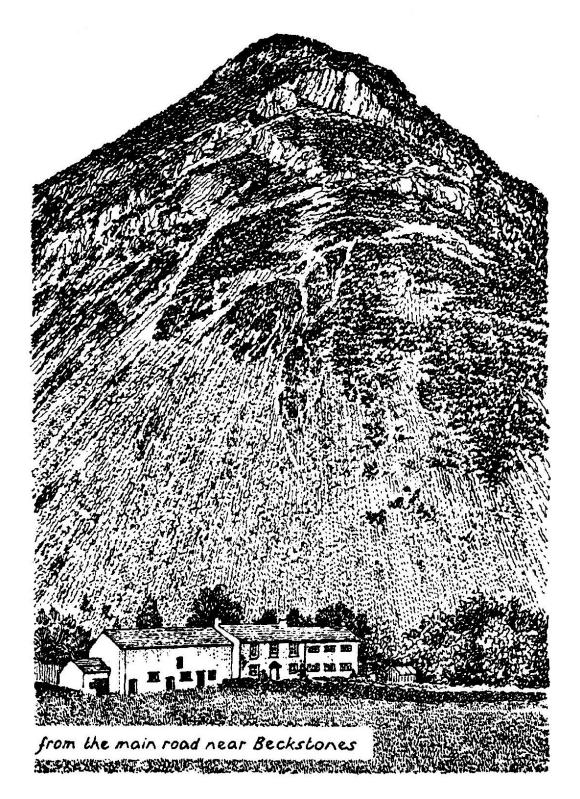
LAKE DISTRICT SEARCH & MOUNTAIN RESCUE ASSOCIATION MOUNTAIN ACCIDENTS 2017



Barf from 'Wainwright's North Western Fells' and reproduced by courtesy of the Westmorland Gazette



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by

Cumbria Constabulary.



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Lake District Search and Mountain Rescue Association

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

Cost £2.00

The charge is at cost price and helps us to meet the production charges of this booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION IS REGISTERED AS A CHARITABLE TRUST 506349

Chairman's Report

Welcome to the 2017 annual report that gives an insight into the work of the teams and the official statistics for the past twelve months up to 31st December 2017 which has been an extremely busy year for the Lake District teams.

2016 had been a relatively quiet year, with reduced numbers of callouts but inevitably this was short lived as 2017 has been one of our busiest years with 546 recorded callouts. This is of concern although the number of man hours involved has reduced which is really good news and possibly due to the now routing use of SARLOC. This texting process uses the in-built smart phone technology to pinpoint the location of a lost walker. This means either a 'talk-off' over the phone or a limited response on the mountain compared to the large full scale searches required in previous years.

The tables at the end of this report, carefully prepared by our statistics officer, are supported by additional notes to help make sense of any changes from previous years. Education and awareness of the dangers and risks for the ill prepared remains a prime concern for teams. Hopefully in time the message will get across. The high numbers of avoidable incidents remain a problem therefore I make no apology for repeating this mantra every year if it helps save a single life.

Technology plays an important part of mountain rescue, improving the service and response times and the teams invest heavily in these areas. The latest investment, which is current and ongoing through 2018, is the changeover to digital radio communication. By April 2018, all the teams will have their new radios and new frequencies. Over £50,000 has already been invested with a further £50,000 to invest in improving the infrastructure (masts and relays). This will improve the operational capability of the 12 teams either locally or collaboratively. This is particularly important when it comes to major or unusual incidents where collaborative working is crucial to a successful outcome. Joint team working is the future which will hopefully ease the increasing workload demanded from our teams and team members.

As a busy region we remain proud and privileged to be able to provide our voluntary and free rescue service to those we rescue. This is only possible through the generosity of those we rescue and the people visiting or living within our communities. There is very little in the way of central funding; therefore fundraising remains an ongoing and very important task for the teams. Their annual costs run at between £30,000 and £80,000 per team and are rising. Donations, bequests and legacies, which are sent to the Association, do make a significant difference. It is gratifying to see that the work of the teams is recognised by both those we rescue and the general public who hear about the work we do. Income to the Association is shared equally amongst the teams to supplement their own fundraising activities. It is important that those who donate know and understand that their contributions, however small, do make a big difference to the ability of teams to provide our free rescue service to the Cumbrian communities and to visitors in the area. None of our mountain rescue volunteers or LDSAMRA Officers receives any fee or salary for the work they do and as a volunteer organisation we remain very proud of this ethos.

In conclusion, I would like to thank our many supporters, without your help and donations we could not exist as a volunteer service. I would also like to thank the external organisations and agencies with whom we work, over 420 volunteer team members of LDSAMRA and their families for their limitless commitment and support and the LDSAMRA officers, working groups and sub-committees for their dedication, support and hard work over the past twelve months.

Richard Warren

Chairman LDSAMRA, February 2018

Incident Details 2017

January

1 34375 1 January 12:39

Dry, very windy, cloudy. Track with stone, slate and rock. Hill Walking (Small party) Subject (M37) slipped off rock whilst descending. Assessed at scene and stretchered off the hill as a precaution. Minor - thigh ligament damage.

Coniston Old Man, Coniston

Dale Head Tarn, Rosthwaite

Coniston (16 x 3hr 19 min); Duddon and Furness (19 x 3hr 19 min).

2 34474 1 January 13:01

Dry. Damp.

Subject (M) reported with leg injury after fall. Treated at scene and airlifted to hospital. Serious simple closed fracture to tibia and fibula.

Keswick (17 x 2hr 53 min); NW Ambulance Helicopter (Preston).

3 34522 1 January 15:24 Wansfell, Ambleside

Dry clear cold bright. Moderate wet gravel footpath. Hill Walking (Small party) Subject (M) slipped on wet path and suffered an injury to his hip. Treated at scene and evacuated by air ambulance. Minor - injuries to upper leg.

Langdale Ambleside (16 x 1hr 30 min).

4 34875 1 January 16:43 **Reservoir Cottage, Kentmere** NY444073 N moderate dry cloudy cold dark. Loose stony scree. Hill Walking (Small party) Subject (M28) fell 9m in disused slate guarries; reported initially unconscious and moved by rest of party. Treated for multiple injuries until arrival of ambulance. Serious - localised bruising to face; laceration(s) head; hypothermia (I-II) mild/moderate; intoxication; simple closed fracture of left ankle; localised bruising. Kendal (13 x 2hr 34 min)

5 34421 1 January 17:57

Dry cold bright. Not reported. Hill Walking (Small party) Subject (F48) slipped and injured ankle while walking. Treated at scene and stretchered from the hill. Minor - painful/uncomfortable ankle. Patterdale (14 x 2hr 1 min).

Grisedale, Patterdale

6 34473 2 January 12:31 **Brundholme Woods. Keswick**

Not reported. Not reported. Hill Walking (Small party) Subject (F60) slipped on an icy patch, and fell awkwardly, sustaining a serious leg injury. Treated at the scene and stretchered to ambulance for hospital transfer. Serious - simple closed fracture to neck of femur; simple closed fracture of wrist. Keswick (12 x 0hr 49 min).

7 34420 2 January 12:45

Dry cold bright. Steep wet.

Animal Rescue (Small party) Collie dog reported fallen and stuck on ledge. Hoisted to safety and returned to a very grateful owner.

Aira Force, Ullswater

Patterdale (14 x 1hr 30 min).

8 34874 2 January 14:36 Helsington Barrows, Kendal SD495910

Calm dry cloudy cool dull. Gentle slippery stony footpath. Hill Walking (Family group) Subject (M47) slipped and fell on wet limestone. Treated at scene and stretchered to ambulance at roadhead. Serious - compound closed fracture of right tibia and fibula. Kendal (10 x 3hr 0 min).

9 34521 2 January 15:35 The Band, Bowfell

NE fresh dry clear freezing dark. Steep frozen grassy footpath. Hill Walking (Winter) (Small party) Subject (F) sustained an ankle injury while walking. Despite injury, she managed to get a fair way down before being met, treated and stretchered the remainder of the way. Minor - injuries to lower lea.

Langdale Ambleside (20 x 3hr 0 min).

NY3324415520

NY233156

NY382041

SD273978

Hill Walking (Small party)

NY285245

NY4003320861

6

10 34520 2 January 17:35

NE fresh dry clear freezing. Moderate frozen grassy moorland. Hill Walking (Winter) (Small party) Party of four reported benighted without torches. Location established using SARLoc and escorted to safetv.

Tarn Crag, Grasmere

Langdale Ambleside (6 x 4hr 0 min).

11 34519 4 January 11:39 Loughrigg, Ambleside NY365045 Dry clear cold bright. Moderate gravel footpath. Hill Walking (Small party) Subject (M) fainted and sustained a head injury as he collapsed. Treated at scene and evacuated to hospital by ambulance. Minor - no details supplied. Langdale Ambleside (9 x 2hr 30 min).

12 34655 4 January 16:00 **Castle Park, Whitehaven** NX978179

Cold, clear. Steep wooded banks. Search - Non-mountain (Alone) Vulnerable (M68) reported missing from home. Stood down during search when informed subject located well out of search area.

Hardknott Pass, Eskdale

Great End, Central Fells

LDMR Search Dogs Assoc (1 x 5hr 0 min); Wasdale (18 x 5hr 0 min).

13 34450 5 January 08:00

Light dry clear freezing bright. Steep icy. Road Traffic Collision (Alone) Car reported blocking mountain pass after skidding on ice. Car recovered and driven away. Duddon and Furness (8 x 2hr 30 min).

14 34471 9 January 15:04

Not reported. Not reported. Hill Walking (Small party) Party of two (F44, M) reported cragfast in gully and with pre-existing condition. Managed to extracted herself and son to top of gully and were met descending; assessed but nothing serious found.

Keswick (22 x 3hr 32 min); Wasdale (22 x 2hr 0 min); Prestwick SAR Helicopter.

15 34518 9 January 17:00 White Ghyll, Gt Langdale

Showers clear cool dusk. Steep slippery grassy crag. Hill Walking (Small party) Party of two (M, F) became lost and cragfast on steep ground. Location established using SARLoc and escorted to safety.

Langdale Ambleside (5 x 4hr 0 min).

16 34517 12 January 16:45 Wrynose Pass, Lt Langdale

Not reported. Not reported. Road Traffic Collision (Small party) Two cars with four occupants reported stranded on snow-covered mountain pass. All retrieved without further incident.

Langdale Ambleside (4 x 2hr 0 min).

17 34470 13 January 18:51

Not reported. Not reported. Local Incident (Small party) Request to assist ambulance service dealing with person (M15) injured in 8m fall into culver. Extracted to a place of safety for treatment and a hospital transfer. Serious - no details supplied. Keswick (23 x 1hr 7 min).

Red Pits, Kirkstone

Brigham, Keswick

18 34419 15 January 23:17

Drv mild dark. Not reported. Local man reported missing, considered vulnerable. Located by passing searcher and handed over to police for a checkup. Patterdale (12 x 1hr 49 min).

19 34454 19 January 12:00

Not reported. Not reported. Fell Running (Organised event) Subject (M) injured foot while participating in Spine Race. Stood down responding when informed event organisers had extracted injured party. Penrith (3 x 1hr 0 min).

Gregs Hut, Cross Fell

NY278237

NY225014

NY303090

NY229087

NY282031

NY4024708662

NY69173543

Search - Mountain (Alone)

20 34702 21 January 09:04

Fine, clear, Vallev bottom, Search - Non-mountain (Alone) Vulnerable, described as high risk, reported missing from home. Search operation inconclusive, enquiries by police continuing. Duddon and Furness (12 x 5hr 0 min); LDMR Search Dogs Assoc (4 x 4hr 22 min); Wasdale (18 x 7hr 0 min).

Wha House, Eskdale

21 34516 21 January 13:55 Brant Fell, Bowness

Dry clear cold bright. Moderate damp grassy footpath. Hill Walking (Small party) Subject (F) sustained ankle injury when she slipped. Treated at scene and stretchered to road. Minor - injuries to lower leg.

Langdale Ambleside (12 x 2hr 0 min).

Crinkle Crags, Gt Langdale NY247060 22 34515 21 January 18:37 Dry cloudy cold dark. Undulating stony moorland. Hill Walking (Small party) Party of two (F, M) became lost in mist. Location established using SARLoc; advised of best route to follow. Monitored until they reached safety. Langdale Ambleside (1 x 3hr 0 min).

23 34703 23 January 15:36 Blengdale Forest, Gosforth NY0894906686 Calm dry clear mild bright. Moderate firm gravel forestry. Search - Non-mountain (Alone) Vulnerable reported missing from home. Found at friend's house; no further details supplied. Wasdale (14 x 1hr 30 min).

24 34469 26 January 13:51 Kettlewell, Derwent Water NY266196 Not reported. Not reported. Water Sport (all types) (Small party) Subject (M) reported to have fallen out of his sailing dinghy 100m offshore; the dinghy capsized with the mast embedded in the lake bed. Quickly recovered to responding boat and taken to shore, unhurt: dinghy was later recovered. Keswick (12 x 0hr 42 min).

25 34465 28 January 19:25

Mustard Hill, Grizedale Forest Damp, cold. Forestry track. Hill Walking (Small party) Party of two (F61, F37) reported lost in forest in darkness. Located safe and well; returned to their car in Hawkshead. Coniston (12 x 1hr 30 min); LDMR Search Dogs Assoc (1 x 1hr 30 min).

February

Scafell Pike, Wasdale 26 34704 4 February 09:35 NY2115507234 Moderate sleet cloudy cold dull. Moderate rocky stony slope. Hill Walking (Small party) Subject (M30) reported himself benighted and lost. Location established with SARLoc and met other party that led him to safety. Wasdale (7 x 3hr 30 min).

27 34705 4 February 14:36 Stirrup Crag, Dore Head, Wasdale Head NY175095 Moderate dry clear cool bright. Steep gravel scree. Hill Walking (Family group) Subject (M12) stumbled and fell. Met descending, assessed and treated at scene. Minor - cuts and abrasions to left knee. Wasdale (16 x 2hr 0 min).

28 34654 5 February 15:17

Slight Side, Scafell Not reported. Not reported. Hill Walking (Small party) Party reported themselves lost. Directions provided over the phone, then they met other walkers who got them down without further deployment. Wasdale (1 x 2hr 0 min).

SD409963

NY199009

SD319935

Haystacks, Buttermere

37 34467 17 February 14:54 Wodens Face, Bowderstone, Borrowdale

Not reported. Not reported. Rock Scrambling (Small party) Subject (F56) slipped and fell 20m on to rocks at the bottom, suffering serious injuries. Treated at scene and airlifted to hospital. Serious - no details supplied.

8

Keswick (15 x 1hr 49 min); Gt North Ambulance Helicopter (Cumbria).

following day. Kirkby Stephen (10 x 1hr 30 min).

Snow, strong wind. Snow drift blocking road.

31 35087 12 February 17:40

32 34457 12 February 19:30 Hartside, A686

Not reported. Not reported. Local Incident (Small party) Vehicle with three occupants drove Hartside pass and became stuck in snow drift. Stood down responding when informed they had extricated themselves. Penrith (4 x 2hr 0 min).

33 34464 14 February 12:59 **Coniston Old Man, Goats Hawes** SD268981

Dry, clear, windy on top of fells. Snow/ice. Hill Walking (Winter) (Small party) Subject (M57) slipped on ice whilst descending. Treated at scene and airlifted down the hill, then airlifted to hospital by air ambulance. Serious - deep laceration(s) to head; internal pelvic injuries; multiple injuries.

Coniston (14 x 4hr 15 min); Duddon and Furness (14 x 4hr 15 min); Kendal (8 x 3hr 0 min); Langdale Ambleside (1 x 4hr 0 min); Gt North Ambulance Helicopter (Cumbria); Caernarfon SAR Helicopter.

34 34463 14 February 13:24

Dry, clear, windy on fell top. Ice/snow. Hill Walking (Winter) (Small party) Subject (F34) slipped on ice whilst descending. Treated at scene and airlifted to hospital. Serious dislocated knee.

Coniston (14 x 4hr 45 min); Dartmoor - Tavistock (1 x 4hr 45 min); Duddon and Furness (14 x 4hr 0 min); Kendal (8 x 3hr 0 min); Langdale Ambleside (11 x 5hr 30 min); Caernarfon SAR Helicopter.

Fine, Slipperv path. Hill Walking (Alone) Subject (F47) fell and injured her leg. Treated at scene and evacuated from the hill. Serious - stable fracture of right fibula.

Duddon and Furness (14 x 0hr 45 min); Wasdale (19 x 3hr 19 min).

36 34563 16 February 16:54

35 34707 14 February 16:12 Brown Tongue, Scafell Pike

Coniston Old Man, Coniston

Not reported. Not reported.

Subject (M33) fell 3-4m whilst descending steep ground. Treated at scene and stretchered to ambulance in valley. Minor - injuries to head and lower arm.

Cockermouth (16 x 5hr 55 min).

29 34468 10 February 08:40

Not reported. Not reported. Search - Non-mountain (Alone) Subject (M68) reported missing after his car and camping equipment were found apparently abandoned. Search inconclusive but concluded when police suggested he might have left the area entirely.

Cockermouth (13 x 2hr 0 min); Keswick (13 x 3hr 19 min); Penrith (12 x 4hr 19 min).

Lingmel Col, Scafell Pike 30 34706 11 February 16:25 NY212078 Snowing, blizzard conditions. Rocky, snow covered. Hill Walking (Winter) (Small party) Poorly equipped party reported lost. Turned up before search operation commenced.

Vehicle reported stuck in snow drift. Escorted both occupants to safety; vehicle recovered the

Duddon and Furness (18 x 0hr 15 min); Wasdale (8 x 1hr 0 min).

Stonethwaite, Borrowdale

Tailbridge Hill, Nateby Common

NY63774177

NY803045

Local Incident (Small party)

Hill Walking (Small party)

NY253165

NY194135

38 34513 18 February 13:32

Not reported. Not reported. Elderly male became exhausted. No further details supplied. Langdale Ambleside (15 x 2hr 30 min)

39 34462 19 February 15:05

Damp, misty, breezy. Rough fellside.

Party of two (F20, M17) reported lost in mist. Located safe and well; escorted from the hill. Coniston (17 x 2hr 4 min); Duddon and Furness (1 x 0hr 6 min); Langdale Ambleside (15 x 5hr 0 min).

Dow Crag, Coniston

Steel Fell, Dunmail

Pike O'Blisco, Gt Langdale

Silver How

40 34493 21 February 13:05

Not reported. Not reported.

Hill Walking (Small party) Subject (M) reported in difficulty, no details supplied. Located and escorted from the hill. Langdale Ambleside (10 x 2hr 0 min).

41 34492 21 February 13:42

Hill Walking (Small party) Not reported. Not reported. Party of two (2xF) reported separated from others in group. Located and escorted to safety. Langdale Ambleside (8 x 1hr 0 min)

42 34709 21 February 13:56 Scafell Pike, Wasdale

High wind, rain, cloud, High fell path.

Small party of four reported lost in cloud, after becoming separated from large party. Located and escorted from the hill.

Wasdale (14 x 6hr 19 min).

43 34466 21 February 18:49 Scafell Pike, Wasdale

High wind, rain, cloud. High fell path.

Hill Walking (Small party) Family party of four reported separated from large group and lost in cloud. Party located and escorted from the hill to safety.

Cockermouth (15 x 4hr 0 min): Duddon and Furness (14 x 11hr 0 min): Keswick (17 x 2hr 23 min): Kirkby Stephen (8 x 5hr 0 min); Langdale Ambleside (12 x 3hr 0 min); Langdale Ambleside (11 x 3hr 0 min); Penrith (10 x 7hr 0 min); LDMR Search Dogs Assoc (3 x 2hr 23 min); Wasdale (24 x 2hr 10 min); Prestwick SAR Helicopter.

44 34489 22 February 10:30 White Moss Common, Grasmere NY347062

Not reported. Not reported. Hill Walking (Small party) Subject (M) reported collapsed after medical episode. Treated at scene and stretchered to road. Minor - stroke (CVA).

Catbells, Swinside

Kendal (8 x 1hr 30 min); Langdale Ambleside (10 x 1hr 0 min).

45 34540 23 February 12:49

SW storm heavy rain. Very wet.

Subject (M25) reported stuck on hillside and unable to move because of storm winds. Having failed to talk him down to safety, a small party was dispatched, he was located and led to safety. Keswick (5 x 0hr 45 min).

46 34488 24 February 09:42 Loughrigg, Ambleside

Not reported. Not reported.

Hill Walking (Small party) Subject (M) reported unable to continue walk due to leg injury. Treated at scene and stretchered to road. Serious - simple closed fractured femur.

Langdale Ambleside (9 x 1hr 30 min).

47 34539 24 February 14:43 Gategill Fell, Blencathra

Not reported. Not reported. Hill Walking (Winter) (Small party) Family group (M, M10, F37, F13) reported themselves cragfast having chosen an unusual route up the hill. Position established using SARLoc, then a small group was dispatched to lead them to safetv.

Keswick (11 x 1hr 18 min).

NY213071 Hill Walking (Large party)

NY213071

NY246206

NY367045

NY320268

Hill Walking (Small party)

SD260975

NY318111

NY271042

NY322073

Hill Walking (Small party)

Hill Walking (Small party)

48 34487 25 February 15:17 Loughrigg Brow, Gt Langdale NY293065 Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped, causing ankle injury. Treated at scene and stretchered to road. Minor - simple closed fracture of ankle. Langdale Ambleside (14 x 2hr 0 min).

49 34486 25 February 15:40

Not reported. Not reported. Hill Walking (Small party) Subject (M) reported with injured leg. Treated at scene and stretchered to road. Minor - sprained ankle.

Loughrigg Fell, Rydal

Kendal (9 x 1hr 45 min); Langdale Ambleside (14 x 2hr 0 min).

50 34710 25 February 21:58 NY217051 Sampson's Stones, Eskdale

Drizzle and low cloud. Open fellside. Hill Walking (Family group) Party reported themselves lost and benighted. Found wandering and escorted off the hill to safety. Duddon and Furness (14 x 5hr 0 min); Wasdale (7 x 7hr 30 min).

51 34711 26 February 08:02

Cloudy. Open fellside and path. Hill Walking (Small party) Party reported themselves lost and benighted. Located by the mobile phones, met and escorted off the hill to safety.

Horn Crag, Scafell Pike

Duddon and Furness (12 x 4hr 19 min); Wasdale (9 x 5hr 49 min).

52 34561 27 February 17:02

NY178140 Hill Walking (Winter) (Small party) Not reported. Not reported. Party of two reported themselves lost. Location established using SARLoc, party met and escorted to safetv. Cockermouth (4 x 8hr 0 min).

53 34485 28 February 13:34

Not reported. Not reported. Hill Walking (Small party) Subject (M69) reported slipped on wet ground. Treated at scene and stretchered to road. Minor - no details supplied. Langdale Ambleside (7 x 1hr 30 min).

March

54 34461 1 March 10:09 **Tilberthwaite Gill, Yewdale Fells** NY304006 Showery. Rough track. Animal Rescue (Small party) Dog reported fallen in steep gorge. Stood down responding when informed owners located dog safe and well. Coniston (10 x 1hr 0 min).

55 34538 1 March 13:23

Sharp Edge, Blencathra Not reported. Not reported. Hill Walking (Winter) (Small party) Party of two (M62, F62) reported themselves cragfast on a narrow, exposed ridge in misty conditions. Location established with SARLoc; they were quickly accessed by a team training locally and escorted to safety. Keswick (16 x 3hr 46 min).

56 34484 2 March 12:42 School Knott, Windermere

Not reported. Not reported. Hill Walking (Small party) Subject (F65) slipped causing leg injury. Treated at scene and stretchered to road. Minor - simple closed fracture to neck of femur. Langdale Ambleside (10 x 2hr 0 min).

SD403990

SD429978

NY326283

NY354054

NY210046

High Crag, Buttermere

Miller Ground, Windermere

59 34459 4 March 12:00 Upperby, Carlisle NY43345008 Not reported. Not reported. Search - Non-mountain (Alone) Subject (M51) reported missing from home. Located near motorway, treated at scene and transferred to hospital in team vehicle.

escorted from the hill, all very cold and exhausted.

Penrith (20 x 9hr 30 min).

57 34537 2 March 14:36

58 34472 2 March 16:15

Keswick (6 x 3hr 40 min).

Clear, Slipperv / frozen.

Not reported. Not reported.

60 34870 4 March 12:54 Chapel House Woods, Staveley-in-Cartmel SD382854 Calm dry clear cool bright. Moderate damp muddy forestry. Mountain Biking (Small party) Rider (M52) thrown over handlebars in fall from bike. Treated at scene and stretchered to air ambulance. Serious - pain/discomfort of chest and neck; multiple injuries to left abdomen. Kendal (8 x 2hr 45 min); NW Ambulance Helicopter (Preston).

61 34453 5 March 20:51

Not reported. Not reported. Search - Non-mountain (Small party) Subject (M51) reported missing from home. Search operation inconclusive, but person returned to home at 05:00.

Geltsdale, Castle Carrock

Kirkby Stephen (10 x 6hr 0 min); Penrith (20 x 6hr 0 min).

62 34441 6 March 14:35

Kirksty Brow, Gowbarrow Calm dry clear mild bright. Moderate rough grassy slope. Hill Walking (Small party) Subject (F60) slipped on wet ground, injuring her leg. Treated at scene and stretchered from the hill. Serious - fracture/dislocation to ankle.

Patterdale (12 x 3hr 30 min); Penrith (10 x 3hr 30 min).

63 34536 7 March 12:48

Not reported. Not reported. Hill Walking (Small party) Subject (M80) reported with chest pains, location was unclear. Assessed at scene and airlifted to hospital. Minor - no details supplied. Keswick (12 x 1hr 40 min); Gt North Ambulance Helicopter (Cumbria).

Barrow, Braithwaite

Gale Crag, Easedale

Hammerscar, Elterwater

64 34483 7 March 18:05

Not reported. Not reported. Trailhound reported cragfast. Retrieved without loss or injury. Langdale Ambleside (1 x 3hr 0 min).

65 34482 8 March 15:04

Not reported. Not reported. Subject (M) slipped and sustained a leg injury. Treated at scene and stretchered to road. Minor fracture/dislocation of ankle. Langdale Ambleside (1 x 2hr 0 min).

66 34560 9 March 13:14

Great Borne, Ennerdale

Not reported. Not reported. Hill Walking (Small party) Subject (F74) fell near summit, sustaining a head injury. Treated at scene and airlifted to hospital. Minor - laceration(s) to head.

Cockermouth (17 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

Mousthwaite Comb, Blencathra

Hill Walking (Small party)

NY344275

Subject (M) found by two walkers with serious injuries following a considerable fall. Treated at scene, stretchered down the hill and airlifted to hospital. Serious - no details supplied. Keswick (19 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

> Glaramara, Seathwaite NY247105

Hill Walking (Winter) (Small party) Party of four (3xF, M) reported themselves cragfast descending from summit. Led to safety and

NY299082

NY407222

NY56935406

NY305058

Animal Rescue (Small party)

Hill Walking (Small party)

NY122162

67 34559 10 March 13:20

Not reported. Not reported. Hill Walking (Small party) Subject (F50) slipped and fell on lakeshore path. Treated at scene and stretchered to ambulance. Minor - no details supplied. Cockermouth (17 x 3hr 0 min).

68 34558 10 March 20:34 Scarth Gap, Buttermere NY191141

Not reported. Wet.

Hill Walking (Small party) Subject (M39) slipped on wet ground. Treated at scene and stretchered to waiting ambulance. Minor - injuries to lower leg. Cockermouth (23 x 2hr 30 min).

69 34712 11 March 19:51

Variable calm drizzle misty cool dark. Undulating damp gravel footpath. Hill Walking (Small party) Party reported themselves lost due to poor navigational skills. Located and escorted from the hill to safetv.

Wasdale (9 x 5hr 0 min).

70 34557 12 March 01:37

Not reported. Not reported. Search - Non-mountain (Alone) Despondent (F) reported missing from home. Found by police, and airlifted to hospital. Minor - no details supplied. Cockermouth (25 x 10hr 15 min); Prestwick SAR Helicopter.

71 34481 12 March 14:10

Tarn Crag, Grasmere Dry cloudy. Moderate grassy moorland. Hill Walking (Small party) Subject (M) slipped and injured his knee. Treated at scene and airlifted to hospital. Minor - injuries to upper leg. Langdale Ambleside (20 x 3hr 0 min); Caernarfon SAR Helicopter.

72 34713 12 March 17:00 Broad Crag, Scafell Pike NY219076

Hill Walking (Small party) Drv. cloudy on top. Boulders. Subject (M37) report unable to continue because his legs had seized up. Assessed at scene and escorted off the hill. Duddon and Furness (11 x 7hr 0 min); Wasdale (19 x 7hr 0 min).

73 34478 12 March 19:30

Not reported. Not reported. Hill Walking (Small party) Large party reported disoriented and lost. Stood down when informed they had been quickly located.

Langdale Ambleside (3 x 1hr 0 min).

74 34714 12 March 19:30

Dry, cloudy. Steep, rocky. Hill Walking (Small party) Party reported themselves lost and unable to navigate. Located and escorted from the hill to safety. Duddon and Furness (11 x 4hr 0 min); Wasdale (19 x 4hr 0 min).

75 34715 17 March 14:07

Foul, wet, windy. Rocky path. Hill Walking (Small party) Subject (M30) reported unable to continue due to severe cramp. Assessed at scene and stretchered off the hill. Minor – no details supplied. Duddon and Furness (12 x 4hr 40 min); Wasdale (14 x 5hr 0 min).

76 34460 18 March 14:38

Dow Crag, Coniston Wet, windy, misty. Rough fell track. Hill Walking (Small party) Party of two (M28, F27) reported lost in bad weather. Located, accompanied off the hill and driven back to Coniston. Coniston (9 x 3hr 15 min).

Harrison Stickle, Gt Langdale

Broad Crag Coll, Scafell Pike

Grune Point, Skinburness

NY281075

NY215076

SD262980

NY149199

NY208107

NY132561

NY310094

Pea Boulder, Lingmell Coll, Scafell Pike NY211076

Beck Head, Great Gable

Crummock Water, Loweswater

77 34556 19 March 11:45

Not reported. Not reported. Hill Walking (Small party) Subject (F52) slipped on wet ground. Treated at scene then stretchered to land ambulance. Minor simple closed fracture to ankle. Cockermouth (14 x 2hr 15 min).

Rannerdale Knotts, Buttermere

78 34524 22 March 08:50 **Corney Fell, Bootle** SD142898

NE moderate sleet clear cold dull. Moderate slippery snow. Local Incident Vehicles reported stuck in snow on remote road. Vehicles assisted to turn round and drive away. Duddon and Furness (7 x 2hr 4 min)

79 34480 22 March 15:40

Snow cold. Steep snow/ice. Local Incident (Small party) Two cars reported stuck in snow on mountain road. Eventually managed to self-rescue, after suitable encouragement. Langdale Ambleside (6 x 1hr 0 min).

Isel, Bassenthwaite

Wrynose Pass, Lt Langdale

80 34555 23 March 09:27

Not reported. Not reported. Parapenting (Small party) Report of a paraglider out of control and descending. Search revealed nothing untoward. Cockermouth (14 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria).

81 34479 23 March 12:30 Low Brock Crag, Scandale NY376067 Dry cloudy cool. Moderate damp grassy footpath. Hill Walking (Small party) Subject (F) slipped on wet ground. Treated at scene and stretchered to road. Minor - no details

supplied.

Langdale Ambleside (13 x 2hr 0 min).

82 34535 23 March 16:03 Honister Slate Mine, Honister NY224135 Not reported. Not reported. Cave/Mine Exploration (School/Youth group) Subject (M15) slipped and fell on underground Via Ferrata route. Treated at scene and stretchered out of the mine, lowered down a face and transported to air ambulance for hospital transfer. Minor no details supplied.

Keswick (15 x 2hr 0 min); NW Ambulance Helicopter (Barton).

83 34477 23 March 16:15

Not reported. Not reported. Road Traffic Collision (Small party) Elderly male crashed mobility scooter into wall on steep hill. No further details supplied. Langdale Ambleside (10 x 2hr 0 min).

Red Bank, Grasmere

84 34475 24 March 13:31

Aira Force, Watermillock Calm dry clear cool bright. Undulating damp stony footpath. Hill Walking (Small party) Subject (F59) slipped and unable to walk after injuring her ankle. Treated at scene and stretchered to road for hospital transfer. Minor - painful/uncomfortable left ankle. Patterdale (7 x 2hr 0 min).

85 34652 25 March 19:41

Not reported. Not reported. Party of two became separated, went their own ways off the mountain then one thought the other was overdue. Search of pubs and taxis confirmed the man had been taken home by taxi and then confirmed he was home.

Green Crag, Ulpha Fells

Wasdale (2 x 2hr 0 min).

86 34523 26 March 10:17 Fell Brow, Whicham

Light dry clear mild bright. Gentle damp grassy. Local Incident (Alone) Request to assist ambulance service having problems accessing casualty's house. Person evacuated to air ambulance.

Duddon and Furness (12 x 1hr 8 min); Unknown Civilan Aircraft.

SD204994

SD129827

Hill Walking (Small party)

NY179176

NY194321

NY285033

NY340058

87 34476 26 March 11:53

Dry clear cool bright. Snow moorland. Hill Walking (Winter) (Small party) Subject (M) reported collapsed. Attempts at resuscitation were unsuccessful and he was declared dead at scene; body recovered for Coroner's officer. Fatal - no details supplied. Langdale Ambleside (10 x 4hr 0 min); Langdale Ambleside (4 x 6hr 0 min).

Buscoe Syke, Crinkle Crags

Four Lanes End, Howgills

Calm dry clear mild bright. Not reported.

Shouts for help heard by walkers. Nothing found and investigations with local farmers found one had been out with sheep at time of call. False alarm with good intent. Kendal (14 x 4hr 19 min); Kirkby Stephen (10 x 4hr 0 min).

89 34554 26 March 14:41

88 34868 26 March 12:38

Not reported. Not reported.

Subject (F64) slipped on wet ground, injuring her leg. Treated at scene and stretchered to waiting air ambulance. Minor - injuries to lower leg.

Black Crags, Loweswater

Shepherd's Crag, Grange

Force Crag Mine, Coledale

Cockermouth (17 x 3hr 0 min); NW Ambulance Helicopter (Preston).

90 34534 28 March 15:07

Rock Climbing - roped (Small party) Not reported. Not reported. Climber (F50) reported with arm stuck behind a rock and unable to release herself. Freed with the use of household detergent and lowered to base of crag for assessment. Keswick (18 x 1hr 40 min).

91 34533 28 March 17:05

Not reported. Not reported.

Subject (M64) reported fall but location unclear. Eventually located, treated at scene and airlifted to hospital. Minor - no details supplied.

Cockermouth (10 x 3hr 30 min); Keswick (17 x 1hr 49 min); Gt North Ambulance Helicopter (Cumbria): Prestwick SAR Helicopter.

92 34716 28 March 22:48

Wet, misty. Road.

Hill Walking (Alone) Subject (F27) reported overdue overnight, decided to initiate search at first light. Walked out to road, safe and well: had little idea of where she had been. LDMR Search Dogs Assoc (1 x 2hr 0 min); Wasdale (16 x 7hr 30 min).

Milkingstead, Eskdale

April

93 34575 1 April 14:16

Low Scar Wood, Grizedale Damp - showery with sunny spells. Wet track. Mountain Biking Rider (F36) fell while mountain biking. Stood down responding when informed matter dealt with by ambulance crew.

Subject (F72) slipped while walking the lakeshore path. Treated at scene and stretchered to land

Coniston (14 x 1hr 0 min).

94 34552 1 April 17:21 Not reported. Not reported.

ambulance. Minor - injuries to lower leg.

Cockermouth (17 x 2hr 19 min).

95 34867 2 April 11:20

Hugill Fell, Staveley

Crummock Water, Buttermere

Calm dry clear mild bright. Not reported. Hill Walking (D of E) (Small party) Subject (M) reported fallen, climbing over wall and sustaining a head injury. Treated at scene and transferred back to ambulance. Kendal (8 x 1hr 45 min).

NY121191 Hill Walking (Small party)

Search - Mountain

NY254060

SD632958

NY199217 Hill Walking (Small party)

SD149995

SD354938

NY155175

NY451003

Hill Walking (Small party)

Dungeon Ghyll, Gt Langdale

Clough Head, Threlkeld

Wintering Park, Newby Bridge

Dry clear mild bright. Moderate grassy moorland. Hill Walking (Small party) Subject (M) fell and sustained a head injury. Treated at scene and assisted to air ambulance for hospital transfer. Minor - injuries to head.

hindered by parapenters, but accessed by ground party. Treated at scene, stretchered to top of hill

Langdale Ambleside (10 x 2hr 31 min); Unknown Civilan Aircraft. 99 34866 3 April 15:20 **Gummer's Howe. Newby Bridge** SD390884

Light dry clear cool bright. Moderate rocky footpath. Hill Walking (Family group) Subject (M51) reported suffering an allergic reaction. Assessed at scene and airlifted to hospital. Kendal (9 x 1hr 30 min); NW Ambulance Helicopter (Preston).

100 34571 5 April 11:35 Loughrigg Terrace, Loughrigg NY348060 NE fresh dry cloudy cool bright. Moderate gravel footpath. Hill Walking (Small party)

Subject (M) slipped and sustained a leg injury. Treated at scene and stretchered to roadhead. Minor - fracture/dislocation of knee.

Prickly Fell, Kendal Green

Grizedale Forest Park, Grizedale

Langdale Ambleside (13 x 2hr 0 min).

101 34865 5 April 17:33

Calm dry clear mild bright. Not reported. Local Incident (Small party) Subject (F11) reported fallen from tree swing. Treated at scene and airlifted to hospital. Kendal (11 x 1hr 19 min); NW Ambulance Helicopter (Preston).

102 34570 5 April 20:23 Gibson Knott, Grasmere NY319099 Dry clear cool dark. Moderate grassy footpath. Hill Walking (Small party)

Party of three reported themselves exhausted and benighted. Location established using SARLoc and escorted off the hill. Langdale Ambleside (17 x 3hr 30 min).

103 35106 6 April 13:06

Dry, cloudy. Not reported. Rock Scrambling (Small party) Subject (F) fell off 'Go Ape' course. Stood down responding when informed issue dealt with by ambulance service. Serious - unstable fracture of tibia and fibula. Coniston (10 x 0hr 45 min).

Mickledore, Scafell Pike

104 34717 7 April 16:36

Fair. Rocky. Subject (F) reported unable to continue after twisting her knee. Assessed at scene and airlifted to hospital. Minor - painful/uncomfortable left knee.

Wasdale (16 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

105 34616 7 April 19:22

Ormsgill, Barrow

Not reported. Steep loose gravel bank. Local Incident (Small party) Party of two (M13, F13) reported fallen and cragfast on a slag bank. One treated at scene and evacuated to ambulance; the other who was unable to move and was extracted to a place of safety. Minor - soft tissue injuries.

Duddon and Furness (17 x 1hr 55 min).

96 34617 2 April 12:03

Not reported. Not reported. Body reported following possible suicide. Body recovered to road and handed over to Coroner's officer.

Duddon and Furness (13 x 3hr 17 min).

and airlifted to hospital. Minor - no details supplied.

Keswick (10 x 2hr 45 min); Gt North Ambulance Helicopter (Cumbria).

97 34532 2 April 14:05 Not reported. Not reported.

98 34572 3 April 14:32

Hill Walking (Small party) Subject (F43) reported with ankle injury and was unable to weight bear. Access by air ambulance

SD511934

NY211067

SD188713

SD335943

Hill Walking (Medium party)

SD366868

NY336229

NY282072

Local Incident

Rossett Gill, Gt Langdale

Black Crag, High Arnside

Duddon and Furness (19 x 2hr 10 min). High Cup Nick, Dufton

Coniston (11 x 2hr 0 min); NW Ambulance Helicopter (Preston).

108 35083 10 April 13:10

using SARLoc to establish their location.

Good. Dry. Hill Walking (Alone) Subject slipped whilst walking. Stood down responding when informed he had walked off himself and had met the ambulance at the fell gate.

Kirkby Stephen (2 x 1hr 0 min).

109 34591 11 April 18:36 Little Dun Fell, N Pennines W strong dry clear cold bright. Moderate dry grassy moorland. Hill Walking (Small party) Party of two (F23, ?) reported unable to continue when caught in strong winds near summit. Rewarmed and refreshed then walked down to safety. Penrith (9 x 2hr 21 min); NW Ambulance Helicopter (Preston).

110 34569 11 April 20:29

Dry cloudy cool. Not reported. Party of four (4xM) reported benighted. Located and led to safety. Langdale Ambleside (6 x 2hr 0 min).

111 34531 12 April 15:11

Upper Shepherd's Crag, Grange Not reported. Not reported. Hill Walking (Small party) Subject (M47) slipped on steep ground, fell and injured himself. Treated at scene and stretchered down to ambulance on road. Minor - simple closed fractured clavicle. Keswick (16 x 0hr 48 min).

112 34542 13 April 10:58

Barf, Thornthwaite SW moderate drizzle clear cool bright. Steep loose stony scree. Hill Walking (Small party) Subject (M60) reported cragfast. Accessed, secured to safer ground and escorted off the hill. Keswick (11 x 2hr 31 min).

Patterdale

113 35027 15 April 13:11

Not reported. Not reported.

Local Incident (Family group) Child (M4) fell down the stairs at holiday home, banging his head and asked members to assess for any injury. Assessed by team doctor who recommended a visit to A&E as a precaution. Patterdale (3 x 1hr 0 min).

114 34547 15 April 14:57

Dry strong sw gusty. Dry. Subject (M24) was blown down into a gully by a gust of wind, suffering ankle and wrist injuries. Treated at scene, stretchered to a waiting air ambulance for transfer to hospital. Serious - injuries to lower leg and lower arm.

Gillercombe, Base Brown

Finsthwaite, Newby Bridge

Keswick (16 x 2hr 23 min); NW Ambulance Helicopter (Preston).

115 34614 15 April 15:31

Not reported. Not reported.

Requested to assist ambulance dealing with casualty with head injury. Stood down responding when informed no longer required to attend.

Duddon and Furness (16 x 0hr 39 min); NW Ambulance Helicopter (Preston).

106 34576 9 April 13:34

Dry, light cloud. Stony fell track.

107 34615 9 April 15:20

Not reported. Not reported.

Hill Walking (Small party)

Subject (M69) reported unable to continue after turning ankle on rough path. Treated at scene, stretchered to helicopter and airlifted to hospital. Serious - simple closed fracture of ankle.

> **Gummers How, Newby Bridge** SD387885

Hill Walking (Small party) Children (?11, F17) reported lost after being separated from parents. Children found safe and well

NY715251

NY340014

NY260073

Hill Walking (Small party)

NY216265

NY386168

NY227119

Rock Scrambling (Small party)

SD363871

Local Incident

NY264184

116 35026 15 April 16:45

Not reported. Not reported. Hill Walking (Small party) Subject (M40) slipped and injured his ankle. Treated at scene and stretchered off the hill. Serious stable fractured medial ankle. Patterdale (8 x 3hr 10 min); Patterdale (13 x 1hr 42 min).

117 34546 15 April 17:06

Not reported. Not reported. Water Sport (all types) (Small party) Canoeist (M) reported capsized 500m offshore and was unable to get back into canoe. Rescue boat recovered canoeist to shore and handed over to the ambulance service. Keswick (2 x 0hr 25 min).

Derwent Water, Keswick

118 34545 15 April 22:18 1000' Boulder, Seathwaite Fell NY229109

Not reported. Not reported. Hill Walking (Small party) A family group became benighted after a slow descent from the hill. Rendezvous with party and escorted them to safety.

Keswick (6 x 2hr 0 min).

119 34719 16 April 13:24 **Great Gable, Wasdale** Wet, misty. Rocky. Hill Walking (Large party) Subject (M50) reported collapsed. Treated at scene, CPR performed without success; airlifted from the hill. Fatal – no details supplied.

Duddon and Furness (15 x 1hr 0 min); Wasdale (24 x 7hr 0 min).

120 34577 16 April 17:38 Levers Hawse, Brim Fell SD279990 Misty, damp, breezy. Rough fell track. Hill Walking (Small party) Party of two (F64, F55) reported themselves lost on ridge above Low Water. Located at Levers Water and escorted to safety. Coniston (14 x 1hr 19 min).

121 35082 16 April 18:00 High Cup Nick, Dufton NY777263 Low cloud, poor vis and light rain. Wet. Hill Walking (School/Youth group)

Subject (F14) reported with medical emergency while camping overnight. Assessed at scene and stretchered from the hill. Minor – illness. Kirkby Stephen (11 x 6hr 45 min).

122 34544 16 April 18:26

Fairy Glen, Langstrath Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped, injuring her ankle. Treated at scene, and stretchered off the hill. Minor - simple closed fractured ankle. Keswick (16 x 1hr 25 min).

Windergill, Frizington

123 34551 16 April 19:25

Red Pike. Buttermere Not reported. Not reported. Party of four reported lost in mist. Located and escorted off hill to Buttermere. Cockermouth (3 x 2hr 0 min).

124 34550 17 April 11:33

Not reported. Not reported. Rider (F) reported fallen from horse. Treated at scene and recovered to waiting air ambulance; stood down responding. Cockermouth (11 x 0hr 40 min).

125 35025 17 April 16:04

Watermillock Common, Dowthwaitehead NY371199

Dry clear mild. Not reported. Hill Walking (Small party) Subject (M53) slipped and injured his ankle; assisted off the hill to roadhead by companions. Treated at roadhead and transported him to hospital. Serious - stable fractured ankle. Patterdale (5 x 3hr 57 min); Penrith (7 x 2hr 40 min).

NY273128

NY161154

Hill Walking (Small party)

NY3574616768

NY259221

Glenridding Common, Raise

NY220097

NY044166 Pony Trekking (Small party)

Stockley Bridge, Seathwaite

Hill Walking (Small party)

NY233108

Subject (F45) slipped descending path and suffered a serious ankle injury. Treated at scene and stretchered to roadhead for ambulance transfer to hospital. Minor - injuries to lower leg. Keswick (18 x 1hr 53 min).

127 35024 18 April 17:34 Howtown Bay, Ullswater NY4427020330

Drv cloudy mild bright. Not reported. Water Sport (all types) (Small party) Party of two reported having run aground in bay. Crew transferred to shore while another boat refloated the sailing boat and towed to shore. Patterdale (5 x 1hr 0 min).

128 34720 18 April 23:20

Dry. Dry.

126 34543 17 April 19:16

Dry, cloudy. Steep, rocky. Hill Walking (Small party) Party of two (M20) reported themselves lost on Scafell Pike. Location established by SARLoc on Great Gable, not in danger so small party despatched at first light to escorted them off the hill. Wasdale (8 x 9hr 30 min).

Great Gable, Wasdale

Broad Stand, Sca Fell

129 34721 19 April 13:00

Calm drizzle misty mild dull. Steep crag. Subject (M) reported cragfast on difficult ground. Assisted to safety. Wasdale (12 x 7hr 15 min).

130 34568 19 April 19:27 Loughrigg, Clappersgate NY3518004585 Dry clear mild dusk. Moderate grassy footpath. Fell Running (Organised event)

Competitor (M) reported collapsed and unconscious. CPR carried out but unsuccessful; declared deceased at scene, evacuated by stretcher and handed over to Coroner's officer. Fatal myocardial infarct.

Langdale Ambleside (21 x 3hr 0 min).

Croft Head, Kentmere 131 34864 20 April 15:15 NY452017 Light dry cloudy cool bright. Moderate loose stony track. Mountain Biking (Alone) Rider (M28) reported fallen from bike. Treated at scene and transferred to ambulance at roadhead. Minor - superficial multiple laceration(s); dislocated right shoulder (glenohumeral). Kendal (8 x 2hr 30 min).

132 34548 22 April 13:12 Robinson, Newlands NY202169

Bright sunny. Dry.

Competitor (M60) fell whilst running and suffered a shoulder injury. Treated at scene and airlifted to hospital. Minor - simple closed fracture of clavicle.

Keswick (12 x 2hr 7 min); Gt North Ambulance Helicopter (Cumbria).

133 34567 22 April 13:56 Far Easedale, Grasmere Common NY301099 Dry clear mild bright. Steep damp stony footpath. Hill Walking (Small party)

Subject (F) fell and suffered concussion and a wrist injury. Treated at scene and evacuated by helicopter. Minor - simple closed fractured wrist; concussion. Langdale Ambleside (16 x 3hr 30 min); Unknown Civilan Aircraft.

Red Screes, Kirkstone

134 35023 22 April 17:05

Fresh dry clear mild. Steep rocky stony crag. Sheep reported stuck on ledge. Retrieved without loss or injury. Patterdale (5 x 1hr 55 min).

135 35022 25 April 11:08 Hallinhag Wood, Sandwick, Ullswater NY4268920013

Light dry cloudy mild dull. Moderate rough stony footpath. Hill Walking (Family group) Subject (F83) slipped and fell 12m off lake shore path. Treated at scene and transferred to air ambulance by rescue boat. Serious - painful/uncomfortable to hip and neck; injuries to head. Patterdale (12 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria).

NY213099

NY209068 Hill Walking (Alone)

Fell Running (Small party)

NY3999208520 Animal Rescue

136 34549 26 April 18:58

Sandbed Gill, Clough Head

Not reported. Not reported. Rock Scrambling (Small party) Report of people in shorts appearing to be cragfast in the gully. On arrival at scene, group found to have descended safely: no further action required. Keswick (1 x 0hr 45 min).

137 34566 27 April 20:34 Ullet Nest, Gt Langdale NY3224104297

Dry clear mild bright. Moderate stony track. Hill Walking (Small party) Subject (M82) tripped and sustained injuries to wrist and face. Treated at scene and assisted to a waiting ambulance. Minor - simple closed fractured wrist: unspecified facial injuries.

Langdale Ambleside (12 x 1hr 0 min)

138 34565 28 April 16:19 Greenburn, Grasmere NY320102

Dry clear cool dull. Moderate damp grassy footpath. Hill Walking (Small party) Subject (F) slipped, reporting unable to continue. Treated at scene and evacuated from the hill. Minor - injuries to lower leg.

Langdale Ambleside (13 x 3hr 30 min).

139 35021 29 April 16:04 Not reported. Not reported.

Thornhow End, St Sunday Crag NY3843715317 Hill Walking (Small party)

Subject (M69) reported fallen 300ft. Treated at scene and stretchered down to the valley for airlift to hospital. Serious - unstable fracture of tibia and fibula; stable fracture to hand; multiple head iniuries.

Patterdale (16 x 4hr 0 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter.

140 34564 30 April 14:49

Dry sunny. Dry rock.

Puddingstone Bank, Rosthwaite NY264156 Hill Walking (Small party)

Subject (F70) tripped whilst descending. Treated at scene and stretchered down to an ambulance. Keswick (23 x 1hr 37 min).

141 34574 30 April 17:08

Under Loughrigg, Ambleside Local Incident (Small party)

Raven Crag, Gt Langdale

Not reported. Not reported. Subject (M) reported fallen down riverside bank. Retrieved without mishap.

Kendal (5 x 1hr 0 min); Langdale Ambleside (4 x 2hr 0 min).

142 34573 30 April 18:32

Not reported. Not reported. Rock Climbing - roped (Small party) Party of two reported cragfast. Investigation proved this not to be the case, so stood down responding.

Kendal (9 x 1hr 0 min); Langdale Ambleside (6 x 1hr 0 min).

May

143 34589 1 May 14:02

Colston Farm, Melmerby Fresh dry clear warm bright. Not reported. Motor Sport (Organised event) Subject (F) crashed car during Trails event. Driver and passenger were thrown from the vehicle. Treated at scene and stretchered to waiting air ambulance. Serious - stable fractured pelvis. Penrith (17 x 1hr 30 min); Gt North Ambulance Helicopter (Cumbria).

144 35020 1 May 16:00

Light dry clear cool bright. Rocky stony slope. Hill Walking (Medium party) Subject (F59) slipped, injured her ankle and unable to weight bear. Treated at scene and stretchered off the hill. Serious - stable fractured right ankle. Patterdale (14 x 2hr 30 min).

145 34646 3 May 15:32

Crummock Water, Buttermere

Threshthwaite Cove, Pasture Bottom NY4212311426

NY162183 Hill Walking (Small party)

Not reported. Not reported. Subject (M63) who had tripped and fell down a bank. Treated at scene and evacuated to ambulance for hospital transfer. Minor - injuries to lower leg. Cockermouth (18 x 2hr 0 min).

NY321217

NY371043

NY286061

146 34604 3 May 17:44

Strong dry clear cool bright. Moderate gravel footpath. Hill Walking (Small party) Subject (M) slipped while walking and sustained an ankle injury. Treated at scene and stretchered down to valley. Minor - simple closed fractured ankle. Langdale Ambleside (18 x 2hr 30 min).

Whorneyside Force, Oxendale

Redacre Gill, Gt Langdale

147 34603 4 May 09:39

Not reported. Not reported.

Subject (M65) collapsed and fell. CPR was commenced by passersby. Treatment continued at scene but he did not respond and was declared dead at scene. Fatal - myocardial infarct. Langdale Ambleside (19 x 3hr 0 min); Unknown Civilan Aircraft.

148 34584 4 May 13:13

Not reported. Not reported. Hill Walking (Small party) Subject (M70) slipped off path whilst walking up gill and fell 10m into the steep ravine. Treated at scene, hauled out of the ravine and stretchered to car park for ambulance transfer. Serious injuries to head and shoulder.

Cat Gill, Walla Crag

Keswick (19 x 1hr 25 min).

149 34612 7 May 05:20

Not reported. Not reported. Road Traffic Collision (Organised event) A number of competitors (M31, M32, M33) in a cycle challenge reported injured. Treated at scene and evacuated for definitive care. Minor - damage/pain elbow; Serious - laceration to lower leg; injuries to face; Serious - laceration to right knee. Duddon and Furness (34 x 13hr 19 min).

Hardknott Pass, Cockley Beck

Thornthwaite Forest. Whinlatter

Swarthbeck Gill, Ullswater

Stickle Tarn, Gt Langdale

150 35019 7 May 12:22 Striding Edge, Helvellyn Light dry low cloud. Steep rocky stony ridge. Hill Walking (Small party) Subject (F) fell 10m from narrow ridge. Treated at scene and airlifted to hospital. Serious - stable fractured wrist; dislocated shoulder (glenohumeral); deep laceration(s) to head; injuries to chest; multiple facial injuries.

Patterdale (9 x 3hr 4 min); Penrith (10 x 3hr 4 min); Gt North Ambulance Helicopter (Cumbria); Caernarfon SAR Helicopter.

151 34583 7 May 15:16

Not reported. Not reported. Mountain Biking (Small party) Rider (M15) crashed his mountain bike, sustaining multiple injuries. Treated at scene and airlifted to

hospital. Serious - multiple injuries.

Keswick (16 x 1hr 33 min); Prestwick SAR Helicopter.

152 34587 7 May 20:51

Not reported. Not reported. Rescue Team Activity (Small party) Subject (F50) whilst on training, slipped and injured her lower leg. Treated at scene and stretchered to helicopter. Minor - complicated closed fracture of fibula.

Patterdale (4 x 2hr 0 min); Penrith (18 x 1hr 0 min); Caernarfon SAR Helicopter.

153 34602 9 May 12:07

Dry clear warm bright. Moderate.

Subject (M) reported collapsed with chest pains. Assessed and declared dead at scene. Fatal mvocardial infarct.

Langdale Ambleside (17 x 3hr 0 min); NW Ambulance Helicopter (Barton).

154 34601 9 May 13:30 Dry clear warm. Not reported.

Cross Gates, Elterwater

Hill Walking (Small party)

Subject (M) reported collapsed with chest pains. Treated at scene and evacuated to waiting ambulance. Minor - injuries to chest.

Langdale Ambleside (6 x 1hr 0 min).

NY2726020805

Hill Walking (Small party)

NY2621505224

NY2812904503

NY3471314978

NY206246

NY45552050

NY288081

NY321045

Hill Walking (Small party)

155 34578 10 May 14:40

Dry, sunny, warm. Fellside/rocky boulders. Hill Walking (Small party) Subject (F72) slipped on rock, injuring her head and arm. Treated at scene and airlifted to hospital. Serious - deep laceration(s) to head; GCS = 9; unstable fractured arm. Coniston (12 x 3hr 30 min); Gt North Ambulance Helicopter (Cumbria).

Torver Low Common, Torver

156 34582 13 May 14:06

Wet. Wet slippery.

Party of two (2xM19) requested assistance after they got off route and became cragfast. Having discounted the use of a SAR helicopter due to severe downdraught, a party descended, secured the party and assisted them to safe ground.

Sharp Edge, Blencathra

Keswick (14 x 2hr 46 min); Prestwick SAR Helicopter.

157 34600 13 May 14:44 Rossett Gill, Gt Langdale NY252072

Showers cloudy cool dull. Moderate slippery stony footpath. Hill Walking (Small party) Subject (F50) slipped and sustained an ankle injury. Treated at scene and stretchered to valley bottom. Minor - simple closed fractured ankle.

Kendal (1 x 3hr 0 min); Langdale Ambleside (14 x 3hr 0 min).

158 34599 13 May 15:13

Rain cloudy cool dull. Moderate slippery grassy footpath. Fell Running (Organised event) Competitor (F) reported with an ankle injury. Treated at scene and evacuated to roadhead. Minor injuries to lower lea.

Low Pike, Scandale

Langdale Ambleside (8 x 2hr 0 min).

159 34586 14 May 14:39 Kings Meaburn, Eden Valley NY61832068

Calm dry clear warm bright. Steep loose muddy bank. Hill Walking (Small party) Subject (F64) slipped while walking along path, injuring her arm and then sliding part way down steep bank. After being secured, she was hauled to safety; treated at scene and stretchered to waiting ambulance. Minor - simple closed fractured arm. Penrith (8 x 2hr 0 min).

160 34598 14 May 15:25

Drv cloudy mild bright. Moderate stony footpath. Hill Walking (Small party) Subject (F) slipped and sustained an ankle injury. Treated at scene and evacuated to the roadhead. Minor - simple closed fractured ankle.

Kendal (1 x 3hr 0 min); Langdale Ambleside (10 x 3hr 0 min).

161 34597 14 May 15:40

Dry cloudy mild bright. Stony footpath. Hill Walking (Small party) Subject (M80) fell, sustaining an injury to his head. Treated at scene and evacuated to roadhead. Minor - injuries to head.

Coffin Route, Rydal

Kendal (8 x 1hr 40 min); Langdale Ambleside (4 x 1hr 0 min).

162 34581 14 May 15:50

Not reported. Not reported. Hill Walking (Small party) Subject (F64), walking with an organised group, slipped and suffered an ankle injury. In spite of access difficulties, she was treated at scene and transferred to an ambulance. Minor - injuries to lower lea.

Coledale, Braithwaite

Scale Gill, Gt Langdale

Keswick (17 x 2hr 10 min).

163 34596 14 May 17:44

Hill Walking (Small party) Dry clear cool bright. Steep stony gully. Subject (F) slipped, injuring her ankle. She was unable to give her location with any certainty. Located after a protracted search, treated at scene and evacuated to roadhead. Minor - injuries to lower lea.

Kendal (1 x 3hr 0 min); Langdale Ambleside (14 x 6hr 0 min).

NY327280

SD270920

Rock Scrambling (Small party)

NY377060

NY311088

NY203216

NY361064

NY301071

Easedale Tarn, Grasmere

164 34723 14 May 22:04

Fine at night, becoming wet at 06.00 on 15th. Good path. Hill Walking (Alone) Subject (M59) reported lost descending; had an existing medical condition. Located at first light, assessed at scene and walked off the hill. Wasdale (20 x 3hr 30 min).

Lingcove Bridge, Eskdale

Great Wood, Walla Crag

165 34580 17 May 18:45

Not reported. Not reported. Hill Walking (Small party) Subject (F) reported disorientated and lost after falling from the path. Located with the use of the person's whistle, assessed at scene and assisted down to carpark. Keswick (16 x 1hr 30 min).

166 34724 17 May 19:16 Stand Crag, Corridor Route Fine. Steep, rocky. Hill Walking (Small party) Party of two (M27, F) reported lost and stranded on steep ground off-route. Located, led to safety and escorted off the hill.

Wasdale (10 x 6hr 0 min).

167 34595 18 May 16:20

Easy Gully, Pavey Ark, Gt Langdale NY286080 Rock Scrambling (Small party)

Not reported. Not reported. Subject (M) fell 5m, causing shoulder and other potential injury. Treated at scene and airlifted to hospital. Minor - injuries to shoulder.

Langdale Ambleside (14 x 6hr 0 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter.

168 34579 19 May 10:35

Not reported. Not reported.

Hill Walking (Small party) Subject (M30) reported with an ankle injury and unable to continue. Treated at scene and stretchered to waiting ambulance in mine carpark. Minor - injuries to lower leg. Keswick (9 x 3hr 32 min).

Havstacks. Buttermere

Inominate Tarn, Haystacks

169 34645 19 May 10:35

Not reported. Not reported.

Subject (M35) slipped. Treated at scene and stretchered from the hill. Minor - injuries to lower leg. Cockermouth (11 x 4hr 30 min); Gt North Ambulance Helicopter (Cumbria).

170 34611 19 May 13:23

Not reported. Not reported.

Hill Walking Subject (M) took a tumbling fall while descending. Treated at scene and stretchered from the hill. Minor - laceration(s) to scalp.

Green How, Scafell

Duddon and Furness (10 x 3hr 45 min); Wasdale (14 x 5hr 6 min).

171 34594 20 May 16:54

Dry mild dull. Moderate grassy moorland.

Local Incident (Small party) Subject (F) fell and sustained a neck injury. Treated at scene and evacuated to ambulance. Minor injuries to neck.

Tarn Crag, Grisedale

School Knott, Windermere

Langdale Ambleside (12 x 2hr 0 min); NW Ambulance Helicopter (Barton).

172 35017 21 May 11:30

Fresh dry cloudy cool dull. Not reported. Hill Walking (Alone) Subject (F) found by fellrunner in collapsed state. CPR given at scene but pronounced dead at scene. Fatal - no details supplied.

Patterdale (18 x 3hr 40 min); Prestwick SAR Helicopter.

173 34593 22 May 18:58

Crinkle Crag, Gt langdale Dry low cloud mild dusk. Moderate moorland. Party of two (F, M) became lost. Located and escorted to safety. Langdale Ambleside (10 x 5hr 30 min); Wasdale (6 x 2hr 19 min).

NY198129

NY198129

Hill Walking (Small party)

NY2037506609

NY3540012600

SD426977

NY241041

Hill Walking (Small party)

NY227035

NY277215

23

174 34592 24 May 13:23

Dry clear warm bright. Undulating stony scree. Hill Walking (Small party) Party of two (F, M) took a tumbling fall and both sustained head injuries. Treated at scene and evacuated to ambulance. Minor - injuries to head: Minor - injuries to head. Langdale Ambleside (19 x 3hr 0 min); NW Ambulance Helicopter (Preston).

Coffin Route. Grasmere

175 34607 24 May 15:00

Thick cloud / mist on crag, otherwise fine day. Dry rock. Rock Climbing - roped (Small party) Party of two (M21, M23) lost route while climbing, thick cloud obscured view, unable to locate way off. Located and escorted down to safety.

Dow Crag, Coniston

Coniston (11 x 4hr 30 min); Duddon and Furness (1 x 1hr 30 min).

176 34606 25 May 15:45 **Beyond Fields, High Wray**

Hot. Drv. Mountain Biking (Unspecified) Rider (M29) fell from bike. Treated at scene and evacuated to ambulance. Serious - no details supplied.

Coniston (10 x 2hr 0 min).

177 34727 26 May 17:33

Hot, dry. Steep-sided river banks. Water Sport (all types) (Small party) Subject (M21) reported injured after jumping into pools in river. Treated at scene and stretchered off to roadhead. Serious - dislocated left and right shoulders (glenohumeral). Duddon and Furness (14 x 3hr 19 min); Wasdale (16 x 3hr 30 min).

Lingcove Bridge, Eskdale

178 35016 26 May 20:43 **Greenside Screes, Sheffield Pike** Not reported. Steep loose stony scree. Hill Walking (Alone) Subject (M47) reported cragfast on loose scree above disused mines. Secured and roped to safety. Patterdale (11 x 3hr 30 min).

179 34728 28 May 17:53

Fine. Scree/grass.

Subject (M13) tripped, causing chest injuries. Treated at scene and airlifted to hospital. Minor - soft tissue injuries to right chest.

Mickledore, Scafell Pike

Wasdale (15 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

180 34585 29 May 16:29

W strong dry foggy cool bright. Not reported.

Hill Walking (Small party) Subject (M) ascended Cross Fell from Greg's Hut. Whilst descending what was thought to be the same route, he became disorientated and could not relocate himself. SARLoc use unsuccessful and subject walked along fence line and relocated Greg's Hut while the team were assembling. Penrith (7 x 0hr 45 min).

Cross Fell, Pennines

Quayfoot Buttress, Borrowdale

181 34605 30 May 13:28

Not reported. Not reported. Hill Walking (Small party) Subject (F), in a party of two, fell and injured her arm. Treated at scene and stretchered to ambulance at roadhead. Minor - simple closed fractured wrist. Keswick (17 x 0hr 49 min).

182 34643 31 May 12:45

Not reported. Not reported. Hill Walking (Small party) Subject (M) reported collapsed with chest pains. Treated at scene and airlifted to hospital. Serious mvocardial infarct.

Cockermouth (17 x 3hr 0 min); Prestwick SAR Helicopter.

June

183 34729 1 June 17:43

Hardknott Pass, Eskdale

Whiteside, Loweswater

NY225014

Fine. Road. Road Traffic Collision (Alone) Rider reported injured after he came off motorbike. Treated at scene and evacuated by land and air ambulance.

Wasdale (10 x 1hr 0 min); Gt North Ambulance Helicopter (Cumbria).

NY3661017757

NY227035

NY207070

Hill Walking (Family group)

NY69453500

NY177221

NY254168

SD376998

SD263977

184 34609 1 June 19:57

Not reported. Not reported. Subject (F51) reported missing, separated from group. Turned up in Coniston before search operation.

Seathwaite Tarn, Dunnerdale

Duddon and Furness (18 x 0hr 18 min).

185 35015 2 June 01:52 Priest Hole, Dove Crag NY3766011070 Light heavy rain poor cool dark. Not reported. Hill Walking (Small party) Party of two (M29, F31) reported stuck at popular bivvy site, possibly hypothermic. Assessed at scene, re-clothed and fed then escorted off the hill. Minor - hypothermia (I-II) mild/moderate. Patterdale (7 x 4hr 0 min).

186 35081 2 June 09:00 NY758131 Little Musgrave, Warcop Search - Non-mountain (Alone)

Cloudy. Dry.

Despondent (F) reported missing from home overnight. Located in the river Eden and handed over to ambulance service. Minor - hypothermia (I-II) mild/moderate. Kirkby Stephen (12 x 3hr 30 min).

187 34670 2 June 10:30

Not reported. Not reported. Search - Non-mountain (Small party) Subject (F34) reported missing from family home. Found by family member and transferred to air ambulance by MR personnel. Minor - no details supplied.

Little Musgrave, Brough

Whiteside, Loweswater

Lingmell Beck, Wasdale Head

Kirkby Stephen (1 x 2hr 0 min); Penrith (13 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria)

188 34642 2 June 19:43

Not reported. Not reported. Hang-gliding (Alone) Paraglider reported crashed and pilot not moving. On arrival at scene, established that the pilot had been unable to take off due to lack of wind and was waiting for an improvement; false alarm good intent.

Cockermouth (5 x 1hr 30 min); NW Ambulance Helicopter (Preston).

189 34730 2 June 20:41

Fine. Path.

Subject (M39) reported collapsed with seizure. Assessed at scene and walked off the hill. Minor seizure (epilepsy).

Duddon and Furness (11 x 3hr 0 min); Wasdale (11 x 3hr 0 min).

190 35080 4 June 12:00	Nine Standards, Kirkby Steph	nen NY817066
Sunny. Dry.	Fell	Running (Organised event)
A number of competitors reported with	minor injuries after falls. Treate	d for various minor injuries
and went home unaided.		
Kirkby Stephen (6 x 1hr 0 min).		

191 35079 4 June 13:00

Aisgill, Swarth Fell Sunny. Dry. Hill Walking (Small party) Subject (F30) slipped whilst walking. Treated at scene and stretchered off the hill. Minor - injuries to lower lea. Kirkby Stephen (6 x 1hr 0 min).

192 34621 4 June 14:02 **Thrang Crag Wood, Blawith Fells** SD283916 Fine, warm. Dry trail. Fell Running (Organised event) Competitor (M56) reported collapsed while running. Assessed at scene and handed over to event medical team. Serious - pain/discomfort. Coniston (18 x 1hr 30 min).

193 34636 4 June 21:28 Kelbarrow, Grasmere NY329069

Dry clear mild bright. Not reported. Search - Non-mountain Vulnerable (M) reported missing from care. Search inconclusive; police enquiries continuing. Langdale Ambleside (11 x 6hr 0 min).

NY75871317

NY169220

NY194074

Hill Walking (Large party)

SD768960

SD255986 Hill Walking (Family group)

Levers Water, Coniston Fells

Hill Walking (Small party)

SD280998

SD284951

Dry, cloudy. Boggy. Subject (M28) reported collapsed while walking after feeling dizzy. Assessed at scene and stretchered off the hill to the care of ambulance crew. Serious - faint (vaso-vagal). Coniston (12 x 1hr 49 min).

195 34619 7 June 19:17

194 34620 7 June 18:30

Cloudy. In barn.

Hill Walking (Unspecified) Subject (M18) reported fitting after taking controlled substance 4-5 hours earlier. Assessed at scene and transferred to care of ambulance crew. Serious - overdose on unknown substance(s). Coniston (15 x 1hr 30 min).

Tranearth, Torver

196 34635 8 June 20:47 Scandale Beck, Red Screes NY389091 SW gale drizzle hill fog cool dark. Steep slippery stony crag. Mountain Biking (Small party) Rider (M) fell, sustaining a painful lower leg injury. Treated at scene and evacuated to roadhead. Minor - injuries to lower lea.

Langdale Ambleside (13 x 4hr 0 min).

197 34929 9 June 04:10

Not reported. Not reported. Search - Non-mountain (Alone) Vulnerable (M82) reported missing from hospital. During search operation, stood down when subject was found within the hospital.

Westmorland General Hospital, Kendal

Duddon and Furness (10 x 3hr 4 min); Kendal (6 x 5hr 0 min).

198 34628 9 June 07:14	Lady's Rake, Walla Crag	NY275211
Wet. Slippery.		Hill Walking (Small party)
Following reports of shouts for help	, located subject (M) cragfast on	steep ground. He had been
stuck overnight but was unhurt; secu	red and assisted to place of safety	<i>.</i>
Keswick (17 x 3hr 0 min).		

199 35014 11 June 16:33

Ruthwaite Lodge, Grisedale NY35531356 Not reported. Not reported. Hill Walking (Family group) Subject (F68) in family party on C2C, slipped and injured her leg. Treated at scene and stretchered off the hill for an ambulance transfer to hospital. Serious - stable fractured ankle. Patterdale (1 x 3hr 0 min).

200 34618 12 June 12:53

Ash Down Quarry, Torver High Common SD268954

Cloudy. Quarry workings. Animal Rescue Injured lamb reported fallen in quarry. Extracted from quarry without mishap and returned to farmer. Coniston (5 x 2hr 30 min).

201 35013 15 June 10:47

Boardale Hause, Place Fell Calm drv clear mild. Not reported. Search - Mountain Shouts for help reported to police. On investigation found to be shepherds working stock; false alarm good intent. Patterdale (2 x 1hr 0 min).

202 34627 15 June 15:43

Not reported. Not reported. Subject (F47) blown over by wind, twisted her knee and reported unable to weight bear. Met party descending, assessed her condition and assisted her to roadhead. Minor - injuries to lower leg. Keswick (21 x 1hr 0 min).

Little Man, Skiddaw

Raven Crag, Walthwaite

203 34634 15 June 16:05

Not reported. Not reported. Hill Walking (Small party) Subject (M) slipped and sustained lower leg injury. Treated at scene and evacuated from the hill. Minor - injuries to lower leg. Langdale Ambleside (14 x 2hr 0 min).

NY278268

NY324057

Hill Walking (Small party)

SD525903

204 34633 16 June 14:00 Cloudy. Not reported. Party of two (F, M) became lost on ridg and well. Langdale Ambleside (13 x 5hr 0 min).	Crinkle Crags, Gt Langdale ge. Party made their way off into	NY327050 Hill Walking (Small party) Eskdale and reported safe	
205 34641 16 June 14:02 Not reported. Not reported. Party of two reported cragfast. Secured Cockermouth (21 x 2hr 30 min).	Green Crag, Warnscale, Butte and roped to safer ground, along	Hill Walking (Small party)	
206 34640 16 June 14:27 Not reported. Not reported. Subject (F) reported herself lost in mist safety. Cockermouth (2 x 1hr 0 min).	High Gillerthwaite, Ennerdale	Hill Walking (Small party)	
207 34626 16 June 16:20 Wet low cloud. Slippery. Party of two (F28, M26) reported thems assisted down to safe ground. Keswick (20 x 3hr 17 min).	Foule Crag, Blencathra selves cragfast whilst descending	NY326283 Hill Walking (Small party) in low cloud. Located and	
208 34632 16 June 16:22Crinkle Crags, Gt LangdaleNY327050Cloudy. Not reported.Hill Walking (Small party)Party of two (2xM) reported lost on ridge. Located and escorted off the hill to safety.Langdale Ambleside (13 x 4hr 0 min).			
209 34731 16 June 18:14 Misty, dry. Path. Party of two (M20) reported themselves Wasdale (9 x 6hr 0 min).	Corridor Route, Scafell Pike lost. Located and escorted off the	NY218083 Hill Walking (Small party) e hill.	
210 34622 17 June 12:25Coniston Old Man, Coniston FellsSD275976Fine, warm. Damp.Hill Walking (Large party)Subject (M50) reported collapsed while walking, reported unconscious. Declared dead at scene;body evacuated to valley and handed over to Coroner's officer. Fatal – no details supplied.Coniston (10 x 4hr 0 min); Duddon and Furness (8 x 4hr 0 min); Gt North Ambulance Helicopter (Cumbria).			
211 34732 17 June 12:44 Fine. Grassy path. Subject (M39) tripped whilst running. T details supplied. Wasdale (14 x 3hr 30 min).		NY197003 Hill Walking (Medium party) to roadhead. Serious – no	
212 34689 17 June 13:10 Not reported. Not reported. Subject reported collapsed near summ scene; body removed from the hill and I	it. Failed to regain consciousnes		

213 34639 19 June 16:21

Gamlin End, High Crag, Buttermere NY181139

Hill Walking (Small party)

Not reported. Not reported. Subject (F), on C2C, slipped and injured her ankle. Treated at scene and evacuated to hospital by air ambulance. Minor - injuries to lower leg.

Cockermouth (18 x 4hr 40 min); NW Ambulance Helicopter (Preston).

Coniston (10 x 3hr 19 min); Duddon and Furness (1 x 3hr 19 min).

214 34625 19 June 19:52

Hill Walking (Small party) Very hot dry. Dry. Subject (M59) reported collapsed and became semi-conscious. Initial treatment rendered by other walkers; assessed at scene and airlifted to the roadhead. Minor - heat stroke. Keswick (18 x 3hr 40 min); Prestwick SAR Helicopter.

Langstrath, Central Fells

Raven Crag, Hardknott

215 34733 21 June 14:39

Fine. Mostly grassy.

Subject (F) reported injured after jumping down from small rock. Treated at scene and stretchered from the hill. Minor - painful/uncomfortable right knee. Wasdale (18 x 3hr 30 min).

216 34668 21 June 22:55 Mosedale Cottage, Branstree NY49470950

Calm dry clear warm moonlight. Not reported. Hill Walking (Small party) Subject (M32) reported overdue from bothy rendezvous by friends. Established that informants were at wrong location; and colleague was safe and well at correct location! Penrith (3 x 2hr 15 min).

Skelling Farm, Skirwith

217 34669 22 June 16:40

Not reported. Not reported. Gliding (Small party) Glider reported as crashed near farm. Stood down responding when informed casualty evacuated by air ambulance. Minor - no details supplied. Penrith (9 x 1hr 0 min): Gt North Ambulance Helicopter (Teeside).

218 35011 24 June 09:54

Not reported. Not reported. Hill Walking (Small party) Subject (M61) reported collapsed on sponsored walk. CPR started straight away but without success; pronounced dead at scene. Fatal - no details supplied. Patterdale (9 x 3hr 10 min); Gt North Ambulance Helicopter (Cumbria).

219 34638 24 June 13:09

NY126174 Not reported. Not reported. Hill Walking (D of E) (Small party) Subject (F15) slipped, injuring both ankles. Treated at scene and stretchered to waiting ambulance. Minor - injuries to lower leas. Cockermouth (20 x 4hr 0 min).

220 34624 24 June 16:27 Maiden Moor, Grange

Dry. Dry. Subject (F31) twisted her knee and reported unable to weight bear. Treated at scene and evacuated from the hill for hospital transfer by ambulance. Minor - injuries to knee. Keswick (15 x 2hr 19 min)

221 35010 25 June 12:18

Priest Hole, Dove Crag Dry clear warm bright. Not reported. Subject (M53) lost on route to popular bivvy site. Located and led to safety. Patterdale (17 x 2hr 0 min).

222 35009 26 June 15:45

Dry cloudy mild dull. Not reported.

Hill Walking (Small party) Subject (58) slipped while walking. Treated at scene, stretchered to air ambulance for transfer to hospital. Serious - painful/uncomfortable ankle; stable fractured ankle. Patterdale (9 x 4hr 0 min); Penrith (14 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria).

Heck Crag, Bannerdale

223 34631 27 June 13:54 Far Easedale, Grasmere

Heavy rain low cloud cool dull. Moderate slippery stony footpath. Hill Walking (Small party) Subject (M), walking C2C, was reported in difficulty with an ankle injury. Assessed at scene and assisted from the hill. Minor - injuries to lower leg. Langdale Ambleside (15 x 4hr 0 min).

Brownend Plantation, Birkhouse Moor NY3758616104

Hen Comb, Loweswater

NY241185 Hill Walking (Small party)

NY3759310998

NY4210014800

NY304099

Hill Walking (Alone)

NY22860158

NY62743330

NY264098

Hill Walking (Small party)

Yewdale Fells, Coniston

July

229 34701 1 July 14:58

Not reported. Not reported. Fell Running (Organised event) Competitor (F) slipped and fell, injuring her shoulder. Treated at scene and stretchered to roadhead for hospital transfer. Minor - fracture/dislocation of the shoulder (glenohumeral). Cockermouth (19 x 2hr 34 min).

230 34734 1 July 15:45

Wet, windy, misty. Stony and wet. Subject (M36) reported unable to continue due to severe cramp. Assessed at scene and encouraged to walk off the hill with assistance.

Duddon and Furness (13 x 6hr 15 min); Wasdale (15 x 6hr 0 min).

231 34683 1 July 16:15

Not applicable. Not applicable.

Local Incident Requested to assist ambulance service dealing with a cardiac arrest. Equipment deployed, no further details supplied.

Grasmere

Langdale Ambleside (3 x 2hr 0 min).

232 34699 1 July 18:34

Not reported. Not reported. Subject reported injured in poor weather conditions. Treated at scene and stretchered to roadhead. Minor - no details supplied.

Green Crag, Haystacks

Cockermouth (22 x 2hr 0 min); Prestwick SAR Helicopter.

28

Little Dodd, Red Pike, Ennerdale

Hill Walking (D of E) (Small party)

Subject (M17) slipped, injuring his leg. Treated at scene and stretchered from the hill to a waiting ambulance. Minor - injuries to lower leg. Cockermouth (19 x 3hr 0 min).

225 34630 28 June 13:22 Penny Rock, Grasmere NY3446806028 Dry clear mild dull. Undulating gravel track. Mountain Biking (Small party) Rider (F) fell from mountain bike due to cardiac arrest. Treated at scene, evacuated to ambulance

but died in hospital later than evening. Fatal - myocardial infarct.

Langdale Ambleside (15 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

226 34623 28 June 19:00

224 34637 28 June 13:19

Not reported. Not reported.

Damp. Slippery.

Subject (M72) slipped on the path and took a tumbling 10m fall into gill. Treated at scene and stretchered to air ambulance for hospital transfer. Serious - head injuries. Keswick (20 x 1hr 37 min); Gt North Ambulance Helicopter (Cumbria).

Cat Gill, Castlerigg Fell

227 34629 29 June 12:02 Stickle Ghyll, Gt Langdale

Dry cloudy mild dull. Steep very wet stony gully. Rock Scrambling (Medium party) Subject (M) fell while scrambling in gill, sustaining leg and arm injuries. Treated at scene and evacuated to ambulance for hospital transfer. Minor - simple closed fractured radius; simple closed fractured ankle: injuries to lower leg.

Kendal (8 x 2hr 0 min); Langdale Ambleside (14 x 3hr 30 min).

228 34691 29 June 15:00

Very windy with showers. Wet.

Hill Walking (D of E) (Small party) Expedition member (M17) exacerbated pre-existing knee injury after becoming stuck in boggy ground. Treated at scene and evacuated to ambulance. Serious - painful/uncomfortable knee. Coniston (15 x 4hr 0 min).

Lower Ling Crag, Crummock Water NY155185

Scafell Pike, Wasdale Head NY215072

Hill Walking (Medium party)

NY337076

NY210130

Hill Walking (Small party)

Hill Walking (Small party)

NY273207

NY289071

SD306995

Overbeck, Wast Water

Hill Walking (Family group)

Subject (F64) and dog reported cragfast in ravine. Stood down responding when established dog and owner helped to safer ground. Wasdale (14 x 1hr 30 min).

234 34737 2 July 11:35 Craghouse Farm, Santon Bridge NY112029

Good. Moderate rough grassy moorland. Search - Non-mountain (Alone) Subject (M43) reported missing from home. Limited search concluded when informed he had turned up safe and well.

East Buttress, Scafell

Wasdale (16 x 2hr 7 min).

233 34735 1 July 20:32

Damp. Wet.

235 34738 2 July 13:42

Good, Steep, broken.

Subject (M) found below crag, believed to have fallen previous day in poor conditions. Body recovered and handed over to Coroner's officer. Fatal - multiple head injuries.

Cumbria Ore Mines Rescue Unit (1 x 6hr 0 min); Duddon and Furness (21 x 5hr 30 min); Wasdale (15 x 6hr 0 min); Gt North Ambulance Helicopter (Cumbria).

Cross Walls, Nether Wasdale 236 34739 2 July 14:22 NY150053

Good. Roadside. Local Incident (Family group) Subject (F72) reported injured after fall. Treated at scene and transferred to hospital. Minor - simple closed fractured arm.

Wasdale (15 x 2hr 16 min). 237 34740 2 July 14:38 Brackenclose, Wasdale Head

Good. Path. Hill Walking (Family group) Subject (M66) reported unwell and unable to continue. Assessed at scene, evacuated to roadhead and ambulance transfer to hospital. Minor – no details supplied. Wasdale (15 x 1hr 58 min).

238 34663 2 July 16:04

Whinlatter Forest, Thornthwaite NY215249 Not reported. Not reported. Mountain Biking (Small party) Rider (M45) thrown from bike at high speed, at a known 'black spot'. Treated at scene and evacuated to road ambulance. Serious - injuries to back and shoulder. Keswick (14 x 1hr 30 min).

239 34682 3 July 12:14 Todd Crag, Clappersgate NY364037

Dry clear mild bright. Moderate damp stony footpath. Hill Walking (Small party) Subject (F) slipped, sustaining a lower leg injury. Treated at scene and evacuated by stretcher. Minor - injuries to lower leg.

Langdale Ambleside (11 x 2hr 0 min).

240 34681 3 July 12:27

Rydal Mount, Rydal Dry clear mild bright. Undulating damp muddy footpath. Hill Walking (Small party) Subject (M) slipped, sustaining head and knee injuries. Treated at scene and evacuated to roadhead. Minor - injuries to head and knee. Langdale Ambleside (3 x 1hr 0 min).

241 34662 3 July 14:22

Not reported. Not reported. Mountain Biking (Small party) Rider (M34) crashed at high speed after hitting a rock on the path. Treated at scene and airlifted to hospital. Serious - injuries to chest, shoulder, lower arm and knee. Keswick (15 x 1hr 19 min); Gt North Ambulance Helicopter (Cumbria).

242 34741 3 July 18:33

Buckbarrow, Nether Wasdale

Spoony Green Lane, Latrigg

NY133057 Rock Scrambling (Alone)

Good. Steep, broken. Subject (F) reported off-route and cragfast. Secured, lowered off the crag and walked off the hill. Minor - cuts and abrasions to left thigh. Wasdale (22 x 3hr 0 min).

NY210069

NY166073

Hill Walking (Alone)

NY271245

NY187073

243 35008 3 July 22:32

Drv cloudy mild dark. Steep rough stony. Hill Walking (D of E) (Medium party) Expedition group reported lost on steep ground as darkness fell. Located group and escorted them to safetv.

Stand Crags, Dove Crag

Patterdale (12 x 3hr 19 min).

244 34666 4 July 18:00 Greg's Hut, Cross Fell, N Pennines NY69173540 Not reported. Not reported. Hill Walking (Small party) Informant reported party of two females stuck on fell in bad weather, sheltering in bothy. Subjects reported themselves safe and well on arrival at hotel in Alston. Penrith (10 x 0hr 45 min).

245 34661 5 July 11:13 **Derwent Water, Keswick** NY269208

Not reported. Not reported. Hill Walking (Small party) Request to assist ambulance service dealing with an injured party by lake shore. Stood down when informed issues dealt with by ambulance crew. Keswick (7 x 0hr 25 min).

246 35007 6 July 13:03 Patterdale Common, Grisdale Light dry mild. Rocky stony footpath. Hill Walking (Small party) Subject (F66) tripped and fell on path. Treated at scene and stretchered from the hill. Minor - stable fractured wrist; soft tissue injuries to head. Patterdale (8 x 2hr 4 min)

247 34925 6 July 18:15 Arnside Knot, Arnside Calm dry clear warm bright. Steep loose stony scree. Hill Walking (Family group) Party of two (M, M13) reported cragfast on steep ground. Secured with ropes and assisted to easier around without further incident. Kendal (8 x 2hr 0 min).

248 34665 7 July 16:20 **Great Dun Fell. N Pennines** NY71043214 Not reported. Not reported. Hill Walking (Small party) Party of two (F, M) reported lost in mist. Stood down when informed located by family members who had driven up fell road. Penrith (4 x 0hr 30 min).

249 35006 7 July 22:27 NY3936410819 Drizzle cool dark. Not reported. Hill Walking (Alone) Subject (M), with dog, reported overdue after they failed to return from walk. During initial enguiries, turned up safe and tired after taking wrong path back. Patterdale (13 x 1hr 0 min).

250 34742 8 July 02:21 Clear mild dawn. Not reported. Search - Non-mountain (Alone) Subject (M42) reported fallen near a popular waterfall. Search inconclusive, but informed later that injured party had returned to campsite. Minor - intoxication. Wasdale (11 x 4hr 45 min).

251 34743 8 July 13:21 Brown Tongue, Wasdale Head NY200072 Calm dry clear warm bright. Moderate dry stony footpath. Hill Walking (Alone) Subject (M45) reported unable to continue due to pre-existing injury. Assessed at scene and walked down off the hill with assistance. Minor - painful/uncomfortable right knee. Wasdale (15 x 3hr 19 min).

252 34700 8 July 14:53 Gillerthwaite, Ennerdale Water NY123139 Not reported. Not reported. Hill Walking (Alone) Subject (F20) slipped and injured her ankle. Treated at scene and carried to vehicle for transfer to ambulance. Minor - simple closed fractured ankle. Cockermouth (14 x 3hr 0 min).

Stanley Ghyll, Eskdale

SD174996

NY3606013980

SD457773

High Hartsop Dodd, Caudale

Miterdale Forest, Eskdale Green

255 34679 9 July 18:09 Far Easedale, Grasmere NY314096 Dry clear mild bright. Moderate boggy footpath. Hill Walking (Small party) Subject (M) reported collapsed, exhausted and unwell while descending. Treated at scene and evacuated to a point where air ambulance could evacuate him to hospital. Minor - no details supplied.

Subject (F16) reported with breathing difficulties and medication exhausted. Assessed at scene and

Langdale Ambleside (15 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria).

256 34680 10 July 14:30 Stickle Ghyll, Gt Langdale NY293067 Dry clear mild bright. Steep slippery stony gully. Rock Scrambling (Small party) Subject (F) jumped into pool, injuring her leg. Treated at scene and evacuated by stretcher to valley. Minor - simple closed fractured ankle.

Langdale Ambleside (16 x 2hr 0 min).

257 34698 11 July 09:49

253 34660 8 July 15:34

254 34744 9 July 10:56

Wasdale (17 x 1hr 45 min)

Not reported. Not reported.

Keswick (11 x 7hr 30 min); Wasdale (6 x 7hr 30 min).

Light dry clear warm bright. Moderate dry stony track.

evacuated to road head. Minor - asthma.

Not reported. Not reported. Hill Walking (Small party) Subject (F60) slipped, injuring her ankle. Treated at scene and airlifted to hospital. Minor - simple closed fractured ankle.

Dalegarth, Buttermere

Cockermouth (10 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

258 34678 11 July 22:05 **Crinkle Crags, Central Fells** NY232080 Dry clear mild dusk. Moderate stony moorland. Hill Walking (Small party) Subject (F) reported separated from companion when they failed to meet as agreed. Spent night in DoE tent and assisted off next morning.

Duddon and Furness (9 x 4hr 40 min); Langdale Ambleside (2 x 2hr 0 min); Langdale Ambleside (9 x 3hr 0 min); Wasdale (10 x 4hr 0 min).

259 34677 12 July 13:39 White Moss Common, Grasmere NY348060 Dry clear warm bright. Undulating damp muddy footpath. Hill Walking (Small party) Subject (M) tripped and sustained a head injury. Treated at scene and evacuated to roadhead. Minor - laceration(s) to head.

Langdale Ambleside (8 x 1hr 0 min).

260 34676 12 July 14:17 Stock Ghvll. Ambleside NY384045 Dry clear warm bright. Steep damp muddy footpath. Hill Walking (Small party) Subject (F) tripped off a deep step and fell forward, sustaining injuries to knee and chest. Treated at scene and evacuated to roadhead. Minor - injuries to chest and knee. Langdale Ambleside (7 x 2hr 0 min).

261 34659 13 July 14:30 Howrahs, Keswick Not reported. Not reported.

Hill Walking (Small party) Subject (F71) tripped and fell, face-first on a stony path. Treated at scene and assisted to ambulance. Minor - facial laceration(s). Keswick (13 x 0hr 25 min).

262 34675 14 July 14:06 **Grasmere Weir, Baneriggs**

Not reported. Not reported. Subject (M) reported unwell after falling from rocks into lake. Treated at scene and evacuated to roadhead. Minor - no details supplied.

31

Langdale Ambleside (1 x 2hr 0 min).

Central Gully, Great End

All extricated using ropes, treated and evacuated from the hill. Minor - no details supplied.

Rock Scrambling (Small party) Party of four reported stuck by rockfall, one injured; they appeared not to be on their intended route.

Hill Walking (Family group)

NY227084

NY1402401369

NY185160

NY261237

NY3433505931

Hill Walking (Small party)

263 34697 14 July 20:13 Lower Ling Crag, Crummock Water

Not reported. Not reported. Hill Walking (D of E) (Small party) Expedition member (F17) reported unwell. Assessed at scene and stretchered to roadhead for hospital transfer. Minor - no details supplied. Cockermouth (19 x 3hr 30 min).

264 34674 16 July 15:05 Link Hause, Hart Crag NY365115 W fresh dry clear warm bright. Steep rocky stony ridge. Hill Walking (D of E) (Small party) Expedition member (M17) tripped and sustained a leg injury. Treated at scene and evacuated by stretcher. Minor - simple closed fractured ankle. Kendal (5 x 2hr 0 min); Langdale Ambleside (17 x 6hr 0 min).

265 34658 16 July 15:08 Scaleclose Coppice, Borrowdale NY244150

Not reported. Not reported. Hill Walking (Small party) Subject (F26) reported with an ankle injury and unable to weight bear; location unclear. Location established with SARLoc, treated at scene and evacuated to roadhead for hospital transfer. Minor no details supplied. Keswick (15 x 2hr 10 min).

266 34745 16 July 22:51

Dry clear mild moonlight. Not reported. Local Incident (Family group) Requested to attend car broken down on mountain pass. Stood down responding when informed that a taxi was en route.

Hardknott, Eskdale

Wasdale (5 x 1hr 0 min).

267 34746 17 July 13:21 Kern Knotts, Great Gable NY213095 Rock Climbing - roped (Small party) Fine. Crad. Climber (M42) reported fallen 4m to ground. Treated at scene and evacuated by stretcher to ambulance. Minor - simple closed fractured left ankle. Wasdale (20 x 4hr 10 min).

268 34673 18 July 10:56 Stickle Ghyll, Gt Langdale Dry clear warm bright. Steep stony footpath. Hill Walking (Small party) Subject (M) reported ill with pre-existing condition. Treated at scene and evacuated by stretcher. Minor – unspecified illness.

Langdale Ambleside (10 x 3hr 30 min).

Coombs Woods, Armathwaite 269 34664 18 July 15:22 NY51094473 Variable calm dry clear warm bright. Not reported. Search - Non-mountain (Small party) Subject (M79) reported missing after walking in woodland with his wife. Stood down when informed he had found his own way back to his car and returned home. Penrith (19 x 3hr 0 min).

270 34657 18 July 19:29

Not reported. Not reported. Rock Climbing - roped (Small party) Lead climber (M65) fell 10m, landing on his ankle; initially reported as walker with ankle injury. Treated at scene, stretchered to a safer location where he was winched and airlifted to hospital. Serious - simple closed fractured ankle.

Miners Crag, Newlands

Sty Head, Seathwaite Fell

Keswick (18 x 4hr 0 min); Caernarfon SAR Helicopter.

271 34656 19 July 13:28

Not reported. Not reported.

Hill Walking (Small party) Subject (M60) reported with muscle strain, exacerbated by pre-existing condition and was unable to continue in spite of his valiant efforts. Assessed at scene and airlifted to hospital. Minor - strained calf muscle.

Keswick (9 x 3hr 37 min); NW Ambulance Helicopter (Barton).

NY22140145

NY157183

NY231156

NY218095

Place Fell, Patterdale

NY4070016300 281 35005 23 July 15:20 Moderate drizzle cloudy cool dull. Moderate rough stony footpath. Hill Walking (Small party) Subject (F53) slipped in descent fell, damaging her knee and unable to weight bear. Treated at scene and stretchered from hill; taken to hospital by husband in own transport. Minor - ligament damage to knee.

Subject (F60) slipped whilst walking. Treated at scene and assisted off the hill to waiting

Patterdale (12 x 2hr 40 min).

Blea Tarn, Watendlath

Red Pike, Wasdale Head

Gamlin End, Seat, Buttermere

Not reported. Not reported. Hill Walking (Small party) Subject (F71) reported with injured ankle and unable to weight bear. Treated at scene and stretchered to ambulance at roadhead. Keswick (14 x 2hr 31 min).

272 34790 20 July 12:47

273 34747 20 July 15:17 Fine. Open fell path.

Subject (F17) reported unwell. Assessed at scene and escorted from the hill. Minor - seizure (epilepsv).

Duddon and Furness (17 x 4hr 25 min); Wasdale (15 x 4hr 0 min).

274 34695 21 July 09:39

Not reported. Not reported. Hill Walking (Military unit) Subject (F49) slipped, injuring her ankle; camped overnight but unable to continue on the following day. Met on descent, treated and stretchered to roadhead for hospital transfer. Minor - simple closed fractured ankle.

Cockermouth (15 x 3hr 31 min).

275 34672 21 July 11:50 Helm Crag, Grasmere

Hill Walking (Small party) Showers cloudy cool dull. Moderate slippery stony bank. Subject (F) was taken ill whilst walking. Treated at scene and airlifted to hospital. Minor - no details supplied.

Langdale Ambleside (10 x 3hr 0 min); NW Ambulance Helicopter (Preston).

276 34789 21 July 12:32

Not reported. Not reported.

Party of two (M) reported cragfast on narrow ridge in wet and windy conditions. Both secured and roped down to place of safety then escorted off the hill.

Sharp Edge, Blencathra

Castle Craq, Borrowdale

Castlehead Wood, Keswick

Sprinkling Tarn, Seathwaite Fell

Keswick (15 x 3hr 2 min).

277 34788 22 July 15:04

Not reported. Not reported. Hill Walking (Alone) Subject (M70) slipped whilst descending, taking a 10m tumbling fall into an old quarry. Treated at scene and airlifted to hospital. Serious - injuries to head.

Keswick (16 x 1hr 18 min); NW Ambulance Helicopter (Preston).

278 34787 23 July 01:21

Not reported. Not reported. Local Incident (Small party) Subject (F18) reported in an intoxicated condition and in danger of coming to some harm. Located and assisted down to an ambulance at the roadhead. Keswick (13 x 2hr 12 min).

279 34786 23 July 05:03 Not reported. Not reported.

Showers. Damp.

Hill Walking (Small party) Subject (M) reported unwell, later becoming semi-conscious. Assessed at scene and airlifted to hospital. Serious - hypothermia (III-IV) severe.

Keswick (16 x 4hr 0 min); Caernarfon SAR Helicopter.

Smardale Bridge, Newbiggin-on-Lune 280 35078 23 July 14:30

Kirkby Stephen (13 x 2hr 0 min).

ambulance. Minor - injuries to shoulder.

NY288147

NY166101 Hill Walking (Large party)

NY185137

NY326094

NY326283

NY249158

NY269226

NY224094

NY720059

Hill Walking (Small party)

Hill Walking (Small party)

282 35004 23 July 18:27

Moderate heavy rain low cloud cool dull. Steep rocky stony ridge. Hill Walking (Small party) Party of two (F25, M26) reported cragfast on narrow ridge after weather took turn for the worst. They were located and roped to safe ground; escorted off the hill. Patterdale (12 x 4hr 10 min).

283 35065 24 July 08:48

Not reported. Steep loose stony gully.

Subject (M) slipped in gully striking his head in poor visibility after overnight camp. Located with difficulty, assessed and escorted from the hill; he had been very close to a very steep drop. Patterdale (8 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter.

284 35064 24 July 13:43

Not reported. Not reported. Hill Walking (Family group) Subject (M76) with pre-existing cardiac condition, taken ill while out walking. Assessed at scene and stretchered to waiting ambulance. Minor - unspecified illness.

Patterdale (10 x 2hr 42 min).

285 34684 24 July 14:10

Not reported. Not reported. Hill Walking (Unspecified) Subject (F66) reported fallen. Stood down responding when informed dealt with by ambulance service and members of the public. Serious - painful/uncomfortable ankle. Duddon and Furness (15 x 0hr 30 min).

Birkrigg, Bardsea

286 34748 25 July 15:50

Fine. Steep fellside. Hill Walking (Medium party) Party (M35) strayed onto steep terrain and became cragfast. Assisted to safer ground and escorted off the hill. Wasdale (18 x 3hr 0 min).

Penny Hill, Eskdale

287 34750 25 July 20:25 Red Pike, Wasdale Head NY1639010785 Hill Walking (Small party) W calm dry hill fog mild dusk. Undulating dry stony track. Subject (M71) reported lost after becoming separated from walking partner. Located and escorted off the hill. Wasdale (6 x 7hr 0 min).

288 34749 25 July 20:34 Greendale Cottage, Wasdale W calm clear warm dusk. Level damp grassy footpath. Hill Walking (Family group) Subject (F49) turned her ankle and unable to weight-bear. Treated at scene and stretchered to road ambulance. Serious - no details supplied. Wasdale (20 x 2hr 10 min).

289 34692 26 July 15:46 Stable Harvey, Torver Common SD282917 Dry on arrival, but had been raining, cloudy. Rough track. Hill Walking (Small party) Subject (F59) reported with injured ankle. Treated at scene and stretchered off the hill. Minor - no details supplied. Coniston (15 x 1hr 30 min).

290 34951 26 July 18:07

Not reported. Not reported. Hill Walking (Small party) Subject (M80) reported fallen whilst on the C2C challenge having slipped while crossing a beck. Assessed, treated at youth hostel then transferred to hospital. Minor - no details supplied. Cockermouth (19 x 2hr 30 min).

Black Sail YH, Ennerdale

291 34693 26 July 20:38 Tranearth, Torver High Common SD272953 Cloudy, heavy showers, windy. Wet, grassy/stony. Hill Walking (Alone) Subject (M28) reported to have lost his way whilst descending the Old Man of Coniston. Located and accompanied off the hill. Coniston (9 x 1hr 22 min).

Stridina Edae, Helvellvn

Priests Hole, Dove Crag

The Coombes, Howtown

NY3760310897 Hill Walking (Small party)

NY3462914963

SD280744

NY4401619188

NY189001

NY1411504976

Wasdale Screes, Illgill Head

Stake Pass, Gt Langdale

Scafell Pike, Wasdale Head

NY157044

Hill Walking (Family group) Dry, cloudy. Scree, damp. Subjects (M49, M5) injured in rockfall on scree. Treated at scene and airlifted to hospital. Minor traumatic amputation right finger(s); Minor - soft tissue injuries to head.

Wasdale (4 x 3hr 0 min); NW Ambulance Helicopter (Barton).

295 34671 31 July 15:16

SW moderate showers cloudy cool dull. Steep stony footpath. Hill Walking (Small party) Subject (M) taken ill with chest pains. Treated at scene and airlifted to hospital. Serious – no details supplied.

Langdale Ambleside (12 x 4hr 0 min); NW Ambulance Helicopter (Preston).

August

296 34771 1 August 22:00

Not reported. Not reported. Hill Walking (Small party) Party reported themselves lost in fog and darkness. Location established using mobile phone and provided directions to walk themselves off the hill.

Wasdale (1 x 3hr 0 min).

297 34820 2 August 05:00

Light dry clear mild bright. Not reported. Subject (F55) reported missing from her overnight accommodation. Found safe and well at home in Whitehaven. Duddon and Furness (14 x 3hr 45 min).

Scafell, Wasdale Head NY207066 298 34753 2 August 16:35 Wet, windy. Grassy col. Hill Walking (Small party) Party of three (M36, M29, F28) reported lost in mist and exhausted. Established their location and instructed them how to get to safer ground; met and escorted off the hill. Wasdale (10 x 2hr 30 min).

299 34807 2 August 21:09 Harrison Stickle, Gt Langdale NY286078 Not reported. Not reported. Hill Walking (Small party) Party of two (M, F) became lost. Location established and talked down to safety.

Langdale Ambleside (2 x 2hr 0 min). 300 34819 3 August 20:45 Appletree Worth, Broughton Mills SD249937 Light dry clear cool dark. Moderate rough grassy forestry. Search - Non-mountain Shouts for help reported. Nothing untoward found; false alarm good intent.

Duddon and Furness (20 x 2hr 45 min).

301 34950 4 August 12:17 Workington, W Cumbria

Not reported. Muddy field. Local Incident (Small party) Requested to assist ambulance service dealing with subject (F72) reported fallen in fields. Treated at scene and stretchered to waiting ambulance. Minor - no details supplied. Cockermouth (5 x 1hr 0 min).

292 35063 30 July 12:36

293 34751 30 July 14:46

Wasdale (5 x 4hr 0 min).

294 34752 30 July 16:00

Drv. cloudv. Grassv.

off the hill.

Not reported. Not reported. Water Sport (all types) (Small party) Boat reported capsized and occupants in water. Recovered by a boat in the area; checked over but no one required medical treatment. Patterdale (7 x 1hr 0 min).

Gale Bay, Ullswater

High Scarth Crag, Upper Eskdale NY213043

Hill Walking (Family group) Party of two (M24) reported themselves lost descending from Scafell Pike. Located and escorted

NY2616007960

NY2137807210

SD104935

Waberthwaite, W Cumbria

Search - Non-mountain (Alone)

NY004285

302 35054 4 August 16:51

Drizzle hill fog mild dull. Steep rocky stony ridge. Hill Walking (Small party) Subject (M53), with dog, fell from narrow ridge. Treated at scene, stretchered to helicopter for transfer to hospital; the dog was also treated, evacuated from the hill and taken to the vets. Serious - multiple head injuries; multiple cuts and abrasions.

Striding Edge, Helvellyn

Slape Crag, Barf, Thornthwaite

Patterdale (17 x 5hr 34 min); Penrith (17 x 5hr 34 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter.

303 34785 5 August 18:03

Not reported. Not reported.

Subject (M75) reported exhausted and cragfast. Secured and roped to safer ground. Keswick (7 x 2hr 15 min).

304 34754 5 August 19:32

Fine. Steep, broken.

Subject (M36) reported fallen attempting to descend. Treated at scene and airlifted to hospital. Minor - painful/uncomfortable right knee.

The Screes, Whin Rigg

Birkhouse Moor, Glenridding

Wasdale (15 x 4hr 30 min); Caernarfon SAR Helicopter.

305 35062 5 August 23:54

Not reported. Not reported. Hill Walking (Small party) Report of shouts and flashing lights on hillside. Established to have been a party descending the hill and not in need of assistance; false alarm good intent. Patterdale (5 x 1hr 0 min).

306 34806 6 August 14:58

Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped on wet ground. Treated at scene and stretchered to roadhead. Serious fracture/dislocation of shoulder (glenohumeral). Langdale Ambleside (11 x 2hr 0 min).

307 35061 6 August 15:07

Helvellyn NY3427415082 Moderate heavy rain low cloud cool dull. Moderate rocky gravel. Hill Walking (Small party) Party of five (3xM, 2xF) reported suffering from cold when found by another party. Assessed at scene; those in serious condition were airlifted from the hill, the remainder escorted to safety. Minor - hypothermia (I-II) mild/moderate; Minor - hypothermia (I-II) mild/moderate; Minor - hypothermia (I-II) mild/moderate; Serious - hypothermia (I-II) mild/moderate.

Keswick (10 x 2hr 0 min); Patterdale (13 x 3hr 58 min); RAF Leeming (9 x 3hr 34 min); Prestwick SAR Helicopter.

308 34755 6 August 15:53

Heavy rain. Steep fell path. Hill Walking (Family group) Subject (F9) reported fallen, sustaining an injury to her leg. Treated at scene and stretchered from the hill. Minor - painful/uncomfortable left ankle.

'Bad Step', Piers Gill, Lingmell

Duddon and Furness (13 x 0hr 30 min); Wasdale (20 x 4hr 45 min).

309 34818 6 August 16:55 High Wallowbarrow, Seathwaite

Light showers clear cool dull. Gentle wet muddy footpath. Hill Walking (Small party) Subject (M) slipped on footpath. Treated at scene and stretchered to ambulance. Serious dislocated right knee.

Duddon and Furness (18 x 1hr 49 min).

310 34756 7 August 16:15 NY2063006873 Lord's Rake, Sca Fell

Calm drizzle cloudy mild dull. Steep slippery grassy crag. Rock Scrambling (Small party) Party (M26) reported into difficulty and cragfast on steep and loose rake. Located by whistles and secured them with ropes back onto safe ground. Wasdale (19 x 7hr 0 min).

NY3467114974

Hill Walking (Small party)

NY218266

NY150040 Hill Walking (Alone)

NY3654016400

Brant Fell, Bowness on Windermere SD411962

SD224963

Secured and roped to safer ground; escorted off the hill.

Scafell Pike, Wasdale Head

Sharp Edge, Blencathra

313 35060 9 August 12:10 Silver Point, Ullswater NY3951117685 Light dry cloudy cool dull. Undulating rocky stony footpath. Hill Walking (School/Youth group) Subject (F16) became ill while on a walk, group instructor asked for assistance. Treated at scene

Subject (M30) reported cragfast on narrow ridge after becoming separated from companion.

and transferred to hospital. Serious - abdominal pain/discomfort. Patterdale (5 x 1hr 45 min).

Fine. Rocky path. Hill Walking (Large party) Subject (F55) tripped and fell, injuring her ankle. Treated at scene and stretchered off the hill. Minor - simple closed fractured right ankle. Cumbria Ore Mines Rescue Unit (1 x 3hr 0 min); Duddon and Furness (19 x 5hr 10 min); Wasdale (21 x 5hr 0 min).

315 34758 9 August 17:09 Piers Gill. Linamell NY2119908306 Fine. Path. Hill Walking (Family group) Subject (F) reported unable to continue. Assessed at scene and escorted off the hill.

Cumbria Ore Mines Rescue Unit (1 x 3hr 0 min); Duddon and Furness (17 x 3hr 0 min); Wasdale (21 x 3hr 0 min).

316 34805 9 August 19:01 Heron Pike, Grasmere

Not reported. Moderate damp grassy footpath. Hill Walking (Small party) Subject (M) slipped on wet ground, injuring his lower leg. Treated at scene and stretchered off the hill. Minor - fracture/dislocation of ankle. Langdale Ambleside (17 x 3hr 0 min).

317 34923 10 August 07:10 Kendal Castle, Kendal SD523922 Not reported. Not reported. Local Incident (Alone)

Request from ambulance service to attend and assist with M65 with cardiac arrest with Autopulse equipment. Assisted with evacuation to land ambulance. Kendal (5 x 1hr 0 min).

318 34804 12 August 13:13 Todd Crag, Clappersgate

NY366039 Dry clear mild bright. Moderate damp boggy moorland. Hill Walking (Small party) Subject (M) slipped on wet ground, sustaining an injury to his back. Assessed at scene and assisted off the hill. Minor - injuries to back.

Langdale Ambleside (10 x 2hr 0 min).

319 34781 13 August 12:30 Not reported. Not reported.

Subject (F) fell off a stile on steep path and injured her ankle. Treated at scene and stretchered to waiting ambulance. Minor - injuries to lower leg. Keswick (5 x 0hr 49 min).

Stable Hills, Derwent Water

Randale Beck, Haweswater

320 34828 13 August 16:39

311 34783 7 August 18:24

Not reported. Not reported.

Keswick (15 x 1hr 49 min). 312 34782 7 August 20:17

Not reported. Not reported.

Keswick (16 x 4hr 10 min).

314 34757 9 August 15:43

mild/moderate.

Not reported. Not reported.

Hill Walking (Small party) Subject (F) had slipped while walking; she had tried to continue but due to pain had to stop. Treated at scene and stretchered to the road head. Minor - no details supplied. Penrith (8 x 4hr 30 min).

Force Crag, Coledale

scene and stretchered down to the vehicle for transfer to roadhead. Minor - hypothermia (I-II)

Hill Walking (Small party) Subject (M75) reported exhausted and rapidly becoming hypothermic. Assessed and re-warmed at

Rock Scrambling (Small party)

NY196212

NY320287

NY347085

NY268216

NY46831190

Hill Walking (Small party)

321 34803 13 August 17:05

Drv clear mild bright. Steep stony footpath. Woman slipped on wet ground. No further details supplied. Kendal (4 x 2hr 30 min); Langdale Ambleside (12 x 4hr 30 min).

322 34949 13 August 17:08

Not reported. Not reported. Hill Walking (Small party) Subject (M56) reported to have fallen 10ft whilst descending. Treated at scene and airlifted to hospital. Minor - injuries to shoulder. Cockermouth (22 x 4hr 30 min); Prestwick SAR Helicopter.

Haystacks, Buttermere

Rossett Ghyll, Gt Langdale

323 34780 14 August 18:45

Very wet. Not reported.

Subject (F56) slipped on a wet rock slab, fell and injured her arm. Treated at scene and stretchered to ambulance at roadhead. Serious - simple closed fractured wrist. Keswick (13 x 1hr 53 min).

Manesty, Grange

324 34948 15 August 16:54

Not reported. Not reported. Hill Walking (Small party) Subject (F66) reported fallen whilst descending. Treated at scene and stretchered to waiting ambulance. Minor - injuries to head. Cockermouth (22 x 2hr 30 min).

Scarth Gap, Buttermere

325 35107 15 August 20:53

Dry, cloudy, going dark. Not reported.

Party of four children (F12, F, 2xM) reported missing after becoming separated from mother on walk on Coniston Old Man. Located in the village and reunited with parents. Coniston (12 x 1hr 15 min).

Glenridding, Ullswater

Coniston Village

326 35059 16 August 01:44

Not reported. Not reported.

Two intoxicated persons reported to have taken a boat on lake with children on board; police requested assistance. Boat was located and everyone was safe; male taken into custody by police. Patterdale (5 x 2hr 0 min).

327 35058 16 August 11:22 Place Fell. Patterdale NY4051916881 Light dry clear mild bright. Moderate rough stony footpath. Hill Walking (Alone)

Subject (M51) reported lost on hill with heart condition. Stood down during search when informed that he had successfully descended to safety. Patterdale (8 x 1hr 31 min).

Kidsty Howe, Haweswater

Rowgill Cleugh, Hartside

328 34827 16 August 13:12

Not reported. Not reported. Hill Walking (Small party) Subject (F61) fell while walking, sustaining a head injury. Treated at scene and airlifted to hospital. Minor - injuries to head. Kirkby Stephen (5 x 3hr 0 min); Penrith (10 x 3hr 0 min); NW Ambulance Helicopter (Preston).

329 34826 16 August 15:04

Not reported. Not reported. Subject (M) collapsed while working on hillside, rebuilding a fence. Stretchered from scene to waiting ambulance. Fatal - no details supplied. Kirkby Stephen (6 x 3hr 0 min); Penrith (8 x 3hr 0 min).

330 35110 17 August 11:34 **Grizedale Forest Park, Grizedale** SD331950

Dry, sunny. Prepared bike trail. Mountain Biking (Small party) Rider (F19) fell off bike. Located, treated at scene and stretchered to ambulance. Minor - deep laceration(s) to knee. Coniston (11 x 2hr 0 min).

SD304976

NY3910017100 Local Incident (Small party)

NY256189

NY187146

Hill Walking (Small party)

NY65994189

NY46211250

Occupational (Small party)



Hill Walking (Small party)

NY192133

NY249073

Hill Walking (Organised event)

Wilkinsyke Farm, Buttermere

Hill Walking (Small party)

NY176168

NY273057

NY310017

Not reported. Not reported. Subject (F) reported injured and unable to walk. Stood down responding when informed ambulance crew had issue in hand. Cockermouth (14 x 0hr 30 min).

332 35109 17 August 15:20 Swirl How, Coniston Fells NY272005

Dry, cloudy, mist, windy. Stony, rough.

Hill Walking (Small party) Subject (F52) slipped whilst descending. Located, treated at scene and stretchered to Wrynose Pass for hospital transfer. Serious - unstable fracture of tibia and fibula; ankle fracture/dislocation. Coniston (19 x 3hr 45 min); Unknown Civilan Aircraft.

The Band, Gt Langdale

Tilberthwaite, Yewdale

High Cup Nick, Dufton

Stickle Ghyll, Gt Langdale

333 34802 17 August 16:18

331 34947 17 August 15:01

Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped, hitting her head and was reported unconscious. Treated at scene and evacuated by stretcher. Minor - head injuries. Langdale Ambleside (17 x 2hr 0 min).

334 35108 18 August 13:00

Dry, cloudy. Quarry workings. Animal Rescue Dog ran off from owners and found to be in the bottom of guarry. Retrieved without loss or injury, access required abseil.

Coniston (6 x 1hr 30 min).

335 35075 19 August 14:52

Overcast. Wet.

Hill Walking (Small party) Subject (M63) slipped while walking, reported unable to walk due to knee injury. Treated at scene and stretchered to team vehicle to complete evacuation from the hill. Minor - knee injuries. Kirkby Stephen (1 x 5hr 0 min); Penrith (10 x 3hr 30 min).

336 34801 19 August 15:27

Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped, injuring her lower leg. Treated at scene and evacuated by stretcher. Minor simple closed fracture of ankle. Langdale Ambleside (12 x 2hr 0 min).

337 34760 19 August 20:12

Buckbarrow, Nether Wasdale Good visibility, fine, dark. Crag. Hill Walking (Family group) Party of four (M48) reported lost and cragfast during descent from summit. Located and assisted to top of crag using ropes, then walked off the hill to safety. RAF Leeming (12 x 5hr 0 min); Wasdale (12 x 5hr 0 min).

338 34779 20 August 12:35

Slape Crag, Barf, Thornthwaite NY216266 Not reported. Not reported. Hill Walking (Small party) Party of three (2xM, F), grandfather, daughter and grandson, reported cragfast. Secured and roped to safer ground. Keswick (9 x 1hr 40 min).

Corridor Route, Scafell Pike

339 34761 20 August 14:54

Fine, cloudy, Fell path.

Subject (F44) fell and injured her ankle. Treated at scene and airlifted to hospital. Minor - simple closed fracture of right ankle.

Duddon and Furness (12 x 4hr 0 min); Wasdale (15 x 4hr 0 min); Prestwick SAR Helicopter.

340 34946 21 August 14:39 Loft Beck, Ennerdale

Hill Walking (Small party) Not reported. Not reported. Subject (F63) reported with a fractured leg after slipping. Treated at scene and airlifted to hospital. Serious - simple closed fracture of tibia.

Cockermouth (16 x 4hr 0 min); Prestwick SAR Helicopter.

NY746262

NY292066

NY136057

Hill Walking (Large party)



341 34800 21 August 21:44

Not reported. Not reported. Party of two reported overdue from walk to Scafell. Turned up during preliminary search. Langdale Ambleside (8 x 2hr 0 min).

342 34770 23 August 21:49

Not reported. Not reported. Hill Walking (Small party) Group reported lost in mist. Due to difficulty in contacting this group to establish their position, the lack of known injuries / medical problems and a good overnight forecast, it was decided to leave them till morning and allow them to make their own way out, which they duly did. Duddon and Furness (17 x 0hr 34 min); Wasdale (1 x 11hr 0 min).

Scafell Pike - Eskdale

343 34769 23 August 22:29 III Crag, Wasdale Head Hill Walking (Small party) Not reported. Not reported. Party reported becoming lost in mist / dark. Located using their mobile phone and provided with directions for them to walk themselves off the mountain.

Scafell Pike, Wasdale Head

Wasdale (1 x 2hr 30 min).

344 34762 26 August 11:55

Fine, cloudy but dry. Fell top path. Hill Walking (Small party) Subject (M54) reported fallen, injuring his head. Treated at scene and stretchered from the hill. Minor - localised bruising to left side of face. Duddon and Furness (12 x 5hr 25 min); Wasdale (15 x 6hr 15 min); Prestwick SAR Helicopter.

345 34945 26 August 12:59

Wandhope, Crag Hill NY187199 Not reported. Not reported. Hill Walking (Small party) Subject (M60) reported with injured leg. Treated at scene and stretchered to waiting ambulance. Minor - injuries to lower leg. Cockermouth (18 x 4hr 40 min).

346 35074 26 August 16:00

Dufton, Appleby Fine/Dry. Dry grass. Pony Trekking (Alone) Rider (F) reported fallen from horse. Treated at scene; no further details. Minor - head injuries. Kirkby Stephen (8 x 1hr 0 min).

347 35111 26 August 17:06 Wetherlam. Coniston Fells Dry, cloudy. Rocky, stony. Hill Walking (Small party) Subject (F43) slipped on greasy rock, injuring ankle. Treated at scene and airlifted from the hill. Minor - sprained ankle.

Coniston (16 x 3hr 15 min); Caernarfon SAR Helicopter.

348 34811 26 August 22:10 Angerton Marsh, Kirkby in Furness SD224826 W light dry clear cool dark. Level damp muddy. Search - Non-mountain (Small party) Party (2xM) reported lost and stranded on marsh. Located and escorted to safety. Duddon and Furness (20 x 1hr 4 min).

349 34778 27 August 09:41 Slape Crag, Barf, Thornthwaite NY216266 Not reported. Not reported. Hill Walking (Small party) Party of two (2xM) reported themselves cragfast. Secured and roped to safer ground; escorted from the hill. Keswick (10 x 1hr 53 min).

350 34824 27 August 13:17 Striding Edge, Helvellyn

Not reported. Not reported. Hill Walking (Small party) Subject (M54), slipped while walking on narrow ridge and fell approx 200m. Pronounced dead at scene after efforts to resuscitate failed; body recovered for Coroner's officer. Fatal - no details supplied.

Patterdale (1 x 2hr 30 min); Penrith (7 x 2hr 30 min); Prestwick SAR Helicopter.

Esk Hause, Central Fells

Hill Walking (Small party)

NY235083

NY221056

NY690251

NY287011

NY3460015000

NY22220772

351 35056 27 August 13:45

Light dry low cloud mild. Moderate dry stony track. Mountain Biking (Small party) Rider presented himself after crash on his mountain bike, sustaining a leg injury. Treated at base and advised to seek hospital treatment. Minor - deep laceration(s) to lower leg. Patterdale (2 x 1hr 0 min).

Patterdale

352 34767 27 August 16:14

Not reported. Not reported. Search - Mountain Reports of repeated whistles in the area. Investigated on site but nothing further heard; false alarm with good intent.

Lingmell, Wasdale Head

Wasdale (2 x 5hr 10 min).

353 35055 27 August 20:01 Helvellyn

Dry low cloud mild dark. Not reported. Hill Walking (Family group) Party of two (M, F), father and daughter, reported overdue on walk. Turned up safe and well while mobilising; they had been delayed by hill fog. Patterdale (8 x 1hr 10 min).

354 34799 28 August 13:20 Rydal Cave, Loughrigg Fell Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped on wet ground, injuring her leg. Treated at scene and stretchered off the hill. Serious - fracture/dislocation of ankle. Langdale Ambleside (12 x 2hr 0 min).

355 34822 28 August 15:30 Striding Edge, Helvellyn NY3467114974 Not reported. Not reported. Hill Walking (Small party) Subject (M) fell 50m while walking on a narrow ridge. Stretchered from scene to location where helicopter could land. Serious - no details supplied. Patterdale (1 x 3hr 30 min); Penrith (11 x 3hr 30 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter.

356 34823 28 August 16:27

Townhead Farm, Ousby Not reported. Not reported. Sheep reported stuck on rocks near farm. Retrieved without loss or injury. Penrith (6 x 3hr 0 min).

357 34798 28 August 18:04

Hill Walking (Small party) Not reported. Not reported. Subject (M) reported collapsed with chest pain. Assessed at scene and transferred to waiting ambulance. Minor - chest pain/discomfort. Langdale Ambleside (9 x 1hr 0 min).

Wansfell, Ambleside

358 34777 28 August 19:23

Not reported. Not reported.

A family group of four, including a child, reported themselves in difficulties, lost in thick mist. Located and led to safety off the hill. Keswick (3 x 3hr 0 min).

Cam Spout, Eskdale

359 34763 29 August 18:08

Fine. Open fellside.

Subject (F) reported fallen, injuring her head. Treated at scene and airlifted to hospital prior to MR arrival. Minor - head injuries.

Duddon and Furness (20 x 4hr 4 min); Wasdale (21 x 3hr 45 min); NW Ambulance Helicopter (Barton); Prestwick SAR Helicopter.

360 34944 29 August 19:53

Not reported. Not reported. Hill Walking (Small party) Subject (M55) reported taking a tumbling fall of 20-30ft while descending. Treated at scene and stretchered to waiting ambulance. Minor - injuries to head and lower leg. Cockermouth (21 x 2hr 0 min).

Sourmilk Ghyll, Buttermere

Sty Head, Seathwaite Fell

Hill Walking (Small party)

NY217059

NY172162

Hill Walking (Small party)

NY63663406

NY378039

NY219094

Animal Rescue

NY341151

NY21030931

NY3414815146

361 34764 29 August 21:08

Fine. Fellside stream.

Subject (M24) fell into stream and injured his ankle. Located and airlifted to Wasdale Head by SAR helicopter. Minor - hypothermia (I-II) mild/moderate: strained left ankle. Wasdale (21 x 3hr 15 min); Prestwick SAR Helicopter.

Brown Tongue, Scafell Pike

Cartmel Race Course, Cartmel

362 34765 30 August 17:46

Fine. Fell path. Hill Walking (Family group) Subject (F41) fell and injured her leg. Treated at scene and evacuated by stretcher to ambulance. Serious - simple closed fracture of tibia and fibula.

Wasdale (19 x 3hr 15 min).

363 34920 31 August 09:45

Not reported. Not reported. Local Incident Subject (F86) reported with knee injury. Treated at scene and evacuated to ambulance. Duddon and Furness (12 x 2hr 15 min); Kendal (5 x 2hr 0 min).

September

365 34876 1 September 18:00

Glenridding, Ullswater NY3884017180 364 35053 1 September 00:00 Not reported. Not reported. Water Sport (all types) (Alone) Man, believed to be intoxicated, reported to have entered the lake. Stood down assembling when informed man had regained the shore and was met by police and ambulance crew. Patterdale (8 x 1hr 0 min).

Local Incident (Medium party) Fine. Wet. Subject (M) fell from rocks into lake. Treated at scene and evacuated to air ambulance by stretcher. Serious - drowning.

Peel Island, Coniston Water

Coniston (13 x 2hr 0 min); Gt North Ambulance Helicopter (Cumbria).

366 34791 1 September 18:05 **Overbeck Bridge, Wast Water** NY1750006700 Calm dry clear warm bright. Not reported. Water Sport (all types) (Alone) Swimmer reported missing in lake. Subject later confirmed safe and well, having made own way to vouth hostel.

Wasdale (14 x 0hr 45 min).

367 34979 1 September 18:32 **River Kent, Natland**

Dry clear mild dusk. Not reported.

Search - Non-mountain (Alone) Subject (M41) reported missing from home. Police requested search of river in region of sightings. Search operation was called off when he returned home.

Duddon and Furness (11 x 3hr 49 min); Kendal (9 x 4hr 30 min); Kendal (2 x 3hr 30 min).

368 35052 2 September 11:52 Birkfell Earth, Ullswater NY402187 Calm dry cloudy cool. Undulating stony footpath. Hill Walking (Small party) Subject (F60), walking with daughter, reported becoming dizzy and falling, injuring her leg. Treated at scene, transported back to shore by boat and then ambulance transfer to hospital. Minor - deep laceration(s) to lower leg; faint (vaso-vagal). Patterdale (15 x 3hr 0 min).

369 34943 2 September 14:01 Scale Beck, Buttermere

Not reported. Not reported. Subject (F70) reported unable to continue due to blackouts. Assessed at scene and stretchered to waiting ambulance. Minor - no details supplied. Cockermouth (16 x 2hr 40 min).

370 34978 2 September 19:00 Grey Crag, Longsleddale

NY495069 Light dry clear mild bright. Moderate boggy moorland. Hill Walking (Family group) Subject (F65) reported fallen onto outstretched hand. Treated at scene and assisted to walk down to valley. Minor - simple closed fractured right wrist. Kendal (8 x 4hr 0 min).

Tongue, Eskdale

Hill Walking (Small party)

NY230073

NY192073

SD376786

SD511891

NY152173

Hill Walking (Small party)

SD295916

371 34792 3 September 14:51

Not reported. Not reported. Hill Walking (Alone) Subject (M73) reported struggling to make progress and possibly cragfast. Stood down responding when informed he had made it safely off the hill. Wasdale (10 x 3hr 40 min).

372 34977 3 September 23:23 III Bell, Kentmere

Light drizzle poor mild dark. Moderate damp stony ridge. Hill Walking (Small party) Party of two (M22) reported separated on 'Wainwright Memorial Walk'. One located by police on road. The other was located using his mobile phone; rewarmed, fed then escorted to safety. Kendal (7 x 6hr 30 min).

373 34976 4 September 10:13 Dockwray Industrial Estate, Kendal SD515936 Local Incident

Not reported. Not reported. Ambulance service requested Autopulse equipment for male in cardiac arrest, CPR in progress. Stood down on arrival when informed casualty confirmed deceased.

Kendal (3 x 0hr 30 min).

374 34844 4 September 12:15 Greenup Edge, Far Easedale NY290105 Showers mild dull. Steep stony footpath. Hill Walking (Small party) Subject (F60) fell and sustained injuries. Treated at scene and evacuated by air ambulance for hospital transfer. Serious - injuries to head and neck.

Keswick (11 x 5hr 42 min); Langdale Ambleside (10 x 5hr 0 min); Caernarfon SAR Helicopter.

375 34843 5 September 13:08 Loughrigg, Rydal

Not reported. Not reported. Hill Walking (Small party) Subject (F) suffered an ankle injury following a slip. Treated at scene and evacuated from the hill. Minor - injuries to lower leg.

Langdale Ambleside (11 x 2hr 0 min).

376 34774 6 September 13:38 **Browncove Crags, Helvellyn** NY329159

Not reported. Not reported. Hill Walking (Small party) Subject (M) fell, injuring his leg. He managed to limp guite a long way down the path. Treated at scene and stretchered off the hill. Serious - injuries to lower leg. Keswick (13 x 1hr 55 min).

377 34773 6 September 15:14 Halls Fell Ridge, Blencathra NY324275

Not reported. Not reported. Hill Walking (Small party) Subject (F70) reported cragfast in the upper section of the ridge and was unable to move. Secured, recovered to safer ground and escorted off the hill. Keswick (13 x 2hr 22 min).

378 34842 6 September 15:34 Loughrigg, Elterwater

Not reported. Not reported. Hill Walking (Small party) Subject (F) reported with leg injury. Treated at scene and evacuated by stretcher. Minor - simple closed fractured ankle.

Langdale Ambleside (12 x 2hr 0 min).

Rain cloudy cold dull. Moderate boggy. Hill Walking (Small party) Elderly subject (M) reported cold and unwell. Assessed at scene and airlifted to hospital. Minor - no details supplied.

Far Easedale, Grasmere

Gavel Neese, Great Gable

Kendal (8 x 3hr 0 min); Langdale Ambleside (11 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria).

380 34793 9 September 13:45

379 34841 7 September 15:20

Fine dry. Fellside path wet. Hill Walking (Small party) Subject (F50) fell on wet rock, injuring her lower leg. Treated at scene and evacuated by stretcher to ambulance at roadhead. Minor - sprained left ankle Wasdale (16 x 3hr 30 min).

Jubilee Bridge, Eskdale

NY435078

NY210005

NY344056

NY351046

NY295103

381 34877 9 September 13:54

Fair. Rough track. damp. Subject (F59) slipped while walking. Treated at scene and stretchered to ambulance. Serious - no details supplied. Coniston (14 x 2hr 19 min).

Coffin Trail, Belle Grange, High Wray

382 34942 10 September 00:50 Pillar Rock, Ennerdale NY172123 Not reported. Not reported. Rock Scrambling (Small party) Climber reported cragfast during descent after finishing their climb. Assisted back to summit and escorted party off the hill. Cockermouth (12 x 7hr 0 min).

383 35051 10 September 14:29 Hallinhag Wood, Sandwick NY4285020145 Showers cloudy mild. Undulating rough stony footpath. Hill Walking (Small party) Subject (M67) slipped down a bank, injuring his knee, unable to weight bear and ascend bank. Treated at scene and stretchered to the boat for transfer to Glenridding and ambulance to hospital. Minor - damage to knee ligament. Patterdale (12 x 3hr 22 min).

384 34794 10 September 15:35 **Pier's Gill, Lingmell**

Rain. Open fellside and path. Hill Walking (Working party) Subject (F27) reported unable to continue walk due to pain from previous hip injury. Treated at scene and helped to descend to head of valley. Wasdale (20 x 4hr 30 min).

385 34795 11 September 12:01 Barf, Thornthwaite

Wet. Wet slipperv. Walker reported his dog cragfast at bottom of a crag and could not safely retrieve it. Accessed and roped dog to safe ground. Keswick (9 x 1hr 19 min).

386 34840 11 September 17:05

Not reported. Not reported. Hill Walking (Small party) Subject (F) fell around 5m, injuring her head. Treated at scene and evacuated from the hill. Minor head injuries.

Rydal Cave, Loughrigg Fell

Langdale Ambleside (13 x 1hr 30 min).

387 34796 11 September 18:59 Dovenest Crag, Combe Gill NY253116 Dry. Wet underfoot. Rock Climbing - roped (Small party) Climber (F25) fell into a narrow gap in rock, became wedged and unable to remove herself. Extracted from the crevice using a pulley system and walked off the hill. Keswick (19 x 3hr 2 min); Prestwick SAR Helicopter.

388 35073 12 September 17:00

Road Traffic Collision (Small party) Drv. Damp grass. Car reported left road and went down steep embankment into beck. Occupants extracted by fire service: stood down on arrival.

Cotegill Bridge, Aisgill

Kirkby Stephen (13 x 1hr 0 min).

389 35050 12 September 18:28 High Dodd, Boardale

Strong heavy rain low cloud cool. Moderate very wet grassy slope. Hill Walking (Large party) Subject (F15) slipped on wet grass and injured her ankle, unable to self-rescue due to poor weather. Stood down responding when informed that group had got everybody down safely; instructors would take injured party to hospital. Minor - painful/uncomfortable ankle. Patterdale (10 x 2hr 0 min).

390 34839 13 September 15:03 Stickle Ghyll, Gt Langdale

Rain cool dull. Steep slippery stony footpath. Hill Walking (Small party) Subject (F) reported with a leg injury. Treated at scene and stretchered from the hill. Serious simple open fractured ankle.

Langdale Ambleside (10 x 2hr 0 min).

NY215260

Animal Rescue

NY214086

NY355055

SD774969

NY417182

NY295064

SD384988

Hill Walking (Medium party)

391 34838 13 September 16:48

Not reported. Not reported. Hill Walking (Small party) Subject (M) reported with a knee injury. Treated at scene and evacuated from the hill. Minor - knee iniuries.

Brant Fell, Bowness on Windermere

Kendal (8 x 2hr 30 min); Langdale Ambleside (7 x 1hr 0 min).

392 34837 14 September 13:44 Easedale Tarn, Grasmere NY304086 Not reported. Not reported. Hill Walking (Small party)

Subject (F) reported with a back injury. Treated at scene and airlifted to hospital. Minor - back iniuries.

Langdale Ambleside (12 x 4hr 0 min); Gt North Ambulance Helicopter (Cumbria).

393 34941 14 September 16:02 Warnscale Beck, Buttermere NY205133

Not reported. Not reported. Hill Walking (Small party) Subject (M50) reported with injured leg. Treated on the hill and stretchered to valley bottom; taken to hospital by companions. Minor - lower leg injuries. Cockermouth (17 x 3hr 0 min).

394 34836 15 September 13:38 Stickle Tarn, Gt Langdale NY288076

Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped, sustaining a lower leg injury. Treated at scene and evacuated from the hill. Minor - lower leg injuries.

Langdale Ambleside (12 x 3hr 0 min).

395 34835 15 September 16:22

	me Buna,	Domich				210001
Not reported. Not reported.				Hill W	/alking (Sma	ll party)
Subject (F) reported with head and arm	injury after	slipping.	Treated	at scene	and evacuation	ed from
the hill. Minor - injuries to head and lowe	er arm.					

The Band Bowfell

Langdale Ambleside (1 x 2hr 0 min).

396 34797 16 September 16:42 Windy Gap, Great Gable NY214105 Not reported. Not reported. Hill Walking (Small party) Subject (M60) fell and hit his head, and injured his hand. Treated at scene and airlifted to hospital. Serious - complicated open fracture of finger/thumb; head injuries. Keswick (10 x 3hr 30 min); NW Ambulance Helicopter (Preston).

397 35049 16 September 18:28 Scandale Pass. Red Scress NY3921109712 Fresh heavy rain cloudy cool dark. Moderate wet stony. Hill Walking (Large party) Party (F40, 2xM40) reported benighted with one member nursing a pulled muscle. Located and escorted off the hill; it later transpired that this and another group had become disorientated after separating from a large (76 in number) group, leader was unaware of these events. Patterdale (8 x 5hr 0 min). Grisedale Tarn, Seat Sandal NY349117

398 34834 16 September 20:38

Not reported. Not reported. Hill Walking (Small party) Party of two reported themselves lost, benighted without a map. Quickly located and escorted from the hill.

Langdale Ambleside (10 x 2hr 0 min); Patterdale (6 x 1hr 0 min).

399 35047 17 September 12:30 Aira Force, Dockray

Not reported. Not reported.

Subject (F56) reported suffering a seizure at a popular beauty spot; requested to assist ambulance service with patient evacuation. Treated at scene and stretchered to waiting ambulance. Serious seizure (epilepsy).

Patterdale (7 x 1hr 30 min).

400 34940 18 September 14:45 Ling Comb, Buttermere

Not reported. Not reported.

Subject (M) reported unwell on rough steep ground. Assessed at scene and airlifted to hospital. Minor - no details supplied.

Cockermouth (17 x 5hr 15 min); Prestwick SAR Helicopter.

NY3997021100 Hill Walking (Small party)

NY161160 Hill Walking (Small party)

NY270057

SD407965

401 34833 19 September 14:42 Far Easedale, Grasmere Common

Rain foggy cold dull. Moderate grassy footpath. Hill Walking (Small party) Elderly subject (M) reported cold and exhausted. Assessed at scene and airlifted to hospital. Serious – mini-stroke (TIA).

Langdale Ambleside (10 x 3hr 30 min); Unknown Civilan Aircraft.

402 34939 20 September 15:13 Fleetwith Edge, Fleetwith Pike NY201144 Not reported. Not reported. Hill Walking (Small party) Subject (M) reported tripped and fallen. Met in Buttermere village having made their own way off the hill; assessed and handed over to ambulance crew. Minor - injuries to shoulder and face. Cockermouth (2 x 2hr 0 min).

403 34973 21 September 18:22 Prickley Fell, Sparrowmire Lane, Kendal SD514938 Calm dry clear mild bright. Not reported. Local Incident Subject (M13) reported fallen from rope swing and access reported as difficult. Stood down on arrival when informed that subject had been helped to road and transported to hospital. Kendal (6 x 0hr 30 min).

404 34832 23 September 11:40 Loughrigg, Ambleside

Dry cloudy mild dull. Moderate boggy footpath. Hill Walking (Small party) Subject (F) slipped on damp ground, injuring her leg. Treated at scene and evacuated from the hill. Minor - lower leg injuries.

Langdale Ambleside (1 x 1hr 0 min).

405 35046 23 September 14:53 Sandwick Bay, Ullswater NY426199

Showers cloudy mild dull. Undulating rocky stony footpath. Hill Walking (Family group) Subject (M52) slipped down steps and injured himself. Treated at scene and stretchered him to his car; his family then took him to hospital. Minor - painful/uncomfortable knee. Patterdale (13 x 2hr 19 min); Penrith (13 x 2hr 19 min).

406 34882 23 September 16:16 St Catherines Church, Eskdale NY176002 Fine. Path. Hill Walking (Medium party)

Subject reported collapsed. Assessed at scene then stretchered to awaiting ambulance. Wasdale (10 x 3hr 0 min).

407 34972 23 September 18:35 Golf Course, Sedbergh SD651908

Calm dry cloudy warm dark. Steep loose muddy bank. Hill Walking (Alone) Subject (F60) reported fallen 10-15m down steep banking after collapse of wooden railing on footpath. Secured and treated on scene before extricating by stretcher to road ambulance. Serious - internal injuries to neck/spine, pelvis; cuts and abrasions to left upper arm and right lower leg. Kendal (9 x 4hr 0 min).

408 34883 23 September 18:39 Boat How, Eskdale Moor

Fine. Rough terrain.

Subject reported collapsed due to intoxication. Party met and escorted off the hill. Wasdale (15 x 4hr 0 min).

409 34884 23 September 18:40 Hollow Stones, Scafell

Hill Walking (Small party) Fine. Not reported. Party of two (M, F) reported themselves lost because of their inability to navigate. Located at Brackenclose. Duddon and Furness (15 x 7hr 15 min); Wasdale (15 x 7hr 15 min).

Big Hill, Coniston Old Man

410 34878 23 September 18:45

Dry. Stony track. Subject (M26) reported feeling unwell. Evacuated down to valley for assessment. Coniston (11 x 2hr 0 min).

Hill Walking (Small party)

NY367043

NY201069

NY177029

SD287974 Hill Walking

Scafell Pike 411 34885 23 September 22:18

Fine. Rockv. Hill Walking (Small party) Party of two (M33, M37) reported themselves lost due to their inability to navigate. Party accompanied to Wasdale Head by MIC Guide. Wasdale (16 x 3hr 30 min).

412 35045 24 September 14:38 **Scalehow Wood, Sandwick** Not reported. Not reported. Hill Walking (Small party) Subject (M65) reported fallen on path and injuring his knee. Treated at scene and transferred to hospital by ambulance. Serious - painful/uncomfortable knee. Patterdale (14 x 1hr 30 min).

413 34831 24 September 15:09 Ivy Crag, Loughrigg Fell NY352045

Not reported. Not reported. Hill Walking (Small party) Subject (F) slipped on damp ground. Treated at scene and evacuated by stretcher. Minor - no details supplied.

Langdale Ambleside (13 x 2hr 30 min).

414 34971 24 September 18:08 Kendal Castle, Kendal SD522924 Calm dry clear warm bright. Not reported. Local Incident Subject (M12) reported injured on steep grass after doing back flip off wall and hit head. Treated at scene and evacuated to road ambulance. Kendal (13 x 1hr 30 min).

415 34830 26 September 11:41 Side House, Gt Langdale NY29560604 Dry clear warm dull. Moderate stony footpath. Hill Walking (Small party) Elderly subject (F) slipped and fell, sustaining a head injury. Treated at scene and evacuated from the hill. Minor - head injuries. Langdale Ambleside (15 x 2hr 0 min).

416 34829 27 September 10:16 Swinescar Pike, Gt Langdale NY316071 SW fresh dry clear mild bright. Moderate damp grassy footpath. Hill Walking (Small party) Subject (M) slipped and sustained a leg injury; he had to crawl to get mobile signal. Located, treated at scene and evacuated by stretcher. Minor - simple closed fractured ankle. Langdale Ambleside (14 x 3hr 0 min).

417 34848 29 September 14:24 Base Brown, Seathwaite NY2215711138

Not reported. Not reported. Hill Walking (Small party) Subject (F60) tripped, injured her ankle and was unable to weight bear. Treated at scene and airlifted to hospital. Minor - simple closed fractured ankle.

Keswick (11 x 3hr 0 min); NW Ambulance Helicopter (Preston).

418 34861 30 September 11:25 Millom, W Cumbria

S light dry clear mild dull. Level very wet.

Local Incident Checked residents after flooding following torrential rain. Assistance and advice given to affected residents.

Coniston (3 x 0hr 19 min); Duddon and Furness (13 x 2hr 55 min); Wasdale (6 x 3hr 0 min).

Thornthwaite Forest, Whinlatter 419 34847 30 September 14:55 NY212239

Not reported. Not reported. Mountain Biking (Small party) Rider (M38) fell from his mountain bike sustaining a head injury. Stood down on arrival as ambulance crew had dealt with the casualty. Serious - head injuries. Keswick (13 x 1hr 30 min).

420 34859 30 September 18:45 Cark Airfield, Flookburgh

S light dry clear cool dusk. Level damp grassy. Local Incident Parachutist reported injured after parachute failure. Treated at scene and stretchered to ambulance. Serious - simple closed fractured tibia. Duddon and Furness (14 x 0hr 55 min).

NY215072

NY4149119102

SD366747

SD174797

421 34858 30 September 19:40

S light dry clear cool dark. Gentle.

Canoeist reported with seizure whilst on the water. Treated at scene and handed over to ambulance crew. Serious - hypothermia (I-II) mild/moderate; seizure (epilepsy). Duddon and Furness (16 x 2hr 0 min).

River Crake, Lowick Bridge

422 34887 30 September 19:49 Piers Gill, Scafell Pike

Clear cool dark. Moderate damp grassy footpath. Hill Walking (Small party) Party became lost whilst descending. Party managed to give enough clues to get rescuers into right place who then found them.

Duddon and Furness (1 x 0hr 45 min); Wasdale (14 x 5hr 10 min).

October

423 34969 3 October 11:40

Calm dry cloudy cool dull. Undulating wet boggy moorland. Hill Walking (Family group) Subject (M65) reported fallen, injuring his leg. Treated at scene and stretchered to road. Minor simple closed fractured right ankle.

Ashstead Fell. Borrowdale

Kendal (11 x 3hr 0 min); Penrith (2 x 0hr 30 min).

424 34909 3 October 13:25 Codale Tarn. Grasmere NY297088

Fresh dry cloudy mild dull. Moderate waterlogged boggy moorland. Hill Walking (Small party) Subject (F70) reported with an ankle injury. Treated at scene and evacuated by stretcher. Minor lower leg injuries.

Langdale Ambleside (10 x 5hr 0 min).

425 34846 4 October 11:12 Shepherds Crag, Grange

Heavy rain. Slippery. Hill Walking (Small party) Subject (M) reported feeling unwell, possible IBS side effects. Assessed at scene and was stretchered off to a waiting ambulance. Serious - abdominal pain/discomfort. Keswick (10 x 1hr 28 min).

426 34879 5 October 14:18 Elder Ghyll, Hawkshead

SD352967 Dry, sunny. Muddy, wet grass. Hill Walking (Small party) Subject (F65) slipped on muddy grassy slope. Treated at scene and evacuated to ambulance at roadhead. Serious – no details supplied. Coniston (8 x 1hr 45 min).

427 34968 7 October 10:38 Scout Scar, Kendal

Light showers cloudy cool dull. Not reported. Search - Non-mountain (Alone) Vulnerable (M36) reported missing from home. Search operation was inconclusive until a body was found by member of public in River Kent later that day. Fatal - drowning. Duddon and Furness (11 x 5hr 45 min); Kendal (13 x 8hr 30 min); LDMR Search Dogs Assoc (3 x 8hr 30 min).

428 34908 7 October 14:11

NW fresh showers cloudy cool bright. Moderate grassy footpath. Fell Running (Alone) Subject (M) found with a head injury by a passerby. Met descending, assessed and assisted from the hill. Minor - head injuries.

Raise Beck, Dunmail Raise

Lingmell Gill, Scafell Pike

Langdale Ambleside (9 x 2hr 0 min).

429 34888 7 October 14:29

Wet and windy. Rocky path.

Search - Mountain Following a report of a fall, a search was conducted. Search and related checks were inconclusive; false alarm good intent.

Cockermouth (1 x 2hr 0 min); Wasdale (11 x 2hr 0 min).

NY262185

SD487919

NY343120

NY196074

NY214085

NY556029

SD295863

Water Sport (all types)

Climbers Traverse, Great Gable

High Street, Bampton Common

Not reported. Not reported. Rock Climbing - roped (Small party) Climber (M36) reported fallen. Treated at scene and assisted off the hill. Serious - simple closed fractured arm.

Subject (F80) collapsed while out with a walking group; CPR started. Declared dead at scene by

doctor and body removed from the hill for the Coroner's officer. Fatal - no details supplied.

Duddon and Furness (14 x 1hr 10 min); Wasdale (7 x 1hr 43 min); NW Ambulance Helicopter (Preston).

433 35044 8 October 16:34 Deepdale Park, Hartsop

Light dry clear cool. Firm gravel footpath.

Subject (F), walking with family, slipped and fell, injuring her ankle and unable to walk. Treated at scene and transported to road from where family drove her to hospital. Minor - stable fractured ankle.

Patterdale (14 x 3hr 0 min).

434 34855 9 October 01:55 **Carter Ground, Broughton Mills** SD228923 SW light dry clear cool dark. Gentle firm grassy track. Local Incident (Alone) Subject (F92) reported fallen in remote homestead. Treated at scene and carried to ambulance. Serious - stable fractured pelvis.

Duddon and Furness (11 x 1hr 45 min).

435 34907 9 October 14:34 Green Bank, Little Langdale NY318032

Showers cloudy cool dull. Not reported. Hill Walking (Small party) Subject (F65) slipped and sustained a leg injury. Treated at scene and evacuated to the road. Minor - injuries to lower leg.

Langdale Ambleside (8 x 2hr 0 min).

436 34880 9 October 14:45 Swirl How, Little Langdale NY298033

Wet, misty on tops. Boggy, stony & rocky in places. Hill Walking (Small party) Party of two reported themselves lost in mist; whilst descending one person slipped and injured herself. Met by local workers and led to safety; assessed by MRT and taken to their campsite. Minor – no details supplied. Coniston (9 x 3hr 15 min).

437 34906 9 October 15:15 Crinkle Crags, Gt Langdale

Showers cloudy cool dull. Not reported. Hill Walking (Small party) Party of three reported lost on ridge. Location established, given instructions on how to proceed, met and escorted off the hill.

Langdale Ambleside (3 x 4hr 0 min).

438 35043 9 October 18:24 NY4078015750 **Boredale Hause, Patterdale**

Not reported. Not reported. Hill Walking (Small party) Party of three (M80, M67, F70) reported overdue. Stood down as search operation started when informed that group had contacted their hotel to say they were safe and well, and in the wrong vallev.

Patterdale (9 x 2hr 0 min).

430 35090 7 October 18:44

Drv clear mild dark. Not reported. Subject (M) reported lost while searching for his dog in spite of being advised to return to car earlier. Instructed how to proceed to safety, was met and escorted the rest of the way and found the dog in the process.

Penrith (3 x 5hr 30 min).

Not reported. Not reported.

432 34889 8 October 13:05

431 34849 8 October 12:10 **Raven Craq, Thirlmere**

Keswick (13 x 2hr 19 min); Gt North Ambulance Helicopter (Cumbria).

NY3997213897 Hill Walking (Family group)

NY247050

NY304189

NY208099

NY44871381 Hill Walking (Small party)

Hill Walking (Small party)

439 34967 10 October 10:40

443 35095 11 October 18:40

Not reported. Not reported. Hill Walking (Alone) Subject (M41) reported with a fractured ankle, ambulance service requested assistance with evacuation. Stood down on route when informed ambulance crew had managed evacuation. Kendal (6 x 1hr 0 min).

Goodham Scales, Skelsmergh

440 34905 10 October 14:42 Pike Howe, Gt Langdale NY288067 Showers cloudy cool dull. Steep damp stony footpath. Hill Walking (Small party) Subject (M) slipped on damp ground, sustained a leg injury. Treated at scene and evacuated from the hill. Minor - injuries to lower leg.

Langdale Ambleside (14 x 2hr 0 min).

441 35042 10 October 14:49 St Raven's Edge, Kirkstone Pass NY406084 Not reported. Not reported. Hill Walking (Small party) Subject (F21) reported with ankle injury. Treated at scene and stretchered from the hill to a waiting ambulance. Serious - stable fractured ankle. Patterdale (8 x 3hr 30 min).

442 34854 11 October 15:35 Muncaster Bridge, A595 SD112964 SW moderate showers clear cool dull. Not reported. Local Incident Boy reported on board coach in flooding, needing transfer to ambulance. Stood down responding when informed issued dealt with by police. Minor - no details supplied. Duddon and Furness (17 x 0hr 15 min); Wasdale (1 x 0hr 15 min).

Heavy rain dark. Not reported. Local Incident Due to local weather conditions, patient transfer could not return a patient to her home. Deployed a 4x4 to cross flood water and returned patient to her home; completed without incident. Penrith (3 x 3hr 0 min)

Hallbankgate, Brampton

444 34966 13 October 12:05 **Devil's Crag, Barbondale** SD638832 Showers cloudy cool dull. Very wet muddy moorland. Hill Walking (Alone) Subject (F32) reported fallen and injured her leg. Treated at scene and stretchered to ambulance. Minor - simple closed fractured left ankle. Kendal (10 x 3hr 0 min).

445 34850 13 October 18:07 **Corridor Route, Scafell Pike** NY219084 Not reported. Not reported. Hill Walking (Small party) Party reported themselves lost due to thick fog whilst walking. Lost party were given directions over the phone and they subsequently made their own way back to Seathwaite. Wasdale (1 x 5hr 10 min).

446 34881 14 October 11:53 **Tilberthwaite Gill, Yewdale** Dry but cloudy. Wet rock, boulders. Rock Scrambling (Large party) Subject (F) slipped whilst scrambling up wet rock. Treated at scene and evacuated by stretcher. Serious – no details supplied. Coniston (12 x 1hr 40 min).

Not reported. Not reported. Hill Walking (Small party) Subject (F58) slipped and fell, sustaining a leg injury. Treated at scene and stretchered down to roadhead for hospital transfer. Serious - simple closed fractured ankle. Keswick (17 x 2hr 52 min).

Grains Gill, Seathwaite Fell

448 35041 14 October 17:20

447 34919 14 October 12:51

Light dry cool dark. Steep rocky footpath. Hill Walking (Small party) Party of two (2xM) reported themselves lost. Established location from their phone and provided directions to get to safety; they made their own way off the hill and phoned to say they were safe and making their way home. Patterdale (3 x 4hr 15 min).

Hart Crag, Hartsop

NY59265959

NY305010

NY233097

NY368112

SD541972

449 34890 15 October 00:48

Wet. 250' deep ravine.

Subject (M28) reported overdue on a walk in the area. Following an extensive search operation, a body was found in a deep ravine and removed from the hill. **Fatal** - multiple head injuries. Cockermouth (11 x 12hr 0 min); Cockermouth (16 x 7hr 0 min); Coniston (5 x 5hr 0 min); Duddon and Furness (19 x 9hr 0 min); Kendal (7 x 4hr 0 min); Keswick (21 x 6hr 0 min); Kirkby Stephen (8 x 8hr 0 min): Langdale Ambleside (6 x 6hr 0 min): Patterdale (5 x 6hr 0 min): Penrith (7 x 7hr 0 min): RAF Leeming (10 x 8hr 0 min); SARDA (England) (3 x 4hr 0 min); LDMR Search Dogs Assoc (7 x 5hr 0 min); Wasdale (23 x 41hr 0 min); Caernarfon SAR Helicopter.

450 35040 15 October 11:38 **Glencoyne Bay, Ullswater** NY3878018900 Moderate rain cloudy. Not reported. Water Sport (all types) (Alone) Kayaker (M) reported capsized. Retrieved kayaker, his boat and returned both to shore, cold but unhurt.

Patterdale (8 x 1hr 0 min).

451 34938 15 October 13:04 NY108144 Not reported. Not reported. Hill Walking (Small party) Subject (F50) slipped. Treated at scene and stretchered to own car; taken to hospital by companions. Minor - lower leg injuries. Cockermouth (29 x 3hr 0 min).

452 34917 15 October 13:39 Yewthwaite Comb, Catbells NY240191 Not reported. Not reported. Hill Walking (Small party) Subject (F62) reported with leg injury, and was unable to weight bear. Treated at scene and stretchered to vehicle for transfer to road ambulance. Serious - lower leg injuries. Keswick (9 x 2hr 0 min).

453 34916 17 October 10:08 Sty Head, Seathwaite Fell NY2224110126 Very wet and windy, Storm Ophelia. Not reported. Hill Walking (Small party) Subject (M55) reported exhausted near stretcher box, who had been out overnight. Located, assessed and escorted to safety. Serious - hypothermia (I-II) mild/moderate. Cockermouth (10 x 4hr 0 min); Keswick (9 x 3hr 38 min).

454 35093 18 October 07:19 Blencathra, Mungrisdale Common NY32662781 Not reported. Not reported. Hill Walking (Small party) Subject (F11) slipped and injured her ankle while descending a path with a group from a local outdoor centre. Treated at scene and stretchered to roadhead for onwards transport to hospital. Minor - lower leg injuries. Penrith (6 x 3hr 0 min).

455 34915 18 October 14:17 Scales Fell, Blencathra NY327277 Not reported. Not reported. Hill Walking (School/Youth group) Subject (M11) reported with leg injury after he slipped. Treated at scene and stretchered from the hill. Minor - lower leg injuries. Keswick (10 x 3hr 10 min).

456 34914 20 October 15:49 Honister Pass, Seatoller NY247138 Not reported. Not reported. Mountain Biking (Small party) Rider reported fallen from bike, but location was unclear. Stood down when informed that a passing motorist had taken cyclist to local hospital. Keswick (8 x 0hr 40 min).

457 34903 20 October 21:37 Far Easedale, Grasmere NY3246009645 Showers cloudy mild dull. Moderate wet stony forestry. Hill Walking (Small party) Subject slipped and suffered an injury to the leg. Treated at scene and evacuated from the hill. Minor - fracture/dislocation to ankle. Langdale Ambleside (10 x 3hr 0 min).

Piers Gill, Lingmell

Anglers Crag, Ennerdale

Hill Walking (Alone)

Hill Walking (Alone)

Cockermouth (18 x 4hr 30 min); Duddon and Furness (7 x 1hr 10 min); Wasdale (8 x 4hr 30 min).

462 35112 25 October 09:23 Saddlestone Quarries, Coniston Old Man SD280981 Dry, cloudy, Breezy. Slate track. Hill Walking (Small party) Subject (M47) reported collapsed and not breathing. Pronounced dead at scene, stretchered from the hill and handed over to Coroner's officer. Fatal - no details supplied.

463 34901 25 October 14:03 School Knott, Windermere SD4236797478 Dry clear cool dull. Moderate very wet grassy footpath. Hill Walking (Small party) Subject (F) slipped on very wet ground, injuring her leg. Treated at scene and stretchered to roadhead. Minor - simple closed fractured ankle.

464 35003 25 October 14:30 Mireside, Broughton in Furness SD221886 Light dry clear cool bright. Moderate damp muddy forestry. Mountain Biking (Alone) Rider reported injured after being thrown from bike. Treated at scene and stretchered over difficult ground to waiting ambulance then airlifted to hospital. Serious - simple closed fractured femur. Duddon and Furness (14 x 2hr 30 min); NW Ambulance Helicopter (Preston).

465 34934 25 October 17:09 Hassness. Buttermere NY186158 Not reported. Not reported. Fell Running (Small party) Subject (M30) reported to have hit his head in tunnel of lakeside path. Assisted to waiting ambulance. Minor - head injuries.

Cockermouth (22 x 1hr 30 min).

466 34894 25 October 18:19

Dry. Rocky and grassy fellside. Hill Walking (Small party) Party of four (M33, M43, M38, ?) reported lost when met by an Mountain Leadership party. Rendezvoused with groups and accompanied the 'lost' party off the hill. Wasdale (7 x 6hr 0 min).

Tongue, Esk Hause

467 34895 25 October 18:35

Dry. Grassy. Party of three (3xM) reported lost when met by a mountain leader party. Rendezvoused with party and escorted then down to Eskdale. Wasdale (4 x 3hr 49 min).

458 34913 21 October 12:17 Esk Hause, Great End

Not reported. Not reported. Party reported in difficulty when met by a guided group. Located and escorted to safety. Keswick (17 x 3hr 15 min); Wasdale (8 x 2hr 0 min).

459 35037 21 October 13:13

Not reported. Not reported. Hill Walking (Small party) Subject (F60) reported with leg injury after slipping and falling. Treated at scene and stretchered off the hill. Serious - simple closed fractured ankle. Patterdale (14 x 2hr 0 min).

460 34892 21 October 17:24 Long Crag, Scar Lathing, Upper Eskdale NY231059

High Knott, Place Fell

Wet, gale force winds (Storm Brian). Grassy, craggy. Hill Walking (Alone) Subject (M50) reported lost after becoming separated from rest of party. Located by party involved in navigation exercise, rendezvoused and escorted off the hill. Langdale Ambleside (9 x 6hr 0 min); LDMR Search Dogs (4 x 1hr 0 min); Wasdale (5 x 4hr 0 min).

461 34893 24 October 23:00 Low Gillerthwaite, Ennerdale NY127138 Very wet, misty. Path. Subject (M60) reported overdue at local YHA hostel. Located and given lift to hostel.

Coniston (11 x 3hr 15 min); Gt North Ambulance Helicopter (Cumbria).

Langdale Ambleside (9 x 2hr 0 min).

Rest Gill, Eskdale

Hill Walking (Small party)

NY234083

NY4134118765

Hill Walking (Small party)

NY230077

468 34896 26 October 16:04

Clear and dry. Open pasture. Hill Walking (Small party) Subject (M86) slipped and stumbled due to weakness in legs. Assessed at scene and assisted off the hill. Minor - strained ankle. Wasdale (15 x 2hr 30 min).

Christcliff, Boot, Eskdale

469 35105 27 October 09:55 **Brim Fell Slopes, Coniston Fells** SD272983

Dry, sunny. Rocky/scree slopes. Hill Walking (Small party) Subject (M39) slipped off ridge. Treated at scene and airlifted to hospital. Serious - simple closed fractured scapula; multiple injuries. Coniston (1 x 4hr 15 min); NW Ambulance Helicopter (Preston); Prestwick SAR Helicopter.

470 34912 27 October 15:35 **Grisedale Pike, Whinlatter** NY205240

Not reported. Not reported. Hill Walking (Small party) Subject (F50) slipped on a muddy path, sustaining a leg injury. Treated at scene and stretchered from the hill to a waiting ambulance. Serious - simple closed fractured ankle. Keswick (15 x 1hr 36 min).

471 34900 28 October 12:05 Cold Pike, Wrynose NY256037 Variable showers hill fog cold dull. Moderate boggy moorland. Fell Running (Organised event) Competitor (M) reported with shoulder injury. Treated at scene and evacuated from the hill. Minor dislocated shoulder (glenohumeral).

Langdale Ambleside (14 x 5hr 0 min).

472 34911 28 October 13:26 Langstrath, High Raise Not reported. Not reported. Hill Walking (Organised event)

OMM competitor (M32) fell descending from High White Stones. Treated at scene and stretchered to the roadhead for a hospital transfer. Serious - simple closed fractured ankle. Keswick (15 x 4hr 20 min).

Howtown. Ullswater

473 35036 28 October 13:39

Not reported. Not reported. Boat with five occupants reported with engine failure and drifting away from shore. Stood down when arranged for Outward Bound boat to divert to dealt with incident. Patterdale (4 x 0hr 28 min).

474 35039 28 October 15:32 Fairfield, Grisedale NY366114 Strong rain hill fog cool dull. Steep rough stony. Hill Walking (Small party)

Party of two (M26, F) reported lost in mist, both scared as very windy and wet. Met by other walkers who escorted them until met by rescue party who brought them off the hill. Patterdale (8 x 4hr 30 min).

475 34933 29 October 13:11 Loweswater Hall, Loweswater

Not reported. Not reported. Hill Walking (Small party) Subject (F) reported injured following a slip. Treated at scene and stretchered to ambulance. Minor - lower leg injuries.

Cockermouth (12 x 1hr 0 min).

Wrynose Bridge, Pike of Blisco 476 34899 29 October 15:30 NY280035 NE moderate dry clear cold dull. Steep waterlogged grassy footpath. Hill Walking (Small party) Subject (F) slipped on waterlogged ground and sustained an ankle injury. Treated at scene and evacuated from the hill. Minor - lower leg injuries. Langdale Ambleside (10 x 2hr 0 min).

477 34898 31 October 13:03 Wrynose Pass, Lt Langdale NY285034 Not reported. Not reported. Road Traffic Collision (Small party) Requested to assist making passengers safe after their car rolled off road. Completed without further incident.

Langdale Ambleside (6 x 1hr 30 min).

NY269101

NY3910018100

Water Sport (all types) (Small party)

NY120223

478 34897 31 October 18:06 Middleboot Knotts, Scafell Pike Rain, Low cloud, Steep fellside.

Party reported benighted and stuck in darkness. Location established using SARLoc, rendezvoused with party and escorted off the hill. Wasdale (19 x 2hr 19 min); Wasdale (5 x 7hr 45 min).

November

479 34910 1 November 13:45 Calf Close Bay, Derwent Water

Dry. Gravel. Fell Running (Small party) Subject (M34) fell on uneven ground while running on the lake shoreline. Treated at scene and stretchered to a waiting ambulance. Serious - simple closed fractured tibia. Keswick (16 x 0hr 57 min).

480 34984 3 November 11:07 Hampsfell, Grange

Light dry cloudy cool dull. Gentle damp grassy footpath. Hill Walking (Small party) Subject (M70) reported fallen from stile. Treated at scene and evacuated by stretcher to ambulance. Minor - neck damage/pain; localised bruising left hip; laceration(s) to right head. Duddon and Furness (14 x 3hr 4 min); Kendal (7 x 3hr 30 min).

481 35128 3 November 11:49 Hardknott, Eskdale NY217012

Mountain Biking (Medium party) Not reported. Not reported. Rider thrown from road bike descending steep mountain pass. Stood down when informed injured party had been collected by passing van that was meeting up with an ambulance.

Wasdale (11 x 0hr 30 min).

482 35071 4 November 10:40 **Orton Fell, Gt Asby** NY649119

Good. Good.

Dog reported fallen down shake hole 6m deep. Retrieved without loss or injury. Kirkby Stephen (8 x 2hr 0 min).

483 34959 5 November 14:54 Butter Crag, Grasmere

Dry clear cold bright. Steep wet grassy footpath. Hill Walking (Small party) Subject (M) slipped. Treated at scene and stretchered from the hill. Minor - simple closed fractured ankle.

Langdale Ambleside (16 x 2hr 0 min).

484 35070 7 November 17:00 Brownber Hill, Dufton NY711274

Dry/Cold. Damp, loose scree. Sheep reported stuck on ledge. Retrieved without loss or injury. Kirkby Stephen (15 x 3hr 0 min).

485 34983 8 November 20:15 Ghyll Head, Windermere

Light drizzle misty cool dark. Undulating wet boggy woodland. Search - Non-mountain (Alone) Vulnerable (F44) reported lost. Found unhurt but cold and confused; taken to hospital as a precaution.

Kendal (21 x 4hr 19 min); LDMR Search Dogs Assoc (1 x 4hr 19 min).

486 34957 10 November 10:53 Todd Crag, Clappersgate

Hill Walking (Small party) Not reported. Not reported. Subject (F76) reported feeling dizzy and unwell while ascending the hill. Treated at scene and recovered off the hill.

Langdale Ambleside (15 x 2hr 0 min).

487 35001 10 November 20:10 Moor Cottages, Millom

Light dry clear cool dark. Level wet gravel track. Local Incident Subject (F85) reported fallen in house; requested to assist ambulance service. Treated at scene and stretchered to ambulance. Serious - dislocated left shoulder (glenohumeral). Duddon and Furness (15 x 2hr 19 min).

Animal Rescue

NY346083

Animal Rescue

SD399928

SD168797

NY364037

NY213082 Hill Walking (Small party)

NY270213

SD398792

488 34932 12 November 15:04

Hill Walking (Small party) Not reported. Not reported. Subject (F70) reported fallen and suffered serious injuries; precise location confused. Confusion resolved, treated at scene and evacuated by air ambulance. Serious - myocardial infarct. Keswick (22 x 2hr 19 min); Gt North Ambulance Helicopter (Cumbria).

Hogs Earth, Ashness Fell

489 35130 12 November 16:46 Brown Tongue, Scafell Pike NY197073 Fine. cold. Path. Hill Walking (Small party)

Party of two (F26, M27) reported exhausted and unable to continue in the dark. Met descending and escorted off the hill to safety. Wasdale (5 x 3hr 30 min).

490 34958 13 November 19:56 **Rossett Ghyll, Gt Langdale** NY251073

Fresh rain foggy cool dark. Steep stony moorland. Hill Walking (Alone) Subject (M) reported lost and disorientated. Located and escorted from the hill. Langdale Ambleside (4 x 4hr 0 min).

491 35126 14 November 14:56 Low Fell, Loweswater

Not reported. Not reported. Occupational (Alone) Farmer reported to have slipped and fallen well away the road. Treated at scene and stretchered to waiting ambulance.

Cockermouth (19 x 2hr 0 min).

492 35125 14 November 19:17 Ennerdale Forest, Ennerdale

Not reported. Not reported. Subject (M67) reported lost in mist. Located and escorted off the hill. Cockermouth (9 x 4hr 0 min).

493 35069 16 November 19:25 Great Knipe, Stainmore

Cold/wet. Wet/muddy.

Occupational (Alone) Farmer reported overdue. Located quickly whilst search teams were deploying; he had been delayed when quad bike became stuck in mud. Kirkby Stephen (20 x 0hr 19 min).

494 35000 18 November 18:30 Pillar, Mosedale

Not reported. Not reported. Hill Walking (Small party) Subject (M) reported stumbled and fallen whilst descending a gill. Managed to continue until met, treated and stretchered remaining way off the hill. Duddon and Furness (12 x 4hr 49 min); Wasdale (16 x 6hr 36 min).

495 34956 19 November 17:45 Silver How, Grasmere

Showers cloudy cool dark. Moderate footpath. Hill Walking (Small party) Party of two (M, F) reported themselves lost and benighted. Located and led to safety. Langdale Ambleside (7 x 3hr 0 min).

496 34955 22 November 18:43

Heavy rain cloudy cool dark. Very wet. Road Traffic Collision (Small party) Requested to assist recovery of people from car sinking in flood. Occupants recovered to drier ground and other vehicles checked. Langdale Ambleside (7 x 2hr 0 min).

Windermere A592

497 34931 24 November 12:24

Cold dry clear. Wet. Hill Walking (Small party) Subject (F50) slipped on wet grass, suffered an ankle injury and reported unable to weight bear. Treated at scene and stretchered down to roadhead. Serious - lower leg injuries. Keswick (13 x 2hr 0 min).

Cat Gill, Walla Crag

NY269181

NY145232

NY867144

NY1763311448

NY3251607372

SD392927

NY274209

NY173133

Hill Walking (Alone)

498 35133 25 November 01:20

Not reported. Not reported. Hill Walking (Alone) Subject reported overdue. Initial search tasks conducted overnight but concluded when informed person had contacted relative from campsite. Wasdale (10 x 0hr 30 min).

Scafell Pike

499 34930 25 November 14:02 **Blease Fell, Blencathra** NY304263

Wet snow strong NW. Very muddy, snowy & slippery. Hill Walking (Winter) (Small party) Subject (F35) slipped on wet grass, injuring her leg. Treated at scene and airlifted to hospital. Minor - lower lea injuries.

Keswick (17 x 1hr 55 min); Gt North Ambulance Helicopter (Cumbria).

500 34954 26 November 17:45 NY327094 Helm Crag, Grasmere

SW fresh heavy rain cloudy cold dark. Very wet muddy moorland. Hill Walking (Small party) Party of two (M, F) reported benighted and lost. Located and escorted to safety. Langdale Ambleside (8 x 4hr 30 min).

501 34953 28 November 15:30 **Brant Fell, Windermere**

Dry clear cool dusk. Steep very wet grassy footpath. Hill Walking (Small party) Subject (M74) slipped on wet ground. Treated at scene and stretchered off the hill. Minor - knee iniuries.

Langdale Ambleside (10 x 2hr 0 min).

502 34952 28 November 20:41 Nab Scar, Rydal

Dry clear cold starlight. Not reported.

Search - Mountain (Small party) Requested to investigate a report of flashing lights. Nothing untoward found: false alarm good intent.

Langdale Ambleside (2 x 1hr 0 min).

503 34999 29 November 02:55 Harlock Farm, Pennington SD253803 Not reported. Not reported. Local Incident Request to assist ambulance stuck on ice with patient on board. Stood down responding, no longer required.

Duddon and Furness (11 x 0hr 4 min).

504 35104 30 November 14:37 Hen Crag, Wetherlam NY294008 Dry, sunny, very cold and windy. Hillside. Search - Mountain Report of cries for help heard on hillside. Stood down when established it was farmer herding sheep. Coniston (10 x 0hr 30 min).

505 35132 30 November 18:01 Brotherikeld, Eskdale

Fine, very cold. Farmyard.

Local Incident Report of calls and whistles heard. Investigation found nothing untoward; false alarm good intent. Wasdale (18 x 2hr 0 min).

December

506 35035 2 December 13:35 Hole-in-the-Wall, Helvellyn Light dry clear cold bright. Moderate frozen icy footpath.

Hill Walking (Winter) (Small party) Subject (M71) slipped on ice while climbing stile, banging his head. Treated at scene and stretchered from the hill. Minor - head laceration(s). Patterdale (12 x 3hr 30 min).

507 34963 2 December 16:08 **Grains Gill, Seathwaite**

Not reported. Not reported. Hill Walking (Small party) Subject (F78) reported in difficulty with the conditions. Met up with subject, found to be struggling but in good spirits; escorted from the hill. Keswick (13 x 2hr 4 min).

NY210015

NY3582515555

SD410962

NY349066

NY234100

508 34962 3 December 16:42

Not reported. Not reported. Animal Rescue Dog reported stuck underground beneath a very large boulder. Retrieved without loss or injury. Keswick (7 x 3hr 7 min).

Bowder Stone, Borrowdale

509 34961 6 December 15:44 Birkside Gill, Helvellyn

Not reported. Not reported. Hill Walking (Small party) Party of two (M, F) reported lost in gathering darkness. Quickly located and escorted off the hill. Keswick (14 x 2hr 0 min); Patterdale (3 x 1hr 0 min).

510 34998 8 December 10:45 Corney Fell Road, Stoneside Hill

Moderate dry clear cold dull. Not reported. Local Incident Vehicle reported stuck on ice on remote moorland road. Stood down responding when informed dealt with by police.

Duddon and Furness (10 x 0hr 30 min).

511 34996 8 December 13:08 The Struggle, Kirkstone Pass NY397076

Snow clear freezing. Steep frozen icy. Road Traffic Collision (Alone) Car occupant reported stranded on ice-covered road. Accessed and conveyed to safety. Langdale Ambleside (3 x 1hr 30 min).

512 35033 8 December 16:51 Stybarrow Crag, Glenridding NY3871017970 Road Traffic Collision (Alone) Dry cloudy freezing dark. Not reported. Subject (F30) reported trapped in car after leaving the road and falling 30ft, hitting a tree. Extricated from vehicle, treated at scene and airlifted to hospital. Serious - multiple injuries. Patterdale (15 x 2hr 30 min).

513 34995 9 December 12:10 Ambleside

Dry clear freezing bright. Steep frozen icy. Local Incident (Alone) Requested to assist ambulance service having problems accessing a patient's property due to wintry conditions. Completed without incident. Langdale Ambleside (5 x 1hr 0 min).

514 34994 9 December 13:54 Loughrigg, Rydal

Dry clear freezing bright. Steep frozen grassy moorland. Hill Walking (Winter) (Small party) Subject (F) slipped on damp, frozen ground, sustaining a leg injury. Treated at scene and stretchered from the hill. Minor - simple closed fractured ankle. Langdale Ambleside (14 x 2hr 0 min).

515 34960 9 December 15:20 **Taylorgill Force, Seathwaite** NY230110

Not reported. Not reported. Hill Walking (Winter) (Small party) Subject (F65) slipped on an icy path and took a tumbling fall of 20m into a scree field. Treated at scene and airlifted to hospital. Serious - head injuries.

Keswick (17 x 3hr 22 min); Gt North Ambulance Helicopter (Cumbria); Caernarfon SAR Helicopter.

516 34982 10 December 18:22 Underley, Kirkby Lonsdale SD615801 Light dry clear cold dark. Not reported. Search - Non-mountain (Alone) Vulnerable (F18), with history of self-harm reported missing from care. Stood down on arrival when informed subject had returned to accommodation. Kendal (15 x 1hr 30 min).

517 35098 11 December 15:20 Blea Water Crag, High Street NY44471054

Strong dry clear freezing dark. Steep snow/ice and scree. Snow/Ice Climbing - roped (Small party) Subject (M) fell while ice climbing, landing on a ledge and sustaining serious injuries. Treated at scene and stretchered to location where SAR helicopter could lift and transfer to hospital. Serious no details supplied.

Kirkby Stephen (9 x 10hr 0 min): Patterdale (14 x 9hr 0 min): Penrith (20 x 8hr 30 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter.

NY25431655

NY329126

SD143897

NY379040

518 34993 11 December 17:58 Loughrigg, Ambleside

Dry clear freezing dark. Steep frozen icy footpath. Hill Walking (Winter) (Alone) Subject (M) slipped on icy path, sustaining an leg injury. Treated at scene and stretchered off the hill. Minor - lower leg injuries.

Langdale Ambleside (11 x 1hr 30 min).

519 34981 15 December 18:58 Hall Lane, Staveley

Calm dry clear freezing bright. Icy.

Local Incident (Alone) Cyclist (M65) reported fallen from bike and ambulance service struggling to access due to icy road conditions. Stood down enroute when informed ambulance crew dealing with incident. Kendal (9 x 0hr 30 min).

520 35124 16 December 09:30 Scawgill Bridge, Whinlatter Pass NY179255 Not reported. Not reported. Road Traffic Collision (Small party) Car slipped off the road and down a steep embankment. Stood down when informed driver had left the scene.

Cockermouth (25 x 1hr 30 min).

521 34965 16 December 11:51 Walla Crag, Castlerigg Fell NY277213 Cold dry cloudy. Ice. Hill Walking (Winter) (Small party) Subject (M26) slipped on frozen ground, fell and hit his head. Assessed at scene and stretchered from the hill for a precautionary visit to hospital. Minor - head injuries.

Keswick (13 x 1hr 51 min).

522 34964 16 December 15:53 Atkinson Pike, Blencathra NY320286 Low cloud. Icv. Hill Walking (Winter) (Small party) Party of two (2xM) reported themselves benighted, without torches and in icy conditions. Located and escorted to safety off the hill.

Keswick (6 x 4hr 25 min).

523 34988 19 December 13:41 Glaramara, Seathwaite Hill Walking (Winter) (Small party) Low cloud. Ice snow. Subject (M19) reported with injured shoulder after falling near the summit. Treated at scene, but SAR helicopter unable to access so stretchered down to valley for a hospital transfer. Minor dislocated shoulder (glenohumeral).

Cockermouth (13 x 4hr 0 min); Keswick (18 x 5hr 15 min); Caernarfon SAR Helicopter.

524 34987 21 December 16:22 Catbells, Swinside

Not reported. Not reported.

Hill Walking (Small party) Family party (3xM, F) reported benighted and disoriented in mist on the summit. Their location was established using SARLoc; they were met by a small party and led to safety. Keswick (9 x 2hr 12 min).

525 35067 23 December 14:37 Tebay Fell, Low Borrowbridge

Thick fog and strong SW wind 7 deg C. Wet, boggy.

Search - Mountain Reports of shouts for help and whistles heard from hillside. Nothing untoward found; false alarm good intent.

Kendal (11 x 2hr 34 min); Kirkby Stephen (16 x 5hr 0 min); Penrith (19 x 3hr 0 min); LDMR Search Dogs Assoc (1 x 5hr 0 min).

Winter Crag, Martindale

Lingy Bank, Rosthwaite

526 35031 24 December 13:06

Rain cool. Not reported. Hill Walking (Small party) Subject (F50) slipped and injured her lower leg. Treated at scene and stretchered to ambulance. Serious - stable fractured ankle. Patterdale (9 x 2hr 0 min).

527 34986 24 December 13:54

Wet. Slippery.

Hill Walking (Small party) Subject (M48) slipped, injuring his leg and reported unable to weight bear. Treated at scene and stretchered down to vehicle for transfer to hospital. Minor - upper leg injuries. Keswick (10 x 1hr 10 min).

NY246122

NY365045

NY472001

NY244199

NY611016

NY4308518559

528 35030 25 December 05:14 Red Tarn, Helvellyn

Storm heavy rain cold dark. Not reported. Hill Walking (Winter) (Small party) Party of two (M, F) reported suffering from very cold conditions after an overnight camp high in the hills. Following a phone conversation, they were escorted from the hill. Patterdale (3 x 3hr 0 min).

529 34992 26 December 00:22 Grasmere NY341074 Showers hill fog cold dark. Not reported. Search - Non-mountain (Alone) Subject (M), described as high risk, reported missing from home. Search operation was inconclusive but person was located later in day by police.

Langdale Ambleside (6 x 5hr 0 min); LDMR Search Dogs Assoc (1 x 5hr 0 min).

530 34991 26 December 20:26 Little Stand, Cold Pike

Not reported. Not reported. Hill Walking (Winter) (Small party) Party of two (2xM) became lost. Their location was established using SARLoc; they were met and escorted off the hill.

Langdale Ambleside (3 x 4hr 0 min).

531 35029 26 December 21:07 **Red Screes, Kirkstone Pass** NY397083 Strong showers cold dark. Steep rough stony slope. Hill Walking (Small party) Reports of flashing red lights on hill above mountain pass, police requested an investigation. Found to be people making their way to camp on the hill overnight; false alarm good intent. Patterdale (4 x 2hr 0 min).

532 35100 27 December 13:36 Low Water, Coniston Old Man

Fine. Snow and ice. Hill Walking (Winter) Subject (M49) slipped on ice. Treated at scene and airlifted to hospital. Serious - dislocated knee. Coniston (12 x 2hr 30 min); NW Ambulance Helicopter (Preston).

533 34985 27 December 13:48

Hill Walking (Winter) (Small party) Snow, Snow, Party of two (including dog) reported themselves cragfast after one of the party turned his ankle on the snow-covered ridge. Stood down responding when informed that party had been helped to safety by passing climber. Keswick (18 x 0hr 22 min).

Sharp Edge, Blencathra

534 35122 27 December 15:24

Not reported. Not reported. Hill Walking (Small party) Subject (F63) slipped. Treated at scene and stretchered down the hill to a waiting ambulance. Minor - simple closed fractured fibula. Cockermouth (17 x 2hr 30 min).

Dodd, Hopebeck

535 35101 28 December 14:35 Walna Scar Road, Walna Scar SD273964 Fine. Snow and ice. Hill Walking (Winter) (Small party) Subject (F48) slipped and fell while walking. Treated at scene and stretchered off the hill to an ambulance. Serious - stable fractured ankle.

Coniston (17 x 2hr 30 min).

536 35102 28 December 15:13 Walna Scar Road, Walna Scar Fine. Ice. Hill Walking (Winter) (Small party) Subject (M46) slipped on ice. Assisted off the hill for further treatment. Minor - superficial laceration(s) to hand. Coniston (4 x 1hr 0 min).

537 35096 29 December 09:00 **Beacon Plantation, Penrith**

Not reported. Not reported. Search – Non-mountain The police requested assistance to search an area of woodland above Penrith. The team along with Kirkby Stephen MRT searched the woodland in sections. Nothing was found and after a

discussion with the police the teams stood down.

Kirkby Stephen (12 x 5hr 30 min); Penrith (26 x 5hr 30 min)

SD278981

NY170230

NY246037

NY3503915409

NY327283

SD274964

538 34990 29 December 13:08

Duddon and Furness (18 x 0hr 40 min).

Not reported. Not reported. Search - Mountain Local resident, looking out of window, reported seeing someone fall considerable distance on snow covered hillside. Area searched but nothing found. False alarm, good intent. Langdale Ambleside (3 x 2hr 0 min).

539 34997 29 December 18:40 **Corney Fell Road, Corney** SD118918 Moderate drizzle poor cold dark. Not reported. Local Incident (Small party) Vehicle reported left road and rolled over. Stood down responding when informed police on scene.

540 34989 30 December 16:28 NY292059 Lingmoor, Gt Langdale Dry clear cool dark. Moderate waterlogged grassy bank. Hill Walking (Small party) Subject (F) slipped on wet, thawing ground and sustained a leg injury. Treated at scene and stretchered from the hill. Minor – simple closed fractured ankle. Langdale Ambleside (10 x 3hr 30 min).

541 35028 30 December 17:05 Aira Force, Ullswater

SE light dry cool dull. Not reported. Hill Walking (Small party) Party of two (F22, M16) reported lost in area of popular beauty spot. During initial search efforts, party turned up safe and well.

Patterdale (13 x 0hr 30 min).

542 35066 31 December 08:00 **Beacon Plantation**, Penrith NY524315

Search - Non-mountain (Alone) Drizzle. Wet/muddy woodland. Vulnerable person reported missing from home. Search inconclusive, suspended pending further enquiries.

Kirkby Stephen (12 x 7hr 0 min); Penrith (14 x 7hr 0 min).

543 35114 31 December 15:21 Wray Crag, Kentmere

W strong showers cloudy cool dark. Level very wet boggy footpath. Hill Walking (Small party) Subject (F20) slipped on wet ground, sustaining a leg injury. Treated at scene and stretchered landrover for transfer down track to ambulance. Minor - simple closed fractured right tibia and fibula.

Kendal (10 x 3hr 49 min).

Notes

SARLoc - a system that interrogates a GPS-enabled mobile phone and displays the location of that phone on mapping software used by MR teams. For further information see http://www.go4awalk.com/the-bunkhouse/walking-news-and-discussions/walking-newsand-discussions.php?news=710222

MRT – Mountain Rescue Team.

C2C – Coast-to-Coast, long distance walk from St Bees Head to Robin Hood's Bay.

Wansfell. Ambleside

NY384037

NY474053

Accident Summary

The tables that follow summarise the foregoing details and enable a comparison with the previous four years.

Incidents	2013	2014	2015	2016	2017
Incidents – all	437	474	536	436	543 ¹
By Activity					
Hill walking (non-winter)	250	313	327	287	359 ²
Hill walking (winter)	37	12	26	28	24
Climb/Scramble	15	18	20	8	22 ³
Mountain Bike	13	13	37	15	15
Orienteer/Fell Running	12	16	11	9	11
Hang-gliding/Parapenting	7	1	5	5	2
Resilience	49	31	40	36	39
Non-Mountain Search	17	19	13	12	24 ⁴
Water Sports	6	8	10	9	10

Table 1 Incident - by Activity

- 1. The total number of incidents attended gives cause for concern. This is the largest on record but was achieved with fewer man-hours (25,484). This must prompt a question of sustainability if visitor numbers are to continue increasing.
- 2. Hill walking incidents, the vast majority of our work, has seen a significant increase. As has been said on many occasions, these have often resulted from inadequate experience and/or poor preparation.
- 3. This increase in Climbing/Scrambling incidents has been noted but cannot solely have resulted from weather conditions; inadequate experience and insufficient preparation must have contributed to this rise.
- 4. The evidence for a trend in Non-mountain Searches is insufficient; however, as quieter teams are used increasingly to support the busier ones, their use in non-mountain searches may become challenging; again, it will be a question of sustainability.

Persons Assisted	2013	2014	2015	2016	2017
Persons - all	425	481	521	411	574 ¹
By Activity					
Hill walking (non-winter)	300	377	379	296	429 ²
Hill walking (winter)	41	16	31	38	37
Climb/Scramble	20	17	22	5	25 ³
Mountain Bike	11	12	32	13	13
Orienteer/Fell Running	11	10	9	10	10
Hang-gliding/Parapenting	5	1	4	5	1
Resilience	12	12	14	17	19 ⁴
Non-Mountain Search	13	16	9	9	22 ⁵
Water Sports	9	5	6	8	5

Table 2 – Persons Assisted – by Activity

- The significant increase in the number of persons assisted should not be a surprise given the increase in incidents referred to earlier (Note 1 Table 1). Following the granting of World Heritage status, there seems that there is every likelihood that this number will increase, in line with visitor numbers.
- 2. This increase in non-winter hill-walking must be a worrying figure. This association has made continuous and strenuous efforts to get the safety message across to the visiting public. The increased popularity must be met with increased efforts at education and raising awareness of the dangers. (ref: http://www.ldsamra.org.uk/documents/ldsamrastaysafe.pdf)
- 3. Last year's figure appears to have been a false sign of a hoped-for reduction. This increase is mainly due to people venturing onto difficult terrain; inadequate experience of moving on difficult ground or failure to re-assess plans in the light of poor weather conditions. There is no loss of face in turning back and returning another day.
- 4. Whilst not a significant increase, this activity should be monitored as demands on public services increases and their funding decreases.
- 5. The notable increase in the number of person in non-mountain searches could be seen as consistent with the incident figures. The comments about sustainability (Note 4, Table 1) are reinforced by this figure.

Fatalities	2013	2014	2015	2016	2017
Persons - all	14	11	30	8	17 ¹
By Activity					
Hill walking (non-winter)	7	8	16	5	12
Hill walking (winter)	1	0	3	0	1
Climb/Scramble	0	1	2	0	0
Mountain Bike	1	0	1	0	1
Orienteer/Fell Running	0	0	0	0	1
Hang-gliding/Parapenting	0	0	1	0	0
Resilience	1	0	1	1	0
Non-Mountain Search	2	2	3	2	1
Water Sports	2	0	1	0	0

Table 3 – Fatalities – by Activity

- 1. The total number of fatalities represents both a doubling compared to 2016, but a halving compared to the 2015 figure. However, there appears to be a consistent proportion with the years 2014 and 2013 a sort of normality.
- 2. The cause of death is rarely clear from the reports but we can be sure that
 - a. 13 (76%) resulted from a sudden collapse due to a medical condition; 4 were diagnosed as heart attacks.
 - b. 3 (18%) resulted from traumatic injury while hill walking or mountain biking
 - c. 1 (6%) resulted from drowning.
- 3. The gender divide is 14 (82%) male and 3 (18%) female. For more than a half of the cases, an age was no supplied, so no analysis would be valid.

Required Medical Attention	2013	2014	2015	2016	2017
Persons - all	228	255	290	252	301 ¹
By Activity					
Hill walking (non-winter)	155	192	206	189	226 ²
Hill walking (winter)	29	8	9	12	13
Climb/Scramble	10	16	13	4	13 ³
Mountain Bike	7	12	27	13	12
Orienteer/Fell running	9	9	9	8	8
Hang-gliding/Parapenting	5	0	2	3	0
Resilience	8	11	10	12	12
Non-Mountain Search	1	0	1	1	5 ⁴
Water Sports	2	1	2	3	2

Table 4 Required medical attention – by Activity

Notes:

Most of the totals are consistent with the figures expected given the number of people involved in these activities, with the following exception

- 1. This means that just over half the persons mountain rescue encountered in their work in 2017 required medical attention. This proportion has remained fairly constant over the years. Even with the increased attendance of professional medics with the air ambulance, ambulance service and team doctors, there will still be a demand for team members to deal with serious medical situations. This highlights the need for continued training.
- 2. As if to emphasise this, many subjects presented in difficult locations, especially when they are hill walking.
- 3. Again, last year's dramatic drop in this category has not been sustained. These subjects tend to end up in very difficult locations and have to be treated for their injuries before they can be moved to safety
- 4. Whilst this figure is greatly increased on previous figures, there is usually very little that can be achieved in the field. They must instead be quickly despatched to definitive care.

Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of calling out the MRTs. For example, the category 'Benighted' will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one of these causes. A typical report will illustrate this:-

'tripped on footpath whilst walking and fell 2m onto rocky ground' This will result in contributions to the 'Slip, Trip or Stumble' and 'Fall or Tumble' categories.

Cause of Incident	2013	2014	2015	2016	2017
Avalanche	0	0	0	0	0
Belay/Runner Failure	2	0	1	0	0
Benighted	10	10	13	7	25 ¹
Cragfast	23	22	22	17	33 ²
Fall or Tumble	91	93	123	93	130 ³
Lightning	0	0	0	0	0
Lost or Disorientated	49	57	63	59	74 ⁴
Medical Collapse or Illness	20	23	45	34	30
Overdue or Missing	37	47	43	30	34
Rockfall	0	1	1	0	2
Shouts, Lights or Flares Reported	16	6	6	8	9
Slip, Trip or Stumble	111	121	108	126	140
Unable to Continue	28	28	26	20	22

Total Incidents	433	472	536	436	543
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Table 5 - Causes of Incidents

- 1. This shows people come ill-equipped for the conditions.
- 2. This proves people attempt routes well beyond their experience.
- 3. This is usually in the two most frequent categories of causes of incidents and is not unexpected.
- 4. Together with 'Overdue or Missing', these account for 1 in 5 of the incidents where teams must deploy.

Age Profile of Subjects

The following table shows the ages of both male and female subjects where both age and gender were reported. However, the totals include those whose ages were not reported

Age (yrs)	Gender	2013	2014	2015	2016	2017
1 – 10	Male	4	3	6	1	4
1 - 10	Female	2	2	0	0	2
11 – 20	Male	28	26	16	16	27
11 – 20	Female	14	22	11	11	24
21 - 30	Male	25	28	30	28	34
21-30	Female	20	9	30	21	16
21 40	Male	18	15	20	11	30
31 - 40	Female	9	11	12	12	12
44 50	Male	33	23	20	16	25
41 - 50	Female	15	25	8	14	25
51 – 60	Male	25	12	31	21	24
51 - 60	Female	33	23	27	27	22
61 - 70	Male	35	21	31	33	19
01-70	Female	17	17	22	24	28
71 90	Male	13	21	13	14	14
71 – 80	Female	7	14	10	12	11
01	Male	5	6	4	3	3
81 +	Female	1	5	4	2	4

Totals	Male	246	251	265	211	310
TULAIS	Female	159	168	190	189	231

Table 6 – Age Profile of Subjects

Types of Conditions / Injuries

The table that follows is the result of a search through the reports for key words relating to type of injury or medical condition diagnosed on site. For example, the category 'Lacerations' will include any word with 'lacerat-', 'cut-' or 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:

Fracture/dislocation of the ankle, cuts to hands and knee' This will result in contributions to the fracture, dislocation and laceration categories.

Condition / Injury	2013	2014	2015	2016	2017
Abrasions / Scratches	2	4	6	3	4
Asthma	0	3	0	1	1
Bruising	2	1	3	1	3
Burns / Scalds	0	1	0	1	0
Concussion	2	2	2	0	1
Cramp	0	0	1	2	0
Crush Injury	1	0	0	1	0
Diabetes	0	1	3	1	0
Dislocation	19	17	12	15	18
Epilepsy	3	3	2	4	4
Exhaustion	2	7	7	5	0
Fracture	75	71	74	72	84
Heart Attack	7	3	5	8	6
Hypothermia	9	7	4	5	12
Illness	0	0	0	1	0
Lacerations	8	7	24	10	19
Connective Tissue Damage	4	4	2	4	4
Multiple Injuries	5	7	9	6	11
Pain / Tenderness	13	23	19	21	21
Shock	0	0	0	0	0
Sprain / strain	10	5	2	7	6
Loss of Consciousness	3	3	7	1	3
Total Injurad Daraana	242	265	220	064	247

Total Injured Persons	242	265	320	261	317

Table 7 – Types of Conditions / Injuries

Sites of Injury

The table that follows is the result of a search through all the reports for key words relating to sites of injury or medical condition. For example, the category 'Lower leg' will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:

'Fracture/dislocation of the ankle, cuts to hands and knee' This will result in contributions to the ankle, hands & wrist and knee categories.

Site of Injury	2013	2014	2015	2016	2017
Abdomen	4	1	4	1	5
Ankle	41	64	34	51	59 ²
Arm	7	5	10	11	10
Chest	9	10	19	21	15
Facial	3	3	13	3	7
Foot	2	0	1	0	0
Hand & Wrist	6	2	17	12	12
Head	28	28	33	15	44 ¹
Knee	26	29	25	25	23
Lower Leg	58	42	59	33	62 ²
Neck	1	2	5	4	8 ¹
Pelvic Girdle	7	3	6	9	6
Shoulder Girdle	8	6	19	14	18
Spine	16	8	12	16	9
Upper Leg	4	3	4	2	6

Total Injured Persons242265320261

317

Table 8 – Sites of Injury

- 1. Taking 'Head' and 'Neck' injuries together, these show that it is sometimes impossible to protect the head unless a helmet is worn. We are not advocating the routine wearing of helmets; however, great care should be advised when traversing difficult ground because of the consequences of head and neck injury. Such injuries could have life-changing consequences.
- 2. As with previous years, injuries to the 'Lower Leg' and 'Ankle' dominate this particular report.

Lake District Search & Mountain Rescue Teams

For rescue assistance

- Go to the nearest telephone and dial 999.
- Ask for 'Mountain Rescue'.
- Give the location name & grid reference, time of accident, nature of injuries – name, gender and age of casualty if known.
- Stay by telephone until police or rescue team make contact.

The names and contact details given below are for administrative purposes only. In the event of an accident, use 999 as above.

Cockermouth MRT	Hon. Sec.: Gwyn Lewis	01900 827771
	PO Box 73, Cockermouth	, Cumbria CA13 3AE
	Email: gwyn@cc	ockermouthmrt.org.uk
Coniston MRT	Hon. Sec.: Simon Honeyborne-S	harp 01229 885003
	Old Furness Road, Coniston,	, Cumbria, LA21 8HU
	Email: secretary@conistonm	ountainrescue.org.uk
Cumbria Ore Mines U	Hon. Sec.: Bernie Green	016973 42618
	School House, Oulton, Wigtor	n, Cumbria, CA7 0NP
	Email: bernardjam	esgreen@gmail.com
Duddon & Furness MRT	Hon. Sec.: Vicky Whibley	07821 581814
Royal Oal	k Cottage, Penny Bridge, Ulverston	
		ail: sec@dfmrt.org.uk
Kendal MSRT	Hon. Sec.: Jacqui Young	01539 824345
		al, Cumbria, LA9 4RH
	Email: secretary@kendalm	
Keswick MRT	Hon. Sec.: Fiona Boyle	017687 75982
Kesw	vick MRT HQ, Lake Road, Keswick	
		y@keswickmrt.org.uk
Kirkby Stephen MRT	Hon. Sec.: David Watkinson	017683 52050
Bank En	d House, Appleby in Westmorland,	
· · · · · · · · · · · · · · · · · · ·		cretary@ksmrt.org.uk
Langdale / Ambleside MRT	Hon. Sec.: Liz Mallabon	07764 689425
	,	Ambleside LA22 9HA
Deffected MDT		allabon@hotmail.com
Patterdale MRT	Hon. Sec.: Alistair McCaig	01768 840206
E	East View, Newton Reigny, Penrith,	
Penrith MRT	Hon. Sec.: Glenn Mitchell	ccaig@btinternet.com 01768 899916
Pennth WR I	29 Keld Close, Stainton, Penrith	
		collie@btinternet.com
Lake District MR Search Dogs		
Lake District Mik Search Dogs	c/o website: http://lakes-search	adage arg/contact us/
	C/O website. http://lakes-searci	Email: see above
Wasdale MRT	Hon. Sec.: Paul Cook	01946 67837
		Whitehaven, Cumbria
		@sellafieldsites.com

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

Location :	Gatesgarth Farm, Buttermere
Grid Ref.:	NY 194 149
Supervisor:	Cockermouth MRT Tel: 01900 827916
Location :	Ullswater Outward Bound Mountain School
Grid Ref.:	NY 438 213
Supervisor:	Ullswater OBMS Tel: 017684 86347
Location :	Wastwater Hotel, Wasdale Head
Grid Ref.:	NY 187 088
Supervisor:	Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

Location :	Dow Crag (at the foot of Abraham's B Buttress)
Grid Ref.:	SD 263 976
Supervisor:	Coniston MRT Tel: 015395 41242
Location :	Mickledore, Scafell (just below crest on Eskdale side)
Grid Ref.:	NY 210 068
Supervisor:	Wasdale MRT Tel: 019467 25314
Location :	Sty Head Pass
Grid Ref.:	NY 218 095
Supervisor:	Keswick MRT Tel: 017687 72105
Supervisor: Location : Grid Ref.: Supervisor: Location : Grid Ref.:	Coniston MRT Tel: 015395 41242 Mickledore, Scafell (just below crest on Eskdale side) NY 210 068 Wasdale MRT Tel: 019467 25314 Sty Head Pass NY 218 095

Other First Aid Posts (with telephone)

Location :	Howtown OA Centre, Martindale
Grid Ref.:	NY 444 197
Supervisor:	BRCS Cumbria c/o The Warden Tel: 017684 86208
Location :	YMCA National Centre, Lakeside
Grid Ref.:	SD 374 897
Supervisor:	YMCA Tel: 015395 31758

NOTE:

All the above posts are in the area of the OS Lake District Outdoor Leisure Maps (1:25 000) though not all are marked as MR Posts.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

When not to use

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or not reception ('dead areas').
- The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location and Grid Reference Name, Gender and Age of Casualty.

Nature of Injuries or disability.

Number of people in party and intended destination.

THE NUMBER OF THE MOBILE PHONE IN USE.

- 2. Dial 999 and ask for the Police.
- 3. Make sure you tell the operator that you require the Cumbria Police as you are in the Cumbria.
- 4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
- 5. Explain the nature of your call, giving details previously prepared (1).
- 6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
- 7. If you have to make a further 999 call, use ALL the procedure again.

Advice to Mountain Users

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

Planning and Preparation

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, this can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

Equipment and its Use

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

Party Size

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

Emergency Procedures

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

Dangers - all can be avoided by good route-finding

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

Dangers – all can be avoided by remaining alert

- Weather changes these can be sudden and more extreme than forecast
- Ice on path carry an ice-axe and crampons and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat dress appropriately
- Separating from the rest of the group
- Incipient exhaustion know the signs; rest, take some food and keep warm
- Accident or illness don't panic if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time especially true when under pressure allow extra time in winter conditions

Pride

• It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 12 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.
- 1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).
- 1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)
- 1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.
- 1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation. If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA		
Bank Code:	40-22-16	Bank Account No:	81205617
Give As You Earn Reg.	No:004184		
Charity Commission Reg.	No:506349		

GIFT AID DECLARATION

Charity Name: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION						
Registered Charity Number: 506349 Title Forename Surname						
					Postcode:	
I want the charity to treat : (Delete as appropriat	e)					
□ The enclosed donation of £	-,					
□ The donation(s) of £ which I made on///						
All donations I make from the date of this declaration until I notify you otherwise						
All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.						
Signed						
BANKERS ORDER						
To: Bank						
Address						
Please pay						
HSBC, 69 Lowther Street, Whitehaven, CUMBRIA CA28 7AD						
Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of £ (words)						
commencing						
and thereafter every						
until (date of last payment) and debit my/our account accordingly.						
Signed Date						

DEED OF COVENANT

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to * £ each (month/year), from the date shown below.

Signed and delivered	
Date	
Full name & address	
(in capitals)	
	Tel. No
Witnessed by (signed)	
Full name & address	
(in capitals)	
	amount you will be paying to the LDSAMRA.
BANKERS ORDER	
	Bank
	Date
Please pay	
	et, Whitehaven, CUMBRIA CA28 7AD
Code No. 40-22-16, for	credit of LDSAMRA A/c No. 81205617 the sum of
commencing	(date of first payment) and
thereafter every	(month/year)

until (date of last payment) and debit my/our account accordingly.



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

DAVID ALLAN OBE JOHN BERNARD ANDERSON **STEVE BARBER** (Deceased) ERIC BARRINGTON PETER BELL **DAVID BINKS** Sir CHRISTIAN BONINGTON JOE BOOTHROYD (Deceased) **ROB BROOKES DUNCAN JAMES CAMERON** (Deceased) **NELSON CLARK ROY COOKSEY MBE STEPHE COVE** JIM COYLE BEM SYDNEY H. CROSS MBE (Deceased) Sqn Ldr LESTER DAVIES MBE (Deceased) JOHN DEMPSTER MBE **GEORGE FISHER MBE** (Deceased) **RICHARD FISHER** MALCOLM GRINDROD MBE Mrs. ADA HILLARD PAUL HORDER STEWART HULSE MBE (Deceased) PETER JACKSON MBE **RICHARD LONGMAN** TOM MINTON (Deceased) JOHN MITCHELL MIKE MITCHELL **MIKE NIXON MBE** Dr. JAMES D OGILVIE (Deceased) **DES OLIVER BILL PATTISON MBE ROGER PUTNAM MBE** J BRYAN STILLING (Deceased) Lt. Col H. WESTMORELAND MBE (Deceased) Keswick MRT FI. Lt. RICHARD WOOD

Duddon & Furness MRT, MR(E&W) Coniston MRT Kendal MSRT, LDSAMRA & MRC Kendal MSRT & LDSAMRA Langdale/Ambleside MRT, Stretcher Manufacturer Duddon & Furness MRT

Patterdale & Penrith MRTs, LDSAMRA & MRC Kendal & Langdale/Ambleside MRTs Coniston MRT Furness MRT Coniston MRT Millom FRT, Duddon & Furness MRT Cockermouth MRT Langdale Mountain Rescues O.B.M.S. Ullswater Cockermouth MRT, LDSAMRA Keswick MRT Keswick MRT Langdale/Ambleside & Coniston MRT, SARDA (Lakes)

Cockermouth & Keswick MRTs, LDSAMRA & MRC Langdale/Ambleside MRT, & MRC Millom FRT Wasdale MRT, LDSAMRA Kendal MSRT Millom FRT Kendal MSRT, COMRU & LDSAMRA Keswick MRT Patterdale MRT Keswick MRT Wasdale MRT O.B.M.S. Eskdale Kendal MSRT, LDSAMRA & MRC Keswick MRT

A Flight 202 Sqn RAF Boulmer

FOR RESCUE ASSISTANCE

GO TO THE NEAREST TELEPHONE AND DIAL 999

ASK FOR 'MOUNTAIN RESCUE'

*

GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES -NAME & ADDRESS OF CASUALTY IF KNOWN

STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT

*

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