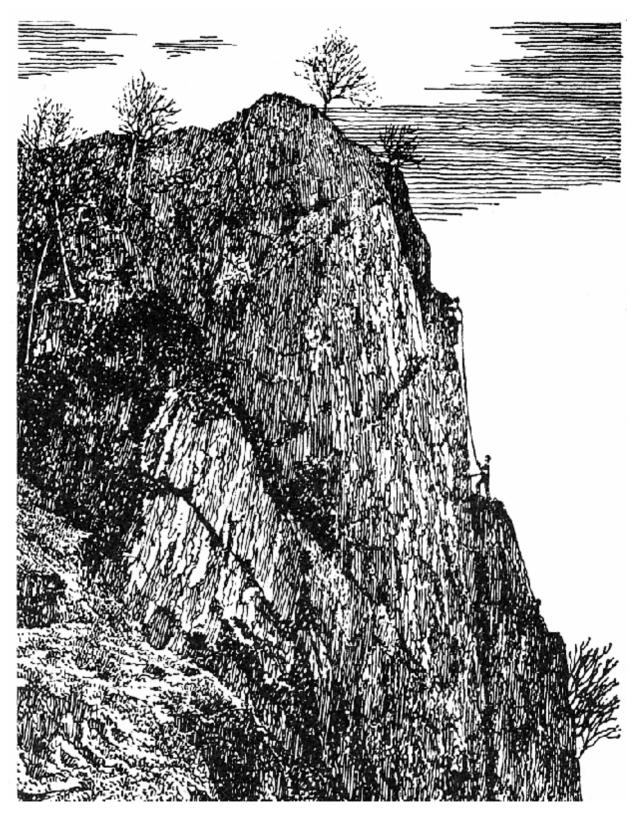
MOUNTAIN ACCIDENTS 2003





The Castle Rock of Triermain from 'Wainwright in Lakeland' and by courtesy of the Westmorland Gazette

This Report is issued by the Lake District Search and Mountain Rescue Association in the interests of all mountain users.

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

Cost £2.00

The charge is at cost price and helps us to meet the production charges of this booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE
ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

CHAIRMAN'S REPORT FOR 2003

Although we had an excellent summer as regards the weather, the fells were remarkably quiet and therefore the incidents for 2003 show no marked increase as might have been expected.

However there has been a considerable increase, of approximately 33%, in the use of helicopters at call-outs. This can largely be explained by the use of civilian Air Ambulance helicopters. Both the North West Air Ambulance and the Great North Air Ambulance and even the Lancashire Police helicopter have been regularly operational in the Lake District this year. This results in a speedier evacuation from the fells and usually a more comfortable journey for the casualty, rather than a long stretcher carry over rough ground. There can be difficulties though in the use of such assets if they are dispatched alone to incidents without the support of rescue teams. There is almost always a need to move the casualty from the scene of the accident to a place where the helicopter can land safely, therefore the rescue teams must be called out too.

There is probably a need now for the Police, Ambulance Control and the Air Ambulances to get together with LDSAMRA to establish an appropriate protocol for a call-out. Such a protocol is at present being established with regard to the use of Military helicopters, involving the Aeronautical Rescue Co-ordination Centre, the Police and ourselves.

Another increasing statistic is the use of mobile 'phones to request assistance, with 177 incidents initiated this way in 2003, for the first time it means that over 50% of calls have come from mobile 'phones. Again this leads to a quicker response to an incident. In previous years concerns have been expressed regarding inappropriate use of mobile 'phones however in 2003 there were very few complaints from team leaders.

One aspect of communication that I mentioned in my report last year, concerned the need to change our communication system to High Band VHF. Things last year looked somewhat uncertain, however I am pleased to report that, with the full co-operation of Cumbria Constabulary in drawing up proposals for a new system, events seem to be progressing well. This shows real commitment by Cumbria Constabulary. It is a small force with many calls on its limited budget, yet it has the greatest number of mountain accidents of any police authority in the British Isles. We are pleased to have such a successful working partnership that has now been in existence for over fifty years.

Returning to the subject of the warm dry weather experienced this year, this also resulted in some teams being called out to assist the Fire Service in dealing with fell fires, not a common occurrence in the Lake District.

My annual report gives me the opportunity to thank everyone who has supported the Association over the year, both financially and cooperatively, especially the Police, the Ambulance Service, the Fire Service and the helicopter crews. We have, for some time, had in the report a Distinguished Service List, recognizing those who have given active service to mountain rescue over the years. A recent addition to the list is Flight Lieutenant Richard Wood, based at RAF Boulmer, who has been the RAF Liaison Officer with LDSAMRA for the past ten years.

This year it was decided to extend the list to include those who have given exceptional support to the Association in other ways. Certificates were presented to Mrs. Ada Hillard and to Sir Christian Bonington.

Finally, all mountain rescue team members with over five years' service received the Queen's Jubilee Medal this year. Such medals had previously only been awarded to service personnel, however with the events of 911 it was decided to recognize all front line emergency services. Members were honoured to receive this award.

John Dempster (Feb 2003)

January

001 Hill Walking (2 in Party) 01/01/03 17:00 Man(19)

Liverpool, Merseyside

10901 Location: Coniston Old Man SD272978

Weather, Ground Conditions: Cold wet. Wet frozen Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Party got lost on the fell and were without lights

Outcome/Injury Details: Unhurt when located Teams, No members, Duration: Coniston 17, 3hr

002 Local Incident

03/01/03 17:55 Woman(33), Man(25) Barrow and Kendal, Cumbria

11068 Location: Corney Fell Road SD155896

Weather, Ground Conditions: Freezing frost. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: No known

Cause of Accident: Request from the police to rescue lone female whose car had left

the road.

Outcome/Injury Details: On arrival there were 2 cars off the road, both occupants unhurt

Teams, No members, Duration: Duddon & Furness 4, 11/2 hr

003 Road Traffic Accident (7 03/01/03 18:00 Three Men(NK), Four Daventry in Party) Women(NK)

11073 Location: Hardknott Pass NY227015

Weather, Ground Conditions: Light dry clear freezing bright. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: No known

Cause of Accident: Two 4x4 vehicles in difficulty on ice and unable to proceed. Elderly

female and children with party escorted down

Outcome/Injury Details: No injuries reported and vehicles recovered next day

Teams, No members, Duration: Wasdale 15, 3hr

004 Hill Walking (2 in Party) 03/01/03 18:30 Man(NK), Woman(NK)

11074 *Location:* Eskdale NY019010

Weather, Ground Conditions: NR. NR Cloth'g/Equip't/Foot'r, Experience: No known

Cause of Accident: Two fellwalkers descended into Eskdale rather than Langdale

Outcome/Injury Details: Taken to local inn where they arranged travel back to Langdale

Teams, No members, Duration: Wasdale 15, ½ hr

005 Hill Walking (Family 03/01/03 18:52 Man(65) Plymouth, Devon Party)

10907 Location: Nethermost Pike, Wythburn NY327135

Weather, Ground Conditions: Moderate fine clear cold. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped whilst descending path

Outcome/Injury Details: Fractured L tibia & fibula

Teams, No members, Duration: Keswick 19, 11/2 hr

006 Search - Non-mountain 03/01/03 23:11 Man(79)

Keswick, Cumbria

NR

10909 Location: Keswick, St Johns Churchyard NY263238

Weather, Ground Conditions: Snow very cold. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: An elderly, Alzheimer sufferer was reported missing from his nursing home

Outcome/Injury Details: Unhurt when found

Teams, No members, Duration: Keswick 22, 9hr; Cockermouth 23, 51/4 hr; SARDA (England) 6, 41/2

hr; Boulmer Helicopter

007 Hill Walking (Winter) 04/01/03 14:16 Man(60)

Halifax, W Yorkshire

10906 Location: Stickle Barn, Gt Langdale NY293065

Weather, Ground Conditions: Clear cold dry. Icy

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on ice covered footpath

Outcome/Injury Details: Fractured L ankle

Teams, No members, Duration: Langdale Ambleside 19, 3hr

008 Hill Walking (Winter) (2 04/01/03 14:20 Man(NK) in Party)

11069 Location: Black Combe SD135844

Weather, Ground Conditions: Calm clear cold. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped on ice Outcome/Injury Details: No reported injuries

Teams, No members, Duration: Duddon & Furness 21, 2hr

009 Snow/Ice Climbing (2 in 04/01/03 16:14 Man(28) Party)

Cardigan, Dyfed

NR

10920 Location: Link Cove, Scrubby Crag NY367116

Weather, Ground Conditions: Light freezing. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Climber fell from ice route

Outcome/Injury Details: Fracture / dislocation R ankle

Teams, No members, Duration: Patterdale 16, 3hr; Boulmer Helicopter

010 Hill Walking (2 in Party) 05/01/03 12:30 Man(50)

Carlisle, Cumbria

10908 Location: Grisedale Pike NY208228

Weather, Ground Conditions: Calm dry clear freezing bright. Frozen slippery

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject collapsed whilst walking

Outcome/Injury Details: FATAL - medical, cardiac aneurism

Teams, No members, Duration: Keswick 14, 13/4 hr; Leconfield Helicopter

011 Search - Mountain
(Family Party)

05/01/03 15:44 Boy(9)

Penrith, Cumbria

Workington & Seascale

(Family Party)

10921 Location: Hallin Fell, Ullswater NY434196

Weather, Ground Conditions: Light snow freezing. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: Reported inadequate

Cause of Accident: Father and son had argument and child ran off. Family searched for

an hour then called police for MR assistance

Outcome/Injury Details: Unhurt when located

Teams, No members, Duration: Patterdale 10, ½ hr

012 Rock Climbing (2 in 05/01/03 18:55 Two Men(31 & 35)

Party)
11075 Location: Great End NY223091

Weather, Ground Conditions: Moderate snow low cloud freezing frost. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Two climbers reported overdue

Outcome/Injury Details: Turned up without injury as team were leaving base

No. Date & Time Sex & Age Home Town Type Teams, No members, Duration: Wasdale 2, 1hr 06/01/03 11:15 Woman(75) 013 Local Incident (Solo) NR 11133 Location: Outgate, Hawkshead SD355998 Weather, Ground Conditions: Dry cold clear. Ice Cloth'g/Equip't/Foot'r, Experience: Not relevant Cause of Accident: Subject sustained injury while crossing farmland, assistance requested from Cumbria Ambulance Service Outcome/Injury Details: Fractured lower leg Teams, No members, Duration: Langdale Ambleside 16, 1hr 014 Hill Walking 07/01/03 11:54 Woman(58) Carlisle, Cumbria Location: Rosthwaite NY245153 10912 Weather, Ground Conditions: Moderate dry clear very cold. Icy slippery Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Subject slipped on icy track Outcome/Injury Details: Fractured wrist, fractured tibia & fibula Teams, No members, Duration: Keswick 19, 21/2 hr 015 Hill Walking (Winter) 09/01/03 14:42 Woman(52) Lancaster, Lancs Location: Troutbeck, Blue Ghyll NY430082 11134 Weather, Ground Conditions: Cold dull clear. Ice Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Subject slipped on ice-covered footpath, believed to have been there for 4 hours Outcome/Injury Details: Fractured lower leg, mild hypothermia Teams, No members, Duration: Langdale Ambleside 10, 3hr; North West Air Ambulance 016 Hill Walking 10/01/03 14:26 Man(22) Keswick, Cumbria 10913 Location: Latrigg, Wescoe NY296251 Weather, Ground Conditions: Calm dry clear cold. Icy slippery Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Subject slipped on icy path Outcome/Injury Details: Ankle injury Teams, No members, Duration: Keswick 11, 11/4 hr Hill Walking (Winter) (2 10/01/03 14:27 Woman(63) Cockermouth, Cumbria in Party) 11030 Location: Sail Beck. Buttermere NY198197 Weather, Ground Conditions: Cold dry clear sunny. Frozen Cloth'g/Equip't/Foot'r, Experience: Good footwear Cause of Accident: Subject tripped and fell on path Outcome/Injury Details: Fractured R tibia and fibula Teams, No members, Duration: Cockermouth 26, 1hr 018 Snow/Ice Climbing (2 in 11/01/03 13:20 Man(NK) Keswick, Cumbria

Party)

10922 Location: Link Cove NY368115

Weather, Ground Conditions: Calm freezing. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Climber fell 10 metres from ice route

Outcome/Injury Details: Injuries not reported

Teams, No members, Duration: Patterdale 18, 11/4 hr; RAF Leeming 3, 11/4 hr; Leconfield Helicopter

11135 Location: Dunnerbeck, Grasmere NY338074

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Requested to assist Cumbria Ambualnce Servise vehicle reported

stuck in soft ground

Outcome/Injury Details: Completed recovery without incident

Teams, No members, Duration: Langdale Ambleside 4, 1hr

020 Hill Walking (Winter)

12/01/03 18:35 Man(35)

Preston, Lancs

(Solo) 10923

Location: Crinkle Crags, Gt Langdale NY249051

Weather, Ground Conditions: Strong winds and showers. Wet, with thawing ice

Cloth'g/Equip't/Foot'r, Experience: Mostly good

Cause of Accident: Lone walker reported overdue at Langdale having set out to do the

Crinkles.

Outcome/Injury Details: Unhurt when located by search dog at Long Top area of the Crinkles

Teams, No members, Duration: Keswick 9, 5hr; Langdale Ambleside 16, 9hr; SARDA (Lakes) 6,

4hr; Wasdale 3, 7hr

021 Hill Walking

13/01/03 17:05 Man(35)

Usk, Gwent

10995 Location: Stang Glenridding Common NY356175

Weather, Ground Conditions: Moderate rain cloudy cold. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Man became disorientated descending from Helvellyn in bad

weather. Called for help from his mobile phone

Outcome/Injury Details: The man was found after a search by the team; he was cold, wet but

unhurt

Teams, No members, Duration: Patterdale 13, 2hr

022 Animal Rescue

16/01/03 13:00

10996 Location: Priests Crag, Watermillock NY429231

Weather, Ground Conditions: Calm drizzle. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Request by farmer at Dowthwaite Head Farm, to free a cragfast

ewe in-lamb

Outcome/Injury Details: Retrived without loss or injury

Teams, No members, Duration: Patterdale 3, 2hr

023 Hill Walking (2 in Party) 18/01/03 18:57 Woman(30), Man(32) Liverpool, Merseyside

11014 Location: Base Brown NY226114

Weather, Ground Conditions: Rain cold. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Party reported themselves lost and benighted

Outcome/Injury Details: Both uninjuried when located

Teams, No members, Duration: Keswick 23, 41/4 hr

024 Animal Rescue 19/01/03 10:00

11373 Location: Mellbreak NY143199

Weather, Ground Conditions: Heavy rain, high winds. Wet

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep stuck on crag

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 2, 1hr

11136 Location: Crinkle Crags, Gt Langdale NY245050

Weather, Ground Conditions: Mist sleet rain. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Party reported themselves lost in mist

Outcome/Injury Details: No injuries reported when found

Teams, No members, Duration: Langdale Ambleside 18, 5hr; SARDA (Lakes) 2, 21/2 hr

026 Hill Walking (3 in Party) 21/01/03 18:34 Three Men(20, 29 & Bourn, Lincs., Norwich, 29) Norfolk

11015 Location: Glaramara - High House Tarn NY241093

Weather, Ground Conditions: Rain cool. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Party reported themselves lost and benighted. Communication with

party only possible using text messages

Outcome/Injury Details: Unhurt when located by search dog and walked off the fells

Teams, No members, Duration: Keswick 1, 3hr; Langdale Ambleside 8, 9hr; SARDA (Lakes) 3, 31/4 hr

027 Search - Mountain 21/01/03 21:15

11138 Location: Sheffield Pike Glenridding Screes NY370175

Weather, Ground Conditions: Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Flashing light reported on fellside

Outcome/Injury Details: On investigation, nothing found; false alarm good intent

Teams, No members, Duration: Patterdale 13, 11/4 hr

028 Animal Rescue 22/01/03 12:23

11072 Location: Eel Crags, Newlands Valley NY231161

Weather, Ground Conditions: Snow cold. Icy slippery

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: 3 hounds reported to be in difficulty. One had been killed; 2 cragfast

overnight. Attempts were made to rescue the dogs but poor

conditions delayed rescue until next day

Outcome/Injury Details: 600 ft roped-descent located animals from where they were

lowered to foot of crag and safety

Teams, No members, Duration: Keswick 8, 121/2 hr

029 Local Incident (Solo) 22/01/03 15:52 Woman(58) Manchester

11137 Location: Ambleside NY377045

Weather, Ground Conditions: Wet cool. Very wet

Cloth'g/Equip't/Foot'r, Experience: All poor

Cause of Accident: Subject slipped in trainers while crossing field, assistance

requested by Cumbria Ambulance Service for evacuation

Outcome/Injury Details: Fractured L ankle

Teams, No members, Duration: Langdale Ambleside 11, 11/2 hr

030 Hill Walking (2 in Party) 23/01/03 16:30 Woman(NK), NR Man(NK)

11067 *Location:* Helvellyn, The Swirls NY323166

Weather, Ground Conditions: Calm fine clear freezing. Slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: An elderly couple lost the path and became disorientated. They

were concerned that they would run out of light

Outcome/Injury Details: No injuries reported when found

No. Date & Time Sex & Age Home Town Type Teams, No members, Duration: Keswick 2, 1hr

031 Hill Walking (Solo) 26/01/03 18:05 Man(73)

11165

Location: Hampsfield Fell, Grange SD399794

Weather, Ground Conditions: Not reported Cloth'g/Equip't/Foot'r, Experience: Mainly adequate

Cause of Accident: Subject taken ill, became confused, not fully lucid, & unable to return

on his own so stayed in shelter

Outcome/Injury Details: Walked off the hillside by Team

Teams, No members, Duration: Kendal 17, 11/2 hr

032 Search - Mountain 26/01/03 19:10 Man(29) (Solo)

Cartmel, Cumbria

Grange-over-Sands,

Cumbria

11070 Location: Chapel House Plantation SD383854

Weather, Ground Conditions: Light drizzle clear mild. Damp

Cloth'g/Equip't/Foot'r, Experience: NK, NK

Cause of Accident: Despondent reported missing from home, had phoned to say he

had taken sleeping pills

Outcome/Injury Details: Found to be overdosed on sleeping tablets

Teams, No members, Duration: Duddon & Furness 26, 4½ hr; Kendal 17, 3½ hr; SARDA (Lakes) 2,

21/4 hr

033 Hill Walking (3 Peaks Event)

27/01/03 11:30 Two Men(25 & 26), Woman(23)

London and March, Cambs.

11077 Location: Lingmell Col NY211077

Weather, Ground Conditions: Strong drizzle poor cold. Wet Cloth'g/Equip't/Foot'r, Experience: Mostly adequate, Inadequate

Cause of Accident: Three fellwalkers lost overnight on Scafell. Unable to find way off

next morning. Used mobile phone to call for assistance

Outcome/Injury Details: No injuries reported when located

Teams, No members, Duration: Wasdale 6, 51/2 hr

034 Hill Walking (2 in Party) 27/01/03 12:30 Man(31), Woman(39) Rotherham, S Yorkshire

11290 Location: Coniston Old Man (summit) SD273977

Weather, Ground Conditions: Mist low cloud. Wet

Cloth'g/Equip't/Foot'r, Experience: All good, Poor

Cause of Accident: Subject reported themselves lost in mist and separated from partner

Outcome/Injury Details: Found unharmed

Teams, No members, Duration: Coniston 12, 21/4 hr

035 Animal Rescue 29/01/03 10:25

Location: Nunnery Walks, Lazonby NY538425 11111

Weather, Ground Conditions: Dry cold overcast. Damp

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Estate worker reported his dog missing, possibly down a water

sluice previously used for water turbines

Outcome/Injury Details: Members descended into ravine (70 ft), established the dog was

not down there nor had been

Teams, No members, Duration: Penrith 1, 3hr; Cumbria Ore Mines Rescue Unit 1, 3hr

11139 *Location:* Hard Tarn, Ruthwaite Cove NY345133

Weather, Ground Conditions: Fresh freezing. Not reported

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject fell 60 m while abseiling, allegedly using pre-production

abseil device

Outcome/Injury Details: Fractured sternum, bruising to heart and lungs, fractured spine,

fractured lower leg

Teams, No members, Duration: Patterdale 13, 21/2 hr; Langdale Ambleside 3, 1/2 hr; Boulmer

Helicopter

February

037 Animal Rescue 02/02/03 09:00

11125 *Location:* Bewbarrow Crag, Swindale NY520142

Weather, Ground Conditions: Strong showers overcast cold. Very wet slippery

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported by local farmer to be cragfast

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Penrith 3, 21/2 hr

038 Animal Rescue 04/02/03 10:00

11374 Location: Proud Knott NY179121

Weather, Ground Conditions: High winds very cold. Sheet ice and snow

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Foxhound reported stuck on crag

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 3, 5hr

039 Sledging (4 in Party) 05/02/03 15:19 Man(24)

05/02/03 15:19 Man(24) Keswick, Cumbria

11171 *Location:* Latrigg NY281252

Weather, Ground Conditions: Light dry clear cold. Icy slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Sledging gone wrong!

Outcome/Injury Details: Fractured tibia Teams, No members, Duration: Keswick 9, 1hr

040 Parapenting 09/02/03 16:42 Man(39) Keswick, Cumbria

11178 Location: Seat Sandal, Grasmere NY337114

Weather, Ground Conditions: Clear dull cold dry. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Parapenter crashed into summit of Seat Sandal, cause not known

to reporter

Outcome/Injury Details: Spinal injuries

Teams, No members, Duration: Langdale Ambleside 14, 4hr; RAF Leeming 8, 4hr; Boulmer

Helicopter

041 Animal Rescue 10/02/03 15:00

11375 Location: Anglers Crag, Ennerdale NY100150

Weather, Ground Conditions: Wet windy. Wet

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported stuck on crag

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 2, 2hr

11179 *Location:* Blindtarn Cottages, Grasmere NY330070

Weather, Ground Conditions: Wet dull. Very wet

Cloth'g/Equip't/Foot'r, Experience: All poor

Cause of Accident: Subject slipped while walking on footpath

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 11, 2hr

043 Hill Walking (2 in Party) 10/02/03 16:41 Woman(39 & 39) Morecambe, Lancs.

11172 *Location:* Eskdale, Throstle Garth NY226045

Weather, Ground Conditions: Strong snow cloudy cold. Very wet slippery

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Party overcome by poor weather, lost and worried, slipped on snow

patch

Outcome/Injury Details: Found by SAR helicopter at 1230 next day suffering from mild

hypothermia and a leg injury

Teams, No members, Duration: Keswick 26, 18¾ hr; Langdale Ambleside 15, 9hr; Wasdale 31,

18hr; SARDA (Lakes) 1, 18¾ hr; SARDA (England) 6, 8hr; RAF Leeming 14, 8hr; Cockermouth 18, 8¾ hr; Duddon & Furness 18,

9½ hr; Penrith 6, 8hr; Boulmer Helicopter Valley Helicopter

044 Hill Walking 15/02/03 11:08 Woman(24) Norwich, Norfolk

11242 Location: Barf, Bishop Rock NY218264

Weather, Ground Conditions: Calm dry clear cold. Loose slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject unable to continue due to panic attack, exacerbated by boy

friend failing to return after 40 minutes looking for an escape route!

Outcome/Injury Details: No reported injuries Teams, No members, Duration: Keswick 11, 1½ hr

045 Hill Walking (Winter) 15/02/03 13:06 Man(52)

Gayton, Merseyside

Whitehaven, Cumbria

11180 Location: Wansfell Pike, Ambleside NY394042

Weather, Ground Conditions: Cold clear sunny dry. Frozen

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on steep slippery footpath

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 19, 2hr; Boulmer Helicopter

046 Hill Walking (Winter) 16/02/03 15:32 Woman(56) Glasgow, Strathclyde

11181 *Location:* Loughrigg Fell, Grasmere NY346055

Weather, Ground Conditions: Cold cloudy clear dry. Frozen

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject slipped on icy footpath

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 13, 11/2 hr

047 Hill Walking (Winter) 18/02/03 12:25 Man(52)

11183 *Location:* Stickle Ghyll, Gt Langdale NY293068

Weather, Ground Conditions: Dry cold clear. Icy, hard ground

Cloth'g/Equip't/Foot'r, Experience: All good

(Solo)

Cause of Accident: Subject reported as collapsed. Subject of numerous false alarms,

he was stretchered off the hills and handed over to the medical

services

Outcome/Injury Details: No reported injuries or medical condition

Teams, No members, Duration: Langdale Ambleside 16, 2hr

048 Hill Walking (Winter) 18/02/03 15:03 Man(60) Kendal, Cumbria

11184 Location: Red Tarn, Cold Pike, Gt Langdale NY268034

Weather, Ground Conditions: Cold clear sunny. Icy, hard ground

Cloth'g/Equip't/Foot'r, Experience: All good, NK

Cause of Accident: Subject collapsed while walking

Outcome/Injury Details: FATAL - Heart attack

Teams, No members, Duration: Langdale Ambleside 18, 21/2 hr; North West Air Ambulance

049 Animal Rescue 21/02/03 15:00

11182 *Location:* Gouther Crag, Swindale NY515128

Weather, Ground Conditions: Overcast cold dry. Damp

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported stuck on ledge of crag

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Penrith 3, 2hr

050 Hill Walking (Winter) (3 22/02/03 12:15 Man(28) in Party)

Camberley, Surrey

11193 *Location:* Helvellyn, Striding Edge NY346150

Weather, Ground Conditions: Fresh dry clear cold. Hard snow slippery

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped from narrow ridge path

Outcome/Injury Details: Fractured tibia and fibula bruising to R shoulder & elbow, cut on

head

Teams, No members, Duration: Patterdale 13, 51/4 hr; Penrith 7, 1hr; Boulmer Helicopter

051 Hill Walking (Winter) 22/02/03 13:30 Woman(26) NR

11194 *Location:* Helvellyn Lower Man NY338153

Weather, Ground Conditions: Strong dry clear cold. Hard snow slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped while walking summit plateau Outcome/Injury Details: Fractured ankle, more likely a severe sprain

Teams, No members, Duration: Patterdale 14, 21/4 hr; Penrith 12, 21/4 hr; Boulmer Helicopter

052 Water Sport (all types) 22/02/03 13:37 Man(36) Leeds

11189 *Location:* Easedale Tarn, Grasmere NY310088

Weather, Ground Conditions: Sunny clear cold. Icy frozen

Cloth'g/Equip't/Foot'r, Experience: All poor

Cause of Accident: Subject fell whilst getting dressed after swimming in the tarn

Outcome/Injury Details: Compound fracture of L tibia and fibula

Teams, No members, Duration: Langdale Ambleside 15, 21/2 hr; Boulmer Helicopter

053 Hill Walking 22/02/03 14:19 Woman(62) NR

11244 Location: Walla Crag, Big Wood NY274214

Weather, Ground Conditions: Calm dry clear cold. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject (diabetic) stumbled injuring leg; dealt with by ambulance

attending

Outcome/Injury Details: Ankle injury Teams, No members, Duration: Keswick 7, ½ hr

054 Hill Walking (Family Party)

22/02/03 15:20 Boy(8)

Todmorden, Lancs

11190 Location: Pavey Ark, Gt Langdale NY284079

Weather, Ground Conditions: Sunny clear cold fresh. Hard and icy

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped on icy ground

Outcome/Injury Details: Head injuries

Teams, No members, Duration: Langdale Ambleside 19, 3hr; Boulmer Helicopter

055 Hill Walking (2 in Party) 22/02/03 20:25 Woman(21), Man(21) Ontario, Canada

11243 Location: Walla Crag, Big Wood NY279217

Weather, Ground Conditions: Calm dry clear cold. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party lost in darkness whilst descending from Walla Crag

Outcome/Injury Details: Both unharmed when found

Teams, No members, Duration: Keswick 1, 1hr; SARDA (Lakes) 1, 1/4 hr

056 Hill Walking (5 in Party) 23/02/03 14:20 Woman(37)

Accrington, Lancs

11292 Location: Coniston Old Man (summit) SD273977

Weather, Ground Conditions: Fresh drizzle hill fog cold. Wet slippery Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject slipped on wet ground

Outcome/Injury Details: Strained ankle Teams, No members, Duration: Coniston 19, 21/4 hr

057 Rock Climbing

25/02/03 18:49

11245

Location: Gillercomb Buttress, Borrowdale NY223124

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Party of walkers saw and heard climbers shouting. The party

reported their concerns to the police and MR asked to investigate

Outcome/Injury Details: They probably heard calls of climbers completing their climb. The

crag was checked out, nothing found - false alarm good intent

Teams, No members, Duration: Keswick 15, 2hr; SARDA (Lakes) 2, 11/2 hr

March

058 Hill Walking 01/03/03 14:36 Man(46)

Kendal, Cumbria

11239

Location: Tongue Ghyll, Grasmere NY339098

Weather, Ground Conditions: Dull rain at times misty. Wet and slippery

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on wet fellside, assisted down by friends and met

by team

Outcome/Injury Details: Fractured R ankle

Teams, No members, Duration: Langdale Ambleside 14, 11/2 hr

059 Hill Walking

01/03/03 15:22 Girl(17)

Carlisle, Cumbria

11240

1 Location: Raise Beck, Dunmail Raise NY337120 Weather, Ground Conditions: Dull mist drizzle. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped and rolled down wet fellside

Outcome/Injury Details: Head injuries and C-spine tenderness

Teams, No members, Duration: Langdale Ambleside 22, 31/2 hr; Boulmer Helicopter

060 Search - Non-mountain 04/03/03 19:30 Woman(83)

Colton, Cumbria

(Solo)

11248 Location: Spark Bridge SD319848

Weather, Ground Conditions: Calm drizzle cool. Not reported

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject left old peoples home, was already confused, got lost

Outcome/Injury Details: Unhurt when found

Teams, No members, Duration: Duddon & Furness 23, 2hr; Lancashire Police Helicopter

061 Animal Rescue 05/03/03 12:00

11247 Location: Stonestar Crag SD203905

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Cragfast sheep reported by stockman

Outcome/Injury Details: Recovered sheep alive and well

Teams, No members, Duration: Duddon & Furness 3, 21/2 hr

062 Animal Rescue 05/03/03 21:43

11376 Location: Mellbreak, Raven Crag NY142199

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep (x4) stuck on crag

Outcome/Injury Details: All retrieved without loss or injury

Teams, No members, Duration: Cockermouth 2, 21/2 hr

063 Animal Rescue 06/03/03 16:00

11377 *Location:* Mellbreak, Raven Crag NY143199

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep stuck on crag just left of gully

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 2, 3hr

064 Hill Walking (Solo) 11/03/03 20:06 Man(47) Suffolk,

11241 Location: High Cup Nick, N Pennines NY740245

Weather, Ground Conditions: Cold dry. Damp

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Despondent lone walker reported intending suicide but changed his

mind and phone police for directions off the hills

Outcome/Injury Details: Located unharmed

Teams, No members, Duration: Kirkby Stephen 19, 3/4 hr

065 Water Sport (all types) 12/03/03 10:30 Man(34) W Yorkshire (3 in Party)

11757 *Location:* Glencoyne Bay, Ullswater NY386189

Weather, Ground Conditions: Light dry clear. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Diver became unwell after a dive

Outcome/Injury Details: The rescue team treated the man and he was air lifted to Liverpool,

his condition not reported

Teams, No members, Duration: Patterdale 6, 1hr; North West Air Ambulance

066 Hill Walking (4 in Party) 12/03/03 13:30 Woman(28) Staveley, Cumbria

11758 Location: Helvellyn NY343153

Weather, Ground Conditions: Cold clear sunny. Icy

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject became cragfast on icy ground

Outcome/Injury Details: Unhurt

Teams, No members, Duration: Patterdale 13, 21/4 hr; Boulmer Helicopter

067 Search - Non-mountain 15/03/03 09:30 Woman(74) Dalton, Cumbria

(Solo)

11249 Location: Dalton, Parkis Pond SD233733

Weather, Ground Conditions: Calm fine clear hot. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported missing from home for 2 days

Outcome/Injury Details: FATAL - Found in pond, presumed drowned

Teams, No members, Duration: Duddon & Furness 18, 2hr

068 Hill Walking 18/03/03 14:15 Boy(16) Appleby-in-Westmorland

11759 Location: Eagle Crag Patterdale Common NY357142

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell 15 m from crag

Outcome/Injury Details: Fractured upper arm, spinal injury

Teams, No members, Duration: Patterdale 12, 21/4 hr; Boulmer Helicopter

069 Hill Walking 20/03/03 13:00 Woman(37) Great Harwood, Lancs

11286 *Location:* Todd Crag, Loughrigg NY361040

Weather, Ground Conditions: Fine dry clear. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Adequate

Cause of Accident: Subject fell on footpath

Outcome/Injury Details: Fractured lower leg

Teams, No members, Duration: Langdale Ambleside 9, 2hr

070 Parapenting 21/03/03 16:15 Man(30) Leyburn, N Yorkshire

11260 Location: Tailbridge Hill, K Stephen NY802049

Weather, Ground Conditions: Warm clear fine. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Paraglider stalled and crashed onto steep slope

Outcome/Injury Details: General back pain and loss of sensation in legs

Teams, No members, Duration: Kirkby Stephen 15, 13/4 hr; North East Air Ambulance

071 Search - Mountain 23/03/03 09:05

11760 Location: Hallin Fell NY434196

Weather, Ground Conditions: Sunny clear dry. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Report of red flare and person waving on Hallin Fell

Outcome/Injury Details: Team searched the fell but no person was found - false alarm good

intent

Teams, No members, Duration: Patterdale 14, 2hr

072 Search - Mountain 25/03/03 20:00

11761 Location: Dove Crag, Priest Hole NY376109

Weather, Ground Conditions: Light dry clear cool. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Report of flashing lights

Outcome/Injury Details: Team investigated and found group staying in bivvy spot - false

alarm good intent

Teams, No members, Duration: Patterdale 6, 1hr

11306 Location: Scafell Pike NY193074

Weather, Ground Conditions: Light dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped while descending

Outcome/Injury Details: Fractured R ankle Teams, No members, Duration: Wasdale 16, 3¾ hr

074 Hill Walking 28/03/03 14:45 Woman(39) Manchester

11287 Location: Side Pike, Gt Langdale NY295045

Weather, Ground Conditions: Sunny warm clear. Very dry

Cloth'g/Equip't/Foot'r, Experience: Mostly good, Adequate

Cause of Accident: Subject fell on footpath and rocks

Outcome/Injury Details: Ankle injury

Teams, No members, Duration: Langdale Ambleside 17, 21/2 hr

075 Hill Walking (6 in Party) 29/03/03 15:45 Man(43) Bradford, W Yorkshire

11307 Location: Scafell Pike (summit) NY215072

Weather, Ground Conditions: Moderate dry clear cool. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject unable to continue walk, serious leg spasms

Outcome/Injury Details: No significant injury Teams, No members, Duration: Wasdale 24, 4½ hr

076 Hill Walking (2 in Party) 29/03/03 16:17 Woman(61) Cleator Moor, Cumbria

11378 Location: Ennerdale NY096150

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Adequate

Cause of Accident: Subject slipped on lakeshore footpath at end of lake

Outcome/Injury Details: Fractured L ankle

Teams, No members, Duration: Cockermouth 22, 13/4 hr

077 Rock Scrambling (5 in 31/03/03 11:40 Man(75) Woodbridge, Suffolk

Party)

11294 *Location:* Low Water Beck, Coniston SD277984

Weather, Ground Conditions: Very good. Not reported

Cloth'g/Equip't/Foot'r, Experience: All adequate, Good

Cause of Accident: Subject slipped while scrambling

Outcome/Injury Details: FATAL - multiple injuries suspected

Teams, No members, Duration: Coniston 12, 41/4 hr; Boulmer Helicopter

April

078 Search - Mountain 01/04/03 03:41

11288 Location: Mickleden, Gt Langdale NY267068

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Police received a call from a Dr Farrell reporting a 15 yrs old boy

fitting

Outcome/Injury Details: Nothing further reported - assumed to be a false alarm good intent

Teams, No members, Duration: Langdale Ambleside 14, 1hr

079 Animal Rescue 02/04/03 17:59

11379 Location: Mellbreak, Raven Crag NY142200

Weather, Ground Conditions: Clear dry. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported stuck on crag Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 5, 13/4 hr

080 Hill Walking 04/04/03 12:15 Man(69) Dunnerdale, Cumbria

11843 Location: Ulpha, Duddon Valley SD194933

Weather, Ground Conditions: Calm dry clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, NK

Cause of Accident: Subject collapsed while walking

Outcome/Injury Details: FATAL - Heart attack

Teams, No members, Duration: Duddon & Furness 10, 2hr

081 Hill Walking (8 in Party) 05/04/03 15:00 Boy(4) Leicester

11293 Location: Coniston Old Man (summit) SD273977

Weather, Ground Conditions: Calm dry clear warm bright. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject fell whilst walking

Outcome/Injury Details: Cut to forehead Teams, No members, Duration: Coniston 18, 1hr

082 Rock Scrambling 05/04/03 15:28 Girl(10) Pontefract

11296 *Location:* Bowderstone, Borrowdale NY254164

Weather, Ground Conditions: Calm dry clear cool. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell about 6 ft while scrambling

Outcome/Injury Details: Back injury Teams, No members, Duration: Keswick 17, 1hr

083 Hill Walking 05/04/03 16:15 Woman(59) Ilkley, W Yorkshire

11289 *Location:* Silver Howe, Grasmere NY330071

Weather, Ground Conditions: Dry clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on footpath

Outcome/Injury Details: Fractured lower leg

Teams, No members, Duration: Langdale Ambleside 14, 21/4 hr

084 Hill Walking (Large 08/04/03 13:07 Man(NK) NR

Party)

11380 Location: Rannerdale NY168185

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped and tumbled 250 ft down fellside Outcome/Injury Details: Fractured ribs (x5), compound fracture of nose Teams, No members, Duration: Cockermouth 25, 13/4 hr; North West Air Ambulance

085 Parapenting 08/04/03 14:28 Man(45) Tebay, Cumbria

11297 Location: Walla Crag, Borrowdale NY276212

Weather, Ground Conditions: Calm dry clear cool. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Pilot made a bad landing (into a tree) and then fell out of the tree!

Outcome/Injury Details: Fractured pelvis, shoulder injury and cracked ribs

No. Date & Time Sex & Age Home Town Type Teams, No members, Duration: Keswick 13, 2hr; Boulmer Helicopter 086 Mountain Biking (7 in 11/04/03 12:10 Woman(33) Leamington, Warwickshire Party) 11460 Location: Grisdale Forest SD305923 Weather, Ground Conditions: Calm dry clear mild. Dry Cloth'g/Equip't/Foot'r, Experience: All good, Adequate Cause of Accident: Rider was thrown from bike after hitting a pothole Outcome/Injury Details: Dislocated L elbow Teams, No members, Duration: Coniston 16, 21/2 hr 087 Hill Walking (2 in Party) 11/04/03 16:00 Man(71) Solihull, W Midlands Location: Hassness, Buttermere NY184159 11381 Weather, Ground Conditions: Dry clear sunny. Dry Cloth'g/Equip't/Foot'r, Experience: Generally adequate Cause of Accident: Subject collapsed, CPR attempted but without reviving subject Outcome/Injury Details: FATAL - Heart attack Teams, No members, Duration: Cockermouth 27, 11/2 hr; North East Air Ambulance 088 Rock Scrambling (3 in 12/04/03 13:08 Man(33) Colchester, Essex Party) 11264 Location: Blea Water, 'Birketts Gully' NY446106 Weather, Ground Conditions: Fresh dry overcast cool. Dry Cloth'g/Equip't/Foot'r, Experience: All adequate, Inadequate Cause of Accident: Party reported themselves cragfast; they were on the incorrect route from that intended Outcome/Injury Details: Lowered to safety from a 'winter route' Teams, No members, Duration: Penrith 14, 5hr 089 Local Incident 12/04/03 13:31 11382 Location: Ennerdale NY105138 Weather, Ground Conditions: Dry sunny. Dry Cloth'g/Equip't/Foot'r, Experience: Cause of Accident: Team requested to assist Cumbria Fire Service dealing with grass fires on fellside Outcome/Injury Details: Team and vehicles used to ferry personnel and equipment Teams, No members, Duration: Cockermouth 9, 41/2 hr 12/04/03 16:01 Woman(27) 090 Rock Climbing NR 11310 Location: Langstrath, Bleakhow Buttress NY273125 Weather, Ground Conditions: Calm fine clear cool bright. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Climber, leading, fell 30' landing on the ground Outcome/Injury Details: Injuries not reported Teams, No members, Duration: Keswick 17, 1hr; Leconfield Helicopter 091 Hill Walking (3 in Party) 13/04/03 13:00 Man(58) Harrogate, N Yorkshire 11295 Location: Pavey Ark, 'Jakes Rake' NY285079 Weather, Ground Conditions: Warm dry and sunny. Dry Cloth'g/Equip't/Foot'r, Experience: All good

092 Hill Walking (2 in Party) 13/04/03 13:36 Man(54)

Cause of Accident: Subject slipped on rock slab, falling 5 - 6 ft
Outcome/Injury Details: Injuries reported to leg, wrist, head with lacerations
Teams, No members, Duration: Kendal 7, 2hr; Langdale Ambleside 15, 4hr; Penrith 1, 1½ hr

Formby, Merseyside

11311 Location: Blencathra (summit) NY323277

Weather, Ground Conditions: Fresh dry broken cloud mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject collapsed whilst walking. A registered nurse gave CPR for

a while before a doctor arrived and certified death

Outcome/Injury Details: FATAL - collapse cause not reported

Teams, No members, Duration: Keswick 18, 21/2 hr; RAF Leeming 6, 2hr; Boulmer Helicopter

093 Hill Walking 13/04/03 16:45 Woman(70)

Keswick, Cumbria

11312 Location: Honister Hause - Drum House Track NY221135

Weather, Ground Conditions: Fresh dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped and tumbled

Outcome/Injury Details: Fractured wrist, 10cm flap cut in hairline, cut to bridge of nose, cuts

to L knee

Teams, No members, Duration: Keswick 20, 11/2 hr

094 Local Incident 15/04/03 14:35 Girl(9)

Salop

11318 Location: Easedale, Blind Tarn Cottage NY328083

Weather, Ground Conditions: Sunny warm clear. Dry

Cloth'g/Equip't/Foot'r, Experience: All poor

Cause of Accident: Subject fell out of a tree onto rocks

Outcome/Injury Details: Laceration / puncture wound Teams, No members, Duration: Langdale Ambleside 8, 2hr

095 Hill Walking (3 in Party) 15/04/03 16:32 Woman(47)

E Sussex

11313 Location: Causey Pike (summit) NY220208

Weather, Ground Conditions: Hot, dry, sunny. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject turned ankle whilst walking

Outcome/Injury Details: Sprained ankle Teams, No members, Duration: Keswick 19, 21/4 hr

096 Rock Climbing (2 in

15/04/03 20:05 Woman(32)

Aberdovey, Gwynedd

Party)

11314 Location: Shepherds Crag, 'Eve' NY263185

Weather, Ground Conditions: Dry, warm, still. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Climber fell 3m off first pitch

Outcome/Injury Details: Pain in back

Teams, No members, Duration: Keswick 20, 11/4 hr

097 Hill Walking (Family 16/04/03 14:15 Boy(9)

Warlingham, Surrey

Party)

11319 Location: Slaters Bridge, Lt Langdale NY312031

Weather, Ground Conditions: Sunny clear dry. Dry

Cloth'g/Equip't/Foot'r, Experience: All poor

Cause of Accident: Subject went for a 'paddle' in the beck and slipped

Outcome/Injury Details: Deep laceration to leg

Teams, No members, Duration: Langdale Ambleside 15, 21/2 hr

098 Local Incident

17/04/03 11:12

11316 Location: Barrow, Newlands NY233224

Weather, Ground Conditions: Very dry, hot, clear. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Assisted local emergency services, National Trust and National

Park staff to control a extensive heath fire

Outcome/Injury Details: Two MRTs involved in fire fighting with Cumbria Fire Services & NT

& NPA over 3 days

Teams, No members, Duration: Keswick 24, 19hr; Cockermouth 12, 8hr

099 Search - Mountain 17/04/03 13:08

11320 Location: Pavey Ark, Gt Langdale NY285078

Weather, Ground Conditions: Sunny clear dry. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: A report of a climber seen to fall from crag

Outcome/Injury Details: Search revealed nothing other than the corpse of a sheep, believed

NR

this is what the informant saw

Teams, No members, Duration: Langdale Ambleside 24, 3hr; Boulmer Helicopter

100 Hill Walking (2 in Party) 17/04/03 17:39 Man(51)

11315 *Location:* Thorneythwaite Fell NY242122

Weather, Ground Conditions: Dry, warm, clear. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject unable to continue walk, felt tired & thirsty

Outcome/Injury Details: No significant injury

Teams, No members, Duration: Keswick 20, 3hr

101 Search - Mountain 17/04/03 18:15 Woman(73) NR

11321 Location: Raise Beck, Dunmail Raise NY330118

Weather, Ground Conditions: Sunny warm clear. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported missing

Outcome/Injury Details: Unhurt when located

Teams, No members, Duration: Langdale Ambleside 15, 11/2 hr

102 Rock Scrambling (2 in 18/04/03 11:10 Man(28), Man(27) Liverpool, Merseyside

Party)

11762 Location: Greenhow End, Deepdale NY372121

Weather, Ground Conditions: Hot dry sunny. Dry

Cloth'g/Equip't/Foot'r, Experience: Mostly good

Cause of Accident: Party became cragfast after going off-route on a scramble

Outcome/Injury Details: They were located, unharmed and lowered off the crag

Teams, No members, Duration: Patterdale 17, 6hr; Langdale Ambleside 13, 3hr

103 Hill Walking (4 in Party) 18/04/03 12:30 Two Men(60 & 26) London

11327 Location: Gatherstone Beck NY184108

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Father fell on path dislocated shoulder, son fainted and hit face on

rocks

Outcome/Injury Details: Facial lacerations

Teams, No members, Duration: Wasdale 21, 4hr

11304 Location: Crinkle Crags, Gt Langdale NY249047

Weather, Ground Conditions: Fresh dry hazy hot. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject pulled large rock onto his foot

Outcome/Injury Details: Crush injury to foot

Teams, No members, Duration: Kendal 9, 5hr; Langdale Ambleside 18, 6hr; Boulmer Helicopter

105 Rock Scrambling 21/04/03 17:20 Woman(29)

Northwood

11309 Location: Crinkle Ghyll, Gt Langdale NY254048

Weather, Ground Conditions: Dull rain cool. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject was ghyll scrambling when she slipped on rocks

Outcome/Injury Details: Fracture / dislocation of patella

Teams, No members, Duration: Kendal 18, 3hr; Langdale Ambleside 17, 3½ hr

106 Hill Walking (4 in Party) 22/04/03 12:37 Man(41)

Abergele, Conwy

11383 Location: Scale Force, Crummock NY153172

Weather, Ground Conditions: Dry some cloud. Wet

Cloth'g/Equip't/Foot'r, Experience: Generally good

Cause of Accident: Subject slipped on path

Outcome/Injury Details: Sprained R ankle

Teams, No members, Duration: Cockermouth 26, 21/2 hr

107 Hill Walking (2 in Party) 22/04/03 12:50 Man(NK)

Middlesborough, Cleveland

11763 *Location:* Helvellyn NY344152

Weather, Ground Conditions: Light dry misty mild. Rough

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell whilst walking Outcome/Injury Details: FATAL - Head injurires

Teams, No members, Duration: Patterdale 14, 4hr; Boulmer Helicopter

108 Animal Rescue 23/04/03 14:00

11764 Location: Matterdale NY392223

Weather, Ground Conditions: Light dry broken cloud mild. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Report of cragfast sheep

Outcome/Injury Details: Retrieved withouit loss or injury

Teams, No members, Duration: Patterdale 2, 1hr

109 Hill Walking (3 in Party) 23/04/03 15:20 Man(89)

Preston, Lancs

11765 *Location:* Brothers Water NY402129

Weather, Ground Conditions: Dry mild. Dry Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject became unwell on walk, unable to continue

Outcome/Injury Details: Angina diagnosed Teams, No members, Duration: Patterdale 8, 1½ hr

110 Search - Non-mountain 23/04/03 17:38 Girl(16) (Solo)

NR

11322 Location: New Dungeon Ghyll, Gt Langdale NY295065

Weather, Ground Conditions: Hot dry clear. Dry

Cloth'g/Equip't/Foot'r, Experience: Not nown

Cause of Accident: Subject reported missing from a party on a day trip

Outcome/Injury Details: Unhurt when located

No. Date & Time Sex & Age Home Town Type Teams, No members, Duration: Langdale Ambleside 17, 1½ hr; SARDA (Lakes) 2, 1hr 24/04/03 15:11 Boy(11) 111 Hill Walking NR 11424 Location: Crinkle Crags, Gt Langdale NY250053 Weather, Ground Conditions: Not reported. Not reported Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject reported separated from remainder of party when he was allowed to walk too far ahead of group Outcome/Injury Details: Unhurt when located in the valley Teams, No members, Duration: Langdale Ambleside 8, 21/2 hr; SARDA (Lakes) 2, 1hr Carnforth, Cumbria 112 Hill Walking 25/04/03 18:45 Man(37) 11766 Location: Helvellyn, Red Tarn NY346152 Weather, Ground Conditions: Fresh rain broken cloud cool. Wet Cloth'q/Equip't/Foot'r, Experience: Mostly adequate or better Cause of Accident: Subject unable to continue with walk Outcome/Injury Details: Mild hyphothemia Teams, No members, Duration: Patterdale 15, 4½ hr; Gannet Helicopter 113 Hill Walking (Solo) 26/04/03 11:45 Man(NK) **Ulverston, Cumbria** 11844 Location: The Hoad, Ulverston SD293788 Weather, Ground Conditions: Calm dry clear mild. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject taken ill and unable to continue walk Outcome/Injury Details: Stroke - assisted Cumbria Ambulance Service to carry him off the hill Teams, No members, Duration: Duddon & Furness 13, 3/4 hr 114 Hill Walking (2 in Party) 26/04/03 13:00 Man(18) Cleveland Location: Nethermost Cove NY344147 11767 Weather, Ground Conditions: Light dry hill fog mild. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject slipped and fell 20m Outcome/Injury Details: Back, knee injury Teams, No members, Duration: Patterdale 17, 3hr; Boulmer Helicopter 115 Hill Walking (2 in Party) 26/04/03 17:45 Man(34), Woman(37) Camberly, Surrey 11461 Location: Great How Crag SD276999 Weather, Ground Conditions: Light passing showers broken cloud cool. Damp slippery Cloth'g/Equip't/Foot'r, Experience: All inadequate Cause of Accident: Party bacame cragfast following an error in navigation Outcome/Injury Details: Assisted to safe ground, unharmed Teams, No members, Duration: Coniston 21, 3½ hr; RAF Stafford 4, 3½ hr; Valley Helicopter 116 Hill Walking 26/04/03 17:46 Woman(36) Southampton Location: High Close - Silver Howe, Grasmere NY328058 11425 Weather, Ground Conditions: Wet dull. Wet Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Subject stumbled while walking Outcome/Injury Details: Fractured ankle Teams, No members, Duration: Langdale Ambleside 22, 21/2 hr Calne, Wilts. 117 Hill Walking (3 in Party) 27/04/03 01:00 Three Men(29, 52 & Backbarrow, Cumbria & NK) **Bristol**

11328 Location: Scafell Pike NY210069

Weather, Ground Conditions: Fresh drizzle cloudy cold. Wet Cloth'g/Equip't/Foot'r, Experience: Mostly adequate, Inadequate

Cause of Accident: Party became separated and benighted

Outcome/Injury Details: No injuries reported when found

Teams, No members, Duration: Wasdale 17, 6hr; SARDA (Lakes) 6, ½ hr; Keswick 7, 3½ hr

118 Hill Walking (3 in Party) 27/04/03 16:10 Woman(64)

Liverpool, Merseyside

11462 Location: Coppermines Valley, Coniston SD292984

Weather, Ground Conditions: Calm passing showers clear cool. Damp

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped on rocky path Outcome/Injury Details: Fractured L wrist (Collies)

Teams, No members, Duration: Coniston 18, 1hr

119 Hill Walking (Large

28/04/03 17:10 14 Men(NK)

Gateshead

Party)

11329 Location: Broad Crag NY219074

Weather, Ground Conditions: Strong rain poor very cold. Very wet

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Party reported lost in low cloud and benighted. No torches

Outcome/Injury Details: Unharmed when located

Teams, No members, Duration: Wasdale 15, 4hr

May

120 Hill Walking (3 in Party) 01/05/03 00:09 Man(21), two Boys(15 & 16)

Nottingham

11391 Location: Base Brown, Taylorgill NY228111

Weather, Ground Conditions: Rain. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party got off route on the descent of Taylorgill and climbed into

further difficulties, reported overdue. Part of a group of 60 youths

Outcome/Injury Details: No injuries reported when located

Teams. No members. Duration: Keswick 13, 43/4 hr

121 Hill Walking (Solo)

01/05/03 11:18 Man(NK)

NR

11444 *Location:* Easedale Tran, Grasmere NY309087

Weather, Ground Conditions: Clear warm sunny. Dry

Cloth'a/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported by passer-by as half-dressed and in a distressed

state

Outcome/Injury Details: Unhurt; located and escorted off the hill and handed over to the

authorities

Teams, No members, Duration: Langdale Ambleside 7, 3½ hr

122 Hill Walking (2 in Party) 01/05/03 16:45 Woman(68)

Rugby, Warwickshire

11991 Location: Anglers Crag, Ennerdale NY109143

Weather, Ground Conditions: Clear dry cool sunny. Mostly dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject tripped on lakeside path

Outcome/Injury Details: Sprained R ankle Teams, No members, Duration: Cockermouth 22, 3hr

11990 Location: Great Round How, Buttermere NY207128

Weather, Ground Conditions: Fine dry. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported stuck on crags Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 1, 2hr

124 Hill Walking 03/05/03 12:17 Woman(70) Sunderland, Tyne & Wear

11392 Location: Castle Crag, Borrowdale NY243153

Weather, Ground Conditions: Fresh dry clear mild. Damp slippery

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped on rocky path Outcome/Injury Details: Gash to L calf - large flap of skin

Teams, No members, Duration: Keswick 14, 2hr; Leconfield Helicopter

125 Hill Walking (2 in Party) 03/05/03 15:00 Two Men(30 & NK) NR

11463 Location: Great How Crags (summit) SD278999 Weather, Ground Conditions: Strong heavy rain poor cold. Very wet

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Party reported lost due to poor navigation

Outcome/Injury Details: Search initiated by 3 team members but party had been found by

other fellwalkers and guided to safety

Teams, No members, Duration: Coniston 4, 3hr

126 Hill Walking (Large 03/05/03 19:42 Woman(41) Northampton Party)

11393

Location: Bakestall, Dead Crags NY263313

Weather, Ground Conditions: Rain cold. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: A party of youth cadets unable to continue and went to ground in

poor weather when one of their number suffered back problems

Outcome/Injury Details: Severe muscle spasms in back

Teams, No members, Duration: Keswick 22, 3hr

127 Animal Rescue 08/05/03 15:00

11451 Location: Nenthead NY788429

Weather, Ground Conditions: Dry clear. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Dog reported missing, located in filled-in water leat

Outcome/Injury Details: Requested by police to extract animal as Fire Service and RSPCA

unable to access

Teams, No members, Duration: Cumbria Ore Mines Rescue Unit 2, 2hr

128 Hill Walking (8 in Party) 10/05/03 14:25 Woman(42) Rossendale, Lancs
11768 Location: Helvellyn, Swirral Edge NY341151

Weather, Ground Conditions: Moderate dry clear cool. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject collapsed

Outcome/Injury Details: Fainted, leg cramps

Teams, No members, Duration: Patterdale 16, 21/2 hr; Boulmer Helicopter

129 Hill Walking 10/05/03 14:55 Girl(13) Rochdale, Lancs

No. Type Date & Time Sex & Age Home Town 11426 Location: Spedding - Dow Crags, Gt Langdale NY326058 Weather, Ground Conditions: Bright sunny damp. Damp drying Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Subject slipped on wet fellside Outcome/Injury Details: Twisted ankle Teams, No members, Duration: Langdale Ambleside 18, 21/2 hr 130 Mountain Biking (4 in 10/05/03 18:40 Woman(24) Derby Party) Location: Ullswater, Silver Bay NY400186 11769 Weather, Ground Conditions: Moderate dry clear cool. Rough Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Rider fell from his bike Outcome/Injury Details: Hip and lower back injury Teams, No members, Duration: Patterdale 14, 13/4 hr 131 Hill Walking (2 in Party) 11/05/03 10:30 Woman(NK) Motherwell 11330 Location: Piers Gill NY212082 Weather, Ground Conditions: Fresh dry clear cool. Wet Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate Cause of Accident: Party strayed into deep gorge, becoming cragfast and benighted for 17 hours Outcome/Injury Details: Next morning one of party climbed out to raise alarm - no reported injuries Teams, No members, Duration: Wasdale 25, 4hr 132 Rock Climbing 11/05/03 11:15 Boy(17) Distington, Cumbria 11394 Location: Bowderstone, Borrowdale NY253167 Weather, Ground Conditions: Not reported. Not reported Cloth'a/Equip't/Foot'r, Experience: Not known Cause of Accident: Leader fall of 20 ft, ripping out runner and landing on the ground whilst climbing 'Wodens Face Direct' Outcome/Injury Details: Fractured both wrists, cuts and bruises Teams, No members, Duration: Keswick 21, 11/4 hr 133 Motor Sport (4 in Party) 11/05/03 16:37 Man(36) Richmond, N Yorkshire Location: Swardale Fell, K Stephen NY730063 11372 Weather, Ground Conditions: Fine clear dry warm. Firm damp Cloth'g/Equip't/Foot'r, Experience: All good, Good Cause of Accident: Rider thrown from bike over handlebars when bike hit a bump Outcome/Injury Details: Fractured L wrist Teams, No members, Duration: Kirkby Stephen 14, 11/2 hr 134 Hill Walking (2 in Party) 13/05/03 12:50 Man(69) **Dronfield** 11574 Location: Kirk Fell NY195105 Weather, Ground Conditions: Strong hail cloudy cold. Damp

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject collapsed whilst walking

Outcome/Injury Details: Heart attack

Teams, No members, Duration: Wasdale 22, 3hr; Boulmer Helicopter

135 Rock Climbing (2 in 15/05/03 18:10 Woman(22), Man(NK) NR Party)

11464 Location: Dow Crag (B Buttress) SD264977

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Lead climber pulled a piece of loose rock from the craq face and

fell 20ft to the floor. The loose flake hit the 2nd climber causing head

injuries

Outcome/Injury Details: Fractured arm and head injuries, both legs fractured

Teams, No members, Duration: Coniston 16, 41/2 hr; Boulmer Helicopter

136 Hill Walking 17/05/03 17:30 Man(NK) NR

11575 Location: Scafell Pike NY213077

Weather, Ground Conditions: Moderate drizzle hill fog cool. Damp

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported as being lost and confused

Outcome/Injury Details: Declined assistance Teams, No members, Duration: Wasdale 5, 3hr

137 Hill Walking (2 in Party) 17/05/03 20:45

11770 *Location:* Brothers Water NY401129

Weather, Ground Conditions: Light dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Party reported overdue from a walk

Outcome/Injury Details: They turned up safe and well

Teams, No members, Duration: Patterdale 3, 1hr

138 Hill Walking 18/05/03 13:20 Woman(54) Altringham, Cheshire

11427 Location: Scandale Valley, Ambleside NY381084

Weather, Ground Conditions: Wet dull. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on wet grass

Outcome/Injury Details: Fractured L ankle

Teams, No members, Duration: Langdale Ambleside 12, 21/2 hr

139 Hill Walking (2 in Party) 20/05/03 22:50 Two Men(NK) NR

11577 Location: Piers Gill NY214085

Weather, Ground Conditions: NR. NR Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party reported as overdue

Outcome/Injury Details: Turned up safe and well shortly after search started

Teams, No members, Duration: Wasdale 3, 1hr

140 Hill Walking (2 in Party) 22/05/03 22:00 Two Men(NK) NR

11576 Location: Scafell Pike NY215074

Weather, Ground Conditions: NR. NR Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party reported as being overdue

Outcome/Injury Details: Turned up following short search, no reported injuries

Teams, No members, Duration: Wasdale 2, 1hr

141 Animal Rescue (2 in 24/05/03 13:20 Party)

11465 Location: Coniston Old Man (High Quarries) SD275979

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: 2 dogs fell down mine shaft whilst walking with their owners

Outcome/Injury Details: One reported dead, the other unhurt

Teams, No members, Duration: Coniston 8, 3hr

Breedon-on-the-Hill, Derby

11428 Location: Bell Grange, Claife Heights SD385988

Weather, Ground Conditions: Dry clear. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

142 Hill Walking

Cause of Accident: Subject tripped over rock on stony path

24/05/03 16:20 Man(49)

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 15, 2hr

143 Hill Walking 25/05/03 12:15 Woman(64) Ely, Cambs

11429 Location: Lowood Hotel, Ambleside NY391025

Weather, Ground Conditions: Good clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Good to poor

Cause of Accident: Subject slipped on a footpath, assistance requested from Cumbria

Ambulance Service

Outcome/Injury Details: Injury to R ankle

Teams, No members, Duration: Langdale Ambleside 11, 11/2 hr

144 Hill Walking (3 in Party) 25/05/03 16:00 Woman(70) NR

11420 Location: Manesty, Borrowdale NY253205

Weather, Ground Conditions: Calm fine clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Lady (70 yrs) slipped on tree roots. Ambulance called to scene

unable to evacuate so called for assistance

Outcome/Injury Details: Fractured neck of femur

Teams, No members, Duration: Keswick 13, 13/4 hr

145 Hill Walking (4 in Party) 25/05/03 16:50 Two Women(23 & London NK)

11421 *Location:* Catbells, Borrowdale NY247202

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Good to poor, Poor

Cause of Accident: Party included a baby in a buggy, decided to stroll up Catbells. They

got so far, then realised it was a bit steep for a buggy. Baby wasn't

impressed, and all were too scared to descend

Outcome/Injury Details: Baby carried and remainder of party escorted to safety

Teams, No members, Duration: Keswick 1, 1hr

146 Hill Walking (Large 26/05/03 17:15 Girl(14) Party)

Cheltenham, Glos

11771 Location: Greenside Mine, Glenridding NY366174 Weather, Ground Conditions: Light dry overcast mild. Dry

Weather, Ordana Conditions. Light dry Overeast mila.

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject tripped walking on track

Outcome/Injury Details: Sprained ankle Teams, No members, Duration: Patterdale 4, ½ hr

147 Hill Walking (Solo) 28/05/03 12:28 Boy(13)

London

11443 Location: Silver Howe - High Close NY335058

Weather, Ground Conditions: Warm clear sunny. Wet in places

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject wandered off from family group and was reported missing

Outcome/Injury Details: No reported injuries when located

Teams, No members, Duration: Langdale Ambleside 12, 2hr; SARDA (Lakes) 2, 1hr

148 Hill Walking (5 in Party) 29/05/03 13:00 Boy(7)

Lemmington Spa, Warwickshire

11772 Location: Glenridding Common NY355160

Weather, Ground Conditions: Calm fine clear. Damp

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell over on footpath

Outcome/Injury Details: Unhurt

Teams, No members, Duration: Patterdale 10, 1hr

149 Hill Walking (Solo) 30/09

30/05/03 09:30 Man(38)

Australia

11773 Location: High Street NY441111

Weather, Ground Conditions: Calm dry cloudy hot. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported missing after failure to pick up car from B&B

Outcome/Injury Details: Turned up safe at another B&B

Teams, No members, Duration: Patterdale 3, 11/2 hr

150 Hill Walking (3 in Party) 30/05/03 12:12 Woman(53)

Vancouver, Canada

11992 *Location:* Anglers Crag, Ennerdale NY100149

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Barely adequate

Cause of Accident: Coast -to- Coast walker fell on loose ground

Outcome/Injury Details: Fractured L lower leg Teams, No members, Duration: Cockermouth 20, 2hr

151 Hill Walking (7 in Party) 30/05/03 13:23 Girl(9)

Bowness -on-

Windermere, Cumbria

11440 Location: III Bell. Kentmere SD437078

Weather, Ground Conditions: Calm dry clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject injured when stone dislodged from cairn. It was reported

that the finger was nearly severed

Outcome/Injury Details: Crushed finger

Teams, No members, Duration: Kendal 7, 2hr; Langdale Ambleside 16, 3½ hr; Boulmer Helicopter

152 Fell Running (4 in Party) 30/05/03 21:10 Man(70)

Lancaster, Lancs

11419 Location: Ullscarf NY298122

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Fell runner (years of experience) collapsed without warning.

Companions immediately commenced CPR and team used AED,

both without success

Outcome/Injury Details: FATAL - cause not known at this point Teams, No members, Duration: Keswick 19, 3hr; Boulmer Helicopter

June

153 Hill Walking 01/06/03 11:52 Man(45)

Chester-le-Street, Durham

11447 *Location:* Brock Crags, Ambleside NY308070

Weather, Ground Conditions: Clear dry warm. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject stumbles whilst descending

Outcome/Injury Details: Fractured L ankle

Teams, No members, Duration: Langdale Ambleside 15, 21/2 hr

154 Hill Walking (Organised 01/06/03 12:30 Boy(11) Event)

Windermere, Cumbria

11445 Location: Kirkby Stephen NY775085

Weather, Ground Conditions: Clear hot fine. Dry Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Young competitor became separated from parents in long distance

walk

Outcome/Injury Details: Turned up safe and well Teams, No members, Duration: Kirkby Stephen 1, 3/4 hr

155 Hill Walking

01/06/03 13:10 Woman(53)

Thornton Cleveleys, Lancs

11438 *Location:* Grains Gill, White Bridge NY235098

Weather, Ground Conditions: Warm and sunny. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject was trying to catch a plastic bag which had blown out of her

rucksac, she tripped

Outcome/Injury Details: Fractured ankle Teams, No members, Duration: Keswick 25, 3hr

156 Hill Walking (4 in Party) 01/06/03 15:00 Woman(76)

Penrith, Cumbria

11774 Location: Sticks Pass NY346182

Weather, Ground Conditions: Calm dry clear warm. Loose

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject collasped while walking footpath

Outcome/Injury Details: Heart attack

Teams, No members, Duration: Patterdale 17, 23/4 hr; Boulmer Helicopter

157 Hill Walking (Organised 01/06/03 15:15 Woman(30) Event)

Appleby-in-Wesmorland, Cumbria

11446 Location: Nine Standards Rigg NY825064

Weather, Ground Conditions: Hot clear fine. Dry Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Competitor unable to continue due to recurrent injury

Outcome/Injury Details: Severe pain and immobile L knee

Teams, No members, Duration: Kirkby Stephen 4, 3/4 hr

158 Hill Walking (2 in Party) 01/06/03 15:30 Man(63)

Liverpool, Merseyside

11466 Location: Tilberthwaite SD310021

Weather, Ground Conditions: Calm fine clear hot. Dry Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Rambler collapsed whilst walking on path

Outcome/Injury Details: FATAL - Heart attack Teams, No members, Duration: Coniston 16, 1½ hr

159 Hill Walking (4 in Party) 03/06/03 16:30 Man(20)

Bolton, G Manchester

11467 Location: Coniston Old Man (Low Water) SD278980

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject became separated from his friends who reported him lost Outcome/Injury Details: When located he had made his own way down off the fellside and

Date & Time Home Town No. Sex & Age Type

was found in a pub in Coniston

Teams, No members, Duration: Coniston 16, 1hr

160 Hill Walking (Solo) 04/06/03 20:30 Man(73) Grimsby, Humberside

11439 Location: Greenup Edge NY298109

Weather, Ground Conditions: Showers, patchy hillfog. Wet

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Coast-to-Coast walker became lost and raised alarm by his mobile

phone.

Outcome/Injury Details: Search resulted in finding subject safe and well on Greenup Edge

Teams, No members, Duration: Keswick 16, 5½ hr; Langdale Ambleside 11, 3hr; SARDA (Lakes)

2, 5hr

161 Hill Walking (2 in Party) 06/06/03 15:55 Woman(64)

Telford, Shropshire

Location: Tarn Hows, Coniston SD327999 11468

Weather, Ground Conditions: Passing showers clear mild. Wet

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped on wet rock whilst on footpath

Outcome/Injury Details: Fractured leg

Teams, No members, Duration: Coniston 14, 11/2 hr

162 Hill Walking 07/06/03 13:25 Man(56) NR

11448 Location: Orton, Tebay NY617100

Weather, Ground Conditions: Clear fair hot. Firm dry

Cloth'a/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped on stile, evacuated from hill on farmer's quad bike

Outcome/Injury Details: Severe laceration to leg Teams, No members, Duration: Kirkby Stephen 10, 1hr

163 Hill Walking (2 in Party) 07/06/03 16:12 Woman(49)

Howden

Location: Walla Crag, Borrowdale NY281217 11441

Weather, Ground Conditions: Light dry broken cloud warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Generally poor

Cause of Accident: Subject stumbled on steep path

Outcome/Injury Details: Fractured R tibia & fibula

Teams, No members, Duration: Keswick 16, 2hr

164 Animal Rescue 08/06/03 13:00 Location: Pillar NY171121 11993

Weather, Ground Conditions: Wet low cloud. Very slippery

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep and lamb stuck on crag ledge

Outcome/Injury Details: Both lowered to safety without loss or injury

Teams, No members, Duration: Cockermouth 4, 2hr

165 Orienteering (Solo) 08/06/03 14:25 Girl(13) **Bolton, Lancs**

11846 Location: Finsthwaite Hall SD365873

Weather, Ground Conditions: Heavy rain. Not reported

Cloth'g/Equip't/Foot'r, Experience: All adequate, Inadequate

Cause of Accident: Subject reported overdue by 1 hour on orienteering course

Outcome/Injury Details: Unhurt when located

Teams, No members, Duration: Duddon & Furness 16, 1hr

11449 *Location:* Brotherilkeld NY212014

Weather, Ground Conditions: Clear cool. Wet Cloth'g/Equip't/Foot'r, Experience: All good, Adequate

Cause of Accident: Subject reported overdue from walk

Outcome/Injury Details: Unhurt when found

Teams, No members, Duration: Langdale Ambleside 1, 5hr; Keswick 11, 3½ hr; SARDA (Lakes) 8,

21/2 hr; Boulmer Helicopter

167 Hill Walking 10/06/03 3.:30 Boy(13) Dover, Kent

11479 Location: Grisedale Pike, (below Lanty Well) NY213228

Weather, Ground Conditions: Light passing showers broken cloud mild. Damp

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject suffered a seizure while walking. He recovered

consciousness before the team arrived and was carried down the

hill

Outcome/Injury Details: Epilectic seizure suspected

Teams, No members, Duration: Keswick 18, 2hr

168 Hill Walking (4 in Party) 14/06/03 18:45 Four Men(NK) NR

11578 *Location:* Scafell, Corridor Route NY220085

Weather, Ground Conditions: NR. NR Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party reported themselves lost on mobile phone. Team leader

gave directions before starting search

Outcome/Injury Details: Party reached safety without further assistance

Teams, No members, Duration: Wasdale 1, 11/2 hr

169 Fishing (Solo) 15/06/03 23:10 Man(24) Cumbria

11845 Location: Duddon Sands SD209774

Weather, Ground Conditions: Calm fine mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject had been fishing with friends who reported him missing

several hours later.

Outcome/Injury Details: FATAL - drowned when found by lifeboat approx 36 hours later

Teams, No members, Duration: Duddon & Furness 17, 5hr

170 Hill Walking 16/06/03 18:00 Man(54) Derby

11579 Location: Scafell Pike NY203071

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Male slipped while descending. Assisted for some distance by

passer-by before team called out to carry down

Outcome/Injury Details: Fractured L ankle Teams. No members. Duration: Wasdale 25, 3hr

171 Hill Walking (Large 19/06/03 20:00 Woman(NK) NR Party)

11580 Location: Upper Eskdale NY228067

Weather, Ground Conditions: Light passing showers clear cool. Very wet

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell in bog, became cold and distressed.

Outcome/Injury Details: Subject decided to spend night in tent following advice from team

doctor after assessment

Teams, No members, Duration: Wasdale 24, 4hr

Home Town No. Date & Time Sex & Age Type 20/06/03 12:00 172 Animal Rescue Location: Grisedale, Eagle Crag NY356141 11777 Weather, Ground Conditions: NR. NR. Cloth'g/Equip't/Foot'r, Experience: Cause of Accident: 2 sheep reported cragfast Outcome/Injury Details: Retrieved without loss or injury Teams, No members, Duration: Patterdale 2, 1hr 173 Animal Rescue 20/06/03 13:30 11501 Location: Hellgill, Mallerstang NY787985 Weather, Ground Conditions: Fine dry. Firm dry Cloth'g/Equip't/Foot'r, Experience: Cause of Accident: Lamb reported in base of exposed shake hole Outcome/Injury Details: Retrieved without loss or injury Teams, No members, Duration: Kirkby Stephen 3, 1hr 174 Water Sport (all types) 21/06/03 10:55 Man(66) Baildon, W Yorkshire Location: Ullswater, Devils Chimney NY394178 11778 Weather, Ground Conditions: Calm dry clear mild. Wet Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject fell while getting out of a boat Outcome/Injury Details: Fractured ankle Teams, No members, Duration: Patterdale 6, 13/4 hr 175 Hill Walking (Ramblers) 21/06/03 14:40 Man(48) NR 11480 Location: Helvellyn Summit NY343149 Weather, Ground Conditions: Not reported. Not reported Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject was reported to be feeling ill and no better after 45 minutes: he was unable to continue Outcome/Injury Details: History of hypertension - he was taken by helicopter to Carlisle Infirmary Teams, No members, Duration: Keswick 21, 1hr; Boulmer Helicopter 176 Hill Walking 21/06/03 22:30 Boy(12) Solihull, W Midlands 11776 Location: Patterdale, Beckstones NY403150 Weather, Ground Conditions: Dry fine warm. Rough Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject tripped over on footpath Outcome/Injury Details: Lacerated L knee, grazed arm Teams, No members, Duration: Patterdale 4, 11/2 hr 177 Hill Walking (3 in Party) 22/06/03 19:00 Man(NK) NR 11581 Location: Scafell Pike NY200073 Weather, Ground Conditions: Light dry clear mild. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Father and 7 year old boy became separated from rest of party Outcome/Injury Details: Turned up unharmed as search was being starting Teams, No members, Duration: Wasdale 15, 3/4 hr 178 Local Incident (Large 22/06/03 19:30 Man(80) NR

Party)

No. Date & Time Sex & Age Home Town Type

11582 Location: Wastwater (lakeside) NY170068

Weather, Ground Conditions: Calm dry clear mild. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject wandered away from party and was away for over 1 hour

Outcome/Injury Details: Found by team in the area on another incident, unharmed

Teams, No members, Duration: Wasdale 12, 1/2 hr

179 Hill Walking (Family

22/06/03 19:49 Woman(57)

Madison, Wisconsin, USA

Party)

Location: Sheep Crag, Gt Langdale NY230060 11483

Weather, Ground Conditions: Dull cool dry. Dry - wet in places

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject fell whilst walking along footpath

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 16, 21/2 hr

180 Hill Walking (2 in Party) 23/06/03 10:30 Man(36), Woman(NK) NR

11583 Location: Scafell Pike, Pikes Crag NY210072

Weather, Ground Conditions: Moderate dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party in 3 Peaks Yacht Race mistook descent route. Male fell 30'

and female companion became cragfast

Outcome/Injury Details: Both removed to place of safety, no injuries reported

Teams, No members, Duration: Wasdale 20, 4hr; Boulmer Helicopter

181 Hill Walking 23/06/03 14:30

11584 Location: Scafell, Shamrock NY205070

Weather, Ground Conditions: Moderate dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Shouts for help heard whilst on previous incident (11583)

Outcome/Injury Details: Thorough search involving MRT and helicopter revealed nothing -

false alarm good intent

Teams, No members, Duration: Wasdale 26, 2hr; Boulmer Helicopter

182 Hill Walking (6 in Party) 23/06/03 14:46 Girl(16)

Preston, Lancs

11475

Location: Sandside, Milnethorpe SD485805

Weather, Ground Conditions: Calm dry clear hot. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject slipped on rock

Outcome/Injury Details: Fractured R ankle

Teams, No members, Duration: Kendal 10, 1½ hr; Langdale Ambleside 5, 1hr; North West Air

Ambulance

183 Hill Walking (Family

23/06/03 16:45 Woman(44)

NR

Party)

11585

Location: Scafell Pike, Hollowstones NY206072

Weather, Ground Conditions: Light dry broken cloud mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell while descending

Outcome/Injury Details: Fractured L lower leg

Teams, No members, Duration: Wasdale 24, 3hr; Gannet Helicopter

11488 Location: Helm Crag - Greenup Edge NY314102

Weather, Ground Conditions: Hot sunny dry clear. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject stumbled on footpath (Coast-to-Coast); team alerted by

passing walker

Outcome/Injury Details: R knee injury

Teams, No members, Duration: Langdale Ambleside 9, 3½ hr; Boulmer Helicopter

185 Hill Walking 28/06/03 17:01 Woman(22) Hull, Humberside

11476 *Location:* Great Rigg, Fairfield NY335097

Weather, Ground Conditions: Calm dry clear hot bright. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Walker complaining of abdominal pains, unable to continue.

Original grid given was 2.5k adrift causing delay to casualty.

Helicopter called for evacuation

Outcome/Injury Details: Severe abdominal pain

Teams, No members, Duration: Kendal 13, 21/2 hr; Langdale Ambleside 14, 41/2 hr; Boulmer

Helicopter

186 Hill Walking (2 in Party) 29/06/03 12:25 Woman(61)

Cleator Moor, Cumbria

11779 Location: Caiston Beck, Patterdale NY395103
Weather, Ground Conditions: Fine dry warm. Rough

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped from the footpath

Outcome/Injury Details: Head injury

Teams, No members, Duration: Patterdale 17, 11/4 hr

187 Mountain Biking (4 in 29/06/03 16:30 Man(54) Durham Party)

11477 Location: Bowderdale Bridleway SD677980

Weather, Ground Conditions: Light dry clear warm bright. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Mountain biker fell whilst decending bridleway

Outcome/Injury Details: L tibia laceration to depth of bone, mild hypothermia

Teams, No members, Duration: Kendal 16, 21/2 hr; North West Air Ambulance

188 Hill Walking (Solo) 30/06/03 23:50 Man(59) Morecambe, Lancs

11481 Location: Upper Esk NY220053

Weather, Ground Conditions: Fresh rain hill fog mild. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: Generally good, Good

Cause of Accident: Subject reported overdue by his wife. Car found at the ODG

Outcome/Injury Details: Found by search dog at 16:30, walking wounded with minor head

injury. Airlifted to hospital

Teams, No members, Duration: Keswick 12, 7hr; Langdale Ambleside 18, 11hr; Wasdale 12, 7hr;

SARDA (Lakes) 10, 6hr; Valley Helicopter

July

189 Search - Non-mountain 02/07/03 14:15 Woman(71) (Solo)

NR

11497 Location: Grasmere NY336076

Weather, Ground Conditions: Fine warm good. Wet

Cloth'g/Equip't/Foot'r, Experience: NK, NK

Cause of Accident: Vulnerable reported missing from garden centre

Outcome/Injury Details: Located safe and well on nearby farm

No. Date & Time Sex & Age Home Town Type Teams, No members, Duration: Langdale Ambleside 11, 11/2 hr; SARDA (Lakes) 2, 2hr 190 Animal Rescue 04/07/03 10:30 12038 Location: Riggindale NY463114 Weather, Ground Conditions: Fine. Dry Cloth'g/Equip't/Foot'r, Experience: Cause of Accident: Farmer reported some sheep stuck on crag adjacent to nesting eagles Outcome/Injury Details: All retrieved without loss or injury Teams, No members, Duration: Penrith 2, 3hr 191 Mountain Biking (3 in 04/07/03 16:34 Woman(39) York Party) 11508 Location: Glenderaterra Valley, Keswick NY292281 Weather, Ground Conditions: Calm dry clear warm. Dry Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Rider came to a sudden stop and fell off her bike Outcome/Injury Details: Fractured ankle Teams, No members, Duration: Keswick 21, 13/4 hr 192 Hill Walking 05/07/03 16:05 Man(63) Huddersfield, W Yorkshire 11953 Location: Great How Crags SD277997 Weather, Ground Conditions: Light fine clear warm. Dry Cloth'g/Equip't/Foot'r, Experience: All adequate Cause of Accident: Subject slipped while descending Outcome/Injury Details: Compound fracture of R leg with displacement Teams, No members, Duration: Coniston 17, 21/2 hr; Boulmer Helicopter 193 Hill Walking (2 in Party) 06/07/03 19:20 Man(63) 11487 Location: Slaters Bridge, Lt Langdale NY319039 Weather, Ground Conditions: Dry cool clear. Dry Cloth'g/Equip't/Foot'r, Experience: Not reported Cause of Accident: Subject collpased whilst walking; wife attempted CPR. Local first responders also attended Outcome/Injury Details: FATAL - cause not given Teams, No members, Duration: Langdale Ambleside 17, 21/2 hr 194 Search - Mountain 06/07/03 22:47 Man(48) NR (Solo) 11994 Location: Cogra Moss, Ennerdale NY091195 Weather, Ground Conditions: Dry warm. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Subject reported missing from home Outcome/Injury Details: Unhurt when located

Teams, No members, Duration: Cockermouth 12, 1hr

195 Hill Walking (2 in Party) 08/07/03 12:32 Woman(34)

Southampton, Hants

Location: Cat Bells, Keswick NY245205 11509

Weather, Ground Conditions: Clear, cloudy, dry. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Walker unable to continue when knee gave way

Outcome/Injury Details: Knee injury Teams, No members, Duration: Keswick 16, 2hr

Party)

11665 *Location:* Haweswater NY469111

Weather, Ground Conditions: Warm sunny. Dry rocky path

Cloth'g/Equip't/Foot'r, Experience: Barely adequate

Cause of Accident: Subject slipped on grass

Outcome/Injury Details: Fractured R ankle

Teams, No members, Duration: Penrith 12, 2hr

197 Hill Walking 09/07/03 14:21 Man(48) Manchester

11498 *Location:* Dove Crag, Rydal NY375102

Weather, Ground Conditions: Warm sunny clear dry. Wet in places

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject collapsed with chest pains

Outcome/Injury Details: Coronary heart condition

Teams, No members, Duration: Langdale Ambleside 10, 2½ hr; Kendal 4, 3hr; Boulmer Helicopter

198 Rock Climbing 09/07/03 19:40 Man(47) Glasgow, Strathclyde

11510 Location: Black Crag, Borrowdale, 'Prana' NY262172

Weather, Ground Conditions: Sunny, clear. Dry Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Climber fell off crag, about 50ft

Outcome/Injury Details: Head injury, grazed L shoulder and knees

Teams, No members, Duration: Keswick 18, 2hr

199 Hill Walking 10/07/03 13:45 Man(22) Hampstead, G London

11499 Location: Heron Pike, Ambleside NY356098

Weather, Ground Conditions: Dull rain low cloud. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on fellside footpath

Outcome/Injury Details: Head, neck and ankle injuries, very confused

Teams, No members, Duration: Langdale Ambleside 14, 4½ hr; Kendal 5, 5½ hr; SARDA (Lakes)

2, 2hr; Boulmer Helicopter

200 Hill Walking 11/07/03 18:35 Man(32) Leeds,

11500 Location: Swinescar Pike, Grasmere NY314074

Weather, Ground Conditions: Dull cool dry. Wet in places

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on footpath, falling heavily onto shoulder

Outcome/Injury Details: Dislocated shoulder / upper arm

Teams, No members, Duration: Langdale Ambleside 13, 3½ hr; Kendal 13, 3hr; SARDA (Lakes) 2,

2hr

201 Animal Rescue 12/07/03 10:00

11995 Location: Tarn Crag, Great Borne, Ennerdale NY124168

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Three sheep reported stuck on crag

Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 3, 3hr

202 Mountain Biking (3 in 12/07/03 12:25 Man(44) Norwich, Norfolk

Party)

11780 Location: Sticks Pass NY342181

Weather, Ground Conditions: Fine dry warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Rider fell off his mountain bike

Outcome/Injury Details: Head injuries

Teams, No members, Duration: Patterdale 10, 21/2 hr; Boulmer Helicopter

203 Local Incident 12/07/03 14:34

11781 Location: Patterdale NY393162

Weather, Ground Conditions: NR. NR

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Girl injured her foot whilst walking in open toed sandals. She came

in to rescue centre during previous job

Outcome/Injury Details: She was treated and allowed to go home

Teams, No members, Duration: Patterdale 2, 1/2 hr

204 Hill Walking (4 in Party) 12/07/03 16:48 Woman(24)

Stoke On Trent, Staffs

11782 Location: Helvellyn NY343152

Weather, Ground Conditions: Fine dry warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell 50ft

Outcome/Injury Details: Spinal injuries, L leg

Teams, No members, Duration: Patterdale 12, 21/2 hr; Penrith 8, 2hr; Boulmer Helicopter

205 Search - Mountain

12/07/03 18:10 Woman(32)

Keswick, Cumbria

(Solo) 11511

Location: Forge Wood, Brundholme, Keswick NY280241

Weather, Ground Conditions: Dry warm and sunny. Dry

Cloth'g/Equip't/Foot'r, Experience: Not reported

Cause of Accident: Despondent reported missing from home

Outcome/Injury Details: FATAL - found by search dog; Strangulation by hanging

Teams, No members, Duration: Keswick 27, 4hr; Penrith 5, 2hr; Patterdale 9, 3/4 hr; SARDA (Lakes) 1, 2hr; Boulmer Helicopter

206 Hill Walking (2 in Party) 14/07/03 12:30 Man(73)

) 14/07/03 12:30 Man(73) Warrington, Merseyside

11996

Location: Buttermere NY184154

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not reported

Cause of Accident: Subject tripped whilst walking the lakeshore path

Outcome/Injury Details: Swollen knee, cuts and grazes to hands, broken tooth

Teams, No members, Duration: Cockermouth 1, 4hr

207 Search - Mountain 16/07/

16/07/03 07:00 Man(NK)

Hong Kong, Rep China

11666

Location: Sale Pot, Riggindale NY442121

Weather, Ground Conditions: Warm sunny. Steep grass & scree

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Rucsac found with personal belongings of a Hong Kong national;

concern for condition

Outcome/Injury Details: Located safe and well in Birmingham at home of relative having lost

belongings and not reported loss to police

Teams, No members, Duration: Penrith 12, 6hr; Patterdale 11, 3hr; SARDA (Lakes) 8, 3hr; Boulmer

Helicopter

No. Date & Time Sex & Age Home Town Type 11513 Location: Stake Pass - Mickleden NY260077

Weather, Ground Conditions: Very hot. Dry Cloth'g/Equip't/Foot'r, Experience: All good, Poor

Cause of Accident: A walker came across this group and reported as 'ill-equipped and

suffering heat exhaustion'. The team located and escorted them off

Outcome/Injury Details: Heat exhaustion

Teams, No members, Duration: Langdale Ambleside 15, 21/2 hr

16/07/03 17:44 Woman(39) 209 Hill Walking Cockermouth, Cumbria

11546 Location: Robinson (above Buttermere Moss) NY196168

Weather, Ground Conditions: Strong dry cloudy hot. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject unable to continue walk, suspect heat exhaustion resulting

from extremely hot weather and ambitious walk (half Buttermere

Horseshoe)

Outcome/Injury Details: Heat exhaustion Teams, No members, Duration: Keswick 16, 3hr

210 Hill Walking 17/07/03 14:50 Man(30) Derby

11514 Location: High Sweden Bridge, Ambleside NY379068

Weather, Ground Conditions: Fine dry warm. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject fell in beck whilst photographing

Outcome/Injury Details: Fractured wrist

Teams, No members, Duration: Langdale Ambleside 8, 11/2 hr

211 Search - Non-mountain 22/07/03 11:30 Boy(9) (Solo)

Barrow In Funress, Cumbria

11847 Location: Barrow In Furness SD210700

Weather, Ground Conditions: Light passing showers. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported missing overnight

Outcome/Injury Details: Found later, had stayed with his aunts overnight; no reported injuries

Teams, No members, Duration: Duddon & Furness 21, 1hr

212 Hill Walking (2 in Party) 24/07/03 12:43 Woman(63)

Keswick, Cumbria Location: Swarthbeck, Ullswater NY455210

Weather, Ground Conditions: Fine dry warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped on bridle path Outcome/Injury Details: Fracture / dislocation of ankle

Teams, No members, Duration: Patterdale 13, 23/4 hr

213 Rock Climbing (2 in 27/07/03 13:16 Man(45) NR Party)

Location: Black Crag, Borrowdale NY262171 11547

Weather, Ground Conditions: Calm, fine, broken cloud, warm. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Lead climber fell, falling some 20 - 30 feet before being held by his

second. Transferred to hospital by North West Air Ambulance

Outcome/Injury Details: Fractured ribs

Teams, No members, Duration: Keswick 13, 41/4 hr; North West Air Ambulance

11785

11515 Location: Stickle Ghyll, Gt Langdale NY288071

Weather, Ground Conditions: Sunny dry clear. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped, tried to make her own way down after the injury

sustained but stretchered off

Outcome/Injury Details: Deep laceration to L knee

Teams, No members, Duration: Langdale Ambleside 11, 3hr; Kendal 9, 3hr

215 Occupational 28/07/03 13:55 Man(19) Lisburn

11516 Location: Easedale Tarn, Grasmere NY313088

Weather, Ground Conditions: Dull warm drizzle. Wet in places

Cloth'g/Equip't/Foot'r, Experience: Generally adequate

Cause of Accident: Subject, member of a National Trust working party, had fallen earlier

striking his head; reported collapsed and unconscious

Outcome/Injury Details: Head injuries

Teams, No members, Duration: Langdale Ambleside 12, 3hr; Boulmer Helicopter

August

216 Hill Walking 01/08/03 15:08 Woman(41) Burnley, Lancs

11638 Location: Rydal Caves, Loughrigg NY355058

Weather, Ground Conditions: Sunny warm clear. Damp in places

Cloth'g/Equip't/Foot'r, Experience: Generally good

Cause of Accident: Subject slipped on wet grass

Outcome/Injury Details: Fractured tibia and fibula

Teams, No members, Duration: Langdale Ambleside 12, 2hr

217 Hill Walking (6 in Party) 02/08/03 05:00 Six Men(NK) NR

11548 Location: Brotherilkeld NY213013

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party reported missing on Scafell Pike

Outcome/Injury Details: Party walked out to Brotherilkeld, no reported injuries

Teams, No members, Duration: Keswick 8, 6hr

218 Hill Walking 02/08/03 12:20 Man(37) Preston, Lancs

11563 *Location:* Crinkle Crags, Gt Langdale SD249048

Weather, Ground Conditions: Light fine clear hot bright. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell whilst attempting the 'Bad Step'

Outcome/Injury Details: Deep laceration to L leg

Teams, No members, Duration: Kendal 12, 3½ hr; Langdale Ambleside 9, 4½ hr; Boulmer

Helicopter

219 Local Incident (2 in 02/08/03 16:39 Man(82) Middlesbrough, Party) Cleveland

11549 *Location:* Strandshag Bay, Derwentwater NY267222

Weather, Ground Conditions: Dry and warm. Dry

Cloth'g/Equip't/Foot'r, Experience: Not reported

Cause of Accident: Subject reported collapsed - assist Cumbria Ambulance Service

paramedics with treatment and evacuation

Outcome/Injury Details: Heart attack

Teams, No members, Duration: Keswick 20, 3/4 hr

220 Hill Walking 03/08/03 16:30 Woman(68) Hull, Humberside

No. Date & Time Sex & Age Home Town Type

Location: Silver Crag, Ullswater NY397178 11786

Weather, Ground Conditions: Light dry clear mild. Loose

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped on path

Outcome/Injury Details: Head injury

Teams, No members, Duration: Patterdale 14, 21/2 hr

221 Local Incident (4 in

03/08/03 19:09 Woman(54)

Sheffield, S Yorkshire

Party)

Location: Sedbergh SD662917 11564

Weather, Ground Conditions: Calm dry clear warm bright. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject unable to continue walk due to medical problem

Outcome/Injury Details: Recurrence of knee injury

Teams, No members, Duration: Kendal 17, 2hr

222 Hill Walking

04/08/03 15:36 Man(NK)

NR

12037

Location: Langstrath, Fairy Glen NY265098

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject collapsed while walking

Outcome/Injury Details: Outcome not reported

Teams, No members, Duration: Keswick 14, 1hr

223 Animal Rescue

08/08/03 13:30

11999 Location: Blake Fell NY110196

Weather, Ground Conditions: Very hot. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Police requested team attend fellwalker with collapsed dog

Outcome/Injury Details: Dog found to be dead at scene

Teams, No members, Duration: Cockermouth 3, 1hr

224 Mountain Biking

09/08/03 10:37 Man(34)

Burnley, Lancs

11639

Location: Skelghyll Woods, Ambleside NY390029

Weather, Ground Conditions: Sunny hot clear. Rocky steep

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Rider fell off bike backwards whilst going uphill

Outcome/Injury Details: Head and neck injuries

Teams, No members, Duration: Langdale Ambleside 12, 2hr

225 Hill Walking

09/08/03 14:45 Man(45)

Stockport, G Manchester

11954

Location: Great Carrs - Swirl How NY270010

Weather, Ground Conditions: Calm dry hot bright. Dry Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject unable to continue walk due to condition

Outcome/Injury Details: Severe cramps (with medical history) Teams, No members, Duration: Coniston 12, 3hr; Boulmer Helicopter

226 Hill Walking (6 in Party) 09/08/03 15:55 Man(57)

Bolton, G Manchester

11997 Location: White Pike, Pillar, Ennerdale NY160128

Weather, Ground Conditions: Hot sunny dry. Dry

Cloth'g/Equip't/Foot'r, Experience: Not reported

Cause of Accident: Subject fell over rock

Outcome/Injury Details: Injury to R knee

No. Date & Time Sex & Age Home Town Type Teams, No members, Duration: Cockermouth 11, 2hr 227 Hill Walking 09/08/03 17:02 Woman(48) Kettering Location: Dungeon Ghyll, Gt Langdale NY287069 11640 Weather, Ground Conditions: Hot sunny clear. Rocky Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate Cause of Accident: Subject fell while walking on a footpath Outcome/Injury Details: Head injuries Teams, No members, Duration: Langdale Ambleside 18, 4hr 12/08/03 14:40 Woman(65) 228 Hill Walking Sunderland, Tyne & Wear 11787 Location: Grisedale, Elmhow NY372151 Weather, Ground Conditions: Calm dry clear warm. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Woman tripped Outcome/Injury Details: Fracture / disloction of L elbow Teams, No members, Duration: Patterdale 8, 11/2 hr 229 Hill Walking (2 in Party) 13/08/03 13:20 Woman(38) Sheffield, S Yorkshire 11955 Location: Birkfell Hause NY293015 Weather, Ground Conditions: Dry clear hot. Dry Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate Cause of Accident: Subject stumbled while walking Outcome/Injury Details: Sprain to ankle, some abrasion to L knee Teams, No members, Duration: Coniston 18, 31/4 hr Hill Walking (Large 16/08/03 14:35 Man(32) Cheadle Hulme, G 230 Manchester Party) 11566 Location: Lords Seat (summit) NY204265 Weather, Ground Conditions: Hot, dry and sunny. Dry Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate Cause of Accident: Subject with epileptic history collapsed on summit Outcome/Injury Details: Collapse cause not reported Teams, No members, Duration: Keswick 9, 13/4 hr Mountain Biking (3 in 17/08/03 14:21 Woman(25) Hazlemere, Bucks Party) Location: Grizedale Forest SD344976 11956 Weather, Ground Conditions: Fine. Dry Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Rider fell off mountain bike and banged head, knocked unconscious Outcome/Injury Details: Head injuries, concussion Teams, No members, Duration: Coniston 12, 11/4 hr 232 Hill Walking (2 in Party) 17/08/03 17:37 Man(54) Salford, G Manchester 11998 Location: Honister NY223136 Weather, Ground Conditions: Dry warm. Dry

233 Hill Walking

Cloth'g/Equip't/Foot'r, Experience: Not reported

Outcome/Injury Details: Fractured R ankle

Teams, No members, Duration: Cockermouth 12, 3hr

19/08/03 21:12 Man(34)

Cause of Accident: Subject tripped on tramway path

Hackney, G London

11641 Location: Wray Castle, Ambleside NY376004

Weather, Ground Conditions: Dry warm. Dry Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject slipped on lake shore footpath

Outcome/Injury Details: Ankle injury

Teams, No members, Duration: Langdale Ambleside 19, 11/2 hr

234 Hill Walking (Family 20/08/03 17:14 Party)

11788 Location: Kirkstone Pass NY401081 Weather, Ground Conditions: Light dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Large family group reported overdue by friends

Outcome/Injury Details: As team started search, family turned up safe and well

Teams, No members, Duration: Patterdale 4, 1hr

235 Hill Walking (Solo) 21/08/03 11:10

11789 *Location:* Glenridding NY366174

Weather, Ground Conditions: Calm dry clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Subject went missing from hostel as she did not want to go on walk

Outcome/Injury Details: As search was being organised, the girl was found on a train going

home

Teams, No members, Duration: Patterdale 3, 11/4 hr

236 Hill Walking (5 in Party) 21/08/03 23:25 Man(32), Woman(32), NR Two Boys(10),

Girl(10)

11565 *Location:* High Spy, Borrowdale NY234163

Weather, Ground Conditions: Dry, clear and cool. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Party became benighted on summit of High Spy and were unable to

locate their return path

Outcome/Injury Details: Located and walked off by the team, uninjured Teams, No members, Duration: Keswick 15, 3½ hr; SARDA (Lakes) 3, 3¼ hr

237 Hill Walking (2 in Party) 23/08/03 15:15 Man(25)

Newcastle, Tyne & Wear

11957 Location: Great How Crags (base) SD276999

Weather, Ground Conditions: Light drizzle misty mild. Damp

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped and fell 6 feet. Difficulty locating casualty because

of wrong grid reference given

Outcome/Injury Details: Fractured L ankle Teams, No members, Duration: Coniston 20, 41/4 hr

238 Occupational (Solo) 25/08/03 11:12 Man(47)

NR

11567 *Location:* Catbells Terrace, Borrowdale NY247192

Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Rider overturned quad bike

Outcome/Injury Details: Neck / spinal injuries

Teams, No members, Duration: Keswick 22, 11/2 hr; Boulmer Helicopter

239 Hill Walking (Family Party)

11568 Location: Catbells NY243197

Weather, Ground Conditions: Dry and mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Casualty slipped and injured her knee on protruding rock.

Evacuated by stretcher from the fell

Outcome/Injury Details: Deep laceration to left knee

Teams, No members, Duration: Keswick 17, 21/4 hr

240 Hill Walking (2 in Party) 26/08/03 20:30 Two Men(35)

Goldalming, Surrey

11569 Location: Calf Cove (shelter) NY225080

Weather, Ground Conditions: Cold, damp and heavy clag. Damp

Cloth'g/Equip't/Foot'r, Experience: Generally adequate

Cause of Accident: Party unable to locate the descent from Esk Hause shelter due to

no compass or torches

Outcome/Injury Details: Advised to stay put and 2 team members went to meet them. Not at

E H, found at new shelter in C Cove more than 1 km away

Teams, No members, Duration: Keswick 5, 51/2 hr

241 Hill Walking 27/08/03 13:30 Woman(NK) London

11958 Location: Coniston Old Man - Goats Hawse SD276983

Weather, Ground Conditions: Light dry broken cloud hot bright. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped and fell

Outcome/Injury Details: Fractured tibia and fibula

Teams, No members, Duration: Coniston 15, 2hr; North West Air Ambulance

242 Search - Non-mountain 27/08/03 20:30 Woman(42)

Slough

(Solo) 11642

Location: Grasmere NY338075

Weather, Ground Conditions: Clear cool dry. Dry

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject reported overdue or lost in the Grasmere area

Outcome/Injury Details: Located safe and well

Teams, No members, Duration: Langdale Ambleside 9, 11/2 hr; SARDA (Lakes) 2, 11/2 hr

243 Hill Walking (2 in Party) 28/08/03 15:40 Woman(50)

Purleish, Essex

12000 Location: Red Pike, Buttermere NY157155

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not reported

Cause of Accident: Subject fell near to the summit

Outcome/Injury Details: Fractured L ankle

Teams, No members, Duration: Cockermouth 20, 13/4 hr; Boulmer Helicopter

244 Hill Walking (5 in Party) 29/08/03 18:15 Woman(41)

Coulsdon, Surrey

11790 *Location:* Hartsop Above How NY384120

Weather, Ground Conditions: Moderate dry cloudy cool. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Family got separated on walk

Outcome/Injury Details: Mother ended up on the Thirlmere side with cuts and bruises; father

and three 13 yr old triplets were located in Patterdale unharmed

Teams, No members, Duration: Patterdale 7, 13/4 hr

12039 *Location:* Riggindale NY460114

Weather, Ground Conditions: Calm fine clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Farmer reported sheep cragfast

Outcome/Injury Details: Search was inconclusive until local RSPB warden informed that

sheep had made own way off on the previous day

Teams, No members, Duration: Penrith 3, 1hr

246 Hill Walking (6 in Party) 30/08/03 15:30 Woman(55)

Liverpool, Merseyside

Cumbernauld

NR

11959 Location: Goats Water SD267980

Weather, Ground Conditions: Calm fine clear warm. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject slipped accidently

Outcome/Injury Details: Fractured R ankle

Teams, No members, Duration: Coniston 17, 3hr; North West Air Ambulance

247 Water Sport (all types) 30/08/03 17:00 Woman(26)

11791 Location: Ullswater NY391169

Weather, Ground Conditions: Calm dry cloudy mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject injured herself pulling a canoe out of the water

Outcome/Injury Details: Lower back injury Teams, No members, Duration: Patterdale 8, 1hr

248 Hill Walking (4 in Party) 31/08/03 14:00 Woman(35)

11792 *Location:* Aira Force, Watermillock NY400200

Weather, Ground Conditions: Calm dry clear hot. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject fell on rough path

Outcome/Injury Details: Laceration to L knee

Teams, No members, Duration: Patterdale 2, 1/4 hr

September

249 Animal Rescue 01/09/03 12:00

11793 Location: Moss Crag Seldom Seen NY386184

Weather, Ground Conditions: Light dry clear hot. Rough

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Prize trail hound reported cragfast with injured leg

Outcome/Injury Details: Retrieved and handed over to a vet

Teams, No members, Duration: Patterdale 2, 1hr

250 Hill Walking 03/09/03 17:15 Woman(34) Ashingdon, Essex

11643 Location: Low Pike, Ambleside NY373081

Weather, Ground Conditions: Good clear dry. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject sustained injury while walking rough footpath

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 13, 3hr

251 Local Incident (Solo) 06/09/03 14:26 Woman(80) Kewsick, Cumbria

11593 *Location:* Portinscale, Keswick NY251234

Weather, Ground Conditions: Light dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject last seen 1910 hrs on 5th. Reported missing when failed to

return from picking blackberries

Outcome/Injury Details: Mild hypothermia; she had stumbled and lain for 2 days and 2 nights Teams, No members, Duration: Keswick 27, 15hr; SARDA (Lakes) 9, 81/2 hr; Lancashire Police

Helicopter North East Air Ambulance

252 Hill Walking 06/09/03 14:30 Man(56) **High Wickham**

11644 Location: Helm Crag, Grasmere NY326093

Weather, Ground Conditions: Fine dull clear. Damp

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject sustained soft tissue injury to calf muscle whilst walking

Outcome/Injury Details: Soft tissue injury to lower leg muscle

Teams, No members, Duration: Langdale Ambleside 9, 4hr; Kendal 14, 4hr

253 Hill Walking (2 in Party) 06/09/03 16:00

11794 Location: Patterdale NY398157

Weather, Ground Conditions: Fresh showers hill fog cool. Damp

Cloth'g/Equip't/Foot'r, Experience:

No.

Cause of Accident: Party reported 2 hrs overdue from a walk from Haweswater to

Patterdale

Outcome/Injury Details: Subjects turned up in Patterdale as search getting underway

Teams, No members, Duration: Patterdale 8, 3/4 hr

254 Hill Walking 06/09/03 16:55 Woman(36) Sleaford, Lincs

11594 Location: Taylorgill Force NY230110

Weather, Ground Conditions: Light dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject fell 50 ft from path towards gill bottom

Outcome/Injury Details: Cut to head and gash on thigh, bruises and lacerations

Teams, No members, Duration: Keswick 4, 3hr; RAF Leeming 13, 3hr

08/09/03 15:03 Woman(72) 255 Hill Walking Godalming, Surrey

11595 Location: Scope End, Hindscarth NY226187

Weather, Ground Conditions: Light dry clear mild.

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject tripped while descending through bracken

Outcome/Injury Details: Triple fracture / dislocation lower L leg

Teams, No members, Duration: Keswick 13, 2hr; Boulmer Helicopter

256 Hill Walking 10/09/03 19:05 Man(62) **Ballindalloch**

Location: Blea Rigg, Gt Langdale NY300080 11645

Weather, Ground Conditions: Clear dry warm. Damp

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped on fellside grass

Outcome/Injury Details: Dislocated patella

Teams, No members, Duration: Langdale Ambleside 19, 41/2 hr

257 Hill Walking (2 in Party) 11/09/03 12:30 Woman(25) Erith, Kent

Location: Rest Dodd NY434138 11795

Weather, Ground Conditions: Fresh drizzle hill fog cool. Damp

Cloth'g/Equip't/Foot'r, Experience: Mainly good

Cause of Accident: Party became disoriantated in hill fog doing the Coast-to-Coast and

called for help on mobile phone

Outcome/Injury Details: After a search the team located the two and brought them to safety

Teams, No members, Duration: Patterdale 12, 23/4 hr; SARDA (Lakes) 2, 2hr

258 Hill Walking (3 in Party) 12/09/03 18:00 Two Women(67 & NR 40), Man(38)

11796 Location: Helvellyn NY342152

Weather, Ground Conditions: Light dry cloudy mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Husband reported family party overdue from a walk on Helvellyn

Outcome/Injury Details: As the team were assembling, the family turn up safe and well

Teams, No members, Duration: Patterdale 4, 3/4 hr

259 Search - Mountain (2 in 13/09/03 10:15 Woman(41) Party)

Kendal, Cumbria

11960

Location: Walna Scar SD267963

Weather, Ground Conditions: Calm dry clear very cold. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Couple camping overnight. Female reported missing in morning

Outcome/Injury Details: Subject had returned home

Teams, No members, Duration: Coniston 15, 1hr; SARDA (Lakes) 6, 1hr

260 Animal Rescue 13/09/03 10:30

12040 Location: Harter Fell, Mardale NY468098

Weather, Ground Conditions: Calm dry clear very cold. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Two sheep reported to be stuck on crags

Outcome/Injury Details: Both retrieved without loss or injury

Teams, No members, Duration: Penrith 3, 3hr

261 Fell Running 14/09/03 10:55 Man(49) Kingston, Surrey

11646 Location: Oxendale, Gt Langdale NY271053

Weather, Ground Conditions: Sunny warm clear. Dry good

Cloth'g/Equip't/Foot'r, Experience: All adequate

Cause of Accident: Subject fell whilst competing in fellrace

Outcome/Injury Details: Fractured R clavicle, deep laceration to head, graze to R leg and hip

Teams, No members, Duration: Langdale Ambleside 10, 21/2 hr

262 Local Incident (Solo) 18/09/03 03:00

11848 Location: Millom Slag Banks SD185803

Weather, Ground Conditions: Not reported.

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Called to assist Cumbria Ambulance Service, who managed to

remove a man stuck in slag bank

Outcome/Injury Details: Task completed by ambulance personnel prior to team's arrival

Teams, No members, Duration: Duddon & Furness 10, 1/2 hr

263 Hill Walking 19/09/03 15:24 Woman(64) Norwich, Nrofolk

11647 *Location:* Loughrigg Terrace, Grasmere NY345058

Weather, Ground Conditions: Dry clear dull. Dry

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject slipped on steep fellside

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Langdale Ambleside 11, 21/2 hr

11596 Location: Scales Tarn. Blencathra NY330282

Weather, Ground Conditions: Drizzle. Wet, slippy

Cloth'g/Equip't/Foot'r, Experience:

12001

11797

Cause of Accident: ATV reported stuck in poor ground conditions

Outcome/Injury Details: Outcome not reported

Teams, No members, Duration: Keswick 8, 4hr

265 Hill Walking (4 in Party) 22/09/03 17:20 Man(45)

Location: Raven Crag, Low Fell NY139225

Weather, Ground Conditions: Dry cool. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on fellside

Outcome/Injury Details: Fractured L leg

Teams, No members, Duration: Cockermouth 26, 2hr

266 Hill Walking 23/09/03 12:05 Man(71) Kendal, Cumbria

Location: Loughrigg Fell, Grasmere NY347051 11749

Weather, Ground Conditions: Dry cool clear. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject collapsed whilst walking

Outcome/Injury Details: Diabetic coma but recovered sufficiently to walk down unaided

Enfield, Essex

Teams, No members, Duration: Langdale Ambleside 7, 2hr

25/09/03 17:00 Bov(13) 267 Hill Walking (Large NR Party)

11961 Location: Coniston Old Man, The Bell SD285975

Weather, Ground Conditions: Calm dry clear cool. Damp

Cloth'g/Equip't/Foot'r, Experience: All good, Poor

Cause of Accident: Subject slipped and landed badly

Outcome/Injury Details: Fractured L tibia Teams. No members, Duration: Coniston 13, 1hr

Mountain Biking (2 in 27/09/03 16:55 Woman(40) Glasgow Party)

Location: Hayeswater, Filter House NY422130 Weather, Ground Conditions: Calm dry clear mild. Dry

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Rider fell from her bike

Outcome/Injury Details: Spinal injuries

Teams, No members, Duration: Patterdale 13, 11/4 hr; Boulmer Helicopter

269 Hill Walking (2 in Party) 28/09/03 13:20 Woman(48) **Bolton, Lancs**

Location: Gowbarrow, Watermillock NY413219 11798

Weather, Ground Conditions: Moderate dry clear mild. Rough

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject slipped Outcome/Injury Details: Fractured fibula

Teams, No members, Duration: Patterdale 18, 21/2 hr; Boulmer Helicopter

270 Parapenting 28/09/03 14:55 Man(32) NR

Location: Clough Head (summit) NY335225 11805

Weather, Ground Conditions: Moderate dry clear cool. Damp

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Cause unknown, but reported to have fallen about 30-50 ft

Outcome/Injury Details: Compound fractures of tibia & fibula

Teams, No members, Duration: Keswick 17, 11/4 hr; North West Air Ambulance

271 Hill Walking (2 in Party) 29/09/03 15:24 Woman(61)

11806 Location: High Pike, Caldbeck NY318350

Weather, Ground Conditions: Light passing showers cloudy cool. Damp

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Party became separated on open fell-land

Outcome/Injury Details: Unhurt when located

Teams, No members, Duration: Keswick 16, 2hr; Boulmer Helicopter

272 Hill Walking 30/09/03 13:30 Woman(45) NR

12041 *Location:* Haweswater NY470130

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject had stumbles on rough path; evacuated by Air Ambulance

Keswick, Cumbria

in area making a promotional film

Outcome/Injury Details: Dislocated shoulder

Teams, No members, Duration: Penrith 14, 1hr; North East Air Ambulance (x2)

October

273 Hill Walking (2 in Party) 01/10/03 20:52 Woman(40), Man(39) West Bromwich, W Midlands

11962 Location: Wetherlam, Ladstone Ridge SD291996

Weather, Ground Conditions: Calm dry poor cold. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Poor

Cause of Accident: Subject did not allow sufficient time to descend before nightfall. No

torches and benighted

Outcome/Injury Details: Located and escorted off the fell, no reported injuries

Teams, No members, Duration: Coniston 19, 2hr

274 Hill Walking 03/10/03 15:55 Man(55) Loughboroough

11963 Location: Goats Water SD266977

Weather, Ground Conditions: Strong dry clear cold. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Adequate

Cause of Accident: Subject blown over and over-balanced in strong wind

Outcome/Injury Details: Fractured L humerus

Teams, No members, Duration: Coniston 16, 3hr

275 Hill Walking 04/10/03 16:44 Man(22) Keswick, Cumbria

11750 Location: Banks Quarry, Elterwater NY319041

Weather, Ground Conditions: Cool clear dull. Wet

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject fell on wet and greasy footpath

Outcome/Injury Details: Deep laceration to knee

Teams, No members, Duration: Langdale Ambleside 20, 3hr

276 Hill Walking (8 in Party) 06/10/03 15:56 Woman(54) Cambridge

11965 Location: Goats Hause SD265983

Weather, Ground Conditions: Gales passing showers broken cloud cold. Very wet slippery

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Cause probably due to high winds but unknown as RAF removed

casualty before Team's arrival

Outcome/Injury Details: Leg injury

Teams, No members, Duration: Coniston 18, 21/4 hr; Leconfield Helicopter

Date & Time Sex & Age Home Town No. Type 277 Hill Walking (3 in Party) 06/10/03 16:50 Woman(57) Kendal, Cumbria Location: Goats Water SD271967 11964 Weather, Ground Conditions: Gales passing showers cloudy cold. Very wet slippery Cloth'g/Equip't/Foot'r, Experience: All good, Good Cause of Accident: Subject blown over by wind Outcome/Injury Details: Sprained ankle Teams, No members, Duration: Coniston 1, 1hr **Mountain Biking** 11/10/03 11:32 Man(33) Lusk, Co Dublin, Eire (Challenge Event) Location: Limestone Brae, Alston NY791497 11667 Weather, Ground Conditions: Fresh dry overcast cool. Damp slippery Cloth'g/Equip't/Foot'r, Experience: All good, Good Cause of Accident: Rider fell from bike while descending steep slippery track Outcome/Injury Details: Fractured R ankle Teams, No members, Duration: Penrith 12, 31/2 hr; North East Air Ambulance 279 Hill Walking (6 in Party) 12/10/03 14:53 Man(53) Hebburn, Tyne & Wear Location: Blencathra - Blease Fell NY302256 11807 Weather, Ground Conditions: Calm dry clear cold. Damp slippery Cloth'g/Equip't/Foot'r, Experience: All good, Good Cause of Accident: Subject reported to have slipped on wet grass Outcome/Injury Details: Fractured ankle Teams, No members, Duration: Keswick 15, 1hr 280 Rock Scrambling (3 in 12/10/03 15:18 Man(NK), Two Doncaster, S Yorkshire, Altringham, Cheshire Boys(7 & 9) Party) Location: White Scar, Whitbarrow SD460854 11804 Weather, Ground Conditions: Overcast. Steep and loose Cloth'g/Equip't/Foot'r, Experience: Barely adequate Cause of Accident: Party reported cragfast on steep loose ground Outcome/Injury Details: Removed to safety without injury Teams, No members, Duration: Kendal 19, 4hr Hill Walking (Large 13/10/03 14:35 Man(40) NR Party) 11852 Location: High Pike Hill NY804033 Weather, Ground Conditions: Clear fine cold. Dry Cloth'g/Equip't/Foot'r, Experience: Not known Cause of Accident: Member of party reported missing without reason Outcome/Injury Details: Unhurt when located Teams, No members, Duration: Kirkby Stephen 13, 2hr 15/10/03 16:00 282 Animal Rescue 12002 Location: Raven Crag, Mellbreak NY143197 Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported stuck on crag Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Cockermouth 2, 1hr

11751 Location: Dow Bank, Grasmere NY333655

Weather, Ground Conditions: Dry clear. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Adequate

Cause of Accident: Subject slipped while walking

Outcome/Injury Details: Fractured wrist, minor head injuries

Teams, No members, Duration: Langdale Ambleside 12, 3hr

284 Hill Walking (2 in Party) 17/10/03 17:00 Woman(25)

Location: Helvellyn, 'Hole In Wall' NY368157

Lerwick, Shetland

Weather, Ground Conditions: Clear. Not reported Cloth'g/Equip't/Foot'r, Experience: Generally adequate

11815

Cause of Accident: Subject collapsed semi conscious

Outcome/Injury Details: Gastroenteritis

Teams, No members, Duration: Patterdale 14, 21/2 hr

285 Hill Walking 18/10/03 17:36 Man(56) Paisley

11808 Location: Styhead NY223096

Weather, Ground Conditions: Calm dry clear cold. Dry

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped on a loose path

Outcome/Injury Details: Sprained ankle

Teams, No members, Duration: Keswick 25, 31/4 hr; Penrith 2, 31/4 hr; Kintail 1, 31/4 hr

286 Rock Scrambling 23/10/03 12:00 Woman(41) Luton, Bedsfordshire

11950 Location: Raven Crag, Gt Langdale NY286066

Weather, Ground Conditions: Cold clear dry. Not reported Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject fell from top of crag while scrambling

Outcome/Injury Details: Multiple injuries

Teams, No members, Duration: Langdale Ambleside 16, 3hr; Boulmer Helicopter

287 Hill Walking 24/10/03 12:09 Woman(69) Chester, Cheshire

11951 Location: Grasmere NY336645

Weather, Ground Conditions: Clear good. Not reported Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject collapsed ill while walking

Outcome/Injury Details: Diabetic collapse

Teams, No members, Duration: Langdale Ambleside 12, 2hr

288 Hill Walking (2 in Party) 24/10/03 14:52 Woman(37)

11849 *Location:* Birksbridge, Duddon Valley SD234993

Weather, Ground Conditions: Calm fine clear cool. Dry

Cloth'g/Equip't/Foot'r, Experience: Generally adequate, Adequate

Cause of Accident: Subject stopped to take a photo of the gorge and slipped 10 ft into it

Outcome/Injury Details: Head injury, cuts and brusies

Teams, No members, Duration: Duddon & Furness 19, 2hr; North West Air Ambulance

289 Hill Walking 26/10/03 16:25 Woman(47) Marple, Cheshire

11809 Location: Esk Hause Area NY231085

Weather, Ground Conditions: Dry clear cool. Damp slippery

Cloth'g/Equip't/Foot'r, Experience: All good, NK

Cause of Accident: Subject slipped on the path. Some campers collected the stretcher

from Sty Head and started to carry the casualty down before being

York

met by the Team

Outcome/Injury Details: Fractured ankle

Teams, No members, Duration: Keswick 24, 33/4 hr

290 Hill Walking (2 in Party) 26/10/03 22:14 Man(50), Boy(15) NR

11810 Location: Black Sail NY195124

Weather, Ground Conditions: Dry and clear. Dry Cloth'g/Equip't/Foot'r, Experience: Generally poor

Cause of Accident: Party on Coast-to-Coast failed to turn up at Rosthwaite. Had made

a navigation error at the top of Loft Beck and headed, in error, for

Green Gable

Outcome/Injury Details: Eventually retraced route to Black Sail YH where they were located

Teams, No members, Duration: Keswick 19, 51/2 hr; SARDA (Lakes) 10, 4hr

291 Hill Walking (2 in Party) 27/10/03 16:37 Two Boy(10 & 13) Warrington & Altrincham

11966 Location: Grizedale Forest SD339925

Weather, Ground Conditions: Light drizzle misty cold. Damp

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Two young boys reported lost on walk

Outcome/Injury Details: In failing light, eventually found on road near Satterthwaite unharmed

Teams, No members, Duration: Coniston 15, 2hr

292 Hill Walking (5 in Party) 27/10/03 17:50 Two Women(NK) Scarborough

11967 *Location:* Grizedale Forest SD339926

Weather, Ground Conditions: Light drizzle misty cold. Damp

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Party of two adults and 3 children reported missing while already

searching for 2 missing boys in previous incident

Outcome/Injury Details: No injuries when located

Teams, No members, Duration: Coniston 15, 1hr

293 Hill Walking (6 in Party) 27/10/03 18:10 Two Women(50), Shefford, Beds. Lever
Two Men(NK) Kusen, Germany

11816 Location: Hart Crag NY367113

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: One of party moving very slowly because of existing medical

problem, assistance requested

Outcome/Injury Details: No reported injuries

Teams, No members, Duration: Patterdale 17, 3hr; SARDA (Lakes) 6, ½ hr

294 Hill Walking (Family 28/10/03 15:22 Man(54) Highton, Merseyside

Party)

11811 Location: Longlands Beck NY268355

Weather, Ground Conditions: Low cloud and light drizzle. Wet

Cloth'g/Equip't/Foot'r, Experience: Not reported

Cause of Accident: Called by Ambulance Control to assist with casualty who had

collapsed

Outcome/Injury Details: FATAL - Heart attack

Teams, No members, Duration: Keswick 18, 2hr; Boulmer Helicopter

295 Hill Walking (Solo) 29/10/03 12:23 Man(84) Keswick, Cumbria

11812 Location: Causey Pike (summit) NY218210

Weather, Ground Conditions: Dry. Damp

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped and fell down rocky gully

Outcome/Injury Details: Dislocated shoulder

Teams, No members, Duration: Keswick 16, 3hr; North East Air Ambulance

296 Hill Walking (2 in Party) 29/10/03 13:55 Woman(73)

Location: Brim Fell, Boulder Valley SD279987

Weather, Ground Conditions: Light dry dull cool. Wet slippery

Cloth'g/Equip't/Foot'r, Experience: All poor, Poor

Cause of Accident: Subject was walking down when he slipped badly

Outcome/Injury Details: Fracture to L lower leg

Teams, No members, Duration: Coniston 14, 2hr

297 Hill Walking (3 in Party) 29/10/03 18:00

12003 *Location:* Dale Head NY194150

Weather, Ground Conditions: Cloudy wet. Wet

Cloth'g/Equip't/Foot'r, Experience:

11968

Cause of Accident: Party reported missing (including two children), in darkness and

poor conditions

Outcome/Injury Details: Turned up safe and well at Gatesgarth

Teams, No members, Duration: Cockermouth 2, hr

298 Hill Walking (Solo) 29/10/03 18:08 Woman(49)

11952 Location: Crinkle Crags, Gt Langdale NY250053

Weather, Ground Conditions: Rain low mist. Wet Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject reported overdue / lost in mist

Outcome/Injury Details: Located in O.D.G, safe and well

Teams, No members, Duration: Langdale Ambleside 12, 3hr; SARDA (Lakes) 4, ½ hr

299 Hill Walking (2 in Party) 30/10/03 01:30 Man(52), Boy(14) Burnley, Lancs.

11969 Location: Scafell Pike, Greta Ghyll NY218084

Weather, Ground Conditions: Low mist wet. Wet Cloth'g/Equip't/Foot'r, Experience: All good, Adequate

Cause of Accident: Party reported overdue from walk

Outcome/Injury Details: Both unharmed when found

Teams, No members, Duration: Keswick 5, 61/2 hr; Wasdale 1, 61/2 hr; Langdale Ambleside 12, 61/2

hr; SARDA (Lakes) 6, 6hr

300 Local Incident (Solo) 30/10/03 13:05

11850 *Location:* The Hoad, Ulverston SD287792

Weather, Ground Conditions: Calm dry clear cool. Dry

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Call to assist ambulance service with evacuation of an elderly lady

with leg injuries

Outcome/Injury Details: Cumbria Ambulance Service crew managed to access the location

and deal with the incident before the team arrived on scene

Teams, No members, Duration: Duddon & Furness 12, 1/2 hr

301 Hill Walking (2 in Party) 31/10/03 14:28 Man(47)

Liverpool, Merseyside

Thatcham, Berks

Leeds, W Yorkshire

12004 *Location:* Scale Force, Buttermere NY154175

Weather, Ground Conditions: Overcast. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject slipped on wet ground

Outcome/Injury Details: Fractured L tibia

Teams, No members, Duration: Cockermouth 23, 21/2 hr

No. Date & Time Sex & Age Home Town 302 Hill Walking 02/11/03 14:40 Woman(25) Preston, Lancs Location: Silver Howe, Gt Langdale NY325066 11972 Weather, Ground Conditions: Rain cloud windy hail. Wet Cloth'g/Equip't/Foot'r, Experience: All poor, Poor Cause of Accident: Subject collapsed, did not know where she was on the hillside Outcome/Injury Details: Diabetic collapse, exposure Teams, No members, Duration: Langdale Ambleside 26, 5hr; RAF Leeming 6, 5hr; Kendal 2, 2hr 303 Hill Walking (Solo) 03/11/03 18:08 Man(25) Beckenham, Kent 12005 Location: Grey Knotts NY218126 Weather, Ground Conditions: Heavy showers. Wet Cloth'g/Equip't/Foot'r, Experience: All good Cause of Accident: Subject slipped whilst on Coast-to-Coast walk; managed to gain height to obtain signal for mobile phone to call for help Outcome/Injury Details: Sprained R ankle Teams, No members, Duration: Cockermouth 32, 3hr; SARDA (Lakes) 2, 1/2 hr 304 Fell Running (Solo) 08/11/03 14:20 Woman(43) 12042 Location: Broughton Mills SD224912 Weather, Ground Conditions: Moderate drizzle broken cloud cold. Damp Cloth'g/Equip't/Foot'r, Experience: All adequate, Poor Cause of Accident: Runner reported 3 hours overdue Outcome/Injury Details: Subject went wrong coming off the last checkpoint, no injuries Teams, No members, Duration: Duddon & Furness 15, 1hr 305 Animal Rescue (Solo) 15/11/03 09:30 Woman(NK) NR 11814 Location: The Helme SD532895 Weather, Ground Conditions: Showers. Wet Cloth'g/Equip't/Foot'r, Experience: All poor Cause of Accident: Big yellow bear slipped on pot of honey (money) Outcome/Injury Details: Amateur dressing of apparently serious head wound Teams, No members, Duration: Kendal 8, 1hr 306 Animal Rescue 18/11/03 18:00 12006 Location: Raven Crag, Mellbreak NY143197 Weather, Ground Conditions: High winds rain. Wet Cloth'g/Equip't/Foot'r, Experience: Cause of Accident: Sheep reported stuck on crag Outcome/Injury Details: Lowered to safety without loss or injury

Teams, No members, Duration: Cockermouth 2, 2hr

307 Hill Walking (2 in Party) 18/11/03 19:00 Man(32), Boy(13) Tamworth, Staffs

11970 *Location:* Skiddaw, Jenkin Hill NY279273

Weather, Ground Conditions: Strong dry. Not reported

Cloth'g/Equip't/Foot'r, Experience: All poor

Cause of Accident: Party lost and benighted. No map, compass or torches. Raised

alarm by mobile phone!

Outcome/Injury Details: Located unharmed Teams, No members, Duration: Keswick 23, 2hr

308 Water Sport (all types) 22/11/03 10:30 Woman(30)

Keswick, Cumbria

(Solo)

11971 Location: River Greta, Low Briery NY289246

Weather, Ground Conditions: Overcast. Damp slippery

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Canoeist injured shoulder while executing a support stroke

Outcome/Injury Details: Dislocated shoulder Teams, No members, Duration: Keswick 6, 11/4 hr

309 Animal Rescue 22/11/03 13:00

11973 Location: Rawthey Beck, Uldale SD735958

Weather, Ground Conditions: Not reported. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Two sheep reported stuck on crag Outcome/Injury Details: Retrieved without loss or injury

Teams, No members, Duration: Kirkby Stephen 3, 2hr

310 Rock Climbing (2 in Party)

22/11/03 18:35 Man(NK), Woman(NK) **Barrow and Derby**

12043 Location: Whitestones Crag SD394842

Weather, Ground Conditions: Calm dry clear cold. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: 2 climbers started climb 15:30 thinking they would only take 30

minutes! Topped out exhausted at around 17:00 in pitch black. Flashing lights seen on top of crag. Police used loud hailers

Outcome/Injury Details: No injuries

Teams, No members, Duration: Duddon & Furness 18, 1/2 hr

311 Animal Rescue 25/11/03 10:00

12007 *Location:* Pillar, Ennerdale NY171121

Weather, Ground Conditions: Sleet. Wet slimy

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Sheep reported stuck on ledge

Outcome/Injury Details: Lowered to safety without loss or injury

Teams, No members, Duration: Cockermouth 1, 4hr

December

312 Hill Walking (Solo) 02/12/03 13:56 Man(30) NR

11976 Location: Pike O' Stickle - Stake Pass NY270080

Weather, Ground Conditions: Low mist drizzle cold. Wet

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject reported himself lost in poor visibility

Outcome/Injury Details: He made own way off the hill when communications broke

Teams, No members, Duration: Langdale Ambleside 8, 2hr

313 Hill Walking (Solo) 03/12/03 18:30 Man(30) Carnforth, Lancs

11977 *Location:* Far Easedale, Grasmere NY300100

Weather, Ground Conditions: Dry dark. Wet

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Subject reported himself lost in poor visibility

Outcome/Injury Details: He was found safe and well Teams, No members, Duration: Langdale Ambleside 8, 2hr

314 Local Incident (Solo) 07/12/03 12:53

No. Date & Time Sex & Age Home Town Type

11978 Location: Brockhole Centre. Windermere NY390010

Weather, Ground Conditions: Fine clear cold. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Cumbria Ambulance Service requested assistance with evacuation

of injured party from a climbing frame

Outcome/Injury Details: Team lowered subject to ground level

Teams, No members, Duration: Langdale Ambleside 13, 11/2 hr

Hill Walking (Large 315

13/12/03 14:41 Man(50)

Grange, Cumbria

Party) 12045

Location: Caw SD226939

Weather, Ground Conditions: Light rain. Not reported

Cloth'g/Equip't/Foot'r, Experience: Not known

Cause of Accident: Subject collapsed with severe pains. Party members did CPR, but

a passing doctor confirmed death. Team recovered body. Locating the casualty was difficult as informant unsure of the exact location

Outcome/Injury Details: FATAL - Heart attack

Teams, No members, Duration: Duddon & Furness 23, 3hr

316 Mountain Biking (6 in 13/12/03 16:45 Man(40)

Cumbria

Party)

12036

Location: Grizedale Forest SD335945

Weather, Ground Conditions: Fresh heavy rain low cloudcold. Damp slippery

Cloth'g/Equip't/Foot'r, Experience: All adequate, Good

Cause of Accident: Party lost in forest without torches in the hours of darkness

Outcome/Injury Details: Located unharmed Teams, No members, Duration: Coniston 14, 21/4 hr

Water Sport (all types)

14/12/03 12:00

(Large Party) 12030

Location: Ullswater, Howtown Bay NY444204

Weather, Ground Conditions: Fresh heavy rain low cloud cold. Not reported

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Ullswater Navigation called for assistance to vessel Lady Dorothy

as it had lost steerage near to Howtown Bay

Outcome/Injury Details: The team's rescue boat, already on the water together with the OB

boat, tugged the steamer to safety

Teams, No members, Duration: Patterdale 5, ½ hr

Hill Walking (Winter)

23/12/03 23:30 Man(38)

Buckingham, Bucks

(Solo)

11984 Location: Piers Ghyll, Scafell Pike NY214091

Weather, Ground Conditions: Fair. Snow

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Lone walker reported overdue at his accomodation. Planned route

was Scafell Pike from Seathwaite

Outcome/Injury Details: Unhurt when located

Teams, No members, Duration: Keswick 15, 4½ hr; SARDA (Lakes) 10, 4hr; Wasdale 8, 4½ hr;

Duddon & Furness 19, 3hr

Pony Trekking (2 in 319

24/12/03 15:20 Man(22)

Edinburgh

Party)

11985 Location: Brundholme Woods, Latrigg NY287247

Weather, Ground Conditions: Dry. Wet

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Rider kicked by the horse being ridden by his partner

Outcome/Injury Details: Fractured tibia Teams, No members, Duration: Keswick 18, 1½ hr

320 Hill Walking (5 in Party) 25/12/03 13:00 Boy(15), Man(45)

Orpington, Kent

11982 *Location:* Barbondale SD637825

Weather, Ground Conditions: Rain hill fog. Cloth'g/Equip't/Foot'r, Experience: Adequate

Cause of Accident: Family group parked in valley and son set off up fell. Father followed

to find son. 3 remained at car. Team called 1hr. later when no-one

returned

Outcome/Injury Details: Son turned up at car when Team en route. Father turned up in other

valley

Teams, No members, Duration: Kendal 11, 2hr

321 Search - Mountain 27/12/03 14:00

11979 *Location:* Easedale Tarn, Grasmere NY305080

Weather, Ground Conditions: Cold sleet dull. Wet snow

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Reports of shouts reported to police

Outcome/Injury Details: Local hunt had been in the area - false alarm good intent

Teams, No members, Duration: Langdale Ambleside 4, 21/2 hr

322 Hill Walking (Winter) (2 28/12/03 16:36 Man(NK), in Party) Woman(NK)

London

12008 *Location:* Haystacks, Buttermere NY191148

Weather, Ground Conditions: Cold cloudy. Snow above 500m

Cloth'g/Equip't/Foot'r, Experience: All good

Cause of Accident: Party reported themselves lost descending from Haystacks as

darkness came

Outcome/Injury Details: Unhurt when found

Teams, No members, Duration: Cockermouth 5, 1hr; SARDA (Lakes) 1, 1hr

323 Hill Walking (4 in Party) 28/12/03 17:25 Boy(14)

Cockermouth, Cumbria

11986 *Location:* Lingy Bank, Rosthwaite NY247153

Weather, Ground Conditions: Dry. Wet

Cloth'g/Equip't/Foot'r, Experience: Mainly adequate, Adequate

Cause of Accident: Subject slipped on wet grass

Outcome/Injury Details: Fractured tibia/fibula

Teams, No members, Duration: Keswick 22, 2hr

324 Animal Rescue (Family 29/12/03 13:50 Party)

11980 Location: Red Screes, Kilnshaw Chimney NY398085

Weather, Ground Conditions: Dull clear. Hard ice

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Dog fell into gully

Outcome/Injury Details: Team retreived dog and owner who was with the dog - all safe and

well, unharmed

Teams, No members, Duration: Langdale Ambleside 11, 31/2 hr

325 Hill Walking (Winter) (2 29/12/03 15:00 Woman(46) in Party)

Penrith, Cumbria

11975 Location: Askham Fell NY482222

Weather, Ground Conditions: Fresh dry clear very cold. Frozen slippery

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped while crossing frozen beck

Outcome/Injury Details: Closed fracture of L ankle

Teams, No members, Duration: Penrith 11, 3hr

326 Hill Walking (Winter) (7 30/12/03 15:15 Woman(45) in Party)

Birmingham

12033 Location: Walna Scar SD273964

Weather, Ground Conditions: Light dry clear freezing. Frozen slippery

Cloth'g/Equip't/Foot'r, Experience: All adequate, Adequate

Cause of Accident: Subject slipped on grass and fell on left arm

Outcome/Injury Details: Damage to L elbow Teams, No members, Duration: Coniston 13, 1½ hr

327 Hill Walking (Winter) (2 30/12/03 17:43 Man(58) in Party)

Keswick, Cumbria

12009 Location: Scarth Gap, Buttermere NY188134

Weather, Ground Conditions: Dry frosty. Hard icy ground

Cloth'g/Equip't/Foot'r, Experience: All good, Good

Cause of Accident: Subject slipped on path

Outcome/Injury Details: Fractured R lower leg, trimaleolar

Teams, No members, Duration: Cockermouth 27, 23/4 hr

328 Local Incident 31/12/03 20:30

11981 Location: Ambleside NY376045

Weather, Ground Conditions: Snow wind dark. Heavy snow

Cloth'g/Equip't/Foot'r, Experience:

Cause of Accident: Cumbria Ambulance Service requested assistance during period of

severe weather

Outcome/Injury Details: Provided patient transport and ambulance recovery

Teams, No members, Duration: Langdale Ambleside 4, 81/2 hr

Key: NK = not known, NR = not reported

Lake District Mountain Accident Summary

Table 1a

		1997	1998	1999	2000	2001	2002	2003
Total incidents dealt wit	h by	405	362	330	355	227	337	328
Teams								
Total numbers of casua	Ities &	450	408	417	398	246	371	350
uninjured								
Climbing on Rock	Deaths	2	0	1	0	0	1	0
	Injured	6	10	5	9	5	4	7
Climbing on Snow/Ice	Deaths	0	0	0	0	0	0	0
	Injured	2	2	5	0	0	1	2
Fell Walking	Deaths	8	14	14	3	7	4	9
	Injured	194	168	141	168	141	74	123
Fell Walking on	Deaths	0	0	1	0	1	2	1
Snow/Ice	Injured	1	5	9	12	5	21	11
Fell Walking	Unhurt	179	136	175	160	148	102	120
Cragfast Climbers or	Unhurt	12	8	32	29	23	18	12
Fellwalkers taken off								
Ski-ing Accidents	Deaths	0	0	0	0	0	0	0
	Injured	0	0	0	0	0	0	0
Incidents other than	Deaths	0	5	1	1	6	7	2
mountain accidents	Injured	10	10	6	2	19	8	16
Accidents to Young	Deaths	0	0	0	0	2	0	0
People	Injured	45	27	21	24	23	7	13
(18 yrs or under)	Unhurt	34	15	27	17	24	18	8
TOTAL CASUALTIES	Deaths	11	20	18	6	14	14	15
(all causes)	Injured	245	226	189	192	189	121	180

OTHER DETAILS (7 YEARS 1996-2002) *Table 1b*

7 5.00 1 5 7 5 7 5 7 5 7 5 7 5 7 5 7 5 7 5 7 5	1997	1998	1999	2000	2001	2002	2003
Total Man/hrs involved on							
incidents for the year	18735	16190	13706	18587	11950	15979	15398
Total Team Callouts -							
incl. Incidents needing	496	454	389	445	300	418	404
more than 1 team							
SAR Aircraft involved	43	57	58	56	39	59	80
Rock Scrambling Incidents	8	8	8	2	2	4	1
fatalities	1	0	2	0	0	0	1
Avalanche Incidents	0	0	1	0	0	0	0
Mountain Bike Casualties	9	5	2	5	6	7	9
Fell Running Casualties	2	4	3	3	1	4	1
fatalities	0	0	0	0	0	0	1

Analysis Of Casualty Conditions

Table 2 - Fatalities

Year	Non-Mountain	'Natural'	Mountain Ad	Total	
		*	Non snow/ice	snow/ice	
1990	4	5	4	1	14
1991	4	13	6	4	27
1992	2	10	3	2	17
1993	5	13	1	4	23
1994	3	12	3	4	22
1995	4	6	8	3	21
1996	8	5	1	5	19
1997	0	5	6	0	11
1998	6	6	8	0	20
1999	1	9	8	0	18
2000	1	2	3	0	6
2001	6	4	2	2	14
2002	6	5	2	1	14
2003	3	6	5	1	15

^{*} i.e. heart attack or other medical causes

Table 3 - Injuries /Condition

Year	Serious *	Not Serious
1990	96	114
1991	105	103
1992	101	177
1993	102	166
1994	148	122
1995	109	123
1996	113	100
1997	142	103
1998	113	94
1999	96	80
2000	80	113
2001	59	65
2002	91	98
2003	79	101
		· · · · · · · · · · · · · · · · · · ·

^{*} i.e. all fractures included as serious

Causes Of Incidents

The following table is the result of a search through all the reports for key words relating to the causes for calling out the Mountain Rescue Team(s). For example, the category Benighted will include any word with 'benight-', and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one cause. A typical report will illustrate this:-

*ì tripped on footpath whilst walking and fell 2 metres onto rocky ground*î

This will result in contributions to the trip/stumble and fall categories.

Cause Of Incident	1997	1998	1999	2000	2001	2002	2003
Avalanche	0	0	1	0	0	0	0
Belay/Runner Failure	1	2	3	2	1	2	3
Benighted	9	6	6	12	7	8	37
Collapse	24	32	25	13	10	13	21
Cragfast	11	6	13	19	10	17	12
Exhaustion	1	2	0	2	3	1	4
Fall	89	71	75	59	49	83	90
In Difficulty	3	0	0	2	0	2	6
Lights Reported	20	11	11	2	7	5	7
Lost	31	22	26	35	23	33	53
Overdue	45	47	41	38	33	38	45
Separated	7	9	11	7	7	8	10
Severe Weather	1	1	1	8	2	1	1
Shouts Heard	10	6	4	3	2	2	0
Slip	114	96	86	102	67	93	72
Trip Or Stumble	11	5	12	8	8	12	20
Total No of Subjects	365	326	309	331	212	322	348

Table 4 - Causes of MR Incidents

Age Profiles of Subjects

The following table shows the ages of both male and female casualties (fatal, injured and unhurt).

Age (years)		1997	1998	1999	2000	2001	2002	2003
Not Reported	Male	19	28	41	35	24	31	53
	Female	16	9	48	24	8	21	16
	Total	35	37	89	59	32	52	69
1 - 10	Male	4	5	4	6	5	6	11
	Female	3	1	3	0	7	3	5
	Total	7	6	7	6	12	9	16
11 - 20	Male	53	48	33	37	13	25	22
	Female	30	20	28	23	6	28	6
	Total	83	68	61	60	19	53	28
21 - 30	Male	69	53	42	38	21	26	27
	Female	31	24	20	18	9	20	20
	Total	100	77	62	56	30	46	47
31 - 40	Male	53	39	32	27	17	32	33
	Female	17	17	14	14	10	10	25
	Total	70	56	46	41	27	42	58
41 - 50	Male	26	36	38	44	25	35	22
	Female	25	19	14	27	24	22	23
	Total	51	55	52	71	49	57	45
51 - 60	Male	22	33	29	26	25	32	22
	Female	27	28	30	21	27	37	14
	Total	49	61	59	47	52	69	36
61 - 70	Male	17	20	11	16	12	14	11
	Female	15	16	10	22	7	18	20
	Total	32	36	21	38	19	32	31
71 - 80	Male	7	5	6	10	3	6	8
	Female	11	4	8	5	2	4	8
	Total	18	9	14	15	5	10	16
81 +	Male	2	2	5	3	0	0	3
	Female	3	1	1	2	1	0	1
	Total	5	3	6	5	1	0	4
Totals	Male	272	269	241	242	145	207	212
	Female	178	139	176	156	101	163	138
	Total	450	408	417	398	246	370	350

Table 5 - Age Profiles of Subjects

Types Of Injury

The following table is the result of a search through all the reports for key words relating to types of injury or medical conditions. For example, the category Lacerations will include any word with 'lacerat-', 'cut-' and 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

*`Fracture/dislocation of the ankle, cuts to hands and knee*î

This will result in contributions to the fracture, dislocation and laceration categories.

Condition/Injury	1997	1998	1999	2000	2001	2002	2003
Abrasion	5	1	1	2	4	1	1
Asthma	3	1	1	1	0	0	0
Bruising	8	5	10	6	2	4	4
Burns	0	1	0	0	0	0	0
Concussion	0	0	0	1	0	0	1
Cramp	3	0	0	1	0	0	2
Crush Injury	0	0	0	0	1	2	2
Diabetic	1	2	1	0	0	0	3
Dislocation	9	13	5	10	5	12	10
Epilepsy	3	1	0	3	1	1	0
Exhaustion	11	2	8	5	3	1	2
Exposure	0	2	0	4	0	0	1
Fractures	119	90	83	88	64	88	76
Heart Attack	10	13	13	7	5	7	10
Hypothermia	12	12	1	9	4	7	5
Illness	2	0	0	2	0	0	3
Lacerations	22	19	25	21	9	25	22
Ligament/Tendon Damage	5	8	4	6	3	6	0
Multiple Injuries	1	3	3	1	4	2	1
Shock	4	3	2	0	1	0	0
Sprain/Strain	9	10	9	9	4	6	9
Unconscious	3	3	1	4	3	2	0
Number Of Cosualties	256	226	189	207	136	203	190
Number Of Casualties	200	220	109	201	130	203	190

Table 6 - Types of Injury

Sites Of Injury

The following table is the result of a search through all the reports for key words relating to sites of injury or medical conditions. For example, the category Lower Leg will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

*`Fracture/dislocation of the ankle, cuts to hands and knee*î This will result in contributions to the ankle, hands & wrist and knee categories.

Site Of Injury	1997	1998	1999	2000	2001	2002	2003
Abdomen	1	4	1	3	1	1	1
Ankle	70	61	51	59	27	49	48
Arm	16	5	11	8	10	17	9
Chest	13	9	8	9	7	12	4
Facial	6	8	1	5	3	3	3
Foot	0	0	3	2	1	1	2
Hand & Wrist	15	15	11	9	5	7	10
Head	37	23	28	25	14	19	23
Knee	17	24	16	16	12	19	18
Lower Leg	36	21	26	21	28	30	26
Neck	4	6	1	2	1	4	4
Pelvic Girdle	2	0	8	1	4	4	1
Shoulder Girdle	5	6	3	10	8	11	8
Spine	13	16	12	13	6	11	10
Upper Leg & Hip	9	6	9	3	4	8	3
		·		·		·	
Number Of Casualties	256	226	189	207	136	203	190

Table 7 - Sites of Injury

Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Richard Warren Tel 01946 62176 and Email rawarren@freenetname.co.uk

FOR RESCUE ASSISTANCE

- GO TO THE NEAREST TELEPHONE AND DIAL 999.
- ASK FOR 'MOUNTAIN RESCUE'.
- GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES NAME & ADDRESS OF CASUALTY IF KNOWN.
- STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth Mountain Rescue Team

Hon. Sec.: Steve Brailey

14 Lime Tree Crescent, Cockermouth, Cumbria CA13 9HW

01900 827916 steve@cockermouthmrt.org.uk

Coniston Mountain Rescue Team

Hon. Sec.: Graham Sockett

15 Old Furness Road, Coniston, Cumbria LA21 8H

015394 41713 souchette@lineone.net

Cumbria Ore Mines Rescue Unit

Hon. Sec.: Sheila Barker

The Rise, Alston, Cumbria, CA9 3DB

01434 381903 sheila.barker@cybermoor.org

Duddon & Furness Mountain Rescue Team

Hon. Sec.: Tracev Binks

7 New Street, Broughton-in-Furness, Cumbria LA20 6DJ

01229 716952 tracey@arrhouse.co.uk

Kendal Mountain Search and Rescue Team

Hon. Sec.: Pauline Speak

Kendal Mountain Rescue, Busher Walk, Kendal, Cumbria, LA9 4RH 01772 617071

Keswick Mountain Rescue Team

Hon, Sec.: Neil Dowie

Royal Oak Cottage, Rosthwaite, Keswick, Cumbria CA12 5XB

017687 77214 keswickmrt@mountain.rescue.org.uk

Kirkby Stephen Search and Mountain Rescue Team

Hon. Sec.: David Hicks

Ivy Hall, Raisbeck, Penrith, Cumbria, CA10 3SG

015396 24249 david.hicks@ivyhall.demon.co.uk

Langdale / Ambleside Mountain Rescue Team

Hon. Sec.: Ashley Cooper

6 Wansfell Bank, Blue Hill Road, Ambleside, Cumbria, LA22 0AX

01539 434405 wansfell@freenetname.co.uk

Patterdale Mountain Rescue Team

Hon. Sec.: Michelle Weston

The Old College, Tirril, Penrith, Cumbria CA10 2JE

(01768) 245389 mandt.weston@virgin.net

Penrith Mountain Rescue Team

Hon. Sec.: Jane Wise

13 Clifford Road, Penrith, Cumbria CA11 8TF

01768 892558 janewise@aol.com

Search and Rescue Dog Association SARDA (Lakes)

Hon. Sec.: Mick Guy

Lihmus, High Hill, Keswick, Cumbria, CA12 5PB

017687 72463 mickguy@sarda.demon.co.uk

Wasdale Mountain Rescue Team

Hon. Sec.: Guy Newbold

43 Santon Way, Seascale, Cumbria CA20 1NG

019467 27246 mountaingoat@msn.com

For further information about LDSAMRA and the MR Teams in the Lake District, try our web site on the Internet at http://www.ldsamra.org.uk

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

Location: Gatesgarth Farm, Buttermere

Grid Ref.: NY 194 149

Supervisor: Cockermouth MRT Tel: 01900 827916

Location: Ullswater Outward Bound Mountain School

Grid Ref.: NY 438 213

Supervisor: Ullswater OBMS Tel: 017684 86347

Location: Wastwater Hotel, Wasdale Head

Grid Ref.: NY 187 088

Supervisor: Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

Location: Dow Crag (at the foot of Abraham's B Buttress)

Grid Ref.: SD 263 976

Supervisor: Coniston MRT Tel: 015395 41242

Location: Mickledore, Scafell (just below crest on Eskdale side)

Grid Ref.: NY 210 068

Supervisor: Wasdale MRT Tel: 019467 25314

Location: Sty Head Pass Grid Ref.: NY 218 095

Supervisor: Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

Location: Howtown OA Centre, Martindale

Grid Ref.: NY 444 197

Supervisor: BRCS Cumbria c/o The Warden Tel: 017684 86208

Location: YMCA National Centre, Lakeside

Grid Ref.: SD 374 897

Supervisor: YMCA Tel: 015395 31758

NOTE: All the above posts are in the area of the OS Lake District Tourist Map though not all are marked.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- 1. if you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- 2. if you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- 3. if one of your party has become separated from the main party and you have made every effort to but have been unable to meet up again.
- 4. if you want to report having seen or heard any internationally recognised distress calls.
- 5. if you wish to notify someone of a change of plan (not a 999 call).

When not to use

- 1. Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- 2. Do not rely solely on the mobile phone as a safety device; there are areas of poor or not reception ('dead areas').
- 3. The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location (Grid Ref. if possible) Name, Sex and Age of Casualty.

Nature of Injuries or disability.

Number of people in party and intended destination.

THE NUMBER OF THE MOBILE PHONE IN USE.

- 2. Dial 999 and ask for the Police.
- 3. Make sure you tell the operator that you require the Cumbria Police as you are in the Lake District.
- 4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
- 5. Explain the nature of your call, giving details previously prepared.
- 6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
- 7. If you have to make a further 999 call, use ALL the above procedure again.

Advice To Those Using The Mountains & Fells

LIVE A LITTLE LONGER

British mountains can be killers if proper care is not taken. The following notes cover the minimum precautions if you want to avoid getting hurt or lost, and so inconveniencing or endangering others as well as yourselves.

Clothing

This should be colourful, warm, windproof and waterproof. Wear boots with moulded rubber soles, <u>not</u> shoes, trainers or wellingtons. Take a woollen cap, scarf, gloves and a spare jersey; it is always colder on the tops.

Food

In addition to the usual sandwiches, take chocolate, dried fruit, mintcake or similar sweet things, which restore energy quickly. If you don't need them yourself, someone else may. Becks on fells are drinkable if fast-running over stony beds.

Equipment

This must include map, compass, and at least one reliable watch in the party. A whistle, torch and spare batteries and bulbs are essential. Use six blasts or flashes repeated at one-minute intervals to signal an emergency. In winter conditions, an ice axe, crampons and survival bag are essential. Climbers are all urged to wear helmets, especially in winter conditions.

Company

If in groups, make sure party leaders are experienced; do not leave one or two behind to rest and catch up later. Take special care of the youngest and weakest especially in dangerous places. If you prefer to go alone, be very careful at all times. Let people know your route at the start, and stick to it as far as you can.

Emergencies

Don't press on if conditions are against you - turn back even if it upsets your plan. Learn First Aid, and keep injured or exhausted people warm until help reaches you. Get a message to the Police for help as soon as possible, and report changes of route or timetable to them if someone is expecting you. The Police will do the rest.

Dangers which Can Always Be Avoided

Ö until you know how to cope with them:

Precipices

Slopes of ice,

steep snow,

very steep grass (especially frozen), unstable boulders.

Gullies and stream beds.

streams / rivers in spate,

snow cornices on ridges or gully tops, over-ambition,

over-ambition, carelessness.

Dangers which may Surprise You

Ö and should be guarded against:

Weather changes - mist, gale, rain or snow.

Get forecasts, and watch the sky in all quarters

Ice on paths

Carry an ice-axe and wear crampons - know how to use them

Excessive cold or heat.

Dress sensibly, and take spare clothing.

Incipient exhaustion.

Know the signs; rest and keep warm.

Accident or illness.

Don't panic. If you send for help, make sure that the rescuers know exactly where to come.

Flight of time.

Learn your own pace. Plan your walk.

Allow double time in winter conditions.

Pride.

It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

JOHN BERNARD ANDERSON

Coniston MRT

STEVE BARBER (Deceased)

Kendal MSRT, LDSAMRA & MRC

ERIC BARRINGTON

Kendal MSRT & LDSAMRA

PETER BELL

Langdale/Ambleside MRT, Stretcher

Manufacturer

Sir CHRISTIAN BONINGTON

JOE BOOTHROYD (Deceased)

Patterdale & Penrith MRTs, LDSAMRA

& MRC

DUNCAN JAMES CAMERON

(Deceased) Coniston MRT

NELSON CLARK

Furness MRT

ROY COOKSEY

Coniston MRT

JIM COYLE BEM

Cockermouth MRT

SYDNEY H. CROSS MBE (Deceased)

Langdale Mountain Rescues

SQN LDR LESTER DAVIES

O.B.M.S. Ullswater

GEORGE FISHER MBE

Keswick MRT

RICHARD FISHER

Keswick MR Team

MALCOLM GRINDROD

Langdale/Ambleside MRT & SARDA

(Lakes)

Mrs. ADA HILLARD

PAUL HORDER

Cockermouth & Keswick MRTs,

LDSAMRA & MRC

STEWART HULSE MBE

Langdale/Ambleside MRT, & MRC

PETER JACKSON

Millom FRT

TOM MINTON (Deceased)

Kendal MSRT

JOHN MITCHELL

Millom FRT

MIKE MITCHELL

Kendal MSRT, COMRU & LDSAMRA

MIKE NIXON MBE

Keswick MRT

Dr. JAMES D OGILVIE (Deceased)

Patterdale MRT

DES OLIVER

Keswick MRT

BILL PATTISON MBE

Wasdale MRT

ROGER PUTNAM

O.B.M.S. Eskdale

JAMES BRYAN STILLING

Kendal MSRT, LDSAMRA & MRC

Lt. Col H. WESTMORELAND MBE

(Deceased) Keswick MRT

FI. Lt. RICHARD WOOD

A Flight 202 Sqn RAF Boulmer

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

- 1.1 If your declaration covers donations you may make in the future:
- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity ñ it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.
- 1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).
- 1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)
- 1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.
- 1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation.

If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA		
Bank Code:	40-22-16	Bank Account No:	81205617
Give As You Earn Reg.	No:004184		
Charity Commission Reg.	No:506349		

GIFT AID DECLARATION

Name of Charity: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE
ASSOCIATION
Registered Charity Number: 506349
Title ÖÖ. ForenameÖÖÖÖÖÖÖ SurnameÖÖÖÖÖÖÖÖÖÖÖÖ
Address:Ö Ö
Ö Ö ÖÖ .
I want the charity to treat: (Delete as appropriate)
□ The enclosed donation of £Ö Ö Ö Ö Ö Ö Ö Ö
□ The donation(s) of £ Ö Ö Ö Ö Ö which I made on Ö Ö/Ö Ö/Ö Ö
 All donations I make from the date of this declaration until I notify you otherwise
□ All donations I have made since 6 April 2000, and all donations I
make from the date of this declaration until I notify you otherwise
as Gift Aid donations.
SignedÖÖÖ Date ÖÖ/ÖÖ
BANKERS ORDER
To: Bank
Address
Date
Please pay
HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL
Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of
£ (words)
commencing (date of first payment)
and thereafter every (month/year)
until (date of last payment) and debit my/our account
accordingly.
Signed Date

DEED OF COVENANT

TO: LAKE DISTRICT SE	EARCH AND MOUNTAIN RESCUE ASSOCIATION
I promise to pay you for	4 years, or until I die if earlier, such a sum as
after deduction of incon	ne tax at the basic rate amounts to *£Ö
each (month/year), fron	n the date shown below.
Signed and delivered	Ö Ö Ö
Date	Ö
Full name & address	Ö
(in capitals)	Ö Ö
	Tel. No
Witnessed by (signed)	Ö.
Full name & address	Ö
(in capitals)	ÖÖ.
	Ö Ö
	amount you will be paying to the LDSAMRA.
BANKERS ORDER	
To:	ÖÖÖÖÖÖÖÖÖÖÖ Bank
Address	ÖÖÖÖÖÖÖÖÖÖÖÖÖ
	ÖÖÖÖÖÖÖ Date
Please pay	
HSBC, DENTON HILL,	GOSFORTH, SEASCALE, CUMBRIA CA20 1EL
Code No. 40-22-16, for	credit of LDSAMRA A/c No. 81205617 the sum of
£ÖÖÖÖÖ. (words).	ÖÖÖÖÖÖ
commencing	(date of first payment) and
thereafter every	(month/year)
until (date c	of last payment) and debit my/our account accordingly.
Signed	Date



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by

Cumbria County Council



and Cumbria Constabulary.

