

LAKE DISTRICT SEARCH & MOUNTAIN RESCUE
ASSOCIATION

MOUNTAIN ACCIDENTS 2010



Cave and Cascades, Ruthwaite

*Cave and Cascades, Ruthwaite from 'Wainwright's Eastern Fells' and reproduced
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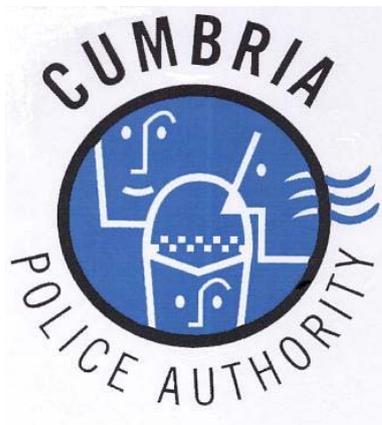
The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by
Cumbria Constabulary.



and

Cumbria Police Authority



Contents

Introduction	2
Chairman's Report.....	3
Incident Details	
January	5
February	10
March.....	14
April	18
May.....	22
June.....	27
July	31
August	37
September	43
October.....	49
November.....	54
December.....	59
Accident Summaries.....	64
Causes of Incidents	68
Age Profile of Subjects	69
Type of Conditions / Injuries	70
Site of Injury.....	71
Lake District Search & Mountain Rescue Teams	72
Lake District Mountain Rescue Posts.....	74
Mobile Phones & Mountain Rescue.....	75
Advice to Mountain Users.....	76
Donating to Mountain Rescue	78
Gift Aid Declaration.....	79
Deed of Covenant.....	81
Distinguished Service List.....	Cover

This Report is issued by
The Lake District Search and Mountain Rescue Association
in the interests of all mountain users.

Lake District Search and Mountain Rescue Association

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

Cost £2.00

The charge is at cost price and helps us to meet the production charges of this booklet

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION
IS REGISTERED AS A CHARITABLE TRUST 506349

Chairman's Report

In my introduction to last year's annual report I expressed serious concern over the 14% increase in incidents over the previous year. As a consequence, the region continued to invest heavily in communicating the messages of taking personal responsibility and being better prepared when venturing out on the hills. But did this work? Unfortunately the statistics for 2010 show no improvement.

2010 returned just under 600 incidents compared to 532 in 2009 i.e. a 13% increase. Incident totals have now increased 50% over the last five years. A possible explanation could lie in the increased popularity of holidays in the Lakes, increased usage of mountain rescue in resilience matters (i.e. civil contingency incidents such as flood response, major traffic incidents) and severe wintry weather. This latter point is especially true where winter conditions on the mountains over recent years have been 'excellent' for winter climbing and walking and therefore attracting increased numbers on the fells. Fortunately fatalities have not matched the overall increase in incidents but the number of casualties requiring medical attention has kept pace with a 50% increase over the five year period.

What are we as a region doing about it? In addition to numerous public awareness initiatives over the past four years LDSAMRA in conjunction with Cicerone launched a new 'How to Stay Safe and Enjoy the Fells' leaflet. During 2010, over 100,000 copies were distributed across the county. The leaflet can also be found and printed from the LDSAMRA website. The aim is to help people make the right choices before going into the hills and provide information for what to do in the event of an accident and how to avoid getting lost or benighted. It is available in numerous outlets throughout Cumbria and the Lake District and is a very helpful addition to anyone's rucksack when heading into the fells. LDSAMRA is looking to continue the partnership with Cicerone for future publications with an aim to reducing casualty numbers through free and available mountain safety information. The leaflet has now been taken on by the national mountain rescue bodies of England and Wales, and Scotland.

Concerning rescue enhancement, following the disastrous floods of 2009 where £42,000 of equipment was damaged or lost, the teams very quickly re-equipped and during 2010 started to strengthen their swift water rescue capabilities to respond to the next major incident or their own local incidents which seem to be on the increase. £140,000 of resourcing was identified to cover training, new equipment and a more robust communication network (waterproof radios). The region applied to the Cumbria Community Foundation for funding assistance and we were delighted to receive a grant of £35,500 to cover the twelve team's training needs. This included training our own trainers so that teams become self sufficient for the future. However, the teams still need to purchase over £80,000 of additional water rescue equipment and safety gear.

With this in mind, fundraising for mountain rescue remains an ongoing and very important task for the teams with annual costs running at between £30,000 and £75,000 per team and rising. Donations, bequests and legacies, which are sent into the association, do make a significant difference and it is gratifying to see that the work of the teams is recognised by both those we rescue and the general public who hear about the work we do. Income is shared amongst the 12 teams to supplement their own fundraising activities and it is important that those who donate know and understand that their contributions, however small, do make a difference to the ability of teams to provide our free rescue service to the Cumbrian communities and to those visitors who come into the county.

With mountain rescue taking such a prominent position in the county's resilience (e.g. Greyrigg train crash, Cumbrian Floods, A66 Coach crash, Cumbrian shootings) it was a pleasure to learn that another rescuer, Mo Richards from the Langdale and Ambleside team was given recognition at the end of the year in the New Year honours list for her contribution of over 40 years service to the team and nearly 1,300 rescues attended. An award very well deserved and our congratulations go to Mo.

To conclude my report, I would like to thank the organisations and agencies with whom we work and also thank the LDSAMRA officers and working groups for their dedication, support and hard work over the past twelve months which has again been an extremely busy year for the teams.

Richard Warren
Chairman LDSAMRA

March 2011

Incident Details 2010

January

- 1 21342 2 January 18:29 High Street, Haweswater NY510162**
 Dry bright sunny broken cloud. Extensive frozen snow cover. Winter Hill Walking (Small Party)
 Party of two (M22, F22) reported overdue from walk over high ridge; when located they had
 misjudged the time required for their trip, exacerbated by thick, soft snow.
 Penrith (13 x 1hr 30 min); SARDA (Lakes) (2 x 1hr 30 min)
- 2 21136 2 January 19:56 Comb Gill / Raven Crag NY249117**
 Snow. Ice slippery. Snow/Ice Climbing – roped (Small Party)
 A local resident reported flashing lights in the comb. At first it was thought that the lights came
 from the popular winter climbing area, Raven Crag. However, team members located the
 climbers safely making their way down.
 Keswick (25 x 1hr 0 min)
- 3 22232 2 January 22:50 Gawthwaite SD271848**
 Clear/freezing/dark. Moderate track icy, slippery. Resilience (Small Party)
 Requested to assist ambulance service during period of severe weather. Transferred a patient
 from her snowbound house to the main road
 Duddon & Furness (19 x 1hr 19 min)
- 4 21343 3 January 00:45 Colby, Appleby NY666203**
 Dry calm clear freezing. Snow/ice. Resilience
 Requested to assist ambulance service during period of severe weather. Three instances of
 requests for help involving accessing and evacuating injured persons from remote locations and
 carrying them to waiting ambulances; the last instance was dealt with by crew before team
 arrived
 Penrith (13 x 4hr 15 min)
- 5 21171 3 January 01:40 Ambleside NY378048**
 Snow/cloudy/freezing/dark. Steep track snow/ice, slippery. Resilience
 During period of severe weather, assisted emergency services with access difficulties. Two
 instances reported - 1. ambulance unable to access house via steep frozen road; 2. stretched
 limo stuck on Kirkstone Pass, driver followed Sat-Nav instructions
 Langdale Ambleside (3 x 2hr 30 min)
- 6 21172 3 January 14:07 Loughrigg NY348056**
 NE-light/dry/cloudy/freezing/dusk. Steep moorland snow/ice, slippery. Hill Walking
 Subject (F48) sustained arm injury in a fall higher uphill. She managed to get part-way down
 before needing help. Minor - fractured wrist
 Langdale Ambleside (8 x 2hr 0 min)
- 7 21137 3 January 14:09 Walla Crag, Cat Gill NY274209**
 Cold clear. Snow ice slippery steep. Winter Hill Walking (Family group)
 A mother (F43) and her daughter (F5) slipped on the icy path and slithered about 30ft down into
 the frozen gill. Serious - severe lacerations; Serious - multiple injuries and lacerations
 Keswick (19 x 2hr 40 min); Boulmer SAR Helicopter
- 8 21173 3 January 14:50 Coffin Route, Rydal NY354066**
 NE-light/cloudy/freezing/dull. Moderate footpath frozen, slippery. Hill Walking
 Subject (M14) slipped on icy path. Serious - leg injury
 Langdale Ambleside (8 x 2hr 0 min)
- 9 21168 3 January 15:50 Stainmore NY855127**
 Cold clear fine. Full snow cover on minor roads. Resilience
 Requested to evacuate and transfer patient from remote moorland cottage during period of
 severe weather. Completed without incident and transferred to ambulance.
 Kirkby Stephen (11 x 1hr 40 min)

- 10 21138 3 January 16:50 Blencathra, Sharp Edge NY326283**
Cold clear. Steep crag snow ice slippery. Snow/Ice Climbing – roped (Family group)
Party of two (M50, M14) became cragfast in icy conditions on the final ascent of narrow ridge.
Keswick (18 x 1hr 10 min); Boulmer SAR Helicopter
- 11 21139 4 January 08:23 Derwentwater, Hawse End NY250212**
Cold. Ice snow frozen lake. Search - Non-mountain
Workers at the local outdoor centre heard screams for help coming from the lake area starting
about 07:00. It was thought that someone may have fallen through the ice. Despite initial
investigations, nothing was found so called in the emergency services - false alarm good intent.
Keswick (14 x 2hr 49 min); SARDA (Lakes) (1 x 2hr 49 min); Boulmer SAR Helicopter
- 12 21077 4 January 11:00 Brim Fell SD272985**
Fine, dry. Snow & ice. Hill Walking (Small Party)
Party of two (F36) stayed overnight on fellside but unable to find way off in the morning due to
conditions. Fitted with crampons and accompanied off the mountain. Minor - fractured right wrist,
sprained right ankle, mild hypothermia.
Coniston (14 x 4hr 0 min)
- 13 21140 4 January 14:55 Helvellyn, Birkside NY330132**
Clear cold. Snow ice slippery steep. Winter Hill Walking (Alone)
Subject (M41) got himself stuck in steep, icy ground when descending.
Keswick (11 x 2hr 17 min)
- 14 21174 4 January 23:40 Wrynose Pass NY297032**
NE-fresh/snow/blizzard/freezing/dark. Steep track snow/ice, slippery. Resilience
Car became stuck, driver following Sat-Nav. Both occupants escorted to safety
Langdale Ambleside (3 x 2hr 0 min)
- 15 21124 5 January 10:30 Dent SD705870**
Calm/snow/clear/freezing/bright. Moderate snow/ice slippery. Resilience
Requested to assist ambulance service during period of severe weather. Patient requiring
dialysis treatment transferred from home to hospital
Kendal (2 x 3hr 0 min)
- 16 21335 5 January 13:20 Little Asby, Kirkby Stepohn NY698097**
Clear cold fine. Full snowcover. Resilience
Request from ambulance service to assist during period of severe weather. Accessed and
evacuated person with heart condition from isolated, snowbound hamlet to waiting air ambulance
for transfer to hospital
Kirkby Stephen (14 x 1hr 40 min); Great North AA Cumbria
- 17 22235 5 January 13:37 High Ickentwaite Farm, Rusland SD323894**
Light/fine/clear/freezing/dark. Moderate track icy, slippery. Resilience (Family group)
Assisting ambulance service with patient transfer. Evacuated a man to the road who had fallen
the previous day.
Duddon & Furness (10 x 2hr 19 min)
- 18 22233 5 January 15:45 High Dam, Finsthwaite SD364885**
Clear/freezing/dark. Gentle footpath icy, slippery. Winter Hill Walking
Subject (M54) fell. Minor - fractured neck of humerus.
Duddon & Furness (23 x 2hr 34 min); North West Air Ambulance
- 19 21844 5 January 20:00 Kirkstone Pass NY413089**
Fresh/sleet/cloudy/freezing/dull. Not reported. Resilience (Small Party)
Two persons reported stranded in car on high pass. Claimed 'Road Closed' signs not seen while
following groups. All recovered safely to valley where police were waiting to talk to them.
Patterdale (4 x 1hr 0 min)

- 20 22234 5 January 20:30 Black Combe SD130837**
 Light/dry/clear/freezing/dark. Moderate frozen, slippery. Hill Walking (Small Party)
 Flashing lights reported on fellside. A group with torches was found and it was concluded that they were the source of the lights. No action required
 Duddon & Furness (13 x 2hr 10 min)
- 21 21125 6 January 09:00 Grange Over Sands SD401772**
 Calm/dry/clear/freezing/bright. Steep snow/ice. Resilience
 Requested to assist ambulance service during period of severe weather. One instance of help reported involving access problem and patient evacuation to waiting ambulance.
 Kendal (5 x 2hr 0 min)
- 22 21336 6 January 11:15 Brough - Kirkby Stephen NY773088**
 Freezing winter weather. Full snow cover. Resilience
 Requested to assist local services and ambulance service during period of severe weather. Two instances of assistance given involving transport of welfare worker to visit vulnerable and transfer persons for medical treatment.
 Kirkby Stephen (3 x 1hr 0 min)
- 23 21141 6 January 13:53 Robin Hood, Bassenthwaite NY227328**
 Sunny cold. Snow ice slippery road. Resilience
 Requested to assist ambulance service during period of severe weather. Recovered a vehicle from a snow-covered hill after it had tried to access a remote property to take a medical case to hospital.
 Keswick (12 x 1hr 40 min)
- 24 21175 6 January 14:30 Megs Ghyll, Gt Langdale NY324505**
 Dry/clear/freezing/bright. Steep bank snow/ice, slippery. Winter Hill Walking
 Subject (M) slipped and fell 5 metres on steep frozen dirt bank. Ambulance and air ambulance called initially. Team called to evacuate. Serious - head and neck injury.
 Langdale Ambleside (12 x 1hr 30 min); Great North AA Cumbria
- 25 21653 6 January 16:00 Wasdale NY152055**
 Light/dry/clear/freezing/dark. Not reported. Resilience
 A lorry had skidded on ice and blocked the single track road beside Wastwater. Snow chains were fitted to the vehicle and the lorry was moved off the road with the assistance of a local farmer's tractor.
 Wasdale (8 x 3hr 0 min)
- 26 21482 8 January 15:30 Crook SD460952**
 Light/snow/low cloud/freezing/dusk. Steep snow/ice track slippery. Resilience
 Requested to assist social services during period of severe weather conditions. A lady was transferred from her home to a care home in a team vehicle.
 Kendal (3 x 2hr 0 min)
- 27 21195 9 January 10:00 Ambleside NY376042**
 Dry/clear/freezing/bright. Steep slope snow/ice, slippery. Resilience
 Assistance given to social services during period of severe weather. Elderly male returned to his home after stay in residential care and care worker transported to remote address to care for elderly resident.
 Langdale Ambleside (6 x 1hr 15 min)
- 28 21199 9 January 11:20 Derwentwater, Boat Landings NY264227**
 Sunny dry clod. Ice slippery. Resilience
 Subject (F48) slipped on the ice. Attended to her injuries until ambulance arrived.
 Keswick (4 x 0hr 30 min)

- 29 21196 9 January 14:25 Skelwith Bridge, Little Langdale NY335030**
Clear/freezing/bright. Gentle bank snow/ice, slippery. Winter Hill Walking
Subject (M) slipped on icy ground. Serious - lower leg fracture.
Langdale Ambleside (11 x 1hr 15 min); Great North AA Cumbria
- 30 21337 10 January 10:00 Shap NY562145**
Freezing winter weather. Full snowcover. Resilience
Requested to assist health services during period of severe weather. Requested to access and transfer patient to a nursing home in Appleby.
Kirkby Stephen (3 x 2hr 0 min)
- 31 21197 10 January 11:00 Ambleside NY377044**
NE-fresh/dry/clear/cold/bright. Steep track snow/ice, slippery. Resilience
Assistance given during period of severe weather. Vehicle recovered from Kirkstone Pass and care worker transported to remote household to tend to elderly person.
Langdale Ambleside (3 x 2hr 0 min)
- 32 21338 11 January 02:50 Great Asby, Kirkby Stephen NY676118**
Wintry. Snow and ice cover. Resilience
Requested to assist ambulance service during period of severe weather. Required to free ambulance stuck in snow attending a remote farm; vehicle freed by local farmer with tractor prior to team arrival.
Kirkby Stephen (5 x 1hr 15 min)
- 33 21845 11 January 08:40 Kirkstone Pass NY401089**
Light/snow/clear/freezing. Not reported. Resilience
Report of persons stranded in a car. They had been stuck for 12 hours after car got stuck and developed engine problems. Both were very cold but unhurt. Again 'Road Closed' signs were down.
Patterdale (6 x 1hr 0 min)
- 34 21339 12 January 08:40 Brough - Middleton NY823189**
Full spectrum of wintry weather. Deep drifting snow. Resilience
Requested to assist emergency services during period of severe weather. Required to evacuate stranded motorist stuck on remote fell road, vehicles abandoned until later.
Kirkby Stephen (13 x 2hr 0 min); Teesdale and Weardale (6 x 3hr 30 min)
- 35 21846 13 January 00:01 Glenridding NY388169**
Not reported. Not reported. Resilience
Requested to assist ambulance crew accessing location. Only needed to direct ambulance to location as it was a house in village.
Patterdale (4 x 1hr 0 min)
- 36 22074 14 January 08:35 Harrington Harbour NX988250**
Snow. Not reported. Resilience(Alone)
Requested to assist when an ambulance with patient on board became stuck on Harrington Harbour. Patient was transferred safely down a hill in the landrover and transferred to another ambulance.
Cockermouth (5 x 1hr 25 min)
- 37 21200 15 January 12:08 Hind Crag Gully, Seathwaite NY241111**
Calm/sleet/misty/cold/dull. Cteep gully snow/ice. Snow/Ice Climbing – roped (Small Party)
Lead climbers (M36 M38) released wet slab avalanche. 3rd climber caught by avalanche, carried 240m. He was buried up to his waist, but dug himself out!. Other 2 guided safely down from the top. Minor - bruising and bumps
Cockermouth (16 x 2hr 10 min); Keswick (26 x 3hr 0 min); SARDA (Lakes) (6 x 3hr 0 min);
Leconfield SAR Helicopter

- 38 22075 18 January 11:10 Setmurthy Woods NY158324**
 N-calm/dry/clear/freezing. moderate forestry frozen, slippery. Fell Running(Alone)
 Fellrunner (M) slipped whilst running on icy track. Serious - fractured right leg
 Cockermouth (1 x 1hr 37 min)
- 39 21481 20 January 15:20 Scafell Pike, Little Narrowcove NY220072**
 NE-moderate/dry/hill fog/mild/dark. Steep gully snow/ice, slippery. Winter Hill Walking(Small Party)
 Subject (M35) had slipped while descending a gully. Location given was rather vague and
 inaccurate. Subject found after a protracted search. Serious - dislocated shoulder, ankle injury.
 Cockermouth (19 x 8hr 30 min); Wasdale (23 x 8hr 30 min); Valley SAR Helicopter
- 40 21802 22 January 17:15 Kershope Forest NY481826**
 Not reported. Not reported. Hill Walking (Small Party)
 Party of two (M70, F) reported themselves lost and one complaining of chest pains; unable to
 obtain location but through questioning able to identify approximate location for a SAR helicopter
 to airlift subjects to hospital. Minor - chest pains and cramps
 Penrith (17 x 2hr 30 min); SARDA (Lakes) (6 x 2hr 30 min); Boulmer SAR Helicopter
- 41 21507 23 January 06:20 Brathay Hall, Ambleside NY370031**
 Drizzle/broken cloud/cold/dark. Moderate footpath frozen. Occupational (Alone)
 Worker (M) slipped on icy path. Serious - lower leg fracture.
 Langdale Ambleside (12 x 1hr 15 min)
- 42 21508 24 January 14:20 Crinkle Crag, Rest Ghyll NY245250**
 Calm/snow/hill fog/cold/dark. Moderate moorland snow/ice. Winter Hill Walking (Small Party)
 Subject (M) slipped, then moved position and became lost. Eventually tracked down, treated then
 walked off for speedy evacuation. Minor - wrist fracture.
 Duddon & Furness (1 x 4hr 30 min); Kendal (10 x 6hr 0 min); Langdale Ambleside (19 x 5hr 30
 min)
- 43 21621 24 January 15:19 Glaramara - Hind Gill NY235102**
 Hill fog/very cold/dark. Steep snow/ice, slippery. Winter Hill Walking (Medium party)
 Group of six (M30 M61 F26 F25 F52 M29) became lost in the cloud and impending darkness.
 Their guest house proprietor raised the alarm.
 Keswick (18 x 4hr 22 min); SARDA (Lakes) (1 x 4hr 22 min)
- 44 21509 25 January 14:50 Calf Crag, Grasmere NY302104**
 Dry/broken cloud/cold/dusk. Moderate moorland snow/ice, slippery. Winter Hill Walking
 Subject (M72) collapsed, briefly unconscious. Cold, clammy. Picked up by air ambulance before
 team arrived. Companions escorted down. Serious – unconscious.
 Langdale Ambleside (10 x 4hr 30 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 45 21510 25 January 17:00 Kirkstone Pass, Ambleside NY401081**
 Snow/broken cloud/cold/dark. Moderate moorland snow/ice, slippery. Winter Hill Walking
 Party of two (M) reported seperated from group and overdue. Located on road making their way
 back up to pass, although initially denied being the missing people!
 Langdale Ambleside (2 x 1hr 0 min)
- 46 22076 28 January 18:35 Ennerdale NY195125**
 NE-fresh/clear/freezing/dark. Gentle forestry frozen, slippery. Winter Hill Walking (Small Party)
 Party of two (M) contacted the police in difficulty. Located by team member on forest track and
 escorted out of the valley.
 Cockermouth (5 x 2hr 10 min)
- 47 21800 28 January 22:30 Gelt Wood, Brampton NY520592**
 NE-light/dry/clear/mild/moonlight. steep-sided damp woodland. Search - Non-mountain (Alone)
 Police concern for despondent (M60) reported missing from home, possibly in local woodland.
 Agreed to conduct a restricted search of immediate area, nothing found.
 Penrith (5 x 3hr 0 min); SARDA (Lakes) (1 x 3hr 0 min)

- 48 21622 29 January 16:12 Great End, 'Central Gully' NY234099**
 Fine/clear/very cold. Vertical gully icy, slippery. Snow/Ice Climbing - roped
 Subject (M 62) was hit by a falling block of ice which had probably been dislodged by other
 climbers higher up the route. Serious - fracture collar bone
 Keswick (15 x 2hr 0 min)
- 49 21569 30 January 12:36 Stickle Tarn, Gt Langdale NY288073**
 Calm/dry/clear/freezing/bright. Steep footpath frozen, slippery. Winter Hill Walking
 Subject (M70) reported with chest pain, dizziness and breathlessness, unable to continue.
 Serious - chest pains, dizziness, faint.
 Langdale Ambleside (17 x 3hr 15 min); Boulmer SAR Helicopter
- 50 22077 30 January 14:51 Gasgale Gill, Buttermere NY164209**
 Dry/clear/cold/dark. Moderate footpath frozen, slippery. Winter Hill Walking (Small Party)
 Subject (F) reported in difficulty with an ankle injury in Gasgale Gill. She was escorted to
 Lanthwaite Green and taken by her party to their accommodation. Minor - ankle injury.
 Cockermouth (17 x 1hr 4 min)
- 51 21571 30 January 16:00 Walna Scar, Goatswater SD271965**
 Fine, dry, very cold. Frozen track. Winter Hill Walking
 Subject (F45) slipped on ice. Minor - fractured wrist.
 Coniston (1 x 0hr 45 min); Great North AA Cumbria
- 52 21570 30 January 18:35 Tarn Crag, Easedale, Grasmere NY305090**
 NE-fresh/dry/broken cloud/freezing/moonlight. Steep crag frozen, slippery. Winter Hill Walking
 Subject (F53) initially reported separated from her friends, but later shouts for help heard by
 others. Located by other walkers and reported to team as search was being organised. Serious -
 chest and lower back injuries.
 Langdale Ambleside (15 x 4hr 15 min); Boulmer SAR Helicopter
- 53 21847 31 January 11:32 Catstycam, Helvellyn NY350160**
 Calm/fine/broken cloud/very cold/bright. Steep snow/ice gully. Winter Hill Walking (Small Party)
 Subject (M23) slipped 200m down gully. RAF MRT were in area and close by, alerted the
 authorities and summoned a helicopter directly. Serious - compound fracture lower leg.
 Patterdale (13 x 3hr 55 min); RAF Leeming (5 x 1hr 0 min); Boulmer SAR Helicopter
- 54 21651 31 January 13:40 Great Gable, Gable Crag NY213105**
 Moderate/dry/clear/freezing/bright. Steep gully snow/ice. Snow/Ice Climbing – roped (Small Party)
 Initial report of a single climber, later updated to two (M55) who had fallen in a snow-filled gully.
FATAL - multiple injuries; Serious - multiple injuries.
 Wasdale (24 x 4hr 30 min)
- 55 21623 31 January 14:14 High Tove NY279164**
 Clear very cold. Icy. Winter Hill Walking
 Subject (F60) slipped on the icy path. Serious - fractured arm.
 Keswick (20 x 1hr 45 min)
- 56 21848 31 January 16:31 Ullswater, Grisedale Beck NY395165**
 Cold dry icy. Icy. Water Sport (all types)
 Report of 'boy in water believed drowning'. Police, Air Ambulance, OB rescue boat all called.
 Different messages coming in all the time from coastguard. Investigation established this as a
 hoax call, false alarm malicious intent
 Patterdale (11 x 1hr 0 min); Great North AA Cumbria

February

- 57 21625 1 February 13:04 Sty Head Tarn NY222100**
 Dry/very cold. Undulating footpath snow/ice, slippery. Winter Hill Walking
 Subject (F40) slipped. Serious - fractured ankle.
 Edale (1 x 4hr 0 min); Keswick (14 x 4hr 0 min)

- 58 21626 1 February 19:45 Carrock Fell NY349334**
Wet dark. Not reported. Winter Hill Walking
Torches were spotted flashing as climbers were completing their winter climb. Public raised the alarm but the party of two required no assistance - false alarm good intent.
Keswick (19 x 3hr 15 min)
- 59 21608 3 February 14:20 Coniston Old Man SD273977**
Snowing. Icy, snow, rough track. Winter Hill Walking (Small Party)
Subject (F26) slipped on ice on descent to Low Water. Minor - Bruising and grazing to right leg and hip.
Coniston (16 x 3hr 45 min)
- 60 21610 3 February 16:26 Stickle Ghyll, Gt Langdale NY289070**
Snow/hill fog/freezing/dark. Steep footpath snow/ice, slippery. Winter Hill Walking
Couple (M, F) became stuck on icy path after fresh snowfall; they also only has one waterproof between them.
Langdale Ambleside (8 x 2hr 0 min)
- 61 21627 3 February 21:58 Fisher Gill, Thirlmere NY302168**
Very cold. Steep footpath snow/ice, slippery. Winter Hill Walking (School/Youth group)
Large party (11 students and 5 staff) called for assistance when they decided it was too dangerous to continue down the icy path. They were led to safety.
Keswick (8 x 2hr 40 min)
- 62 21628 4 February 13:42 Stand Crag, Piers Gill NY219086**
Thick mist cold. Snow icy. Winter Hill Walking (Alone)
Subject (F53) set off on a walk to Scafell Pike but became disorientated in the poor visibility and unnerved by the snowy and icy conditions. Eventually found near the Corridor Route.
Keswick (20 x 6hr 30 min); Langdale Ambleside (7 x 1hr 0 min); SARDA (Lakes) (2 x 6hr 30 min); Wasdale (14 x 5hr 0 min)
- 63 21612 5 February 14:50 Rough Crag, Grasmere NY308106**
Dry/low cloud/cool/dusk. Steep footpath snow/ice, slippery. Winter Hill Walking (Small Party)
Subject (F60) slipped on frozen and damp ground. Serious - fracture lower leg.
Langdale Ambleside (14 x 3hr 15 min); Great North AA Cumbria
- 64 21849 6 February 13:03 Helvellyn, Nethermost Gully NY345146**
Dry/clear/cold/bright. Steep snow/ice gully slippery. Snow/Ice Climbing – roped (Alone)
Subject (M50) was descending from Striding Edge to foot of Nethermost Gully to start ascent of climb when he stumbled and fell into gully, tried to iceaxe arrest and flipped onto back. Serious - head, lower back injuries.
Patterdale (15 x 2hr 0 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 65 21629 6 February 13:19 Dale Head Crags NY226155**
Calm/dry/clear/very cold. Vertical gully firm, slippery. Rock Scrambling (Medium party)
Subject (M23) fell and bounced down about 15m, narrowly avoiding a domino-effect with his friends. Two companions were lowered about 450ft by rope, then a RAF rescue helicopter winched the subject up as well as the other two. Serious - head, leg and back injuries.
Keswick (16 x 5hr 30 min); Boulmer SAR Helicopter
- 66 21616 6 February 16:01 Flour Ghyll, Grasmere NY292103**
Dry/clear/freezing/bright. Moderate footpath snow/ice, slippery. Winter Hill Walking
Subject (F60) slipped on frozen ground. Minor - ankle sprain.
Langdale Ambleside (14 x 1hr 30 min); Boulmer SAR Helicopter
- 67 21613 6 February 16:20 Gill Cove, Levers Water SD273994**
Fine dry. Snow, ice, rough track. Winter Hill Walking (Small Party)
Subject (M23) slipped on snow descending gully. Minor - rib a little sore, slight grazing to neck.
Coniston (14 x 3hr 45 min)

- 68 21617 6 February 19:30 Helm Crag, Grasmere NY325093**
 Dry/clear/freezing/dark. Steep moorland frozen, slippery. Winter Hill Walking (Small Party)
 Party of two (F) became lost and benighted. Minor - mild hypothermia; Minor - mild hypothermia
 Langdale Ambleside (18 x 6hr 30 min); SARDA (Lakes) (2 x 6hr 30 min)
- 69 21618 6 February 20:20 Sweden Crag, Ambleside NY375070**
 Dry/clear/freezing/dark. Moderate moorland frozen, slippery. Winter Hill Walking
 Subject (M19) succumbed to increasingly swollen knee, finally unable to move and called for
 help. Minor - badly swollen knee.
 Langdale Ambleside (11 x 3hr 15 min)
- 70 21850 7 February 13:51 Helvellyn, Striding Edge NY345149**
 Snow/clear/cold/bright. Steep snow ridge slippery. Winter Hill Walking(Small Party)
 Subject (M45) collapsed above 'Bad Step' and fell 10ft CPR started by passing walker. **FATAL** -
 heart attack.
 Patterdale (16 x 3hr 37 min); Great North AA Cumbria; Gannet SAR Helicopter
- 71 21690 8 February 11:50 The Benn, Thirlmere NY300189**
 Dry/clear/cold/bright. Undulating woodland damp. Hill Walking (Alone)
 A solo walker came upon a badly-decomposed body. Assistance given in the coroner's officer's
 investigation and with the recovery of the body. **FATAL** - unknown at this time
 Keswick (13 x 4hr 25 min)
- 72 21693 9 February 12:00 Cam Crag Ridge, Langstrath NY262110**
 Not reported. Not reported. Animal Rescue
 Two sheep cragfast for four weeks. Retrieved without loss or injury.
 Keswick (2 x 2hr 30 min)
- 73 21691 9 February 21:00 Combe Door, Gillercombe NY253110**
 Dry/clear/very cold/dark. Moderate moorland snow/ice. Winter Hill Walking (Small Party)
 Party of two (M30, F30) became lost and benighted when trying to navigate from Great Gable to
 Stonethwaite. A local farmer saw flashing lights, and on investigation, the party were located and
 led to safety.
 Keswick (19 x 2hr 49 min)
- 74 21851 11 February 13:57 Nethermost Pike, Hard Tarn NY346138**
 Calm/dry/clear/very cold/bright. Steep snow/ice gully. Snow/Ice Climbing – roped (Small Party)
 Subject (M61) over-balanced when 10m from the top and then slipped 140m. Serious - facial
 injuries dislocated shoulder.
 Patterdale (12 x 3hr 19 min); Boulmer SAR Helicopter
- 75 21747 13 February 15:03 Blencathra, Tarn Crag NY326282**
 Dry/low cloud/very cold/dark. Steep crag snow/ice. Snow/Ice Climbing – roped (Small Party)
 Party (M19, F21, M) became cragfast attempting to climb the headwall behind Scales Tarn.
 Using ropes they were assisted up to the top and escorted back to the valley.
 Keswick (19 x 4hr 45 min)
- 76 21748 13 February 16:13 Dale Head Tarn NY230156**
 Dry/clear/very cold/dark. Moderate footpath snow/ice, slippery. Winter Hill Walking
 Subject (F63) collapsed with exhaustion and a panic attack. She was carried down and
 transported to hospital for a checkup. Minor - panic attack, exhaustion.
 Cockermouth (8 x 0hr 34 min); Keswick (15 x 3hr 30 min)
- 77 22078 13 February 18:29 Wind Gap Cove, Ennerdale NY155126**
 W-calm/dry/clear/cold/dark. Moderate slope dry. Winter Hill Walking (Small Party)
 Party of two (M, F) fell down a snow/ice slope whilst descending from Pillar. One of the party
 sustained shoulder injuries. Casualties located by RAF helicopter. Both were winched into the
 aircraft and taken to hospital. Minor - not reported; Minor - shoulder injury.
 Cockermouth (16 x 4hr 40 min); SARDA (Lakes) (3 x 4hr 40 min); Boulmer SAR Helicopter

- 78 22349 14 February 14:40 Scafell Pike, Corridor Route NY218085**
 Moderate/rain/poor/very cold/dark. Steep scree rough. Hill Walking (Small Party)
 Subject (M46) slipped and tumbling fell 30 metres. Serious - facial lacerations, possible further head injuries.
 Cockermouth (6 x 6hr 0 min); Wasdale (18 x 6hr 0 min)
- 79 21694 16 February 12:45 Ambleside NY377038**
 Snow/broken cloud/cold/dull. Steep track snow/ice. Resilience
 Requested to assist ambulance service during period of severe weather. A seriously-ill patient, living in a remote, snowbound property was evacuated to definitive care
 Langdale Ambleside (3 x 1hr 0 min)
- 80 21852 16 February 18:17 Helvellyn, 'No 1 Gully' NY342152**
 Light/snow/cloudy/very cold/dark. Steep snow/ice gully. Snow/Ice Climbing – roped (Small Party)
 Subject (F23) became seperated from compainon in bad weather. She was 'talked' to safe ground. Team tried to contact remainder of party to find they were in a car en route home!
 Patterdale (8 x 2hr 49 min)
- 81 21695 16 February 22:54 Harrison Stickle, Gt Langdale NY286067**
 Snow/white-out/freezing/dark. Steep footpath snow/ice, slippery. Winter Hill Walking
 A group of five (M) became cragfast when it became dark and started to snow.
 Langdale Ambleside (14 x 3hr 15 min)
- 82 21853 20 February 13:15 Place Fell, High Dodd NY412185**
 Calm/dry/clear/cold/bright. Undulating icy footpath slippery. Winter Hill Walking (Family group)
 Subject (F50) slipped on a patch of ice. Minor - fracture left ankle.
 Patterdale (5 x 1hr 10 min); Boulmer SAR Helicopter
- 83 22080 20 February 14:24 Buttermere NY172162**
 SW-calm/dry/clear/cold/bright. Level footpath frozen, slippery. Hill Walking (Small Party)
 Subject (M) in party of three fell on lake shore and reported as being unconscious. Minor - head injury.
 Cockermouth (19 x 2hr 0 min)
- 84 21854 20 February 14:25 Arthur's Pike NY464209**
 Dry/clear/cold/bright. Moderate heather footpath. Winter Hill Walking (Large party)
 Subject (M56), in group of fifteen slipped and tore calf muscle, unable to bear his weight. Minor - ruptured calf muscle.
 Patterdale (9 x 2hr 30 min)
- 85 21724 20 February 15:39 Bright Beck, Gt Langdale NY289079**
 Dry/clear/freezing/bright. Moderate moorland snow/ice, slippery. Winter Hill Walking (Small Party)
 Subject (M49) slipped; he made a valiant attempt to self-evacuate but eventually had to call for help. Serious - knee injury.
 Kendal (12 x 3hr 0 min); Langdale Ambleside (7 x 3hr 30 min)
- 86 21725 21 February 14:55 Ambleside NY377038**
 Snow/broken cloud/cold/dull. Steep track snow/ice, slippery. Resilience
 Responded on behalf of NWS to incident where woman had slipped and sustained arm injury on icy track outside house. Serious - Arm injury
 Langdale Ambleside (2 x 1hr 0 min)
- 87 21855 21 February 19:40 Fairfield NY359117**
 Light/snow/low cloud/very cold/dark. Steep snow/ice footpath slippery. Winter Hill Walking (Alone)
 Subject (M) reported overdue doing popular horseshoe. Search was being started when man turned up safe. He had been delayed helping another group of walkers who were lost.
 Patterdale (14 x 1hr 10 min)

- 88 21856 22 February 14:25 St Sunday Crag, 'Pinnacle Ridge' NY363138**
 Light/fine/overcast/freezing/bright. Steep snow/ice ridge. Snow/Ice Climbing – roped (Small Party)
 Group of four (M23, M21, M54, M49) nearing top of ridge triggered an avalanche which swept
 away three of them. Two were carried 750ft, sustaining serious injuries, one other injured his leg,
 the other shaken. Serious - head injuries, pneumothorax; Serious - multiple injuries including
 fractures; Serious - fractured ankle.
 Patterdale (18 x 5hr 0 min); Penrith (11 x 0hr 45 min); Great North AA Cumbria; Boulmer SAR
 Helicopter; North West Air Ambulance
- 89 21726 22 February 18:54 Raven Crag, Red Screes NY395083**
 Dry/clear/freezing/moonlight. Steep crag snow/ice, slippery. Winter Hill Walking
 Lights reported high on crag and they appeared to be shouting for help. On investigation, found
 they did not need help - false alarm good intent
 Langdale Ambleside (15 x 1hr 30 min)
- 90 21857 22 February 22:00 Red Screes, Kirkstone NY396087**
 Light/dry/broken cloud/freezing/dark. Steep snow/ice footpath. Winter Hill Walking(Alone)
 Report of overdue walker who had been walking on Red Screes. The man turn up in the
 Kirkstone Inn.
 Patterdale (14 x 0hr 40 min)
- 91 21776 26 February 12:15 Morland, Penrith NY595225**
 Cold sleet. Wet. Search - Non-mountain (Alone)
 Vulnerable (M84 DAT) reported missing from home; turned up safe and well, having spent day
 'next door'.
 Kirkby Stephen (8 x 3hr 0 min); Penrith (17 x 5hr 15 min); SARDA (Lakes) (4 x 4hr 0 min)
- 92 21777 27 February 10:26 Dufton NY690250**
 Cold dry. Damp. Fell Running (Organised event)
 Minor injuries/conditions reported at fellrunning competition. Treated lady for asthma attack and
 man with laceration to knee.
 Kirkby Stephen (2 x 0hr 15 min)
- 93 22236 27 February 16:50 Black Combe SD142861**
 E-moderate/fine/clear/cold/dark. Moderate slope firm. Hill Walking (Small Party)
 Subject (F61) had slipped. Serious - lower leg fracture.
 Duddon & Furness (19 x 3hr 30 min); Valley SAR Helicopter
- 94 21858 27 February 18:06 Helvellyn NY346124**
 Strong/dry/low cloud/very cold/dark. Steep snow/ice ridge. Winter Hill Walking (Small Party)
 Party of five (M30, M52, M26, M25, F22) reported they were cold and unwilling to descend from
 summit in the dark. Helicopter could not reach them due to cloud level, they were walked to
 safety.
 Patterdale (10 x 6hr 0 min); Valley SAR Helicopter
- 95 21841 27 February 23:45 Red Screes, Raven Crag NY395083**
 NE-light/snow/hill fog/cold/moonlight. Steep crag snow/ice, slippery. Snow/Ice Climbing - roped
 Stationary lights were reported, high on the crag. Investigated and found to be party of three
 moving steadily down. They were left to their own devices.
 Langdale Ambleside (3 x 1hr 0 min)

March

- 96 21939 1 March 13:22 Newshield Moss, Alston NY729479**
 Persistent wet snowfall. Wet snow. Winter Hill Walking
 Subject (F17) slipped and fell while walking up track to radio transmitter; she was evacuated by
 local farmer. Minor - unspecified knee injury.
 Penrith (10 x 0hr 30 min)

- 97 22081 3 March 13:52 Mosedale, Loweswater NY140198**
NE-calm/dry/clear/cold/bright. Gentle footpath dry. Hill Walking (Alone)
Subject (M) reported having injured his knee. Minor - knee injury.
Cockermouth (17 x 0hr 40 min)
- 98 21914 3 March 14:24 Great End, 'Window Gully' NY225086**
Light/dry/clear/cold/bright. Vertical gully snow/ice, slippery. Snow/Ice Climbing – roped (Alone)
A climber (M56) was solo-ing the gully and had almost completed the climb when he triggered an
avalanche. Other climbers were concerned that he had been carried down in the avalanche. One
of the first MRT members at the scene found the climber safe.
Cockermouth (21 x 1hr 0 min); Keswick (15 x 2hr 21 min); SARDA (Lakes) (3 x 2hr 21 min);
Wasdale (23 x 2hr 21 min); Great North AA Cumbria; Gannet SAR Helicopter
- 99 21915 6 March 14:17 Eagle Crag, Easedale NY298084**
Not reported. Not reported. Search - Mountain
Reports of shouts for help heard on Eagle Crag, assuming this to be the Eagle Crag in Greenup
Gill; investigated by Langdale team in area of Eagle Crag, Easedale. Proceeded to the area to
investigate only to receive another call saying the incident was in Easedale; resulted in fox
hounds being located by Langdale team, Keswick team stood-down
Keswick (11 x 2hr 7 min); Langdale Ambleside (5 x 1hr 30 min)
- 100 21843 7 March 12:25 Bowfell, Climbers Traverse NY248065**
Dry/clear/freezing/bright. Steep crag snow/ice, slippery. Winter Hill Walking
Rucsac reported abandoned in steep craggy area. Search using helicopter in area on training
exercise. Nothing found.
Langdale Ambleside (5 x 0hr 30 min); Boulmer SAR Helicopter
- 101 22082 7 March 16:15 Low Ling Crag, Buttermere NY155183**
Not reported. Not reported. Hill Walking (Medium party)
Subject (M) fell close to lakeside, sustaining an ankle injury. Minor - ankle injury.
Cockermouth (25 x 2hr 15 min)
- 102 21916 7 March 17:57 Grains Gill, White Bridge NY234098**
Dry/clear/very cold/dusk. Moderate footpath snow/ice, slippery. Winter Hill Walking
Having worn crampons for most of the day, subject (F51) had hardly taken them off when she
slipped. Serious - fracture ankle.
Keswick (15 x 2hr 43 min)
- 103 21917 9 March 18:35 Tongue Gill, Grange track NY245153**
Dry/clear/cold/dusk. Moderate track rough. Mountain Biking(Alone)
Rider (M17) badly stubbed his toe when mountain biking down this very rough track. Minor -
fracture/dislocation of toe.
Keswick (18 x 1hr 40 min)
- 104 21918 12 March 12:17 Blencathra, Hall's Fell NY325278**
Cloudy/cold/dull. Steep slope snow, slippery. Winter Hill Walking (Alone)
Subject (M) became stuck in steep snow and unable to move safely.
Keswick (19 x 3hr 40 min)
- 105 21859 13 March 12:20 Helvellyn, Brown Cove NY342156**
Moderate/dry/clear/very cold/bright. Steep snow/ice slope. Winter Hill Walking (Small Party)
Subject (F) slipped on soft snow and fell 200m, unable to arrest herself with an iceaxe. Serious -
neck hip and wrist injuries.
Patterdale (14 x 2hr 10 min); SARDA (Lakes) (10 x 2hr 6 min); Boulmer SAR Helicopter
- 106 22393 13 March 15:45 Catstycam NY356156**
Fresh/fine/clear/cool/bright. Steep snow/ice footpath slippery. Winter Hill Walking
Subject (F) reported cragfast on steep ground covered with snow and ice, she was roped down
to safety.
Patterdale (4 x 1hr 0 min)

- 107 21919 14 March 12:56 Threlkeld Quarry NY327246**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M73) fell when climbing over a fence and was then unable to get back up again. Minor – unspecified.
 Keswick (14 x 1hr 0 min)
- 108 21920 14 March 16:53 Barf NY216265**
 Dry/clear/cold/dull. Steep scree loose, slippery. Hill Walking (Family group)
 Family group (F) became cragfast near Slape Crag, above The Bishop rock.
 Keswick (20 x 1hr 49 min)
- 109 21921 17 March 12:05 Shepherd's Crag, Borrowdale NY263185**
 Not reported. Vertical rockface. Rock Climbing - roped
 Shouts for help were reported coming from this popular climbing area. Although climbers were found who had also heard the calls, despite a thorough search, nothing amiss was found. A false alarm with good intent.
 Keswick (10 x 1hr 15 min)
- 110 22394 17 March 20:28 Rest Dodd, Patterdale NY434134**
 Light/dry/low cloud/cold/dark. Moderate snow/ice footpath. Winter Hill Walking (Alone)
 Subject (M73) lost his way and after trying to find right path down, he called for help.
 Patterdale (14 x 4hr 12 min)
- 111 22395 18 March 19:38 St Sunday, 'Pinnacle Ridge' NY368138**
 Fresh/dry/low cloud/very cold/dark. Steep snow/ice gully. Snow/Ice Climbing – roped (Small Party)
 Party of three (M27, M33, F33) reported as cragfast after going off-route on recognised climb.
 They were roped to safety, very cold and exhausted. Minor - unspecified
 Patterdale (16 x 4hr 17 min)
- 112 21913 19 March 11:56 Gummings Howe SD389882**
 Light/dry/clear/mild/bright. Moderate rough footpath. Hill Walking (Small Party)
 Subject (F62) slipped on the footpath (currently under repair). Minor - fractured right ankle.
 Kendal (13 x 2hr 0 min)
- 113 22352 20 March 11:55 Scafell Pike NY215072**
 Moderate/dry/broken cloud/very cold/bright. Moderate slope snow. Winter Hill Walking (Alone)
 Subject (M) reported himself lost and disorientated on Three Peak Challenge. The team attempted unsuccessfully to talk him down, so a small group set off to find him. The walker then met another group of walkers who escorted him down.
 Wasdale (13 x 2hr 0 min)
- 114 22237 20 March 14:30 Ellerside Wood, Cartmel SD355810**
 Not reported. Not reported. Resilience
 Man reported having a seizure. Dealt with by air ambulance before team arrived
 Duddon & Furness (19 x 0hr 15 min)
- 115 21933 21 March 12:30 Hampsfell, Grange over Sands SD399793**
 Light/drizzle/misty/cool/bright. Moderate grassy footpath. Hill Walking (Small Party)
 Subject (M50) reported wandering round confused and dizzy. Minor – unspecified.
 Kendal (12 x 2hr 0 min)
- 116 21923 21 March 12:30 Great End NY228085**
 Light/rain/low cloud/cold/dull. Vertical rockface snow/ice. Winter Hill Walking (Small Party)
 Subject (M) unable to control slide down a snow slope and fell 200m over the crag to his death.
FATAL - multiple injuries
 Keswick (22 x 4hr 34 min); RAF Leeming (12 x 4hr 34 min); Gannet SAR Helicopter

- 117 22083 21 March 19:29 Red Pike - Starling Dodd NY150155**
 Not reported. Not reported. Hill Walking (Small Party)
 Party of two (M) reported lost. Local team members carried out an initial search, their car could not be found. Couple phoned later that night to confirm they were safely down.
 Cockermouth (6 x 0hr 46 min)
- 118 21924 22 March 11:28 Castlehead, Keswick NY269226**
 Light/drizzle/clear/cool/dull. Moderate footpath wet, slippery. Hill Walking
 Subject (F56) slipped on wet rock. Serious - fractured leg.
 Keswick (18 x 1hr 30 min)
- 119 21932 22 March 13:15 Alcock Tarn, Grasmere NY345084**
 Rain/hill fog/mild/dull. Moderate footpath wet, slippery. Hill Walking
 Subject (M68) collapsed with chest complaint. Serious - heart condition
 Langdale Ambleside (7 x 1hr 0 min)
- 120 22396 22 March 22:33 Patterdale - Shap NY564156**
 Fresh/dry/cloudy/cool/dark. Not reported. Hill Walking (Alone)
 Subject (M) failed to arrive at accommodation following C-to-C route. Sister reported him overdue. Search plan about to be started when man turned up at Shap.
 Patterdale (12 x 1hr 0 min)
- 121 21936 26 March 15:40 Gt Rundale Tarn, N Pennines NY732285**
 Low cloud cool. Wet, some old snow. Hill Walking (Small Party)
 Party of two (M35, F25) reported themselves lost in poor visibility.
 Kirkby Stephen (17 x 6hr 30 min); Penrith (9 x 6hr 0 min); SARDA (England) (4 x 6hr 30 min);
 SARDA (Lakes) (3 x 6hr 30 min); Teesdale and Weardale (10 x 8hr 0 min)
- 122 21937 28 March 12:26 Riggingleys Top, Askham Fell NY498229**
 Dry bright cloudy. Dry. Pony Trekking
 Rider (F31) reported as fallen from horse and damaged her hip. Serious - fractured hip.
 Penrith (13 x 1hr 0 min); Great North AA Cumbria
- 123 21940 28 March 14:30 Stake Pass, Gt Langdale NY260088**
 NE-fresh/showers/overcast/cool/dull. Moderate moorland damp. Hill Walking (School/Youth group)
 Subject (F17) reported as collapsed, cause unknown. Minor - hypothermia and exhaustion
 Langdale Ambleside (16 x 3hr 0 min); North West Air Ambulance
- 124 22397 28 March 16:55 Stybarrow Crag, Ullswater NY387177**
 Light/dry/clear/cold/bright. Not reported. Water Sport (Alone)
 Canoist (M42) capsized in canoe, local people pulled him from the water. He was suffering from hypothermia. Serious - hypothermia
 Patterdale (5 x 1hr 30 min); Great North AA Teeside
- 125 22398 29 March 10:56 Aira Force, Ullswater NY398204**
 Calm/fine/clear/cold/bright. Moderate firm footpath. Hill Walking (Small Party)
 Subject (F64) reported collapsed with chest pains. Serious - chest pains.
 Patterdale (12 x 1hr 13 min); Great North AA Teeside
- 126 22084 29 March 16:49 High Stile, Buttermere NY171150**
 NW-calm/heavy rain/hill fog/cool. Steep ridge snow. Hill Walking (Small Party)
 Party of two (M) became lost while walking the ridge from Red Pike. They were located very cold but unhurt, north of High Stile summit.
 Cockermouth (31 x 4hr 0 min); SARDA (Lakes) (9 x 4hr 0 min)
- 127 21938 29 March 20:50 Wether Hill, Garsdale SD808915**
 Misty showers. Wet moorland. Hill Walking (Alone)
 Subject (M68) reported missing, lost while walking over grouse moor.
 Cave Rescue Organisation (11 x 10hr 0 min); Kendal (9 x 6hr 0 min); Kirkby Stephen (14 x 15hr 0 min); SARDA (England) (3 x 9hr 0 min); Swaledale (15 x 9hr 0 min)

128 22238 31 March 08:45 Corney Fell SD141899
 Fresh/fine/cloudy/freezing/dull. Moderate frozen, slippery. Resilience
 Motorists reported snowbound on remote moorland road. Several persons evacuated to safety.
 Duddon & Furness (14 x 2hr 4 min)

April

129 22353 1 April 12:37 Hardknott Pass NY227014
 Fresh/dry/clear/cold/bright. Not reported. Resilience
 Call to assist car stranded on Hardknott Pass - AA refused to attend. Car pushed back on to road
 and party continued with journey.
 Wasdale (8 x 2hr 0 min)

130 21941 2 April 12:15 Jenkins Crag, Ambleside NY382030
 Calm/dry/broken cloud/cool/dull. Moderate track damp, slippery. Hill Walking (Small Party)
 Subject (F78) reported as collapsed, cause unknown. Minor - vomiting, fainting
 Langdale Ambleside (13 x 1hr 0 min)

131 22085 2 April 14:30 Ard Crag, Sail Valley NY211203
 SW-calm/dry/clear/cold/dull. Moderate footpath damp. Hill Walking (Small Party)
 Subject (F50) fell on the footpath sustaining an ankle injury. Serious - fractured ankle.
 Cockermouth (23 x 2hr 40 min)

132 22100 2 April 14:38 Watendlath Beck - Hog's Earth NY269181
 Damp cold. Slippery. Hill Walking
 Subject (M) reported with leg injuries. Serious - fracture tibia & fibula.
 Keswick (13 x 1hr 43 min)

133 22102 2 April 16:16 Blencathra, Sharp Edge NY326283
 Freezing blizzard. Wet snow slippery. Rock Scrambling (Small Party)
 Party of three (F, M, M) attempting to traverse a narrow, exposed ridge were caught out in a
 blizzard becoming cragfast and disorientated. Meanwhile other climbers managed to safely assist
 the party to safety.
 Keswick (18 x 2hr 8 min); Boulmer SAR Helicopter

134 22354 3 April 14:00 Eel Tarn, Eskdale NY184019
 Moderate/dry/clear/cool/bright. Gentle footpath wet. Hill Walking (Small Party)
 Subject (F49) slipped. Serious - fracture / dislocation to left ankle
 Wasdale (13 x 2hr 30 min)

135 21943 3 April 15:44 Wansfell Pike, Ambleside NY391042
 Dry/broken cloud/cool/bright. Steep moorland boggy slippery. Hill Walking (Small Party)
 Subject (F36) slipped on wet descent. Serious - fractured lower leg
 Langdale Ambleside (12 x 1hr 30 min)

136 21942 3 April 17:00 High Raise, Gt Langdale NY285091
 Showers/low cloud/cold/dull. Moderate moorland snow/ice. Winter Hill Walking (Small Party)
 Party (F, M) reported themselves lost and exhausted and unable to find their way over snow-
 covered ground.
 Langdale Ambleside (11 x 3hr 30 min)

137 22355 4 April 13:30 Scafell Pike, Corridor Route NY218085
 Moderate/dry/clear/cool/bright. Steep footpath wet. Hill Walking (Medium party)
 Subject (M24) fell at the rock step. Minor - fracture left wrist
 Cockermouth (6 x 5hr 0 min); Wasdale (14 x 3hr 30 min); Boulmer SAR Helicopter

138 22239 4 April 14:20 Caw SD230943
 Not reported. Not reported. Hill Walking (Small Party)
 Subject (M49) had fallen and hurt his knee whilst chasing his dog, which had slipped its lead.
 Serious - fracture at right knee.
 Duddon & Furness (14 x 2hr 10 min); Valley SAR Helicopter

139 21995 4 April 14:30 Snarker Pike, Ambleside NY386067
NE-fresh/dry/clear/cold/bright. Steep footpath boggy slippery. Hill Walking
Subject (F62) slipped and sustained lower leg fracture. Serious - fractured lower leg
Langdale Ambleside (14 x 2hr 30 min); North West Air Ambulance

140 21983 4 April 15:45 Great How Cragg SD276999
Dry, sunny. Craggy, rough. Hill Walking (Alone)
Subject (F35) became cragfast; she was belayed to safety.
Coniston (17 x 3hr 15 min)

141 22128 5 April 14:54 Wether Hill, High Street NY460170
Overcast damp showers strong wind. Wet. Hill Walking (D of E) (Small Party)
Party of five youths (M16-17) on expedition became disorientated in low cloud and one reported
a knee injury. Party were met by passer-by who escorted them until met by MR. Minor – cramp.
Penrith (1 x 2hr 30 min)

142 22129 5 April 18:44 Lad Cragg, Haweswater NY481149
Overcast showery. Wet. Hill Walking (Small Party)
Subject (M) fell while walking along footpath. Minor - fractured ankle.
Penrith (1 x 1hr 30 min)

143 21999 7 April 15:35 Silver Howe, Grasmere NY326075
Dry/clear/mild/bright. Moderate footpath grassy, slippery. Hill Walking (Small Party)
Subject (F) slipped on descent. Serious - lower leg fracture.
Langdale Ambleside (14 x 1hr 30 min)

144 22104 8 April 15:13 Crag Hill NY186203
Not reported. Not reported. Hill Walking (Small Party)
Subject (M65) collapsed while walking. Despite the best efforts by all at the scene, the man sadly
died. **FATAL** - collapse.
Keswick (18 x 3hr 19 min)

145 22399 8 April 16:25 The Knott NY431127
Light/fine/clear/mild/bright. Moderate damp footpath. Hill Walking (Family group)
Subject (F39) walking with her family tripped. Serious - fracture to right ankle.
Patterdale (9 x 2hr 0 min)

146 22105 9 April 10:40 Great Gable - Windy Gap NY214105
Calm cloudy. Steep loose slippery. Hill Walking
Subject (M14) slipped and tumbled about 10m. In the process, he managed to break his arm.
Serious - fractured wrist.
Keswick (16 x 3hr 52 min); North West Air Ambulance

147 22106 10 April 11:30 Lodore Falls NY265188
Fine. Not reported. Hill Walking
Subject (M64) slipped and fell about 5m onto rocks in the gill. Serious - fractured neck of femur,
abrasions & contusions.
Keswick (12 x 2hr 16 min)

148 22107 10 April 12:09 Raven Crag, Comb Gill, 'Corvus' NY248114
Fine. Not reported. Rock Climbing – roped (Small Party)
Subject (M17) fell 10m from the 1st pitch of the climb, sliding at first, then penduluming until he
hit a ledge in a gully. Minor - collar bone, arm & head
Cockermouth (21 x 3hr 0 min); Keswick (7 x 2hr 55 min); Leconfield SAR Helicopter

149 22108 10 April 18:45 Thirlmere Forest NY299183
Warm clear. Track. Hill Walking
Requested to drive the forestry tracks to look for a subject (F31) who had become separated
from her walking group.
Keswick (13 x 0hr 49 min)

150 22031 11 April 23:55 Loughrigg, Ambleside NY365040
 Dry/clear/mild/moonlight. Moderate moorland damp. Search - Non-mountain (Alone)
 Despondent (M18) reported missing from home, concern for welfare.
 Langdale Ambleside (2 x 1hr 30 min)

151 22240 12 April 21:00 Ormsgill, Barrow SD188712
 Light/fine/clear/cool/dark. Steep bank loose. Resilience
 Subject (M17) reported stuck on slag bank, unable to move through fear.
 Duddon & Furness (23 x 1hr 25 min)

152 22109 13 April 00:04 Derwentwater Boat Landings NY264226
 Not reported. Not reported. Search - Non-mountain (Alone)
 Female was reported missing in the vicinity of the lake shore. Team members, search dogs and
 a police helicopter searched for an extended period before it was discovered she was in hospital!
 Keswick (11 x 2hr 0 min); SARDA (Lakes) (6 x 2hr 0 min)

153 22087 13 April 16:20 Rosett Ghyll, Gt Langdale NY247075
 SW-light/dry/clear/cool/dull. Steep footpath damp, slippery. Hill Walking
 Subject (M46) reported slipped. Serious - dislocated patella.
 Kendal (10 x 1hr 30 min); Langdale Ambleside (15 x 4hr 0 min)

154 22088 14 April 13:30 Dungeon Ghyll, Gt Langdale NY281072
 Dry/clear/mild/bright. Vertical gully very wet, slippery, loose. Rock Scrambling (Small Party)
 Three of party of four (M20) injured and cragfast after one fell generating a significant rockfall.
 Minor - head and hand injuries.
 Langdale Ambleside (14 x 5hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance

155 22111 15 April 13:19 High Spy NY235162
 Fresh/dry/clear/cool/bright. Undulating footpath dry. Hill Walking (D of E) (School/Youth group)
 Subject (M15) in a group of teenagers, had a chronic asthma attack when on the summit. A
 passing group of adults took control of the situation and moved the group to a more sheltered
 location where they waited for help. Minor - Chronic asthma attack
 Keswick (18 x 2hr 19 min); Boulmer SAR Helicopter

156 22400 16 April 16:25 Barton NY478225
 Light/dry/clear/warm/bright. Moderate dry footpath. Hill Walking (Small Party)
 Subject (M32) walking with friend and two children phoned police as he was exhausted and
 feeling ill.
 Patterdale (10 x 1hr 15 min)

157 22401 17 April 13:30 Sticks Pass NY344182
 Light/dry/overcast/cool/bright. Moderate dry footpath. Hill Walking (D of E) (School/Youth group)
 Subject (F17) on expedition training slipped, two of group raised the alarm. Serious - fractured
 ankle
 Patterdale (14 x 4hr 0 min)

158 22242 17 April 14:16 Crag Hill NY195202
 Not reported. Not reported. Fell Running (Organised event)
 Competitor (F49) turned her ankle while taking part in the Coledale Horseshoe event. She was
 treated at the scene and carried down to Force Crag before being taken in a vehicle down the dirt
 track to a waiting ambulance. Serious - ankle injury.
 Keswick (18 x 3hr 4 min)

159 22099 17 April 14:24 Gummers Howe, Windermere SD389885
 Calm/dry/clear/warm/bright. Moderate dry footpath. Hill Walking (Small Party)
 Subject (M56) reported as fallen; as the team arrived, he was walking back to the roadhead
 assisted by paramedics.
 Kendal (10 x 2hr 30 min)

160 22285 18 April 12:30 Pillar Rock, West Waterfall NY172124
 NE-fresh/dry/cloudy/cool/dull. Steep gully damp, slippery. Hill Walking
 Subject (F22) fell 80m whilst descending. Serious - head, spinal and arm.
 Cockermouth (24 x 2hr 52 min); Gannet SAR Helicopter

161 22112 20 April 13:10 Walna Scar SD283966
 Fine, dry. Fellside. Occupational
 Shouts for help heard and reported. On investigation, it turned out to be sheep gathering, false
 alarm good intent.
 Coniston (3 x 0hr 30 min)

162 22113 21 April 15:20 Dow Crag SD264977
 Dry, fine. Rock. Rock Climbing – roped (Small Party)
 Climber (M52) reported fallen to bottom of Great Gully. Serious - fractured base of skull, fractured
 tibia & fibula and forearm.
 Coniston (17 x 3hr 0 min); Boulmer SAR Helicopter; North West Air Ambulance

163 22243 21 April 16:45 Whinlatter NY210246
 Sunny dry. Dry rough track. Mountain Biking
 Rider (M45) took off from a lump and landed badly, going over his handlebars and landing on his
 face on the gravel track. Serious - fractured vertebra & pneumothorax.
 Keswick (19 x 1hr 30 min); Unknown Civilian Aircraft

164 22442 21 April 18:00 Haystacks, Buttermere NY158134
 NW-calm/dry/clear/cool/bright. Steep crag dry. Animal Rescue
 A sheep was reported stuck on steep crag. It was rescued from a crag and lowered to safe
 ground
 Cockermouth (3 x 3hr 0 min)

165 22244 22 April 17:23 Skiddaw, Jenkin Hill NY282256
 Not reported. Dry. Hill Walking (Small Party)
 Subject (M78) was almost back from his walk up Skiddaw but was unable to do the last 800
 metres to his car due to muscular problems. Minor - overstretched muscles.
 Keswick (20 x 1hr 3 min)

166 22286 23 April 14:04 Haystacks, Blackbeck Tarn NY201129
 SW-calm/cloudy/mild/dull. Moderate footpath dry. Hill Walking (Small Party)
 Subject (M) reported collapsed near tarn, found to be dead on scene. **FATAL** - unspecified
 Cockermouth (18 x 2hr 52 min); Gannet SAR Helicopter

167 22356 23 April 16:15 Scafell, Broad Stand NY208067
 Moderate/dry/clear/cool/bright. Steep crag. Hill Walking (Medium party)
 Subject (M46) was reported cragfast in a gully. Information from the informant suggested he was
 on steep scree but he was actually just above Broad Stand. He was uninjured and was assisted
 to climb back up with a rope and escorted to safety.
 Wasdale (17 x 4hr 30 min)

168 22130 23 April 18:22 White Mines, Murton Fell, N Pennine NY745226
 Clear fine mild. Firm dry. Search – Mountain (Alone)
 Despondent (F53) reported missing from home, possible location from mobile phone; intent on
 self-harm. Located on fellside by police prior to MRT arrival.
 Kirkby Stephen (11 x 1hr 30 min); Penrith (12 x 1hr 0 min); SARDA (Lakes) (2 x 1hr 30 min)

169 22114 24 April 12:55 Wetherlam SD287011
 Fine. Rough track. Hill Walking (Small Party)
 Subject (F61) reported with injured knee. Serious - twisted left knee.
 Coniston (7 x 13hr 0 min); Boulmer SAR Helicopter

170 22115 24 April 15:25 Harrow Slack, Claiffe Heights SD298852
 Dry, sunny. Rough track. Fell Running
 Fellrunner (M32) in trail race slipped. Serious - fractured ankle.
 Coniston (3 x 1hr 0 min)

171 22443 25 April 15:30 Green Crag, Buttermere NY202132
 NW-fresh/drizzle/cloudy/cool/dull. Steep crag damp. Animal Rescue
 Three sheep reported stuck on crag. Retrieved without loss or injury
 Cockermouth (13 x 1hr 0 min)

172 22116 25 April 16:45 Hodge Close NY318019
 Fine, dry. Slate quarry, rough track. Hill Walking (Small Party)
 Subject (F26) stumbled walking in quarry. Serious - compound ankle fracture
 Coniston (17 x 1hr 15 min); Leconfield SAR Helicopter

173 22132 28 April 18:00 Stickle Ghyll, Gt Langdale NY291068
 Dry/broken cloud/mild/bright. Moderate footpath firm. Hill Walking (Military unit)
 Subject (M16) sustained leg injury while swimming in tarn. Minor - cut to foot
 Langdale Ambleside (14 x 1hr 30 min); North West Air Ambulance

174 22402 29 April 11:32 Sharrow Bay, Ullswater NY462030
 Light/fine/clear/warm/bright. Not reported. Water Sport (Alone)
 Subject (M62) reported overboard whilst travelling on one of the Ullswater Steamers. Divers
 recovered body two days later. **FATAL** – drowning.
 Patterdale (12 x 4hr 30 min); Boulmer SAR Helicopter

175 22357 29 April 15:16 Great Gable NY208106
 Moderate/dry/clear/cool. Steep scree loose. Hill Walking (Small Party)
 Subject (F29) hit by a rock and her companion (F30) was also injured. Minor - sprain left ankle;
 Serious - open compound fracture of tibia, deep lacerations and profuse bleeding.
 Wasdale (19 x 5hr 0 min); Boulmer SAR Helicopter

May

176 22358 1 May 14:00 Corridor Route, 'Bad Step' NY219085
 Light/passing showers/cloudy/cool. Moderate scree wet. Hill Walking (Small Party)
 Subject (M44) took a tumbling fall. Serious - fractured left shoulder, various lacerations.
 Wasdale (17 x 4hr 30 min); Gannet SAR Helicopter

177 22245 1 May 19:18 Sprinkling Tarn NY227089
 Strong/rain/cold/dark. Undulating footpath wet. Hill Walking (D of E) (School/Youth group)
 Subject (F16) taking part in her award expedition reported unable to continue due to cold and
 exhaustion. She was treated at the scene and was able to walk back down with assistance.
 Minor - mild hypothermia.
 Keswick (23 x 3hr 8 min)

178 22359 2 May 15:20 Corridor Route, 'Bad Step' NY219084
 Moderate/dry/clear/cool. Moderate footpath. Hill Walking (Small Party)
 Subject (M10) slipped and fell 10m into a gully. His mother injured her leg while going to help him
 (same location as previous day!). Minor - fractured leg; Serious - serious head injury
 Wasdale (19 x 3hr 30 min); Gannet SAR Helicopter

179 22241 3 May 14:00 White Combe SD148865
 Light/fine/clear/cool/bright. Moderate footpath firm. Hill Walking (Small Party)
 Subject (M50) complained of chest pains during walk. **FATAL** - heart attack.
 Duddon & Furness (19 x 2hr 15 min); North West Air Ambulance

180 22246 5 May 13:11 Shepherd's Crag, 'The Grasp' NY262182
 Drizzle. Vertical rockface wet, slippery. Rock Climbing - roped
 Climber (M26) fell 8m from the climb, injuring his pelvis and back. He was treated at the scene
 and carried down to a waiting ambulance. Serious - pelvis and back injury.
 Keswick (21 x 1hr 4 min)

181 22182 7 May 16:00 Nibthwaite SD298912
 Dry, fine. Rough track. Motor Sport (Small Party)
 Two off-road motorcycles collided, one rider (M49) injured. Serious - fractured right leg.
 Coniston (14 x 1hr 30 min); North West Air Ambulance

182 22360 7 May 17:16 Hardknott Pass NY230014
 Not reported. Not reported. Resilience
 Report of a vehicle 'hanging over the edge' on high mountain pass. With report of life at risk,
 team mobilised but were stood down before reaching the incident; no reason given.
 Wasdale (5 x 1hr 0 min)

183 22247 8 May 13:49 Castlerigg, Springs Wood NY276226
 Dry cloudy. Dry loose footpath. Hill Walking
 Subject (F37) slipped on the gravel path and injured her ankle. Serious - ankle injury.
 Keswick (10 x 1hr 4 min)

184 22194 9 May 10:30 'Coffin Route', Grasmere NY351066
 Dry/clear/mild/bright. Gentle footpath dry. Hill Walking (Small Party)
 Subject (M44) collapsed while walking with his wife. **FATAL** - heart attack
 Langdale Ambleside (11 x 2hr 0 min); North West Air Ambulance

185 22287 9 May 12:11 Warnscale NY202134
 NE-fresh/dry/cloudy/cool/bright. Moderate footpath dry. Hill Walking (Small Party)
 Subject (F) reported with injured leg while descending Fleetwith Pike. Serious - fractured leg.
 Cockermouth (16 x 3hr 19 min)

186 22362 10 May 17:15 Sty Head Path, Wasdale NY214095
 Light/dry/clear/cool/bright. Moderate footpath. Hill Walking
 Subject (M75) reported with leg cramp and unable to walk. However they met him on the road in
 a car. He was checked by a doctor and given all clear.
 Wasdale (17 x 1hr 0 min)

187 22248 11 May 15:24 Borrowdale, Cummacatta Wood NY253170
 Not reported. Not reported. Hill Walking
 Subject (M65) reported collapsed while walking, reported dead on scene. **FATAL** - heart attack
 Keswick (18 x 1hr 45 min)

188 22363 12 May 18:15 Corridor Route, 'Bad Step' NY219085
 Light/dry/cool. Moderate footpath. Animal Rescue
 Report of a labrador with a 'poorly paw' unable to ascend awkward gully. First aid administered
 (bandaged paws) by team members, dog and owners escorted to Styhead to make their own
 way off.
 Wasdale (10 x 2hr 30 min)

189 22212 13 May 12:32 St Raven's Edge, Kirkstone NY407088
 NE-fresh/dry/clear/cool/bright. Moderate moorland damp. Hill Walking
 Subject (M82) forced to stop walking complaining of chest pains. Serious - Chest pains.
 Langdale Ambleside (13 x 2hr 30 min); Great North AA Teeside

190 22249 13 May 17:51 Robinson, Red Gill NY204176
 Fine. Dry. Hill Walking
 Subject (M25) set off over Cat Bells and eventually became lost in the High Spy - Dale Head
 area. He was located on Robinson.
 Keswick (9 x 3hr 13 min)

191 22407 15 May 13:35 Ambleside NY377038
 Not reported. Not reported. Resilience
 Requested to assist ambulance service reaching a patient at an isolated property. Transferred
 unresponsive diabetic to ambulance.
 Langdale Ambleside (8 x 1hr 0 min)

192 22364 15 May 15:40 Corridor Route, Scafell Pike NY215080
 Light/dry/clear/cool/bright. Moderate footpath. Hill Walking
 Subject (F35) slipped. Minor - sprained right ankle
 Wasdale (12 x 3hr 0 min); Leconfield SAR Helicopter

193 22250 16 May 13:41 Castle Crag, Borrowdale NY247156
 Dry bright. Dry. Mountain Biking
 Rider (M47) came off his mountain bike whilst descending the rocky track. He hit his head and
 broke his humerus. Serious - head injury, fracture humerus.
 Keswick (15 x 2hr 45 min)

194 22251 16 May 15:00 Castle Crag, Borrowdale NY247156
 Dry bright. Dry rough track. Mountain Biking
 Rider (M40) fell off his bike lower down the track, managing to land on his face. Minor - lacerated
 chin. neck injury.
 Keswick (15 x 1hr 30 min)

195 22365 16 May 19:50 Upper Eskdale NY228066
 Not reported. Not reported. Hill Walking (Small Party)
 Subject (M), in party with two teenage boys training for Three Peaks Challenge reported to be
 suffering from chest pains. Subject managed to make his own way off without any assistance.
 Keswick (1 x 5hr 17 min); Wasdale (13 x 5hr 17 min); Gannet SAR Helicopter

196 22288 17 May 16:58 Lorton, Hope Farm NY167238
 SW-light/dry. Gentle bank dry. Parapenting (Alone)
 Subject (M) reported injured in paracending accident, circumstances not reported. Serious -
 spinal and pelvic injuries.
 Cockermouth (26 x 2hr 7 min); North West Air Ambulance

197 22332 18 May 17:30 High Cup Nick, Dufton NY729253
 Dry sunny warm. Dry. Hill Walking (Small Party)
 Subject (M71) collapsed resulting in fall landing face down, short-term loss of consciousness.
 Serious - bleeding from ear, facial lacerations, jaw damaged, inner ear.
 Penrith (8 x 1hr 30 min); Great North AA Teeside

198 22408 18 May 17:40 Stool End, Gt Langdale NY273056
 Not reported. Moderate track dry. Hill Walking
 Subject (F72) reported ill and unable to continue. Minor - minor leg injury, dizziness
 Langdale Ambleside (11 x 1hr 15 min)

199 22403 21 May 11:55 Aira Force, Ullswater NY399205
 Light/dry/broken cloud/warm/bright. Moderate dry footpath. Hill Walking (Family group)
 Subject (M) reported collapsed at beauty spot with cardiac problem. Serious - heart attack
 Patterdale (8 x 1hr 0 min)

200 23380 22 May 02:00 Glencoyne NY381164
 Calm/dry/clear/mild/dark. Moderate dry footpath. Hill Walking (Small Party)
 Party of two (M) got lost on Helvellyn in darkness and could not find way back to their tent. They
 were talked down to safe ground, told to stay put till first light and were met and taken back to
 their tent.
 Patterdale (4 x 3hr 0 min)

201 22252 22 May 11:56 Castle Rock, 'South Direct' NY321195
 Warm dry. Dry vertical. Rock Climbing - roped
 Subject (M46) fell while climbing and although he was held upside down by the rope he banged
 his head, sustaining cuts and concussion. Serious - cuts to head, concussion.
 Keswick (21 x 1hr 34 min)

202 22289 22 May 12:49 Pillar NY171121
 SW-light/dry/clear/hot/bright. Steep footpath dry. Hill Walking
 Subject (M) reported as fallen on the summit. Minor - injury to right cheek
 Cockermouth (6 x 1hr 40 min)

203 22253 22 May 13:28 Manesty, Borrowdale NY248192
 Warm dry. Dry steep. Hill Walking
 Subject (M57) fell on descent of an erosion control area, gashing his hand and hitting his head.
 Minor - gashed hand, banged head
 Keswick (21 x 1hr 6 min); SARDA (England) (2 x 1hr 6 min); North West Air Ambulance

204 22418 23 May 15:04 Sweden Crag, Ambleside NY377067
 Dry/clear/warm/bright. Moderate footpath dry. Hill Walking (Small Party)
 Subject (F) reported with ankle injury, cause not reported. Minor - lower leg injury.
 Langdale Ambleside (11 x 1hr 30 min)

205 22290 23 May 15:05 Hopegill Head NY185225
 SW-calm/dry/clear/warm/bright. Moderate footpath dry. Hill Walking (Small Party)
 Subject (F) reported with ankle injury, cause not reported. Serious - lower leg and pelvic injuries
 Cockermouth (27 x 2hr 40 min); Gannet SAR Helicopter

206 22366 24 May 14:25 Great Gable NY209099
 Light/dry/clear/mild/bright. Steep rockface. Rock Climbing - roped
 Subject (M40) reported fallen from Napes Needle. Helicopter assistance requested because of
 location but tasked to another incident so the climber was stretchered to easier ground and he
 then walked off. Minor - lacerations to right upper thigh.
 Wasdale (24 x 5hr 30 min)

207 22369 24 May 16:10 Braithwaite, A66 NY232246
 Calm/dry/clear/hot/bright. Level dry. Road Traffic Collision (School/Youth group)
 A major incident involving a school bus and a car. The bus had collected students at the end of
 school and had overturned after a collision with a car. The car driver was killed and two
 teenagers on the bus. Many critically injured. All emergency services, five helicopters (military
 and civilian) and three MRTs were involved.
 Cockermouth (29 x 1hr 48 min); Keswick (35 x 3hr 49 min); Penrith (15 x 1hr 0 min)

208 22370 25 May 14:54 Causey Pike NY224209
 Not reported. Not reported. Hill Walking
 Subject (F37) slipped and fell onto her out-stretched hand. Minor - dislocated finger.
 Keswick (13 x 1hr 43 min)

209 23381 25 May 16:07 Helvellyn, Red Tarn NY349151
 Calm/dry/clear/hot/bright. Moderate dry footpath. Hill Walking (Small Party)
 Subject (F49) injured ankle descending she was helped by passing walkers to Red Tarn. Minor -
 ankle injury.
 Patterdale (11 x 3hr 27 min)

210 22419 26 May 12:49 Pavey Ark, Jack's Rake NY285078
 SW-fresh/heavy rain/broken cloud/mild/dull. Vertical crag wet, slippery. Rock Scrambling
 Subject (M52) injured shoulder. (Rescue delayed by first helicopter breaking down and second
 being diverted to incident in north of county). Serious - dislocated shoulder
 Kendal (7 x 6hr 0 min); Langdale Ambleside (17 x 4hr 30 min)

211 22293 26 May 14:50 Ladd Hows NY177196
 SW-light/showers/clear/mild/bright. Steep footpath dry. Hill Walking (Large party)
 Subject (M50) struck by lightning, remainder of party escorted to safety. Minor - lightning injuries
 and injury to leg.
 Cockermouth (24 x 2hr 8 min); Gannet SAR Helicopter; North West Air Ambulance

212 22371 26 May 14:57 Crag Hill NY197202
Thunder and lightning. Not reported. Hill Walking
Subject (F60) injured her leg when a bolt of lightning struck the ground between herself and a companion (M). Both were airlifted to hospital. Minor - shock; Minor - Entry burn but no exit burn. Keswick (22 x 2hr 4 min); Gannet SAR Helicopter

213 22367 26 May 15:45 Piers Gill NY211083
Light/passing showers/broken cloud/cool/bright. Steep gully very wet. Hill Walking (Alone)
Reports of a call for help from deep ravine. MRT mobilised but subject (M) was assisted to safety by passing walkers just as the team arrived on scene.
Wasdale (19 x 2hr 30 min)

214 22420 27 May 11:50 Wray Gill, Silver How NY325072
Dry/clear/mild/bright. Steep footpath grassy, slippery. Hill Walking (Medium party)
Subject (F50) slipped. Serious - lower leg fracture.
Langdale Ambleside (11 x 1hr 30 min)

215 22421 29 May 22:50 Wall End, Gt Langdale NY292044
Not reported. Not reported. Hill Walking
Lights reported on hillside at the end of the valley. Nothing found, false alarm good intent.
Langdale Ambleside (2 x 1hr 30 min)

216 22373 30 May 13:34 Cat Bells NY244190
Cloudy dry. Dry. Hill Walking (Family group)
Subject's parents reported having lost their daughter (F11) in the vicinity of the summit. They had been unable to trace her in 90 minutes. The girl was located by her parents.
Keswick (16 x 0hr 46 min)

217 22368 31 May 13:15 Scafell Pike NY191073
Light/dry/warm. Moderate footpath. Hill Walking (Small Party)
Subject (M18) reported to have collapsed with fatigue and dehydration. Unable to retain any fluids without vomiting. MRT deployed but subject recovered enough to walk off before team arrived on scene.
Wasdale (15 x 1hr 0 min)

218 22449 31 May 14:42 Gibson Knott, Grasmere NY313102
Not reported. Not reported. Hill Walking (Small Party)
Subject (M40) reported that his knee gave way, and was unable to walk. Minor - dislocated patella.
Langdale Ambleside (14 x 2hr 30 min)

219 22422 31 May 14:42 Crinkle Crag, Gt Langdale NY255055
Dry/clear/mild/bright. Moderate ridge damp. Hill Walking
Subject (M) reported with soft tissue injuries, cause not reported. Minor - soft tissue injuries
Langdale Ambleside (5 x 1hr 0 min); North West Air Ambulance

220 22294 31 May 15:00 Wandope NY188197
Not reported. Not reported. Hill Walking
Subject (F30) struck by lightning. Minor - head injuries.
Cockermouth (24 x 1hr 0 min)

221 22374 31 May 15:20 Cat Bells NY244200
Dry. Dry. Hill Walking
Subject (F58) slipped on the steep grass just north of the summit. Serious – ankle injury.
Keswick (16 x 0hr 45 min); North West Air Ambulance

222 22438 31 May 15:55 Green Crag, Haystacks, Buttermere NY202130
NW-calm/dry/clear/mild/bright. Moderate footpath dry. Hill Walking (Small Party)
Subject (M) reported to have fallen on a path. Minor - ankle injury
Cockermouth (17 x 2hr 43 min); North West Air Ambulance

June

- 223 22375 1 June 17:47 Dodd Wood NY238279**
Not reported. Not reported. Hill Walking
Subject (F55) reported slipped. Serious - ankle injury.
Keswick (19 x 1hr 3 min)
- 224 22313 2 June 14:40 Great Howe Crags SD276999**
Fine, dry, sunny. Craggy. Hill Walking (Small Party)
Party of two (F53 F27) reported cragfast. They were located, belayed and accompanied to safety.
Coniston (1 x 2hr 30 min)
- 225 22336 2 June 16:17 West Cumbria NY073035**
SW-fresh/dry/clear/warm/bright. Rural metalled roads. Resilience
Cumbria Police requested a search of all metalled roads for any unreported victims on a route that may have been used during a major shooting incident earlier in the day. Over 100 miles of roads searched, including verges and 20m both sides; no further victims reported found.
Bowland Pennine (9 x 16hr 0 min); Cockermouth (14 x 10hr 0 min); Coniston (11 x 6hr 0 min); Duddon & Furness (21 x 5hr 30 min); Kendal (13 x 7hr 0 min); Keswick (7 x 5hr 0 min); Kirkby Stephen (12 x 10hr 0 min); Langdale Ambleside (6 x 12hr 0 min); Moffat (1 x 6hr 0 min); Patterdale (11 x 12hr 0 min); Penrith (15 x 6hr 0 min); SARDA (England) (4 x 18hr 0 min); SARDA (Lakes) (8 x 12hr 0 min); SARDA(Scotland) (7 x 12hr 0 min); Wasdale (1 x 6hr 0 min); Unknown Unit (12 x 12hr 0 min)
- 226 22451 2 June 17:35 Rosset Ghyll, Gt Langdale NY248075**
Not reported. Not reported. Hill Walking
Subject (M49) reported with ankle injury. Serious - lower leg fracture.
Langdale Ambleside (17 x 4hr 0 min)
- 227 22452 2 June 19:15 Grasmere NY302104**
Not reported. Not reported. Hill Walking
Party of two (M56) reported overdue. Outcome not reported.
Langdale Ambleside (3 x 1hr 0 min)
- 228 22377 3 June 13:52 Cat Bells NY249192**
Hot sunny dry. Dry. Hill Walking
Subject (F58) fell and injured her ankle 200 metres from the road. Serious - ankle fracture.
Keswick (14 x 2hr 17 min)
- 229 22441 4 June 11:24 Eagle Crag, Buttermere NY172145**
SW-calm/dry/clear/warm. Steep crag dry. Rock Scrambling (Small Party)
Party of four (M16-17), were scrambling when one fell about 25m sustaining head injuries; others became cragfast, and were lowered to safety. **FATAL** - mutiple injuries.
Cockermouth (20 x 3hr 25 min); Boulmer SAR Helicopter; Unknown Civilan Aircraft
- 230 23384 4 June 15:45 Helvellyn, Striding Edge NY347149**
Not reported. Not reported. Hill Walking (Alone)
Subject (M) reported as fallen with head injury. Serious - head injury
Patterdale (2 x 1hr 0 min); Great North AA Cumbria
- 231 22378 4 June 16:53 Whinlatter, Blaze Bridge NY181250**
Not reported. Not reported. Mountain Biking
Rider (M45) came off one of his pedals on a fast descent and bend, resulting in falling in such a way that his chest landed heavily on his handlebar stem. Serious – pneumothorax.
Keswick (16 x 1hr 37 min)

232 22453 7 June 16:00 Three Tarns, Gt Langdale NY249061
 Not reported. Not reported. Hill Walking
 Subject (M) reported with knee injury. Evacuated by air ambulance as team members arrived.
 Minor - knee injury.
 Langdale Ambleside (13 x 2hr 0 min)

233 22454 7 June 16:25 Helm Crag, Grasmere NY326084
 Not reported. Not reported. Hill Walking
 Subject (M) reported collapsed with abdominal pains. Head injury resulted. Serious - abdominal
 pains, head injury
 Langdale Ambleside (4 x 1hr 30 min); North West Air Ambulance

234 22388 8 June 14:37 Blencathra, Doddick Fell NY331267
 Wet. Wet steep grass. Hill Walking
 Subject (M50) slipped and injured his knee. Serious - knee ligaments damage.
 Keswick (16 x 1hr 43 min)

235 22379 8 June 17:10 Grizesdale Forest SD350930
 Cloudy, drizzle. Forest tracks. Orienteering (Small Party)
 Party of four (M15) lost way on orienteering course. Located and reunited with leader.
 Coniston (10 x 2hr 0 min)

236 22382 8 June 18:00 Scafell Pike NY207070
 Moderate/passing showers/hill fog/cool. Moderate footpath wet. Hill Walking
 Subject (M54) reported slipped. Serious - dislocated shoulder.
 Wasdale (22 x 4hr 30 min); Great North AA Cumbria; Gannet SAR Helicopter

237 22445 9 June 18:16 Grassmoor, Buttermere NY174203
 NW-calm/dry/cloudy/mild/bright. Steep footpath dry. Hill Walking (Small Party)
 Party of three (M) reported having become lost on summit. They were located and escorted to
 Lanthwaite Green.
 Cockermouth (13 x 3hr 30 min)

238 22389 10 June 09:16 Seatoller - Great Gable NY208099
 Wet windy cloud. Wet. Hill Walking
 Subject (M72) reported missing having no contact for 3 days. Car located in Seatoller. Search
 conducted until a walker on the Gt Gable climbers' traverse reported finding a body near the
 Sphynx Rock. **FATAL** - multiple injuries
 Cockermouth (1 x 5hr 0 min); Keswick (16 x 5hr 43 min); SARDA (Lakes) (7 x 5hr 43 min);
 Wasdale (21 x 4hr 0 min); Boulmer SAR Helicopter

239 22390 10 June 15:50 Shepherd's Crag, 'Finale' NY263185
 Not reported. Not reported. Rock Climbing – unroped (Alone)
 Solo climber (M33) fell at least 45ft, landing on rocks below. Serious - fractured vertebrae C6, T4
 & T5, fractured wrist (Colles), fractured tibia and fibula of both legs, fractured foot
 Keswick (22 x 2hr 10 min); Great North AA Cumbria

240 22446 10 June 16:43 Bull Crag, Littleton NY235191
 NW-calm/passing showers/clear/mild/bright. Steep ridge dry. Hill Walking (Small Party)
 Report of party of two (M) who had become cragfast; they were lowered to safety.
 Cockermouth (25 x 2hr 16 min); Keswick (1 x 0hr 10 min)

241 23385 11 June 18:45 St Sunday Crag NY405129
 Fresh/dry/cloudy/cool/dull. Moderate dry footpath. Hill Walking (Alone)
 Subject (M74) reported as overdue from walk on St Sunday Crag. As the team were starting the
 search, he turned up safe and well at the camp site and was reunited with his family.
 Patterdale (10 x 1hr 0 min)

242 22455 12 June 15:15 Middle Fell, Gt Langdale NY284055
 Dry/clear/mild/bright. Not reported. Search - Non-mountain (Alone)
 Subject (M2) reported missing, last seen playing in farmyard. Police attended and started search.
 Child located asleep in parked vehicle by police officer while team was responding.
 Langdale Ambleside (11 x 1hr 0 min); SARDA (Lakes) (7 x 1hr 0 min)

243 22456 12 June 17:15 Little Langdale NY309029
 Calm/dry/clear/warm/bright. Moderate track dry. Hill Walking
 Subject (F) reported collapsed with seizure. Requested to assist ambulance when it became
 obvious she was off-road.
 Langdale Ambleside (14 x 1hr 0 min)

244 22404 13 June 13:00 Haveriggholme, Torver SD261918
 Wet. Rough fell. Motor Sport (Small Party)
 Rider (M39) thrown from trails motorbike whilst going uphill. Serious - injury to left wrist, shoulder,
 ribs & possible back injury.
 Coniston (11 x 2hr 0 min)

245 23113 14 June 18:10 Black Combe SD135854
 Calm/fine/clear/warm/bright. Moderate grassy. Search – Mountain (Alone)
 Despondent (M56) reported missing, had not been seen for four days. Body found six days later.
FATAL - no visible injuries
 Duddon & Furness (22 x 6hr 57 min); SARDA (Lakes) (4 x 4hr 49 min)

246 23386 14 June 20:10 Helvellyn, Striding Edge NY355154
 Not reported. Not reported. Hill Walking (Medium party))
 A member of public reported seeing a group of youngsters (M) in difficulty on narrow ridge. Two
 MR personnel went to investigate. Group found to be fine with just one boy not moving very well.
 Patterdale (3 x 1hr 0 min)

247 22448 15 June 11:29 Scarth Gap, Buttermere NY187137
 NE-fresh/dry/clear/mild/bright. Moderate footpath dry. Hill Walking (Alone)
 Report of subject (F74) who had fallen on the footpath. Serious - head injuries
 Cockermouth (20 x 2hr 27 min); Great North AA Cumbria

248 22537 19 June 13:48 Derwentwater, Old Brandlehow NY251206
 Not reported. Not reported. Resilience
 Subject (M54) fell 20ft out of a tree. Serious - pelvis & internal injuries
 Keswick (13 x 1hr 23 min); Great North AA Cumbria

249 22473 21 June 17:00 Stake Pass, Gt Langdale NY265087
 Dry/clear/hot/bright. Moderate footpath dry. Hill Walking
 Subject (F) reported as exhausted and unable to continue.
 Langdale Ambleside (2 x 2hr 0 min)

250 22504 22 June 15:34 Coledale Hause NY187216
 SE-calm/dry/clear/hot/bright. Moderate footpath dry. Hill Walking
 Subject (F) reported with leg injury, unable to walk. Serious - fractured ankle.
 Cockermouth (21 x 3hr 0 min); Gannet SAR Helicopter

251 22474 24 June 13:00 Easedale Tarn, Grasmere NY318086
 Dry/clear/hot/bright. Moderate footpath dry, slippery. Hill Walking
 Subject (F) reported as injured after tripping. She was assisted to the valley by the team, having
 made steady progress with help from her companions. Minor - fractured wrist.
 Langdale Ambleside (7 x 1hr 15 min)

252 22538 24 June 17:00 Littledale Crag, Newlands NY217174
 Not reported. Not reported. Animal Rescue
 A sheep and its lamb reported stuck on crags for a few days. Retrieved without loss or injury.
 Keswick (2 x 2hr 0 min)

253 22475 25 June 00:05 Cockley Beck NY247067
 Dry/clear/mild/dark. Moderate moorland damp. Hill Walking
 Party of three (M61, M23) reported overdue. Informed one of party was diabetic and had missed medication. Quickly located during initial planning.
 Langdale Ambleside (3 x 1hr 0 min); SARDA (Lakes) (3 x 1hr 0 min); Wasdale (10 x 1hr 0 min)

254 22476 26 June 18:46 Skellghyll, Ambleside NY377040
 Dry/clear/hot/bright. Moderate track dry. Resilience
 Requested to provide access to remote property for ambulance crew to attend male diabetic who had collapsed. Evacuated by landrover to ambulance for transfer to hospital.
 Langdale Ambleside (6 x 1hr 15 min)

255 22505 27 June 14:04 Beck Head, Ennerdale NY208118
 SE-fresh/dry/clear/mild/dull. Steep footpath dry. Hill Walking
 Subject (M20) reported as fallen. Serious - head injury.
 Cockermouth (21 x 0hr 45 min); Valley SAR Helicopter; Unknown Civilian Aircraft

256 22540 27 June 14:25 Castlehead, Keswick NY357181
 Not reported. Not reported. Hill Walking
 Requested to assist ambulance crew evacuating subject (M14) to the road. He had managed to dislocate his knee. Minor - dislocated knee.
 Keswick (13 x 0hr 43 min)

257 22506 27 June 14:35 Black Sail, Ennerdale NY195124
 Not reported. Not reported. Hill Walking
 Coast-to-coast walker (M60) reported to have fallen. Minor - fractured wrist.
 Cockermouth (3 x 0hr 45 min)

258 22541 27 June 14:59 Great Stanger Gill, Stonethwaite NY124129
 Not reported. Steep gully rough. Hill Walking (Small Party)
 Whistles and shouts for help were heard. Two walkers (M62) had slipped and fallen. One had tumbled 30-40ft and knocked himself unconscious, the other had got himself cragfast. Serious - fractured leg, pelvic injuries, unconscious.
 Keswick (15 x 2hr 30 min); Boulmer SAR Helicopter

259 23388 28 June 13:04 Aira Force, Ullswater NY400209
 Calm/dry/cloudy/warm/bright. Moderate damp footpath slippery. Hill Walking (Family group)
 Subject (F) slipped at local beauty spot with difficult access. Minor - fractured wrist.
 Patterdale (10 x 1hr 0 min)

260 22507 28 June 15:25 Haystacks NY191133
 SE-fresh/rain/cloudy/mild/dull. Steep footpath damp. Hill Walking (Small Party)
 Subject (F38) reported with a leg injury. Serious - fractured ankle.
 Cockermouth (19 x 4hr 0 min)

261 22519 28 June 17:00 High Bull Crag, Caudale Moor NY416094
 SW-moderate/heavy rain/hill fog/cool/dull. Steep moorland wet, slippery. Hill Walking
 Subject (M) reported lost in mist.
 Langdale Ambleside (3 x 1hr 0 min)

262 22552 28 June 18:10 Ferry Nab - Belle Grange SD387983
 Wet. Lakeside. Resilience
 Requested to recover body of person believed to have committed suicide. **FATAL** – unspecified.
 Coniston (16 x 2hr 0 min)

263 22503 30 June 11:17 Nan Bield Pass, Haweswater NY452097
 NE-light/dry/clear/hot/bright. Steep rocky footpath. Hill Walking (Small Party)
 Subject (M69) stumbled, fell forward and tumbled, complained of dizziness after fall. Serious - impact to head, cut, fractured wrist, laceration to left lower leg, neck pain.
 Penrith (12 x 3hr 0 min); Gannet SAR Helicopter

July

- 264 22518 1 July 14:25 Ings, Kendal SD445986**
Calm/dry/clear/warm/bright. Level dry footpath. Search - Non-mountain (Alone)
Vulnerable (F79), last seen 20:15 previous night, reported missing 10:55 next day believed to have gone for a walk, searched all areas within 2km of her home, found safe and well.
Duddon & Furness (23 x 2hr 19 min); Kendal (16 x 3hr 30 min); Langdale Ambleside (14 x 5hr 0 min); SARDA (Wales) (1 x 4hr 0 min); SARDA (Lakes) (4 x 3hr 30 min)
- 265 22563 1 July 18:39 Crossfell, N Pennines NY693339**
Misty drizzle. Wet stony. Hill Walking (Alone)
Subject (F51) reported herself lost in thick hill fog. She was found by search dog Dottie. Minor - mild hypothermia.
Penrith (15 x 6hr 0 min); SARDA (Lakes) (6 x 5hr 0 min)
- 266 23389 2 July 14:05 Elm How, Grisedale NY372150**
Light/dry/broken cloud/mild/bright. Gentle dry footpath. Hill Walking (Small Party)
Subject (F47) slipped and injured her ankle. Serious - fractured ankle.
Patterdale (9 x 1hr 49 min)
- 267 23390 3 July 12:00 Watermillock, Ullswater NY435231**
Calm/dry/cloudy/mild/dark. Not reported. Hill Walking (D of E) (School/Youth group)
Teacher reported D of E (F17 x 6) group overdue at camp site. The group was well equipped with tents etc. It was decided to wait till first light to search. A call was received at 08:00 to say that the group was safe at their designated camp site where a teacher from the school was also camping. The group had apparently been there since 19:00 the previous night!
Patterdale (3 x 1hr 0 min)
- 268 22597 3 July 13:08 Buttermere NY186150**
S-calm/dry/clear/mild/bright. Gentle footpath. Hill Walking
Subject (M) reported suffering acute reaction to a wasp/bee sting. Minor – anaphylaxis.
Cockermouth (16 x 1hr 11 min)
- 269 22934 3 July 16:30 Scafell Pike, Corridor Route NY220090**
Not reported. Not reported. Hill Walking (Small Party)
Subject (F40) sustained knee injury while descending, managed to walk some way down before needing to call for assistance. Minor - knee injury.
Wasdale (17 x 1hr 0 min)
- 270 22598 4 July 13:57 Coledale Hause NY195203**
NW-gale/rain/cloudy/mild/dull. Steep damp footpath. Hill Walking (D of E) (School/Youth group)
Party of seven (M17) reported overdue. Two had returned safely, having separated from rest of group. The remainder were eventually located near Crag Hill.
Cockermouth (27 x 4hr 25 min); Keswick (1 x 1hr 0 min)
- 271 22550 5 July 17:00 Steel Fell, Grasmere NY320113**
Dry/clear/hot/bright. Steep crag damp. Hill Walking
Subject (F61) became exhausted and cragfast.
Langdale Ambleside (11 x 2hr 30 min); SARDA (Lakes) (1 x 2hr 30 min)
- 272 22546 6 July 11:25 Skiddaw, Jenkin Hill NY279264**
Dry warm. Track dry. Hill Walking (School/Youth group)
Subject (M11) was reported to be suffering from chest pains. Minor - chest pains.
Keswick (13 x 2hr 0 min); North West Air Ambulance
- 273 22547 7 July 11:58 Langstrath, Stake Pass NY265105**
Overcast dry mild. Undulating dry. Hill Walking
Subject (M60) slipped and injured his leg, unable to walk. Serious - fracture ankle.
Keswick (19 x 3hr 0 min); Great North AA Cumbria

274 22548 7 July 13:37 Cat Bells Terrace NY247191
Sun dry warm. Dry wet patches. Hill Walking
Subject (F53) slipped and folded her ankle back on itself. She was in a lot of pain. Serious - ankle injury.
Keswick (15 x 1hr 40 min)

275 22551 8 July 13:55 Harrison Stickle NY277074
Dry/clear/warm/bright. Moderate moorland boggy. Hill Walking
Subject (M16) sustained ankle injury, cause not reported. Minor - ankle sprain.
Langdale Ambleside (8 x 2hr 0 min); North West Air Ambulance

276 24019 8 July 15:40 Scafell NY192057
Not reported. Not reported. Hill Walking (Small Party)
Subject (M) reported suffering from violent sickness and stomach cramps. Remainder of party escorted off the hill. Minor – unspecified.
Wasdale (11 x 3hr 0 min)

277 24020 9 July 18:00 Scafell Pike NY215072
Heavy rain/hill fog. Moderate footpath. Hill Walking (Small Party)
Party of two (M) became disorientated on summit plateau. After being given instructions by phone they made their own way off as team was leaving to look for them.
Wasdale (6 x 4hr 0 min)

278 23391 10 July 12:46 Helvellyn, Swirral Edge NY341153
Moderate/rain/low cloud/mild/dull. Steep rough ridge. Hill Walking (Small Party)
Subject (M65) slipped and fell 200m from narrow ridge into Brown Cove sustaining head injury. Serious - head injuries.
Patterdale (15 x 3hr 43 min); Great North AA Cumbria; Boulmer SAR Helicopter

279 22575 10 July 13:34 Wythburn NY293104
Very wet. Very wet bog. Hill Walking (D of E) (Medium party)
Subject (M18) on Gold Expedition, reported with an ankle injury. Two of the group of seven went for help while the remaining five waited for the help. Serious - ankle injury.
Cockermouth (23 x 3hr 0 min); Keswick (13 x 4hr 16 min); Langdale Ambleside (10 x 3hr 0 min)

280 22574 10 July 13:34 Watendlath Beck NY270175
Very wet. Very wet. Hill Walking
Subject (M49) reported to have slipped. Serious - fractured ankle.
Keswick (13 x 3hr 6 min)

281 22579 10 July 14:55 Tarn Crag, Gt Langdale NY288074
Passing showers/broken cloud/mild/bright. Moderate footpath damp, slippery. Hill Walking
Subject (M44) reported with groin strain. Minor - groin strain.
Langdale Ambleside (13 x 0hr 30 min)

282 22576 10 July 17:36 Lower Falcon Crag, Borrowdale NY270205
Passing showers/low cloud/mild. Vertical rockface wet, slippery. Abseiling (Small Party)
Climber (F27) fell 20m whilst abseiling. Serious - two fractured ribs, bruising & cuts.
Keswick (22 x 3hr 23 min); Boulmer SAR Helicopter; Valley SAR Helicopter

283 22573 11 July 15:31 Cautley Spout SD688973
Light/dry/clear/mild/bright. Steep damp footpath slippery. Hill Walking (Small Party)
Subject (M50) fell while walking, walked off the hillside as team arrived. Minor - fracture of left arm.
Kendal (12 x 2hr 0 min)

284 22580 11 July 20:17 Grisedale Tarn, Grasmere NY349117
Drizzle/broken cloud/cool/dusk. Moderate footpath boggy. Hill Walking
Vulnerable (M44) reported seperated from rest of party.
Langdale Ambleside (2 x 1hr 0 min)

285 22577 15 July 13:51 Carlside, Doups NY255265
 Dry. Steep footpath. Hill Walking (D of E)
 Subject (F17), D of E expedition member, taken ill after an asthmatic attack and epileptic seizure, which rendered her unconscious for 15 minutes. Serious - asthmatic attack, epileptic seizure, unconscious
 Keswick (20 x 2hr 13 min); Great North AA Cumbria

286 22564 15 July 15:35 Grizedale Forest SD345943
 Showery. Damp forest track. Hill Walking
 Person (F) was reported with head injury. The team were stood down by police enroute as she was able to walk.
 Coniston (11 x 1hr 15 min)

287 23116 16 July 13:55 Canal Foot, Ulverston SD313776
 Not reported. Not reported. Animal Rescue
 A small dog had followed a rabbit down a tunnel then dropped about 5 feet into a chamber and couldn't get out. Retrieved without loss or injury.
 Duddon & Furness (14 x 0hr 40 min)

288 23117 16 July 16:20 Nibthwaite SD300908
 Not reported. Not reported. Mountain Biking (Alone)
 Injured mountain biker (M41) needed carrying to the air ambulance. Serious - unspecified
 Duddon & Furness (19 x 1hr 40 min); North West Air Ambulance

289 22565 16 July 17:00 Yewdale Fells, White Lady SD306993
 Dry. Rough, damp. Hill Walking (Small Party)
 Party of two (M19, F19) reported to have lost the path. They were located and escorted to safety.
 Coniston (13 x 1hr 30 min)

290 22920 17 July 08:45 Cleator NY012130
 Light/passing showers/clear/mild. Level footpath wet. Search - Non-mountain (Alone)
 Subject (M54) reported missing from home. Local footpaths, woods and river bank searched but nothing found. Search continued following day but nothing found. A body was recovered close to the search area three days later. **FATAL** - unspecified
 Cockermouth (19 x 11hr 45 min); SARDA (Lakes) (5 x 7hr 0 min); Wasdale (15 x 7hr 0 min)

291 22865 17 July 13:09 Intake Ridge, Combe Ghyll NY254127
 Wet. Wet. Rock Scrambling (Small Party)
 Subject (M30) fell whilst scrambling, falling approximately 60ft, landing on the scree at the foot of the scramble, not wearing helmet. Serious - hip/pelvis injuries, multiple cuts and bruises.
 Keswick (21 x 2hr 51 min)

292 22921 17 July 15:50 Sty Head NY220095
 Light/dry/mild. Gentle footpath. Hill Walking (Large party)
 Subject (M37) sustained a dislocated knee. He was picked up by an air ambulance and flown to hospital before the team reached the scene. Serious - dislocated knee.
 Keswick (3 x 1hr 0 min); Wasdale (19 x 1hr 0 min); Valley SAR Helicopter; North West Air Ambulance

293 22608 17 July 22:50 Raven Crag, Gt Langdale NY285066
 Dry/clear/mild/dark. Vertical crag damp. Search - Mountain
 Lights and shouts reported. Investigation found farm workers working late and lights had gone.
 Langdale Ambleside (3 x 1hr 0 min)

294 22602 18 July 15:16 Scarth Gap, Buttermere NY174169
 SW-fresh/heavy rain/cloudy/cool/dull. Moderate footpath damp, slippery. Hill Walking
 Subject (F) fell whilst crossing a stile. She had made her way down with her walking group just before the help arrived. Serious - fractured arm.
 Cockermouth (15 x 1hr 0 min)

- 295 22603 18 July 16:05 Newlands Hause NY193173**
 NW-fresh/heavy rain/hill fog/cool/dull. Moderate footpath damp. Hill Walking (Small Party)
 Pair (M) became disorientated in mist whilst walking from Dale Head to Robinson. They were
 asked to maintain their position until assistance arrived to escort them off the hill.
 Cockermouth (13 x 1hr 0 min)
- 296 22836 18 July 16:23 Kidsty Howes, Haweswater NY458129**
 Low cloud, frequent & persistent showers. Wet rough broken ground. Hill Walking (Alone)
 Subject (M70) descending, but lost path and became anxious at disorientation and steep craggy
 ground. Talked down by mobile phone.
 Penrith (1 x 3hr 15 min)
- 297 22604 19 July 18:25 Loft Beck, Ennerdale NY199119**
 SW-gale/heavy rain/cloudy/mild/dull. Steep footpath damp, slippery. Hill Walking (Small Party)
 Party of five (M) were unable to cross a swollen beck and became trapped in torrential rain and
 rising water levels.
 Cockermouth (20 x 3hr 4 min)
- 298 23392 20 July 17:00 Swarth Beck, Howtown NY456199**
 Fresh/rain/low cloud/cool/dull. Steep wet crag slippery. Rock Scrambling (Medium party)
 Subject (M16) slipped injuring his ankle on a gorge scramble. Serious - fractured ankle
 Patterdale (13 x 1hr 30 min)
- 299 22923 20 July 17:30 Eskdale NY148005**
 Light/rain/mild. Gentle footpath wet. Hill Walking
 Subject (M19) reported with a dislocated kneecap. Having been stretchered to the road he was
 taken to hospital by his companions. Serious - dislocated right patella.
 Wasdale (14 x 2hr 30 min)
- 300 22605 20 July 17:48 Ling Crag, Crummock Water NY153188**
 NW-light/passing showers/cloudy/mild/dull. Level footpath boggy. Hill Walking (Small Party)
 Subject (F) reported to have injured her ankle. Serious - fractured ankle.
 Cockermouth (16 x 2hr 4 min)
- 301 22609 20 July 18:45 Rossett Ghyll, Gt Langdale NY246076**
 SW-fresh/heavy rain/hill fog/cool/dark. Steep footpath very wet, slippery. Hill Walking (Small Party)
 Subject (M) reported with leg injury. Serious - lower leg fracture.
 Kendal (12 x 4hr 0 min); Langdale Ambleside (14 x 5hr 0 min)
- 302 22606 21 July 16:35 Binsey, Bewaldeth NY226354**
 SW-calm/dry/clear/mild/bright. Moderate footpath dry. Hill Walking
 Subject (F) reported with ankle injury. Serious - fractured ankle.
 Cockermouth (16 x 2hr 0 min)
- 303 22620 22 July 15:36 Wild Boar Fell SD764991**
 Clear. Rocky escarpement. Hill Walking (Alone)
 Subject (F42) accompanied by two dogs reported herself cragfast.
 Kirkby Stephen (12 x 3hr 0 min); SARDA (Lakes) (1 x 3hr 0 min)
- 304 22623 23 July 11:20 Dodd, Red Pike, Buttermere NY163155**
 SW-light/fine/clear/mild/bright. Moderate footpath damp. Hill Walking
 Subject (M) fell and injured his shoulder whilst descending. Minor - dislocated shoulder.
 Cockermouth (12 x 1hr 45 min); North West Air Ambulance
- 305 22610 23 July 13:19 Lowood Area, Ambleside NY388022**
 Dry/clear/mild/bright. Moderate moorland boggy. Hill Walking
 Subject (F) reported slipped. Serious - lower leg fracture.
 Langdale Ambleside (10 x 1hr 0 min)

- 306 22611 24 July 16:15 Crinkle Crag, Gt Langdale NY245057**
 NW-moderate/heavy rain/low cloud/cool/dull. Moderate ridge very wet, slippery. Hill Walking
 Party of two (M) reported themselves lost in poor weather.
 Langdale Ambleside (13 x 7hr 0 min); SARDA (Lakes) (7 x 7hr 0 min)
- 307 22612 24 July 17:20 Mark Gate, Gt Langdale NY284066**
 NW-light/heavy rain/low cloud/mild/dull. Steep footpath very wet, slippery. Hill Walking
 Subject (M) slipped while descending wet path. Serious - knee ligament damage.
 Kendal (10 x 4hr 0 min); Langdale Ambleside (8 x 4hr 30 min)
- 308 22712 24 July 17:25 Baugh Fell, Sedbergh SD735645**
 Hill fog light rain breezy. Wet grassland. Hill Walking (Alone)
 Solo walker (M31) lost in sudden and persistent hill fog. Misplaced map, guided to safety by
 mobile phone while search conducted.
 Kirkby Stephen (14 x 4hr 30 min); SARDA (England) (2 x 4hr 30 min); SARDA (Lakes) (1 x 4hr
 30 min); Swaledale (7 x 1hr 0 min)
- 309 22867 24 July 19:31 Dock Tarn - Stonethwaite NY269138**
 Clear and dry. Dry. Hill Walking
 Team alerted to stationary and regular flashing torchlight. After several investigations and the
 light still flashing a small team was despatched to investigate. A torch was found, weighed down
 with a stone and set on 'strobe'. No-one around, possible hoax
 Keswick (9 x 2hr 0 min)
- 310 22624 24 July 23:45 Little Gowder Crag, Haycock NY145110**
 SW-calm/drizzle/hill fog/mild/dark. Steep crag damp, slippery. Hill Walking (Small Party)
 Party of two (M72, M10) reported overdue after failing to arrive at youth hostel from Wasdale.
 Boy found in Ennerdale. Elderly man had fallen on Haycock, found by search dog Corrie and
 evacuated by helicopter. Minor - leg injury.
 Cockermouth (16 x 7hr 10 min); SARDA (Lakes) (5 x 7hr 10 min); Wasdale (7 x 7hr 10 min);
 Gannet SAR Helicopter
- 311 22636 25 July 08:43 Pike Howe, Gt Langdale NY288067**
 Passing showers/cloudy/mild/dull. Steep footpath wet, slippery. Hill Walking
 Subject (F) slipped on steep wet path. Serious - ankle fracture.
 Langdale Ambleside (14 x 4hr 0 min)
- 312 23395 25 July 16:45 Bonscale Pike NY453207**
 Light/fine/cloudy/mild/dull. Moderate grassy footpath. Hill Walking (Family group)
 Family group became disorientated and needed assistance to get back to holiday home. The
 parents and six children, aged from 6 months to nine years old, were located and taken to safety.
 Patterdale (11 x 3hr 30 min)
- 313 22924 25 July 19:30 Great Gable NY218094**
 Light/dry/hill fog/dull. Moderate footpath. Hill Walking (Small Party)
 Subject (M13) staying in Wasdale became separated from his mother and sister. A mobile phone
 call suggested he was lost in cloud. After a search of the area where he had gone missing the
 boy turned up safe and well in Borrowdale.
 Cockermouth (4 x 5hr 0 min); Keswick (20 x 5hr 0 min); Langdale Ambleside (3 x 5hr 0 min);
 SARDA (Lakes) (3 x 5hr 0 min); Wasdale (18 x 5hr 0 min)
- 314 22869 26 July 12:40 High Tove NY289165**
 Wet and warm, hill fog. Wet. Hill Walking (School/Youth group)
 Subject (M17) reported suffering with breathing difficulties and chest pains. Air Ambulance were
 unable to assist due to weather conditions. Serious – pneumothorax.
 Keswick (16 x 1hr 0 min)

315 22638 26 July 16:40 Dunmail Raise NY330111
 Dry/clear/mild/bright. Not reported. Hill Walking
 Vulnerable (F24) was reported missing from coach tour, located unhurt.
 Langdale Ambleside (11 x 2hr 0 min)

316 22925 26 July 20:00 Sty Head Path, Wasdale NY205095
 Light/showers/cloudy/warm/dusk. Moderate footpath damp. Hill Walking (D of E)
 Subject (F17) reported to have fainted several times and not responded to treatment. Minor –
 fainting.
 Wasdale (16 x 2hr 0 min)

317 22625 27 July 14:07 Ard Craggs, Newlands NY204200
 SW-fresh/dry/broken cloud/mild/dull. Moderate footpath damp. Hill Walking (Small Party)
 Subject (F) reported suffering from a severe allergic reaction. Serious - anaphylactic shock.
 Cockermouth (17 x 2hr 49 min); Unknown Civilian Aircraft

318 22639 27 July 14:08 Browney Ghyll NY265047
 Dry/clear/mild/bright. Steep gully very wet, slippery. Rock Scrambling
 Subject (M15) sustained knee injury while in gill bed. Minor - knee injury.
 Kendal (9 x 5hr 0 min); Langdale Ambleside (10 x 5hr 0 min); Boulmer SAR Helicopter

319 22640 27 July 15:11 Oxendale, Gt Langdale NY268052
 Dry/clear/mild/bright. Moderate gully very wet, slippery. Hill Walking
 Subject (M13) found unconscious after trying to get help for injured friend (see previous incident
 Browney Ghyll). Serious – unconscious.
 Langdale Ambleside (9 x 2hr 0 min)

320 23394 27 July 19:30 Greenside, Glenridding NY358170
 Light/dry/clear/mild/bright. Moderate firm track. Hill Walking (Alone)
 Subject (F44) reported overdue by husband who had waited 2 hr and then called police. Search
 of her route started and she was found very tired above Geenside mines.
 Patterdale (5 x 1hr 4 min)

321 22641 28 July 12:55 Blea Tarn, Gt Langdale NY289052
 Dry/clear/mild/bright. Moderate track dry. Hill Walking
 Subject (M) reported collapsed, requested to assist ambulance service on scene. **FATAL** - heart
 attack.
 Langdale Ambleside (8 x 1hr 30 min); Great North AA Teeside

322 22626 28 July 14:11 Haystacks, Innominate Tarn NY197129
 SW-light/dry/low cloud/mild/dull. Moderate footpath damp. Hill Walking
 Subject (F) reported as fallen and sustained a leg injury. Minor - knee injury.
 Cockermouth (22 x 3hr 13 min); North West Air Ambulance

323 22642 29 July 17:00 White Stones, The Band, Gt Langdale NY264058
 Dry/cloudy/mild/dull. Moderate footpath damp, slippery. Hill Walking (Small Party)
 Subject (F53) tripped and tumbled, sustaining shoulder and arm injury. Serious - shoulder and
 upper arm fracture.
 Langdale Ambleside (13 x 3hr 0 min); Great North AA Cumbria

324 22627 29 July 17:55 Levers Water, Prison Band SD282993
 Dry, low cloud. Rough track, fellside. Hill Walking (Small Party)
 Party of two (M33,F30) reported themselves lost in mist, quickly located making own way down.
 Coniston (12 x 1hr 0 min)

325 22870 29 July 18:30 Sandbed Ghyll, Clough Head NY321217
 Dry and warm. Dry. Animal Rescue
 Sheep rescue in a notorious accident location for sheep. Appears not to have been successful.
 Keswick (4 x 2hr 0 min)

326 22926 31 July 18:00 Broad Crag NY221075
Light/passing showers/hill fog/dark. Moderate slope. Hill Walking (Small Party)
Subject (M80) reported to be unable to continue after falling several times while descending and suffering from cramp. He was stretchered down to Grains Gill where Keswick took over for the descent to Borrowdale. Minor - exhaustion
Keswick (17 x 4hr 30 min); SARDA (Lakes) (1 x 6hr 30 min); Wasdale (15 x 6hr 30 min)

327 22927 31 July 18:40 Slight Side, Scafell NY212043
Moderate/passing showers/hill fog/dusk. Moderate scree. Hill Walking (Small Party)
Initial report of party of two (M) lost in cloud having descended wrong way from Scafell Pike. Eventually a grid reference was passed after which the group sat and waited for rescue. The party number was four.
Duddon & Furness (14 x 3hr 49 min); Wasdale (15 x 3hr 0 min)

328 22643 31 July 18:45 Gt Langdale NY288060
Passing showers/broken cloud/mild/dull. Not reported. Hill Walking
Subject (M) reported overdue by wife. He turned up while interviewing informant at campsite.
Langdale Ambleside (4 x 1hr 0 min)

329 22928 31 July 22:00 Scafell Pike NY212072
Moderate/passing showers/hill fog/dusk. Moderate footpath. Hill Walking (Medium party)
Party of five (F) reported overdue after becoming separated from main group. Missing persons turned up in Langdale safe and well and got taxi back to Wasdale.
Duddon & Furness (13 x 1hr 0 min); Wasdale (15 x 1hr 0 min)

330 22644 31 July 23:11 Wetherlam Edge, Little Langdale NY292016
SW-fresh/dry/broken cloud/mild/moonlight. Steep moorland wet. Hill Walking (Small Party)
Subject (F) collapsed exhausted with leg cramps during ambitious walk. Minor - exhaustion and cramp.
Coniston (10 x 3hr 45 min); Langdale Ambleside (4 x 6hr 0 min)

August

331 22813 1 August 14:15 Wax Knott, Haystacks NY187139
Not reported. Not reported. Hill Walking (Small Party)
Subject (M56) collapsed on footpath. Serious - heart attack.
Cockermouth (19 x 2hr 30 min); Great North AA Cumbria

332 22814 1 August 16:28 High Crag, Buttermere NY181144
Not reported. Not reported. Animal Rescue
Two sheep reported stuck on crag. Retrieved without loss or injury.
Cockermouth (4 x 1hr 0 min)

333 22872 1 August 22:13 Seatoller NY246137
Dry. Dry. Hill Walking (Alone)
Club member (M70) failed to return to coach to travel back to Liverpool. As search was being mounted the missing person rang from his home. He had come off the hill late and 'hitched' to Liverpool - not bothering to tell anyone!
Keswick (13 x 1hr 18 min); SARDA (Lakes) (7 x 1hr 18 min); Wasdale (11 x 1hr 30 min)

334 22937 3 August 14:00 Scafell Pike NY215072
Not reported. Not reported. Hill Walking (Alone)
Solo walker (M) reported himself lost near Styhead Tarn, close to summit of Scafell Pike. He was given directions how to find his way down. He turned up 4 hours later in Eskdale and was given a lift back to a local taxi firm.
Wasdale (3 x 4hr 0 min)

- 335 22936 3 August 16:50 Eskdale NY215038**
 Moderate/dry/cloudy/mild/dull. Moderate moorland wet. Hill Walking (Small Party)
 Subject (M70) sustained head and leg injuries after falling. Team attended but he was taken to hospital by an air ambulance. Minor - superficial leg wound, dizziness
 Wasdale (17 x 2hr 0 min); Great North AA Cumbria
- 336 22685 4 August 00:27 Ambleside NY371043**
 Passing showers/broken cloud/cool/dark. Not reported. Search - Non-mountain (Alone)
 Subject (M) reported missing from care home.
 Langdale Ambleside (3 x 1hr 0 min)
- 337 22938 4 August 20:55 Hardknott Pass NY225014**
 Not reported. Not reported. Road Traffic Collision (Alone)
 Request to assist the ambulance service with a motorcycle rider (M) who had fallen on Hardknott Pass sustaining suspected hip injuries. He was given first aid and carried to an ambulance on the team's stretcher. Serious - fractured/dislocated hip.
 Wasdale (6 x 2hr 0 min)
- 338 24030 4 August 21:00 Eskdale NY211011**
 Not reported. Not reported. Hill Walking (School/Youth group)
 Request to help locate party overdue. Initial search of car parks failed to locate their car but they turned up at home an hour later.
 Wasdale (8 x 1hr 0 min)
- 339 22873 5 August 16:01 Strandshag Bay, Derwentwater NY266222**
 Dry and cloudy. Wet. Resilience (Small Party)
 Subject (F63) had fallen, requested to assist ambulance service. Minor - shoulder injury.
 Keswick (14 x 0hr 45 min)
- 340 22874 5 August 19:14 Blencathra, Halls Fell Ridge NY325262**
 Dry after rain. Wet. Hill Walking (Small Party)
 Party of two ascending ridge when one turned back due to slippery conditions. The other ascended to the top and returned to their car to find his wife not there. Subject (F57) found on road as a small team was checking the low level tracks.
 Keswick (7 x 1hr 15 min); SARDA (Lakes) (2 x 1hr 15 min)
- 341 22687 6 August 11:40 Greenup Edge - Ullscarf NY288110**
 SW-fresh/showers/broken cloud/cool/dusk. Moderate moorland very wet. Hill Walking (Alone)
 Subject (M55) phoned for help after becoming very cold, and lost. He was located after prolonged search. Minor - hypothermic, exhausted.
 Langdale Ambleside (13 x 6hr 30 min); SARDA (Lakes) (1 x 6hr 30 min)
- 342 23396 6 August 13:29 Ruthwaite Lodge, Grisedale NY354132**
 Light/heavy rain/cool/dull. Moderate wet footpath. Hill Walking (Small Party)
 Subject (F47) slipped on wet rock and injured her ankle. Serious - fractured ankle.
 Patterdale (8 x 4hr 0 min); North West Air Ambulance
- 343 23397 6 August 15:02 Grisdale, Ullswater NY354132**
 Light/rain/low cloud/cool/dull. Moderate wet footpath. Hill Walking (Alone)
 Subject (F45) was found by a team member with fractured wrist while on route to previous rescue. She was treated and walked back to team landrover, then back to centre friend drove her to hospital. Minor - fractured wrist.
 Patterdale (2 x 1hr 0 min)
- 344 22681 7 August 12:45 Grisedale, North Face Trail SD327937**
 Dry. Damp forest track for biking. Mountain Biking (Alone)
 Cyclist (F20) fell from bike, sustaining injury to right ankle. Serious - fracture to right ankle
 Coniston (13 x 2hr 15 min)

- 345 22688 8 August 06:55 Idle Hill, Troutbeck NY406059**
 Drizzle/broken cloud/mild/bright. Moderate moorland very wet, slippery. Hill Walking
 Subject (M20) needed help down after a night out on the hill, following a domestic row.
 Langdale Ambleside (10 x 2hr 0 min); SARDA (Lakes) (1 x 2hr 0 min)
- 346 22689 8 August 08:53 Kirkstone Pass NY402086**
 Dry/broken cloud/cool/dull. Steep gully very wet, slippery. Road Traffic Collision
 Requested to assist ambulance and air ambulance with evacuating a seriously injured
 motorcyclist who had crashed over a wall on the pass and landed 30 feet below in a beck.
 Serious - open fracture of femur, pelvic, arm , fractured leg.
 Langdale Ambleside (10 x 1hr 30 min); Great North AA Cumbria
- 347 22875 8 August 13:15 Glaramara, High House Tarn NY243090**
 Dry and clear. Dry. Hill Walking (Large party)
 Subject (M20) slipped, dislocating shoulder. His companions assisted him to start walking down,
 during which time he managed to relocate his shoulder. Air Ambulance evacuated subject to
 Seathwaite for checkover by team doctor. Serious - dislocated shoulder, relocated by casualty
 Keswick (23 x 1hr 15 min); Great North AA Cumbria
- 348 22690 8 August 16:39 Dungeon Ghyll, Gt Langdale NY282072**
 Calm/dry/clear/mild/bright. Steep footpath rough, slippery. Hill Walking
 Subject (M66) reported slipped. Serious - puncture wound to hip, spinal injuries.
 Langdale Ambleside (16 x 4hr 0 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 349 22704 8 August 23:17 Gimmer Crag, Gt Langdale NY277070**
 Light/dry/clear/cool/dark. Vertical crag dry. Rock Climbing – roped (Small Party)
 Party of two (M) became cragfast after rope got stuck during abseil. 19:30 start on a big crag
 didn't help.
 Langdale Ambleside (10 x 6hr 30 min)
- 350 22705 9 August 13:37 Broadstone Head, Far Easedale NY294101**
 Dry/clear/mild/bright. Moderate footpath very wet, slippery. Hill Walking
 Subject (F) reported slipped. Serious - fracture / dislocation of ankle.
 Langdale Ambleside (15 x 4hr 30 min); North West Air Ambulance
- 351 22876 9 August 15:21 Derwentwater, Falcon Crag NY269208**
 Dry. Dry. Resilience (Small Party)
 Subject (M24) fell out of a tree. Assist ambulance service with treatment and evacuation. Serious
 - fracture / dislocation of left ankle.
 Keswick (15 x 1hr 36 min)
- 352 22706 9 August 16:06 Helm Crag, Grasmere NY326089**
 Dry/clear/mild/bright. Moderate footpath very wet, slippery. Hill Walking
 Subject (M) slipped. He made great efforts to get himself down, but eventually succumbed.
 Serious - lower leg injury.
 Kendal (9 x 3hr 0 min); Langdale Ambleside (16 x 2hr 0 min); North West Air Ambulance
- 353 24021 10 August 02:30 Scafell Pike, Lingmell col NY212078**
 Fresh/dry/misty/cool/dark. Gentle footpath muddy. Hill Walking (Small Party)
 Party of two (M23) lost the path in mist, deteriorating weather and approaching darkness. Found
 unhurt at 04:10 and escorted to safety.
 SARDA (Lakes) (1 x 5hr 0 min); Wasdale (9 x 5hr 0 min)
- 354 22877 11 August 12:45 Esk Hause, Angle Tarn NY236083**
 Cloudy and showers. Wet. Hill Walking (Small Party)
 Subject (M64) collapsed with chest pains. GNAA on scene when team arrived, administering
 CPR and defibrillation. Treatment continued with assistance of the team, sadly the subject failed
 to respond. **FATAL** - heart attack
 Keswick (11 x 4hr 0 min)

- 355 22878 12 August 16:26 Blencathra, Sharp Edge NY329283**
 Thunderstorms and heavy rain showers. Wet. Hill Walking (Small Party)
 Member (F) of a family party of four became cragfast and frightened during a thunderstorm whilst ascending narrow ridge. Roped to safety and escorted off the hill.
 Keswick (1 x 3hr 0 min)
- 356 22709 12 August 17:20 Tarn Hows NY333505**
 Showery. Good man-made lakeside track. Hill Walking (Small Party)
 Subject (F66) slipped on main path and hit head. Serious - lacerations to left side of head.
 Coniston (12 x 1hr 45 min)
- 357 22710 12 August 17:42 Church Beck, Coniston Fells SD294981**
 Showery. Wet rocks. Rock Scrambling(Medium party)
 Subject (F36) slipped whilst gill scrambling. Serious - fracture / dislocation of right ankle.
 Coniston (9 x 1hr 0 min)
- 358 22707 12 August 22:34 Loughrigg, Gt Langdale NY346053**
 Dry/clear/mild/moonlight. Not reported. Hill Walking
 Flashing lights reported near summit. Area checked and nothing untoward found. Possibly people out looking at meteor shower.
 Langdale Ambleside (3 x 1hr 0 min)
- 359 22708 13 August 12:15 Swine Knott, Gt Langdale NY293071**
 SW-fresh/passing showers/broken cloud/mild/dull. Steep gully very wet, slippery. Hill Walking
 Subject (M25) fell some considerable distance over rough ground when crossing a small, unnamed stream adjacent to Stickle Ghyll. Serious - head and arm injuries.
 Kendal (4 x 3hr 0 min); Langdale Ambleside (13 x 2hr 45 min); Boulmer SAR Helicopter; North West Air Ambulance
- 360 22879 15 August 14:19 Surprise View, Borrowdale NY269190**
 Dry. Dry. Resilience
 Team called to assist when a pet dog fell off beauty spot. Search of the area made, including abseiling down the crag; nothing found.
 Keswick (8 x 1hr 0 min)
- 361 22880 15 August 15:55 Clough Head NY367219**
 Dry and breezy. Dry. Parapenting (Small Party)
 Parapenter (M44) made a heavy landing near the summit of Clough Head, injuring both ankles. Flown to roadside and taken to Keswick hospital. Minor - ankle injuries, possible 2 sprains
 Keswick (16 x 2hr 0 min); Great North AA Cumbria
- 362 22715 15 August 18:15 Church Beck, Coniston Fells SD295980**
 Dry, sunny. Rough, rocky and damp. Animal Rescue
 Border Collie slipped down into Church Beck onto a ledge below. Evacuated unhurt.
 Coniston (12 x 1hr 45 min)
- 363 22815 16 August 11:10 Red Pike, Buttermere NY158155**
 SW-calm/dry/clear/mild/bright. Moderate footpath dry. Hill Walking
 Subject (M) reported collapsed on the summit, possibly suffering from dehydration.
 Cockermouth (19 x 1hr 0 min); North West Air Ambulance
- 364 24023 16 August 17:45 Pikes Crag, Scafell Pike NY210072**
 Not reported. Not reported. Hill Walking (Small Party)
 Group of five (M) tried to descend 'D Gully' when one became cragfast. Assisted to safe ground.
 Wasdale (3 x 1hr 0 min)
- 365 22716 17 August 13:00 Church Beck Ghyll, Coniston Fells SD295980**
 Cloudy. Wet rock. Rock Scrambling (Small Party)
 Subject (M45) slipped onto rock whilst gill scrambling. Serious - left lower leg fracture.
 Coniston (13 x 1hr 45 min)

- 366 22881 18 August 15:15 Yewthwaite Mines, Catbells NY242192**
 Dry. Dry. Hill Walking
 Reports of cries for help in the vicinity of the old mine workings. Nothing found in a search of the immediate area.
 Keswick (12 x 1hr 30 min)
- 367 22882 18 August 16:55 Blencathra, Halls Fell Ridge NY323276**
 Showers and windy. Slippery rock underfoot. Hill Walking (Family group)
 Family group (M, F) got into difficulties close to the top of ridge on slippery ground. Small team went to assist them in what turned out to be a protracted rescue!
 Keswick (10 x 3hr 6 min)
- 368 22740 18 August 18:52 Crinkle Crag, Gt Langdale NY243057**
 Dry/hill fog/cool/dark. Moderate moorland wet. Hill Walking (Small Party)
 Party of two (F) reported themselves lost on ridge walk.
 Langdale Ambleside (9 x 6hr 0 min); SARDA (Lakes) (2 x 6hr 0 min)
- 369 22883 18 August 20:30 Blencathra, Halls Fell Ridge NY323276**
 Showers, breezy, some hill fog. Damp. Hill Walking (Alone)
 Lone walker (M51) failed to return to his holiday accommodation. An overnight search failed to find anything. Search resumed at 06:00 the next morning. Body found by search dog Ollie on west side of ridge. **FATAL** - multiple injuries.
 Keswick (10 x 7hr 30 min); Kirkby Stephen (9 x 6hr 0 min); Penrith (7 x 8hr 0 min); SARDA (Lakes) (4 x 7hr 30 min); Valley SAR Helicopter
- 370 22816 19 August 15:44 Black Sail, Ennerdale NY194124**
 SW-calm/dry/cloudy/warm/dull. Moderate footpath dry. Hill Walking (Small Party)
 Subject (F) reported with a knee injury. Minor - twisted knee.
 Cockermouth (20 x 3hr 30 min)
- 371 22817 19 August 17:50 Bleaberry Tarn, Buttermere NY168157**
 NW-light/dry/cloudy/warm/dull. Level footpath dry. Hill Walking (Small Party)
 Subject (F19) reported with injured knee. Minor - twisted knee.
 Cockermouth (1 x 2hr 10 min); North West Air Ambulance
- 372 22838 20 August 15:50 The Calf, Howgills SD667971**
 Heavy rain, windy, hill fog. Wet grassland. Hill Walking (Small Party)
 Subject (M19) injured leg while walking with guided group. Minor - dislocated patella.
 Kirkby Stephen (1 x 3hr 0 min)
- 373 23398 21 August 13:55 Aira Force, Ullswater NY404206**
 Calm/fine/broken cloud/mild/bright. Moderate damp footpath. Hill Walking (Family group)
 Subject (M6) reported to have fallen 10ft at local beauty spot. Serious – fracture.
 Patterdale (5 x 1hr 4 min); Great North AA Cumbria
- 374 22818 21 August 14:43 Warnscale, Buttermere NY202131**
 NW-calm/dry/cloudy/mild/dull. Steep damp. Hill Walking (Small Party)
 Requested to assist party of three (father, mother and daughter) reported in difficulty in a waterfall.
 Cockermouth (7 x 2hr 0 min)
- 375 22839 21 August 16:15 Winton, Kirkby Stephen NY783106**
 Clear fine dry sunny. Dry. Search - Non-mountain (Alone)
 Despondent (M53) reported missing from home, concern for safety.
 Kirkby Stephen (14 x 1hr 0 min); SARDA (England) (1 x 1hr 0 min)
- 376 22746 21 August 16:30 The Band, Gt Langdale NY273057**
 Dry/broken cloud/mild/bright. Moderate footpath damp. Hill Walking
 Subject (M) was reported with low blood sugar and re-occurrence of old knee injury. Minor - knee injury, low blood sugar.
 Kendal (5 x 1hr 30 min); Langdale Ambleside (10 x 1hr 30 min)

377 22884 22 August 16:05 Wythburn, Thirlmere NY326136
 Dry. Dry. Hill Walking (Small Party)
 Subject (M55) slipped whilst descending loose path. Serious - fractured ankle.
 Keswick (19 x 1hr 0 min)

378 22942 22 August 20:30 Great Hall Ghyll NY148029
 Dry/clear/cool/dark. Gentle footpath grassy. Hill Walking (Alone)
 Subject (M) trying to return to Wasdale Head after descending into Eskdale from Scafell. He took path for Nether Wasdale from Bower Bank and ran out of light. Small party went out and escorted him off.
 Wasdale (2 x 3hr 0 min)

379 24031 23 August 16:00 Scafell Pike NY215072
 Strong/heavy rain/poor/cool/dusk. Not reported. Hill Walking (Small Party)
 Party of two (M) reported themselves lost in heavy rain and thick cloud. Attempts to talk them down were initially successful but they then lost their way again. Nothing found after search of camp sites and car parks but eventually informed they got a taxi back from Keswick.
 Wasdale (5 x 7hr 30 min)

380 22824 24 August 12:37 Loughrigg NY225558
 SW-fresh/passing showers/clear/mild/dull. Moderate moorland wet. Hill Walking
 Subject (M) reported with leg injury, cause not reported. Minor - lower leg injury.
 Langdale Ambleside (10 x 1hr 0 min); North West Air Ambulance

381 22885 25 August 16:34 Helvellyn, Lower Man NY329159
 Not reported. Not reported. Animal Rescue
 A man fell on scree receiving only cuts and bruises but he requested help to rescue his dog which was cragfast and injured. The team set off, but in the meantime, the dog was recovered by a passerby, relatively unhurt.
 Keswick (18 x 0hr 31 min)

382 22828 25 August 18:30 Grasmere NY312073
 Dry/clear/mild/bright. Moderate moorland damp. Hill Walking (Small Party)
 Family party (M68) reported overdue.
 Langdale Ambleside (24 x 1hr 0 min)

383 22829 26 August 10:34 Gt Langdale NY274098
 Dry/clear/cold/dark. Moderate moorland damp. Hill Walking (Small Party)
 Mother and daughter reported overdue. Turned up during initial investigation.
 Langdale Ambleside (1 x 1hr 0 min)

384 22886 27 August 16:20 Raven Crag, 'Corvus' NY249114
 Clear dry. Rockface. Rock Climbing - roped
 Subject (F12) fell at the top of the second pitch whilst climbing. Serious - fractured elbow.
 Keswick (19 x 3hr 19 min); Boulmer SAR Helicopter

385 22840 29 August 11:05 Brackenber, Newbiggin on Lune NY695065
 Dry sunny warm. Dry open fell. Pony Trekking
 Requested to assist ambulance service evacuate horse rider fallen from mount. Evacuated by air ambulance.
 Kirkby Stephen (11 x 1hr 0 min); Great North AA Cumbria

386 22887 29 August 13:38 Cat Bells NY247218
 Good. Dry. Hill Walking (Family group)
 Subject (F39) collapsed whilst walking with her family. Minor – faint.
 Keswick (15 x 1hr 1 min); Teesdale and Weardale (3 x 1hr 1 min); Great North AA Cumbria

- 387 23400 29 August 14:45 Aira Force, Ullswater NY401210**
 Not reported. Not reported. Search – Mountain (Family group)
 Two children (M12) reported missing while walking at beauty spot. Parents raised alarm when they failed to find them. The children turned up safe in bottom car park soon after search started.
 Patterdale (4 x 0hr 45 min)
- 388 23634 29 August 18:00 Canal Foot, Ulverston SD320790**
 Not reported. Not reported. Search - Non-mountain (Alone)
 Subject (M57) suffering from depression was reported missing from his home.
 Duddon & Furness (17 x 4hr 45 min); SARDA (England) (1 x 4hr 45 min); SARDA (Wales) (1 x 4hr 0 min); SARDA (Lakes) (1 x 4hr 45 min); Unknown Military Aircraft
- 389 22830 29 August 21:07 Grasmere NY336077**
 Dry/clear/cool/moonlight. Moderate footpath damp. Hill Walking (Small Party)
 Group of four (M) reported overdue. Turned up while planning, having been delayed with one party member with lower leg injury. Minor - leg injury.
 Langdale Ambleside (11 x 1hr 0 min)
- 390 22831 29 August 21:09 Grasmere NY350082**
 Calm/dry/clear/cool/moonlight. Not reported. Search - Mountain
 'Flares' sighted. Confirmed by police officer attending. Nothing found. Chineses Lanterns suggested.
 Langdale Ambleside (11 x 1hr 0 min)
- 391 23168 30 August 11:30 High Crag, Buttermere NY181142**
 SW-calm/dry/clear/warm. Steep crag dry. Animal Rescue
 Sheep reported stranded on a ledge. Retrieved without loss or injury.
 Cockermouth (3 x 2hr 0 min)
- 392 22888 31 August 19:23 Lingy Bank, Rosthwaite NY248152**
 Dry clear. Dry. Hill Walking
 Subject (M27) fell off a tree branch whilst crossing a beck. Serious - dislocated knee.
 Keswick (15 x 1hr 42 min)
- 393 23401 31 August 23:00 Glenridding, Ullswater NY392171**
 Calm/dry/clear/hot/bright. Not reported. Fishing (Alone)
 Angler (M55) reported missing after fishing on Ullswater. Shore line searched and boats searched lake through the night. An up-turned boat found on shore. Search resumed next day; police divers recovered body. **FATAL** – drowning.
 Patterdale (16 x 15hr 0 min); Penrith (6 x 15hr 0 min); SARDA (Lakes) (4 x 15hr 0 min)

September

- 394 23169 1 September 13:28 Bowness Knott, Ennerdale NY106154**
 SW-calm/dry/clear/warm/bright. Gentle footpath dry. Hill Walking
 Subject (M61) slipped on lake shore path. Minor - knee and back injuries.
 Cockermouth (14 x 1hr 46 min)
- 395 22889 2 September 15:04 Helvellyn, Fisher Place Gill NY332175**
 Dry. Dry. Hill Walking
 Subject (M52) was separated from his two walking companions to search for the pony path which was obscured by bracken, saying he would return in 15 mins. Three hours later, his companions raised the alarm. Later turned up.
 Keswick (12 x 2hr 10 min); SARDA (Lakes) (2 x 2hr 10 min)
- 396 23402 3 September 15:00 Aira Force, Ullswater NY400201**
 Light/dry/clear/mild/bright. Moderate damp footpath. Hill Walking (Small Party)
 Requested to assist with evacuating injured party to air ambulance at beauty spot. On arrival, the injured person had manage to walk without assistance. No action required.
 Patterdale (6 x 0hr 30 min); Great North AA Cumbria

- 397 23403 3 September 18:17 Low Birk Fell NY403190**
 Calm/dry/broken cloud/mild/bright. Moderate firm footpath. Hill Walking (Small Party)
 Subject (M60) reported unwell, his wife was unsure of location. Minor - nausea feeling faint.
 Patterdale (16 x 2hr 30 min); North West Air Ambulance
- 398 23404 4 September 19:20 Ruthwaite Lodge, Grisedale NY355135**
 Calm/fine/broken cloud/mild/dusk. Moderate dry footpath. Hill Walking (Small Party)
 Subject (M14) unable to walk due to blisters. One of party called for help. Search for the boy at
 last known location was unsuccessful. But turned up in Glenridding having been given help by
 passing walker. Minor – blisters.
 Patterdale (6 x 1hr 30 min)
- 399 22917 5 September 11:50 Grizedale Forest, North Face SD342974**
 Dry, sunny. Forest mountain bike track. Mountain Biking
 Rider reported to have fallen off bike. Team stood down responding as ambulance reached
 casualty
 Coniston (6 x 0hr 34 min)
- 400 22919 5 September 12:45 Silver How, Grasmere NY326063**
 Dry/clear/mild/bright. Moderate footpath boggy, slippery. Hill Walking (Small Party)
 Subject (M65) collapsed, reported died at scene, evacuated body. **FATAL** - heart attack.
 Langdale Ambleside (10 x 4hr 0 min); North West Air Ambulance
- 401 23405 5 September 13:45 Helvellyn, Striding Edge NY394149**
 Moderate/dry/broken cloud/mild/bright. Steep dry. Hill Walking (Small Party)
 Subject (F51) slipped and injured her ankle; fortunately two MR personnel were nearby to give
 immediate assistance. Serious - fractured left ankle.
 Patterdale (16 x 3hr 0 min); Great North AA Cumbria
- 402 23406 5 September 14:30 Raise, Kepple Cove Zig Zags NY347170**
 Light/dry/broken cloud/mild/bright. Moderate dry footpath. Fell Running (Organised event)
 Subject (M23) fell badly, cutting his knee. Minor - gash to left knee.
 Patterdale (4 x 1hr 0 min)
- 403 22943 5 September 16:00 Scafell Pike NY216072**
 Moderate/passing showers/clear/dull. Gentle footpath. Hill Walking (Alone)
 Solo walker (M) became disorientated on summit of Scafell Pike. Despite having a GPS and not
 being in cloud he was unable to make his own way off. After an attempt to talk him off, a small
 party went to fetch him.
 Wasdale (8 x 6hr 0 min)
- 404 23050 6 September 12:38 Littledale Reservoir, Newlands NY216180**
 Warm dry windy cloudy. Dry damp patches. Hill Walking (Family group)
 Subject (M51) slipped and injured his ankle whilst trying to rejoin his family for a self-timed
 photograph. Serious - fractured tibia and fibula.
 Keswick (15 x 1hr 49 min)
- 405 22951 6 September 18:00 Pavey Ark, Jacks Rake NY284078**
 S-gale/heavy rain/poor/cool/dark. Vertical crag very wet, slippery. Hill Walking
 Man reported as cragfast.
 Langdale Ambleside (7 x 5hr 0 min)
- 406 22837 6 September 19:10 Nine Kirks Church, Penrith NY559299**
 Dry sunny hot. Dry river bank. Resilience (Alone)
 Requested to assist local emergency services in dealing with despondent (M68). Resuscitation
 unsuccessful, recovered body to custody of Coroner's officer. **FATAL** - hanging
 Penrith (18 x 2hr 30 min)

- 407 23407 7 September 15:30 Ullswater, Lake Shore NY394180**
 Light/rain/cloudy/cool/dull. Undulating rough footpath. Hill Walking (Small Party)
 Subject (F63) tripped and fell on path, injuring her ankle. Serious - fractured right ankle.
 Patterdale (12 x 1hr 30 min)
- 408 24010 7 September 16:30 Lingmell NY189079**
 Fresh/passing showers/clear/mild/bright. Gentle footpath. Hill Walking (Small Party)
 Subject (F52) injured her ankle, assisted ambulance service with evacuation to air ambulance.
 Serious - fractured ankle.
 Wasdale (20 x 2hr 0 min)
- 409 22949 8 September 14:20 Hampsfell, Grange over Sands SD405795**
 Calm/dry/clear/mild/bright. Gentle dry footpath. Hill Walking
 Requested to assist the ambulance service with the evacuation of a lady who had fainted whilst
 out fellwalking. She was collected by 4x4 and transported to ambulance.
 Kendal (6 x 2hr 0 min)
- 410 23408 8 September 14:50 Cofa Pike NY358120**
 Light/dry/broken cloud/warm/bright. Steep rough footpath. Hill Walking (Small Party)
 Subject (F63) slipped and fell injuring her face and leg. Serious - facial and femur injuries.
 Langdale Ambleside (7 x 1hr 0 min); Patterdale (10 x 3hr 30 min); Great North AA Cumbria
- 411 23051 9 September 15:37 Blencathra - Doddick Fell NY331267**
 Dry. Steep dry path. Hill Walking
 Subject (F70) slipped on a steep descent. Serious - fracture / dislocation of ankle.
 Keswick (20 x 1hr 45 min)
- 412 22945 11 September 13:43 Kidsty Pike, Haweswater NY447126**
 Fine dry sunny. Dry firm. Hill Walking (Small Party)
 Subject (M39) reported unable to walk due to problem with old recurrent leg injury. Persuaded to
 walk off the hill, but stretchered from Kidsty Howes to roadhead. Minor - locked knee.
 Penrith (12 x 4hr 0 min); Great North AA Cumbria
- 413 22946 11 September 21:45 Selside Brow, Mosedale NY484092**
 Showery warm. Rough grassland, boggy. Mountain Biking (Alone)
 Subject (M30) took wrong route, tried to retrace steps, but was benighted. Abandoned bike to go
 up hill for better signal, further disorientated.
 Kendal (6 x 4hr 15 min); Penrith (8 x 6hr 45 min)
- 414 22955 11 September 22:15 Ambleside NY379037**
 Light/heavy rain/cloudy/mild/dark. Moderate woodland wet. Resilience
 Shouts for help and flashing light reported in field above Ambleside. Nothing untoward found,
 false alarm good intent.
 Langdale Ambleside (5 x 1hr 0 min)
- 415 23052 12 September 15:54 Low Snab, Newlands NY227186**
 Warm dry sunny. Damp patches. Hill Walking
 Subject (F52) slipped on a rocky slab whilst descending and injured her ankle. Serious - injured
 ankle.
 Keswick (22 x 1hr 40 min)
- 416 23409 12 September 17:20 Low Wood, Brotherswater NY398131**
 Light/dry/broken cloud/mild/bright. Moderate damp footpath. Hill Walking (Small Party)
 Subject (F43) slipped and injured her ankle. Serious - fractured ankle.
 Patterdale (11 x 2hr 30 min)

- 417 22963 12 September 23:55 Caiston Beck, High Hartsop Dodd NY395101**
 S-fresh/heavy rain/broken cloud/cool/dark. Moderate moorland very wet. Hill Walking (Alone)
 Subject (M37) reported missing by wife. Had previously asked direction of another MRT on a
 different rescue and then ignored them, and tried to retrace steps uphill to high point. Found by
 search dog Beinn.
 Langdale Ambleside (7 x 6hr 0 min); Patterdale (10 x 4hr 19 min); Penrith (6 x 6hr 0 min);
 SARDA (Lakes) (4 x 6hr 0 min)
- 418 24012 13 September 17:40 Scafell Pike, Brown Tongue NY195074**
 Strong/heavy rain/hill fog/cool/dull. Moderate footpath very wet. Hill Walking
 Party of four (M35) unable to cross river because river level was high following heavy rain.
 Existing medical conditions made it inadvisable to climb higher to a safe crossing so the team
 assisted them across the river and down to the valley.
 Wasdale (18 x 4hr 0 min)
- 419 23053 14 September 13:01 Stonethwaite Beck, Stonethwaite NY267135**
 Very wet squally. Very wet. Hill Walking
 Subject (M) fell and tumbled approx 25m whilst in steep ground, sustaining severe injuries.
 Serious - fracture base of skull, fracture neck, severe lacerations.
 Keswick (12 x 2hr 15 min)
- 420 23054 14 September 14:16 Rosthwaite - Watendlath NY263154**
 Very wet windy. Very wet. Hill Walking
 Whilst returning from the previous incident, requested to go to the assistance of subject (M63),
 who had blacked out while walking. However, he was encountered walking down from the
 reported location. Minor – fainted.
 Keswick (15 x 1hr 0 min)
- 421 23411 14 September 15:30 Aira Force, Ullswater NY400206**
 Light/passing showers/cloudy/mild/dull. Moderate wet footpath slippery. Hill Walking (Small Party)
 Subject (F) slipped on rocks and injured her shoulder. Serious - fractured clavicle.
 Patterdale (10 x 2hr 45 min); Great North AA Cumbria
- 422 22991 15 September 13:10 Pudding Stone, Coniston Fells SD281985**
 Blustery heavy showers, cold. Rough stoney wet. Hill Walking (Alone)
 Subject (M41) found suffering from hypothermia. Serious – hypothermic.
 Coniston (12 x 3hr 0 min)
- 423 23412 15 September 15:02 The Knott NY436128**
 Not reported. Not reported. Hill Walking (Small Party)
 Subject (F55) slipped banging her head on a rock. Minor - head laceration.
 Patterdale (11 x 1hr 0 min); Great North AA Cumbria
- 424 24011 15 September 16:50 Illgill Head NY174052**
 Strong/passing showers/broken cloud/cool/bright. Steep footpath damp. Hill Walking
 Subject (M15) reported with a ankle injury, cause not reported. Minor - fractured left ankle.
 Wasdale (17 x 3hr 30 min)
- 425 23055 15 September 20:00 Gt Langdale NY288060**
 SW-fresh/passing showers/broken cloud/cool/dark. Steep crag damp. Search - Mountain
 Informant reported shouts for help. A search was conducted but nothing untoward was found -
 false alarm good intent.
 Langdale Ambleside (2 x 1hr 0 min)
- 426 24013 16 September 22:10 Scafell Pike, Hollowstones NY206073**
 Moderate/dry/dark. Moderate footpath. Hill Walking
 Subject (M51) sustained shoulder injury, cause not reported. Located by search dog Ollie after
 torch was seen. Serious - dislocated shoulder.
 SARDA (Lakes) (1 x 4hr 30 min); Wasdale (15 x 4hr 30 min)

- 427 23056 17 September 17:48 Low Pike, Ambleside NY374078**
 Dry/clear/mild/bright. Moderate footpath damp. Hill Walking
 Subject (F) reported herself lost in good weather and during daylight. Couldn't re-establish contact because she was on the phone to her mum. Eventually establish that she was back on a road and had got into a car with a stranger.
 Langdale Ambleside (3 x 1hr 0 min)
- 428 23047 18 September 13:15 Church Beck, Conishton SD295979**
 Showery. Wet rock. Rock Scrambling (School/Youth group)
 Subject (F23) slipped whilst gorge scrambling. Assisted paramedics already in attendance.
 Serious - dislocation / fractured left ankle.
 Conishton (9 x 1hr 15 min)
- 429 23072 18 September 13:51 Three Shires Stone, Wrynose NY276026**
 SW-light/passing showers/clear/cool/bright. Steep footpath damp. Fell Running
 Subject (M46) slipped and sustained ankle injury. Serious - open fracture of ankle.
 Langdale Ambleside (13 x 2hr 0 min); North West Air Ambulance
- 430 23070 18 September 15:32 Corridor Route - Skew Skill, Gt End NY221091**
 Low cloud showers windy. Wet. Hill Walking (Organised event)
 Subject (M26) sprained his ankle whilst taking part in a 24 Peaks event, and was unable to continue. Minor - sprained ankle.
 Cockermouth (17 x 1hr 0 min); Keswick (16 x 3hr 0 min); Patterdale (1 x 3hr 0 min); Wasdale (1 x 3hr 0 min)
- 431 23073 18 September 19:25 Crinkle Crag, Gt Langdale NY246053**
 SW-storm/heavy rain/low cloud/cool/dark. Moderate crag very wet. Hill Walking (Small Party)
 Party of two (F) became disorientated and lost on complex ridge.
 Langdale Ambleside (23 x 5hr 30 min); SARDA (Lakes) (5 x 5hr 30 min)
- 432 23074 18 September 20:20 Angle Tarn, Gt Langdale NY243079**
 Fresh/heavy rain/low cloud/cool/dark. Moderate moorland very wet. Hill Walking
 Party of two (M) reported overdue after separating from companion.
 Kendal (8 x 1hr 0 min); Langdale Ambleside (5 x 1hr 0 min); SARDA (Lakes) (4 x 1hr 0 min)
- 433 23075 19 September 12:00 Browney Ghyll, Gt Langdale NY268049**
 SW-strong/heavy rain/cloudy/cool/dull. Steep moorland very wet, slippery. Hill Walking
 Subject (F19) slipped on steep path. Serious - lower leg fracture.
 Langdale Ambleside (16 x 3hr 0 min)
- 434 23387 19 September 17:57 Ullswater, Pooley Bridge NY465241**
 Not reported. Not reported. Water Sport (Alone)
 Canoeist (M) reported missing having failed to surface from an upturned canoe. Surface search was inconclusive but divers recovered body following day. **FATAL** – drowning.
 Patterdale (6 x 2hr 0 min)
- 435 24014 21 September 07:20 Scafell Pike NY208073**
 Light/drizzle/low cloud/cool/dark. Moderate slope. Hill Walking (Small Party)
 Party of two (F28) doing Three Peaks Challenge became disorientated and cragfast on rocky slope. Located and escorted down.
 SARDA (Lakes) (1 x 4hr 0 min); Wasdale (9 x 4hr 0 min)
- 436 23076 21 September 16:34 Crinkle Crag, Gt Langdale NY264041**
 SW-fresh/passing showers/broken cloud/cool/dusk. Moderate moorland very wet. Hill Walking
 Party of two (M) became lost and exhausted.
 Langdale Ambleside (9 x 3hr 0 min); SARDA (Lakes) (1 x 3hr 0 min)

- 437 23071 23 September 11:15 Blencathra, Sharp Edge NY327283**
Wet low cloud. Wet. Rock Scrambling
Subject (F40) fell 60m from the 'Awkward Step' into the usual gully on the north side. Serious - pneumothorax, fractured ribs (x4), multiple abrasions and contusions.
Bowland Pennine (1 x 2hr 0 min); Keswick (24 x 4hr 40 min); Penrith (11 x 4hr 40 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 438 23078 24 September 11:50 Brant Fell, Windermere SD410962**
Dry/cloudy/mild/bright. Moderate moorland damp, slippery. Hill Walking(Small Party)
Subject (F63) slipped on wet path, sustaining nasty lower leg injury. Serious - Lower leg fracture.
Langdale Ambleside (7 x 2hr 0 min); North West Air Ambulance
- 439 23262 24 September 12:57 Nan Bield Pass, Haweswater NY453095**
Strong, gusty, dry cloudy. Damp, stony. Hill Walking (Alone)
Subject (M) tripped and fell. Minor - twisted ankle, soft tissue injury only.
Penrith (1 x 3hr 0 min)
- 440 23079 24 September 14:15 Pike O'Stickle, Gt Langdale NY274073**
SW-fresh/dry/clear/cool/bright. Steep gully loose, slippery. Hill Walking (Alone)
Subject (M40) reported missing two weeks earlier. Information received to suggest it was worth a look - nothing found. Tried again on 26th and 16th Oct without result.
Duddon & Furness (18 x 6hr 0 min); Kendal (6 x 4hr 0 min); Langdale Ambleside (15 x 13hr 8 min); SARDA (Lakes) (3 x 13hr 8 min)
- 441 23080 24 September 18:10 Silver How, Grasmere NY325066**
SW-fresh/dry/broken cloud/cool/bright. Moderate moorland damp, slippery. Hill Walking (Alone)
Subject (M28) reported overdue. Turned up in Langdale.
Langdale Ambleside (3 x 1hr 30 min); SARDA (Lakes) (1 x 1hr 30 min)
- 442 24015 25 September 16:06 Green Howe NY195067**
Calm/dry/clear/bright. Moderate slope. Hill Walking (School/Youth group)
Subject (F28) reported as suffering tendon damage while descending, cause not reported. Minor - damaged tendons.
Wasdale (11 x 2hr 0 min)
- 443 23143 25 September 16:13 Ruddy Gill NY223089**
Sunny dry. Damp patches. Hill Walking
Subject (F43) slipped on loose stones and sprained her ankle. Serious - muscular strain lower leg
Keswick (18 x 3hr 12 min); North West Air Ambulance
- 444 23118 26 September 10:00 Wren Ghyll, Longsleddle NY470083**
Calm/dry/clear/cool/bright. Moderate dry scree. Search - Mountain
Police request a few team members to assist them to look at a skull that was found the day before by two walkers. Outcome not reported.
Kendal (4 x 2hr 0 min)
- 445 23413 26 September 19:50 Pasture Beck Bottom, Hartsop NY421115**
Calm/dry/clear/cold/moonlight. Moderate boggy footpath. Hill Walking(Medium party)
Group reported benighted and lightly-equipped with no torches. As a result, they were making slow progress. Located and led to safety.
Patterdale (5 x 2hr 10 min)
- 446 23144 27 September 14:43 Ashness - Falcon Crag NY272199**
Not reported. Not reported. Hill Walking
Subject (F78) walking on the path with a group was taken ill. Serious - stroke
Keswick (15 x 1hr 25 min)

447 23123 30 September 16:00 Far Easedale, Grasmere NY309098
 Passing showers/clear/cool/dull. Moderate footpath boggy, slippery. Hill Walking
 Subject (F70) slipped and sustained a head injury. Minor - head injury.
 Langdale Ambleside (11 x 2hr 0 min); North West Air Ambulance

October

448 23635 1 October 20:30 High Dam, Rusland SD363893
 Light/fine/clear/cool/dark. Undulating forestry boggy. Hill Walking (Small Party)
 Party of two (M, F) reported themselves lost in failing light.
 Coniston (14 x 2hr 30 min); Duddon & Furness (19 x 2hr 30 min); SARDA (Lakes) (5 x 2hr 30 min)

449 23110 2 October 15:00 Torver Common Wood SD296946
 Dry, sunny. Wet, slippy, stoney. Fell Running (Alone)
 Trail Race competitor (M52) slipped, sustaining a shoulder injury. Serious - mid-shaft fracture /
 dislocation to left arm/shoulder
 Coniston (10 x 1hr 0 min)

450 23414 2 October 16:00 Place Fell NY408163
 Light/dry/broken cloud/mild/bright. Moderate dry footpath. Hill Walking (Small Party)
 Subject (F47) suffered knee problem while descending. She tried to continue but it became too
 painful. Minor - swollen knee.
 Patterdale (14 x 2hr 30 min)

451 23111 2 October 20:20 Grizedale Forest SD325955
 Dry/drizzle. Forest track. Hill Walking(Small Party)
 Party of two (M, F) reported as benighted in forest. They were located by the North Face Trail
 and returned safely to their car at the Visitors' Centre.
 Coniston (11 x 2hr 30 min)

452 23415 3 October 15:50 Dovedale NY395118
 Light/showers/low cloud/mild/dull. Moderate wet footpath. Fell Running (Organised event)
 Subject (M46) taking part in an event, slipped on wet rocks near to the finish. Serious - Fracture
 disloctaion elbow.
 Patterdale (14 x 1hr 34 min); Great North AA Cumbria

453 23142 4 October 17:00 Orrest Head, Windermere SD414993
 Dry/clear/mild/dusk. Moderate forestry damp. Search - Non-mountain
 Subject (M) reported suicidal and possessions found in woodland. Man located in Grisedale
 Forest. Serious - drug overdose.
 Langdale Ambleside (10 x 3hr 0 min); SARDA (Lakes) (5 x 3hr 0 min)

454 23171 5 October 10:25 Setmurthy, Cockermouth NY162328
 SW-fresh/heavy rain/cloudy/cool/dull. Moderate footpath damp. Hill Walking
 Subject (F) reported with an ankle injury in the Setmurthy woods. She was met by team members
 and taken to hospital by ambulance. Minor - ankle injury.
 Cockermouth (15 x 0hr 40 min)

455 23399 5 October 14:30 Helvellyn, Swirral Edge NY346615
 Calm/dry/broken cloud/mild/bright. Steep dry ridge. Hill Walking (Family group)
 Subject (M11) fell 100 ft from narrow ridge. Minor - head injury
 Patterdale (10 x 2hr 0 min); Great North AA Cumbria; Great North AA Cumbria

456 24032 7 October 19:30 Lingmell Col NY212078
 Not reported. Not reported. Hill Walking (Small Party)
 Party of five (M) reported benighted with no equipment or food. They were quickly located and
 escorted down to their car.
 SARDA (Lakes) (1 x 5hr 0 min); Wasdale (12 x 5hr 0 min)

- 457 23145 8 October 15:14 Great How, Thirlmere NY315191**
 Sunny dry. Damp patches. Hill Walking
 Subject (F70) slipped from path into ditch. Serious - fractured ankle.
 Keswick (15 x 1hr 49 min); Great North AA Cumbria
- 458 24033 9 October 14:30 Scafell Pike NY218070**
 Moderate/dry/clear/mild. Moderate slope. Hill Walking (Small Party)
 Subject (M) had a tumbling fall and sustained head injuries. Serious - non-specific head injuries.
 Langdale Ambleside (5 x 1hr 0 min); Wasdale (11 x 1hr 0 min); Unknown Military Aircraft
- 459 23172 9 October 15:06 Scarth Gap, Buttermere NY187145**
 SW-fresh/dry/clear/mild/bright. Moderate footpath. Hill Walking
 Subject fell unconscious whilst descending. He had started to walk down with another group as
 the team came up to meet him. Minor – unknown.
 Cockermouth (23 x 1hr 38 min)
- 460 23158 9 October 15:15 Arnside Knott SD452774**
 Calm/dry/clear/mild/bright. Moderate dry footpath. Hill Walking (Small Party)
 Requested to evacuate a subject (M73) reported with head injury. Minor - head injury.
 Kendal (13 x 3hr 30 min)
- 461 23182 9 October 15:15 Derwent Water, Falcon Crag NY268205**
 Sun dry. Dry. Hill Walking
 Subject (M61) slipped off the path and fell 6m on to the lakeshore, suffering arm and leg injuries.
 Serious - Dislocated shoulder, leg.
 Keswick (13 x 0hr 45 min)
- 462 24034 9 October 15:15 Scafell NY204067**
 Moderate/dry/clear/mild. Steep gully rough. Hill Walking
 Male walker had a tumble fall of approximately 50ft. Team attended along with helicopter from
 previous incident. After an extremely difficult winch the casualty was flown to hospital. Serious -
 Fracture / dislocation of shoulder with other injuries.
 Langdale Ambleside (3 x 4hr 0 min); Wasdale (10 x 3hr 30 min); Leconfield SAR Helicopter
- 463 23416 9 October 19:50 Helvellyn, Hole in the Wall NY360156**
 Light/dry/clear/mild/dark. Moderate dry footpath. Hill Walking (Alone)
 Group of walkers were concerned for a lone walker who seemed disorientated while on Striding
 Edge last seen at Hole in the Wall. Search conducted of area but nothing untoward found.
 Patterdale (4 x 2hr 0 min)
- 464 23159 10 October 12:30 Kentmere SD445074**
 Calm/dry/clear/mild/bright. Moderate dry footpath. Search - Mountain
 Reports by YMCA group of shouts for help heard in Kentmere. Several local enquiries were
 made and a vehicle deployed with 2 members to the scene. Negative results; agreed with police
 no further action required.
 Kendal (4 x 2hr 0 min)
- 465 23417 10 October 15:00 Place Fell, Ullswater NY397170**
 light/dry/clear/mild/bright. steep damp crag. Hill Walking (Small Party)
 Subject (M70) slipped and injured shoulder and arm. Serious - dislocated shoulder, fractured
 arm, torn muscle
 Patterdale (11 x 1hr 45 min)
- 466 23154 10 October 16:30 Wansfell, Ambleside NY389043**
 Dry/clear/warm/bright. Steep footpath damp, slippery. Hill Walking (Small Party)
 Subject (M) slipped and sustained knee injury. Minor - knee sprain.
 Langdale Ambleside (15 x 1hr 30 min)

- 467 23418 10 October 16:45 Birks, Oxford Crag NY385156**
 Light/dry/clear/mild/bright. Moderate dry footpath. Hill Walking (Small Party)
 Subject (M75) slipped on path injuring his ankle. Serious - compound fracture to right ankle.
 Patterdale (8 x 1hr 0 min); Great North AA Cumbria
- 468 23419 11 October 20:00 The Knott NY436127**
 Fresh/dry/clear/cold/dark. Moderate damp footpath. Hill Walking (Alone)
 Subject (M52) became disorientated on High Street with darkness approaching and no torch.
 Minor - cold
 Patterdale (15 x 4hr 30 min); Penrith (1 x 4hr 30 min); SARDA (Lakes) (3 x 4hr 30 min)
- 469 24016 11 October 21:45 Green Howe NY184065**
 Light/dry/clear/cold/dark. Moderate footpath dry. Hill Walking (Small Party)
 Party of two (M,F) became separated from friends and failed to meet up in the car park. Search
 started and they were quickly found safe and well.
 Wasdale (16 x 2hr 30 min)
- 470 24017 12 October 01:00 The Screes, Wastwater NY152044**
 Light/dry/clear/cold/dark. Level scree. Hill Walking (Small Party)
 Shouts heard from two people seen cragfast on boulder field. They were escorted back to their
 accommodation.
 SARDA (Lakes) (1 x 1hr 0 min); Wasdale (5 x 1hr 0 min)
- 471 24018 12 October 15:15 Scafell Pike NY207075**
 Light/dry/clear/cold/bright. Moderate footpath. Hill Walking (School/Youth group)
 Subject (M62) reported as suffering ligament damage and was unable to walk, cause not
 reported. Serious - torn ligament, right knee, unstable patella
 Wasdale (19 x 4hr 0 min)
- 472 23173 13 October 15:51 Little Round Howe, Buttermere NY206131**
 SW-calm/dry/cloudy. Moderate footpath. Hill Walking (Small Party)
 Subject (F65) fell whilst walking near Black Beck Tarn. Serious - serious eye/head injury,
 fractured wrist and thumb.
 Cockermouth (27 x 3hr 7 min); Valley SAR Helicopter
- 473 24035 13 October 21:30 Lingmell NY189079**
 Not reported. Not reported. Hill Walking (Alone)
 Team received report of a single male in his mid 70's who was overdue. A team member living in
 the area went and found the man who was very tired and unable to walk. A small party went and
 assisted the man to walk down to his friends in the valley.
 Wasdale (4 x 2hr 0 min)
- 474 23165 14 October 10:40 Holme Fell, Coniston NY317004**
 Dry. Steep crag, bracken. Hill Walking (Small Party)
 Party (M51, F48) lost path due to difficult terrain and darkness, called for help. Found unhurt &
 accompanied to safety.
 Coniston (12 x 3hr 30 min)
- 475 23160 14 October 14:10 Great Knott, Gt Langdale NY259041**
 Dry/broken cloud/mild/dull. Moderate moorland damp. Hill Walking
 Subject (M) reported collapsed with chest pains. Serious - heart attack
 Kendal (5 x 1hr 30 min); Langdale Ambleside (10 x 2hr 19 min); Great North AA Cumbria;
 Gannet SAR Helicopter
- 476 23174 14 October 20:20 Haystacks, Ennerdale NY176133**
 SW-calm/dry/clear/mild/dark. Moderate footpath. Hill Walking (Alone)
 Subject became lost in darkness with no torch. A search of the Buttermere and Ennerdale valleys
 was launched and he was located below Scarth Gap, Ennerdale. He was escorted down.
 Cockermouth (26 x 2hr 47 min)

477 23161 15 October 15:07 Megs Ghyll, Gt Langdale NY385019
 Showers/broken cloud/mild/dull. Steep gully very wet. Hill Walking
 Subject (M76) slipped and fell 75 m, landing on a ledge. Serious - head, neck, and back injuries.
 Kendal (1 x 2hr 0 min); Langdale Ambleside (12 x 2hr 0 min); Valley SAR Helicopter; North West
 Air Ambulance

478 23183 16 October 13:12 Castle Crag, Borrowdale NY249156
 Not reported. Not reported. Hill Walking
 Subject (F55) slipped on loose ground and sustained a knee injury. Serious - knee injury.
 Keswick (11 x 1hr 52 min)

479 23163 16 October 13:59 Hutton Roof Crag SD559779
 Calm/dry/clear/mild/bright. Vertical dry crag. Rock Climbing - roped
 Subject (F22) reported fallen 4m. Treated and evacuated by air ambulance prior to arrival on
 scene.
 Kendal (13 x 1hr 0 min); North West Air Ambulance

480 23166 16 October 14:34 Colwith Force NY328031
 Dry, sunny. Woodland track, rocky in places. Hill Walking (Small Party)
 Subject (F63) slipped and twisted ankle. Serious - sprained left ankle.
 Coniston (11 x 1hr 30 min)

481 23420 16 October 15:15 Grisedale Bridge, Patterdale NY385161
 Light/dry/clear/mild/bright. Gentle dry footpath. Resilience (Small Party)
 Subject (F52) reported collapsed outside rescue centre. Team were at base at the time and
 treated the lady and transported her to an air ambulance. Serious - heart attack.
 Patterdale (3 x 1hr 0 min); Great North AA Cumbria

482 23184 16 October 15:15 Derwent Water - Brandlehow Jetty NY251197
 Not reported. Not reported. Hill Walking
 Subject (F 89) was reported to have collapsed. Serious - collapse and fitting.
 Keswick (11 x 1hr 0 min)

483 23185 16 October 15:40 Carrock Fell NY343336
 Dry. Not reported. Parapenting
 A paraglider crashed near the summit; the pilot (M24) sustained serious multiple injuries. Serious
 - multiple and serious head injuries.
 Keswick (13 x 2hr 55 min); Great North AA Teeside; Great North AA Cumbria

484 23175 17 October 16:54 Haycock, Ennerdale NY135123
 Not reported. Not reported. Hill Walking
 Subject (M45) slipped on the descent from Haycock. Serious - fractured ankle.
 Cockermouth (26 x 2hr 51 min)

485 23176 19 October 12:05 Hole Rake, Yewdale Fells SD299999
 Fine, dry. Fell track, damp. Hill Walking (Small Party)
 Subject (F69) turned her ankle on damp ground. Serious - fractured left ankle.
 Coniston (9 x 2hr 0 min); Great North AA Cumbria

486 23186 19 October 14:45 Hause Gate, Borrowdale NY244192
 Dry sun. Dry steep. Hill Walking
 Subject (M52) slipped on the steep, rocky path while descending from the Hause, sustaining a
 lower leg injury. Serious - fractured tibia & fibula.
 Keswick (15 x 2hr 40 min); Great North AA Cumbria

487 23187 20 October 17:30 Stockley Bridge, Borrowdale NY234109
 Not reported. Not reported. Hill Walking
 Subject (M66) slipped and fell, suffering facial injuries and an ankle injury when high up Grains
 Gill. He managed to walk down some way before being stretchered the remainder of the way.
 Serious - facial lacerations and ankle injury.
 Keswick (20 x 1hr 30 min)

- 488 23179 21 October 12:50 Copt Howe, Gt Langdale NY316059**
 Dry/clear/cool/bright. Moderate moorland very wet, slippery. Hill Walking
 Subject (M) slipped and sustained lower leg and shoulder injuries. Serious - lower leg fracture
 and shoulder injury.
 Langdale Ambleside (11 x 2hr 0 min)
- 489 23271 21 October 15:29 Clifton. Penrith NY530260**
 Cold damp overcast. Damp fields and woodlands. Search - Non-mountain (Alone)
 Despondent reported missing; evidence that subject was avoiding detection and moving through
 the countryside.
 Penrith (12 x 1hr 30 min); Lancashire Police Helicopter
- 490 23180 21 October 17:45 Kentmere NY456041**
 Calm/drizzle/clear/cool/dusk. Moderate dry footpath. Hill Walking (Alone)
 Subject (M54) known to have ME, was reported overdue by a concerned mother, as enquiries
 were being made the subject turned up safe & well.
 Kendal (4 x 1hr 0 min)
- 491 23429 22 October 11:16 Blencathra - Sharp Edge NY327283**
 Wet cool windy. Wet. Rock Scrambling
 Subject (M49), with uncle, became cragfast on a slippery section of the ridge close to the 'Bad
 Step'. They were lowered to safety and made their own way off the hill.
 Keswick (15 x 3hr 46 min)
- 492 23421 24 October 13:05 Grisedale NY387156**
 Light/dry/clear/mild/bright. Moderate dry. Hill Walking (Small Party)
 Subject (F49) collapsed while walking towards Grisedale. Minor – fainted.
 Patterdale (6 x 1hr 0 min)
- 493 23257 24 October 19:06 Rossett Ghyll, Gt Langdale NY255072**
 Calm/dry/clear/freezing/moonlight. Steep scree frozen, slippery. Hill Walking (Small Party)
 Party of two (M & F) failed to follow path and became cragfast.
 Langdale Ambleside (4 x 2hr 0 min); SARDA (Lakes) (1 x 2hr 0 min)
- 494 24024 25 October 10:40 Scafell Pike NY 20307**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M) found in collapsed state at Hollowstones. He was declared dead at the scene by
 paramedic from air ambulance. **FATAL** – unspecified.
 Wasdale (17 x 4hr 0 min); Unknown Civilian Aircraft
- 495 23258 25 October 14:15 Coffin Route, Rydal NY350068**
 Dry/clear/cool/bright. Gentle footpath dry, slippery. Hill Walking
 Subject (M) slipped and sustained head injury that caused fitting. Serious - head injury and fitting.
 Langdale Ambleside (8 x 1hr 30 min)
- 496 23259 25 October 14:20 Harrison Stickle, Gt Langdale NY280075**
 Dry/clear/cool/bright. Moderate ridge damp. Hill Walking
 Subject (M) sustained leg injury. Serious - leg injury.
 Kendal (7 x 1hr 0 min); Langdale Ambleside (6 x 2hr 30 min); Great North AA Cumbria
- 497 23430 25 October 18:40 Honister - Seathwaite NY235121**
 Clear cold. Dry. Hill Walking (D of E)
 Subject (M17) on a D of E expedition became separated from his group whilst they were making
 their way from Honister to Seathwaite. He was found in a camping barn.
 Keswick (14 x 1hr 49 min); SARDA (Lakes) (5 x 1hr 49 min)
- 498 23263 26 October 10:15 Green Bell, Howgills NY702011**
 Windy rain hill fog. Rough wet. Hill Walking (D of E) (Small Party)
 Expedition party of four (F16) reported lost; supervisors unable to located them along their
 intended route. Group walked out and located by farmer as search began.
 Kirkby Stephen (4 x 2hr 0 min)

499 23260 26 October 16:05 Crinkle Crag, Gt Langdale NY250046
SW-gale/heavy rain/low cloud/cool/dark. Moderate moorland very wet. Hill Walking (Small Party)
Subject (M49) slipped and sustained lower leg injury. Serious - lower leg fracture.
Kendal (8 x 8hr 0 min); Langdale Ambleside (16 x 5hr 30 min)

500 23261 26 October 16:05 Far Easedale NY310096
SW-gale/heavy rain/low cloud/cool/dark. Moderate footpath very wet. Hill Walking (Small Party)
Subject (M) collapsed and died despite attempts to revive him. **FATAL** - heart attack.
Coniston (12 x 3hr 0 min); Langdale Ambleside (8 x 3hr 0 min)

501 23431 27 October 11:54 Barf NY215266
Clear cool. Wet. Hill Walking
Subject (M67) following the Wainwright path up Barf with his wife slipped on an awkward step and fell 15 m onto scree below. His wife was left cragfast on the ledge from where he had fallen. Serious - injuries to his head and shoulder.
Keswick (17 x 4hr 0 min); Great North AA Cumbria; Gannet SAR Helicopter

502 23272 28 October 20:05 Coombs Wood, Armathwaite NY505452
Wet steady drizzle. Wet. Rock Climbing – roped (Small Party)
Climber (M21) was abseiling down after climbing pitch, descended pass overhand when prussic jammed. Unable to climb up or move down.
Penrith (3 x 2hr 0 min)

503 24036 30 October 11:00 Wastwater NY153055
Not reported. Not reported. Water Sport (all types)
Request from the Coastguard to attend to a diver who had surfaced too quickly until an ambulance arrived. He was flown to a specialised unit by air ambulance. Serious – unspecified.
Wasdale (2 x 1hr 0 min)

504 23269 30 October 16:34 Stickle Tarn, Gt Langdale NY290070
Dry/broken cloud/cool/dull. Steep footpath damp, slippery. Hill Walking (Medium party)
Subject (F) slipped on descent and sustained an ankle injury. Serious - lower leg fracture.
Langdale Ambleside (15 x 2hr 0 min)

November

505 23275 1 November 17:33 Mart Crag Moor, Gt Langdale NY264080
SW-gale/heavy rain/broken cloud/cool/dark. Steep crag very wet. Hill Walking (Small Party)
Party of two (F) reported as cragfast and benighted on steep ground.
Kendal (14 x 6hr 0 min); Langdale Ambleside (18 x 9hr 0 min); SARDA (Lakes) (3 x 9hr 0 min)

506 23432 2 November 15:00 Langstrath - Woof Stones NY261110
Not reported. Not reported. Animal Rescue
A sheep was reported stuck on a ledge where it had become cragfast. Retrieved without loss or injury.
Keswick (2 x 4hr 0 min)

507 23276 3 November 12:35 Steel Fell, Cotra Breast NY324105
Dry/clear/cool/bright. Moderate moorland damp. Hill Walking (Medium party)
Subject (F17) reported as suffering an asthma attack. Serious - asthma attack.
Langdale Ambleside (13 x 1hr 0 min); Great North AA Cumbria

508 23422 4 November 12:15 Gowk Hill, Martindale NY447169
Moderate/heavy rain/cloudy/cold/dull. Moderate very wet footpath. Hill Walking (Medium party)
Subject (F16) aggravated old knee injury and was unable to continue walk. Minor - swollen knee.
Patterdale (10 x 3hr 10 min)

509 23277 4 November 14:00 Ambleside NY377038
SW-fresh/heavy rain/poor/mild/dusk. Not reported. Resilience
Heavy rain caused much local flooding. Attended various incidents, some with minor incidents.
Langdale Ambleside (17 x 4hr 0 min)

- 510 23433 4 November 18:19 Keswick, Elliott Park NY261235**
 Wet. Floods. Resilience
 Asked to provide swiftwater technicians following flooding in the Elliott Park area of the town, in case of evacuations having to be made. Assisted with distributing flood sacs to households under threat. After the Fire Service had pumped the area, the Team was able to stand down.
 Keswick (8 x 2hr 10 min)
- 511 23278 6 November 14:00 Loughrigg, Gt Langdale NY344050**
 Calm/passing showers/clear/cool/dull. Steep footpath damp, slippery. Hill Walking
 Subject (F) reported as slipped, sustaining knee and arm injuries. Serious - knee and arm injuries
 Langdale Ambleside (18 x 1hr 30 min); North West Air Ambulance
- 512 23434 6 November 14:28 Cat Bells - Hause Gate NY245142**
 Dry. Dry. Hill Walking
 Subject (F39) suffered a panic attack which may have been exacerbated by her suffering from Menieres disease. She was walked down to the Newlands side of the hill.
 Keswick (14 x 1hr 4 min)
- 513 24025 6 November 17:45 Great Gable NY208100**
 Moderate/sleet/broken cloud/cold/dark. Steep scree. Hill Walking (Alone)
 Party of walkers heard shout for help. Subject (M17) was alone, on steep ground and had fallen, sustaining cuts to hand and bruising to knee. He was roped down to a path and escorted to safety. Minor - lacerations to hand, bruising to knee.
 SARDA (Lakes) (1 x 4hr 30 min); Wasdale (16 x 4hr 30 min)
- 514 23423 7 November 09:30 Glenridding NY384160**
 Not reported. Not reported. Hill Walking (Alone)
 Subject (M42) reported overdue by friend waiting to collect him in Patterdale. Later located in Glenridding.
 Patterdale (5 x 1hr 0 min)
- 515 23378 7 November 11:43 Helm Crag, White Crag, Grasmere NY325090**
 Dry/clear/cool/bright. Steep moorland damp, slippery. Hill Walking (Medium party)
 Subject (F) felt faint and complained of chest pains. Serious - chest pains.
 Langdale Ambleside (12 x 2hr 0 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 516 24026 7 November 13:15 Great Gable NY212104**
 Moderate/dry/clear/very cold/bright. Moderate footpath snow. Winter Hill Walking (Alone)
 Subject (M53) slipped and sustained leg injury. Serious - fractured femur, left leg.
 Wasdale (16 x 3hr 0 min); Unknown Military Aircraft
- 517 23958 8 November 16:00 Long Crag, Ullswater NY408159**
 Light/rain/cloudy/cool/dusk. Moderate very wet footpath. Hill Walking (Family group)
 Family trapped on flooded footpath. While responding, informed that a local resident had led party to safety.
 Patterdale (6 x 0hr 45 min)
- 518 23435 9 November 12:15 Wythop Woods NY208293**
 Not reported. Not reported. Hill Walking
 Subject (F67) slipped on wet leaves. Difficulty in locating the casualty, as the initial information was unclear. Serious - fractured ankle.
 Cockermouth (5 x 1hr 49 min); Keswick (14 x 1hr 49 min); Great North AA Cumbria
- 519 23629 9 November 12:37 Sale Fell NY209291**
 NW-fresh/rain/cloudy/cold/dull. Gentle footpath damp. Hill Walking
 Subject (F) reported with a leg injury on footpath. Serious - fractured ankle
 Cockermouth (18 x 1hr 31 min)

520 23379 10 November 19:26 Garburn Pass, Troutbeck NY397043
 Dry/clear/cool/dark. Steep track dry, slippery. Mountain Biking
 Subject (M) fell from mountain bike. Serious - fractured jaw and facial injuries.
 Langdale Ambleside (16 x 1hr 30 min)

521 23959 11 November 14:54 Ullswater NY398187
 Gale/rain/cloudy/cool/dull. Very wet bank. Search - Mountain
 Requested by HM Coastguard to search for missing canoeist after up-turned canoe found off-
 shore. Two boats and shore parties conducted a search with another canoe being found. Team
 stood down when nothing else found.
 Patterdale (10 x 2hr 30 min)

522 23443 14 November 14:00 Kentmere NY443028
 Calm/dry/clear/cool/bright. Level damp track. Hill Walking (Small Party)
 Subject reported collapsed with chest pains. **FATAL** - heart attack.
 Kendal (16 x 4hr 0 min); North West Air Ambulance

523 23439 14 November 15:58 Pavey Ark, Gt Langdale NY290071
 Passing showers/broken cloud/cool/dark. Moderate footpath damp. Hill Walking (Small Party)
 Party of two (M) became lost and disorientated while descending; located and led to safety.
 Langdale Ambleside (14 x 2hr 30 min)

524 23440 15 November 11:30 Garburn Quarry, Troutbeck NY423034
 Dry/clear/cool/bright. Steep track loose, slippery. Motor Sport (Small Party)
 Off-road motorcyclist (M) fell off his bike which then landed on top of him, causing injury. Serious
 - lower back injury.
 Langdale Ambleside (12 x 2hr 0 min)

525 23437 15 November 13:50 Latterbarrow SD372988
 Showery. Rough track, wet. Hill Walking (Small Party)
 Subject (F63) slipped on wet ground, injuring her ankle. Serious - fractured left ankle.
 Coniston (13 x 2hr 30 min)

526 23441 15 November 14:09 Side Pike, Gt Langdale NY293052
 Showers/broken cloud/cool/dull. Steep footpath damp, slippery. Hill Walking (Small Party)
 Subject (F66) slipped and sustained serious leg injury. Serious - fractured tibia and fractured
 fibula.
 Langdale Ambleside (9 x 1hr 30 min); North West Air Ambulance

527 23442 16 November 20:25 Rothay Park, Ambleside NY372044
 Dry/broken cloud/cool/dark. Level damp, slippery. Resilience
 Subject (F21) injured herself on playground equipment. Requested to assist ambulance service
 with spinal injury. Serious - spinal injury.
 Langdale Ambleside (7 x 1hr 0 min)

528 23448 17 November 13:00 Clough Head, Sandbed Gill NY321217
 Not reported. Not reported. Animal Rescue
 Sheep cragfast on local crag. Outcome not clear.
 Keswick (3 x 1hr 30 min)

529 23630 19 November 17:22 Warnscale, Buttermere NY197139
 NW-calm/dry/poor/cold/dark. Moderate footpath dry. Hill Walking (Small Party)
 Party of two (M91, F70) reported stuck, in darkness, on a footpath. They both managed to get to
 Gatescarth, Buttermere; both were safe and well.
 Cockermouth (24 x 0hr 40 min)

530 23608 20 November 13:09 Watendlath - High Tove Path NY277162
 Dry. Wet slippery. Hill Walking
 Subject (F61) slipped and injured her ankle on the path above Watendlath. Serious - fracture
 lower left leg.
 Keswick (8 x 1hr 30 min)

- 531 23444 20 November 13:46 Great Gully, Dow Crag SD263976**
 Dry. Rock, damp. Rock Climbing – roped (Small Party)
 Subject (M18) slipped approx 7m whilst roped. He landed awkwardly on ankle. Serious - fracture to right ankle, heel injuries.
 Coniston (12 x 3hr 15 min); Valley SAR Helicopter
- 532 23960 20 November 15:45 Middle Dodd, Kirkstone NY403093**
 Light/drizzle/low cloud/very cold/dusk. Moderate damp slope slippery. Hill Walking (Alone)
 Subject (M56) slipped and injured ankle, treated and stretchered to waiting ambulance. Serious - fractured ankle.
 Patterdale (10 x 1hr 45 min)
- 533 23449 20 November 15:55 Bleaberry Crag, Hartsop Above How NY356104**
 Light/dry/low cloud/cool/dusk. Moderate moorland snow. Winter Hill Walking (Small Party)
 Couple (M&F) forced back uphill by snow conditions underfoot. They then became lost.
 Langdale Ambleside (8 x 3hr 30 min); Patterdale (8 x 2hr 45 min)
- 534 23450 20 November 16:40 Heron Pike NY356082**
 Dry/low cloud/cool/dark. Moderate moorland wet. Hill Walking
 Shouts for help reported during the previous search (23449). A benighted couple were located and led to safety.
 Langdale Ambleside (1 x 1hr 0 min)
- 535 23962 20 November 17:53 Birks Crag Grisedale NY370150**
 Light/dry/hill fog/cold/dark. Steep damp crag slippery. Hill Walking (Small Party)
 Party of two (M33) strayed onto craggy ground due to hill fog, became cragfast. They were located and brought to safe ground.
 Patterdale (9 x 2hr 19 min)
- 536 23487 21 November 15:21 Arant Haws, Sedbergh NY665946**
 Calm/drizzle/low cloud/cold/dark. Steep wet slope. Hill Walking (Large party)
 Subject (M71) reported struggling whilst walking, after locating the subject, he was transported off the hill in landrover. Minor - unspecified heart condition.
 Kendal (19 x 3hr 0 min)
- 537 23631 21 November 18:38 Loft Beck, Ennerdale NY201119**
 Not reported. Not reported. Hill Walking
 Subject (M48) reported detached from his companions in the Grey Knotts area. He ended up tired out at the bottom of Loft Beck, Ennerdale. A warden from Black Sail helped him back and the MR returned him to Cockermouth.
 Cockermouth (8 x 1hr 48 min); Keswick (4 x 2hr 4 min)
- 538 23880 22 November 09:00 Blawith Knott SD259881**
 Not reported. Not reported. Resilience
 Unexploded mortar bomb found during practice the previous day. Escorted bomb squad to location where they proceeded to conduct a controlled explosion.
 Duddon & Furness (4 x 4hr 0 min)
- 539 23610 23 November 15:00 Littledale Crag NY215175**
 Not reported. Not reported. Animal Rescue
 Sheep reported stranded on crag. Retrieved without loss or injury.
 Keswick (3 x 2hr 30 min)
- 540 23486 25 November 13:51 Crinkle Crag, Gt Langdale NY247049**
 Snow/broken cloud/cold/bright. Moderate moorland snow/ice. Search - Mountain
 Shouts for help heard and reported. Investigation revealed it to be farmer gathering sheep.
 Langdale Ambleside (4 x 3hr 15 min)

- 541 23599 27 November 12:48 Underbarrow SD436922**
 Calm/dry/clear/very cold/bright. Icy track slippery. Resilience
 Requested to assist ambulance service during period of snow and icy road conditions.
 Evacuating a subject (M75) who had slipped at his home and sustained head injuries.
 Kendal (1 x 1hr 0 min)
- 542 23537 27 November 16:01 Todd Crag, Loughrigg, Ambleside NY367040**
 Dry/clear/freezing/dusk. Moderate moorland frozen, slippery. Search - Mountain
 A man was seen waving from the summit of Todd Crag for a prolonged period. Personnel
 investigated and found a man waving to his wife in Ambleside - false alarm good intent.
 Langdale Ambleside (5 x 1hr 30 min)
- 543 23963 27 November 16:10 Helvellyn, Viking Buttress NY343152**
 Calm/fine/clear/very cold/bright. Steep snow/ice rockface. Snow/Ice Climbing – roped (Small Party)
 Climber (F20) reported to have slipped and fell 100ft. Serious - fractured femur and facial injuries.
 Patterdale (15 x 2hr 10 min); Gannet SAR Helicopter
- 544 23720 27 November 17:10 Nan Bield Pass, Mardale NY452095**
 Cold. Snow cover frozen. Winter Hill Walking (Small Party)
 Party (M38, M34) delayed in completing route by dog with frozen paws, benighted and unsure of
 descent in darkness.
 Penrith (13 x 5hr 0 min); SARDA (Lakes) (2 x 5hr 0 min)
- 545 24037 28 November 06:20 Sandwith NX964147**
 Snow/arctic. Snow/ice. Resilience (Alone)
 Request to assist the ambulance service to evacuate a patient from her home up an icy, snow
 covered lane to the ambulance waiting on the road.
 Wasdale (10 x 2hr 0 min)
- 546 23559 28 November 16:10 Bowfell, Gt Langdale NY244064**
 NE-gale/snow/poor/freezing/dark. Steep moorland snow/ice, slippery. Winter Hill Walking (Alone)
 Subject (F) found on summit having taken overdose of tablets. Serious - overdose of opiate
 based painkillers. (Ed. See No 554 later)
 Kendal (12 x 9hr 0 min); Langdale Ambleside (19 x 9hr 0 min)
- 547 23601 28 November 17:15 Kendal SD515925**
 Light/snow/cloudy/very cold/dark. Gentle frozen slippery. Resilience
 Requested to assist ambulance and social services during period of severe winter weather.
 Attended various incidents for care workers, the elderly & child transport, ambulance assist et al.
 Kendal (11 x 7hr 0 min); Kirkby Stephen (6 x 5hr 30 min)
- 548 23560 28 November 18:13 Ambleside - Windermere NY377038**
 NE-light/snow/poor/freezing/dark. Moderate frozen, slippery. Resilience
 Requested to assist ambulance service due to severe weather and poor road conditions. Various
 incidents dealt with.
 Langdale Ambleside (6 x 6hr 0 min)
- 549 24038 28 November 22:00 Eskdale NY131002**
 Snow/arctic. Snow/ice. Resilience
 Request to transport a patient from Eskdale to an ambulance waiting on the main road. Roads
 extremely slippery with ice and snow. Two team vehicles attended. The team doctor stabilised
 the patient and decided that a trip to hospital was not necessary. Minor – unspecified.
 Wasdale (10 x 2hr 0 min)
- 550 23632 29 November 10:43 Gillerthwaite, Ennerdale NY142140**
 NE-light/snow/cloudy/arctic/bright. Level forestry frozen. Resilience (Organised event)
 Requested to assist with the evacuation of a party of nineteen people from remote youth hostel
 who were stranded in snow and icy conditions. Three vehicles were used to transport them to
 Whitehaven railway station.
 Cockermouth (8 x 4hr 43 min)

- 551 23562 29 November 21:45 Kirkstone Pass, The Struggle NY398076**
 Snow/poor/cold/dark. Steep track snow/ice, slippery. Resilience
 Vehicle reported stranded in snow on high mountain pass. Vehicle and both occupants recovered to safety.
 Langdale Ambleside (4 x 1hr 30 min)
- 552 23638 30 November 09:50 Waitby, Kirkby Stephen NY752084**
 Clear freezing. Full snow cover. Resilience
 Requested to assist ambulance service during severe winter weather. One instance reported involving access to and evacuation of collapsed male (certified dead at scene) in remote location.
 Kirkby Stephen (1 x 2hr 0 min); Great North AA Cumbria
- 553 23639 30 November 11:30 Stainmoor, Bowes Moor A66 NY854143**
 Clear freezing snow shower. Full snow cover. Resilience
 Requested to assist police during period of severe winter weather. Three instances reported to access and tow to safety three HGVs stranded in deep snow on remote road.
 Kirkby Stephen (4 x 2hr 0 min)

December

- 554 23598 1 December 15:00 Ambleside NY372044**
 NE-fresh/snow/clear/freezing/dark. Moderate snow/ice, slippery. Search - Non-mountain (Alone)
 Subject (F54) was reported missing and concern for safety. Search continued 4th Dec on Gt Rigg & Loughrigg, no result; resumed 12th with find of body on Stone Arthur NY347094. **FATAL** – unspecified. (Ed. See No 546 earlier).
 Bowland Pennine (21 x 6hr 30 min); Duddon & Furness (15 x 7hr 30 min); Langdale Ambleside (12 x 13hr 15 min); SARDA (England) (1 x 8hr 0 min); SARDA (Wales) (1 x 9hr 0 min); SARDA (Lakes) (9 x 17hr 40 min)
- 555 23722 2 December 12:43 Cumwhitton, Carlisle NY516525**
 Bright dry very cold. Frozen snow ice. Resilience
 Requested to assist ambulance service during period of severe winter weather. One instance of accessing remote cottage, evacuating occupant to respite carehome.
 Penrith (9 x 3hr 0 min)
- 556 23964 3 December 13:45 Helvellyn, Viking Buttress NY342151**
 Moderate/snow/white-out/freezing/dusk. Vertical crag. Snow/Ice Climbing – roped (Small Party)
 Climber (M20) slipped and fell landing on his coccyx unable to move. After initial report directed to wrong MRT, a lengthy evacuation followed because of very deep fresh snow. Serious - fractured spine.
 Kendal (15 x 4hr 0 min); Langdale Ambleside (17 x 2hr 15 min); Patterdale (9 x 10hr 0 min); Penrith (9 x 4hr 30 min)
- 557 23613 3 December 17:15 Ambleside NY377038**
 NE-fresh/snow/poor/freezing/dark. Level snow/ice. Resilience
 Ambulance assist in heavy snow. No details supplied.
 Langdale Ambleside (7 x 2hr 0 min)
- 558 24039 3 December 20:25 Whitehaven NX990140**
 Snow/arctic. Snow/ice. Resilience
 Request to attend a RTC because the ambulance was unable to reach the scene because of weather conditions. When the team reached the scene they found the driver nearby and uninjured.
 Wasdale (8 x 2hr 0 min)
- 559 23965 3 December 22:30 Greenside, Metal Bridge NY362173**
 Moderate/snow/cloudy/very cold/dark. Moderate snow/ice path. Winter Hill Walking (Small Party)
 Party of two (M) reported benighted and lost route.
 Patterdale (17 x 0hr 40 min); Penrith (9 x 0hr 40 min)

- 560 23611 4 December 00:54 Bram Crag, St John's in the Vale NY321216**
 SW-light/broken cloud/very cold/starlight. Steep rockface.Snow/Ice Climbing – roped (Small Party)
 Party of two (M34, M21) set off to climb the gill but got into difficulties which resulted in them
 becoming benighted in steep, craggy ground covered by the evening's snowfall, abseiled to
 safety on system set up by MRT.
 Keswick (9 x 5hr 43 min)
- 561 23615 4 December 09:30 Elterwater, Gt Langdale NY377035**
 Low cloud/freezing/dull. Gentle snow/ice. Resilience
 Ambulance assist with casualty when ambulance unable to get out of depot due to deep snow.
 One patient transfer effected.
 Langdale Ambleside (6 x 2hr 0 min)
- 562 23884 6 December 13:43 Great End, 'Central Gully' NY225084**
 Very cold. Steep gully snow/ice, slippery. Snow/Ice Climbing – roped (Small Party)
 Party of two became cragfast in poor snow conditions, whilst attempting a winter ascent. They
 believed that they were at risk of being avalanched.
 Keswick (18 x 2hr 49 min); Boulmer SAR Helicopter
- 563 23647 7 December 16:45 Singleton Park, Kendal SD541919**
 Calm/dry/clear/very cold/bright. Moderate icy track slippery. Resilience
 Requested to assist ambulance during period of severe winter weather. Stood down on arrival
 when crew able to access and evacuate patient.
 Kendal (2 x 2hr 0 min)
- 564 23648 8 December 14:15 Garth Row SD523976**
 Light/dry/clear/very cold/bright. Moderate snow/ice track slippery. Resilience
 Requested to assist ambulance during period of severe winter weather. One instance of patient
 evacuation and transfer to hospital for planned operation.
 Kendal (2 x 1hr 0 min)
- 565 23637 8 December 22:12 Red Screes, Kirkstone NY398085**
 Dry/clear/freezing/dark. Steep crag snow/ice, slippery. Winter Hill Walking (Alone)
 Light reported on steep ground. On checking, it was seen to be making progress downhill and
 subsequently making voice contact, it was able to establish that the person was not in need of
 help.
 Langdale Ambleside (3 x 1hr 0 min)
- 566 23640 9 December 02:45 Waitby, Kirkby Stephen NY750083**
 Deep frost. Snow ice cover. Resilience
 Requested to assist ambulance service during severe winter weather. One instance reported
 involving gaining access for evacuation.
 Kirkby Stephen (2 x 1hr 15 min)
- 567 23649 9 December 15:00 Crook SD461953**
 Light/dry/cloudy/cold/bright. Steep snow/ice track slippery. Resilience
 Requested to assist social services during period of severe winter weather. Transported an
 elderly lady and her care worker from the lady's home to Kendal.
 Kendal (2 x 1hr 0 min)
- 568 23633 9 December 17:00 High Lorton, Cockermouth NY161255**
 NE-light/snow/cloudy/arctic/dark. Gentle frozen. Resilience
 Assisted social services during period of severe winter weather. One instance reported involving
 patient transfer to local care home.
 Cockermouth (7 x 1hr 0 min)
- 569 23723 12 December 10:16 Rigg Hall, Shap NY562145**
 Dry bright some cloud. Hard frozen snow/ice. Resilience
 Requested to assist ambulance during period of severe winter weather. One instance reported
 involving difficult access, evacuation on stretcher to ambulance for transfer to hospital.
 Penrith (8 x 3hr 0 min)

570 23724 12 December 16:15 High Street, Caspel Gate NY452114
 Calm cold. Partial frozen snow. Animal Rescue
 Report of two cragfast trail hounds, stuck on craggy ground since previous day's event. Retrieved without loss or injury.
 Penrith (8 x 5hr 0 min)

571 23643 13 December 13:51 East Raven Crag, Gt Langdale NY287065
 Dry/clear/cool/bright. Steep crag frozen, slippery. Search - Mountain
 Shouts for help reported. Nothing found.
 Langdale Ambleside (13 x 2hr 0 min)

572 23645 14 December 16:20 Old Dungeon Ghyll, Gt Langdale NY286061
 Dry/broken cloud/cool/dusk. Not reported. Hill Walking
 Party member (M58) reported missing. Located in pub, having gone ahead of party.
 Langdale Ambleside (8 x 2hr 0 min)

573 24027 18 December 14:50 Birker Fell Road SD166985
 E-fresh/dry/clear/arctic/dusk. Gentle snow/ice. Resilience (Small Party)
 Two people in 4x4 following SatNav directions became stuck on Birker Fell road. Initial information suggested they were in Wasdale but they were about 10 miles away. Eventually located, car and party recovered and escorted to the main road.
 Wasdale (9 x 3hr 30 min)

574 23726 19 December 09:45 Grayrigg SD594987
 Calm/dry/clear/freezing/bright. Moderate snow/ice slippery track. Resilience
 Requested to assist ambulance services during period of severe wintry weather. One instance reported which involved accessing house cut off by snow, patient evacuation to waiting ambulance.
 Kendal (7 x 1hr 0 min)

575 23885 19 December 13:45 Sour Milk Gill, Borrowdale NY230122
 Cold clear. Snow ice. Snow/Ice Climbing - roped
 Subject (M43) injured himself whilst ice climbing, and was subsequently unable to walk. Serious - ruptured cartilage in knee.
 Keswick (16 x 2hr 40 min)

576 23881 19 December 19:20 Bracelet Hall, Woodland SD240912
 Light/fine/clear/freezing/dark. Frozen, slippery. Resilience
 Requested to assist emergency services during period of severe wintry weather. One instance involving access and evacuation of stroke patient to ambulance.
 Duddon & Furness (20 x 1hr 19 min)

577 23727 20 December 14:25 High Borrans, Windermere NY431006
 Calm/dry/clear/very cold/bright. Gentle snow/ice bank slippery. Sledging (Small Party)
 Young person (F8) fell from sledge. Serious - fractured femur.
 Kendal (9 x 2hr 0 min)

578 24028 20 December 15:30 Great Gable NY210103
 Light/dry/clear/arctic/dusk. Steep slope snow/ice. Winter Hill Walking (Alone)
 Subject (M) sustained injured knee after falling on steep frozen snow. Serious - communitated fracture of left patella.
 Wasdale (24 x 3hr 30 min); Unknown Military Aircraft

579 23716 21 December 18:00 Kirkstone Pass NY398077
 Clear/freezing/moonlight. Steep track snow/ice, slippery. Resilience
 Car slid off road on ice. Occupants recovered from vehicle and escorted to a place of safety.
 Langdale Ambleside (4 x 1hr 0 min)

- 580 23877 22 December 14:17 Whinlatter Forest, Keswick NY204245**
 NE-calm/dry/clear/arctic/bright. Moderate forestry frozen. Search – Mountain (Alone)
 Police requested assistance in search for a missing person in the Whinlatter area. An RAF helicopter assisted after dark but after a number of days searching, nothing was found. Her body was located by a passing walker a month later. **FATAL** – unspecified.
 Cockermouth (25 x 9hr 1 min); Keswick (32 x 30hr 0 min); Kirkby Stephen (9 x 14hr 30 min); Patterdale (4 x 4hr 0 min); Penrith (10 x 5hr 0 min); SARDA (England) (1 x 8hr 0 min); SARDA (Wales) (1 x 9hr 0 min); SARDA (Lakes) (7 x 11hr 33 min); Cumbria Ore Mines Rescue Unit (11 x 7hr 0 min); Wasdale (10 x 7hr 0 min)
- 581 23882 23 December 08:55 Ulpha SD178926**
 Light/fine/clear/freezing/bright. Frozen, slippery. Resilience
 Requested to assist emergency services during period of severe wintry weather. Two instances reported involving access and evacuation of female patient and male with breathing difficulties.
 Duddon & Furness (13 x 3hr 7 min); Great North AA Cumbria
- 582 23894 26 December 11:00 Cautley Spout, Howgill Fells SD682975**
 Clear fine dry sub-zero. Frozen waterfall. Snow/Ice Climbing – roped (Small Party)
 Lead climber (M54) fell whilst climbing frozen waterfall, his protection failed to reduce his fall. **FATAL** - multiple injuries.
 Cave Rescue Organisation (3 x 4hr 0 min); Kendal (17 x 4hr 0 min); Kirkby Stephen (14 x 4hr 0 min); Teesdale and Weardale (2 x 4hr 0 min); Valley SAR Helicopter; North West Air Ambulance
- 583 23746 27 December 09:00 Ambleside NY377038**
 Snow/poor/freezing/dull. Moderate snow/ice, slippery. Resilience
 Requested to assist ambulance service during period of severe wintry weather. One instance reported involving transport of social care worker to vulnerable clients.
 Langdale Ambleside (2 x 3hr 0 min)
- 584 23729 27 December 10:00 Kendal SD515925**
 Calm/snow/clear/very cold/bright. Moderate snow/ice track slippery. Resilience
 Requested to assist ambulance service during period of severe wintry weather. One instance reported involving transport for a dialysis patient to hospital for planned treatment.
 Kendal (3 x 1hr 0 min)
- 585 23966 27 December 15:18 Helvellyn, Swirral Edge NY339154**
 Light/snow/hill fog//dull. Steep snow/ice ridge slippery. Winter Hill Walking (Small Party)
 Subject (M39) fell through snow cornice while walking on bearing, coming to rest above Brown Cove. **FATAL** - fractured skull, hypothermia.
 Patterdale (20 x 7hr 10 min); SARDA (Lakes) (2 x 7hr 10 min); Great North AA Cumbria; Boulmer SAR Helicopter
- 586 23887 27 December 15:56 Blencathra, Atkinson Pike NY320286**
 Not reported. Snow. Winter Hill Walking (Alone)
 Subject (M60) was reported by his daughter as being in difficulties, after she had received a phone call from him. His intended route was unknown, until his car had been located. He was found by a search dog.
 Cockermouth (21 x 3hr 55 min); Keswick (18 x 6hr 0 min); Penrith (12 x 4hr 0 min); SARDA (Lakes) (3 x 6hr 0 min)
- 587 23895 28 December 15:31 Cowrake Quarry, Penrith NY542309**
 Damp cloudy. Wet muddy. Hill Walking
 Subject (M68) reported fallen, ambulance service requested assistance with access and evacuation. Serious - fractured neck of femur.
 Penrith (8 x 1hr 30 min)
- 588 23888 28 December 15:58 Glenderaterra NY299268**
 Not reported. Not reported. Winter Hill Walking
 Subject (M34) slipped on ice and suffered a head injury. Serious - fractured skull.
 Keswick (16 x 1hr 40 min)

589 23889 28 December 16:18 Newlands Valley NY222189
 Not reported. Icy roads. Resilience
 Requested to assist emergency service during period of severe wintry weather. One instance reported involving transporting nurse to patient for routine treatment when difficult road conditions were forecast.
 Keswick (4 x 1hr 0 min)

590 23890 28 December 17:37 Blencathra, Sharp Edge NY326283
 Hill fog/cold/dark. Steep crag snow/ice, slippery. Snow/Ice Climbing - roped
 Party of two (M, F) reported as cragfast above the 'Bad Step' on exposed ridge. They were roped to the summit ridge and walked off.
 Keswick (20 x 3hr 55 min)

591 23967 29 December 18:07 Boredale Hause NY406157
 Light/dry/clear/very cold/dark. Moderate icy footpath slippery. Winter Hill Walking (Family group)
 Family group (M49, F49) reported as benighted on fellside. Children (x4) became frightened due to lack of light. Located and led to safety.
 Patterdale (7 x 2hr 0 min)

592 23968 30 December 14:00 Helvellyn, Swirral Edge NY344156
 Light/dry/low cloud/very cold/bright. Steep snow/ice ridge. Winter Hill Walking (Small Party)
 Subject (M43) slipped from exposed ridge, fell 150m into Brown Cove. CPR performed by party until aid arrived. **FATAL** - fractured skull.
 Patterdale (1 x 4hr 0 min); Penrith (2 x 4hr 0 min); Great North AA Cumbria; Boulmer SAR
 Helicopter

593 23747 30 December 15:42 Pike Howe, Gt Langdale NY290067
 Dry/broken cloud/cool/dull. Moderate footpath muddy, slippery. Hill Walking
 Subject (F79) slipped on descent. Serious - ankle fracture.
 Langdale Ambleside (13 x 2hr 19 min)

594 23748 31 December 11:57 Wansfell Pike, Ambleside NY399045
 Dry/broken cloud/cool/dull. Level moorland boggy, slippery. Hill Walking
 Subject (M69) slipped. Serious - lower leg injury
 Langdale Ambleside (13 x 2hr 0 min); Great North AA Teeside

Notes:

Accident Summary

The tables that follow summarise the foregoing details and enable a comparison with the previous four years

Incidents	2006	2007	2008	2009	2010
Incidents – all	406	442	461	555	600 ¹
By Activity					
Hill walking (non-winter)	281	316	295	328	334
Hill walking (winter)	20	7	24	47	64 ²
Climb/Scramble	13	23	23	33	46 ³
Mountain Bike	6	16	22	11	10 ⁴
Orienteer/Fell running	8	7	14	9	9
Hang-glider/Parapenter	5	6	5	7	11
Resilience ⁵	28	21	21	64	74 ⁶
Non-Mountain Search	13	8	18	15	14
Water Sports	11	5	8	11	5

Table 1 Incident - by Activity

Notes:

1. This represents an increase of nearly 50% over the five years. The scale of this rise is not reflected in all areas of work.
2. The dramatic increase in winter activity is quickly explained by the excellent conditions experienced in both 2009 and 2010
3. Because this category includes by summer and winter activity, the increase can be explained on the good winter conditions experienced in the last two years
4. After noting the worrying increase in the first three year, mountain bike accidents have subsided to a more normal level
5. This category may be better known as 'Local Incidents'. It covers those times when teams are requested to assist other emergency services during unusual circumstances. For instance, during periods of severe weather or when a major incident is declared.
6. Again, the figures for 2009 and 2010 principally arose because of severe weather. It did however include the A66 coach crash and the West Cumbria shootings and subsequent operations.

Persons Assisted	2006	2007	2008	2009	2010
Persons - all	502	574	577	676	676 ⁷
By Activity					
Hill walking (non-winter)	383	477	422	476	428
Hill walking (winter)	25	9	42	83	108 ⁸
Climb/Scramble	19	24	26	43	74 ⁹
Mountain Bike	7	16	26	10	9
Orienteer/Fell running	7	7	11	11	11
Hang-glider/Parapenter	2	0	2	3	3
Resilience ¹⁰	12	13	14	16	14
Non-Mountain Search	12	6	18	13	12
Water Sports	24	5	6	11	4

Table 2 – Persons Assisted – by Activity

Notes:

7. As a companion to note 1 above, the number of persons requiring assistance has risen by 35% in the same five year period
8. The apparently unprecedented figures for 2009 and 2010 only reflect the wintry conditions that prevailed during these years and should not be seen with too much alarm.
9. As noted in (8) above, this increased figure is principally due the weather and ground conditions, and should not be attributed to any other factors.
10. The figures quoted here belie the reality. Mountain rescue only records those persons for whom MR members took sole responsibility during an incident. As resilience incidents are normally conducted with colleagues from the statutory emergency services, these persons are not present in our figures.

Fatalities	2006	2007	2008	2009	2010
Persons - all	28	21	29	23	30 ¹¹
By Activity					
Hill walking (non-winter)	18	13	14	11	14
Hill walking (winter)	0	0	3	2	4
Climb/Scramble	1	1	5	1	3
Mountain Bike	0	0	0	0	0
Orienteer/Fell running	1	0	0	0	0
Hang-glider/Parapenter	0	0	0	0	0
Resilience	1	0	0	4	2
Non-Mountain Search	3	1	7	1	2
Water Sports	4	1	0	4	2

Table 3 – Fatalities – by Activity

Notes:

11. This figure includes 8 deaths recorded for activity during wintry weather, either climbing on snow / ice, or hill walking during wintry conditions. Participants are aware of the increased risks associated with these conditions but perhaps are unaccustomed to coping with the demands because up to now, such conditions have been scarce. Within this total, 8 were recorded as trauma, 9 resulted from heart attack, 3 other medical reasons, 4 had no reason for death recorded, 3 drowning and 2 suicides. It is worth noting here that the increase noted earlier in (1) has not been matched by fatalities.

Required Medical Attention	2006	2007	2008	2009	2010
Persons - all	207	237	258	307	319 ¹²
By Activity					
Hill walking (non-winter)	148	184	182	210	215
Hill walking (winter)	17	4	11	32	36 ¹³
Climb/Scramble	5	12	19	21	31
Mountain Bike	4	15	18	9	8
Orienteer/Fell running	5	6	9	10	7
Hang-glider/Parapenter	2	0	2	3	3
Resilience	10	9	5	10	8
Non-Mountain Search	1	2	2	2	1
Water Sports	11	1	2	1	2

Table 4 Required medical attention – by Activity

Notes:

12. Over this five-year periods, the number of persons requiring medical attention has increased by 54%. Given the similar increase noted in (1) above, this should be expected but not welcomed. There is anecdotal evidence supporting the view that fewer people are showing instances of self-reliance. There have been instances reported of injured persons struggling with their condition to get to a place of safety. This attitude is commendable and should be encouraged. Such independent behaviour has always been seen as an attribute of a good mountaineer; but increasingly, reports are indicating that some calls for assistance may have been unwarranted. Notice that this increase is attributed to hill walking, that figure shows a 47% increase over the five years.
13. As stated in previous notes, the wintry weather recorded in 2009 and 2010 has given rise to increases in both winter hill walking and climbing figures

Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of calling out the MRTs. For example, the category 'Benighted' will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one of these causes. A typical report will illustrate this:-

'tripped on footpath whilst walking and fell 2m onto rocky ground'

This will result in contributions to the 'Slip, Trip or Stumble' and 'Fall or Tumble' categories.

Cause of Incident	2006	2007	2008	2009	2010
Avalanche	0	0	0	0	4
Belay/Runner Failure	0	1	1	4	2
Benighted	21	17	20	28	21
Cragfast	18	29	16	24	35
Fall or Tumble	75	95	101	103	109
Lightning	0	0	1	0	3
Lost or Disorientated	61	57	51	65	61
Medical Collapse or Illness	37	25	31	34	35
Overdue or Missing	55	41	46	46	50
Rockfall	0	2	1	1	1
Shouts, Lights or Flares Reported	13	21	18	14	23
Slip, Trip or Stumble	106	110	118	148	132
Unable to Continue	10	18	17	22	12
Total Incidents	406	442	461	555	600

Table 5 – Causes of Incidents

Age Profile of Subjects

The following table shows the ages of both male and female subjects where both age and gender were reported.

Age (yrs)	Gender	2006	2007	2008	2009	2010
1 – 10	Male	4	4	2	0	3
	Female	1	0	2	1	9
11 – 20	Male	37	41	40	59	56
	Female	27	14	32	27	18
21 - 30	Male	44	25	32	43	37
	Female	8	17	10	31	20
31 - 40	Male	33	35	29	28	32
	Female	16	21	17	16	19
41 - 50	Male	37	43	46	42	37
	Female	17	21	28	19	22
51 – 60	Male	55	49	41	42	46
	Female	24	31	24	32	23
61 - 70	Male	27	41	37	38	37
	Female	20	23	21	40	24
71 – 80	Male	16	18	19	18	21
	Female	8	10	5	4	11
81 +	Male	3	5	4	5	4
	Female	3	1	2	6	1

Totals	Male	256	261	250	275	273
	Female	124	138	141	176	147

Table 6 – Age Profile of Subjects

Types of Conditions / Injuries

The table that follows is the result of a search through the reports for key words relating to type of injury or medical condition diagnosed on site. For example, the category 'Lacerations' will include any word with 'lacerat-', 'cut-' or 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many of the subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:

'Fracture/dislocation of the ankle, cuts to hands and knee'

This will result in contributions to the fracture, dislocation and laceration categories.

Condition / Injury	2006	2007	2008	2009	2010
Abrasions / Scratches	2	4	1	1	2
Asthma	2	0	1	2	3
Bruising	4	6	12	10	7
Burns / Scalds	0	0	0	0	1
Concussion	0	0	0	0	1
Cramp	0	1	0	2	3
Crush Injury	0	1	2	0	0
Diabetes	2	2	0	0	0
Dislocation	17	13	15	17	28
Epilepsy	3	2	3	1	1
Exhaustion	0	3	2	9	5
Fracture	81	93	99	118	128
Heart Attack	11	12	15	13	13
Hypothermia	11	11	12	14	10
Illness	2	1	2	1	0
Lacerations	12	14	15	17	19
Connective Tissue Damage	3	11	5	9	7
Multiple Injuries	7	3	4	8	11
Pain / Tenderness	6	2	7	9	10
Shock	0	0	0	3	2
Sprain / strain	5	5	10	7	11
Loss of Consciousness	4	5	8	6	10
Total Injured Persons	234	251	285	323	347

Table 7 – Types of Conditions / Injuries

Sites of Injury

The table that follows is the result of a search through all the reports for key words relating to sites of injury or medical condition. For example, the category 'Lower leg' will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many of the subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:

'Fracture/dislocation of the ankle, cuts to hands and knee'

This will result in contributions to the ankle, hands & wrist and knee categories.

Site of Injury	2006	2007	2008	2009	2010
Abdomen	1	1	3	7	2
Ankle	46	70	71	73	69
Arm	4	5	9	7	4
Chest	11	7	11	13	15
Facial	2	0	5	3	2
Foot	1	0	0	0	3
Hand & Wrist	9	11	11	13	20
Head	18	29	43	28	40
Knee	18	23	21	22	34
Lower Leg	23	28	14	38	33
Neck	1	5	3	7	10
Pelvic Girdle	6	3	10	9	12
Shoulder Girdle	8	9	11	14	23
Spine	17	14	20	15	14
Upper Leg	4	3	5	6	8
Total Injured Persons	234	251	285	323	350

Table 8 – Sites of Injury

Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Simeon Leech Tel 01229 480768 and Email sim.leech@virgin.net

FOR RESCUE ASSISTANCE

- GO TO THE NEAREST TELEPHONE AND DIAL 999.
- ASK FOR 'MOUNTAIN RESCUE'.
- GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES - NAME & ADDRESS OF CASUALTY IF KNOWN.
- STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

Cockermouth Mountain Rescue Team

Hon. Sec.: Gwyn Lewis
12 Horsman Street, Cockermouth, Cumbria CA13 0HE
01900 827771 gwyn@cockermouthmrt.org.uk

Coniston Mountain Rescue Team

Hon. Sec.: Hayley Buckley
Flat 1, 16 Yewdale Road, Coniston, Cumbria, LA21 8DU
07909 544736 coniston.sec@googlemail.com

Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green
School House, Oulton, Wigton, Cumbria, CA7 0NP
016973 42618 bernie.green@tiscali.co.uk

Duddon & Furness Mountain Rescue Team

Hon. Sec.: Tracey Binks
7 New Street, Broughton-in-Furness, Cumbria, LA20 6DJ
01229 716952 tracey@arrhouse.co.uk

Kendal Mountain Search and Rescue Team

Hon. Sec.: Ian Johnson
Punchbowl House, Grayrigg, Kendal, Cumbria, LA8 9BU
01539 824345 ian@lakelandphotography.co.uk

Keswick Mountain Rescue Team

Hon. Sec.: Paul Cheshire
Shorley Mews, Shorley Lane, Keswick, Cumbria, CA12 4HN
017687 75982 secretary@keswickmrt.org.uk

Kirkby Stephen Search and Mountain Rescue Team

Hon. Sec.: David Watkinson
Bank End House, Appleby in Westmorland, Cumbria, CA16 6LH
017683 52050 dgwatkinson@hotmail.com

Langdale / Ambleside Mountain Rescue Team

Hon. Sec.: Liz Mallabon
Low Fold, Lake Road, Ambleside LA22 0DN
07764 689426 lizmallabon@hotmail.com

Patterdale Mountain Rescue Team

Hon. Sec.: Dan Farley
Mains Barn, Newton Reigny, Penrith, Cumbria, CA11 0AY
01768 899013 farley_dan@hotmail.com

Penrith Mountain Rescue Team

Hon. Sec.: John Roelich
33 Moorville Drive South, Carlisle, Cumbria, CA3 0AW
01228 584975 jproelich@btinternet.com

Search and Rescue Dog Association SARDA (Lakes)

Hon. Sec.: Les Telford
24 Longlands View, Kendal, Cumbria, LA9 6HJ
01539 727051 les.telford@btinternet.com

Wasdale Mountain Rescue Team

Hon. Sec.: John Bamforth
26 Seascale Park, Seascale, Cumbria CA20 1HD
019467 28017 john.r.bamforth@virgin.net

For further information about LDSAMRA and the mountain rescue teams in Cumbria, try our web site on the Internet at <http://www.ldsamra.org.uk>

Lake District Mountain Rescue Posts

Recognised Posts, Manned, with Telephone and some Equipment

Location : Gatesgarth Farm, Buttermere

Grid Ref.: NY 194 149

Supervisor: Cockermouth MRT Tel: 01900 827916

Location : Ullswater Outward Bound Mountain School

Grid Ref.: NY 438 213

Supervisor: Ullswater OBMS Tel: 017684 86347

Location : Wastwater Hotel, Wasdale Head

Grid Ref.: NY 187 088

Supervisor: Wasdale MRT Tel: 019467 25431

Mountain stretcher boxes - Unmanned, no Telephone

Location : Dow Crag (at the foot of Abraham's B Buttress)

Grid Ref.: SD 263 976

Supervisor: Coniston MRT Tel: 015395 41242

Location : Mickledore, Scafell (just below crest on Eskdale side)

Grid Ref.: NY 210 068

Supervisor: Wasdale MRT Tel: 019467 25314

Location : Sty Head Pass

Grid Ref.: NY 218 095

Supervisor: Keswick MRT Tel: 017687 72105

Other First Aid Posts (with telephone)

Location : Howtown OA Centre, Martindale

Grid Ref.: NY 444 197

Supervisor: BRCS Cumbria c/o The Warden Tel: 017684 86208

Location : YMCA National Centre, Lakeside

Grid Ref.: SD 374 897

Supervisor: YMCA Tel: 015395 31758

NOTE:

All the above posts are in the area of the OS Lake District Outdoor Leisure Maps (1:25 000) though not all are marked as MR Posts.

The position of a post is sometimes changed. Verify locally.

Mobile Phones & Mountain Rescue

Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

When not to use

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or no reception ('dead areas').
- The mobile phone is not a substitute for experience.

How to use

1. First make a note of all relevant details, Location (Grid Ref. if possible)
Name, Sex and Age of Casualty.
Nature of Injuries or disability.
Number of people in party and intended destination.
THE NUMBER OF THE MOBILE PHONE IN USE.
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Lake District.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared.
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the procedure again.

Advice to Mountain Users

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

Planning and Preparation

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

Footwear and Clothing

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

Food and Drink

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, which can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

Equipment and its Use

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

Party Size

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

Emergency Procedures

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

Dangers - all can be avoided by good route-finding

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

Dangers – all can be avoided by remaining alert

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs; rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time - especially true when under pressure - allow extra time in winter conditions

Pride

- It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation. If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	
Bank Code:	40-22-16	Bank Account No: 81205617
Give As You Earn Reg.	No:004184	
Charity Commission Reg.	No:506349	

GIFT AID DECLARATION

Charity Name: **LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION**

Registered Charity Number: 506349

Title Forename..... Surname.....

Address:.....

.....

..... Postcode:.....

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £.....
- The donation(s) of £ which I made on/...../.....
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

Signed Date/...../.....

-----✂-----

-

BANKERS ORDER

To: Bank

..... Address

..... Date

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of £..... (words)

commencing (date of first payment)

and thereafter every (month/year)

until (date of last payment) and debit my/our account accordingly.

Signed Date

.....

DEED OF COVENANT

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to *£ each (month/year), from the date shown below.

Signed and delivered

Date

Full name & address

(in capitals)

Tel. No.....

Witnessed by (signed)

Full name & address

(in capitals)

.....

* Enter here the actual amount you will be paying to the LDSAMRA.

-----✂-----

BANKERS ORDER

To: Bank

Address.....

..... Date.....

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words)

commencing (date of first payment) and

thereafter every (month/year)

until (date of last payment) and debit my/our account

accordingly.

Signed Date



DISTINGUISHED SERVICE LIST

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

JOHN BERNARD ANDERSON	Coniston MRT
STEVE BARBER (Deceased)	Kendal MSRT, LDSAMRA & MRC
ERIC BARRINGTON	Kendal MSRT & LDSAMRA
PETER BELL	Langdale/Ambleside MRT, Stretcher Manufacturer
DAVID BINKS	Duddon & Furness MRT
Sir CHRISTIAN BONINGTON	
JOE BOOTHROYD (Deceased)	Patterdale & Penrith MRTs, LDSAMRA & MRC
ROB BROOKES	Kendal & Langdale/Ambleside MRTs
DUNCAN JAMES CAMERON (Deceased)	Coniston MRT
NELSON CLARK	Furness MRT
ROY COOKSEY MBE	Coniston MRT
JIM COYLE BEM	Cockermouth MRT
SYDNEY H. CROSS MBE (Deceased)	Langdale Mountain Rescues
Sqn Ldr LESTER DAVIES MBE (Deceased)	O.B.M.S. Ullswater
JOHN DEMPSTER MBE	Cockermouth MRT, LDSAMRA
GEORGE FISHER MBE (Deceased)	Keswick MRT
RICHARD FISHER	Keswick MRT
MALCOLM GRINDROD	Langdale/Ambleside & Coniston MRT, SARDA (Lakes)
Mrs. ADA HILLARD	
PAUL HORDER	Cockermouth & Keswick MRTs, LDSAMRA & MRC
STEWART HULSE MBE	Langdale/Ambleside MRT, & MRC
PETER JACKSON MBE	Millom FRT
TOM MINTON (Deceased)	Kendal MSRT
JOHN MITCHELL	Millom FRT
MIKE MITCHELL	Kendal MSRT, COMRU & LDSAMRA
MIKE NIXON MBE	Keswick MRT
Dr. JAMES D OGILVIE (Deceased)	Patterdale MRT
DES OLIVER	Keswick MRT
BILL PATTISON MBE	Wasdale MRT
ROGER PUTNAM MBE	O.B.M.S. Eskdale
J BRYAN STILLING (Deceased)	Kendal MSRT, LDSAMRA & MRC
Lt. Col H. WESTMORELAND MBE (Deceased)	Keswick MRT
Fl. Lt. RICHARD WOOD	A Flight 202 Sqn RAF Boulmer

FOR RESCUE ASSISTANCE

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**GO TO THE NEAREST TELEPHONE
AND DIAL 999**

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ASK FOR 'MOUNTAIN RESCUE'

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**GIVE THE LOCATION (NAME & GRID
REFERENCE), TIME OF ACCIDENT,
NATURE OF INJURIES - NAME &
ADDRESS OF CASUALTY IF KNOWN**

*

**STAY BY TELEPHONE UNTIL
POLICE OR RESCUE TEAM MAKE
CONTACT**