to control bike. Treated at scene, stretchered to landrover and driven to ambulance. Minor - cuts and abrasions head.
Coniston (14 x 2hr 0 min)
- 141 33385 17 April 14:38** **Watermillock, Ullswater** **NY4381822806**
Light dry cloudy cool bright. Gentle dry footpath. Search - Non-mountain (Alone)
Vulnerable (M89, dementia) reported missing after he failed to return from walk after becoming separated from his companion. Located safe and well by search dog.
Patterdale (7 x 1hr 0 min); LD MR Search Dogs Assoc (1 x 1hr 0 min)
- 142 33884 18 April 12:00** **Ladyside Pike, Hopegill Head** **NY182226**
Not reported. Not reported. Animal Rescue (Small party)
Dog reported by owner as collapsed. Once located, it was established dog and owner no longer required assistance.
Cockermouth (1 x 1hr 0 min)
- 143 32994 18 April 12:33** **High Parkamoor, Satterthwaite** **SD309925**
Dry, sunny. Very stony with rocks in places. Mountain Biking (Small party)
Rider hit rock on track and shot over the handlebars landing on head. Treated at scene, and stretchered to air ambulance. Serious - deep lacerations to head.
Coniston (7 x 2hr 40 min); North West Air Ambulance (Blackpool)
- 144 33272 18 April 16:38** **Gilsland Spa, Gilsland** **NY6373167677**
Sun. Dry. Hill Walking (Small party)
Subject (M55) reported collapsed on walk, notified of a pre-existing condition. Found to be dead on arrival. **Fatal** - unconscious (cause unknown).
Penrith (10 x 2hr 30 min)
- 145 33049 19 April 12:08** **Crinkle Crag, Gt Langdale** **NY249058**
Dry cloudy cool bright. Moderate stony moorland. Fell Running (Small party)
Fellrunner tripped and sustained a head injury. Airlifted to valley by air ambulance. Minor - injuries to head.
Langdale Ambleside (17 x 2hr 0 min); Great North AA Cumbria

146 33897 19 April 13:44 **Gilsland, N Cumbria** **NY634664**
Not reported. Not reported. Local Incident
Request to assist ambulance service with patient evacuation. Completed without incident; no details supplied.
Penrith (10 x 3hr 0 min)

147 33732 20 April 09:08 **Catbells, Swinside** **NY247208**
Not reported. Not reported. Hill Walking (Small party)
Subject (M) reported taken ill and collapsed while walking. Treated at scene and airlifted to hospital. Serious - stroke (CVA).
Keswick (22 x 1hr 40 min); Great North AA Cumbria

148 33883 20 April 12:00 **Haystacks, Buttermere** **NY193131**
Not reported. Not reported. Animal Rescue
Dog reported injured and stuck on ledge. Dog later jumped off ledge but was located and reunited with owner.
Cockermouth (1 x 1hr 0 min)

149 33379 20 April 12:39 **Striding Edge, Helvellyn** **NY347146**
Clear Dry. Steep broken ground. Hill Walking (Small party)
Subject (M74) seen to fall 100m from ridge. Body found to approximate location; body recovered for Coroner's officer. **Fatal** - multiple injuries.
Patterdale (9 x 5hr 19 min); Penrith (5 x 5hr 19 min); Great North AA Cumbria; Boulmer SAR Helicopter

150 33014 20 April 13:00 **Great Carrs, Wrynose** **NY272010**
Dry, sunny. Steep rocky/grassy slopes. Rock Scrambling (Alone)
Subject (M68) fell whilst scrambling. Treated at scene and airlifted by SAR helicopter. Serious – dislocated shoulder (glenohumeral).
Coniston (10 x 3hr 15 min); Boulmer SAR Helicopter

151 33048 20 April 14:20 **Coffin Route, Grasmere** **NY3534306642**
Dry clear mild bright. Moderate stony footpath. Hill Walking (Small party)
Subject (M) tripped and hitting his head in the fall. Treated at scene and evacuated. Minor - injuries to head.
Langdale Ambleside (12 x 2hr 0 min)

152 33733 20 April 17:29 **New Bridge, Jaws of Borrowdale** **NY252160**
Dry clear bright. Gentle dry. Hill Walking (Small party)
Subject (F64) slipped on a steep slab on the footpath and fell. Treated at scene and stretchered to ambulance for hospital transfer. Serious - simple closed fractured ankle.
Keswick (21 x 1hr 28 min)

153 33846 22 April 12:00 **Patterdale Common, Ullswater** **NY3961816976**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported fallen sustaining injuries to face and arm. Treated at scene and stretchered to roadhead for ambulance transfer. Minor - simple closed fractured radius; injuries to face.
Patterdale (6 x 1hr 30 min); Penrith (1 x 1hr 30 min)

154 33378 22 April 15:33 **Silver Point, Ullswater** **NY3961816976**
Clear Sunny warm. Dry stony path. Hill Walking (Small party)
Subject (F) slipped and fell, injuring her arm and face. Treated at scene and transferred to ambulance by landrover. Minor - soft tissue injuries to face; stable fracture to left arm.
Patterdale (7 x 2hr 12 min); Penrith (9 x 1hr 0 min)

155 33882 23 April 12:00 **Ling Comb, Red Pike, Buttermere** **NY15971606**
Not reported. Not reported. Hill Walking (Small party)
Subject (M57) reported with arm injury. Treated at scene and airlifted to valley for ambulance transfer. Minor - simple closed fractured radius.
Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

156 33213 23 April 16:16 Smardale, Crosby Garret Fell NY721076
 Warm/Sunny 18 deg C. Dry. Occupational (Alone)
 Male injured by loaded trailer. Treated at scene and airlifted to hospital.
 Kirkby Stephen (10 x 2hr 0 min); Great North AA Cumbria

157 33377 24 April 15:32 Sharrow Bay, Ullswater NY4450021000
 Fresh dry clear mild bright. Not reported. Water Sport (all types) (Alone)
 Yacht reported overturned. Man picked up by passing steamer and scene cleared of debris by
 local rescue boat.
 Patterdale (6 x 1hr 0 min)

158 33013 24 April 18:45 Dow Crag, Coniston SD263976
 Wet, windy, misty, cold. Damp, rough fell track. Hill Walking (Small party)
 Party of two (M, F62) reported themselves lost in mist. Located, warm clothing provided, escorted
 off the hill, stretcher carry required half way down. Minor - painful/uncomfortable knee.
 Coniston (14 x 4hr 0 min)

159 33311 24 April 21:13 Scafell Pike NY214071
 NW fresh drizzle hill fog cold dark. Moderate damp footpath. Hill Walking (Small party)
 Subject reported separated from group and missing. Team mounted a search but outcome not
 reported.
 Duddon and Furness (1 x 0hr 4 min); Wasdale (18 x 2hr 30 min)

160 33731 26 April 11:29 High Rigg, St Johns in the Vale NY313215
 Birght sunny. Dry. Hill Walking (Small party)
 Subject (M74) reported collapsed having fainted during a walk. Assessed at scene and walked
 down to roadside. Minor - faint (vaso-vagal).
 Keswick (18 x 1hr 21 min)

161 33898 26 April 12:00 Short Stile, High Street NY441119
 Not reported. Not reported. Abseiling
 Sheep reported stuck on ledge. Retrieved without loss or injury.
 Penrith (5 x 5hr 0 min)

162 33730 26 April 13:01 Lodore Falls, Derwent Water NY265187
 Not reported. Not reported. Hill Walking (Small party)
 Person reported having a panic attack at the foot of the falls. Stood down on arrival when
 informed issue had been resolved.
 Keswick (11 x 0hr 10 min)

163 33047 26 April 13:27 Side House, Gt Langdale NY2983605554
 Dry cloudy mild bright. Moderate stony footpath. Hill Walking (Small party)
 Subject (M) tripped, sustaining head and shoulder injury, however his location was only vague.
 Located by roadside and treated while waiting for ambulance to arrive. Minor - injuries to head
 and shoulder.
 Langdale Ambleside (12 x 2hr 0 min); Great North AA Cumbria

164 33325 27 April 13:00 How Barrow, Cartmel SD356793
 Not reported. Not reported. Parapenting (Alone)
 Paraglider reported crashed. Stood down responding; no further details supplied.
 Duddon and Furness (14 x 0hr 30 min)

May

165 33268 1 May 11:09 Tarn Crag, Gt Langdale NY2903307290
 Dry clear cool bright. Steep stony crag. Hang-gliding (Small party)
 Paraglider reported crashed, circumstances unclear. Treated at scene and evacuated first by
 SAR helicopter then air ambulance to hospital. Serious – no details supplied.
 Kendal (9 x 1hr 0 min); Langdale Ambleside (10 x 3hr 0 min); Great North AA Cumbria; Boulmer
 SAR Helicopter

166 33729 1 May 14:38 **Sharp Edge, Blencathra** **NY332289**
Broken cloud dry. Dry. Rock Scrambling (Small party)
Subject (F27) reported became cragfast and was too scared to move further. Stood down at Scales Tarn when established that a passing group had assisted the person to safer ground.
Keswick (17 x 1hr 49 min)

167 33881 2 May 12:00 **Anglers Crag, Ennerdale** **NY100151**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) fell 60ft resulting in serious injuries. Treated at scene, airlifted to hospital but later died in hospital from injuries. **Fatal** - no details supplied.
Cockermouth (1 x 1hr 0 min); Valley SAR Helicopter; North West Air Ambulance (Blackpool)

168 33728 2 May 12:41 **Borrowdale Yews, Seathwaite** **NY235125**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) tripped and fell, injuring herself. Treated at scene and stretchered to valley for hospital transfer. Minor - injuries to head and lower leg.
Keswick (13 x 1hr 43 min)

169 33523 2 May 13:33 **Gatesgarth Pass, Longsleddale** **NY474092**
Not reported. Not reported. Mountain Biking (Small party)
Rider (M37) reported fallen from bike. Stood down on route when informed that ambulance had accessed the casualty.
Kendal (10 x 1hr 0 min)

170 33880 3 May 12:00 **Black Sail YH, Ennerdale** **NY194123**
Not reported. Not reported. Mountain Biking (Small party)
Party of two (M42, M7) reported overdue at youth hostel. Stood down responding when informed they had turned up at Gillerthwaite youth hostel.
Cockermouth (1 x 1hr 0 min)

171 33073 3 May 21:21 **Lingmell, Wasdale** **NY211078**
Foggy and windy. Open fellside. Hill Walking (Small party)
Party reported themselves lost. Located and escorted from the hill.
Wasdale (20 x 4hr 10 min)

172 33727 4 May 12:52 **Slape Crag, Barf** **NY215266**
Not reported. Not reported. Hill Walking (Small party)
Family party of three (2xM, F) wandered off track and became cragfast on difficult ground. Located, accessed and assisted to safer ground.
Keswick (14 x 1hr 34 min)

173 33087 4 May 14:12 **Climbers Traverse, Great Gable** **NY20921005**
S fresh dry clear cool bright. Steep damp stony crag. Rock Scrambling (Small party)
Subject (F) slipped about 5-10m whilst scrambling. Airlifted to hospital. Minor - painful/uncomfortable right knee.
Wasdale (20 x 4hr 0 min); Boulmer SAR Helicopter

174 33879 4 May 17:01 **Haycock, Ennerdale** **NY135123**
Not reported. Not reported. Hill Walking (Medium party)
Subject (M), in party of eight, reported collapsed with chest pains. Treated at scene and airlifted to hospital. Serious - myocardial infarct chest.
Cockermouth (1 x 1hr 0 min); North West Air Ambulance (Blackpool)

175 33726 5 May 14:42 **Sticks Pass, Legburthwaite** **NY328185**
Wet windy low cloud. Wet muddy. Hill Walking (Small party)
Subject (F23) slipped whilst descending a grassy slope and injured her foot. Treated at scene and stretchered off the hill for a transfer to hospital. Minor - injuries to lower leg.
Keswick (14 x 2hr 25 min)

176 33878 8 May 12:00 **Scale Force, Buttermere** **NY159174**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F59) reported with an ankle injury and unable to walk. Treated at the scene and stretchered to roadhead for an ambulance transfer. Minor - injuries to lower leg.
 Cockermouth (1 x 1hr 0 min)

177 33376 8 May 20:30 **Patterdale** **NY3950016000**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (F) on C2C route, reported overdue at overnight accommodation. Turn up safe and well prior to deploying search teams.
 Langdale Ambleside (1 x 1hr 0 min); Patterdale (8 x 1hr 10 min)

178 33725 9 May 12:00 **Thornthwaite Forest, Whinlatter** **NY211246**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (M45) reported crashed at high speed on the North loop, resulting in significant injuries. Treated at scene and stretchered to ambulance for hospital transfer. Serious - injuries to chest and back.
 Keswick (11 x 1hr 43 min)

179 33522 9 May 15:32 **Capple Howe, Kentmere** **NY442027**
 Not reported. Not reported. Fell Running (Organised event)
 Competitor (F55) reported fallen during trail race. Treated at scene and stretchered off the hill. Minor - painful/uncomfortable left wrist.
 Kendal (10 x 3hr 19 min)

180 33520 10 May 09:00 **Kendal** **SD514932**
 Light dry cloudy mild dull. Not reported. Search - Non-mountain (Alone)
 Subject (F81), described as 'high risk', reported missing for 3 days. Two day search operation proved inconclusive.
 Kendal (18 x 3hr 30 min); Kendal (16 x 6hr 0 min); LDMR Search Dogs Assoc (4 x 3hr 0 min); LDMR Search Dogs Assoc (6 x 4hr 30 min)

181 33260 10 May 12:20 **Sweeten Crag, Hole Rake, Coniston Fells** **SD293987**
 Mild, very cloudy. Stony. Hill Walking (Small party)
 Subject (M66) reported first dizzy then collapsed and unconscious. Assessed at scene and stretchered to waiting air ambulance. Minor – no details supplied.
 Coniston (14 x 1hr 40 min); North West Air Ambulance (Blackpool)

182 33261 10 May 15:46 **Sunnythwaite, Grizedale Forest** **SD345955**
 Dry, cloudy. Good forestry track. Road Traffic Collision (Small party)
 Two motorcyclists reported injured following collision. Assisted paramedics already in attendance with treatment and evacuation. Serious - general injuries; Serious - not reported.
 Coniston (15 x 2hr 30 min); Great North AA Cumbria

183 33877 11 May 12:00 **Floutern Tarn, Great Borne** **NY124170**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M59) reported with ankle injury. Treated at scene and airlifted to ambulance at roadhead. Minor - injuries to lower leg.
 Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

184 33267 11 May 17:15 **Stake Pass, Gt Langdale** **NY263084**
 Showers cloudy mild dull. Moderate damp grassy moorland. Hill Walking (Small party)
 Party of two (M) reported slipped on damp ground. Treated at scene and evacuated by SAR helicopter. Minor - injuries; Minor - knee injuries.
 Langdale Ambleside shoulder (14 x 3hr 0 min)

185 33212 11 May 17:41 **Far Leases Lane, Crosby Garret** **NY742098**
 Dry after overnight rain. Flooded ford. Local Incident (Small party)
 Car washed off road at ford. Occupants recovered to base to dry and re-warm.
 Kirkby Stephen (5 x 2hr 30 min)

186 33259 12 May 12:20 Carron Crag, Grizedale Forest SD324984
 Dry, cloudy, windy. Stony forestry track. Hill Walking (Small party)
 Subject (F44) reported injured after dog ran into her leg. Treated at scene and assisted into ambulance. Serious - fracture/dislocation of knee.
 Coniston (11 x 2hr 30 min)

187 33724 13 May 12:26 Birk Side, Nethermost Pike NY335135
 Not reported. Not reported. Hill Walking (Large party)
 Subject (M50) took a fall while descending a path. Made own way down with companions but was assessed at roadside and advised to have a hospital checkup. Minor – laceration and injuries to head.
 Keswick (21 x 1hr 40 min)

188 33723 15 May 17:21 Esk Hause, Great End NY234082
 Hill fog. Not reported. Hill Walking (Small party)
 Party of two (2xF), mother and daughter, became disorientated in thick mist and were reported lost. Located and brought to safety.
 Keswick (5 x 4hr 7 min)

189 33722 16 May 12:07 Honister Pass, Seatoller NY243139
 Dry light breeze. Dry. Mountain Biking (Small party)
 Rider (M38) reported fallen after losing control of bike. Treated at scene and stretchered to air ambulance for transfer to hospital. Serious – no details supplied.
 Cockermouth (1 x 2hr 23 min); Keswick (12 x 2hr 23 min); Great North AA Cumbria

190 33266 16 May 12:33 Easedale Tarn, Grasmere NY3096408674
 Dry clear cool bright. Moderate dry gravel footpath. Hill Walking (Small party)
 Subject (F35) reported tripped on rough ground and unable to walk. Treated at scene and evacuated to roadhead. Minor - simple closed fractured ankle.
 Langdale Ambleside (1 x 3hr 0 min)

191 33258 16 May 13:27 Colwith Force Waterfall, Lt Langdale NY328026
 Dry, breezy, cloudy. Grassy, tree roots, greasy. Hill Walking (Small party)
 Subject (M57) slipped on greasy ground. Treated at scene and stretchered to ambulance. Serious - complicated closed fractured ankle.
 Coniston (11 x 1hr 45 min); Langdale Ambleside (2 x 1hr 0 min)

192 33375 17 May 16:28 Hallin Fell, Ullswater NY4330019800
 Good. Dry. Hill Walking (Alone)
 Subject (M) reported himself lost on top of hillside. Located and led to safety by local hotelier.
 Patterdale (10 x 1hr 0 min)

193 33224 17 May 21:00 Scafell - Eskdale NY215270
 Heavy rain and fog. Open fellside. Hill Walking (Small party)
 Party of two (2xM27) reported lost in fog. Extensive search located them cold and tired. They were airlifted to the roadhead.
 Cockermouth (12 x 6hr 30 min); Coniston (6 x 5hr 30 min); Duddon and Furness (12 x 6hr 30 min); Keswick (22 x 6hr 45 min); Langdale Ambleside (8 x 5hr 0 min); Patterdale (9 x 1hr 0 min); LDMSR Search Dogs Assoc (9 x 6hr 30 min); Wasdale (28 x 19hr 30 min); Gannet SAR Helicopter

194 33263 19 May 15:44 Greenup Edge, Grasmere NY287105
 Showers cloudy mild bright. Moderate slippery grassy footpath. Hill Walking (Alone)
 Subject (M) reported slipped and unable to walk. Treated at scene and evacuated by air ambulance. Minor - simple closed fractured ankle.
 Langdale Ambleside (20 x 5hr 0 min); Great North AA Cumbria

195 33720 21 May 11:52 Tongue Gill, Rosthwaite NY244152
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F82) tripped and fell, injuring her wrist. Treated at scene and stretchered off the hill for transfer to hospital. Minor - injuries to lower arm.
 Keswick (13 x 2hr 6 min)

196 33262 21 May 15:56 **Stock Ghyll Force, Ambleside** **NY3822304583**
 Dry cloudy mild dull. Moderate slippery muddy footpath. Hill Walking (Small party)
 Subject (F74) reported tripped. Treated at scene and evacuated to ambulance. Minor - head injuries.
 Langdale Ambleside (12 x 1hr 30 min)

197 33257 23 May 15:09 **High Bethacar, High Nibthwaite** **SD295896**
 Dry, sunny. Fell track. Animal Rescue (Small party)
 Dog reported with arterial bleed. Other walkers assisted family with dog and taken to a vet in Ulverston.
 Coniston (6 x 1hr 45 min)

198 33322 24 May 07:00 **Eskdale** **NY201096**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M) reported missing. Found safe and well.
 Cockermouth (1 x 5hr 0 min); Duddon and Furness (9 x 5hr 0 min); RAF Leeming (1 x 5hr 0 min);
 LDMR Search Dogs Assoc (8 x 5hr 0 min); Wasdale (1 x 5hr 0 min); Boulmer SAR Helicopter

199 33255 24 May 10:25 **Quagrigg Moss, Eskdale Fell** **NY201039**
 Fine with excellent visibility. Open fellside. Hill Walking (Large party)
 Party reported themselves lost in spite of excellent visibility. Guided off safely by phone.
 Wasdale (17 x 4hr 0 min)

200 33321 24 May 13:00 **Barrow in Furness** **SD192694**
 Not reported. Not reported. Search - Non-mountain (Alone)
 Subject, described as 'high risk', reported missing from home. Stood down when informed new information found.
 Duddon and Furness (10 x 0hr 45 min)

201 33256 24 May 13:29 **Green Rigg, Torver** **SD263933**
 Dry, windy, sunny with clouds. Tarmac road. Local Incident (Small party)
 Road cyclist in racing event reported injured after a skid on gravel. Treated at scene and taken to hospital. Serious - multiple injuries.
 Coniston (9 x 1hr 15 min); North West Air Ambulance (Blackpool)

202 33373 24 May 16:33 **Aira Force, Watermillock** **NY3979021096**
 Light dry mild dull. Damp stony footpath. Hill Walking (Small party)
 Subject (M) slipped on footpath at waterfall, injuring head. Assisted down to waiting ambulance.
 Patterdale (8 x 0hr 30 min)

203 33372 24 May 17:57 **Brown Cove, Helvellyn** **NY340161**
 Dry cold. Steep slippery. Hill Walking (Small party)
 Subject (F28) reported to have fallen 20-30ft. Treated at scene, airlifted to valley for transfer to ambulance. Minor - soft tissue injuries to hand.
 Keswick (8 x 1hr 30 min); Patterdale (10 x 1hr 30 min)

204 33371 27 May 17:32 **Thornthwaite Beacon, Eastern Fells** **NY4312310018**
 Light heavy rain poor cold dark. Wet slippery. Hill Walking (Small party)
 Party of two (F60, M62) reported themselves lost in very wet conditions. Location established using SARLoc; met and assisted off the hill.
 Patterdale (7 x 4hr 0 min); LDMR Search Dogs Assoc (1 x 4hr 0 min)

205 33719 29 May 11:52 **Shepherd's Crag, Borrowdale** **NY263186**
 Not reported. Not reported. Rock Scrambling (Small party)
 Subject (M10) took a tumbling fall whilst scrambling in a gully. Assessed at the scene and transferred to local hospital for a checkup. Minor – no details supplied.
 Keswick (16 x 0hr 40 min)

206 33718 30 May 13:44 Greystones, High Lorton NY178267
Not reported. Not reported. Hill Walking (Small party)
Subject (M55) reported collapsed while walking. Treatment was unsuccessful and he was pronounced dead at the scene. **Fatal** – no details supplied.
Cockermouth (1 x 2hr 46 min); Keswick (12 x 2hr 46 min)

June

207 33370 1 June 14:18 Aira Force, Watermillock NY3999620679
Strong heavy rain low cloud cool dull. Undulating rocky stony footpath. Hill Walking (Large party)
Subject (F18), in very large group of teenagers, reported slipped and fell. Treated at scene and stretchered to waiting ambulance. Minor – no details supplied.
Patterdale (8 x 1hr 33 min); Penrith (6 x 1hr 0 min)

208 33717 2 June 13:14 Brackenburn, Manesty Park NY249191
Not reported. Not reported. Hill Walking (Small party)
Subject (M60) reported injured after 50-60ft fall, requested to assist ambulance service. Stood down on arrival when informed dealt with by ambulance crew.
Keswick (13 x 0hr 12 min)

209 33303 2 June 16:57 Wansfell, Ambleside NY392038
Showers cloudy mild dull. Moderate slippery grassy moorland. Hill Walking (Small party)
Subject (F58) slipped on wet ground and sustained a leg injury. Treated at scene and evacuated by air ambulance. Serious - compound closed fracture of tibia.
Langdale Ambleside (16 x 2hr 0 min); Great North AA Cumbria

210 33320 4 June 12:50 Bardsea SD302743
Not reported. Not reported. Local Incident (Alone)
Subject (F53) reported fallen with injured ankle. Stood down responding when informed no longer required to attend.
Duddon and Furness (9 x 0hr 30 min)

211 33301 6 June 12:17 Loughrigg Terrace, Rydal NY3460605879
N gale showers cloudy mild. Moderate damp gravel footpath. Fell Running (Organised event)
Runner tripped and sustained a leg injury. Treated at scene and evacuated. Minor - deep lacerations to knee.
Langdale Ambleside (1 x 2hr 0 min)

212 33302 6 June 16:12 Rydal Cave, Rydal NY3493105833
N gale showers mild dull. Moderate damp gravel footpath. Fell Running (Organised event)
Female runner reported with a knee injury. Treated at scene and evacuated by stretcher.
Langdale Ambleside (15 x 2hr 0 min)

213 33282 7 June 18:29 Setmurthy Woods, Cockermouth NY160313
Sunshine, broken cloud, wind. Track. Mountain Biking
Rider reported fallen and injured. Treated at scene and stretchered SAR helicopter for hospital transfer. Serious – no details supplied.
Cockermouth (1 x 1hr 0 min); Gannet SAR Helicopter

214 33300 8 June 13:28 Loughrigg, Rydal NY355053
Fresh dry clear cool. Moderate damp grassy moorland. Hill Walking (Small party)
Subject (F70) reported collapsed. Treated at scene and evacuated by air ambulance.
Langdale Ambleside (10 x 2hr 15 min); Great North AA Cumbria

215 33299 8 June 19:58 Alcock Tarn, Grasmere NY346080
Dry clear cool dusk. Moderate damp gravel footpath. Hill Walking (Small party)
Subject (M80) reported lost and exhausted. He was located tired with a minor arm injury and very embarrassed. Minor - injuries to lower arm.
Langdale Ambleside (14 x 3hr 0 min); LD MR Search Dogs Assoc (3 x 3hr 0 min)

216 33298 10 June 13:32 Penny Rock, Grasmere NY344060
 Dry clear warm bright. Gentle gravel footpath. Local Incident (Small party)
 Subject (M) reported collapsed with chest pains. Resuscitation attempted but pronounced dead
 at scene. **Fatal** - myocardial infarct.
 Langdale Ambleside (10 x 2hr 0 min)

217 33297 10 June 18:31 Mark Gate, Gt Langdale NY2795607004
 Dry clear cool dusk. Steep damp stony crag. Hill Walking (Small party)
 Subject (F62) tripped and sustained injuries. Treated at scene and evacuated by air ambulance.
 Minor - simple closed fracture to wrist; injuries to face.
 Langdale Ambleside (12 x 4hr 0 min); North West Air Ambulance (Blackpool)

218 33876 11 June 12:00 High Gillerthwaite YH, Ennerdale NY142140
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M68) reported unwell close to youth hostel. Stood down responding when informed
 assessed at scene and airlifted to hospital. Minor - heat exhaustion.
 Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

219 33283 11 June 15:37 Banly Gill, Ennerdale Bridge NY063161
 Dry and sunny. Not reported. Hill Walking (Small party)
 Party of two reported lost after walking from Ennerdale Bridge along the River Ehen. They were
 found safe and well near Banly Gill and escorted back to Ennerdale Bridge.
 Cockermouth (1 x 1hr 0 min)

220 33284 12 June 15:00 Black Sail YH, Ennerdale NY194123
 Dry, sunny, warm. Not reported. Hill Walking
 Subject (F65) reported ill with heat exhaustion. Assessed at scene then transported to a waiting
 ambulance at Bowness Knott. Minor - heat stroke.
 Cockermouth (1 x 1hr 0 min)

221 33810 12 June 17:08 Greenup Edge, Ullscarf NY291115
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F60) reported herself lost and exhausted, with only a vague location. Located and
 escorted to safety.
 Keswick (18 x 3hr 0 min); LDMR Search Dogs Assoc (3 x 3hr 0 min)

222 33296 13 June 00:38 The Band, Bowfell, Gt Langdale NY248060
 Dry clear cool dark. Steep stony moorland. Mountain Biking (Small party)
 Rider (M16) reported became benighted. Location established with SARLoc, recovered cold but
 unharmed to safety.
 Langdale Ambleside (5 x 4hr 0 min)

223 33516 13 June 14:38 Wray Crag, Kentmere NY475049
 Calm dry clear warm bright. Moderate rocky stony track. Mountain Biking (Organised event)
 Rider (M49) reported fallen from bike during race. Treated at scene and airlifted to hospital.
 Serious - laceration to head.
 Kendal (6 x 3hr 0 min); North West Air Ambulance (Blackpool)

224 33809 14 June 02:37 Bassenthwaite Water, Beck Wythop NY215285
 Not reported. Not reported. Local Incident (Small party)
 Party of two reported in difficulty on lake, believed under the influence of alcohol. One made his
 own way to shore and the other was retrieved by boat.
 Keswick (3 x 0hr 34 min)

225 33285 14 June 21:15 High Crag, Buttermere NY180140
 Not reported. Not reported. Hill Walking (Small party)
 Party of two reported overdue on a walk. Stood down responding when informed party was re-
 united.
 Cockermouth (1 x 1hr 0 min)

226 33808 15 June 11:47 Swirls, Helvellyn NY319167
 Dry clear. Dry. Hill Walking (Small party)
 Subject (F60) slipped on loose stones, her companion unaware of her fall continued to summit.
 Treated at scene and stretchered to carpark. Minor - simple closed fractured ankle.
 Keswick (12 x 1hr 0 min); Langdale Ambleside (4 x 1hr 30 min)

227 33294 15 June 12:51 Cockly Crag, Easedale Tarn, Grasmere NY314089
 Dry clear mild bright. Not reported. Hill Walking (Small party)
 Subject (M80) reported collapsed with low blood sugar. Airlifted to valley by air ambulance and
 returned to accommodation for a rest. Minor – hyperglycaemia.
 Keswick (10 x 2hr 0 min); Langdale Ambleside (8 x 2hr 0 min); North West Air Ambulance
 (Blackpool)

228 33369 17 June 16:52 Grisedale, Patterdale NY354130
 Light dry cloudy mild dull. Moderate rocky stony footpath. Hill Walking (Small party)
 Subject (M) slipped and reported with ankle injury. Assessed at scene, airlifted to valley and
 treated locally; made own way to hospital. Minor - deep lacerations to lower leg.
 Patterdale (10 x 2hr 0 min); Penrith (6 x 1hr 0 min); Great North AA Cumbria

229 33899 18 June 12:00 Haweswater NY47651191
 Not reported. Not reported. Animal Rescue
 Sheep reported stranded on island; no explanation given. Retrieved without loss or injury.
 Penrith (6 x 2hr 0 min)

230 33269 18 June 15:23 Coppermines YH, Coniston SD292984
 Dry, cloudy. Not reported. Local Incident (Small party)
 Request to assist ambulance service dealing with medical emergency. Treated at scene,
 evacuated to air ambulance and airlifted to hospital. Serious - stroke (CVA).
 Coniston (9 x 1hr 30 min); Great North AA Cumbria

231 33293 18 June 18:30 Gt Langdale Beck, Chapel Stile NY3128705644
 Dry cloudy mild dull. Steep damp grassy bank. Hill Walking (Small party)
 Subject (F) slipped down steep embankment into river. Treated at scene and evacuated to
 roadhead. Minor - injuries to shoulder and lower arm.
 Langdale Ambleside (12 x 1hr 30 min)

232 33368 19 June 15:11 Beckside Farm, Sandwick, Ullswater NY4240020000
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) reported to have collapsed on lakeshore path. Stood down responding when
 informed ambulance service accessed and dealt with issue.
 Patterdale (9 x 1hr 30 min); Great North AA Cumbria

233 33367 20 June 11:18 Striding Edge, Helvellyn NY3464215080
 Light dry low cloud cool dull. Steep loose stony ridge. Hill Walking (Small party)
 Subject (M), walking with son, slipped and fell 50ft. Pronounced dead at scene after protracted
 efforts to resuscitate; body recovered for Coroner's officer. **Fatal** - head injuries.
 Patterdale (17 x 2hr 45 min); Penrith (12 x 4hr 0 min); Great North AA Cumbria; Boulmer SAR
 Helicopter

234 33292 20 June 14:50 Brant Fell, Windermere SD4096996142
 Dry clear warm bright. Moderate damp grassy moorland. Hill Walking (Small party)
 Child (M4) reported with back injury after fall, requested to assist ambulance service. Assessed
 by paramedics and escorted down to road.
 Langdale Ambleside (12 x 2hr 0 min)

235 33286 21 June 15:40 Ennerdale Fell Plantation, Ennerdale NY181130
 Dry. Not reported. Hill Walking
 Subject (M) reported to be ill on walk. Assessed at scene and transported to Honister Youth
 Hostel.
 Cockermouth (1 x 1hr 0 min)

236 33318 21 June 18:25 **Green Crag, Ulpha** **SD200982**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M65) reported missing. Walker turned up before search parties deployed.
 Duddon and Furness (14 x 0hr 10 min)

237 33289 21 June 18:30 **Shudderstone How, Seathwaite Tarn** **SD257987**
 Cloudy, wet, windy. Tracks. Hill Walking (Small party)
 Party of two (M31, F26) reported themselves lost in mist. Located, given warm clothing and led to safety.
 Coniston (12 x 3hr 30 min); Duddon and Furness (4 x 2hr 40 min); LDMR Search Dogs Assoc (1 x 3hr 30 min)

238 33287 22 June 23:17 **Cogra Moss, Lamplugh** **NY085198**
 Dry. Dry. Search - Non-mountain (Alone)
 Subject (M) reported missing from home, concern for his safety. Overnight search inconclusive but body located following day. **Fatal** - not reported.
 Cockermouth (1 x 1hr 0 min); Cockermouth (1 x 1hr 0 min); Keswick (16 x 1hr 0 min); LDMR Search Dogs Assoc (8 x 5hr 30 min); Wasdale (12 x 2hr 0 min)

239 33366 23 June 13:19 **Kailpot Crag, Ullswater** **NY4310520253**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M83) reported to have fallen twice, injuring his leg and back. Treated at scene and transferred by boat to ambulance. Minor - laceration to knee and left lower leg.
 Patterdale (12 x 2hr 16 min); Penrith (6 x 2hr 16 min)

240 33805 25 June 14:27 **Woodbank Gill, Watendlath** **NY280159**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F74) slipped and reported unable to bear weight. Treated at scene and stretchered to waiting ambulance. Minor - injuries to lower leg.
 Keswick (19 x 1hr 49 min)

241 33389 25 June 18:07 **Aira Force, Watermillock** **NY4020019800**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported suffering with chest pain. Treated at scene and assisted to ambulance.
 Minor - pain/discomfort chest.
 Patterdale (8 x 1hr 0 min)

242 33291 26 June 15:40 **Rydal Cave, Rydal** **NY350058**
 Dry cloudy mild dull. Moderate damp gravel footpath. Hill Walking (Small party)
 Subject (F) tripped, resulting in an injury to her arm. Treated at scene and stretchered from the hill. Minor - simple closed fractured wrist.
 Langdale Ambleside (11 x 2hr 0 min)

243 33308 26 June 16:45 **Scafell Pike** **NY21140740**
 Calm dry foggy mild. Moderate stony. Hill Walking (Small party)
 Subject (M51) slipped and fell causing injury. Treated at scene and stretchered from hill. Serious - painful/uncomfortable right knee.
 Duddon and Furness (15 x 4hr 45 min); Penrith (1 x 3hr 0 min); Wasdale (18 x 5hr 15 min)

244 33515 26 June 19:48 **Holme, Milnthorpe** **SD526782**
 Calm dry cloudy warm dull. Damp. Search - Non-mountain (Alone)
 Vulnerable (F52) reported missing from care. Located by police beside the canal at Crooklands.
 Kendal (17 x 2hr 0 min); LDMR Search Dogs Assoc (4 x 2hr 0 min)

245 33365 27 June 13:22 **Silver Point, Ullswater** **NY402188**
 Light dry cloudy warm bright. Undulating rough grassy slope. Hill Walking (Small party)
 Subject (F61) reported to have had a tumbling fall, resulting in multiple injuries. Treated at scene and transferred by boat to an ambulance. Serious - painful/uncomfortable to shoulder (glenohumeral); deep lacerations to head.
 Patterdale (9 x 3hr 46 min)

246 33307 27 June 13:45 **Abrahams Route, Dow Crag** **SD264976**
 Dry, warm, sunny. Rock. Rock Climbing - roped (Small party)
 Subject (M60) slipped whilst climbing. Treated at scene and evacuated by SAR helicopter.
 Serious - laceration to hand.
 Coniston (13 x 2hr 30 min); Duddon and Furness (2 x 1hr 11 min); RAF Leeming (4 x 2hr 30 min); Boulmer SAR Helicopter

247 33306 27 June 16:10 **Ashgill Quarry, Broughton Moor** **SD268954**
 Dry, sunny, warm. Rocky, slippery grass. Occupational (Small party)
 Subject (F22) slipped whilst undertaking geology survey and unable to get out. Found exit tunnel and walked out. Minor - laceration to hand.
 Coniston (13 x 1hr 30 min)

248 33309 27 June 17:45 **Lincove Bridge, Eskdale** **NY227036**
 Fine. Fellside and riverbank. Water Sport (all types) (Small party)
 Subject (M) believed to have been canyoning reported to have dived in and hit the beck bottom. Treated at scene and airlifted to hospital. Serious - injuries to head.
 Wasdale (15 x 3hr 30 min); Boulmer SAR Helicopter; North West Air Ambulance (Barton)

249 33310 27 June 20:18 **Seatallan** **NY143083**
 NW fresh drizzle low cloud mild dusk. Steep damp grassy moorland. Fell Running (Small party)
 Subject (M) reported having a tumbling fall on wet grass. Treated at scene and evacuated beneath the cloudbase, then airlifted to hospital. Minor - injuries to head and back.
 Duddon and Furness (18 x 4hr 45 min); Wasdale (4 x 4hr 30 min); Gannet SAR Helicopter

250 33288 28 June 19:24 **Beck Head, Great Gable** **NY209104**
 Damp and windy. Wet. Fell Running (Alone)
 Subject (M68) reported fallen and injured his hip. Treated at scene, stretchered to Black Sail YH and transported to a waiting ambulance. Minor - pelvic injuries.
 Cockermouth (16 x 1hr 0 min); Wasdale (15 x 5hr 6 min)

251 33364 28 June 20:08 **Red Tarn, Helvellyn** **NY35221554**
 Light dry hazy warm bright. Moderate rough stony footpath. Animal Rescue
 German sheperd dog reported by owner to be unable to move after injuring its legs. Dog evacuated safely to valley where immediate treatment was provided.
 Patterdale (11 x 1hr 40 min)

252 33305 28 June 20:26 **Hawkshead Moor, Grizedale Forest** **SD342964**
 Dry, mild. Forestry track. Motor Sport (Small party)
 Two persons reported injured following collision between quad bike and motorcycle. Treated at scene and airlifted to hospital. Serious - internal injuries to upper arm and pelvis.
 Coniston (14 x 2hr 30 min); Leconfield SAR Helicopter

253 33290 29 June 22:22 **Threshthwaite Mouth, Stony Cove Pike** **NY426103**
 Dry clear mild dusk. Moderate moorland. Hill Walking (Small party)
 Subject (F65) reported exhausted and unable to continue. After a little difficulty locating her, she was assisted back down to safety.
 Kendal (7 x 1hr 0 min); Langdale Ambleside (10 x 4hr 0 min); Patterdale (11 x 1hr 0 min)

254 33550 30 June 13:25 **Clints, Woodend Quarry, Egremont** **NY008123**
 Warm, dry. Disused quarry, small crags. Local Incident (Small party)
 Request to assist ambulance service dealing with a person reported collapsed in quarry. Assessed at scene and evacuated by stretcher to land ambulance.
 Wasdale (14 x 1hr 30 min)

255 33362 30 June 17:10 **River Esk, Longtown** **NY376689**
 Light dry clear warm bright. Not reported. Water Sport (all types) (Alone)
 Subject (M) reported missing after entering water to assist daughter in difficulty. Body located by police divers. **Fatal** – drowning.
 Patterdale (8 x 6hr 0 min); Penrith (19 x 6hr 0 min); LDMR Search Dogs Assoc (1 x 8hr 0 min)

July

- 256 33875 1 July 12:00** **Green Crag, Haystacks** **NY202130**
Not reported. Not reported. Hill Walking (Small party)
Subject reported to have fallen 150ft down crag with companion cragfast high on the crag.
Treated at scene and airlifted to hospital; later died from injuries. Helicopter returned to winch
companion from the crag. **Fatal** – no details supplied.
Cockermouth (1 x 1hr 0 min); Boulmer SAR Helicopter
- 257 33304 2 July 16:42** **Brim Fell, Consiton Old Man** **SD270989**
Wet, cold, windy & misty on tops. Stony. Hill Walking (Small party)
Party of two (2xM31) reported themselves lost in mist. Located, given warm clothing and food
then accompanied them off the hill.
Coniston (5 x 2hr 15 min)
- 258 33901 5 July 12:00** **Great Rundale Tarn, N Pennines** **NY728282**
Not reported. Not reported. Hill Walking (Alone)
Subject (F) reported lost. Location established using SARLoc, advised course of action, met and
escorted to safety.
Penrith (2 x 2hr 0 min); LDMR Search Dogs Assoc (1 x 2hr 0 min)
- 259 33340 5 July 13:28** **Black Crag, Wrynose** **NY274037**
Showers mild dull. Vertical rockface. Rock Climbing - roped (Small party)
Climber (M) reported fallen from crag. Treated at scene and evacuated to air ambulance. Serious
- unconsciousness; injuries to face and lower arm.
Langdale Ambleside (14 x 3hr 0 min); Great North AA Cumbria
- 260 33551 5 July 17:25** **Scafell Pike** **NY216072**
Foggy. Open fellside. Hill Walking (Small party)
Party of three reported lost in fog on summit. Located and escorted to safety.
Wasdale (11 x 5hr 30 min)
- 261 33339 6 July 10:36** **Beemire Lane, Windermere** **SD4056798252**
Showers clear mild dull. Damp muddy footpath. Local Incident (Small party)
Subject (F43) slipped on damp ground sustaining a leg injury. Treated at scene and evacuated to
roadside. Minor - simple closed fractured ankle.
Langdale Ambleside (11 x 1hr 0 min)
- 262 33874 6 July 12:00** **Haystacks, Buttermere** **NY193131**
Not reported. Not reported. Hill Walking (Small party)
Subject (M40) reported overdue having failed to return from walk. Found at home.
Cockermouth (1 x 1hr 0 min)
- 263 33553 6 July 17:51** **Scafell** **NY205066**
Misty, wet. Wet. Hill Walking (Small party)
Subject (M30) reported themselves lost and unable to navigate in poor visibility. Advised over the
phone and checked on arrival in the valley.
Wasdale (2 x 5hr 30 min)
- 264 33338 7 July 12:46** **Jack's Rake, Pavey Ark, Gt Langdale** **NY28510788**
Dry cloudy mild dull. Vertical damp stony crag. Rock Scrambling (Small party)
Family party (Mx3) reported cragfast on the narrow rake. They were roped off to safe ground.
Langdale Ambleside (13 x 4hr 0 min)
- 265 33804 8 July 11:41** **Manesty, Grange** **NY249184**
Not reported. Not reported. Search - Mountain
Shouts for help reported by members of the public. Investigations established it was a farmer
gathering sheep; false alarm good intent.
Keswick (14 x 0hr 45 min)

266 33337 8 July 11:51 **Loughrigg Fell, Rydal** **NY352060**
 Showers cloudy mild dull. Gentle stony footpath. Hill Walking (Small party)
 Subject (F) reported collapsed on lakeshore path. Treated at scene and evacuated to
 ambulance. Minor – hypoglycaemia.
 Langdale Ambleside (8 x 1hr 45 min)

267 33803 9 July 11:55 **Stockley Bridge, Seathwaite** **NY232108**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F65) reported unwell and fainted on the footpath. Assessed at scene and airlifted to
 hospital. Serious – no details supplied.
 Keswick (14 x 2hr 13 min); Great North AA Cumbria

268 33873 9 July 12:00 **Haystacks, Buttermere** **NY193131**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported to be ill and unable to continue walk. Treated at scene and airlifted to
 hospital. Serious - myocardial infarct.
 Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

269 33361 10 July 16:48 **Barton Fell, Ullswater** **NY4690020700**
 Not reported. Not reported. Hill Walking (Medium party)
 Subject (M) reported exhausted and unable to continue walk. Assessed at scene and airlifted to
 hospital for further assessment. Minor – exhaustion.
 Patterdale (10 x 2hr 10 min); Great North AA Cumbria

270 33902 11 July 12:00 **Hole-in-the-Wall, Helvellyn** **NY35931551**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported with leg injury. Treated at scene and stretchered to roadhead for hospital
 transfer. Minor - injuries to lower leg.
 Patterdale (1 x 4hr 0 min); Penrith (7 x 4hr 0 min)

271 33328 12 July 14:27 **Great Carr, Coniston Fells** **NY272009**
 Dry, sunny with cloud. Rough fell tracks. Search - Mountain
 Cries for help heard and reported by members of the public. Nothing untoward found but believed
 to have been local shepherds working their sheep; false alarm good intent.
 Coniston (15 x 2hr 30 min); North West Air Ambulance (Blackpool)

272 33845 13 July 11:38 **Straits of Riggindale, High Street** **NY430106**
 Not reported. Not reported. Hill Walking (D of E) (Medium party)
 Expedition party of seven reported lost and disorientated in low cloud. Located, assessed and
 escorted to safety off the hill.
 Patterdale (16 x 4hr 30 min); Penrith (11 x 4hr 30 min)

273 33393 13 July 15:59 **Rampsgill Head, Haweswater** **NY444130**
 Drizzle misty cool dull. Not reported. Hill Walking (School/Youth group)
 Group member (F) reported unable to continue due to feeling cold; group sensibly 'went to
 ground' with survival training. Assessed and stretchered off the hill as a precaution. Minor –
 exhaustion.
 Kendal (1 x 0hr 15 min); Kirkby Stephen (6 x 3hr 0 min); Patterdale (9 x 3hr 0 min); Penrith (11 x
 3hr 0 min)

274 33329 13 July 18:45 **Black Trail, Grizedale Forest** **SD330942**
 Dry, warm. Bike trail, soft, damp. Mountain Biking (Small party)
 Rider (M21) reported injured after skidding on trail. Treated at scene and evacuated by stretcher
 and landrover to ambulance. Serious – no details supplied.
 Coniston (15 x 1hr 30 min)

275 33802 14 July 12:26 **Raven Crag, Great Gable** **NY215098**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) twisted her knee and was unable to bear weight. Stood down responding when
 informed evacuation completed by air ambulance.
 Keswick (13 x 1hr 19 min); Great North AA Cumbria

296 33795 28 July 15:31 **Stonycroft Ghyll, Stair, Keswick** **NY223214**
Not reported. Not reported. Water Sport (all types) (Small party)
Subject (F20), ghyll scrambling, trapped her foot between two boulders and fell. Extracated from gill, treated at scene and stretchered off the hill. Minor - injuries to lower leg.
Keswick (12 x 1hr 40 min)

297 33397 28 July 17:01 **Thurston OE Centre, Coniston** **SD312965**
Showers, cool. Lake shore, steep. Local Incident (Small party)
Subject (F16) reported collapsed on lakeshore. Assessed at scene and assisted to ambulance.
Serious - unconscious; faint (vaso-vagal).
Coniston (14 x 1hr 0 min); Great North AA Cumbria

298 33794 29 July 15:31 **Cat Bells, Swinside** **NY246208**
Not reported. Not reported. Hill Walking (Small party)
Subject (F15) slipped, aggravated an old knee injury and reported unable to bear weight. Treated at scene and stretchered from the hill. Minor - injuries to lower leg.
Keswick (10 x 1hr 37 min)

299 33793 29 July 17:15 **Goat Crag, Grange** **NY244163**
Not reported. Not reported. Hill Walking (Small party)
Party of two reported cragfast in steep gully having made a poor choice of descent route. Their location was established with difficulty and they were secured to safer ground using ropes.
Keswick (17 x 2hr 40 min)

300 33432 30 July 16:35 **Smardale Viaduct, Newbiggin -on- Lune** **NY727069**
Clear, bright. Damp, slippery underfoot. Hill Walking (Small party)
Subject (F) fell approx 60m from path; CPR performed by companions. Declared deceased on scene; airlifted by helicopter. **Fatal** - multiple injuries.
Kirkby Stephen (1 x 4hr 10 min); Prestwick Helicopter

August

301 33423 1 August 17:14 **Oxendale, Gt Langdale** **NY271053**
Dry clear warm bright. Gentle gravel footpath. Hill Walking (Small party)
Subject (F60) reported with leg injury. Treated at scene and evacuated by stretcher. Minor - injuries to lower leg.
Langdale Ambleside (16 x 2hr 0 min)

302 33556 2 August 21:39 **Napes, Great Gable** **NY211097**
Fine. Steep open fellside. Hill Walking (Small party)
Party of two reported cragfast and hit by falling stones. Location confirmed using SARLoc, treated for minor injuries and assisted from the hill using ropes. Minor - injuries to head.
Wasdale (16 x 4hr 15 min)

303 33391 2 August 22:26 **Greenside Mine, Glenridding** **NY3669217370**
Not reported. Not reported. Hill Walking (Small party)
Party of two (M20) reported themselves benighted and lost. Located safe and well, but shaken by the experience.
Patterdale (5 x 1hr 0 min)

304 33390 2 August 23:16 **Helvellyn** **NY386171**
Not reported. Not reported. Hill Walking (Alone)
Subject (F52) reported overdue. Turned up at a Patterdale hotel having come down wrong side of mountain.
Keswick (10 x 1hr 45 min); Patterdale (8 x 0hr 45 min)

305 33775 3 August 14:09 **Walla Crag, Castlerigg** **NY280216**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported with injured ankle and unable to bear weight. Treated at scene, stretchered to farm for ambulance transfer to hospital. Minor - injuries to lower leg.
Keswick (12 x 1hr 34 min)

- 306 33394 3 August 16:21** **Hole-in-the-Wall, Birkhouse Moor** **NY359155**
 Strong dry cloudy cool dull. Moderate rough grassy. Hill Walking (Medium party)
 Subject (M) reported with leg injury. Air ambulance unable to access site; treated at scene and stretched from the hillside. Minor - painful/uncomfortable ankle.
 Patterdale (10 x 4hr 0 min); Penrith (7 x 4hr 0 min); North West Air Ambulance (Blackpool)
- 307 33557 3 August 16:49** **Black Crag, Sca Fell** **NY203069**
 Fine. Steep fellside. Hill Walking (Small party)
 Subject (with dog) reported cragfast. Stood down en route when informed person helped from fell by passers-by.
 Wasdale (15 x 2hr 0 min)
- 308 33422 4 August 23:00** **Limefitt Park, Troutbeck** **NY421046**
 Dry clear mild dark. Gentle gravel footpath. Hill Walking (Small party)
 Party of four (4xM) reported themselves lost. Located and escorted to safety.
 Langdale Ambleside (4 x 2hr 0 min); LDMR Search Dogs Assoc (2 x 2hr 45 min)
- 309 33792 5 August 13:49** **Scales Fells, Blencathra** **NY347277**
 Clear. Damp. Hill Walking (Small party)
 Subject (F70) fell 300ft through steep bracken while descending path. Treated at scene and stretched off the hill. Serious - injuries to shoulder.
 Keswick (15 x 0hr 58 min); Keswick (11 x 2hr 22 min)
- 310 33558 6 August 14:57** **Overbeck, Wasdale** **NY167071**
 Fine dry. Fell path. Hill Walking (Small party)
 Subject (F) reported collapsed with seizure. Assessed at scene and evacuated to ambulance. Minor – epileptic seizure.
 Wasdale (18 x 2hr 15 min); Great North AA Cumbria
- 311 33421 7 August 15:15** **Loughrigg, Ambleside** **NY356043**
 Dry clear mild dull. Moderate firm gravel footpath. Hill Walking (Small party)
 Subject (F15) slipped, injuring her ankle. Treated at scene and evacuated by stretcher. Minor - injuries to lower leg.
 Langdale Ambleside (10 x 2hr 0 min)
- 312 33420 7 August 15:34** **Grasmere** **NY337076**
 Dry clear mild dull. Steep wet grassy crag. Hill Walking (Small party)
 Group reported themselves cragfast. They were talked to safety while team deployed.
 Langdale Ambleside (3 x 2hr 0 min)
- 313 33460 7 August 18:34** **Keldas, Patterdale** **NY387165**
 Light dry clear warm bright. Steep loose stony crag. Hill Walking (Small party)
 Party of two (F30, M30) reported themselves cragfast on loose ground. Located and led to safety.
 Patterdale (14 x 1hr 15 min)
- 314 33791 8 August 08:15** **Rosthwaite - High Street** **NY285105**
 Dry. Not reported. Hill Walking (Small party)
 Subject (F), doing C2C route, reported overdue when she failed to turn up at her accommodation. Located in Patterdale having gone to a different accommodation than booked.
 Keswick (12 x 4hr 2 min); Langdale Ambleside (13 x 2hr 0 min); Patterdale (8 x 1hr 0 min); LDMR Search Dogs Assoc (8 x 4hr 2 min)
- 315 33455 8 August 16:27** **Gowk Hill, Martindale** **NY447169**
 Light dry clear warm bright. Not reported. Hill Walking (Family group)
 Subject (F21) reported with knee injury and unable to continue. Treated at scene and stretched from the hill; agreed to seek medical help from family doctor. Minor - painful/uncomfortable knee.
 Patterdale (10 x 3hr 0 min)

316 33398 8 August 16:38 **Boon Crag, Monk Coniston, Coniston** **SD318983**
 Dry, sunny. Forest track. Mountain Biking (Small party)
 Rider (F25) fell off mountain bike. Treated at scene and evacuated to ambulance. Serious - deep lacerations to thigh; simple closed fractured arm.
 Coniston (8 x 1hr 15 min)

317 33790 8 August 17:06 **Chestnut Hill, Keswick** **NY282238**
 Not reported. Not reported. Mountain Biking (Small party)
 Cyclist (M55) suffered a medical emergency, and fell from his bike. CPR was administered by passers by. Treated at scene then airlifted to hospital. **Fatal** – no details supplied.
 Keswick (13 x 1hr 10 min)

318 33418 8 August 18:06 **Stock Ghyll Force, Ambleside** **NY382046**
 Dry clear warm bright. Steep slippery muddy footpath. Hill Walking (Small party)
 Subject (F) slipped, resulting in injuries to both legs. Treated at scene and evacuated to road.
 Minor - injuries to left and right lower legs.
 Langdale Ambleside (1 x 2hr 0 min)

319 33430 9 August 11:48 **Park House, Ravenstonedale** **NY718051**
 Showers. Wet. Hill Walking (Small party)
 Subject (F72) reported as 'unsteady on her feet'. Assessed at scene and stretchered to ambulance. Minor – exhaustion.
 Kirkby Stephen (13 x 2hr 0 min)

320 33459 9 August 11:48 **Aira Force, Ullswater** **NY4005620861**
 Light dry low cloud mild dull. Moderate damp stony footpath. Hill Walking (Small party)
 Subject (F60) reported fallen, injuring her back. Treated at scene and stretchered to ambulance.
 Serious - unstable fracture of lower lumbar vertebra(e).
 Patterdale (14 x 1hr 45 min)

321 33789 9 August 12:20 **Seatoller, Borrowdale** **NY244137**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (M35) fell off, and was unconscious for a period of time. Stood down on arrival when informed issues dealt with by ambulance personnel.
 Keswick (5 x 0hr 37 min); Great North AA Cumbria

322 33401 9 August 14:38 **Esthwaite Intake, Grizedale Forest** **SD352946**
 Cloudy, mild. Overgrown, forest. Mountain Biking (Alone)
 Rider (M) reported himself lost in forest. Located and escorted to road.
 Coniston (6 x 1hr 45 min)

323 33458 11 August 11:29 **Hartsop, Patterdale** **NY409131**
 Light dry clear mild bright. Gentle grassy. Hill Walking (Small party)
 Subject (F) attacked by cows while walking through field with her dog. Treated at scene and airlifted to hospital; searched for her dog who was also found injured. Serious - extensive bruising to chest; laceration to face; multiple injuries to hand.
 Patterdale (9 x 1hr 30 min); Great North AA Cumbria

324 33510 11 August 18:04 **Hampsfell, Grange-over-Sands** **SD402787**
 Calm dry hazy warm bright. Gentle dry grassy footpath. Hill Walking (Family group)
 Subject (M17) tripped and injured ankle. Treated at scene and evacuated by stretcher to ambulance at roadhead. Minor - simple closed fractured left ankle.
 Kendal (11 x 3hr 0 min)

325 33457 11 August 22:00 **Aira Force, Ullswater** **NY399259**
 Light dry dark. Not reported. Hill Walking (Family group)
 Family (adults x2, children x4) reported themselves lost in dark, without any torches. Stood down responding when informed family managed to find the car park.
 Patterdale (6 x 0hr 30 min)

326 33456 12 August 14:16 **Swirral Edge, Helvellyn** **NY341153**
 Light dry mild. Steep loose. Hill Walking (Small party)
 Subject (F57) fell 10ft from narrow ridge when ground gave way under her. Treated at scene, stretchered down to Red Tarn and airlifted to hospital. Minor - cuts and abrasions to face; pain/discomfort in back.
 Patterdale (7 x 5hr 45 min); Penrith (7 x 5hr 45 min); Great North AA Cumbria

327 33429 12 August 14:20 **Smardale Bridge, Newbiggin-on-Lune** **NY720060**
 Fine, dry. Dry. Hill Walking (Small party)
 Subject (F40) reported unable to continue walk due to exhaustion. Treated at scene and taken by vehicle to safety.
 Kirkby Stephen (11 x 1hr 30 min)

328 33417 12 August 14:31 **Wansfell, Ambleside** **NY393042**
 Dry clear mild bright. Steep damp gravel footpath. Hill Walking (Small party)
 Subject (M) slipped on steep ground, reporting multiple injuries. Treated at scene and evacuated to air ambulance. Minor - injuries to back and neck.
 Langdale Ambleside (10 x 2hr 0 min)

329 33788 12 August 16:21 **High Spy, Borrowdale** **NY235169**
 Not reported. Not reported. Hill Walking (Organised event)
 Subject (M16) reported with leg injury and unable to walk. Treated at scene and stretchered off the hill. Minor - ligament damage to knee.
 Keswick (14 x 3hr 45 min)

330 33870 13 August 12:00 **Gillerthwaite YH, Ennerdale** **NY142141**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) fell and injured herself. Made own way to youth hostel and treated by air ambulance crew. Minor - injuries to lower arm.
 Cockermouth (1 x 1hr 0 min); Great North AA Cumbria

331 33787 13 August 14:33 **Catbells, Brandelhow** **NY248203**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (F) collided with sheep and fell off her bike injuring herself as a result. Stood down on arrival when established issue dealt with by ambulance crew.
 Keswick (8 x 0hr 54 min)

332 33416 13 August 16:05 **Slater's Bridge, Little Langdale** **NY320042**
 Dry clear mild bright. Moderate gravel footpath. Hill Walking (Small party)
 Subject (M65) fell and injured himself. Treated at scene and evacuated by stretcher. Minor - injuries to head.
 Langdale Ambleside (11 x 2hr 0 min)

333 33786 13 August 19:30 **Burns Farm, Threlkeld** **NY306242**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M43) reported missing. Stood down during deployment when informed person had turned up; no details supplied.
 Keswick (20 x 0hr 28 min); LDMR Search Dogs Assoc (7 x 0hr 28 min)

334 33559 14 August 19:30 **Ill Crag, Upper Eskdale** **NY230070**
 Poor, rain. Open fell. Hill Walking (Small party)
 Party of four reported themselves lost descending from Scafell Pike. Located and escorted to safety.
 Wasdale (10 x 4hr 19 min)

335 33453 15 August 15:25 **Swirral Edge, Helvellyn** **NY3412015254**
 Light dry cloudy mild bright. Steep loose stony ridge. Hill Walking (Small party)
 Subject (M) reported with ankle injury while descending and was unable to continue walking. Treated at scene and helped to air ambulance; remainder of party accompanied off the hill. Minor - painful/uncomfortable ankle.
 Patterdale (10 x 3hr 0 min); Penrith (7 x 1hr 0 min); Great North AA Cumbria

336 33414 15 August 18:12 **Calf Crag, Grasmere** **NY309103**
 Dry clear cool bright. Moderate grassy footpath. Hill Walking (Small party)
 Subject (F) tripped and sustained an arm injury. Met descending, treatment given and
 accompanied off the hill. Minor - simple closed fractured wrist.
 Langdale Ambleside (9 x 2hr 0 min)

337 33415 15 August 19:30 **Easedale Tarn, Grasmere** **NY310087**
 Showers cloudy mild dusk. Moderate footpath. Hill Walking (Small party)
 Subject (M74) reported overdue at his rendezvous. Search deployment cancelled when he
 turned up having been delayed by a recurrent old knee injury.
 Langdale Ambleside (6 x 1hr 0 min)

338 33413 15 August 23:16 **Angle Tarn, Langdale Fells** **NY245078**
 Showers cloudy cool dark. Moderate moorland. Hill Walking (Small party)
 Party of three reported overdue, followed by party of two who had gone to look for them. All
 turned up as a search was being organised.
 Langdale Ambleside (2 x 1hr 0 min)

339 33785 16 August 10:28 **Lingy End, Stonethwaite** **NY269139**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) slipped whilst making camp previous night, and had injured his leg. Treated at scene
 and airlifted to valley for ambulance transfer to hospital. Minor - simple closed fractured tibia and
 fibula.
 Keswick (12 x 3hr 10 min); Valley SAR Helicopter

340 33784 16 August 13:33 **Willie Wife Moor, Dollywagon Pike** **NY349124**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F50) twisted her knee, aggravating an old injury and reported unable to bear weight.
 Treated at scene and stretchered off the hill to waiting ambulance for hospital transfer. Minor -
 injuries to knee.
 Keswick (8 x 3hr 49 min); RAF Leeming (1 x 3hr 49 min)

341 33560 16 August 16:21 **Little Narrowcove, Scafell Pike** **NY221071**
 Fine. Steep fellside. Hill Walking (Small party)
 Subject (M) reported lost when separated from party. Subject found his own way off the hill.
 Wasdale (4 x 4hr 0 min)

342 33412 16 August 17:45 **Far Easedale, Grasmere** **NY321090**
 Dry clear warm dull. Moderate wet stony footpath. Hill Walking (Small party)
 Subject (F) slipped on wet rock, sustaining a leg injury. Treated at scene and evacuated by
 stretcher. Minor - sprained knee.
 Langdale Ambleside (12 x 2hr 0 min)

343 33869 17 August 12:00 **Black Star, Fleetwith Pike** **NY212141**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M14) fell onto sharp slate. Treated at scene and transferred to roadhead by vehicle.
 Minor - deep lacerations to thigh.
 Cockermouth (1 x 1hr 0 min)

344 33411 17 August 13:02 **Spedding Crag, Gt Langdale** **NY328061**
 Dry clear warm bright. Moderate gravel footpath. Hill Walking (Small party)
 Subject (M) tripped on rough ground, reporting a leg injury. Treated at scene and evacuated by
 stretcher. Minor - simple closed fractured tibia.
 Langdale Ambleside (13 x 3hr 0 min)

345 33561 17 August 16:10 **Lingmell Col, Lingmell** **NY211077**
 Fine. Fell path. Hill Walking (Small party)
 Subject (F) fell and sustained a leg injury. Treated at scene and airlifted to hospital. Minor -
 painful/uncomfortable ankle.
 Duddon and Furness (11 x 4hr 30 min); Wasdale (23 x 4hr 30 min); Humberside Helicopter

346 33783 20 August 15:37 **Thornthwaite Forest, Whinlatter** **NY210247**
Not reported. Not reported. Mountain Biking (Small party)
Rider (M) fell off shortly after starting Red route. Treated at scene and stretchered to waiting ambulance. Minor - multiple lacerations; injuries to face.
Keswick (8 x 0hr 55 min)

347 33868 21 August 11:47 **Revelin Moss, Ennerdale Bridge** **NY094144**
Not reported. Not reported. Mountain Biking (Small party)
Rider (M) reported with injuries following a fall. Treated at scene and transferred to ambulance.
Minor - injuries to face.
Cockermouth (1 x 1hr 0 min)

348 33782 21 August 12:28 **Thornthwaite Forest, Whinlatter** **NY207245**
Not reported. Not reported. Abseiling (Small party)
Subject (M56) reported collapsed whilst using a high ropes course. In spite of intensive treatment, he was pronounced dead at scene and his body recovered for Coroner's officer. **Fatal** – no details supplied.
Keswick (12 x 1hr 37 min); Great North AA Teeside

349 33562 21 August 18:09 **Scafell Pike** **NY214069**
Low cloud, frequent heavy showers. Saturated. Hill Walking (Alone)
Subject (M63) reported overdue after leaving companion. Located on Taw House Farm track and led to safety.
Duddon and Furness (10 x 4hr 0 min); Wasdale (19 x 4hr 0 min); Boulmer SAR Helicopter

350 33563 22 August 16:20 **Scafell** **NY206068**
Fine. Damp. Hill Walking (Small party)
Party of two reported cragfast. Stood down responding when informed they had been led to safety by members of the public.
Wasdale (21 x 2hr 30 min)

351 33781 23 August 10:45 **Catbells, Swinside** **NY246710**
Not reported. Not reported. Hill Walking (Small party)
Subject (M59) reported collapsed after seizure. Recovered but was assessed at scene, stretchered from the hill and transferred to hospital. Minor – no details supplied.
Keswick (12 x 1hr 22 min)

352 33867 23 August 11:50 **Scale Island, Crummock Water** **NY163175**
Not reported. Not reported. Water Sport (all types) (Small party)
Party of two (2xF) reported in difficulties in boat between islands. Stood down on arrival when informed party safely ashore.
Cockermouth (1 x 1hr 0 min)

353 33564 23 August 15:26 **Corridor Route, Great End** **NY219085**
Initially warm and windy, becoming wet. Steep. Hill Walking (Small party)
Subject (M28) reported fallen. Treated at scene and airlifted to hospital. Minor - unstable fractured right arm.
Duddon and Furness (13 x 4hr 30 min); Wasdale (21 x 4hr 30 min); Boulmer SAR Helicopter

354 33565 23 August 15:56 **Wast Water** **NY157062**
Fine. Boggy. Local Incident (Small party)
Subject (F) reported injured after tripping. Treated at scene and evacuated to land ambulance.
Minor – no details supplied.
Wasdale (6 x 2hr 0 min)

355 33566 23 August 20:26 **Whin Rigg, Wasdale** **NY15260373**
Wet, misty. Grassy, on edge of steep drop. Hill Walking (Small party)
Party of two reported lost. Located and accompanied down from the hill.
Wasdale (16 x 4hr 0 min)

356 33567 24 August 12:17 **Brown Tongue, Scafell Pike** **NY197074**
 Dry, sunny intervals. Steep path. Hill Walking (Small party)
 Subject (M62) reported unwell and unconscious resulting in a fall and injury. Treated and assessed at scene before being walked off the hill to an ambulance. Minor – no details supplied.
 Wasdale (17 x 3hr 0 min)

357 33780 24 August 13:22 **Sharp Edge, Blencathra** **NY263283**
 Not reported. Not reported. Animal Rescue (Small party)
 Two year old Labrador slipped and tumbled 45m. Accessed by member of the public and secured to safer ground where it was established the dog had no serious injury.
 Keswick (6 x 3hr 40 min)

358 33903 25 August 12:00 **Pooley Bridge, Ullswater** **NY467240**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) reported fallen. Treated at scene and stretchered to waiting ambulance. Minor - injuries to chest and shoulder.
 Penrith (7 x 2hr 0 min)

359 33568 26 August 16:07 **Scafell Pike** **NY217067**
 NW fresh dry cloudy mild dusk. Moderate rocky stony gully. Hill Walking (Small party)
 Party of two (F35, M35) reported lost in low cloud. Located and escorted to safety.
 Wasdale (11 x 6hr 0 min)

360 33410 27 August 08:50 **Codale Tarn, Grasmere** **NY293087**
 Hail cloudy cool dull. Steep damp boggy crag. Hill Walking (Small party)
 Subject (M) injured by rockfall, sustaining head and leg injuries. Treated at scene and evacuated by air ambulance. Serious - simple closed fractured femur; injuries to head.
 Kendal (3 x 1hr 0 min); Langdale Ambleside (10 x 4hr 0 min)

361 33428 27 August 14:20 **Cautley Spout, Howgill Fells** **SD681975**
 Dry/Sunny. Dry. Animal Rescue
 Walkers' dog fell from path 60m into waterfall. Dog sustained fatal injuries.
 Kendal (6 x 3hr 0 min); Kirkby Stephen (10 x 3hr 40 min)

362 33409 27 August 14:54 **The Band, Gt Langdale** **NY2495906070**
 Dry cloudy cool dull. Moderate moorland. Hill Walking (Small party)
 Subject (M60) reported collapsed, pronounced dead at scene. Body recovered with assistance from air ambulance. **Fatal** – no details supplied.
 Kendal (6 x 2hr 0 min); Langdale Ambleside (10 x 4hr 0 min); Unknown Civilian Aircraft

363 33569 28 August 16:34 **Flat Fell, Cleator Moor** **NY055140**
 Warm and clear. Steep grass. Hill Walking (Small party)
 Subject (F), C2C walker, reported collapsed. Despite sustained resuscitation efforts, she did not recover. **Fatal** – no details supplied.
 Wasdale (19 x 3hr 30 min); North West Air Ambulance (Blackpool)

364 33779 29 August 10:27 **Thornthwaite Forest, Whinlatter** **NY221246**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (M33) found unconscious near beginning of Blue route. Treated at scene and airlifted to hospital. Serious - injuries to head, upper arm and shoulder.
 Keswick (10 x 1hr 25 min); Great North AA Cumbria

365 33531 29 August 13:41 **Arnside Knott, Arnside** **SD451774**
 Calm dry clear warm bright. Gentle grassy footpath. Hill Walking (Family group)
 Subject (F90) reported collapsed. Assessed and walked from scene with assistance. Minor - faint (vaso-vagal).
 Kendal (7 x 2hr 0 min)

366 33570 29 August 15:23 **Mickledore, Scafell** **NY192073**
 Dry, misty. Steep scree. Hill Walking (Small party)
 Subject (M) reported injured after shouts for help were heard. Despite efforts to locate him, nothing found in area; however, he was located making his own painful way to the valley. Minor - injuries to lower leg.
 Wasdale (14 x 4hr 30 min); Boulmer SAR Helicopter

367 33408 29 August 17:02 **Gunson Knott, Crinkle Crag, Gt Langdale** **NY243050**
 Showers cloudy cool dull. Moderate damp stony moorland. Hill Walking (Small party)
 Subject (F) fell and injured her arm. Treated at scene and evacuated by stretcher. Minor - simple closed fractured radius.
 Kendal (7 x 3hr 19 min); Langdale Ambleside (13 x 6hr 30 min)

368 33407 29 August 21:14 **Rossett Gill, Gt Langdale** **NY26170735**
 Showers cloudy cool dark. Moderate stony footpath. Hill Walking (Small party)
 Group became separated and one sustained a minor injury. Located making slow progress and assisted rest of the way.
 Langdale Ambleside (1 x 4hr 0 min)

369 33406 29 August 22:21 **Blea Rigg, Silver How, Gt Langdale** **NY319064**
 Not reported. Not reported. Search - Mountain
 Flashing lights reported by camper at local farm campsite. Investigation inconclusive; false alarm good intent.
 Langdale Ambleside (3 x 1hr 0 min)

370 33405 30 August 13:44 **Stickle Tarn, Gt Langdale** **NY286075**
 Showers cloudy cool dull. Gentle damp stony footpath. Hill Walking (Small party)
 Subject (M44) fell, sustaining an arm injury. Treated at scene and evacuated by air ambulance. Minor - simple closed fractured wrist.
 Kendal (7 x 2hr 0 min); Langdale Ambleside (11 x 2hr 0 min); Unknown Civilian Aircraft

371 33778 30 August 14:34 **Sharp Edge, Blencathra** **NY263283**
 Not reported. Not reported. Rock Scrambling (Small party)
 Party of two (F, M) reported off-route and cragfast on narrow ridge. Secured in steep gully and roped to safer ground without mishap.
 Keswick (8 x 3hr 27 min)

372 33777 30 August 15:13 **Castle Crag, Borrowdale** **NY245156**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (M) fell off his bike after going over the handlebars. Treated at scene, stretchered up the hill and airlifted to hospital. Serious - injuries to chest and lower leg.
 Keswick (8 x 2hr 30 min); Great North AA Cumbria

373 33776 30 August 19:15 **High Raise, Greenup Edge** **NY283111**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M) reported feeling faint and thought he might need assistance coming off the hill. Met coming off the hill and checked over.
 Keswick (6 x 1hr 53 min)

374 33404 31 August 11:14 **Rydal Caves, Loughrigg** **NY355055**
 Dry clear mild bright. Moderate damp grassy moorland. Hill Walking (Small party)
 Subject (F53) reported with injured leg. Treated at scene and evacuated by stretcher. Minor - simple closed fractured ankle.
 Langdale Ambleside (12 x 2hr 0 min)

375 33842 31 August 12:41 **Rakefoot, Castlerigg Fell** **NY283221**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) reported with an ankle injury and unable to bear weight. Treated at scene and stretchered to roadhead. Minor - injuries to lower leg.
 Keswick (1 x 1hr 0 min)

376 33403 31 August 17:42 Loughrigg, Grasmere NY3436005614
 Dry cloudy mild dull. Steep damp stony footpath. Hill Walking (Small party)
 Subject (F) slipped on steep ground. Treated at scene and evacuated off the hill. Minor - simple closed fractured tibia.
 Langdale Ambleside (16 x 2hr 0 min)

September

377 33571 1 September 15:49 High Adam Crag, The Screes, Wasdale NY155043
 Fine, dry. Steep crag. Hill Walking (Small party)
 Party of two (M27, M) reported cragfast. Assisted from crag with the use of ropes and escorted off the hill.
 Wasdale (19 x 5hr 19 min)

378 33866 2 September 13:35 Great Borne Fell, Ennerdale NY123163
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M41) reported collapsed. Recovered sufficiently to walk down where he was met, assessed and escorted down to an ambulance. Minor – seizure.
 Cockermouth (1 x 1hr 0 min)

379 33774 3 September 13:56 Catbells, Swinside NY243197
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F63) reported with leg injury and was unable to bear weight. Treated at scene, stretchered to roadside for ambulance transfer to hospital. Minor - injuries to lower leg.
 Keswick (11 x 2hr 43 min)

380 33773 3 September 19:06 Borrowdale NY265230
 Not reported. Not reported. Hill Walking (Small party)
 Person reported having a medical emergency at roadside, location unclear. Stood down when informed person had been picked up by passing motorist.
 Cockermouth (1 x 0hr 40 min); Keswick (7 x 0hr 40 min)

381 33772 3 September 19:07 Spooney Green Lane, Latrigg NY270244
 Fresh dry. Steep damp gravel track. Mountain Biking (Small party)
 Rider (M) reported fallen from bike. Treated at scene and stretchered to waiting ambulance for transfer to hospital. Serious - multiple injuries.
 Keswick (8 x 1hr 16 min)

382 33572 3 September 19:54 Scafell Pike NY217058
 Fine. Fell path. Hill Walking (Small party)
 Subject (M21) reported unable to continue due to a panic attack and a sore leg. Assessed at scene, recovered and escorted from the hill.
 Wasdale (20 x 4hr 0 min)

383 33543 4 September 18:25 Humphrey Head, Grange-over-Sands SD390738
 Not reported. Not reported. Local Incident
 Caller reported large object caught on rocks, possibly paraglider or hanglider. Investigated and found to be a large kite caught in trees; no further action required.
 Kendal (2 x 1hr 0 min)

384 33573 5 September 07:35 Broad Crag Col, Scafell Pike NY217074
 Fine. Rough fell path. Hill Walking (Small party)
 Subject (M) reported fallen and injured. Treated at scene and airlifted to hospital. Minor – no details supplied.
 Duddon and Furness (8 x 7hr 19 min); Wasdale (11 x 7hr 25 min); Gannet SAR Helicopter

385 33452 5 September 15:13 St Sunday Crag, Patterdale NY3638112942
 Light dry clear cool bright. Steep rough stony. Hill Walking (Medium party)
 Subject (F70) fell and hit her head. Treated at scene and stretchered to air ambulance. Serious - injuries to head.
 Patterdale (13 x 3hr 46 min); RAF Leeming (9 x 3hr 46 min); Great North AA Cumbria

386 33424 6 September 06:36 **Walna Scar, Coniston** **SD295973**
 Good. Dry. Local Incident (Small party)
 Subject reported collapsed with suspected overdose. Party described as uncooperative; handed over to police and ambulance service. Called again at 08:24, subject able to walk to ambulance. Coniston (9 x 1hr 19 min); Coniston (11 x 1hr 30 min)

387 33427 6 September 12:19 **Nine Standards Rigg, Nateby Common** **NY827057**
 Fine. Wet & boggy. Hill Walking (Small party)
 Subject (M21), doing C2C, reported stuck in bog. Location established using SARLoc, extracted from bog and airlifted to road ambulance. Kirkby Stephen (13 x 3hr 0 min); North West Air Ambulance (Blackpool)

388 33451 6 September 13:07 **Eagle Crag, Patterdale Common** **NY355140**
 Light dry clear mild bright. Steep rocky stony crag. Rock Climbing - roped (Small party)
 Subject (M23) slipped and fell 3m, landing near partner. Both treated at scene, one stretchered off the hill, the other accompanied to safety. Both sought hospital treatment after returning to home town. Minor - deep lacerations to foot; Serious - simple closed fractured ankle. Patterdale (12 x 2hr 40 min)

389 33771 6 September 14:32 **Thornthwaite Forest, Whinlatter** **NY201247**
 Sunny. Not reported. Mountain Biking (Small party)
 Rider (F) came off her bike at speed and injured herself. Treated at scene and transferred to ambulance using a wheelchair. Minor - injuries to shoulder. Keswick (6 x 0hr 49 min)

390 33542 6 September 23:57 **Grange Farm, Waberthwaite** **SD123940**
 Not reported. Not reported. Search - Mountain (Alone)
 Vulnerable (M69) reported missing after evening walk. Search operation inconclusive. Minor – dehydration. Coniston (8 x 9hr 30 min); Duddon and Furness (1 x 8hr 0 min); Kendal (4 x 8hr 0 min); Kirkby Stephen (6 x 12hr 0 min); SARDA (England) (2 x 8hr 0 min); SARDA (Wales) (1 x 8hr 0 min); LDMR Search Dogs Assoc (4 x 8hr 0 min); Wasdale (17 x 15hr 0 min)

391 33436 8 September 13:52 **Setmurthy Woods, Cockermouth** **NY1609631360**
 Not reported. Not reported. Mountain Biking (Small party)
 Rider (F) took a 10ft fall from a jump. Treated at scene and airlifted by air ambulance. Serious - simple closed fractured clavicle; injuries to back. Cockermouth (20 x 2hr 36 min); North West Air Ambulance (Blackpool)

392 33770 9 September 04:06 **Corridor Route, Scafell Pike** **NY219095**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M75) reported in difficulty and benighted. Located and escorted from the hill to Wasdale Head. Minor - injuries to lower leg. Keswick (8 x 5hr 25 min); Wasdale (7 x 4hr 0 min)

393 33904 9 September 12:00 **Bow Hall, Dufton** **NY702250**
 Not reported. Not reported. Hill Walking (Small party)
 Request to assist ambulance service dealing with injured walker. Treated at scene and transferred to hospital. Minor – no details supplied. Penrith (7 x 2hr 0 min)

394 33865 9 September 13:41 **Buttermere** **NY183160**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) fell whilst walking a lakeshore path. Treated at scene, and stretchered to roadhead for hospital transfer. Minor - laceration to lower leg. Cockermouth (1 x 1hr 0 min)

395 33437 9 September 16:23 **Peggy's Bridge, Buttermere** **NY190147**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported with leg injury. Treated at scene and evacuated to ambulance at farm.
Serious - deep lacerations to lower leg.
Cockermouth (22 x 2hr 40 min)

396 33769 10 September 20:34 **Derwent Water** **NY257228**
Not reported. Not reported. Water Sport (all types) (Small party)
Person (M31) reported in difficulty swimming out to boat whilst under the influence of alcohol.
Stood down when informed that the person had been taken on board a marina boat sent to investigate.
Keswick (22 x 0hr 25 min)

397 33768 11 September 11:56 **Cat Bells, Swinside** **NY224200**
Not reported. Not reported. Hill Walking (Small party)
Subject (M68) reported collapsed and unconscious. Assessed at scene, stretchered to air ambulance for transfer to hospital. Serious – illness.
Keswick (12 x 1hr 36 min); Great North AA Cumbria

398 33465 12 September 16:14 **Cumbria Way, New Dungeon Ghyll, Gt Langdale** **NY291064**
Not reported. Not reported. Hill Walking (Small party)
Subject (F) reported with leg injury. Treated at scene and evacuated to ambulance. Minor – injuries to lower leg.
Langdale Ambleside (13 x 2hr 0 min)

399 33464 12 September 17:21 **Blea Crag, Gt Langdale** **NY3027007889**
Showers cool dark. Moderate grassy moorland. Hill Walking (Small party)
Subject (M) reported injured, complicated by pre-existing medical condition and the cold. Treated at scene and airlifted to hospital. Serious - laceration to lower leg; mild/moderate hypothermia (I-II); hypoglycaemia.
Langdale Ambleside (12 x 4hr 0 min); Unknown Military Aircraft

400 33575 12 September 20:29 **Piers Gill, Lingmell** **NY212083**
Fine. Steep craggy terrain. Hill Walking (Small party)
Party of three (M26, M35, M) reported lost. Located and escorted to safety.
Wasdale (9 x 6hr 19 min)

401 33576 12 September 21:19 **Lingmell, Scafell Pike** **NY210081**
Fine. Steep scree. Hill Walking (Small party)
Party of walkers reported themselves lost. Stood down deploying when informed they had made their own way to safety.
Wasdale (8 x 1hr 49 min)

402 33450 12 September 22:00 **Cross Fell, N Pennines** **NY690349**
Not reported. Not reported. Hill Walking (Alone)
Subject (M) reported lost in hill fog and benighted. Located at plateau edge, cold be unharmed.
Patterdale (8 x 1hr 0 min); Penrith (10 x 7hr 0 min); LDMR Search Dogs Assoc (6 x 7hr 0 min)

403 33905 13 September 12:00 **Great Dun Fell, N Pennines** **NY711321**
Not reported. Not reported. Hill Walking (Small party)
Subject (M70) reported wandering in confused state. Assessed and airlifted to hospital. Minor – no details supplied.
Patterdale (1 x 1hr 0 min); Penrith (5 x 1hr 0 min); Great North AA Cumbria

404 33438 13 September 16:36 **Bannishead, Coniston Old Man** **SD279963**
Fine. Bracken. Hill Walking (Small party)
Subject (F29) reported lost and disorientated in bracken. Located and returned to safety.
Coniston (7 x 1hr 0 min)

405 33439 14 September 15:30 Levers Hawse, Coniston Fells SD270995
 Overcast. Damp grass, trail. Hill Walking (Small party)
 Subject (F66) reported collapsed. Treated at scene and evacuated by air ambulance. Serious – exhaustion.
 Coniston (10 x 1hr 30 min); Great North AA Cumbria

406 33767 16 September 13:07 Friar's Crag, Derwent Water NY264222
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F76) tripped on the path, falling face-first. Treated at scene and transferred to hospital for further treatment. Minor - injuries to face.
 Keswick (10 x 1hr 3 min)

407 33440 17 September 18:00 Beacon Tarn, Blawith Fells SD276898
 Dry, occasional showers. Damp, rocky trails. Hill Walking (D of E) (Medium party)
 Subject (F14) tripped while walking on rocky incline. Treated at scene and evacuated by stretcher to waiting ambulance. Serious – no details supplied.
 Coniston (14 x 2hr 0 min)

408 33448 17 September 19:00 Crosby Ravensworth Fell NY5778313272
 Light showers cool dark. Not reported. Search - Mountain (Alone)
 Vulnerable (F78, DAT) reported missing having failed to return from walking her dog. Body located on the 3rd day of searching in the area of Hardendale quarry. **Fatal** - no details supplied.
 Cockermouth (1 x 8hr 0 min); Coniston (5 x 11hr 0 min); Kendal (13 x 12hr 0 min); Keswick (7 x 7hr 19 min); Kirkby Stephen (15 x 20hr 0 min); Patterdale (9 x 15hr 0 min); Penrith (16 x 7hr 0 min); Penrith (10 x 11hr 0 min); Penrith (12 x 5hr 0 min); RAF Leeming (1 x 15hr 0 min); SARDA (England) (3 x 12hr 0 min); SARDA (Wales) (1 x 5hr 0 min); LDMR Search Dogs Assoc (4 x 5hr 0 min); LDMR Search Dogs Assoc (7 x 12hr 0 min); LDMR Search Dogs Assoc (1 x 1hr 0 min); Boulmer SAR Helicopter

409 33463 18 September 09:09 Limefitt, Troutbeck NY415021
 Not reported. Not reported. Mountain Biking (Small party)
 Rider reported fallen from bike. Treated at scene and evacuated to ambulance. Minor - laceration to knee.
 Langdale Ambleside (9 x 1hr 0 min)

410 33765 19 September 02:47 Fleetwith Pike, Honister NY209143
 Not reported. Not reported. Parapenting (Small party)
 Paraglider pilot (M31) reported missing, possible location obtained from GPS tracking device. Parachute located by aircraft, but a search located a body which was recovered by the aircraft for the Coroner's officer. **Fatal** - multiple injuries.
 Cockermouth (1 x 6hr 25 min); Keswick (12 x 6hr 25 min); LDMR Search Dogs Assoc (1 x 6hr 25 min); Caernarfon Helicopter

411 33764 19 September 10:45 The Swirls, Thirlmere NY314168
 Not reported. Not reported. Hill Walking (Medium party)
 Subject (M) slipped off the path on a wet rock close to the edge, and suffered a serious injury to his lower leg. Treated at scene, stretchered to vehicle, then to waiting ambulance for hospital transfer. Minor - injuries lower leg
 Keswick (8 x 1hr 31 min)

412 33763 19 September 12:27 Slape Crag, Barf NY214266
 Not reported. Not reported. Hill Walking (Small party)
 Party of two (M, F) reported themselves cragfast. Located and winched to safety by helicopter in area for training.
 Keswick (3 x 0hr 30 min); Boulmer SAR Helicopter

413 33447 20 September 12:08 Glencoyne, Ullswater NY3730018400
 Calm dry clear mild. Not reported. Hill Walking (Small party)
 Subject (F53) in walking party reported as collapsed. Treated at scene and stretchered to air ambulance. Serious - stroke (CVA).
 Patterdale (12 x 2hr 6 min); Great North AA Cumbria

414 33577 20 September 16:41 **Greta Ghyll, Great End** **NY215086**
 Drizzle cool. Moderate stony. Hill Walking (Small party)
 Subject (F25) reported to have stumbled and fallen. Treated at scene and stretchered from the
 hill. Serious - simple closed fractured tibia.
 Duddon and Furness (1 x 4hr 0 min); Keswick (13 x 2hr 17 min); Wasdale (18 x 5hr 0 min)

415 33445 20 September 16:47 **Bedafell Knott, Martindale** **NY4190015900**
 Light dry clear bright. Not reported. Hill Walking (Small party)
 Party of three reported themselves lost. Location established using SARLoc; met up with group
 and led them to safety.
 Patterdale (10 x 2hr 15 min)

416 33707 21 September 13:43 **Castion Beck, High Hartsop Dodd** **NY395102**
 Light dry cloudy mild bright. Not reported. Hill Walking (Small party)
 Subject (F66) fell from path into beck. Treated at scene and airlifted to hospital. Serious -
 fracture/dislocation to shoulder (glenohumeral).
 Patterdale (8 x 2hr 19 min); Penrith (5 x 2hr 19 min); Boulmer SAR Helicopter

417 33761 23 September 11:10 **Thornthwaite Forest, Whinlatter** **NY207251**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F45) reported with a leg injury after stepping off Green route path. Treated at scene and
 transferred to ambulance. Minor - no details supplied.
 Keswick (9 x 1hr 31 min)

418 33706 23 September 13:24 **Hallinhagg Wood, Ullswater** **NY428201**
 Fresh dry cloudy mild bright. Undulating damp stony footpath. Hill Walking
 Subject (F68) reported fallen and hit her head, bleeding badly. Treated at scene and stretchered
 to air ambulance for hospital transfer. Serious - deep lacerations to head.
 Patterdale (7 x 2hr 0 min); Great North AA Cumbria

419 33705 23 September 15:27 **Sandwick Bay, Ullswater** **NY388170**
 Fresh dry cloudy mild. Undulating damp stony track. Mountain Biking (Small party)
 Rider (M) fell off bike on lakeshore path. Accompanied off the hill by companions but treated and
 advised to seek further medical treatment. Minor - deep lacerations to lower arm.
 Patterdale (6 x 1hr 0 min)

420 33462 24 September 13:20 **Coffin Route, Rydal** **NY352068**
 Dry clear mild bright. Gentle dry stony footpath. Hill Walking (Small party)
 Subject (F) tripped, injuring her leg. Treated at scene and stretchered to waiting ambulance.
 Serious - simple closed fractured neck of femur.
 Langdale Ambleside (14 x 2hr 0 min)

421 33863 25 September 13:56 **Pillar Rock, Ennerdale** **NY174119**
 Not reported. Not reported. Hill Walking (Small party)
 Party of two reported cragfast. Located and helped to safer ground.
 Cockermouth (1 x 1hr 0 min)

422 33461 25 September 19:30 **Nab Scar, Rydal** **NY3579306998**
 Dry cloudy mild dark. Steep stony footpath. Hill Walking (Small party)
 Subject (F) reported unable to continue due to slow onset of knee injury. Treated at scene and
 evacuated off the hill; made own way to hospital. Minor – knee injury.
 Langdale Ambleside (15 x 3hr 0 min)

423 33862 27 September 14:04 **Ling Crag, Crummock Water** **NY154181**
 Not reported. Not reported. Search - Mountain
 Shouts of help reported by member of the public. Investigation established it to have been
 shepherds gathering sheep; false alarm good intent.
 Cockermouth (1 x 1hr 0 min)

424 33444 28 September 10:11 Tarn Hows, Coniston SD327997
Dry, sunny, warm. Grass. Hill Walking (Small party)
Subject (F66) slipped on grassy slope. Treated at scene and stretchered to ambulance. Serious
– no details supplied.
Coniston (10 x 1hr 15 min)

425 33861 28 September 12:00 Gillerthwaite, Ennerdale NY150149
Not reported. Not reported. Hill Walking (Small party)
Party of two reported themselves lost without a map or compass. Location established using
SARLoc, advised what to do, met and escorted to safety.
Cockermouth (1 x 1hr 0 min)

426 33704 29 September 12:17 Aira Force, Ullswater NY4003820917
Not reported. Not reported. Hill Walking (Small party)
Subject (M72) tripped on path, hitting his head. Treated at scene and stretchered to waiting
ambulance. Minor - painful/uncomfortable shoulder (glenohumeral); laceration to head.
Patterdale (10 x 1hr 34 min)

427 33860 29 September 14:14 Sale Fell, Bassenthwaite NY194296
Not reported. Not reported. Hill Walking (Small party)
Subject (F58) slipped resulting in being unable to continue. Treated at scene and stretchered to
ambulance at roadhead. Minor - injuries to lower leg.
Cockermouth (1 x 1hr 0 min)

428 33443 30 September 17:40 Claife Heights, Hawkshead SD378980
Dry, sunny, warm. Slabs of rock with lichen. Hill Walking (Small party)
Subject (M42) slipped on greasy rock. Treated at scene and stretchered to transport. Serious –
no details supplied.
Coniston (11 x 2hr 0 min)

429 33446 30 September 17:48 Glenridding, Ullswater NY388171
Not reported. Not reported. Local Incident (Small party)
Provided immediate medical care to stroke victim (F60) until ambulance service in attendance.
Assisted ambulance crews with treatment and evacuation. Serious - stroke (CVA) general.
Patterdale (8 x 1hr 0 min); Great North AA Cumbria

October

430 33578 1 October 13:32 Boot, Eskdale NY180019
Good. Track. Hill Walking (Small party)
Subject (71) reported taken ill with chest pains. Stood down en route when informed ambulance
crew had access site and were dealing with situation.
Wasdale (16 x 1hr 0 min)

431 33859 1 October 14:16 Great Broughton, Cockermouth NY075316
Not reported. Not reported. Local Incident (Small party)
Request to assist ambulance service to evacuate male with fractured ankle. Stood down
responding when informed evacuation completed.
Cockermouth (1 x 1hr 0 min)

432 33442 1 October 14:43 Dow Crag, Coniston SD264976
Dry, sunny, warm. Fell tracks/stony. Search - Mountain
Member of public reported seeing something fall off Dow Crag and heard cries for help.
Investigation found nothing untoward; may have been sheep as there were quite a number in
gullies etc; false alarm good intent.
Coniston (6 x 2hr 10 min)

433 33485 1 October 15:07 Browney Ghyll, Gt Langdale NY265043
 Calm dry clear mild bright. Steep stony bank. Hill Walking (Small party)
 Subject (M) tripped and fell 30m from the path. Treated at scene and airlifted to hospital. Serious
 - internal injuries; injuries to head; simple closed fractured to both wrists.
 Kendal (5 x 3hr 30 min); Kendal (8 x 3hr 30 min); Langdale Ambleside (1 x 4hr 0 min); Gannet
 SAR Helicopter; North West Air Ambulance (Blackpool)

434 33760 2 October 10:43 Clough Head Quarry, Threlkeld NY320230
 Light clear bright. Dry stony. Hill Walking (Small party)
 Subject (M26) fell approx 50m into the quarry when ground gave way at top of quarry. Treated at
 scene and evacuated to ambulance for hospital transfer. Serious - injuries to lower leg.
 Keswick (14 x 1hr 7 min)

435 33759 2 October 15:29 Belt Knott, Rosthwaite NY263155
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M70) reported with serious medical condition and was obviously unwell. Assessed at
 scene then airlifted to hospital. Serious – no details supplied.
 Keswick (13 x 1hr 34 min); Great North AA Cumbria; Caernarfon Helicopter

436 33758 2 October 18:01 Raven Crag, Thirlmere NY307188
 Not reported. Not reported. Parapenting (Small party)
 Base jumper (M25) reported in difficulties when his chute was seen snagged up in trees. On
 arrival established that the person had managed to get to safety by himself.
 Keswick (18 x 1hr 8 min)

437 33757 3 October 13:57 Grains Gill, Seathwaite Fell NY234104
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M76) found in collapsed state and CPR started straight away. In spite of the best efforts
 of all concerned, death was pronounced at scene and the body recovered for the Coroner's
 officer. **Fatal** – no details supplied.
 Keswick (12 x 1hr 31 min)

438 33858 3 October 14:20 Wind Gap, Pillar NY168118
 Not reported. Not reported. Hill Walking (Small party)
 Subject (M74) reported with head injury. Treated at scene and airlifted to hospital. Minor - injuries
 to head.
 Cockermouth (1 x 1hr 0 min); Caernarfon Helicopter

439 33658 3 October 16:30 Hazelgill Knott, Cautley SD674999
 Mild misty. Damp. Hill Walking (Small party)
 Party of two (M25, F25) reported themselves lost in mist. Location established using SARLoc and
 escorted from hill.
 Kirkby Stephen (10 x 4hr 30 min)

440 33756 4 October 08:00 Fleetwith Pike, Honister NY217138
 Not reported. Not reported. Hill Walking (Alone)
 Subject reported missing, after car located and no intended route evident. A body was found on
 the hill and was recovered for the Coroner's officer. **Fatal** – no details supplied.
 Cockermouth (1 x 5hr 10 min); Cumbria Ore Mines Rescue Unit (1 x 5hr 10 min); Keswick (12 x
 5hr 10 min); LDMR Search Dogs Assoc (7 x 5hr 10 min)

441 33703 5 October 16:53 Pinnacle Ridge, St Sunday Crag NY3660013700
 Light dry hill fog cool dusk. Vertical rocky gully. Animal Rescue
 Local shepherd reported his dog stuck in gully and unable to retrieve it safely. At first light,
 accessed and extricated the dog unharmed.
 Patterdale (13 x 4hr 0 min)

442 33484 8 October 12:38 Helm Crag, Grasmere NY329094
 Showers clear mild bright. Not reported. Hill Walking (Small party)
 Subject (F) reported cragfast after straying off a path. Retrieved to safe ground without mishap.
 Langdale Ambleside (6 x 2hr 0 min)

443 33755 10 October 13:41 **Slape Crag, Barf** **NY218264**
Not reported. Not reported. Hill Walking (Small party)
Party of two (2xF24) reported themselves cragfast. Located, accessed and guided to safer ground.
Keswick (6 x 1hr 34 min); Ogwen Valley (2 x 1hr 34 min)

444 33483 10 October 23:45 **Low Wood Bay, Ambleside** **NY385021**
Dry clear cool dark. Not reported. Water Sport (all types) (Small party)
Canoeist reported capsized. Recovered by safety boat and rewarmed.
Langdale Ambleside (9 x 1hr 0 min)

445 33702 11 October 11:45 **Spying How, Glencoyne Park** **NY3832719558**
Not reported. Wet grassy bank. Hill Walking (Small party)
Subject (F) slipped, injuring her ankle and reported unable to walk. Treated at scene and stretchered off the hill to ambulance.
Kirkby Stephen (8 x 2hr 0 min); Patterdale (8 x 2hr 0 min); Penrith (5 x 2hr 0 min)

446 33482 11 October 12:21 **Horn Crag, Grasmere** **NY317098**
Dry clear mild bright. Steep loose crag bracken. Rock Scrambling (Small party)
Body found at foot of crag, believed to have fallen. Investigation at scene and body recovered for Coroner's officer. **Fatal** – no details supplied.
Kendal (8 x 0hr 30 min); Langdale Ambleside (16 x 5hr 0 min)

447 33906 11 October 19:47 **Cross Fell, N Pennines** **NY687343**
Not reported. Not reported. Hill Walking (Small party)
Party reported themselves lost and tired. Located on Greg's Hut track and transported to Garrigill.
Penrith (4 x 2hr 0 min)

448 33754 12 October 12:26 **Wolf Crag, Matterdale Common** **NY365225**
Not reported. Not reported. Parapenting (Small party)
Speedflier (M50) crashed and suffered potentially serious injuries. Treated at scene and airlifted to hospital. Serious - injuries to back.
Keswick (13 x 2hr 8 min); Great North AA Cumbria

449 33701 13 October 14:33 **Watermillock Common, Douthwaitehead** **NY370195**
Fresh dry cloudy cool. Boggy footpath. Hill Walking (Small party)
Subject (F54) reported fallen, injured her ankle and unable to walk. Treated at scene and airlifted to hospital by military helicopter in area training. Serious - simple closed fractured ankle.
Patterdale (6 x 3hr 10 min); Great North AA Cumbria; Gannet SAR Helicopter

450 33538 13 October 18:37 **Meathop, Lindale** **SD431791**
Not reported. Not reported. Search - Non-mountain (Small party)
Three teenage boys reported missing from school. Stood down prior to deployment when police found boys safe and well.
Kendal (12 x 1hr 0 min)

451 33656 14 October 08:45 **Shap Pink Quarry, Shap** **NY555083**
Dry sunny. Dry. Animal Rescue
Sheep reported stuck on quarry ledge. Retrieved without loss or injury.
Kirkby Stephen (8 x 4hr 0 min); Penrith (1 x 4hr 0 min)

452 33537 14 October 12:19 **Dallam Tower, Milnethorpe** **SD484807**
Not reported. Not reported. Hill Walking
Subject (M70) reported fallen and with an injured shoulder. Stood down on route when informed ambulance crew managed to get access to the injured person.
Kendal (7 x 0hr 30 min)

453 33857 14 October 14:25 **Kirkstile Inn, Loweswater** **NY141209**
Not reported. Not reported. Hill Walking (Small party)
Subject (M) reported to have lost the path to Mellbreak. Stood down responding when informed he had found the path again.
Cockermouth (1 x 1hr 0 min)

454 33579 14 October 18:28 **Penny Hill Farm, Eskdale** **NY193007**
Good. N/A. Local Incident (Small party)
Male reported unable to continue due to illness. Stood down enroute when informed ambulance crew dealing with situation.
Wasdale (13 x 1hr 0 min)

455 33907 16 October 20:52 **Cross Fell, N Pennines** **NY68723431**
Not reported. Not reported. Hill Walking (Small party)
Party of two reported themselves lost in poor weather and bad visibility. Estimated their location, advised course of action and met party on Great Dun Fell; taken to safety.
Penrith (16 x 6hr 0 min); LDMR Search Dogs Assoc (1 x 6hr 0 min)

456 33752 17 October 12:47 **Glaramara, Seathwaite** **NY247105**
Not reported. Not reported. Hill Walking (Small party)
Subject (M54) reported with weak knee and was unable to bear weight. Treated at scene and airlifted to hospital. Minor - injuries to knee.
Cockermouth (1 x 4hr 0 min); Keswick (6 x 4hr 0 min); North West Air Ambulance (Blackpool)

457 33700 17 October 13:34 **Aira Force, Ullswater** **NY399205**
Not reported. Not reported. Fell Running (Alone)
Subject (M) reported trapped in ravine after going to aid of his dog. Stood down on arrival when informed he was assisted to safety by members of the public. Minor - exhaustion
Patterdale (15 x 1hr 0 min)

458 33481 17 October 16:00 **Hart Crag, Fairfield** **NY369107**
N strong dry low cloud cold dark. Moderate damp stony moorland. Hill Walking (Small party)
Subject (F) tripped and fell on rough ground. Treated at scene, evacuated to below cloudbase and airlifted to hospital. Minor - injuries to lower leg.
Langdale Ambleside (16 x 5hr 0 min); RAF Leeming (12 x 5hr 0 min); Great North AA Cumbria; Humberside Helicopter

459 33580 18 October 00:52 **Cleator Moor** **NY027145**
Fine. Urban/ open ground. Search - Non-mountain (Alone)
Request to assist in search for missing person. Found by police patrol, few details.
Wasdale (17 x 3hr 0 min)

460 33581 18 October 01:04 **Green How, Scafell** **NY194067**
Fine. Open fellside. Hill Walking (Small party)
Party of two (F, ?) reported lost and exhausted. Located and escorted to safety.
Wasdale (7 x 6hr 10 min)

461 33753 18 October 12:38 **Carlside Col, Skiddaw** **NY255284**
Not reported. Not reported. Hill Walking (Small party)
Subject (M51) collapsed whilst walking with two companions; CPR started immediately by companions. Pronounced dead at scene by air ambulance crew and body airlifted to valley for handover to Coroner's officer. **Fatal** – no details supplied.
Keswick (1 x 3hr 22 min); Great North AA Cumbria

462 33751 18 October 17:06 **Barkbethdale, Broad End, Skiddaw** **NY255304**
Not reported. Not reported. Hill Walking (Small party)
Subject (F23) reported unable to continue walk after damaging her ankle. Treated at scene by air ambulance crew and airlifted to hospital. Minor - injuries to lower leg.
Keswick (15 x 2hr 7 min); Great North AA Cumbria

463 33466 18 October 18:51 Dow Crag, Coniston SD263976
 Dry, cloudy. Rock. Rock Climbing - roped (Small party)
 Climber slipped 5-6m whilst leading a pitch. Belayed to ground below crag and airlifted to hospital. Serious - unstable fractured ribs; pneumothorax.
 Coniston (16 x 4hr 15 min); Humberside Helicopter

464 33750 20 October 14:13 Swanesty How, Rosthwaite NY26351584
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F) slipped and suffered a serious ankle injury. Treated at scene and stretchered off the hill for hospital transfer. Minor - injuries to lower leg.
 Keswick (12 x 1hr 55 min); Great North AA Cumbria

465 33480 20 October 20:34 Silver How, Grasmere NY325064
 Dry clear cool dull. Grassy moorland. Hill Walking (Small party)
 Subject (M) became separated from companions and lost. Located later in the day and reunited with friends.
 Langdale Ambleside (10 x 4hr 30 min)

466 33467 21 October 17:10 Old Man - Wetherlam, Coniston Fells NY285005
 Wet, windy, misty. Fellside. Hill Walking (Family group)
 Party of three (M58, F22, F28) reported disorientated after climbing Old Man and father became tired. Party made own way down meeting the MRT on the descent.
 Coniston (13 x 1hr 15 min)

467 33479 22 October 11:30 Rydal Water, Rydal NY356061
 Not reported. Not reported. Animal Rescue
 Sheep reported stranded on rock in lake; believed to have been chased there by a dog.
 Retrieved without loss or injury.
 Langdale Ambleside (3 x 1hr 0 min)

468 33582 23 October 00:28 Lingmell Col, Lingmell NY20600771
 Fine. Steep, broken. Hill Walking (Small party)
 Party of three reported themselves lost. Location established using SARLoc, advised how to proceed; met and escorted to safety.
 Wasdale (4 x 4hr 30 min)

469 33698 24 October 10:21 Helvellyn, Swirral Edge NY342153
 Fresh poor cold. Steep rocky stony ridge. Hill Walking (Small party)
 Subject (M51) reported collapsed. Treatment attempted at scene but he was pronounced dead and his body was recovered from the hill by stretcher. **Fatal** - myocardial infarct.
 Kirkby Stephen (5 x 5hr 0 min); Patterdale (17 x 6hr 0 min); Penrith (7 x 6hr 0 min); Great North AA Cumbria; Caernarfon Helicopter

470 33697 24 October 15:00 Swirral Edge, Helvellyn NY342153
 Not reported. Not reported. Rescue Team Activity
 Member of stretcher party slipped and injured himself while descending with body from previous incident. Treated at scene and airlifted off the hill. Minor - ligament damage to knee.
 Kirkby Stephen (5 x 1hr 0 min); Patterdale (13 x 2hr 0 min); Great North AA Cumbria

471 33699 24 October 15:23 Dove Crag, Dovedale NY374104
 Fresh dry cool dull. Damp stony footpath. Hill Walking (Small party)
 Subject (F36) slipped, causing severe pain in upper leg and unable to walk. Treated at scene and airlifted to hospital. Minor - injuries to knee.
 Kirkby Stephen (5 x 2hr 30 min); Langdale Ambleside (7 x 2hr 19 min); Patterdale (3 x 2hr 19 min); Penrith (11 x 4hr 30 min); Great North AA Cumbria

472 33583 24 October 15:32 Blea Tarn, Eskdale NY165009
 Showers, windy. Grassy/rocky. Hill Walking (Small party)
 Subject (M72) reported to have stumbled and fallen. Treated at scene and stretchered off hill to land ambulance. Serious – no details supplied.
 Wasdale (10 x 3hr 0 min)

473 33477 24 October 16:07 **Blea Crag, Easedale** **NY3046507737**
Not reported. Not reported. Search - Mountain
An abandoned tent reported and concern for occupant's welfare. Nothing untoward found following two day search operation.
Langdale Ambleside (1 x 1hr 0 min); LDMR Search Dogs Assoc (1 x 1hr 0 min)

474 33696 25 October 13:32 **Silverpoint, Ullswater** **NY396182**
Fresh dry cloudy cool. Undulating rough stony track. Mountain Biking (Small party)
Rider (M) fell off his bike. Self-evacuated with help from companions; when he met MRT, he was treated and advised to seek further treatment. Minor - simple closed fractured ankle.
Patterdale (13 x 2hr 0 min)

475 33476 25 October 17:15 **Stake Pass, Gt Langdale** **NY266090**
Not reported. Not reported. Hill Walking (Small party)
Subject (M45) reported unable to continue after injuring his leg. Assessed at scene and walked down with little assistance. Minor - painful/uncomfortable knee.
Cockermouth (15 x 1hr 0 min); Keswick (11 x 5hr 25 min); Langdale Ambleside (15 x 4hr 30 min)

476 33475 26 October 12:55 **Loughrigg Fell, Rydal** **NY348058**
Hail clear cold bright. Grassy moorland. Hill Walking (Small party)
Subject (M) reported with leg injury on summit. Treated at scene and evacuated by air ambulance. Minor - injuries to lower leg.
Langdale Ambleside (12 x 2hr 0 min); North West Air Ambulance (Blackpool)

477 33474 26 October 21:28 **Elterwater, B5343** **NY3349704510**
Not reported. Not reported. Road Traffic Collision (Small party)
Car with two occupants left the road and rolled down an embankment; believed injured. Treated at scene and evacuated.
Langdale Ambleside (14 x 1hr 30 min)

478 33856 27 October 12:00 **Pillar, Ennerdale** **NY170120**
Not reported. Not reported. Hill Walking (Alone)
Subject (M60) reported overdue. Stood down responding when informed he had turned up safe and well.
Cockermouth (1 x 1hr 0 min)

479 33748 27 October 14:10 **Seathwaite, Borrowdale** **NY235121**
Not reported. Not reported. Hill Walking (Large party)
Subject (M24) reported missing and witnessed by members of the public to be self-harming. Search inconclusive; enquires are continuing and no further details supplied.
Keswick (8 x 3hr 17 min)

480 33473 27 October 15:15 **Silver How, Grasmere** **NY329076**
Dry clear mild dull. Moderate grassy footpath. Hill Walking (Small party)
Subject (F) reported unwell, complaining of dizziness due likely to exhaustion. Treated at scene and evacuated to ambulance. Minor – no details supplied.
Langdale Ambleside (13 x 1hr 0 min)

481 33472 27 October 15:59 **Alcock Tarn, Grasmere** **NY348078**
Dry clear mild dusk. Steep damp grassy slope. Hill Walking (Small party)
Subject (F) slipped and injured her leg. Treated at scene and evacuated from the hill. Minor - simple closed fractured tibia and fibula.
Langdale Ambleside (15 x 2hr 0 min); North West Air Ambulance (Barton)

482 33855 27 October 18:00 **High Stile, Buttermere** **NY167147**
Not reported. Not reported. Hill Walking (Small party)
Party of four reported lost. Stood down responding when informed they had turned up safe and well.
Cockermouth (1 x 1hr 0 min)

- 483 33747 29 October 12:49** **Browncove Crags, Helvellyn** **NY328161**
 Not reported. Not reported. Hill Walking (Small party)
 Subject (F52) fell onto her outstretched hand injuring the shoulder. Started to make their own way down but met by air ambulance crew, treated and airlifted to hospital. Minor - injuries to shoulder.
 Keswick (13 x 2hr 27 min); Great North AA Cumbria
- 484 33468 31 October 08:25** **Crinkle Crag, Gt Langdale** **NY243051**
 Rain cloudy cool dark. Undulating stony moorland. Hill Walking (Small party)
 Family party of five reported benighted. Eventually located and escorted to safety.
 Langdale Ambleside (4 x 7hr 0 min); RAF Leeming (4 x 7hr 0 min); RAF Valley (4 x 7hr 0 min)
- 485 33471 31 October 10:44** **The Band, Gt Langdale** **NY267058**
 Rain poor mild dull. Moderate stony footpath. Hill Walking (Small party)
 Subject (M) reported collapsed and unconscious. Treated at scene and evacuated to below the cloudbase for airlift to hospital. Minor – no details supplied.
 Langdale Ambleside (15 x 1hr 0 min); Great North AA Cumbria
- 486 33470 31 October 12:10** **Gimmer Crag, Gt Langdale** **NY2776506975**
 Rain poor mild dark. Vertical loose stony crag. Rock Scrambling (Small party)
 Subject (F) fell 40m when a block came loose while scrambling. Treated at scene and lowered from crag then airlifted to hospital. Serious - multiple injuries.
 Duddon and Furness (1 x 6hr 30 min); Kendal (6 x 5hr 0 min); Langdale Ambleside (15 x 6hr 30 min); Wasdale (1 x 6hr 30 min); Humber-side Helicopter
- 487 33469 31 October 14:08** **The Climber's Traverse, Bowfell** **NY246070**
 Showers low cloud mild dull. Moderate damp stony footpath. Hill Walking (Small party)
 Subject (M70) tumbled and sustained injuries. Treated at scene and evacuated from the hill.
 Minor - injuries to face.
 Coniston (7 x 3hr 15 min); Langdale Ambleside (4 x 2hr 0 min)
- 488 33584 31 October 17:51** **Scafell Pike** **NY214072**
 NW fresh drizzle hill fog mild dark. Level damp grassy. Hill Walking (Small party)
 Party of two (F, M11) reported lost. Located and escorted to safety.
 Duddon and Furness (1 x 4hr 0 min); Wasdale (21 x 4hr 0 min)
- 489 33585 31 October 19:24** **Yewbarrow, Wasdale Head** **NY168085**
 NW fresh drizzle foggy mild dark. Moderate damp grassy footpath. Hill Walking (Alone)
 Subject (M80) reported overdue due to poor weather. During search operation, he turned up in another valley safe and well.
 Duddon and Furness (1 x 4hr 0 min); Wasdale (21 x 4hr 0 min)

November

- 490 33746 1 November 18:07** **Cat Bells - Maiden Moor** **NY243187**
 Not reported. Not reported. Hill Walking (Small party)
 Party of two (2xM13) reported themselves lost in mist and benighted. Location established using SARLoc; after that they were quickly met and guided to safety.
 Keswick (18 x 2hr 34 min); LD MR Search Dogs Assoc (2 x 2hr 34 min)
- 491 33549 2 November 14:52** **Little Castle How, Gt Langdale** **NY310075**
 Dry clear mild dark. Steep very wet grassy moorland. Hill Walking (Small party)
 Subject (M) slipped on very wet ground, sustaining a leg injury. Treated at scene and stretchered off the hill. Minor - simple closed fractured ankle.
 Langdale Ambleside (12 x 3hr 30 min)
- 492 33586 4 November 00:57** **Lingmell, Wasdale** **NY204076**
 Fog, rain. Open fellside. Hill Walking (Small party)
 Party of two (M46, M) reported lost in poor weather. Located and escorted to safety.
 Wasdale (6 x 3hr 10 min)

493 33548 4 November 17:14 Far Easedale, Grasmere NY295102
 Drizzle poor cold dark. Moderate waterlogged grassy moorland. Hill Walking (Small party)
 Party of two (2xF) reported themselves benighted. Located in thick mist, and guided to safety.
 Langdale Ambleside (6 x 3hr 0 min)

494 33547 4 November 19:18 Bright Beck, Sergeant Man NY2878308767
 Drizzle poor cold dark. Steep waterlogged grassy moorland. Hill Walking (Small party)
 Army trainee (M) reported with leg injury. Located in thick mist, treated at scene and evacuated
 by stretcher. Serious - simple closed fractured tibia.
 Kendal (9 x 4hr 16 min); Langdale Ambleside (18 x 5hr 0 min)

495 33534 5 November 20:20 Kendal Castle, Kendal SD523924
 Calm drizzle low cloud mild dark. Moderate slippery grassy slope. Local Incident
 Youth (F15) slipped into tumbling fall. Treated at scene and stretchered to ambulance. Minor -
 pain/discomfort in back.
 Kendal (17 x 1hr 0 min)

496 33546 7 November 14:22 Stickle Ghyll, Gt Langdale NY288077
 Rain hill fog mild dull. Moderate very wet stony footpath. Hill Walking (Small party)
 Subject (F22) reported with leg injury. Treated at scene and evacuated by stretcher. Minor -
 simple closed fractured tibia.
 Langdale Ambleside (14 x 3hr 0 min)

497 33588 8 November 14:00 Gavel Neese, Wasdale Head NY198092
 Very wet, very windy. Track. Hill Walking (Small party)
 Subject (F) had slipped and fallen while attending Remembrance service on Great Gable.
 Accompanied down to roadhead. Minor - painful/uncomfortable in right knee.
 Duddon and Furness (11 x 5hr 0 min); Wasdale (2 x 1hr 0 min)

498 33589 8 November 17:33 Great Gable, Wasdale Head NY210103
 Very wet, very windy. Mixed. Hill Walking (Small party)
 Subject (M70) reported lost on descent from Great Gable. Located in Ennerdale.
 Cockermouth (23 x 2hr 0 min); Keswick (18 x 4hr 4 min); Langdale Ambleside (1 x 1hr 0 min);
 LDMR Search Dogs Assoc (7 x 1hr 0 min); Wasdale (11 x 4hr 0 min)

499 33695 8 November 18:11 Silver Point, Ullswater NY403187
 Not reported. Undulating wet stony track. Fell Running (Organised event)
 Competitor (F) slipped while running in event, injuring her ankle. Treated at scene and ferried by
 boat to waiting ambulance. Minor - painful/uncomfortable ankle.
 Patterdale (8 x 2hr 0 min)

500 33533 9 November 16:17 River Kent, Kendal SD517923
 Light heavy rain cloudy cool dark. Slippery grassy bank. Road Traffic Collision (Alone)
 Subject (M) reported missing after car swerved into swollen river. Extensive, multi-agency search
 operation eventually recovered a body from the river. **Fatal** – drowning.
 Kendal (22 x 3hr 45 min)

501 33653 14 November 06:00 Cumbria (countywide) NY3118
 Rain. Wet. Local Incident
 Major wide spread flooding and transport disruption throughout the county. Alerted residents to
 flood risk and advised on evacuation in Egremont and Kendal.
 Cockermouth (7 x 8hr 0 min); Kirkby Stephen (2 x 8hr 0 min); Wasdale (22 x 22hr 0 min); Cave
 Rescue Organisation (9 x 6hr 0 min); Kendal (19 x 6hr 0 min); Patterdale (8 x 6hr 0 min)

502 33591 15 November 12:01 Wasdale NY177074
 Flood conditions. Road/mud. Local Incident
 Car reported sinking in mud during period of very wet weather. Car moved to layby and
 gentleman moved to safety.
 Wasdale (9 x 3hr 0 min)

503 33744 15 November 16:16 **Derwent Isle, Derwent Water** **NY260222**
Not reported. Not reported. Water Sport (all types) (Small party)
Sailor (M) reported thrown out of his boat. No sighting made but stood down when it was established that he had landed safely.
Keswick (1 x 0hr 30 min)

504 33908 16 November 12:00 **Low Kop, Brampton Common, Haweswater** **NY474164**
Not reported. Not reported. Occupational (Alone)
Shepherd reported slipped and was now cragfast on steep ground. Secured and lowered to safer ground.
Penrith (10 x 3hr 30 min)

505 33743 21 November 12:12 **Cat Bells, Swinside** **NY244192**
Not reported. Not reported. Hill Walking (Small party)
Subject (M60) reported collapsed; CPR started by passers-by. In spite of strenuous efforts, he was pronounced dead at scene. The body was flown down to Keswick and handed over to Coroner's officer. **Fatal** – no details supplied.
Keswick (13 x 1hr 58 min); North West Air Ambulance (Blackpool)

506 33652 21 November 13:00 **Hartley, Kirkby Stephen** **NY782086**
Cold. Ice. Local Incident
Request to assist ambulance in difficulty due to icy roads. Conducted a patient transfer by carrying and transfer in MR vehicle to ambulance.
Kirkby Stephen (5 x 1hr 0 min)

507 33909 26 November 10:40 **Bluegate Cottage, Hallbankgate** **NY609597**
Not reported. Not reported. Local Incident (Small party)
Request to assist ambulance service dealing with female who had fallen down a bank. No details supplied.
Patterdale (1 x 1hr 0 min); Penrith (6 x 1hr 0 min)

508 33692 26 November 15:07 **Hartsop Above How, Dovedale** **NY3759511438**
Light dry low cloud mild dusk. Stony. Hill Walking (Small party)
Party of two (M46, M51) reported themselves lost in mist. Location confirmed by SARLoc, directed party to safety and met them to make sure they were OK.
Patterdale (11 x 2hr 30 min)

509 33854 28 November 12:00 **Mawbray, Maryport** **NY085467**
Not reported. Not reported. Local Incident
Party of three reported trapped in car on flooded road. Stood down responding when informed issue dealt with.
Cockermouth (1 x 1hr 0 min)

510 33661 28 November 17:35 **Belt Ash Coppice, Hawkshead** **SD384970**
Wet, windy. Wooded fellside. Hill Walking (Medium party)
Party of nine reported themselves lost in woodland area. All located safe and well; returned to their vehicles.
Coniston (6 x 2hr 0 min)

511 33544 30 November 13:57 **Nook End Farm, Low Sweden Bridge** **NY375057**
Calm dry clear cold. Moderate stony footpath. Hill Walking (Alone)
Subject (M) found unconscious and unresponsive on side of footpath. Did not regain consciousness. **Fatal** – no details supplied.
Langdale Ambleside (14 x 3hr 0 min)

December

- 512 33592 3 December 16:32 Calfcove Gill, Eskdale NY227075**
Foul, heavy rain, fog and wind. Open fellside. Hill Walking (Alone)
Subject (M34) reported himself lost in appalling weather. Located unhurt and escorted from the hill.
Keswick (21 x 4hr 46 min); Langdale Ambleside (13 x 1hr 30 min); LDMR Search Dogs Assoc (3 x 6hr 0 min); Wasdale (19 x 6hr 0 min); Gannet SAR Helicopter
- 513 33662 4 December 19:15 Bowmanstead, Coniston SD301971**
Damp. Wet. Road Traffic Collision
Requested to attend when car came off road into field. Treated at scene and evacuated to waiting ambulance. Serious – no details supplied.
Coniston (13 x 0hr 30 min)
- 514 33651 5 December 10:06 Cumbria (countywide) NY3118**
Rain. Wet. Major Incident
Major widespread flooding and transport disruption throughout the county resulting from Storm Desmond (Day 1). Assisted in evacuation of residents from their homes and businesses; assist other essential services with access issues.
Bowland Pennine (2 x 18hr 0 min); Cockermouth (1 x 24hr 0 min); Coniston (5 x 24hr 0 min); Duddon and Furness (5 x 18hr 0 min); Kendal (10 x 24hr 0 min); Keswick (29 x 26hr 22 min); Kirkby Stephen (7 x 4hr 0 min); Langdale Ambleside (10 x 17hr 0 min); Patterdale (18 x 24hr 0 min); Wasdale (23 x 24hr 0 min)
- 515 33650 6 December 09:00 Cumbria (countywide) NY3118**
Rain. Wet. Major Incident
Major widespread flooding and transport disruption throughout the county (Storm Desmond Day 2). Assisted in evacuation of residents from their homes and businesses.
Cockermouth (1 x 24hr 0 min); Coniston (2 x 1hr 0 min); Coniston (5 x 14hr 0 min); Kendal (10 x 20hr 0 min); Keswick (15 x 22hr 0 min); Kirkby Stephen (7 x 10hr 0 min); Langdale Ambleside (10 x 24hr 0 min); Patterdale (14 x 22hr 0 min); Wasdale (23 x 24hr 0 min); Caernarfon Helicopter
- 516 33711 6 December 12:48 Scarth Gap, Buttermere NY188135**
Not reported. Not reported. Hill Walking (Small party)
Subject (M53), walking with friends, fell and injured his shoulder. Treated at scene and airlifted to hospital. Minor - injuries to shoulder.
Keswick (16 x 2hr 42 min); Great North AA Cumbria
- 517 33649 7 December 08:00 Cumbria (countywide) NY3118**
Dry. Wet. Local Incident
Major widespread flooding and transport disruption throughout the county (Day 3). Assisted in evacuation of residents from their homes and businesses.
Cockermouth (1 x 24hr 0 min); Kendal (4 x 6hr 0 min); Kirkby Stephen (4 x 13hr 0 min); Langdale Ambleside (10 x 24hr 0 min); Patterdale (1 x 12hr 0 min); Wasdale (23 x 24hr 0 min)
- 518 33671 7 December 10:59 Frost Bridge, Staveley SD486989**
Calm dry mild bright. Not reported. Local Incident
Request to assist with recovery of body found in culvert under bridge. Stood down whilst assembling - police underwater team resolved incident without assistance.
Kendal (4 x 1hr 0 min)
- 519 33648 8 December 07:00 Cumbria (countywide) NY3118**
Dry. Wet. Major Incident
Major widespread flooding and transport disruption throughout the county (Day 4). Assisted in evacuation of residents from their homes and businesses.
Kirkby Stephen (1 x 10hr 0 min)

520 33688 8 December 09:45 **Cumbria (county-wide)** **NY442196**
Not reported. Not reported. Major Incident
Supporting statutory emergency services dealing with aftermath of severe flooding. Conducted welfare checks and casualty evacuations.
Patterdale (8 x 7hr 32 min)

521 33687 8 December 19:56 **Glenridding, Ullswater** **NY382169**
Not reported. Not reported. Local Incident
Elderly lady reported unresponsive in her own home. Stood down on arrival when lady 'came round' and ambulance crew arrived. Serious – unconsciousness.
Patterdale (7 x 0hr 30 min)

522 33680 9 December 10:30 **Thirlmere A591** **NY3218014906**
Not reported. Not reported. Rescue Team Activity
Recovery of vital equipment from MRT vehicle trapped by landside.
Langdale Ambleside (12 x 3hr 0 min)

523 33679 9 December 21:09 **Glenridding Beck, Glenridding** **NY3869116881**
Heavy rain foggy mild dark. Not reported. Local Incident
Repeat of severe flooding in Glenridding. Details not reported.
Kendal (18 x 1hr 0 min); Langdale Ambleside (13 x 4hr 0 min)

524 33678 13 December 10:00 **Thirlmere A591** **NY222149**
Not reported. Not reported. Rescue Team Activity
Attempted to recover MR vehicle trapped by landslides earlier in the month. Track dug through landslide debris and vehicle recovered.
Langdale Ambleside (3 x 3hr 0 min)

525 33677 13 December 18:02 **Wrynose Pass** **NY275027**
Snow freezing dark. Steep snow/ice. Local Incident
Party of two reported stuck in snow. Accessed, freed vehicle from drift and escorted them to safety.
Langdale Ambleside (2 x 2hr 0 min)

526 33663 19 December 14:40 **Bower House, Eskdale** **NY130003**
Rain. Road, steep bank, stream. Local Incident
Motorcyclist crashed off road into stream. Found to be deceased. Body recovered from water for Coroner's officer.
Wasdale (12 x 2hr 0 min)

527 33664 20 December 12:58 **Grizedale Forest, Grizedale** **SD335943**
Windy, dull, showers. Bike trail. Mountain Biking
Rider (M50) slipped and fell 10ft from North Face Trail. Assessed at scene and airlifted to hospital. Serious - breathing difficulties; pain/discomfort in chest and abdomen.
Coniston (14 x 2hr 0 min); Great North AA Cumbria

528 33669 22 December 09:09 **River Eden, Appleby - Bolton** **NY657218**
Heavy rain mild. Not reported. Local Incident
Car reported in River Eden with occupants on board. Stood down responding, no further details supplied.
Kendal (4 x 4hr 0 min); Penrith (1 x 4hr 0 min)

529 33665 24 December 14:45 **The Keld, High Hollin Bank** **SD323985**
Damp. Damp undergrowth. Local Incident
Man found hanging in a tree. Assisted the police in the recovery of the body.
Coniston (15 x 2hr 0 min)

- 530 33666 26 December 13:24** **York (citywide)** **SE604517**
Wet. Flooded. Major Incident
Specialist swiftwater units from Lake District MRTs assisted in rescue phase of major flooding.
Specialist teams conducted flood-related tasks.
Cockermouth (1 x 24hr 0 min); Coniston (5 x 24hr 0 min); Langdale Ambleside (4 x 12hr 0 min);
Penrith (6 x 13hr 0 min)
- 531 33709 26 December 14:45** **Clitheroe, Whalley, Lancashire** **SD733365**
Not reported. Not reported. Local Incident
Request for specialist rescue teams to assist with evacuation of flood victims. Numerous families
rescued from flooded properties.
Keswick (4 x 9hr 30 min)
- 532 33843 27 December 06:00** **York (citywide)** **SE604517**
Wet. Flooding. Major Incident
Specialist swiftwater units from Lake District MRTs assisted in rescue phase of major flooding.
Specialist teams conducted flood-related tasks.
Keswick (12 x 16hr 0 min)
- 533 33675 28 December 06:30** **York (citywide)** **SE630511**
Showers cool. Not reported. Major Incident
Specialist swiftwater units from Lake District teams assisted in rescue phase of major flooding.
Details not yet supplied.
Langdale Ambleside (6 x 12hr 0 min)
- 534 33910 29 December 01:28** **Mardale Head, Haweswater** **NY469107**
Not reported. Not reported. Hill Walking (Alone)
Walker reported overdue. Stood down deploying when informed he had turned up safe and well.
Penrith (2 x 1hr 0 min)
- 535 33685 29 December 14:25** **Tarn Hows, Yewdale** **NY332002**
Dry, cloudy. Wet muddy track. Hill Walking (Alone)
Subject (M45) slid and fell onto his ankle. Treated at scene and evacuated to waiting ambulance.
Serious - compound closed fractured ankle.
Coniston (12 x 1hr 30 min)

Notes

SARLoc – a system that interrogates a GPS-enabled mobile phone and displays the location of that phone on mapping software used by MR teams. For further information see <http://www.go4awalk.com/the-bunkhouse/walking-news-and-discussions/walking-news-and-discussions.php?news=710222>

DAT – Dementia Alzheimers Type.

MRT – Mountain Rescue Team.

C2C – Coast-to-Coast, long distance walk from St Bees Head to Robin Hood's Bay.

Accident Summary

The tables that follow summarise the foregoing details and enable a comparison with the previous four years

Incidents	2011	2012	2013	2014	2015
Incidents – all	425	432	433	474	535¹
By Activity					
Hill walking (non-winter)	288	269	250	313	327 ²
Hill walking (winter)	12	23	37	12	26 ³
Climb/Scramble	21	17	15	18	20
Mountain Bike	26	18	13	13	37 ⁴
Orienteer/Fell Running	6	11	12	16	11
Hang-gliding/Parapenting	3	5	7	1	5
Resilience	23	42	49	31	40 ⁵
Non-Mountain Search	9	10	17	19	13
Water Sports	7	4	6	8	10

Table 1 Incident - by Activity

Notes:

1. The increase in the number of reported incidents on the previous year is 13%. This was a higher than expected figure compared to the previous four years. However, it has not exceeded the highest annual total which was 600 in 2010.
2. An increase of 4% in the summer hill walking incidents is noteworthy; this figure appears to be consistent with the popularity of Cumbria as a holiday destination.
3. The doubling of the winter hill walking figure should not be a surprise given the wintry weather experienced at the start of 2015.
4. The dramatic increase in incidents relating to mountain biking is worrying. The growing popularity of this pastime has had a direct influence on the number of instances where help has been needed. This figure is too high; a strong message must go to all participants. Because of the speeds involved, significant injuries will result from poor judgement.
5. This figure is not a true reflection of the work involved this year in support of the statutory services and the community. Storms Desmond and Frank created significant work for teams both within and outside the county. It is also a measure of the growing reliance and trust these services have in the local mountain rescue volunteers.

Persons Assisted	2011	2012	2013	2014	2015
Persons - all	505	463	425	481	521 ¹
By Activity					
Hill walking (non-winter)	394	331	300	377	379
Hill walking (winter)	19	30	41	16	31 ²
Climb/Scramble	29	16	20	17	22 ³
Mountain Bike	24	17	11	12	32 ⁴
Orienteer/Fell Running	7	10	11	10	9
Hang-gliding/Parapenting	3	4	5	1	4
Resilience	11	25	12	12	14 ⁵
Non-Mountain Search	6	10	13	16	9
Water Sports	6	7	9	5	6

Table 2 – Persons Assisted – by Activity

Notes:

1. The increase in the number of people assisted is only 8%; there does not appear to be a simple explanation for it not being the same increase as the previous table, other than to suggest that small groups were involved than in earlier years.
2. The doubling of the number of people involved in winter-related hill walking should not be a surprise. It must be borne in mind that hill walking in winter conditions is very much more demanding, more dangerous and the consequences of a mistake are commensurately more damaging.
3. The number of people requiring assistance while rock scrambling has stayed fairly static for five years, unlike in 2010 when there were 74 people involved. This activity has many more dangers than hill walking and all the dangers of rock climbing but without the safety devices – a sobering thought if ever there was one!
4. This increase in mountain bikers needing help is consistent with the incident figure since these incidents usually only involve one rider.
5. It has never been practical to record the number of people assisted while providing assistance to the statutory services. During this year alone, the figure could well have been above 100. The figure that is shown represents the number of people who received direct assistance from team, possibly in the absence of statutory help.

Fatalities	2011	2012	2013	2014	2015
Persons - all	17	22	14	11	30¹
By Activity					
Hill walking (non-winter)	10	8	7	8	16 ²
Hill walking (winter)	0	2	1	0	3 ³
Climb/Scramble	0	2	0	1	2 ⁴
Mountain Bike	1	1	1	0	1 ⁵
Orienteer/Fell Running	0	1	0	0	0
Hang-gliding/Parapenting	0	0	0	0	1
Resilience	1	3	1	0	1
Non-Mountain Search	0	3	2	2	3
Water Sports	3	1	2	0	1

Table 3 – Fatalities – by Activity

Notes:

Without mincing words, these figures make for shocking reading.

1. This figure can be further broken down into 18 deaths due to medical causes and 12 resulting from trauma, including drowning. 24 deaths resulted from mountain-related activities and 6 from non-mountain.
2. This figure is a big cause for concern; 11 of these 16 deaths resulted from a reported collapse, usually associated with a heart attack, but not exclusively. The remaining 5 deaths resulted from trauma following a significant fall and consequent injury. 11 were male and 3 female (the remaining 2 were not notified). The ages, where reported, were all over 50 years.
3. Three males in their 60s fell in wintry conditions.
4. As has been highlighted in previous reports, this activity can have life-changing consequences. One death resulted from a possible fall, while the other from a medical collapse.
5. Unlike previous years, this death did not result from trauma but rather a medical collapse.

Required Medical Attention	2011	2012	2013	2014	2015
Persons - all	224	228	228	255	290
By Activity					
Hill walking (non-winter)	170	155	155	192	206
Hill walking (winter)	5	15	29	8	9
Climb/Scramble	14	11	10	16	13
Mountain Bike	20	14	7	12	27 ¹
Orienteer/Fell Running	4	8	9	9	9
Hang-gliding/Parapenting	3	3	5	0	2
Resilience	4	14	8	11	10
Non-Mountain Search	1	0	1	0	1
Water Sports	0	3	2	1	2

Table 4 Required medical attention – by Activity

Notes:

Most of the totals are consistent with the figures expected given the number of people involved in these activities, with the following exception

1. By its very nature, mountain biking involves speed. When accidents occur this results in the rider being hurled at speed into some substantial, and immovable object. If the rider is lucky, there are no objects in the way, but they end up re-grading the very rough surfaces on our hills and forests. The picture painted in many cartoons of bodies sliding ‘for ever’ across a rough surface is not too far removed from the truth. This number (27 persons requiring medical attention) is the highest on record. These injuries are usually serious and extensive for the reasons given above.

Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of calling out the MRTs. For example, the category 'Benighted' will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one of these causes. A typical report will illustrate this:-
'tripped on footpath whilst walking and fell 2m onto rocky ground'
 This will result in contributions to the 'Slip, Trip or Stumble' and 'Fall or Tumble' categories.

Cause of Incident	2011	2012	2013	2014	2015
Avalanche	1	0	0	0	0
Belay/Runner Failure	1	1	2	0	1
Benighted	19	13	10	10	13
Cragfast	22	23	23	22	22
Fall or Tumble	84	77	91	93	123
Lightning	0	0	0	0	0
Lost or Disorientated	64	63	49	57	63
Medical Collapse or Illness	25	26	20	23	45 ¹
Overdue or Missing	39	36	37	47	43
Rockfall	0	0	0	1	1
Shouts, Lights or Flares Reported	5	6	16	6	6
Slip, Trip or Stumble	99	111	111	121	108
Unable to Continue	13	19	28	28	26
Total Incidents	372	375	433	472	536

Table 5 – Causes of Incidents

Notes:

1. As was noted earlier (Table 3 above), medical collapse and illness figure prominently in this year's statistics. Warning should be given to all visitors not to embark on activities without proper preparations and levels of fitness.

Age Profile of Subjects

The following table shows the ages of both male and female subjects where both age and gender were reported. However, the totals include those whose ages were not reported

Age (yrs)	Gender	2011	2012	2013	2014	2015
1 – 10	Male	2	5	4	3	6
	Female	3	1	2	2	0
11 – 20	Male	16	35	28	26	16
	Female	6	9	14	22	11
21 - 30	Male	30	32	25	28	30
	Female	10	11	20	9	30
31 - 40	Male	27	18	18	15	20
	Female	12	20	9	11	12
41 - 50	Male	30	39	33	23	20
	Female	24	13	15	25	8
51 – 60	Male	31	31	25	12	31
	Female	24	24	33	23	27
61 - 70	Male	19	29	35	21	31
	Female	29	22	17	17	22
71 – 80	Male	15	14	13	21	13
	Female	6	10	7	14	10
81 +	Male	5	3	5	6	4
	Female	1	2	1	5	4
Totals	Male	352	302	246	251	265
	Female	154	164	159	168	190

Table 6 – Age Profile of Subjects

Types of Conditions / Injuries

The table that follows is the result of a search through the reports for key words relating to type of injury or medical condition diagnosed on site. For example, the category 'Lacerations' will include any word with 'lacerat-', 'cut-' or 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:
'Fracture/dislocation of the ankle, cuts to hands and knee'
 This will result in contributions to the fracture, dislocation and laceration categories.

Condition / Injury	2011	2012	2013	2014	2015
Abrasions / Scratches	4	3	2	4	6
Asthma	0	1	0	3	0
Bruising	6	1	2	1	3
Burns / Scalds	1	0	0	1	0
Concussion	5	0	2	2	2
Cramp	0	0	0	0	1
Crush Injury	1	0	1	0	0
Diabetes	2	0	0	1	3
Dislocation	27	13	19	17	12
Epilepsy	2	1	3	3	2
Exhaustion	2	5	2	7	7
Fracture	81	79	75	71	74
Heart Attack	9	8	7	3	5
Hypothermia	2	10	9	7	4
Illness	1	0	0	0	0
Lacerations	19	11	8	7	24
Connective Tissue Damage	3	3	4	4	2
Multiple Injuries	4	6	5	7	9
Pain / Tenderness	3	15	13	23	19
Shock	0	0	0	0	0
Sprain / strain	8	15	10	5	2
Loss of Consciousness	4	6	3	3	7
Total Injured Persons	237	247	242	265	320

Table 7 – Types of Conditions / Injuries

Sites of Injury

The table that follows is the result of a search through all the reports for key words relating to sites of injury or medical condition. For example, the category 'Lower leg' will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:
'Fracture/dislocation of the ankle, cuts to hands and knee'
 This will result in contributions to the ankle, hands & wrist and knee categories.

Site of Injury	2011	2012	2013	2014	2015
Abdomen	1	4	4	1	4
Ankle	46	54	41	64	34 ¹
Arm	14	3	7	5	10
Chest	3	8	9	10	19 ²
Facial	6	3	3	3	13
Foot	0	1	2	0	1
Hand & Wrist	17	9	6	2	17
Head	43	27	28	28	33 ³
Knee	11	17	26	29	25
Lower Leg	49	39	58	42	59 ¹
Neck	5	2	1	2	5
Pelvic Girdle	5	7	7	3	6
Shoulder Girdle	11	3	8	6	19
Spine	14	22	16	8	12
Upper Leg	3	4	4	3	4
Total Injured Persons	228	203	242	265	320

Table 8 – Sites of Injury

Notes:

1. It is sometimes difficult to distinguish between injuries to the lower leg and those of the ankle. However, if you combine these figures, they remain fairly constant year-on-year.
2. Injuries to the chest will also include situations where chest pains were reported or heart attacks diagnosed. This has been an oversight compared to previous years of these reports.
3. As a rescuer, head injuries are one of the more difficult situations to deal with, especially when lengthy evacuations are required. The head injury figures are routinely high because we will always err on the side of caution should head trauma be present or likely to be.

Lake District Search & Mountain Rescue Teams

For rescue assistance

- Go to the nearest telephone and dial 999.
- Ask for 'Mountain Rescue'.
- Give the location name & grid reference, time of accident, nature of injuries – name, gender and age of casualty if known.
- Stay by telephone until police or rescue team make contact.

The contact details given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth MRT

Website: www.ckermouthmrt.org.uk/
Email: gwyn@cockermouthmrt.org.uk

Coniston MRT

Website: www.conistonmountainrescue.org.uk/
Email: secretary@conistonmountainrescue.org.uk

Cumbria Ore Mines RU

Website: www.comru.org.uk/
Email: See Home page

Duddon & Furness MRT

Website: www.dfmrt.org.uk/
Email: sec@dfmrt.org.uk

Kendal MSRT

Website: www.kendalmountainrescue.org.uk/
Email: secretary@kendalmrt.org.uk

Keswick MRT

Website: www.keswickmrt.org.uk/
Email: secretary@keswickmrt.org.uk

Kirkby Stephen MRT

Website: www.ksmrt.org.uk/
Email: secretary@ksmrt.org.uk

Langdale / Ambleside MRT

Website: www.lamrt.org.uk/
Email: See Contact Us page

Patterdale MRT

Website: mountainrescue.org.uk/
Email: pmrtcontact@mountainrescue.org.uk

Penrith MRT

Website: www.penrithmrt.org.uk/
Email: See Contact Us page

Lake District MR Search Dogs

Website: www.lakes-searchdogs.org/
Email: secretary@lakes-searchdogs.org

Wasdale MRT

Website: www.wmrt.org.uk/
Email: See Contact Us page

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

Location : Gatesgarth Farm, Buttermere

Grid Ref.: NY 194 149

Supervisor: Cockermouth MRT Tel: 01900 827916

Location : Ullswater Outward Bound Mountain School

Grid Ref.: NY 438 213

Supervisor: Ullswater OBMS Tel: 017684 86347

Location : Wastwater Hotel, Wasdale Head

Grid Ref.: NY 187 088

Supervisor: Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

Location : Dow Crag (at the foot of Abraham's B Buttress)

Grid Ref.: SD 263 976

Supervisor: Coniston MRT Tel: 015395 41242

Location : Mickledore, Scafell (just below crest on Eskdale side)

Grid Ref.: NY 210 068

Supervisor: Wasdale MRT Tel: 019467 25314

Location : Sty Head Pass

Grid Ref.: NY 218 095

Supervisor: Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

Location : Howtown OA Centre, Martindale

Grid Ref.: NY 444 197

Supervisor: BRCS Cumbria c/o The Warden Tel: 017684 86208

Location : YMCA National Centre, Lakeside

Grid Ref.: SD 374 897

Supervisor: YMCA Tel: 015395 31758

NOTE:

All the above posts are in the area of the OS Lake District Outdoor Leisure Maps (1:25 000) though not all are marked as MR Posts.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

When not to use

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or no reception ('dead areas').
- The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location and Grid Reference
Name, Gender and Age of Casualty.
Nature of Injuries or disability.
Number of people in party and intended destination.
THE NUMBER OF THE MOBILE PHONE IN USE.
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Cumbria.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared (1).
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the procedure again.

Advice to Mountain Users

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

Planning and Preparation

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, this can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

Equipment and its Use

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

Party Size

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

Emergency Procedures

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

Dangers - all can be avoided by good route-finding

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

Dangers – all can be avoided by remaining alert

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs; rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time - especially true when under pressure - allow extra time in winter conditions

Pride

- It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 12 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation. If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	
Bank Code:	40-22-16	Bank Account No: 81205617
Give As You Earn Reg.	No:004184	
Charity Commission Reg.	No:506349	

GIFT AID DECLARATION

Charity Name: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

Registered Charity Number: 506349

Title Forename..... Surname.....

Address:.....

.....

..... Postcode:.....

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £.....
- The donation(s) of £ which I made on/...../.....
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

Signed Date/...../.....

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BANKERS ORDER

To: Bank

..... Address

..... Date

Please pay

HSBC, 69 Lowther Street, Whitehaven, CUMBRIA CA28 7AD

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of £..... (words)

commencing (date of first payment)

and thereafter every (month/year)

until (date of last payment) and debit my/our account accordingly.

Signed Date

.....

DEED OF COVENANT

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to *£ each (month/year), from the date shown below.

Signed and delivered

Date

Full name & address

(in capitals)

Tel. No.....

Witnessed by (signed)

Full name & address

(in capitals)

.....

* Enter here the actual amount you will be paying to the LDSAMRA.

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BANKERS ORDER

To: Bank

Address.....

..... Date.....

Please pay

HSBC, 69 Lowther Street, Whitehaven, CUMBRIA CA28 7AD

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of £..... (words)

commencing (date of first payment) and

thereafter every (month/year)

until (date of last payment) and debit my/our account accordingly.

Signed Date



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

DAVID ALLAN OBE	Duddon & Furness MRT, MR(E&W)
JOHN BERNARD ANDERSON	Coniston MRT
STEVE BARBER (Deceased)	Kendal MSRT, LDSAMRA & MRC
ERIC BARRINGTON	Kendal MSRT & LDSAMRA
PETER BELL	Langdale/Ambleside MRT, Stretcher Manufacturer
DAVID BINKS	Duddon & Furness MRT
Sir CHRISTIAN BONINGTON	
JOE BOOTHROYD (Deceased)	Patterdale & Penrith MRTs, LDSAMRA & MRC
ROB BROOKES	Kendal & Langdale/Ambleside MRTs
DUNCAN JAMES CAMERON (Deceased)	Coniston MRT
NELSON CLARK	Furness MRT
ROY COOKSEY MBE	Coniston MRT
STEPHE COVE	Millom FRT, Duddon & Furness MRT
JIM COYLE BEM	Cockermouth MRT
SYDNEY H. CROSS MBE (Deceased)	Langdale Mountain Rescues
Sqn Ldr LESTER DAVIES MBE (Deceased)	O.B.M.S. Ullswater
JOHN DEMPSTER MBE	Cockermouth MRT, LDSAMRA
GEORGE FISHER MBE (Deceased)	Keswick MRT
RICHARD FISHER	Keswick MRT
MALCOLM GRINDROD	Langdale/Ambleside & Coniston MRT, SARDA (Lakes)
Mrs. ADA HILLARD	
PAUL HORDER	Cockermouth & Keswick MRTs, LDSAMRA & MRC
STEWART HULSE MBE (Deceased)	Langdale/Ambleside MRT, & MRC
PETER JACKSON MBE	Millom FRT
RICHARD LONGMAN	Wasdale MRT, LDSAMRA
TOM MINTON (Deceased)	Kendal MSRT
JOHN MITCHELL	Millom FRT
MIKE MITCHELL	Kendal MSRT, COMRU & LDSAMRA
MIKE NIXON MBE	Keswick MRT
Dr. JAMES D OGILVIE (Deceased)	Patterdale MRT
DES OLIVER	Keswick MRT
BILL PATTISON MBE	Wasdale MRT
ROGER PUTNAM MBE	O.B.M.S. Eskdale
J BRYAN STILLING (Deceased)	Kendal MSRT, LDSAMRA & MRC
Lt. Col H. WESTMORELAND MBE (Deceased)	Keswick MRT
Fl. Lt. RICHARD WOOD	A Flight 202 Sqn RAF Boulmer

FOR RESCUE ASSISTANCE

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**GO TO THE NEAREST TELEPHONE
AND DIAL 999**

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ASK FOR 'MOUNTAIN RESCUE'

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**GIVE THE LOCATION (NAME & GRID
REFERENCE), TIME OF ACCIDENT,
NATURE OF INJURIES - NAME &
ADDRESS OF CASUALTY IF KNOWN**

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**STAY BY TELEPHONE UNTIL
POLICE OR RESCUE TEAM MAKE
CONTACT**