

# LAKE DISTRICT SEARCH & MOUNTAIN RESCUE ASSOCIATION

## MOUNTAIN ACCIDENTS 2020



Picture; incident 481, total 36833, 20/12/20, Side Pike



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by Cumbria Constabulary.



Legal Deposit Information  
ISSN 2046-6277 (Print) ISSN 2046-6285 (Online)

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This report is issued by  
The Lake District Search and Mountain Rescue Association in the  
interests of all mountain users.

Lake District Search and Mountain Rescue Association

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national body, Mountain Rescue England & Wales and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

The production of the 2020 Annual Report was delayed. Hence this is a reduced online-only version, which focuses on the incident details and summary statistics.

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE  
ASSOCIATION IS REGISTERED AS A CHARITABLE TRUST 506349

# Chairman's Report 2020

The AGM held 20/03/20 was the last time we met face to face in a regional meeting. How things have changed over the past 12 months. The pandemic has changed the way we communicate and operate as a rescue organisation but the tragic accident involving Chris Lewis has been at the forefront of all our minds since the Red Screes callout on 6 February 2021. As I write this report my thoughts continue to return to Chris's recovery and the emotional suffering of his family and colleagues in Patterdale MRT. However, knowing that everyone will be in a similar position does mean that none of us are alone. I am sure Chris would not wish me to dwell on his recovery but even so my report this year is short.

I would like to remind you and your teams, reiterating the congratulations on receiving the Queens Award for Voluntary Service in June 2020. It is the highest possible award for a voluntary group and for our teams to be given this royal recognition is something we should all be very proud of. It is very well deserved and hard earned. It is good to see the QAVS logo in so many of the social media feeds and on team documentation.

On the numbers of callouts during 2020, there was a significant reduction due to Covid 19. For the year there were just over 500 but we experienced large increases of 50% for both August (107) and December (48). The reason was due to the large numbers of staycation new visitors, many who had never visited the Lake District before and had little understanding of the risks associated with the great outdoors and high fells. 2021 is anticipated to be the same if not worse and therefore as the flood gates open during the weekend of 27/03/21 we do need to be prepared. We will continue to promote <https://www.adventuresmart.uk> and be 'AdventureSmart' to reduce the numbers of avoidable searches that remain at 30% of the total.

Mutual and collaborative support between our teams continues to be a foundation stone for our region and 2020 was no exception. There were many examples of this during the past twelve months and it remains

heartening to see it happening. We will continue to make available similar support to the national body and the additional MRTs it represents across England and Wales.

The service we provide remains free and only possible through the generosity of those we rescue and the people visiting or living within our communities. Donations, bequests and legacies sent to the LDSAMRA teams make a real difference and it is gratifying to see the teams being recognised for their efforts. Contributions, however small, help our teams to operate effectively and we thank those that provide this support.

In conclusion I would like to thank the external organisations and agencies with whom we work, our near 400 volunteer team members and their families for their limitless commitment and support and our LDSAMRA Trustees and Officers, working groups and sub-committees for their dedication, support and hard work over the past twelve months.

Richard Warren  
Chairman LDSAMRA, February 2021

# Incident Details 2020

## January

<b>Ref</b>	<b>Total</b>	<b>Date</b>	<b>Time</b>	<b>Location / Grid Ref / W3W</b>
0001	36353	01/01/20	10:12:00	Wind Gap Reports of 2 walkers lost / injured who were identified as the two rescued by Cockermouth from Wind Gap the previous night Wasdale, 0.5hrs
0002	36354	01/01/20	13:52:00	Scrowbeck 13 year old male sprained ankle on Coniston Old man between the two quarries just of Scrowbeck Coniston, 2.25hrs
0003	36355	01/01/20	15:15:00	Latrigg 88 year old female with stomach pains and difficulty breathing on Cumbrian Way going down to Whinny Brow - Latrigg Keswick, 2hrs
0004	36356	01/01/20	15:21:00	Garringgill 64 year old female fallen with shoulder injury at the waterfall, Garringgill Penrith, 3.75hrs
0005	36357	01/01/20	15:48:00	High Stile 2 walkers stuck in fog , Standing stones, High Stile - talked back up to summit then talked off and met with limited callout Cockermouth, 2.5hrs
0006	36358	03/01/20	12:56:00	Ling Fell 65 year old male fallen coming down Ling Fell - dislocated elbow Cockermouth, 2hrs
0007	36359	05/01/20	15:46:00	Windy Gap Sheep rescue Windy Gap. Not a 999 - member of the public reported injured sheep attacked by dog Coniston, 1.25hrs
0008	36360	15/01/20	06:17:00	Pennine Way 50 year old female Spine runner on ledge cragfast Penrith, 7hrs

0009 36361 17/01/20 10:38:00 Dungeon Ghyll  
Call from walker two sheep cragfast above Dungeon Gill - farmer informed  
LAMRT, 0.5hrs

0010 36362 17/01/20 13:41:00 Plimpton  
Body in field seen from train near Plimpton - nothing found by police and team stood down  
Penrith, 1hr

0011 36363 18/01/20 13:01:00 Langdale Pikes  
68 year old male fallen between Harrison Stickle and Pike of Stickle - injured shoulder -  
helicopters 912 from Hull and Helimed 58 had to abort  
LAMRT, 5hrs

0012 36364 18/01/20 13:29:00 Nethermost Cove  
25 year old male fallen off Striding Edge 15 m tumble on Nethermost Cove side - RAF  
Leeming handled job with Patterdale Base manned  
Patterdale, Bristow 936, 4.25hrd

0013 36365 18/01/20 16:49:00 Patterdale  
Male walker cannot weight bare - leg injury - taken to Patterdale Base then transported to  
Carlisle CIC by RAF Leeming  
Patterdale, 0.75hrs

0014 36366 18/01/20 17:22:00 Coniston Old Man  
Female walker lost on descent from Coniston Old Man - above Nettle Crag - no map,  
compass or torch and in wellies - only got light from phone  
Coniston, 1.5hrs

0015 36367 19/01/20 11:04:00 Millom  
59 year old male on top of slag heap in centre of Millom - short carry - swollen ankle -  
difficult extract icy conditions  
Duddon & Furness, 1.5hrs

0016 36368 19/01/20 16:05:00 Blencathra  
Report of two walkers stuck above scales tarn between Sharp Edge and Halls Fell Top -  
150 m below the ridge  
Keswick, 4hrs

0017 36369 21/01/20 15:17:00 Sedbergh  
17 year old female with dislocated knee - 200 metres into wood, Loftus Hill, Sedbergh -  
team stood down after 15 mins but team member attended  
Kirby Stephen, 0.15hrs



0018 36370 21/01/20 17:36:00 Dungeon Ghyll  
48 and 26 yo walkers plus dog descending from Pavey Ark and lost the path near to  
Dungeon Ghyll -W3W #2///Help.Rather.Monorail - put them in Bolivia - should be Helped  
LAMRT, 3hrs

0019 36371 21/01/20 19:34:00 Blake Fell  
36 year old female has fallen suspected broken arm/ elbow on Blake Fell  
Cockermouth, 3hrs

0020 36372 22/01/20 14:55:00 Sharp Edge  
Male walker slipped on Sharp Edge and sprained ankle can't walk  
Keswick, 4hrs

0021 36373 24/01/20 16:22:00 Levers Hause  
2 walkers lost at Levers Hause (Phonefind +/-4m) on descent from Coniston Old man  
Coniston, 4hrs

0022 36374 25/01/20 17:14:00 Great Dodd  
11 year old male hypothermic in tent between Great Dodd and Watson Dodd  
Keswick, 4hrs

0023 36375 25/01/20 18:24:00 Rosthwaite  
Party of men - male with injured knee /hip torn muscle on path between Rosthwaite  
Watendlath  
Keswick, 1hr

0024 36376 26/01/20 09:56:00 Striding Edge  
20 year old male fallen 10m tumbling fall off Striding edge on Red Tarn Side below rock  
step - head injuries and in shock  
Patterdale, Bristow 199 Prestwick, 5.5hrs

0025 36377 27/01/20 13:41:00 Sheffield Pike  
67 year old male with ankle injury near Sheffield Pike on descent path in Glencoyne valley  
Patterdale, 2.5hrs

## February

Ref	Total	Date	Time	Location / Grid Ref / W3W
0026	36378	01/02/20	13:41:00	Lords Seat 44 year old female heart issues with pulse of 190 - Beckstones Beck path up the Lords Seat / Bishop Keswick, 1.5hrs

0027 36379 03/02/20 11:47:00 Swinescar Pike  
64 yo fallen with head injury - 2 people and dog in party - Swinescar Pike above Chapel Stile  
LAMRT, 3.5hrs

0028 36380 03/02/20 17:12:00 Gummers How  
Walkers lost - Gummers walk - walking on road - TL picked up as dangerous road  
Kendal, 0.75hrs

0029 36381 04/02/20 14:14:00 Place Fell  
45 year old female walker Place Fell suspect broken ankle  
Patterdale, GNAA 58, 3.75hrs

0030 36382 04/02/20 15:42:00 Braithwaite  
39 year old female slipped on wet grass possible broken ankle W3W  
#3///FLOPPING.COMMUTING.MIDDLE - OK put them on the path above Braithwaite on Barrow descent path  
Keswick, 1.75hrs

0031 36383 06/02/20 15:55:00 Pillar  
40 year old female fallen descending from Pillar - Head and Chest injuries -  
Cockermouth, Bristow 199 Prestwick, 3hrs

0032 36384 07/02/20 15:34:00 Tilberthwaite  
43 year old female fallen Tilberthwaite  
Coniston, 2.25hrs

0033 36385 08/02/20 08:37:00 Thirlmere  
2 x 20 year old female stuck on Hawes How Island - on Thirlmere - boat has floated off -  
job passed onto CFRS  
Keswick, 0.5hrs

0034 36386 08/02/20 13:20:00 Levers Water  
Sheep stuck above Levers water  
Coniston, 2.75hrs

0035 36387 08/02/20 22:36:00 Skiddaw House  
Flashing light reported on side of Skiddaw House alarm on side of hill  
Keswick, 1hr

0036 36388 09/02/20 03:16:00 Derwent Water  
Evacuation of the Derwent Water caravan Park - River Greta burst its banks - Storm Ciara  
Keswick, 2hrs

0037 36389 09/02/20 05:47:00 Skelwith Bridge  
 Car in flooded Hotel Car Park - automated emergency beacon - "you had better hurry the water is rising" - reported as car RTC in water at Skelwith Bridge, no passengers  
 LAMRT, 0.5hrs

0038 36390 09/02/20 06:09:00 LDSAMRA  
 LDSAMRA Water Rescue Group alerted and put itself on standby  
 LDSAMRA SRT group, 7hrs

0039 36391 09/02/20 07:24:00 Ambleside  
 Lowfold opened up for NWAS to decamp from their ambulance station at risk from flooding  
 LAMRT, 2hrs

0040 36392 09/02/20 09:32:00 Grasmere  
 93 year old male fallen and injured himself - NWAS cannot get to him due to flood water  
 LAMRT, 2.5hrs

0041 36393 09/02/20 10:56:00 Penrith  
 Unsure if farmer needs help - area flooded and farmer gone out to sheep - handed over to CFRS and MRT stood down  
 Penrith, 0.25hrs

0042 36394 09/02/20 13:59:00 Milnthorpe  
 Request from Silver for transport for District Nurse from Milnthorpe - MRT stood down after Nurse eventually got to Arnside  
 Kendal, 2hrs

0043 36395 14/02/20 13:53:00 Edenhall  
 Vulnerable adult missing headed for river - WRG called in - Fatality - Field House Edenhall  
 Cockermouth, Keswick, Kirby Stephen, Patterdale, Penrith, 2.5hrs

0044 36396 15/02/20 11:23:00 Cockley Beck  
 42 year old male fallen off bike between Wrynose and Hardknott - Injured Knee  
 Coniston, LAMRT, 2hrs

0045 36397 15/02/20 20:12:00 Appleby Road  
 Ambulance between Junction at Swillings lane and Appleby road - stuck in flood water but eventually got themselves clear after 30 mins  
 Kirby Stephen, 1.75hrs

0046 36398 16/02/20 04:49:00 Levens  
64 year old male fallen and injured head - River Kent overflowed and ambulance cannot get near to Holiday park at Sampool, nr Levens  
Kendal, 1.5hrs

0047 36399 16/02/20 10:43:00 Talkin  
51 year old female fallen nr to Old Hote, Tarn End, Talkin - 200 m carry  
Penrith, 0.5hrs

0048 36400 16/02/20 12:51:00 Ashness Bridge  
53 year old male ankle dislocation Ashiness Bridge  
Keswick, 1.5hrs

0049 36401 16/02/20 17:07:00 Haweswater  
Party of 2 lost on Coast to Coast and now cragfast on steep ground above Haweswater  
Penrith, 4.5hrs

0050 36402 19/02/20 12:39:00 Nine Standards  
Lone walker lost on the Coast to Coast between Williamson Farm and Nine Standards  
Kirby Stephen, 2hrs

0051 36403 20/02/20 19:51:00 Caldbeck  
50 year old male failed to turn up on walk in Caldbeck area - turned up safe and well  
Keswick, 1hr

0052 36404 21/02/20 14:59:00 Stickle Ghyll  
Couple , one with injured knee cannot cross Stickle Ghyll - trapped with rising water but eventually got back to car park team stood down  
LAMRT, 1.5hrs

0053 36405 21/02/20 19:57:00 Easedale Tarn  
19- 20 year old males wild camping Easdale Tarn lost on return to car  
LAMRT, 2hrs

0054 36406 22/02/20 12:18:00 Castle Crag  
47 year old female slipped and injured ankle Castle Crag  
Keswick, 3.5hrs

0055 36407 22/02/20 12:19:00 Cark  
Retired farmer with dementia gone missing in Cark area - found in marshes - fatality  
Duddon & Furness, 3.5hrs

0056 36408 22/02/20 12:47:00 Harrison Stickle  
10 year old male Walker slipped and hurt ankle descending from Harrison Stickle - team member also injured knee - 2 x ambulances needed  
LAMRT, 5.25hrs

0057 36409 22/02/20 12:54:00 Coniston Old Man  
30 year old male slipped and possible broken ankle not far from summit of Coniston Old man W3W #4///OLDER.VIEW.QUOTE  
Coniston, 3hrs

0058 36410 22/02/20 14:16:00 Castle Crag  
63 year old female dislocated shoulder Castle Crag -W3W  
#5//RECKONED.SERVE.FINANCIAL - wrong as it put location in middle of Derwent Water Keswick, 2hrs

0059 36411 25/02/20 13:22:00 Low Park  
73 year old male cardiac arrest on the Cumbria Way - near Low Park Skelwith  
LAMRT, GNAA, 2hrs

0060 36412 26/02/20 12:51:00 Fairfield  
Dog blown over the edge Fairfield - no action  
LAMRT, 0.5hrs

0061 36413 26/02/20 14:40:00 Place Fell  
Female descending Place fell suspect broken ankle  
Patterdale, 5hrs

0062 36414 28/02/20 10:36:00 Kirkstone Pass  
Number of vehicles plus RTC top of Kirkstone Pass in snow  
Patterdale, 2hrs

0063 36415 28/02/20 10:50:00 Corney Fell  
Vehicles stuck and RTC on Corney Fell  
Duddon & Furness, Wasdale, 3hrs

0064 36416 28/02/20 17:22:00 Wrynose Pass  
Car stuck on west side of Wrynose Pass  
LAMRT, 2hrs

0065 36417 28/02/20 20:07:00 Grizedale Pike  
Mountain bike left on top of Grizedale Pike  
Keswick, 0.5hrs

0066 36418 29/02/20 15:52:00 Scafell Pike  
 2 walkers moving slowly down from Scafell Pike need assistance at stream crossing -  
 team member on scene  
 Wasdale, 2.5hrs

## March

Ref	Total	Date	Time	Location / Grid Ref / W3W
0067	36419	01/03/20	12:13:00	Easedale Tarn 73 yom slipped - back pain just above Easedale Tarn LAMRT, 5hrs
0068	36420	01/03/20	15:20:00	Bannerdale 50 year old female slipped and damaged ankle - Bannerdale W3W #6//PROFITED.BUDDY.ELBOW - 500m out from Phonefind but accurate on the path line Keswick, 4hrs
0069	36421	01/03/20	16:28:00	Eagle Crag Rescue dog from Eagle Crag for local farmer Patterdale, 3.5hrs
0070	36422	05/03/20	14:01:00	Pillar Male walker had fallen 200m from the summit of Pillar. Head and arm injuries. Cockermouth, 8hrs
0071	36423	05/03/20	17:27:00	Helvellyn 15 year old male fallen on descent from Helvellyn - party of 15 - broken hand, and nose injury Keswick, 4hra
0072	36424	06/03/20	15:42:00	Brunt Fell 17 year old female abdominal pains - Rosthwaite side of Brund Fell Kendal, 1hr
0073	36425	07/03/20	10:15:00	Dow Crag 49 year old male lost in Dow Crag area Coniston, 2.25hrs
0074	36426	07/03/20	14:30:00	Fairfield Experienced runner caught out by changing weather - set off from Rydal to Fairfield LAMRT, Kendal, 5hrs

0075 36427 08/03/20 14:02:00 Stickle Tarn  
73 year old male fallen with injured ankle - 200m below Stickle Tarn  
LAMRT, Kendal, 4hrs

0076 36428 08/03/20 15:14:00 White Moss  
54 year old female fallen on hill above White Moss Car Park  
LAMRT, Kendal, 1.75hrs

0077 36429 09/03/20 09:20:00 Pavey Ark  
Walkers cragfast to the right of Easy Gulley on Pavey Ark #7//WOOL.PINK.CHAP -  
accurate - within 100m to the west of phone find  
LAMRT, 3hrs

0078 36430 11/03/20 12:46:00 Eskdale  
31 year old male climbed Scafell and became lost on descent - went into Eskdale  
Wasdale, 6hrs

0079 36431 11/03/20 14:02:00 Dodd Wood  
83 year old male fallen in Dodd Wood - Head injury  
Keswick, 2hrs

0080 36432 11/03/20 14:28:00 Broad Crag Col  
48 year old male injured foot on descent from Scafell Pike at Broad Crag col -  
#8//FORECAST.CONDUCTED.RESERVING - accurate  
Wasdale, 3hrs

0081 36433 11/03/20 17:21:00 Slightside  
Lost walker between Slightside and High Scarth Gap  
Wasdale, Duddon & Furness, 2.5hrs

0082 36434 11/03/20 19:57:00 Torver  
Lost walker walking from Torver to the Lake Shore campsite - stuck in a marsh  
Coniston, 1hr

0083 36435 13/03/20 12:17:00 Sweden Bridge  
47 year old male fitting near Wansfell - 1 mile up the road / fell towards Sweden Bridge  
Lane  
LAMRT, 0.45hr

0084 36436 13/03/20 15:35:00 Winder Fell  
52 year old female suspect broken ankle on Winder fell above Sedburgh  
Kendal, 3.5hrs

0085 36437 14/03/20 15:31:00 Fisherground  
52 year old female fitting on the path at Milkingstead opposite Fisherground campsite other side of river Esk  
Wasdale, 1.5hrs

0086 36438 14/03/20 22:00:00 Hart Crag  
Party of 4 camping on summit of Hart Crag ( Fairfield Horseshoe  
#9//INSURERS.AQUATICS.BLOOMERS - should have been Aquatic which is 1000m out  
Patterdale, 5hrs

0087 36439 15/03/20 15:23:00 Red Beck  
59 year old female fallen with wrist and ankle injuries between Red Beck and Robin Hoods Chair  
Cockermouth, 3.25hrs

0088 36440 15/03/20 20:18:00 Winder Fell  
40 year old male critical overdose Winder fell - Kendal and Penrith Auto Pulses dispatched - CPR ongoing - R199 to Carlisle  
Kirby Stephen, Penrith, Kendal, Bristow 199 Prestwick, 3.75hrs

0089 36441 16/03/20 17:02:00 Scafell Pike  
Shouts for help heard by a team supporter - eventually he found lost pair and helped off  
Wasdale, 3.5hrs

0090 36442 18/03/20 14:29:00 Gowbarrow Fell  
Male walker slipped and injured ankle - heard crunch - on Gowbarrow Fell nr Dockray Royal Hotel  
Patterdale, 3hrs

0091 36443 18/03/20 16:11:00 Blindtarn Moss  
69 year old female fallen and cannot weight bear on ankle - Party of 3 - path to Blindtarn Moss from Brimmer Head Farm  
LAMRT, 1.75hrs

0092 36444 20/03/20 14:35:00 Grizedale Tarn  
25 year old female with suspect compound femur (later established dislocated knee)  
Grizedale Tarn- Casualty had arrived from Italy and had finished 7 days self isolation  
Patterdale, 5hrs



0093 36445 21/03/20 10:19:00 Kentmere  
2x 40 year old female injured runners struggling to walk - Kentmere Fell Race route -  
managed to self rescue with other walkers poles  
Kendal, 0.5hrs

0094 36446 21/03/20 11:35:00 Red Screes  
45 year old male slipped on descent from Red Screes and twisted knee  
LAMRT, 2hrs

0095 36447 21/03/20 12:24:00 Honister Pass  
30 year old male fallen off bike on Honister Pass - unconscious - CPR - Fatal  
Keswick, GNAA 58, 3hrs

0096 36448 22/03/20 14:21:00 Walla Crag  
Male walker unable to weight bear on leg - Walla Crag down to Great wood car park  
Keswick, 1.5hrs

0097 36449 29/03/20 21:11:00 Loughrigg  
Male runner on Loughrigg - stuck on a cliff after a fall overlooking Rydal Water - self  
rescued  
LAMRT, 0.3hrs

## April

<b>Ref</b>	<b>Total</b>	<b>Date</b>	<b>Time</b>	<b>Location / Grid Ref / W3W</b>
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0098	36450	10/04/20	16:14:00	Millom
52 year old female slipped down a slope injured leg whilst dog walking - near the Pier Devonshire Millom - Ambulance crew on scene managed to sort and team stood down - Duddon & Furness, 3.25hrs				

0099	36451	20/04/20	13:19:00	Seathwaite Tarn
69 year old female plus husband slipped at Seathwaite tarn - Wife suspected broken ankle and cut to head - husband injury to leg - travelled from Grange Over Sands - Duddon & Furness, Bristow 199 Prestwick, 2.5hrs				

## May

<b>Ref</b>	<b>Total</b>	<b>Date</b>	<b>Time</b>	<b>Location / Grid Ref / W3W</b>
0100	36452	03/05/20	11:29:00	Bassenthwaite 50 year old male - local farmer - came off quad bike - High Side, Bassenthwaite - well known to team members - Multiple trauma - CPR but sadly died at scene Keswick, GNAA 58, 2.25hrs
0101	36453	05/05/20	18:24:00	Scout Scar 18 year old male fallen after legs gave way - possible broken leg - Scout Scar Kendal, 2.5hrs
0102	36454	06/05/20	14:09:00	Dalton Crag 50 year old male fallen off mountain bike - Dalton Crag - group of 5 mountain bikers travelled up from outside Cumbria - police to visit the group. Kendal, NWA 08 Blackpool, 2.75hrs
0103	36455	08/05/20	13:42:00	Gosforth 49 year old female broken leg near Moel bank Farm, Gosforth - not high fell rescue Wasdale, 3.25hrs
0104	36456	12/05/20	15:01:00	Brant Fell 75 year old male fallen with a head injury - near Brant Fell Summit - Bowness on Windermere LAMRT, 2hrs
0105	36457	17/05/20	12:31:00	Sadgill 20 year old male come off mountain bike - dislocated shoulder - Kenmore to Sadgill #10//ENHANCED.FEWER.SCOPIG - very accurate Kendal, 4.5hrs
0106	36458	19/05/20	18:30:00	Scafell Pike Father and 14 year old male son lost on descent from Scafell Pike - found at Flass Knotts after Straight Gill - had driven up from Cheshire that morning 6:00am - thick mist - slipped - no map compass or torch and only smart phone for navigation - challenge event Wasdale, LDMRSD Dogs, 6.5hrs
0107	36459	21/05/20	17:09:00	Loughrigg Tarn 25 year old male fallen of bike near Loughrigg Tarn - short carry to ambulance LAMRT, 1.5hrs

0108 36460 23/05/20 13:16:00 Derwentwater  
 2 Kayakers overturned and stranded on Rampsholme Island on Derwentwater - recovered by CFRS  
 Keswick, 0.25hrs

0109 36461 24/05/20 09:34:00 Piers Gill  
 Father and 15 year old male travelled from Lancashire to climb scafell Pike and got lost on descent ending up at stream junction top of Piers Gill. Talked back to Lingmell Col and main path down to Brackenclose  
 Wasdale, 2hrs

0110 36462 28/05/20 09:52:00 Sedbergh  
 65 year old female fallen with back injury assistance with carry from a field - Hill top farm  
 Sedbergh  
 Kendal, 2.5hrs

0111 36463 28/05/20 14:11:00 Tebay  
 77 year old male fallen with head injury just off the road 500 yes from Potlands near Tebay - Air Ambulance evacuation - Peri arrest  
 Kirby Stephen, GNAA 58, 3hrs

0112 36464 29/05/20 08:26:00 Haweswater  
 31 year old male slipped and query injured ankle - Haweswater - opposite side of Lake to Hotel - casualty sat outside Hotel waiting for ambulance - team stood down  
 Penrith, 1hr

0113 36465 29/05/20 16:09:00 Honister Pass  
 29 year old male fallen off bike at bottom of Honister Buttermere side - same location as last fatality - head injury  
 Keswick, 1hr

0114 36466 30/05/20 17:24:00 Devils Bridge  
 Female fallen onto rocks below Devils Bridge - head injury - serious bleeding - Ambulance crew arrived and dealing with it - team stood down.  
 Kendal, 0.5hrs

0115 36467 31/05/20 18:01:00 Black Moss Pot  
 30 year old male with possible fractured femur - Langstath - Black Moss Pot - cas had walked down  
 Keswick, NWAA 08 Blackpool, 2hrs

## June

<b>Ref</b>	<b>Total</b>	<b>Date</b>	<b>Time</b>	<b>Location / Grid Ref / W3W</b>
0116	36468	03/06/20	13:03:00	Coniston Old Man 67 year old female suspect broken ankle just below the summit of The Old Man - Coniston, 3.5hrs
0117	36469	11/06/20	18:06:00	Dale Head Call from a walker reporting male shouts for help - walking down Dale Head Wasdale, Duddon & Furness, LDMRSD Dogs, 3hrs
0118	36470	12/06/20	01:50:00	Ghyll Head Female depressed - went for walk - wet cold and windy - located in area of Ghyll Head Kendal, 1.5hrs
0119	36471	12/06/20	11:08:00	Low Park Wood 58 year old male fallen from tree into river - head injury - Low Park Wood Kendal, NWAA 08 Blackpool, 3hrs
0120	36472	12/06/20	13:26:00	Tebay 56 year old female fallen and suspect broken ankle - nr Tebay 150 yds from road. Kirby Stephen, 1.5hrs
0121	36473	13/06/20	15:05:00	Ulldale Farm 24 year old male fallen off mountain bike near Ulldale Farm, Wilton suspect dislocated collar bone - team stood down when they got there - casualty in ambulance Wasdale, 0.75hrs
0122	36474	13/06/20	22:45:00	Scafell Pike Two walkers failed to return from Summit Scafell Pike - turned up safe and well at cars Wasdale, 1.25hrs
0123	36475	14/06/20	09:49:00	Styhead Tarn 19 year old female fallen and suspect broken ankle - camping at Styhead Tarn - WMRT carry to Seathwaite to be met by Keswick MRT Wasdale & Keswick, 6.5hrs
0124	36476	14/06/20	12:11:00	Dollywagon Pike 69 year old female fallen and injured arm and banged head - Top of Dollywagon Pike Patterdale, 6hrs

0125 36477 14/06/20 18:17:00 Swirl How  
 11 year old male fallen - descending from Swirl How to Coniston - tumble fall with cut to ear and bumped head  
 Coniston, 3.5hrs

0126 36478 14/06/20 21:37:00 Caldbeck  
 Dog fallen in a ravine - footbridge near the Howk at Caldbeck - managed to get it out with help from passer by.  
 Keswick, 0.5hrs

0127 36479 15/06/20 15:01:00 Great Hellgate  
 Group of 3 stuck in Great Hellgate scree - thought they were on Scafell Pike  
 Wasdale, 7hrs

0128 36480 15/06/20 16:22:00 Under Loughrigg  
 11 year old male with foot stuck on barbed wire - Stepping Stones country house under Loughrigg - assistance with extraction over river  
 LAMRT, 0.5hrs

0129 36481 16/06/20 07:45:00 Windermere  
 78 year old female fallen 4 ft down a ravine on path from Helm Road Windermere - lower leg injury - half a mile up path from access gate  
 LAMRT, 1.5hrs

0130 36482 19/06/20 22:17:00 Stickle Tarn  
 Party of 4 lost near Stickle Tarn - do have torches but would not come down - decided to pitch tent and come down first light - making way down 07:41  
 LAMRT, 0.5hrs

0131 36483 20/06/20 14:44:00 Stickle Ghyll  
 Party of 4 between Stickle Barn and the Tarn  
 LAMRT, 2hrs

0132 36484 20/06/20 16:04:00 Shepherds Crag  
 19 year old male fallen climber Shepherds Crag - head laceration and injury to shoulder - Ambulance to CIC  
 Keswick, GNAA 58, 3.25hrs

0133 36485 21/06/20 15:21:00 Quagrigg Moss  
 18 & 23 year old males lost on Scafell - Quagrigg Moss  
 Wasdale, 1.5hrs

0134 36486 22/06/20 13:46:00 Scout Scar  
75 year old male fallen possible hip injury 0.5 km from car park - Scout Scar  
Kendal, 1.25hrs

0135 36487 22/06/20 17:23:00 Whitbarrow  
59 year old female fallen possible hip injury - Whitbarrow  
Kendal, 1.5hrs

0136 36488 24/06/20 21:40:00 Howgills  
75 year old male fallen down waterfall - missing on Howgills  
Kirby Stephen, Bristow 199 Prestwick, 16.5hrs

0137 36489 27/06/20 13:42:00 Scafell Pike  
2 adults lost on descent from Scafell - on descent to Broad Stand - talked back up to top  
and met by team - no waterproofs  
Wasdale, 6.5hrs

## July

Ref	Total	Date	Time	Location / Grid Ref / W3W
0138	36490	02/07/20	21:49:00	Burnmoor Tarn Lost male walker descending Scafell Pike ending up at Quadric Moss above Burnmoor Tarn - walked off Wasdale, LDMRSD Dogs, YES, 2.7hrs
0139	36491	03/07/20	21:22:00	Helvellyn 2 walkers plus dog at summit Helvellyn in mist - walked them off Wasdale, 3.5hr
0140	36492	04/07/20	13:39:00	Gill Cove Crag Male walker fallen 50ft on Gill Cove Crag - leg injury and bone exposed _ only knee - Not as serious as expected - GNAA stood down Coniston, GNAA 58, 2.5hrs
0141	36493	04/07/20	14:59:00	Caw Fell Mother and daughter lost below Caw Fell - located and walked off - dog find Wasdale, LDMRSD Dogs, 6hrs
0142	36494	06/07/20	13:38:00	Fairfield Walker heard calls for help from ravine - walker is on Fairfield above Ambleside - WIFA - LAMRT, 0.5hrs

0143 36495 06/07/20 14:06:00 Helm Crag  
Grandmother with 12 year old female who has an injured leg below Helm Crag  
LAMRT, 3hrs

0144 36496 08/07/20 16:44:00 Kettlewell  
10 year old male fallen and banged head blood in mouth - Kettlewell car Park - no MRT  
required - stood down  
Keswick, 0.15hrs

0145 36497 09/07/20 16:14:00 Langstrath  
Young daughter - party of 5 - dislocated knee - walking up to Langstrath Dale from  
Stonythwaite  
Keswick, 3.5hrs

0146 36498 09/07/20 16:48:00 Ashness Bridge  
female fallen on left ankle and cannot weight bare - managed to self rescue to road  
Keswick, 0.75hrs

0147 36499 09/07/20 17:13:00 Corridor Route  
71 year old male fallen and injured hip on Corridor route descending to Seathwaite -  
wasdale on standby if help required  
Keswick, NWAA 08 Blackpool, 4.5hrs

0148 36500 09/07/20 19:27:00 Dunmail Raise  
27 yo couple lost above Dunmail Raise  
LAMRT , 4hrs

0149 36501 09/07/20 20:57:00 Esk Hause  
37 tom cramp at top end Eskdale below Esk Hause - helicopter evacuation - shorts and t  
shirt no waterproofs  
Wasdale, Duddon & Furness, LDMRSD Dogs, Bristow 199 Prestwick, 4hrs

0150 36502 11/07/20 11:13:00 Patterdale  
Walker with dislocated shoulder 20 mins from car park - walking down - team members  
assisted  
Patterdale, 1hr

0151 36503 11/07/20 18:12:00 Walna Scar Road  
28 year old male with cramp in car on Walna Scar road unable to stand - in quarry car park  
Coniston, 1.25hrs

0152 36504 11/07/20 19:20:00 Howgill  
 "55 year old female came off quad bike chest injuries - near Murthwaite Farm Howgill ,nr  
 Sedburgh  
 Kirby Stephen, Bristow 936, 4.5hrs

0153 36505 11/07/20 22:23:00 Nateby Common  
 55 year old male with chest pains in group of 20 camping by track - near Nateby Common  
 - near Kirkby Stephen others cold  
 Kirby Stephen, Penrith, Kendal, Bristow 912, 3hrs

0154 36506 12/07/20 11:57:00 Stickle Tarn  
 Dog stuck on rocks above Stickle Tarn - got itself off  
 LAMRT, 0.25hrs

0155 36507 12/07/20 13:31:00 Rydal Cave  
 5 year old male fallen on rocks Rydal Cave - in and out of consciousness - Helmed to RVI  
 LAMRT, NWAA 08 Blackpool, 3.25hrs

0156 36508 12/07/20 14:31:00 Walna Scar Road  
 60 year old male came off bike on Walna Scar track - CPR in progress  
 Coniston, 3.5hrs

0157 36509 12/07/20 23:06:00 Whisk Wood  
 Male involved in RTC made way into Whisk Wood, north of Longtown - team stood down  
 as no longer required  
 Penrith, 0.45hrs

0158 36510 13/07/20 16:52:00 Chapel House  
 28 yo lost with her dog in the woods near Chapel House - found the path and no action  
 required  
 Kendal, 1hr

0159 36511 14/07/20 16:08:00 Dale Head  
 62 year old male fallen 50' down - Dale Head Scree head injury - helicopter stood down -  
 casualty walking down with TL  
 Wasdale, Bristow 936, 2hrs

0160 36512 14/07/20 19:42:00 Brown Tongue  
 Walker descending Brown Tongue from Scafell Pike - cols and wet and legs wont work  
 Wasdale, 2hrs



0161 36513 15/07/20 12:31:00 Brigsteer  
78 year old female fallen with chest injuries - Helsington Barrows nr Brigsteer  
Kendal, 1.5hrs

0162 36514 15/07/20 14:17:00 Whiteless Pike  
60's year old female fallen 100' tumble on Whiteless Pike - confused and cold leg injury  
possible loss of consciousness - Bristow evacuation  
Cockermouth, 3hrs

0163 36515 15/07/20 15:06:00 Nan Bield Pass  
Female walker - injured ankle 0 Nan Bield Pass  
Penrith, 4hrs

0164 36516 15/07/20 20:08:00 Rydal Water  
56 year old male lost nr waterfall above Rydal Water  
LAMRT, 1hr

0165 36517 16/07/20 14:42:00 Whitbarrow  
79 year old female fallen Whitbarrow - husband goes for help and collapses  
Duddon & Furness, Kendal, 3hrs

0166 36518 16/07/20 18:28:00 Oak Howe  
9 year old male fallen off bike at Oak Howe Elterwater  
LAMRT, 2hrs

0167 36519 17/07/20 14:25:00 Pillar  
3 walkers stuck on summit of Pillar - talked off by TL  
Cockermouth, 3hrs

0168 36520 17/07/20 15:34:00 Catbells  
Couple of walkers and dog slipped lead and female now missing lost on Catbells - dog ran  
off after sheep -located by another walker  
Keswick, 1hr

0169 36521 17/07/20 17:29:00 Grisedale Tarn  
19 & 20 yo walkers lost on Fairfield above Grisedale Tarn  
LAMRT, 4.5hrs

0170 36522 18/07/20 12:50:00 Borrowdale  
90 year old male fallen into stream head injury nr Borrowdale - made own way off and  
team stood down  
Kendal, 2hrs

0171 36523 18/07/20 15:52:00 Coniston Old Man  
34 year old female injured knee summit of Coniston Old man  
Coniston, Bristow 199 Prestwick, 3.25hrs

0172 36524 18/07/20 18:19:00 Burnthwaite  
64 year old female crack heard injured ankle - about a mile up from Burnthwaite by  
Lingmell Beck  
Wasdale, 4hrs

0173 36525 18/07/20 18:56:00 Great Hellgate  
2 walkers lost on descent of Gable and now scree fast - Great Hellgate  
Wasdale, 3.5hrs

0174 36526 19/07/20 17:52:00 Brock Crag  
2 walker plus child on Brock Crag got lost but eventually walked off  
Patterdale, 0.5hrs

0175 36527 20/07/20 15:26:00 Scarth Gap  
30 year old male injured ankle between High Crag and Haystacks nr Scarth Gap  
Cockermouth, 1.5hrs

0176 36528 20/07/20 19:37:00 Lingmell Crags  
2 male walkers climbed Lingmell Crags thinking it was Scafell Pike - 300m of rope used to  
bring them up from River left Straight Gill - same location as last time  
Wasdale, 8hrs

0177 36529 21/07/20 12:58:00 High Cup Nick  
53 year old female fallen and cut knee High Cup Nick  
Kirby Stephen, 4.75hrs

0178 36530 21/07/20 18:29:00 Brotherilkeld  
18 year old female with broken foot - up from Brotherilkeld - person not found and must  
have managed to get off the fell  
Wasdale, 2.5hrs

0179 36531 24/07/20 13:43:00 Smardale Hall  
73 year old male with breathing difficulties - Old Lime Kiln near Smardale Hall  
Kirby Stephen, GNAA 58, 2.25hrs

0180 36532 24/07/20 15:24:00 Pott Gill  
Male walker with injured ankle Pott Gill path towards Fellside Outdoor Centre  
Keswick, 2.5hrs

0181 36533 24/07/20 17:31:00 Brown Tongue  
 St. Bernard Dog top of Brown Tongue on Scafell Pike Descent - unable to move her - dog collapsed with pain in rear legs - stretcher carry off - 4 year old and 5 stone  
 Wasdale, 5hrs

0182 36534 24/07/20 22:38:00 Scafell Pike  
 Male walker with dog lost on Scafell Pike - talked off by TL  
 Wasdale, 3hrs

0183 36535 25/07/20 02:28:00 Hallen Fell  
 Family of three including 5 year old child camping on Hallen Fell - tent blown down  
 Patterdale, 2hrs

0184 36536 25/07/20 05:13:00 Lingmell Gill  
 2 walkers doing - 3PC - turned back due to weather but stuck at Lingmell Gill crossing - told to wait for beck to fall - now safely off the fell  
 Wasdale, 2.25hrs

0185 36537 25/07/20 14:52:00 Kendal  
 3 x walkers plus three children missing.  
 Kendal, 0.5hrs

0186 36538 25/07/20 18:07:00 Staveley Park  
 12 year old female fallen off swing rope - wrist injury at back of Staveley Park  
 Kendal, 1.75hrs

0187 36539 25/07/20 22:54:00 Scafell Pike  
 Callers son went up Scafell Pike - turned up after taking a different route down.  
 Wasdale, 0.25hrs

0188 36540 26/07/20 07:36:00 Scafell Pike  
 2 male walkers lost on Scafell Pike nr Pulpit Rock - although initial report went to Lancashire police for lost on Wasdale Pike.  
 Wasdale, 3hrs

0189 36541 26/07/20 12:20:00 Piers Gill  
 Police contacted WMRT to recover a dead dog from Greta / Piers Gill junction  
 Wasdale, 7hrs

0190 36542 26/07/20 13:12:00 Swirral Edge  
 2 x males lost on the easy route Swirral Edge - talked off by TL  
 Patterdale, 0.5hrs

0191	36543	26/07/20	16:41:00	Stool End
Direct call from Stool End Farm – injury reported. LAMRT, 5hrs				
0192	36544	26/07/20	18:34:00	Easedale Tarn
Female walker slipped on path to Easdale Tarn LAMRT, 5hrs				
0193	36545	26/07/20	19:38:00	Dodd Forest
Lady fallen off bike nr Dodd forrest - hip injury Keswick, 2hrs				
0194	36546	26/07/20	20:06:00	Cockermouth
Female fallen from motorbike with back injury - help required from NWAS for extrication Cockermouth, 1.75hrs				
0195	36547	26/07/20	21:39:00	Scafell Pike
Father and sons 22 year old male + 16 year old male lost on Scafell Pike Descent - turned up at Campsite Shop Brackenclose RAFLeeming MRT plus dogs / Keswick/ Duddon / WMRT, LDMRSD Dogs, 12hrs				
0196	36548	27/07/20	13:50:00	Scafell Pike
3 male walkers 17,17,18 lost on descent from Scafell Pike - cold and wet through Wasdale, Duddon & Furness, Keswick, LDMRSD Dogs, 2hrs				
0197	36549	27/07/20	14:30:00	Scafell Pike
Duplicate call for same three but there was time spent resolving Wasdale, 0.5hrs				
0198	36550	27/07/20	14:49:00	Patterdale
Female walker started fro Thirmere Swirl Car Park and lost on Patterdale side - wet through - found her own way back to car Patterdale, 4hrs				
0199	36551	27/07/20	16:55:00	Scafell Pike
2 walkers lost on the way down from Scafell Pike Wasdale, 2hrs				
0200	36552	28/07/20	15:33:00	Wythburn
53 year old female ankle injury above Wythburn Keswick, 1.5hrs				

0201 36553 28/07/20 15:42:00 Stockghyll Force  
Male rider with damaged shoulder. Near Stockghyll Force  
LAMRT, 0.75hrs

0202 36554 28/07/20 17:29:00 Hoad Hill  
32 year old male fallen whilst running down from Hoad Hill - injury to lower leg - 30 min  
delay due to NWAS using  
Duddon & Furness, 2.5hrs

0203 36555 29/07/20 14:48:00 Scafell Pike  
60 year old male fallen on Corridor route down from Scafell Pike - by Round How  
Wasdale, Bristow 199 Prestwick, 3hrs

0204 36556 30/07/20 17:46:00 Force Crag Mine  
61 year old female fallen up at Force Crag Mine above Braithwaite - suspect broken ankle  
Keswick, 1.25hrs

0205 36557 31/07/20 13:19:00 Broad Stand  
2 male walkers following the OS App from Scafell to Scafell Pike - ended up above Broad  
Stand on the grass ledge area adjacent to the abseil point  
Wasdale, 6hrs

## August

Ref	Total	Date	Time	Location / Grid Ref / W3W
0206	36558	01/08/20	16:45:00	Keswick Female Ghyll scrambling fallen and cant move ankle Keswick, 3hrs
0207	36559	01/08/20	18:34:00	Ruddy Beck Family of 4 with young children - one 7 yr old - lost on fell at Ruddy Beck Buttermere Cockermouth, 2.5hrs
0208	36560	02/08/20	12:06:00	Stickly Ghyll 60 year old female fractured wrist up from Stickle Barn 300m LAMRT, 3hrs
0209	36561	03/08/20	10:31:00	Mulmerby Suicidal person missin - found hanging in wood near Mulmerby Penrith, 5.5hrs

0210 36562 03/08/20 18:23:00 Force Crag Mine  
40 year old male Mountain Biker - serious injuries - Force Crag Mine - Coledale Beck path  
above Braithwaite  
Keswick, Bristow 199 Prestwick, 2.5hrs

0211 36563 03/08/20 20:38:00 Lining Crag  
Party of three from Belgium with 11 yo lost on coast to coast at Lining crag  
Keswick, 2.5hrs

0212 36564 03/08/20 21:40:00 Blencathra  
Car stuck - driven up Blencathra Footpath - were advised to get taxi and recovery vehicle -  
team stood down  
Keswick, 0.25hrs

0213 36565 04/08/20 12:46:00 Thornthwaite Crag  
2 walkers lost between Stony Cove Pike and High Street located nr Thornthwaite Crag  
Patterdale, 3.5hrs

0214 36566 04/08/20 15:03:00 Sour Howes  
2 walkers lost on Sour Howes  
Kendal, 0.5hrs

0215 36567 04/08/20 21:03:00 Esk Hause  
Family of 6 with mountain bikes missing between Langdale and Wasdale Head -  
abandoned bike recovered from Broad Crag - turned up safe and well next day - storm  
conditions. Father plus 3 children plus 2 other children - one 16 yr old  
Wasdale, Duddon & Furness, Keswick, LAMRT, 12hrs

0216 36568 04/08/20 23:02:00 Sykes Farm  
40 year old female with knee injury near to Sykes farm Tea Room, Buttermere  
Cockermouth, 1.5hrs

0217 36569 05/08/20 12:39:00 Cat Bells  
22 year old female summit Cat Bells - fallen and unable to move - lower leg injury  
Keswick, 4hrs

0218 36570 05/08/20 15:17:00 Cross Fell  
2 walkers lost on Cross Fell talked off  
Penrith, 1.25hrs

0219 36571 05/08/20 16:11:00 Brock Barrow  
60 year old female slipped and broken leg - Brock Barrow  
Coniston, 2hrs

0220 36572 05/08/20 22:51:00 Scafell Pike  
 2 x 19 year old male lost on Summit cairn Scafell Pike - 42# x Phonefind guidance checks  
 got them down  
 Wasdale, 3hrs

0221 36573 06/08/20 16:10:00 Wasdale  
 23 year old female slipped and injured ankle  
 Wasdale, 4hrs

0222 36574 06/08/20 17:49:00 Castle Rock  
 Climber fallen at Castle Rock - facial and head injury  
 Keswick, 2.75hrs

0223 36575 07/08/20 10:07:00 Orrest Head  
 36 year old male walker fallen over a style at Orrest Head and injured ankle  
 LAMRT, 3hrs

0224 36576 07/08/20 13:16:00 Nab Scar  
 18 year old female injured ankle Nab Scar  
 LAMRT, 2hrs

0225 36577 07/08/20 15:30:00 Stickle Ghyll  
 57 year old male injured ankle above Stickle Barn  
 LAMRT, 3.5hrs

0226 36578 07/08/20 16:09:00 Coniston Old Man  
 Female walker stepped on a nail coming down from Coniston Old Man  
 Coniston, 1.45hrs

0227 36579 08/08/20 14:11:00 Wasdale Screes  
 Walker on screes path opposite Overbook car park - injured ankle - could not find him - he  
 decided to walk off to pump house!  
 Wasdale, 2hrs

0228 36580 08/08/20 14:59:00 Wansfell Pike  
 20 year old female twisted ankle Wansfell Pike  
 LAMRT, 2.5hrs

0229 36581 08/08/20 18:17:00 Easedale Tarn  
 67 year old male lost on descent from Easedale Tarn - got back safely  
 LAMRT, 1hr

0230	36582	08/08/20	19:29:00	Angle Tarn
40 year old female fallen and injured ankle Angle Tarn LAMRT, Kendal, 6hrs				
0231	36583	08/08/20	23:10:00	Harter Fell
51 year old male lost on Harter fell - deep cut to finger Duddon & Furness, 3.5hrs				
0232	36584	09/08/20	10:18:00	Great End
Male fallen with deep laceration to calf on the Band Great End - big carry down Keswick, Cockermouth, 6hrs				
0233	36585	09/08/20	11:17:00	Wasdale
Chinese national reported as having a stroke Wasdale, Duddon & Furness, COMRU, 7.25hrs				
0234	36586	09/08/20	11:48:00	Kenmore
Walker banged head Kenmore 3hrs				
0235	36587	09/08/20	13:06:00	Braithwaite
2 x walkers in their 80's injured by cattle - injury to head - beyond the Howe nr Braithwaite Keswick, 2hrs				
0236	36588	09/08/20	14:38:00	Wasdale
64 year old female injured ankle Wasdale, Duddon & Furness, COMRU, 3.5hrs				
0237	36589	09/08/20	17:01:00	Hutton
26 year old male on MOTOX bike - The Laithes nr Hutton in the forrest - Back and neck pain Penrith, 2hrs				
0238	36590	09/08/20	20:27:00	Helvellyn
16 year old male walker - heat exhaustion - Hole in the wall Helvellyn Patterdale, 4hrs				
0239	36591	10/08/20	13:09:00	Great End
15 year old female runner pulled hamstring summit Great End Keswick, NWAA 08 Blackpool, 5hrs				



0240 36592 11/08/20 15:15:00 Stonethwaite  
18 year old male recurring seizure - Stonethwaite campsite  
Keswick, 1.75hrs

0241 36593 11/08/20 17:45:00 Helvellyn  
37 year old male panic attack and heat exhaustion- hole in the wall  
Patterdale, 1.75hrs

0242 36594 11/08/20 20:20:00 Easdale  
2x female walkers in their 60's - around Easdale Beck area Grasmere common - tired and  
run out of water  
LAMRT, 2.5hrs

0243 36595 12/08/20 14:25:00 Catbells  
46 year old male walker cragfast and vomiting mid way up Catbells  
Keswick, 2hrs

0244 36596 13/08/20 12:03:00 Castle Crag  
40 year old male fallen off bike on bridleway just north of Castle Crag  
Keswick, 2.5hrs

0245 36597 13/08/20 13:47:00 Latrigg  
56 year old female slipped - suspect broken ankle Skiddaw to Latrigg - 1/2 mile from  
Stoney Green Lane  
Keswick, 1.25hrs

0246 36598 13/08/20 14:34:00 Wandhope  
50 year old female walker slipped and has a fractured elbow - just south of Wandhope  
near Sail beck  
Cockermouth, Bristow 936, 7hrs

0247 36599 13/08/20 17:07:00 Three Dubbs Tarn  
2 x 14 year old female trapped under a quad bike half a mile from Three Dubs Tarn  
Coniston, LAMRT, Bristow 936, 2.75hrs

0248 36600 14/08/20 11:20:00 Napes Needle  
2 climbers reported 24hrs overdue after climbing Napes Needle - reported in safe and well  
Wasdale, 0.25hrs

0249 36601 14/08/20 17:03:00 Kirby Stephen  
50 year old male come off motorbike at bridge and falling 30 ft into river - Suspect spinal,  
pelvic and femur  
Kirby Stephen, 2hrs

0250 36602 14/08/20 19:20:00 Keswick  
Dog went running after sheep into a gully - nothing found  
Keswick, 3hrs

0251 36603 15/08/20 12:07:00 Dunderdale Fell  
30 year old male fallen and broken leg bone exposed - Somewhere on Dunderdale Fell  
Duddon & Furness, 1.5hrs

0252 36604 15/08/20 13:15:00 Tebay  
39 year old female suspect broken ankle on Tebay trail  
Kirby Stephen, 1.75hrs

0253 36605 15/08/20 15:37:00 Barbondale  
44 year old male fallen injured ankle plus suspect seizure - Barbondale across the ford  
Kendal, 1hr

0254 36606 15/08/20 17:19:00 Grasmere Common  
45 kg retriever collapsed - Grasmere common  
LAMRT, 5.5hrs

0255 36607 15/08/20 19:30:00 Rydal Water  
36 year old female fallen and suspect broken ankle - Heron Island, Rydal Water  
LAMRT, 2hrs

0256 36608 15/08/20 23:29:00 Wasdale  
77 year old male went missing on Dore Head Scree descent - located by search dog Jess  
- head and facial injuries and bruised chest on a 4 - 5m tumble fall  
Wasdale, LDMRSD Dogs, 6.5hrs

0257 36609 16/08/20 04:53:00 Scafell Pike  
2 walkers stuck on Scafell Pike - close to summit on rocky scree  
Wasdale, 4.5hrs

0258 36610 16/08/20 09:48:00 Buckstones Jump  
23 year old male fallen off bike and suspect broken ankle - Buckstone Jump, Rydal water  
LAMRT, 3hrs

0259 36611 16/08/20 10:52:00 Rydal Water  
11 year old male come off bike over handlebars - brake lever into leg - south shore Rydal  
water - Kendal team stood down after 10 mins  
LAMRT, Kendal, 1.5hrs

0260 36612 16/08/20 12:24:00 Penrith  
84 year old female fallen off mobility scooter - dislocated shoulder  
Penrith, 2.5hrs

0261 36613 16/08/20 12:59:00 Grizedale  
51 year old male come off mountain bike in Grizedale on the Witches - suspect broken ribs  
Coniston, LAMRT, 3.5hrs

0262 36614 16/08/20 13:33:00 Grizedale  
Rider fallen off mountain Bike on Green trail Grizedale Forrest- Hawkshead side - suspect  
dislocated shoulder  
Coniston, 1.5hrs

0263 36615 16/08/20 18:10:00 Hart Crag  
Walker lost on possibly Hart Crag - talked off and met on fell  
Patterdale, 3hrs

0264 36616 16/08/20 20:31:00 Raven Crag  
35 year old male fallen while climbing on Raven Crag - all gear came out - 15m up the  
crag - unconscious, fitting possible broken legs - evacuated to Glasgow  
LAMRT, Bristow 199 Prestwick, 3.5hrs

0265 36617 17/08/20 19:51:00 Wasdale Screes  
2 female walkers stuck on the screes path between Low Adam Crag and Broken Rib  
Wasdale, 3hrs

0266 36618 18/08/20 16:15:00 Coniston Old Man  
2 x 20 yo walkers lost on descent from Old Man of Coniston - 20 year old female starting  
with hypothermia  
Coniston, 3.25hrs

0267 36619 18/08/20 19:40:00 Great Gable  
Group of 4 DoE - 2 hrs late on a circular walk over Great Gable 17 and 18 and one 25 -  
turned up safe and well  
Cockermouth, 1.5hrs

0268 36620 18/08/20 23:03:00 Angle Tarn  
Male missing - was wild camping at Angle tarn - nothing heard from him - concern re  
weather - located in morning - had spent night in car at Grasmere  
LAMRT, 8hrs

0269 36621 19/08/20 14:29:00 Kirk Fell  
 Female on early 60s lost and twisted ankle on Kirk Fell Nose  
 Wasdale, Duddon & Furness, 5.5hrs

0270 36622 19/08/20 15:29:00 Lingmell Col  
 47 yo caller on Lingmell Col - hurt knee - job handed over to Keswick -  
 Wasdale, Duddon & Furness, Keswick, 8hrs

0271 36623 19/08/20 16:31:00 Outgate  
 69 year old male with leg injury - 400m from road in direction of Clappersgate from the  
 Outgate Inn  
 Coniston, LAMRT, 2.5hrs

0272 36624 19/08/20 17:51:00 Bowfell  
 24yo's x2 lost in Green Hole Eskdale after descending from Bowfell  
 LAMRT, Duddon & Furness, 3.5hrs

0273 36625 19/08/20 19:25:00 Scafell Pike  
 Family missing on descent from Scafell Pike to Seathwaite - turned up safe and well  
 Wasdale, 0.5hrs

0274 36626 20/08/20 15:12:00 Stickle Ghyll  
 70 yo with suspect broken ankle above Stickle Barn  
 LAMRT, Kendal, 2.5hrs

0275 36627 20/08/20 21:32:00 Scafell Pike  
 26 year old male missing on Corridor route - possible fallen on Bad step into Greta Gill?  
 turned up at Brackenclose - wild goose chase #42//ITERATION.VIBES.EVEN  
 Wasdale, 5hrs

0276 36628 20/08/20 22:18:00 Barton Fell  
 SOS light reported in direction of Barton Fell  
 Patterdale, 0.75hrs

0277 36629 21/08/20 12:28:00 Derwent Water  
 2 persons in the water in Derwent water near to Lords Island  
 Keswick, 1.5hrs

0278 36630 21/08/20 13:08:00 Green Gable  
 Female walker fallen and injured ankle between Green Gable and Brandreth  
 Keswick, Cockermouth, Bristow 199 Prestwick, 7hrs

0279 36631 21/08/20 17:02:00 Silver Howe  
2 walker lost on Silver Howe above Grasmere - descent path too steep.  
LAMRT, 1hr

0280 36632 21/08/20 17:16:00 Little Dunn Fell  
German walker on the Pennine Way - lost on Little Dunn Fell - escorted off  
Penrith, 4hrs

0281 36633 21/08/20 17:50:00 Threshthwaite Cove  
Female walker doing coats to coast - lost in area of Threshwaite Cove high on mountain –  
during Storm Ellen  
Patterdale, 2hrs

0282 36634 23/08/20 11:29:00 Penrith  
54 year old female gorge walking twisted knee  
Penrith, 4hrs

0283 36635 23/08/20 13:02:00 Sun Inn  
56 year old male fallen and injured lower leg - up from the Sun Inn  
Coniston, 1.5hrs

0284 36636 23/08/20 13:24:00 Great Gable  
Male walker stuck on Great Gable - location unsure hence notified CMRT + KMRT -  
managed to self rescue  
Wasdale, 0.5hrs

0285 36637 23/08/20 15:14:00 Brown Tongue  
Female with twisted knee at Stream crossing Brown Tongue Scafell Pike descent  
Wasdale, 4hrs

0286 36638 23/08/20 18:33:00 Wrynose  
Female in vehicle with horse box come off Wrynose Pass - two wheels over the edge and  
cant take foot off break - CFR on route with three pumps - team then stood down.  
Coniston, 0.75hrs

0287 36639 24/08/20 15:05:00 Hardknot PAss  
68 year old male fallen off motorbike on Hardknot Pass - ambulance unable to get up -  
team stood down after passing motorist gave him a lift down  
Wasdale, 1.5hrs

0288 36640 24/08/20 16:36:00 Matteredale Common  
79 year old male fallen with ankle injury Matteredale Common above Glencoyne  
Patterdale, 5hrs

0289 36641 25/08/20 06:26:00 Angle Tarn  
Lone rider cycled up to Angle Tarn got lost - talked off by DTL  
Patterdale, 3hrs

0290 36642 25/08/20 19:31:00 Kendal  
Body recovery at Scout Hut (Hanging)  
Kendal, 2hrs

0291 36643 26/08/20 13:14:00 Whinlatter  
53 year old male biker in Whinlatter - injury to shoulder  
Keswick, 2.75hrs

0292 36644 26/08/20 13:44:00 Derwent Water  
66 year old female fallen on Cumbrian Way around lake - minor injuries  
Keswick, 1.75hrs

0293 36645 26/08/20 16:08:00 Coniston Lake  
9 year old male fallen off bike on path around Coniston Lake - north of Strawberry Gardens  
- minor injuries  
Coniston, 1.75hrs

0294 36646 26/08/20 16:56:00 Hollowstones  
Male fallen and injured leg ligament - cannot weight bare - Hollowstones on Scafell Pike  
Wasdale, 4.5hrs

0295 36647 26/08/20 20:56:00 Bowfell  
2 walkers lost in Green Hole area after coming down off Bowfell  
Wasdale, Duddon & Furness, 6.5hrs

0296 36648 27/08/20 18:24:00 Helvellyn  
37 year old male missing from his sister on descent from Helvellyn - he fell down waterfall  
with cuts - escorted off  
Keswick, 1.75hrs

0297 36649 28/08/20 14:27:00 Coniston Old Man  
Male despondent injuring himself and heading for summit of Coniston Old Man  
Coniston, LAMRT, 3hrs

0298 36650 28/08/20 14:51:00 Ullswater  
Paddleboarder on Ullswater in difficulty - picked up by steamer and team stood down  
Patterdale, 0.25hrs

0299 36651 28/08/20 15:40:00 Goats Water  
 Party of 6 helped down whilst descending to Goats Water  
 Coniston, 1.5hrs

0300 36652 28/08/20 16:17:00 Scafell Pike  
 8 adults + 8 children stuck on summit of Scafell Pike in low cloud - eventually got  
 themselves down - sheltering in the stone hut  
 Wasdale, 5hrs

0301 36653 29/08/20 14:18:00 Keswick  
 Male walker third of the way down South east Gullely - winched off  
 Keswick, Cockermouth, Bristow 199 Prestwick, 4hrs

0302 36654 29/08/20 15:56:00 Blacksail Pass  
 Male fallen and twisted ankle Blacksail Pass Mosedale Beck - managed to eventually  
 hobble down with pain killers from passing walker  
 Wasdale, 0.75hrs

0303 36655 29/08/20 17:30:00 Easedale  
 Female walker in party of 3 with suspect broken ankle Easedale Tarn top of Sourmilk Gill  
 LAMRT, 3hrs

0304 36656 29/08/20 21:50:00 Scafell Crag  
 3 climbers cragfast in Steep gill on Scafell Crag - completed Slingsby's Chimney Route  
 then abseiled down but rope got stuck  
 Wasdale, Duddon & Furness, Bristow 199 Prestwick, 9.5hrs

0305 36657 30/08/20 12:27:00 Grains Gill  
 Male with chest pains - Descending Knot towards Grains Gill at back of Skiddaw  
 Keswick, GNAA 58, 1.5hrs

0306 36658 30/08/20 12:56:00 Coniston Old Man  
 Walker with suspect broken ankle in Coniston Old Man area  
 Coniston, 1.5hrs

0307 36659 30/08/20 17:31:00 Patterdale  
 Female walker fallen down embankment  
 Patterdale, 2.25hrs

0308 36660 30/08/20 21:15:00 Wetherlam  
 2 walkers lost on Wetherlam  
 Coniston, 3.5hrs

0309	36661	31/08/20	10:13:00	Hodge Close
45 year old male fallen down Hodge Close				
Coniston, LAMRT, 2hrs				
0310	36662	31/08/20	15:52:00	Tarn Hows
61 year old male vomiting - Tarn Hows				
Coniston, LAMRT, 2hrs				
0311	36663	31/08/20	16:58:00	Ill Crag
52 year old male with chest pains with 21 son on Ill Crag - CPR being given - keswick				
Doctor on scene				
Wasdale, Duddon & Furness, Keswick, 7hrs				
0312	36664	31/08/20	18:29:00	Setmurphy Woods
70 year old male fallen off bike and back pain - Setmurphy Woods nr Emblazon				
Cockermouth, 2.5hrs				

## September

<b>Ref</b>	<b>Total</b>	<b>Date</b>	<b>Time</b>	<b>Location / Grid Ref / W3W</b>
0313	36665	01/09/20	13:56:00	Whinlatter
Male fallen off mountain bike at Whinlatter Centre injured shoulder				
Keswick, 1.5hrs				
0314	36666	01/09/20	14:54:00	Harrison Stickle
74 year old male injured foot at junction of Harrison Stickle and Stickle Tarn				
LAMRT, Kendal, GNAA 58, 3.5hrs				
0315	36667	02/09/20	13:03:00	Blease Farm
68 year old female dislocated fractured ankle Blease Farm, Threlkeld				
Keswick, 2hrs				
0316	36668	02/09/20	14:15:00	Fairfield
2 walkers lost on Fairfield - followed wall down				
Patterdale, 2hrs				
0317	36669	02/09/20	23:28:00	Penrith
80 year old male seizure				
Penrith, 2hrs				



0318 36670 03/09/20 10:46:00 Surprise View  
Rescue of a 14 week puppy Cockapoo from crag below Surprise View  
Keswick, 1.25hrs

0319 36671 03/09/20 15:18:00 Kendal  
13 year old male fallen 10m onto rocks - airlifted by GNAA - Disused quarry next to Spital  
nr Kendal  
Kendal, GNAA 58, 2hrs

0320 36672 03/09/20 16:58:00 Ambleside  
16 year old male jumped off cliffs  
LAMRT, HELIMED63, 1hr

0321 36673 04/09/20 14:00:00 Scales Force  
Dog found at Scales Force with owners missing - caller thought cries for help in the gorge  
Cockermouth, 1hr

0322 36674 04/09/20 14:51:00 Wetherlam  
66 yo walker suspect broken ankle - Wetherlam heading down to Birkfell Hawes  
Coniston, Bristow 199 Prestwick, 4.5hrs

0323 36675 05/09/20 13:24:00 Ambleside  
76 year old male slipped ankle injury and head wound not stopping bleeding - GNAA  
airlifted out  
LAMRT, GNAA 58, 3.5hrs

0324 36676 05/09/20 14:53:00 Grange  
50 year old female fallen and banged head unconscious - Kings Howe nr Grange  
Keswick, 2hrs

0325 36677 05/09/20 17:55:00 Broad Crag  
6 x 25- 28 male walkers lost Broad Crag col - no torches just phone lights  
Wasdale, LDMRSD Dogs, 7hrs

0326 36678 05/09/29 19:20:00 Great Gable  
78 year old female exhausted and wet descending Great Gable to Seathwaite - near  
Stretcher box? No - at wooden hut - Fix the Fells between 1000' boulder and footbridge  
Wasdale, Keswick, LDMRSD Dogs, 3hrs

0327 36679 06/09/20 12:40:00 Thorn Moor  
64 year old female fallen above Barbon park, Thorn Moor - suspect lower leg fracture tib  
and fib  
Kendal, NWAA 08 Blackpool, 3.5hrs

0328 36680 06/09/20 14:58:00 Halls Fell  
33 year old female slipped on descent from Blencathra via Halls Fell - close to Gategill Keswick, 2hrs

0329 36681 08/09/20 12:31:00 Lowther  
62 year old male fallen on steps in Lowther Deer Park Penrith, 2hrs

0330 36682 08/09/20 18:14:00 Glaramara  
Female missing on Glaramara - turned up safe and well Keswick, 0.5hrs

0331 36683 08/09/20 18:29:00 Coniston Old Man  
Group of 5 lost on descent from Coniston Old Man Coniston, LDMRSD Dogs, 2.5hrs

0332 36684 09/09/20 15:14:00 Pikawassa  
76 year old female slipped and twisted knee on final descent from Pikawassa Patterdale, 3hrs

0333 36685 09/09/20 16:07:00 Mosedale  
54 year old female fallen but hobbled down - Carrock Beck nr Mosedale Keswick, 0.5hrs

0334 36686 10/09/20 14:26:00 Fangs Brow  
74 year old female fallen down embankment injured ankle Fangs Brow Cockermouth, 2.5hrs

0335 36687 10/09/20 15:49:00 Scafell Pike  
31 year old female fallen on Brown Tongue path on descent from Scafell Pike Wasdale, 3hrs

0336 36688 11/09/20 20:01:00 Tongue Gill  
Male walker with cramp - Tongue Gill in valley bottom under Fairfield - unable to walk with parents - 4 dispatched to help off but they decided to pitch tent and stay up there LAMRT, 2.5hrs

0337 36689 11/09/20 20:49:00 Grange over Sands  
46 year old female missing in Grange over Sands area - found safe and well at home the next day after all night search Duddon & Furness, Kendal, LDMRSD Dogs, 8.5hrs

0338 36690 12/09/20 13:05:00 Whinlatter  
53 year old female fallen off mountain bike Whinlatter forrest - back and pelvic injuries - is the visitor centre and not the incident location  
Keswick, 2.5hrs

0339 36691 12/09/20 14:18:00 Barton Fell  
78 year old male walker slipped and hurt knee in area of Barton Fell  
Patterdale, Penrith, 3hrs

0340 36692 12/09/20 15:10:00 Howtown  
57 yo damaged ankle on Swarthfield path before Howtown  
Patterdale, 3.25hrs

0341 36693 12/09/20 17:06:00 Harrison Stickle  
30 year old female fallen suspect broken ankle Harrison Stickle  
LAMRT, Kendal, 4.75hrs

0342 36694 12/09/20 19:28:00 Coniston Old Man  
2 walkers lost on descent from Coniston Old Man - Paddy End water Treatment Plant  
Coniston, 0.75hrs

0343 36695 12/09/20 21:20:00 Eskdale  
Group of 8 lost in Green Hole Upper Eskdale  
LAMRT, Wasdale, 5.5hrs

0344 36696 13/09/20 18:04:00 Catterlen  
55 year old male fallen of mountain bike suspect dislocated shoulder - bridle path near Catterlen / nr Junction 41 M6  
Penrith, 1.75hrs

0345 36697 14/09/20 13:58:00 Middle Fell  
60 year old female Meiers attack - Middle Fell - stretchered off  
Wasdale, Duddon & Furness, 2.5hrs

0346 36698 14/09/20 14:36:00 Langdale  
23 year old female fallen over and injured ankle  
LAMRT, Bristow 936, 4.5hrs

0347 36699 14/09/20 15:21:00 Kendal Castle  
84 year old male fallen off a 3 ft wall at Kendal Castle and had a seizure and cannot get down  
Kendal, 0.75hrs

0348	36700	14/09/20	16:22:00	Knott Rigg
58 year old female twisted knee halfway down the ridge path from Knott Rigg Keswick, 2hrs				
0349	36701	14/09/20	20:35:00	Scefell Pike
Party of 4 missing on trip up Scafell Pike - turned up safe and well after vehicle checks in car parks Wasdale, 2hrs				
0350	36702	15/09/20	14:27:00	Stonethwaite
Male walker feeling breathless and pins and needles with pace maker - on path from Stonethwaite to Dock tarn - suspect cardiac arrest Keswick, GNAA 58, 2.5hrs				
0351	36703	15/09/20	15:16:00	Loughrigg
Male walker fell over and when got up lost sight of his friend - Loughrigg Fell - reunited quickly LAMRT, 0.5hrs				
0352	36704	15/09/20	17:45:00	Newlines Hause
Lone female walker fallen down steep ground and cragfast - above Newlines Hause Cockermouth, 4.25hrs				
0353	36705	16/09/20	12:03:00	Cross Fell
Party lost on Cross Fell - talked off Penrith, 2hrs				
0354	36706	16/09/20	15:18:00	Patterdale
Lone male walker lost in low cloud requesting assistance Patterdale, 2.5hrs				
0355	36707	16/09/20	15:44:00	Askham Common
19 year old male fallen off mountain bike on Askam Common suspect fracture femur Penrith, GNAA 58, 2.5hrs				
0356	36708	16/09/20	17:47:00	Loweswater
51 year old female near to Nook Farm, lakeshore Loweswater injury to lower leg 2.25hrs				
0357	36709	17/09/20	10:18:00	Seathwaite
52 year old male fallen 30 ft with head injury below hanging stone on Seathwaite side Keswick, GNAA 58, 4hrs				

0358 36710 17/09/20 12:43:00 Johnny Wood  
89 year old female fallen with possible leg injuries on a path in Johnny Wood after taking path to Longthwaite  
Keswick, 1.75hrs

0359 36711 17/09/20 17:11:00 Nether Beck  
79 year old male missing from walk - 3 hours overdue from RV - found at Nether Beck painting the mountain scene  
Wasdale, 1.5hrs

0360 36712 18/09/20 09:12:00 Derwent Water  
Missing swimmer in Lake - ambulance on scene and team stood down - Fire Service and Coastguard tasked  
Keswick, 0.5hrs

0361 36713 19/09/20 16:15:00 Glenridding Common  
Male walker feeling faint Glenridding Common below Keppel Cove - walking wounded and one team member sent to escort  
Patterdale, 1.25hrs

0362 36714 20/09/20 11:30:00 Scale Force  
English Springer Spaniel - stuck on ledge Scale Force - managed to get it off  
Cockermouth, 0.75hrs

0363 36715 20/09/20 14:49:00 Scafell Pike  
70 year old male cardiac arrest on Summit Scafell Pike  
Wasdale, Duddon & Furness, GNAA 58, 4hrs

0364 36716 20/09/20 21:22:00 Scafell Pike  
2 - walker lost on descent from Scafell Pike - talked off  
Wasdale, 2.5hrs

0365 36717 22/09/20 15:44:00 Scafell Pike  
Female walker lost on descent from Scafell Pike - phone find Calf Cove Coldkeld Knotts  
Wasdale, 3.25hrs

0366 36718 22/09/20 22:01:00 Haweswater  
Runner doing the C2C, 50 miles into the run and somewhere around Haweswater - Hypothermia setting in - has been running for 24 hours  
Penrith, 2.5hrs

0367	36719	23/09/20	10:42:00	Alston Moor
52 year old female fallen down a 3m bank near waterfall - Ashgill Farm - Alston Moor Penrith, GNAA 58, 2.5hrs				
0368	36720	23/09/20	15:18:00	Whinrigg Screes
2 persons cragfast on Descent from Whinrigg (Screes) - walked from Illgill Head Wasdale, 4hrs				
0369	36721	23/09/20	18:16:00	Langdale
56 year old male activated distress beacon - suspect broken leg LAMRT, 4hrs				
0370	36722	25/09/20	07:00:00	Hoad Hill
40 year old male fallen down slabs below Hoad Hill Duddon & Furness, 2hrs				
0371	36723	27/09/20	08:29:00	Dockray
58 year old male missing near Dockray - turned up safe and well Patterdale, 0.5hrs				
0372	36724	27/09/20	12:20:00	Carl Side
61 year old male collapsed on Carl Side path to summit Keswick, 3.5hrs				
0373	36725	27/09/20	14:51:00	Haweswater
70 year old female fallen and injured neck and shoulder - Burnbank 1 mile from the dam at Haweswater Reservoir - team stood down after 30 mins - walking back to the car. Penrith, 1hr				
0374	36726	27/09/20	15:17:00	Helvellyn
67 year old male climbing Helvellyn - heat exhaustion Keswick, 3hrs				
0375	36727	28/09/20	14:32:00	Grasmere
70 year old male came off bike at 25 mph - Red Bank nr Grasmere - crew concern of hill too steep for the ambulance LAMRT, 0.5hr				
0376	36728	29/09/20	13:48:00	High Cross
78 year old female exhaustion nr High Cross Coniston, LAMRT, 2hrs				

0377 36729 29/09/20 16:01:00 Scafell Pike  
 Female walker swollen ankles 1/4 down from Scafell Pike  
 Wasdale, Duddon & Furness, 5hrs

0378 36730 29/09/20 16:01:00 Loughrigg  
 Female in her 80's struggling to descend Loughrigg - one team member went out to help  
 the couple down.  
 LAMRT, 0.5hrs

0379 36731 29/09/20 20:17:00 Langdale  
 2 x 40 yo couple lost in the woods  
 LAMRT, 0.5hr

## October

Ref	Total	Date	Time	Location / Grid Ref / W3W
0380	36732	02/10/20	12:14:00	Castle Crag 85 year old male tumble at Castle Crag - walking - confidence wounded and helped off Keswick, 2hrs
0381	36733	02/10/20	17:10:00	Jacks Rake Party of 3 stuck on Jacks Rake 2/3 up - set off at 2.00 pm LAMRT, 4hrs
0382	36734	03/10/20	12:55:00	Great Gable Female in her 30s descending from Great Gable texted her new boyfriend saying need help lost on Gable above a big drop - did it as a joke and did not expect him to call police - RAF Leeming MRT on Ill Gill came across to help WMRT – Storm Alex in torrential rain Wasdale, 1.25hrs
0383	36735	03/10/20	14:18:00	Kirk Fell Group of 4 - 3 f + 1 M lost on Kirk Fell - found Kirk Fell Nose Wasdale, 2.5hrs
0384	36736	03/10/20	16:40:00	Scafell Pike Party of 8 split into two groups of 4 Scafell Pike - 1 went missing on descent to Seathwaite but turned up safe and well later Keswick, Wasdale, 2.25hrs

0385	36737	03/10/20	22:14:00	Easedale
Party of 3 camping at Easedale Tarn but lost when coming down in storm LAMRT, 3hrs				
0386	36738	04/10/20	13:24:00	Maiden Moor
68 year old male fallen on path 12 mins from hotel heading up Maiden Moor - suspect broken ankle Keswick, 2hrs				
0387	36739	04/10/20	13:48:00	High Rigg
66 year old male gone over on ankle - St. Johns in the Vale on side of High Rigg Keswick, 2hrs				
0388	36740	06/10/20	02:32:00	Penrith
Suicidal person missing - located quickly and team stood down Penrith, 0.5hr				
0389	36741	07/10/20	10:05:00	Hell Gill
Dog fallen into a hole near Hell Gill along with a sheep Kirby Stephen, 5.5hrs				
0390	36742	07/10/20	16:16:00	Hassness
Elderly female in 60s with head injury - Hassness area Cockermouth, 2hrs				
0391	36743	07/10/20	20:49:00	Striding Edge
Male lost descending Striding Edge - torch failure - managed to get himself down Patterdale, 1hr				
0392	36744	08/10/20	12:53:00	Lingmell Nose
28 year old female injured ankle on the path from Lingmell Nose to Wasdale Head - (Jenny's path) Wasdale, 3.5hrs				
0393	36745	08/10/20	15:16:00	Ling Combe Edge
37 year old female with injured ankle Ling Combe Edge above Crummock Cockermouth, Bristow 936, 3hrs				
0394	36746	10/10/20	15:53:00	Bowfell
54 year old female fallen on descent from Bowfell - dislocated replacement hip LAMRT, GNAA 58, 3hrs				



0395 36747 10/10/20 16:29:00 Wast Water  
Male with an injured ankle on Wastwater shoreline - Cross Walls  
Wasdale, 1.5hrs

0396 36748 10/10/20 19:24:00 Stickle Tarn  
Flashing torchlight at stickle tarn - team leader went to investigate - probably just a camper  
as light now static WIFA  
LAMRT, 1hr

0397 36749 10/10/20 20:42:00 Scafell Pike  
31 year old male missing on descent from Scafell Pike to Wha House Farm - turned up  
safe and well  
Wasdale, 0.5hr

0398 36750 11/10/20 14:36:00 Sergeant Man  
60 year old female ascending Sergeant Man - slipped just short of summit and suspect  
fractured shoulder  
LAMRT, Bristow 199, 3hrs

0399 36751 11/10/20 14:53:00 Troutbeck Inn  
Cardiac arrest near Troutbeck Inn - body recovery by CFRS and team stood down  
Penrith, GNAA 58, 1hr

0400 36752 11/10/20 15:21:00 Dufton  
Female has fallen down a steep bank at Dufton caravan park - suspect broken leg  
Penrith, 2.5hr

0401 36753 12/10/20 19:26:00 Ennerdale  
Male walker on Coast to Coast lost in bad weather - walked for 10 hrs from Ennerdale  
Bridge  
Cockermouth, 3hrs

0402 36754 13/10/20 21:10:00 Penrith  
Request from CUMPOL for 4 x 4 for body recovery from remote location  
Penrith, 2.5hrs

0403 36755 14/10/20 19:00:00 Dungeon Ghyll  
Group of 3 lost - can see Dungeon Ghyll on their left  
LAMRT, 2.5hrs

0404 36756 14/10/20 19:21:00 Clough Head  
Mother Father and 20 yo son lost on Clough Head summit  
Keswick, 3hrs

0405 36757 16/10/20 02:54:00 Wansfell  
36 year old female missing on Wansfell - turned up safe and well  
LAMRT, LDMRSD Dogs, 1hr

0406 36758 17/10/20 12:04:00 Ennerdale  
Male in Kayak fallen out and cannot get back in - Ennerdale water - rescued by CFRS -  
team stood down  
Cockermouth, 0.5hr

0407 36759 17/10/20 12:28:00 Whinlatter  
45 yo mountain biker in Whinlatter - Broken leg  
Keswick, 2.25hrs

0408 36760 17/10/20 14:52:00 High Rigg  
78 year old female fallen on High Rigg  
Keswick, 1.75hrs

0409 36761 17/10/20 15:31:00 Howtown  
56 year old female ankle injury Pooley Bridge to Howtown Path - behind Swarthbeck farm  
Patterdale, 3.5hrs

0410 36762 17/10/20 18:06:00 Robins Peak  
57 year old male ankle injury nr Robins Peak on Newlines  
Keswick, 3hrs

0411 36763 17/10/20 18:43:00 Warton  
2 x potholers 2.5 hrs overdue - went into Hells bells nr Warton - turned up safe and well -  
team stood down  
COMRU, 0.5hr

0412 36764 18/10/20 15:38:00 Helm Crag  
59 year old female tripped and injury to ankle - Helm Crag  
LAMRT, 2.5hrs

0413 36765 19/10/20 12:48:00 Aira Force  
78 year old female slipped and banged head - Aira Force  
Patterdale, 2.5hrs

0414 36766 19/10/20 18:23:00 Ennerdale  
2 walkers 25 yo - Lost in Upper Ennerdale  
Wasdale, Cockermouth, 1.5hrs

0415	36767	20/10/20	16:42:00	Grizedale
78 year old female fallen at Grizedale with a dislocated shoulder Coniston, LAMRT, 0.75hr				
0416	36768	21/10/20	13:41:00	Sharp Edge
Male in his 60s fallen off Sharp Edge - major trauma - flown to RVI in H58 Keswick, 4hrs				
0417	36769	22/10/20	14:55:00	Catbells
56 year old female fallen on Catbells Keswick, 1.5hrs				
0418	36770	22/10/20	17:58:00	Derwent Water
32 year old male in water from Kayak + 3 others Herbert / Rampsholme Island Derwentwater Keswick, 2hrs				
0419	36771	23/10/20	16:11:00	Ambleside
Report of flares on Fell above Ambleside WIFA LAMRT, 0.75hrs				
0420	36772	25/10/20	09:39:00	Greenside
Sheep rescue from Glenridding Beck, Greenside Patterdale, 4hrs				
0421	36773	25/10/20	11:34:00	Fairfield
Female in mid 40s - extended epileptic fits top of Fairfield LAMRT, GNAA 58, 2.5hrs				
0422	36774	25/10/20	17:58:00	Lingmell Col
Group descending Scafell Pike lost one of their party on Lingmell Col - turned up safe and well later. Wasdale, 0.75hrs				
0423	36775	26/10/20	12:59:00	Hallin Fell
52 yo walker summit Hallin Fell suspect broken ankle Patterdale, 3.5hrs				
0424	36776	26/10/20	15:58:00	Dale Head
Parents lost their 14 year old male on the summit of Dale Head top end Newlines Valley Keswick, LDMRSD Dogs, Bristow 199, 3.5hrs				

0425 36777 27/10/20 17:36:00 Boredale Hause  
 Female Chinese lost on mountain a mile from Patterdale (nr Boredale Hause) - talked off  
 by TL  
 Patterdale, 1hr

0426 36778 27/10/20 18:10:00 Cross Fell  
 57 year old male with type 2 - 22 stone - hypothermic on pennine way - with son - Pennine  
 way Cross Fell - 30 mins from Greggs Hut  
 Kirby Stephen, YES, Bristow 199 Prestwick, 5hrs

0427 36779 28/10/20 13:08:00 Dropping Crag  
 61 year old female walker slipped and injured ankle - below Dropping Crag beside  
 Crummock Water  
 Cockermouth, 2.5hrs

0428 36780 28/10/20 13:39:00 Langdale  
 71 year old female fallen around 15 ft and banged head - query dislocated/fractured leg -  
 confirmed femur  
 LAMRT, 3.25hrs

0429 36781 29/10/20 13:43:00 Bigland  
 73 year old male fallen with injury to lower leg - Bigland Allotment  
 Duddon & Furness, 2.75hrs

0430 36782 29/10/20 15:47:00 Dufton Fell  
 2 walkers lost on Dufton Fell - on the path next to Maize beck river  
 Kirby Stephen, 4hrs

0431 36783 30/10/20 11:51:00 Helm Crag  
 Walker with broken wrist on summit Helm Crag  
 LAMRT, 4hrs

0432 36784 30/10/20 18:37:00 Haweswater  
 Walker fallen 50ft nr Haweswater reservoir - Swine Crag - R199 called in but stood down  
 and returned home  
 Penrith, Bristow 199 Prestwick, 2.5hrs

0433 36785 30/10/20 21:56:00 Scafell Pike  
 22 year old male + 43 year old female lost on summit Scafell Pike - talked down to  
 hollowstones and escorted back to wasdale head - came from Cheltenham arrived at  
 midday and got lost of way up - had torches  
 Wasdale, LDMRSD Dogs, 3hrs

## November

<b>Ref</b>	<b>Total</b>	<b>Date</b>	<b>Time</b>	<b>Location / Grid Ref / W3W</b>
0434	36786	01/11/20	14:19:00	Ullswater Boat overturned on Ullswater 1/4 mile our from Another Place Hotel - team stood down Patterdale, 0.5hr
0435	36787	02/11/20	12:23:00	Aira Force 68 year old male stroke 2 miles from Aira Force Patterdale, 3hrs
0436	36788	04/11/20	14:37:00	Bleaberry Tarn 57 year old female slipped on descent to Bleaberry Tarn - wrist injury - Bristow declined as only wrist Cockermouth, 6hrs
0437	36789	05/11/20	10:29:00	Sharp Edge 2 x 19 yo stuck on Sharp Edge - too slippy Keswick, 4.25hrs
0438	36790	05/11/20	16:44:00	Eskdale 2 walkers in their late 20s / 30s with dog lost under Bowfell upper Eskdale - Turned up safe and well at Taw House farm - Wasdale, 3.25hrs
0439	36791	05/11/20	17:58:00	Levers Water 2 walkers 23 and 22 yo lost above Levers Water Coniston, 1.25hrs
0440	36792	07/11/20	11:06:00	Scout Scar Female climber with 3 inch gash to leg from rock fall at Scout Scar Kendal, 3hrs
0441	36793	08/11/20	20:17:00	Scafell 2 x male walkers in their 20s lost on descent from Scafell / Slightside- stick high above Cam Spout Crag Wasdale, 7hrs
0442	36794	14/11/20	13:07:00	Nethermost Pike 23 year old female fainted and unconscious on below Nethermost Pike - location not clear hence two teams mobilised - Thirlmere side walked off. Keswick, Patterdale, 3hrs

0443 36795 14/11/20 17:20:00 Grizedale  
82 year old female lost in Grizedale forrest - stood down as farmer found lady safe and well  
Coniston, 0.5hrs

0444 36796 15/11/20 12:14:00 Helvellyn  
Group of x5 19 to 25 yos lost on descent from Helvellyn - call stood down when they met some people  
Patterdale, 0.5hr

0445 36797 17/11/20 16:00:00 Whinlatter  
Female lost - called dropped out - eventually called from home to say safe and well - was disorientated on Whinlatter  
Cockermouth, 5.25hrs

0446 36798 21/11/20 15:22:00 Sharp Edge  
41 year old male fallen off Sharp Edge - 100m - pain and injury to back  
Keswick, 5hrs

0447 36799 22/11/20 13:51:00 Caiston Beck  
Female fallen 500 m up Caiston Beck - ankle injury  
Patterdale, 3.5hrs

0448 36800 22/11/20 14:11:00 Barf  
Party cragfast on Barf  
Keswick, 1.5hrs

0449 36801 22/11/20 17:19:00 Scafell Pike  
2 members of a larger party missing on return to vehicle Scafell Pike - turned up later - team member went on fell to check lights  
Wasdale, 3hrs

0450 36802 22/11/20 17:36:00 Coniston Old Man  
Stationary light on Old man of Coniston - WIFA -  
Coniston, 0.75hrs

0451 36803 25/11/20 14:31:00 Crinkle Crags  
Party of 3 lost on Crinkle Crags - walked into Rest gulley on Eskdale Side - eventually walked out to Wrynose Pass  
Wasdale, 2hrs

0452 36804 26/11/20 19:52:00 Striding Edge  
 Part of two lost on top descent path Striding Edge Helvellyn  
 Patterdale, 5hrs

0453 36805 28/11/20 13:49:00 Artle Crag  
 Female walker injured ankle - Artle Crag  
 Penrith, HELIMED 75, 3.5hrs

0454 36806 29/11/20 15:49:00 Pillar  
 2 walkers fallen near waterfall - Pillar - fallen 50ft  
 Cockermouth, 6hrs

0455 36807 29/11/20 17:08:00 Sticks Pass  
 2 walkers lost just south of Sticks Pass descending from Helvellyn.  
 Keswick, 3hrs

## December

Ref	Total	Date	Time	Location / Grid Ref / W3W
0456	36808	01/12/20	14:35:00	Maryport 72 year old female fallen on coastal path East of Maryport - Coastguard tasked Cockermouth, Bristow CG, 0.5hrs
0457	36809	02/12/20	11:30:00	Jenkins Crag 74 year old male come off mountain bike with ligament injury - Jenkins Crag opposite Hayes Garden centre, Ambleside LAMRT, 1.5hrs
0458	36810	03/12/20	13:49:00	Goat Water Female walker stuck in snow on steep ground above Goat Water descent from Coniston Old Man Duddon & Furness, YES, 3hrs
0459	36811	03/12/20	19:14:00	Kendal Female taken a fall - Police not informed and were on scene and would not have called MRT who were stood down Kendal, 1hr

0460 36812 04/12/20 15:59:00 Scafell Pike  
Male and female walker from outside Cumbria lost on descent from Scafell Pike - Middleboots Knott area Piers Gill river right  
Wasdale, 7hrs

0461 36813 05/12/20 13:45:00 Rydal Caves  
31 year old male fallen 2 to 3ft off a rope at Rydal Caves - injured wrist  
LAMRT, 1.75hrs

0462 36814 05/12/20 13:50:00 Dow Crag  
2 walkers stuck on ledge on Dow Crag - winched off  
Coniston, Bristow 199 Prestwick, 2.5hrs

0463 36815 06/12/20 18:20:00 Brae Fell  
2 walkers lost on side of Brae fell - phone find talk off by TL  
Keswick, 1.75hrs

0464 36816 06/12/20 20:57:00 Lords Seat  
2 walkers lost near Lords Seat - escorted off  
Keswick, 2hrs

0465 36817 07/12/20 15:36:00 Black Sail  
2 walkers lost their way from Honister pass and now at Black Sail Hut - team vehicle picked them up and returned them to their car at Honister  
Cockermouth, 4hrs

0466 36818 08/12/20 11:41:00 Grizedale Pike  
2 climbers stuck on Grizedale Pike  
Keswick, 4hrs

0467 36819 08/12/20 15:54:00 Scafell Pike  
2 walkers descending Scafell Pike to Wasdale head via Corridor Route - found at Burnthwaite  
Wasdale, 3.5hrs

0468 36820 09/12/20 15:06:00 Pavey Ark  
Female slipped down back into Mill Gill, down from Pavey Ark above big drop - roped out  
LAMRT, 4hrs

0469 36821 11/12/20 16:35:00 Scafell Pike  
2 walkers overdue and missing on Scafell Pike - met on their way down as their torches had failed  
Wasdale, 2.5hrs



0470 36822 11/12/20 18:39:00 Scafell Pike  
3 walkers overdue on Scafell Pike - located on their way down  
Wasdale, 2hrs

0471 36823 12/12/20 13:41:00 Levers Water  
4 adult walker stuck on crag above Levers water  
Coniston, 3.5hrs

0472 36824 12/12/20 17:20:00 Yew  
Female and child stuck at the top of Yew  
Patterdale, 2hrs

0473 36825 13/12/20 14:17:00 Easedale  
Lone female walker lost near to Castle Howe / Easedale Tarn , Grasmere Common  
LAMRT, 2.75hrs

0474 36826 17/12/20 15:02:00 Silver Howe  
Man and wife lost on way down from Silver Howe  
LAMRT, 2.5hrs

0475 36827 17/12/20 19:24:00 Black Sail  
56 year old male walker lost and located at Black Sail hut  
Cockermouth, 2hrs

0476 36828 18/12/20 15:16:00 Ambleside  
Missing person suffering dementia  
LAMRT, 2.5hrs

0477 36829 18/12/20 15:44:00 Side Pike  
29 year old female with broken ankle 500m from Great Langdale Campsite  
LAMRT, 2.75hrs

0478 36830 18/12/20 17:23:00 Brown Tongue  
2 males lost and stuck on other side of beck Brown Tongue path - beck in flood and SRT  
deployed - walker off  
Wasdale, 3hrs

0479 36831 19/12/20 15:29:00 Burnmoor Tarn  
2 walkers lost On the descent from Scawfell/ Scafell Pike - located above Burnmoor Tarn  
on side of Scafell  
Wasdale, 2hrs

0480 36832 19/12/20 16:22:00 High Hart Dodd  
 20 year old male fallen and broken ankle on High Hart Dodd - 1/2 mile from Sykeside  
 Camping Park  
 Patterdale, 3.5hrs

0481 36833 20/12/20 12:07:00 Side Pike  
 35 year old female fallen 30' off path Side Pike above Blea Tarn - ribs and back injury  
 LAMRT, 3hrs

0482 36834 21/12/20 16:16:00 Coniston Old Man  
 37 year old male on Mountain Bike - Old man of Coniston - tired up safe and well - team  
 stood down  
 Coniston, 0.25hr

0483 36835 22/12/20 08:56:00 Scafell Pike  
 14 year old male reported missing on Scafell Pike by mother in Rochdale on Facebook -  
 turned up OK  
 Wasdale, 1hr

0484 36836 22/12/20 12:03:00 Calf Crag  
 71 year old female fallen and broken right thigh - top of Calf Crag  
 LAMRT, GNAA 58, 2hrs

0485 36837 22/12/20 17:48:00 Allen Crag  
 71 year old male missing last seen heading to Allen Crag - turned up safe and well  
 Kendal, 0.5hr

0486 36838 23/12/20 11:17:00 Skiddaw  
 30 yo's lost on summit of Little Man , Skiddaw - talked off by TL  
 Keswick, 2.25hrs

0487 36839 24/12/20 11:50:00 Langdale  
 59 yo suspect stroke GNAA evacuation  
 LAMRT, GNAA 58, 1.5hrs

0488 36840 24/12/20 16:04:00 Scafell Pike  
 Father and 22 year old male son split up on ascent of Scafell Pike and son missing -  
 turned up safe and well  
 Wasdale, 1hr

0489 36841 25/12/20 08:43:00 Dove Crag  
 30 year old male walker with frozen feet - near Priest Hole on Dove Crag - From Tier 3  
 Patterdale, 6hrs

0490 36842 25/12/20 13:38:00 Rosthwaite  
Walker with knee injury Lingy Bank near Rosthwaite. Location of casualty at Car Park after self rescue and stand down - 1 team member attended casualty - from London Tier 4 Keswick, 1.5hrs

0491 36843 26/12/20 04:01:00 Burnmoor Tarn  
31 year old male travelled up from Farnborough (Tier 4) and got lost on descent - had been walking since 3 pm - located above Burnmoor tarn  
Wasdale, LDMRSD Dogs, 2.5hrs

0492 36844 26/12/20 16:57:00 Wetherlam  
3 walkers 20+18+17no torches come up from Preston Tier 3 - located below Wetherlam high up on Tilberthwaite Coombe - Police debriefed the group  
Coniston, 4.75hrs

0493 36845 28/12/20 16:39:00 Haverthwaite  
54 year old female fallen at Baines Paddock, Haverthwaite - Knee and ankle injury  
Duddon & Furness, 2.5hrs

0494 36846 28/12/20 17:41:00 Newlands Hause  
Car stuck in Snow / Ice Newlands Hause - Road blocked with car - young children on board - Limited callout (provisional number of TMs)  
Cockermouth, 5hrs

0495 36847 29/12/20 15:25:00 Dow Crag  
Climber descending Dow Crag on buttress and got stuck due to ice - Winched off by Coastguard  
Coniston, Bristow 936, 3hrs

0496 36848 29/12/20 15:41:00 Coniston Old Man  
43 year old female tripped and injured ankle Coniston Old Man near Walna Scar road end  
Coniston, 2.5hrs

0497 36849 30/12/20 13:55:00 Binsey  
female walker with displaced fracture of ankle on Binsey  
Cockermouth, 2.75hrs

0498 36850 30/12/20 14:20:00 Elterwater  
70 year old female fallen and injured hip on Cumbrian Way path next to Elterwater  
LAMRT, 2hrs

0499 36851 30/12/20 14:36:00 Dale Head  
Male walker in 20s slipped on ice and dislocated shoulder - Below Dale Head  
Keswick, 4hrs

0500 36852 30/12/20 16:23:00 Arnside Park  
Motorised hang glider reported spiralling down into the woods at Arnside Park - nothing  
found and a stand down - WIFA -  
Kendal, LDMRSD, Bristow 912, 4hrs

0501 36853 30/12/20 16:42:00 Farleton Knott  
Reports of a Torchlight seen at the top of Farleton Knott doing Morse Code SOS - WIFA  
Kendal, 2.75hrs

0502 36854 31/12/20 16:54:00 Catbells  
Quad Bike rider fallen down slop 15' - Foot of Catbells  
Keswick, 1.25hrs

# Accident Summary Tables

## Key numbers



Number of call outs **502**



Total call out hours **1408**



Helimed / Coastguard **91**



Ambulance assists **23**



Average duration **2h44**



Number of fatalities **15**



Medical / injured **290**



Climbing / cragfast **27**



Navigation / lost **272**



Busiest month **Aug**



Avoidable call outs **146**



Search dogs jobs **21**



Animals rescued **16**



People rescued **705**

## Incidents by Activity

The following table is the result of a search through all the reports for key words relating to the activity being undertaken. It is not a conclusive list as full incident details are not always recorded. The totals reflect all incidents which include alerts in addition to full team callouts.

<b>Incidents</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>
Total	536	436	543	656	585	502
<b>By Activity</b>						
Hill Walking (non-winter)	327	287	359	?	443	371
Hill Walking (winter)	12	28	24	?	24	26
Climbing/Scrambling	18	8	22	12	5	27
Mountain Biking	13	15	15	24	30	6
Orienteering/Fell Running	16	9	11	18	16	19
Hang Gliding/Paragliding	1	5	2	4	3	5
Resilience	31	36	39	44	27	22
Non-Mountain Search	19	12	24	5	25	10
Water Sports	8	9	10	5	12	16

## Fatalities

The following table reflects those incidents in which a fatality was sadly recorded.

<b>Fatalities</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>
Total	30	8	17	21	17	15
<b>By Activity</b>						
Hill Walking (non-winter)	5	0	1	7	7	5
Hill Walking (winter)	3	0	1	6	0	1
Climbing/Scrambling	2	0	0	2	3	0
Mountain Biking	1	0	1	0	1	1
Orienteering/Fell Running	0	0	1	3	0	0
Hang Gliding/Paragliding	1	0	0	0	0	0
Resilience	1	1	0	2	3	4
Non-Mountain Search	3	2	1	2	2	4
Water Sports	1	0	0	2	1	0

## Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of the incidents. Note that the totals of these columns do not match the total number of persons as some incidents recorded more than one cause.

<b>Cause of Incident</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>
Avalanche	0	0	0	0	0	0
Belay/Runner Failure	1	0	0	0	0	0
Benighted	13	7	25	17	8	1
Cragfast	22	17	33	35	38	10
Fall or Tumble	123	93	130	97	161	129
Lightning	0	0	0	0	0	0
Lost or Disorientated	63	59	74	90	85	101
Medical Collapse or Illness	45	34	30	8	7	88
Overdue or Missing	43	30	34	36	40	35
Rockfall	1	0	2	1	0	0
Shouts, Lights or Flares	6	8	9	16	9	10
<b>Total</b>	<b>536</b>	<b>436</b>	<b>543</b>	<b>656</b>	<b>348</b>	<b>374</b>



## Sites of Injury

The following table is the result of a search through all the reports for key words relating to sites of injury or illness. It is not a conclusive list as full injury details are not always recorded. Note that the totals of these columns do not match the total number of persons as some casualties sustained more than one injury as a result of the incident.

Site of Injury	2015	2016	2017	2018	2019	2020
Abdomen	4	1	5	2	1	0
Ankle	34	51	59	80	82	77
Arm	10	11	10	9	6	33
Chest	19	21	15	7	9	8
Face	13	3	7	9	7	6
Foot	1	0	0	0	12	11
Hand/Wrist	17	12	12	7	9	14
Head	33	15	44	30	22	57
Knee	25	25	23	23	26	21
Lower Leg	59	33	62	23	23	34
Neck	5	4	8	4	5	3
Pelvis	6	9	6	15	2	1
Shoulder	19	14	18	13	9	17
Spine	12	16	9	13	4	3
Upper Leg	4	2	6	5	4	2
<b>Total</b>	<b>320</b>	<b>261</b>	<b>317</b>	<b>227</b>	<b>221</b>	<b>287</b>

# Lake District Search & Mountain Rescue Teams

For rescue assistance, go to the nearest telephone and dial 999, ask for 'Cumbria Police' and then 'Mountain Rescue'. Give the location & grid reference, time of accident, nature of injuries, plus the name, gender and age of casualty if known.

For more general enquiries, most teams can be contacted via their website or in some cases Facebook pages. Links to the team websites can be found by visiting the LDSAMRA website: [www.ldsamra.org.uk](http://www.ldsamra.org.uk)



Cockermouth MRT  
[secretary@cockermouthmrt.org.uk](mailto:secretary@cockermouthmrt.org.uk)



Cumbria Ore Mines Rescue Unit  
[admin@comru.org.uk](mailto:admin@comru.org.uk)



Coniston MRT  
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Duddon & Furness MRT  
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Kendal MSRT  
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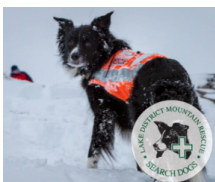
Keswick MRT  
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Kirkby Stephen MRT  
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Langdale Ambleside MRT  
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LDMSR Search Dogs  
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Penrith MRT  
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Wasdale MRT  
[secretary@wvmt.org.uk](mailto:secretary@wvmt.org.uk)

## Advice to Mountain Users

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of common sense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost, and in the event of an accident, minimise further harm to you and your party.

### Planning and Preparation

- Plan before setting out. Maps are essential and guidebooks are full of advice. Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions, UK mountains can be major undertakings. Night encroaches early in the winter and the further north you go. Check the website [www.mwis.org.uk](http://www.mwis.org.uk)
- Carry a First Aid kit and learn how to give First Aid
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your batteries before setting out?

### Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing including a hat and gloves, it is always colder on the tops.

### Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, these can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

## **Equipment and its Use**

- A map, compass and the ability to use them, at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs. In winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are urged to wear suitable helmets at all times.

## **Party Size**

- If in groups, make sure party leaders are experienced, do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

## **Emergency Procedures**

- Be prepared to turn back if conditions are against you, even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

## **Dangers - can be avoided by good route finding**

- Cliffs, icy slopes or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

## **Dangers - can be avoided by remaining alert**

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs, rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of time - especially true when under pressure, allow extra time in winter conditions

## **Pride**

- It is no disgrace to turn back if you are not certain. A party should always be governed by the capabilities of its weakest member.



# Distinguished Service List

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District.

DAVID ALLAN OBE	Duddon & Furness MRT, MR(E&W)
JOHN BERNARD ANDERSON	Coniston MRTI
STEVE BARBER (Deceased)	Kendal MSRT, LDSAMRA & MRC
ERIC BARRINGTON	Kendal MSRT & LDSAMRA
PETER BELL	LAMRT, Stretcher Manufacturer
DAVID DINKS	Duddon & Furness MRT
Sir CHRISTIAN BONINGTON	
JOE BOOTHROYD (Deceased)	Patterdale MRT
ROB BROOKES	Kendal & Langdale/Ambleside MRTs
DUNCAN JAMES CAMERON (Deceased)	Coniston MRT
NELSON CLARK	Furness MRT
ROY COOKSEY MBE	Coniston MRT
STEPHEN COVE	Millom FRT, Duddon & Furness MRT
JIM COYLE BEM	Cockermouth MAT, SARDA
SYDNEY H. CROSS MBE (Deceased)	Langdale Mountain Rescue
Sqn Ldr LESTER DAVIES MBE (Deceased)	O.B.M.S. Ullswater
JOHN DEMPSTER MBE	Cockermouth MRT, LDSAMRA
GED FEENEY	Penrith MRT. LDSAMRA & MREW
GEORGE FISHER BE (Deceased)	Keswick MRT
RICHARD FISHER	Keswick MRT
MALCOLM GRINDROD BE (Deceased)	LAMRT & Coniston MRT, SARDA (Lakes)
MICK GUY	Kendal & Keswick MRT, SARDA (Lakes)
Mrs. ADA HILLARD	
MARK HODGSON MBE	
PAUL HORDER	Cockermouth & Keswick, LDSAMRA & MRC
STEWART HULSE MBE (Deceased)	Langdale/Ambleside MRT, & MRC
PETER JACKSON MBE	Millom FRT
SIMEON LEECH	Duddon & Furness MRT
RICHARD LONGMAN	Wasdale MRT, LDSAMRA
MIKE MARGESON	Duddon & Furness MRT, LDSAMRA MREW
TOM MINTON (Deceased)	Kendal MSRT
JOHN MITCHELL	Millom FRT
MIKE MITCHELL	Kendal MSRT, COMRU & LDSAMRA
MIKE NIXON MBE (Deceased)	Keswick MRT, LDSAMRA, SARDA
Dr. JAMES D OGILVIE (Deceased)	Patterdale MRT
DES OLIVER	Keswick MRT
BILL PATTISON MBE	Wasdale MRT
ROGER PUTNAM MBE	O.B.M.S. Eskdale
J BRYAN STILLING (Deceased)	Kendal MSRT, LDSAMRA & MRC
LI. Col H. WESTMORELAND MBE (Deceased)	Keswick MRT
FI. LL. RICHARD WOOD	A Flight, 202 Sqn RAF Boulmer

# Donating to Mountain Rescue

Please help us!

All the teams rely almost totally on donations received from the public. Charitable gifts are always gratefully received, either to specific teams directly, or to mountain rescue generally.

If you wish to financially support the Mountain Rescue Service in the Lake District, the Association will be pleased to receive your donation. All donations and legacies received by LDSAMRA are used to support the work of the 12 teams in the region. If you prefer to donate to one specific Team, the Association will pass any such donations on. Alternatively, you may contact the Team directly.

There are several ways of assisting, some more financially advantageous than others.

Please see the LDSAMRA website for donation options:

<https://ldsamra.org.uk/donate.php>



**The Queen's Award  
for Voluntary Service**

# Adventure Smart

LDSAMRA teams are keen to support the Adventure Smart campaign to help improve safety in the Lake District fells. Check out the website at; <https://www.adventuresmart.uk/lake-district-cumbria/>



The initiative encourages people to ask themselves 3 questions before they set off for their activities in the fells:

- Do I have the right **GEAR**?
- Do I know what the **WEATHER** will be like?
- Am I confident I have the **KNOWLEDGE & SKILLS** for the day?

On the Adventure Smart website, there's lots of useful advice, including identifying some of the regions accident blackspots, and also key links to the detailed weather forecasts for whole of the Lake District National Park: <http://www.lakedistrictweatherline.co.uk>, and on Twitter [@LakesWeather](https://twitter.com/LakesWeather) will provide you with the latest weather information.

We hope you never need help in the fells, but Mountain Rescue respond to incidents 24/7 for 365 days of the year. If you need assistance, here's the link and advice of how to request it and what information to provide; <https://www.adventuresmart.uk/know-how-and-when-to-get-help/>

**#BeAdventureSmart**