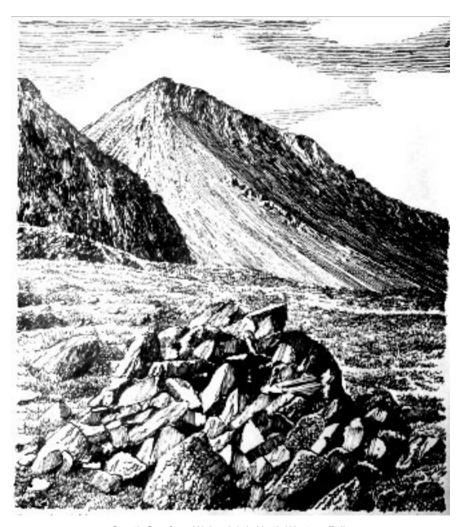
## LAKE DISTRICT SEARCH & MOUNTAIN RESCUE ASSOCIATION

## **MOUNTAIN ACCIDENTS 2018**



Scarth Gap from Wainwright's North Western Fells



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given By Cumbria Constabulary.



## **Contents**

Chairman's Report 2018	5
January	6
February	9
March	13
April	20
May	24
June	29
July	33
August	38
September	45
October	48
November	52
December	55
Abbreviations	58
Accident Summary	59
Lake District Search & Mountain Rescue Teams	63
Lake District Mountain Rescue Posts	64
Mobile Phones and Mountain Rescue	65
SARLOC	65
Advice to Mountain Users	66
Donating To Mountain Rescue	68
GIFT AID DECLARATION	69
DEED OF COVENANT	70
DISTINGUISHED SERVICE LIST	71

Legal Deposit Information ISSN 2046-6277 (Print) ISSN 2046-6285 (OnLine)

# This Report is issued by The Lake District Search and Mountain Rescue Association in the interests of all mountain users.

### Lake District Search and Mountain Rescue Association

President: John Dempster MBE

Chairman: Richard Warren

8 Foxhouses Road, Whitehaven, Cumbria, CA28 8AF

Tel:01946 62176 Email:chair@ldsamra.org.uk

Secretary: John Carlin

27 Cairn Crescent, Corby Hill, CA4 8QH

Tel: 07495217266 Émail:secretary@ldsamra.org.uk

Treasurer: John Bamforth

The Mulberry, Arkleby, Wigton, Cumbria, CA7 2DN Tel 016973 23890 Email:treasurer@ldsamra.org.uk

Statistics Officer: Phil Kirby

22 School Knott Drive, Windermere LA23 2DY

Tel: 07791 127866 Email:incident@ldsamra.org.uk

Website Idsamra.org.uk

Facebook facebook.com/lakedistrictsearchandmountainrescueassociation/

This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national body, Mountain Rescue England & Wales and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

## Cost £5.00

The charge is at cost price and helps us to meet the production charges of this booklet.

THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE
ASSOCIATION IS REGISTERED
AS A CHARITABLE TRUST 506349

## **Chairman's Report 2018**

Welcome to the 2018 annual report that offers an insight into the work of the 12 LDSAMRA teams and includes the official statistics for the past twelve months up to 31st December 2018. Another very busy year for the Lake District teams.

The total number of '999' calls handled in 2018 was 656, an increase of nearly 20% over 2017. This has been partly due to the severe weather in March 2018 where the east of the county took the brunt and resulted in around 50 separate '999' extreme weather related responses. Around 30 of these were handled by the Penrith and Kirkby Stephen teams with mutual support from all the LDSAMRA teams.

Mutual and collaborative support is becoming more and more necessary for the region's teams as the workload increases on what is a very dedicated but volunteer service. Joint training along with common operational standards has simplified this transition which was identified a number of years ago as the way forward in the LDSAMRA Rescue 2020 review. Moving to digital radio communication has probably been the greatest step change for 2018 with all the teams now effectively linked via a network of digital repeater stations, with masts strategically positioned around the county. The change from analogue to digital has improved communication performance and the £100,000 investment has been very worthwhile, benefitting both our casualties and the safety of our team members.

As one the busiest regions in the country, we remain proud and privileged to be able to provide our voluntary and free rescue service to those who need our help. This is of course only possible through the generosity of those we rescue and and the people visiting or living within our communities. There is very little in the way of central funding, therefore fundraising remains and ongoing and important activity for the teams. Their annual running costs are between £30,000 and £100,000 each year, dependent on the teams workload and this figure is rising.

Donations, bequests and legacies sent to the LDSAMRA Association do make a significant difference and it is gratifying to see that the work of the teams is recognised by both those we rescue and the general public who hear about the work we do. Income to the Association is shared equally amongst the teams to supplement their own fundraising activities but is also used for cross team training and LDSAMRA driven projects. It is important that those who donate know and understand that their contributions, however small, do make a big difference to the ability of teams to operate effectively. Also to know that none of our mountain rescue volunteers or LDSAMRA officers receive any salary for the work they do. As a volunteer search and rescue organisation we remain extremely proud of this ethos.

In conclusion, I would like to thank our many supporters, without their help and donations we would not exist. I would also like to thank the external organisations and agencies with whom we work, the 420 volunteer team members of LDSAMRA and their families for their limitless commitment and support. Finally the LDSAMRA Officers, working groups and sub-committees for their dedication, support and hard work over the past twelve months.

### **Richard Warren**

Chairman LDSAMRA, February 2019.

## **Incident Details 2018**

## **January**

0001 35115 01/01/2018 15:17 Little Langdale

Male not breathing 10 min walk up from Three Shires Inn - CPR in progress. Langdale Ambleside

0002 35116 02/01/2018 13:43 Scale Beck, Crummock

NY152174

75 yof broken ankle Crummock Water path. Cockermouth (27 x 2hr 0 min)

0003 35117 03/01/2018 15:47 Boadhole, Duddon Bridge

SD190878

Vehicle accident, inaccessible to ambulance. Transported to ambulance in off road vehicle. Serious - simple closed fracture non-specific clavicle.

Duddon and Furness (17 x 0hr 55 min)

0004 35118 03/01/2018 19:28 Rydal

A male was reported missing in the area, with concern for his wellbeing. His car had been located by police. Five days searching multiple areas of woodland, riverside paths and pockets of land with negative results. We were assisted by various search dogs over the period. Landdale Ambleside

0005 35119 04/01/2018 09:55 Ambleside

A male was reported missing in the area, with concern for his wellbeing. Continued search Langdale Ambleside

0006 35120 04/01/2018 11:06 Kendal

76 yof fallen on mud downstream from Romney Bridge, Kendal. Kendal

0007 35121 04/01/2018 16:40

**Broome Fell** 

2 x stuck walkers Broome Fell Cockermouth

0008 35122 07/01/2018 08:30 Ambleside

NY376042

Despondent (M) reported missing from home. Multi-day search inconclusive. Langdale Ambleside (6 x 3hr 30 min); Langdale Ambleside (15 x 12hr 30 min); Langdale Ambleside (12 x 5hr 30 min); Langdale Ambleside (12 x 6hr 0 min); LDMR Search Dogs Assoc (1 x 1hr 0 min)

0009 35123 08/01/2018 16:29 Raven Crag, Thirlmere

NY301188

Following the reported find of a bivvi bag with a body in it, police requested it be found and investigated. Established that the reported item contained only rubbish and discarded camping equipment.

Keswick (7 x 1hr 45 min)

0010 35124 09/01/2018 14:08 Striding Edge, Helvellyn

NY347149

(M44) crag fast near 'Bad Step' due to snow and icy conditions and having no crampons. Escorted off to safety together with the group that had stayed with them until help arrived. Patterdale (10 x 4hr 0 min)

0011 35125 10/01/2018 08:24 Red Screes, Kirkstone Pass

NY3999008470

Sheep reported by farmer stuck on crag. Unable to find sheep in reported area; assumed sheep managed to get to safer ground unaided.

Patterdale (8 x 1hr 0 min)

0012 35126 11/01/2018 13:29 Ladies Well, Kirkby Lonsdale

(F68) reported slipped down banking whilst walking dog. Assisted other emergency service with treatment and evacuation.

Kendal (10 x 1hr 43 min)

0013 35127 11/01/2018 14:23 Lingmoor, Gt. Langdale

NY302046

SD609793

Party of two (M, F) reported lost in mist. Quickly located and escorted to safety.

Langdale Ambleside (3 x 1hr 0 min)

0014 35128 13/01/2018 13:13 Nethermost Pike

NY343143

A 44 year old man slipped on an icy path, and suffered a sever ankle injury which meant he could not weight bear.

Keswick (20 x 4hr 4 min); RAF Leeming MRT

0015 35129 14/01/2018 13:53 Cautley Spout

SD680975

Slip whilst walking. Stetchered to road.

Kirkby Stephen (11 x 4hr 0 min)

0016 35130 14/01/2018 14:00 Piers Gill, Scafell Pike

Family of 5 incl two children 13 & 16 lost on river left Piers Gill - talked off Wasdale

0017 35131 14/01/2018 15:17 Dropping Crag

NY2133407504

Slip on Icy Ground. Located after brief search and walked off the hill. Minor - simple closed fracture left clavicle.

Wasdale (16 x 1hr 0 min): Wasdale (16 x 4hr 0 min)

0018 35132 14/01/2018 16:04 Coppermines Valley, Coniston Fells

Dog ran off from party and went down a mine shaft and fell 8 ft onto ledge. Retrieved and brought up to safety.

COMRÚ: Coniston (16 x 1hr 40 min)

0019 35133 14/01/2018 18:56 Scafell Pike

NY2206604065

SD289992

Casualty became lost. Found, minor injuries, in Eskdale.

Bowland Pennine (10 x 8hr 0 min); Cockermouth (13 x 8hr 0 min); Coniston (8 x 8hr 0 min); Duddon and Furness (12 x 10hr 0 min); Kendal (9 x 9hr 0 min); Keswick (16 x 7hr 0 min); Kirkby Stephen (7 x 6hr 0 min); Langdale Ambleside (8 x 4hr 0 min); Penrith (4 x 8hr 0 min); SARDA (England) (9 x 7hr 0 min); LDMR Search Dogs Assoc (4 x 5hr 0 min); Wasdale (13 x 41hr 0 min); Prestwick SAR Helicopter; Caernarfon SAR Helicopter

0020 35134 16/01/2018 11:59 Gummers Howe, Newby Bridge

SD390882

Subject (F72) reported fallen on stepped path. Treated at scene and stretchered to ambulance at road head. Minor - non-specific damage/pain non-specific hip; vomiting non-specific general; non-specific damage/pain lower back.

Duddon and Furness (16 x 1hr 45 min); Kendal (1 x 2hr 0 min)

0021 35135 16/01/2018 15:10 Fairfield horseshoe

NY385117

Two men phoned for help, uncertain where they where, and unable find a way down and becoming very cold.

Langdale Ambleside (14 x 5hr 0 min)

0022 35136 17/01/2018 18:21 Coniston Old Man

Static lights on side of Coniston Old Man WIFA. As no person had been reported missing or injured a call out was not initiated.

Coniston

#### 0023 35137 18/01/2018 13:50 Brown Cove Crags, Helvellyn

Shouts for help coming from the vicinity of Brown Cove, close to Helvellyn. Contact was made with with the fell walker who had made the call from scene, and found it to be winter climbers who were "gearing up" for a winter climb. Patterdale

#### 0024 35138 19/01/2018 07:18 Rvdal Caves, Rvdal

NY355058

Subject (M) reported missing; requested to conduct a search of the caves. Nothing found Langdale Ambleside (3 x 1hr 30 min)

#### 0025 35139 19/01/2018 14:46 Lonscale Fell

NY234263

Three people appeared to be crag fast on a slope on Lonscale Fell. After a closer look through binoculars it became clear that no-one was in difficulties, and the Team stood down. Keswick (10 x 0hr 52 min)

#### 0026 35140 19/01/2018 19:33 Kirkstone Pass. A592

NY400076

Police notified of motorist stranded in wintry condition on mountain pass. Established the motorist had been picked up by passing vehicle after she had abandoned her car. Patterdale (4 x 1hr 0 min)

#### 0027 35141 20/01/2018 12:32 Colthouse, Hawkshead

SD364982

Youth (M15) thrown off his bike. Treated at scene and stretchered to waiting ambulance. Coniston (12 x 1hr 49 min)

#### 0028 35142 20/01/2018 13:40 Burneside

61 vom fallen and dislocated knee, Ghyll farm, Burneside, path up to Potter Tarn, Kendal

#### 0029 35143 21/01/2018 18:20 Kirkstone Pass. Troutbeck

NY219091

NY401081 Subject (M) with medical problem reported stranded on high mountain pass. Assessed and transferred to safety.

Langdale Ambleside (3 x 1hr 0 min)

#### 0030 35144 21/01/2018 21:07 **Tailbridge**

NY803046

Motorist became stranded in snow. Motorist recovered, car freed from snow and escorted back to Kirkby Stephen.

Kirkby Stephen (8 x 3hr 17 min)

#### 0031 35145 26/01/2018 15:48 Catbells

NY327162

A 48 year old lady slipped and suffered a dislocated fracture of the ankle. Keswick (18 x 2hr 0 min)

0032 35146 27/01/2018 09:52 Lochnagar

NO249856

Walker lost and had phoned for help the previous night. Walker not found. Fatal.

Duddon and Furness (25 x 7hr 30 min)

#### 0033 35147 27/01/2018 16:00 Striding Edge, Helvellyn

NY3498114935

Party of two (M21, F20) reported crag fast on narrow ridge in deteriorating weather conditions. Assisted by passing walker until they were clear of the snow and stood the rescue parties down before they had ventured too far onto the hill.

Patterdale (6 x 1hr 7 min): Penrith (7 x 1hr 7 min): RAF Leeming (2 x 1hr 7 min)

#### 0034 35148 28/01/2018 13:04 Helvellyn, Patterdale

NY34601505

Reports of shouts for help heard by fell top assessor. After further investigation nothing was found and no one was seen to be in difficulty. Team stood down before deploying on to the hill. Penrith (11 x 1hr 0 min)

#### 0035 35149 28/01/2018 14:12 Stickle Ghyll, Gt. Langdale

NY292068

Subject (M) fell and injured his head. Treated at scene, stretchered to valley then airlifted to hospital. Serious - unconsciousness non-specific general; injuries non-specific head injury. Langdale Ambleside (1 x 2hr 0 min)

#### 0036 35150 29/01/2018 16:30 **Borrowdale**

Investigating smell and flies coming from Borrowdale mine - dead sheep located at bottom of shaft COMRU

#### **Tailbridge** 0030 35771 21/01/2018 21:07

NY803046

Motorist became stranded in snow. Motorist recovered, car freed from snow and escorted back to Kirkby Stephen.

Kirkby Stephen (8 x 3hr 17 min)

## **February**

#### 0037 35151 03/02/2018 16:21 Hartsop

65 yom exhausted Nr. Hartsop The gentleman was located above Hayeswater Dam along with his dog in snowy conditions and escorted back down to the Team vehicles. Patterdale

#### 0038 35152 03/02/2018 16:29 Skiddaw

Male lost below Skiddaw summit - made own way off with passing walker Keswick

#### 0039 35153 03/02/2018 20:24 Skew Gill

Two young men, aged 19 & 21, came to climb Scafell Pike. When they failed to return a family member reported them overdue.

Keswick (12 x 3hr 52 min): Caernarfon SAR Helicopter

#### 0040 35154 04/02/2018 12:48 **Brampton**

NY510616

Slip whilst walking near river. Stood down on route. Kirkby Stephen (11 x 0hr 40 min)

Dow Bank, Gt. Langdale

NY329057

SD139899

0041 35155 05/02/2018 11:32 Woman slipped on damp ground sustaining ankle fracture. Treat and evacuated to ambulance. Langdale Ambleside (9 x 2hr 0 min)

#### 0042 35156 06/02/2018 08:46 Buckbarrow Bridge, Corney Fell road

Car reported to have skidded on snow-covered road, ambulance unable to access due to conditions. Subject assessed and walked to vehicle. Minor - painful/uncomfortable non-specific neck; partially crushed/severed right hand.

Duddon and Furness (13 x 3hr 0 min)

#### 0043 35157 06/02/2018 09:28 Frizington

RTC with Injury Aplecdon, Steel Brow, Frizington. As Team members were assembling the incident was dealt with and the Team was stood down. Cockermouth

#### 0044 35158 07/02/2018 16:09 **Patterdale**

33 vof blood cancer and passing out. Walkers requested help, one with a medical problem the other had fallen in cold water. Patterdale

#### Windy Gap Track, Coniston Fells 0045 35159 07/02/2018 17:55

SD286974

Subject (M67) slipped on ice. Treated at scene and evacuated from the hill. Serious - nr. Coniston (15 x 1hr 45 min)

0046 35160 09/02/2018 09:42 Wrvnose Pass NY378028

Cars stuck in snow. Occupants liberated. Spring awaited for car recovery. Langdale Ambleside (3 x 2hr 0 min)

0047 35161 09/02/2018 13:20 **Wrvnose Pass** 

Elderly man in car slid off road Wrynose Pass. Three incidents all caused by people attempting to tackle snow and ice bound mountain passes... two Wrynose, one on Kirkstone (and it was a 4WD). Langdale Ambleside

0048 35162 09/02/2018 21:36 Kirkstone Pass

4 plus dog stranded 6 miles from Ambleside on Wrynose - taken to base Langdale Ambleside

0049 35163 10/02/2018 14:34 Stv Head Path NY227106

A 55 year old lady, turned her ankle so badly that she could not walk on it. The casualty was carried down to the Land Rover. Minor - nr. Keswick (16 x 2hr 8 min)

0050 35164 10/02/2018 16:04 **Buttermere** 

Missing male doing Buttermere loop - turned up safe and well stand down. Cockermouth

0051 35165 11/02/2018 20:15 Corney Fell road SD134903

Vehicle stuck in snow. Situation dealt with by Police.

Duddon and Furness (14 x 2hr 4 min)

0052 35166 12/02/2018 13:28 Wrvnose Pass NY277027

Vehicle stuck on snow and ice. Team met a vehicle taking family to Ambleside, so we went to retrieve the stuck vehicle up the Pass. Coniston (10 x 1hr 19 min)

0053 35167 13/02/2018 11:26 Blencathra

Party of 4 caught in blizzard top of Blencathra

Keswick

0054 35168 13/02/2018 16:53 Latrigg NY281254

A 48 year old man slipped whilst descending, and suffered a serious lower leg injury. Minor - nr. Keswick (14 x 2hr 0 min)

0055 35169 15/02/2018 12:53 Kilnshaw Chimney, Red Screes NY397076

Solo male became stuck in gully. No ice axe or crampons. Team member lowered in to gully to recover.

Langdale Ambleside (11 x 3hr 30 min)

0056 35170 15/02/2018 14:00 **Browncove Crags Helvellyn** 

61 vom with broken ankle.

Keswick

0057 35171 15/02/2018 16:09 Wrynose Pass NY278028

Mountain pass, snow, car stuck. Langdale Ambleside (3 x 2hr 0 min)

0058 35172 16/02/2018 11:16 **Great End**  NY223085

The Team was paged to go to the aid of a 20 year old male, who had suffered a fall after attempting to climb up a gully on the SW side of Great End. He was not wearing crampons and slid and fell around 50m, hurting his knee and becoming immobilised. Serious - nr. Keswick (16 x 7hr 0 min)

0059 35173 16/02/2018 12:34

Dollywagon Pike

NY340130

Man reported slipped and fallen. Langdale Ambleside (9 x 2hr 0 min)

0060 35174 16/02/2018 18:42 Scafell Pike

46 yom from USA overdue from a trip up Scafell Pike - turned up at Boot. Wasdale

0061 35175 16/02/2018 19:35 **Great End** 

3 x walkers not returned from Great End - turned up in Woolpack Keswick

0062 35176 17/02/2018 14:49 Jack's Rake, Gt. Langdale

Two persons not moving 2/3 way up Jacks Rake WIFA

Landdale Ambleside

0063 35177 17/02/2018 16:23 Lonscale Fell

Dog stuck in snowy conditions on a ledge near the top of Lonscale Fell. A rope system was rigged, the dog was retrieved and returned to its owners unharmed.

Cockermouth

0064 35178 17/02/2018 18:40 Helvellyn NY327162

Flashing lights on Helvellyn; as they were moving and there had been no requests for assistance, they were deemed to be a ""False Alarm with Good Intent."". Minor - nr Keswick (1 x 0hr 49 min)

0065 35179 18/02/2018 18:24 Froswick, III Bell NY433087

Three woman became benighted when they missed their descent path. They were located by team members and assisted off.

Langdale Ambleside (13 x 4hr 0 min)

0066 35180 18/02/2018 18:46 Tarn Howes SD327998

Couple lost near Glen Mary Falls, Tarn Howes. Quickly located and accompanied back to their car. Coniston (9 x 1hr 15 min)

0067 35181 18/02/2018 19:02 Scafell Pike

Two walkers reported overdue from a walk on Scafell Pike. We were able to phone them and confirm they were safe & well and returning home and we stood down. Wasdale

0068 35182 20/02/2018 12:16 Helvellyn

Two stray dogs were stuck in a precarious position on the headwall of Helvellyn. The dogs were successfully rescued by a number of climbers who had also witnessed the distressed animals plight and went to their aid - a job well done, thank you! Patterdale

0069 35183 21/02/2018 11:32 Abbot Holme, Sedbergh SD648908

Subject (F64) reported fallen. Treated at scene and stretchered to waiting ambulance.

Kendal (7 x 2hr 45 min); Kirkby Stephen (6 x 2hr 45 min)

0070 35184 22/02/2018 12:07 South Rake, Dow Crag SD264975

Scrambler slipped in gully. Paramedic declared casualty deceased on scene due to multiple injuries. Stretchered off Fell. Fatal - nr

Coniston (17 x 5hr 45 min); Prestwick SAR Helicopter

0071 35185 22/02/2018 14:14 Catbells

49 yof slipped and dislocated ankle fracture Catbells Keswick

0072 35186 23/02/2018 11:15

Snarker Moss. Ambleside

NY383057

Body recovery at request of police.

Langdale Ambleside (15 x 4hr 0 min)

0073 35187 23/02/2018 14:30 Pillar NY169119

Slip. Flown by Coastguard helicopter R199 to CIC. Cockermouth (20 x 6hr 0 min): Prestwick SAR Helicopter

0074 35188 23/02/2018 16:06 River Eden, Lazonby NY53354214

Subject (19 yof) fell from a canoe while journeying on the river, injuring her leg. Her party recovered her to the river bank and was treated by Helimed on scene. Minor - nr.

Penrith (14 x 4hr 0 min); NW Ambulance Helicopter (Preston)

0075 35189 24/02/2018 11:27

Robinsons Cairn, Pillar NY176123

Fall. Coastquard helicopter R199 evacuated casualty to CIC. Cockermouth (19 x 3hr 0 min): Prestwick SAR Helicopter

0076 35190 24/02/2018 11:29 Crinkle Crag NY250056

Male fell 100m sustaining serious multiple injuries. Airlifted to Preston.

Kendal (1 x 1hr 30 min); Langdale Ambleside (17 x 5hr 30 min); Humberside SAR Helicopter

0077 35191 24/02/2018 15:02

NY211076

Injured walker. Team not required.

Duddon and Furness (17 x 2hr 19 min)

0078 35192 24/02/2018 15:59 **High Cup Nick**  NY741260

Trip / Fall. Recovered patient from Fell and then made their own way to hospital.

Linamell

Kirkby Stephen (8 x 1hr 0 min)

0079 35193 25/02/2018 14:05 Corridor Route near to Sty Head NY221095

A 55 year old male slipped on ice and took tumbling fall, suffering a head injury. His companions bandaged his head and managed to stop the worst of the bleeding. He declared himself fit to walk, but as they neared Sty Head, he became unwell.

Keswick (18 x 3hr 0 min)

0080 35194 25/02/2018 17:27 Scafell Pike

The team was called for a walker with a leg and chest injury sustained after taking a slide on frozen snow whilst descending Scafell Pike above Lingmell Col. The walker was assessed on scene by the crew from the Great North Air Ambulance and team members and then flown to hospital. Wasdale

0081 35195 25/02/2018 17:32 **Foxes Tarn Gully**  NY211065

Tumble/free fall. Casualty evacuated by helicopter. Later deceased. Fatal - nr.

Duddon and Furness (15 x 7hr 0 min); Wasdale (15 x 7hr 0 min); Prestwick SAR Helicopter; Prestwick

SAR Helicopter

0082 35196 26/02/2018 11:18 Catbells

NY247210

A 55 year old man suffered some sort of medical event. North West Ambulance called for the Great North Air Ambulance to attend, whilst alerting the team to request their assistance. The Air Ambulance doctor examined the patient at the scene, and decided that it was safe for him to travel to hospital by road.

Keswick (12 x 1hr 42 min); Gt North Ambulance Helicopter (Cumbria)

0083 35197 26/02/2018 13:20 **Ruthwaite Lodge**  NY324130

Fallen walker. Casualty located and air evacuated. Minor - simple closed fracture non-specific pelvis; simple closed fracture non-specific arm.

Patterdale (10 x 2hr 30 min); Penrith (16 x 2hr 30 min); Prestwick SAR Helicopter

0084 35198 27/02/2018 03:37

Mosedale to Millhead road north of A66

NY4046028991

Driver took wrong turn off road and ended up stuck in snowdrift. 4x4 deployed.

Penrith (2 x 1hr 0 min)

0085 35199 27/02/2018 23:32 **Araill Bridge**  NY867131

Snow / road conditions. Drivers recovered and transported to local hotel

Kirkby Stephen (7 x 4hr 0 min)

0086 35200 28/02/2018 07:53 Kendal and district SD614933

Ambulance service requested for off road vehicle capability in snowy weather. Multiple incidents attended.

Kendal (2 x 9hr 0 min)

0087 35201 28/02/2018 10:48 Low farm. Helbeck NY796155

NHS unable to access patient due to snow conditions. District nurse driven to patient to provide meds. Kirkby Stephen (2 x 1hr 30 min)

0088 35202 28/02/2018 11:17 Garigill

Bed bound elderly female requires medication Garigill.

0089 35203 28/02/2018 12:35 Grange Fell GC. Grange over Sands SD393783

Subject (M18) reported fallen from sledge, ambulance unable to access. Treated at scene and assisted to walk to vehicle for transfer to ambulance on main road. Minor - simple closed fracture left clavicle

Kendal (14 x 2hr 23 min)

Scout Scar, Kendal 0090 35204 28/02/2018 14:25

SD487914

Subject (F56) reported fallen while running. Dislocation reduced, splinted and stretchered to ambulance. Minor - dislocation right patella.

Kendal (10 x 1hr 34 min)

0091 35205 28/02/2018 23:21 **Patterdale** 50 yom fallen from gritter wagon broken hip.

Patterdale

March

0092 35206 01/03/2018 01:36 Palliard. Stainmore NY867131

Motorist stranded in drifts. Motorist recovered to base.

Kirkby Stephen

(8 x 6hr 30 min)

0093 35207 01/03/2018 01:36 Kirkby Stephen

Recovery job car stuck in snow Kirkby Stephen

0094 35208 01/03/2018 09:03

Windmore End

NY818173

Motorists stuck in snow drifts. Motorists recovered to base.

Kirkby Stephen (13 x 7hr 15 min)

0095 35209 01/03/2018 09:15 Yad moss A6277 NY7811535804

Lorry driver stuck in drifting snow 24 hrs - dwindling food/fuel. Team deployed, R199 deployed. Serious - nr.

Penrith (6 x 8hr 0 min); Teesdale and Weardale (5 x 2hr 0 min); Prestwick SAR Helicopter

0096 35210 01/03/2018 10:19 Rawhead Farm Swindale NY5056412707

Assist to medical team trying to access bed bound lady in house cut off by snow. Transported medical team to patients house.

Cockermouth (4 x 2hr 0 min); Penrith (1 x 2hr 0 min)

0097 35211 01/03/2018 10:55 Helbeck Fell

Motorists left stranded car and became lost. Mispers located and recovered to base

Kirkby Stephen (13 x 5hr 0 min)

0098 35212 01/03/2018 11:23 Wythop

85 vof fallen in house Wythop Mill - lying on floor 24 hours.

Cockermouth: Cumbria Fire and Rescue

0099 35213 01/03/2018 11:52 Stainmore NY867133

NY819186

Motorists reported themselves stranded in drifts. Upon arrival they had self rescued.

Kirkby Stephen (13 x 3hr 30 min)

0100 35214 01/03/2018 13:01 Various Lazonby & Appleby NY6829420472

Mental Health patients in Lazonby / Appleby cut off by snow requiring meds. Transported the drugs to the patients.

Cockermouth (4 x 2hr 0 min): Penrith (1 x 2hr 0 min)

0101 35215 01/03/2018 14:32 A6071 Walton Road NY510626

Serious RTC in snow - Cumpol officers needing to access the scene. Stood down on arrival Cockermouth (4 x 1hr 30 min): Penrith (1 x 1hr 30 min)

0102 35216 01/03/2018 15:13

**Cleator Moor** 

NY031143

Casualty came off sledge. Assisted with stretcher carry to ambulance.

Wasdale (22 x 1hr 0 min)

0103 35217 01/03/2018 15:16 Sedberah

2 patient transfers from hospital to Sedbergh

Penrith

0104 35218 01/03/2018 19:11 upper Denton NY6239565751

79 vr. old male stranded in car in drifting snow. Evacuated him to safety.

Patterdale (2 x 3hr 0 min); Penrith (1 x 3hr 0 min)

0105 35219 01/03/2018 19:21 A69 Low Row Brampton NY5876262796

RTC at Low Row and abandoned vehicles. Checking abandoned vehicles at A69 east of Brampton.

Cockermouth (4 x 3hr 0 min); Penrith (3 x 3hr 0 min)

NY772082

0106 35220 01/03/2018 20:36 Fletcher Hill Kirkby Stephen Male reported feeling ill with existing heart condition. Patient taken to road ambulance at Tebay.

Kirkby Stephen (6 x 3hr 6 min)

NY635118

0107 35221 01/03/2018 21:43 **Gavthorne Plain** Motorists stuck in snow drifts. Dug out and escorted back to Appleby.

Kirkby Stephen (1 x 0hr 45 min)

0108 35222 01/03/2018 22:01 Railway near Brampton NY6016764441

Assistance to stranded train. Stood down on way. Cockermouth (4 x 0hr 40 min); Penrith (3 x 0hr 40 min)

0109 35223 01/03/2018 23:48 Brampton NY5219459913

CFRS vehicle stuck in snow. Arrived on scene and stood down.

Penrith (4 x 1hr 30 min)

0110 35224 01/03/2018 00:22 Havton

Called to assist with an ambulance stuck en-route to a patient in deep snow near Hayton. The team were initially stood down after the vehicle was freed but contacted again when the vehicle got bogged down further along the rural roads. The team made their way towards to the location, but were stood down after a local farmer freed the ambulance.

Penrith

0111 35225 02/03/2018 00:31 Hallbank Gate NY523570

Angina patient requiring urgent care - stuck in house due to snow drifts. Team attended and had to dig into property last 150m. Serious - angina (Ischaemic heart disease) non-specific chest.

Penrith (4 x 2hr 30 min)

0112 35226 02/03/2018 09:13 **Forest Head Brampton**  NY5818557527

77 vr. old male requiring welfare check - NWAS unable to access due to snow. MRT requested to take in supplies and check out person.

Penrith (4 x 2hr 0 min)

0113 35227 02/03/2018 09:27 Bampton NY5019418256

Assist NWAS access an end of life patient cut off by snow. Took nurses to the farm to administer care. Patterdale (2 x 3hr 0 min); Penrith (1 x 3hr 0 min)

0114 35228 02/03/2018 09:33

NY794154

Helbeck District nurse to be taken to patient. Patient transferred to Kirkby Stephen by land rover. Kirkby Stephen (6 x 5hr 40 min)

0115 35229 02/03/2018 09:58

Gilsland Spa Hotel

NY6341167629

Male diabetic at hotel has no insulin - snowed in. MRT asked to access hotel with NWAS Penrith (2 x 0hr 45 min)

0116 35230 02/03/2018 11:50 **East Cumbria** 

CMRT provided further support in the east of the county during the severe weather event.

Cockermouth

0117 35231 02/03/2018 12:41 Alston

Wasdale deployed to Alston with Autopulse - blue Lights. Due to heavy snow there was a request to send a 4×4 with team members over to the east of the county to assist our colleagues in the Penrith Team. Along with Cockermouth MRT they were then tasked to head to Alston to do welfare checks as the town had been cut off for a couple of days. Meanwhile the Wasdale base was temporarily turned into the Silver cell to support coordination around the county. Wasdale

0118 35232 02/03/2018 14:09

Murton, Appleby

NY723209

Dialysis patient needs extraction from house cut off by snow and getting to treatment centre. Penrith (4 x 0hr 19 min)

0119 35233 02/03/2018 14:18 **Brampton** 

NY577607

74 vo male passed out in remote farm inaccessible via road - MRT required to evacuate. Attended to evacuate the patient to St Johns Ambulance. Minor - nr.

Cockermouth (4 x 1hr 0 min); Penrith (6 x 1hr 0 min)

0120 35234 02/03/2018 20:46 Leacett Lane Brough NY824128

Motorists stuck in snow. Vehicle extracted

Kirkby Stephen (6 x 1hr 45 min)

0121 35235 03/03/2018 06:23 Catterlen

NY480357

Ambulance got stuck in snow drift on way to casualty. Team asked to assist evacuate vehicle from snowdrift.

Penrith (4 x 2hr 0 min)

#### 0122 35236 03/03/2018 16:53 Priest Hole, Dove Crag

Male with suspect dislocated shoulder - Priest Hole Dove Craq. The faller was given intravenous analgesia by two of the Team doctors and treated accordingly. He was then winched from the scene by the Coastguard helicopter and taken to Carlisle infirmary for further treatment. Patterdale

#### 0123 35237 04/03/2018 14:10 Orton

Elderly couple not seen since 03/03/18. Team were asked to attend to carry out a welfare check in the Orton area to a remote farm inaccessible by road - local team member attended and ascertained residents were all ok.

Penrith

#### 0124 35238 04/03/2018 14:12 Ousby

NY6180734527

90 yr. old patient breathing difficulties in remote farm. MRT asked to attend in case CHOC Dr cannot access the patient.

Penrith (4 x 1hr 0 min)

#### 0125 35239 04/03/2018 14:15 Penrith

80 yom concern that his roof has blown off .

Penrith

#### 0126 35240 04/03/2018 14:46 **Fellside Ousby**

People in late 60s no contact check property. Team were asked to carry out welfare check at a remote farm near Ousby. Contact was made with occupants and all well. Penrith

#### 0127 35241 04/03/2018 16:42 **Great End**

NY228085

A 53 year old male had slipped and fallen approximately 100m on Great End, striking a rock as he came to a halt. He suffered an isolated injury to his ankle, which rendered him immobilised. Given the height of the fall, the team requested that the Air Ambulance attend to speed up evacuation. However, the cloud base was below the casualty site but the aircraft was able to assist by ferrying up four Team members (one a paramedic) and some of the necessary kit most of the way. Keswick (22 x 4hr 40 min)

#### 0128 35242 05/03/2018 13:42 Grange-over sands

12 sheep stranded - Grange - tide coming in - handed over to Bay SAR. Kendal

#### 0129 35243 05/03/2018 14:38 Coniston Old Man Ridge

SD272978

Couple & 3 dogs became lost in thick mist. Accompanied off fell by a passing walker. Team eventually stood down.

Coniston (20 x 4hr 30 min)

#### 0130 35244 07/03/2018 16:15 Scale Force

NY152171

Lost in mist.

Community Rescue Service (17 x 4hr 0 min)

#### 0131 35245 07/03/2018 17:17 Skiddaw

43 yof summit Skiddaw - talked off.

Keswick

#### 0132 35246 08/03/2018 20:33 Wasdale

37 yom failed to return. A walker was reported overdue by his wife. The police also contacted the Wasdale Head pub and as a member of staff located his car, the gentleman arrived back. His mobile had gone flat so he had been unable to make contact with home. Wasdale

#### 0133 35247 09/03/2018 14:52 **Black Crag**

NY339015

Slipped on rough ground. Treated & Stretchered off. Serious - nr.

Coniston (11 x 2hr 30 min)

#### 0134 35248 09/03/2018 15:52 Sharp Edge

Two males stuck on Sharp Edge no ice axes or crampons Keswick

### 0135 35249 10/03/2018 16:46

Slip on hard snow. Walked off.

Wasdale (9 x 6hr 15 min)

### **Broad Crag**

NY216075

0136 35250 10/03/2018 20:44 Helvellyn

NY342150

A group of 5 relatively inexperienced youngsters from East Anglia set off up Helvellyn at midday, and arrived at the summit at 5 pm, in poor weather and visibility. One of the party was suffering quite badly with the cold and wet. Both casualty and group were able to move, and were then walked off. Keswick (16 x 4hr 25 min)

#### 0137 35251 11/03/2018 14:03 Catbells

5 yom on Catbells by Stair Village Hall - feinted and did not come round from feint. Keswick

#### 0138 35252 11/03/2018 21:16 **Dent Station**

Driver stuck in snow with autistic child - mile beyond Dent Station - got himself dug out. Kirkby Stephen

#### 0139 35253 14/03/2018 12:04 Helvellyn

NY328159

A 64 year old woman had slipped whilst descending, and then took a tumbling fall 50 ft down a snow field. She suffered possible back & pelvic injuries, a head laceration, a broken finger and numerous bruises.

Keswick (13 x 2hr 0 min)

#### 0140 35254 15/03/2018 20:03 **Grange-over-Sands**

Ambulance stuck in some mud - no local people able to help - no life at risk - vehicle recovery only -MRT therefore not attending. Kendal

#### 0141 35255 16/03/2018 16:27 Raven Crag Thirlmere

NY304189

A group of walkers called for assistance, after a 65 year old lady in the party suffered an ankle injury. Keswick (16 x 1hr 46 min)

#### 0142 35256 16/03/2018 17:15 Great Slab, Bowfell

NY247065

Couple reported as craq fast. Located and escorted off in protracted operation in difficult weather and darkness.

Langdale Ambleside (11 x 9hr 0 min)

#### 0143 35257 17/03/2018 13:01 Swallow Scarth, Helvellyn

Female stuck on ice. Nothing was found and the teams stood down after a comprehensive search of the locality.

Patterdale

#### 0144 35258 17/03/2018 13:29 Kirkby Stephen

Blind sheepdog found by walker - when team got there nothing found Kirkby Stephen

#### 0145 35259 17/03/2018 15:34 Helvellyn

NY328158

A man was reported to have fallen over 200 ft, hitting rocks on the way down. This was in the same place as two recent incidents, on the main footpath from Swirls carpark. Keswick (22 x 3hr 0 min)

0146 35260 17/03/2018 19:47 Stainmore summit

Motorists stuck in snow on A66. Taken to various locations.

Kirkby Stephen (10 x 5hr 0 min)

0147 35261 17/03/2018 21:12 Kaber NY805113

Motorist stuck in snow. Vehicle recovered.

Kirkby Stephen (10 x 1hr 45 min)

0148 35262 17/03/2018 21:52 South Stainmore NY825128

Motorists stuck in snow. Motorists recovered.

Kirkby Stephen (10 x 1hr 10 min)

0149 35263 17/03/2018 23:08 Windermere SD412974

Requested to assist NWAS in accessing a patient with chest pains during heavy snow. Paramedic and patient transported to RLI.

Langdale Ambleside (2 x 3hr 0 min)

0150 35264 17/03/2018 23:57 Tebay

2 adults stuck in vehicle between J38 M6 and Sedbergh.

Kendal

0151 35265 18/03/2018 00:21 Sedbergh

50 yof unconscious White Hart Sports Club, Sedbergh - patient recovered OK. NWAS patient needed collecting from Sedbergh, but were unsure of their ability to get there in the prevailing conditions. The team sent a Land Rover to provide assistance, but it was not required and returned to base. Kendal

0152 35266 18/03/2018 01:13 A6 Selside

2 vehicles stuck 300m from A6 on road to Selside.

Kendal

0153 35267 18/03/2018 01:36 Green Hill Hotel, Red Dial NY249456

Missing person search.

Cockermouth (24 x 4hr 0 min)

0154 35268 18/03/2018 05:20 Leacett Lane NY825128

Motorists stranded in snow. Motorists taken to Brough Hotel.

Kirkby Stephen (7 x 3hr 0 min)

0155 35269 18/03/2018 11:15 Nateby NY776048

Motorist stuck in snow. Car freed from snow and driver escorted to safety.

Kirkby Stephen (14 x 1hr 15 min)

0156 35270 18/03/2018 11:24 Flitholme NY765152

Insulin dependant diabetic motorist suffering from effects after having been stuck in snow overnight.

Kirkby Stephen (14 x 1hr 19 min)

0157 35271 18/03/2018 12:37 Helvellyn, Patterdale NY34531525

Subject (M42) fell while skiing. Treated at scene, winched onto CG helicopter and transferred to hospital. Minor - nr.

Penrith (15 x 2hr 0 min)

0158 35272 18/03/2018 12:47 Nateby

Further Person stuck in snow at Nateby.

Kirkby Stephen

0159 35273 18/03/2018 16:30 Great End - Custs Gully

A 27 year old female, winter climbing in Custs Gully, came off and took a 200m tumbling fall, suffering serious head and arm injuries. In the process, a second climber fell, though he escaped - initially apparently unburt.

Keswick (21 x 3hr 30 min)

0160 35274 18/03/2018 18:36 Memorial gardens, Cockermouth

NY118308

NY227087

Sheep attack, male injured.

Cockermouth: Cheshire Search and Rescue (10 x 1hr 0 min)

0161 35275 20/03/2018 05:38 Red Screes

20 vom stuck in Kilnshaw Chimney - Red Screes - No winter tools lone climber.

Patterdale

NY854142

0162 35276 20/03/2018 14:11 Dropping Crag, Scafell Pike

NY214075

Slip on snow, landed on boulders, Airlifted by R199, Minor - nr.

Wasdale (16 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria); Prestwick SAR Helicopter

0163 35277 23/03/2018 20:10 Three Tarns, Gt. Langdale

50 yom feeling sick and cannot get warm - three tarns area

Langdale Ambleside

0164 35278 24/03/2018 13:45 Whernside

17 yof passed out Whernside - passed over to CRO.

Kendal

0165 35279 24/03/2018 14:12 Thirlspot

NY317172

An emergency GPS beacon was activated somewhere in our area. Some delay in figuring out where the casualty might be, due to problematic co-ordinates.

Keswick (17 x 1hr 3 min); Keswick (1 x 1hr 3 min)

0166 35280 24/03/2018 20:31 Great End

NY22536084

A group of 3 adults called the police to request assistance as they were lost on Scafell Pike. After locating them via SARLOC, found that they were on Great End. They were uninjured but benighted. Keswick (9 x 4hr 0 min)

0167 35281 25/03/2018 15:54 Patterdale

A 51 yom collapsed whilst walking with friends. He was assessed on scene and transferred to hospital. Patterdale

0168 35282 26/03/2018 16:11 Helvellyn - Brown Cove

NY328159

A women had fallen and potentially broken her collar bone on the path up to Brown Cove. The casualty was treated on site until Helimed 08 arrived from Blackpool.

Keswick (17 x 3hr 25 min)

0169 35283 26/03/2018 20:20 Walla

NY279216

A 32 year woman had been walking on Walla Crag, found herself lost in the dark without a torch. The team were called and the woman was quickly located using SARLOC. She was given instructions to walk down to a team of 2 members who walked up to meet her.

Keswick (6 x 1hr 6 min)

0170 35284 30/03/2018 10:12 Scafell Pike

Male lost on Pike summit - walked for 15mins - went back to top and met someone. This was a group which had set off particularly late, around 16:00hrs without torches.

Wasdale

0171 35285 30/03/2018 16:15 Fence Wood, Wastwater

NY183066

Medical issue and fainting. Stretchered to Brackenclose, assessed by H58 and ambulance personnel. Wasdale (14 x 2hr 0 min); Gt North Air Ambulance (Cumbria)

0172 35286 31/03/2018 10:46 Barf

NY216266

A father ascending Barf with his 8 year old son. They became crag fast 30m below the summit at the usual spot and the father was concerned the descent would be too difficult for his son. Keswick (10 x 2hr 4 min)

0173 35287 31/03/2018 16:17 Brant Fell, Bowness

SD409960

Elderly female wandered off from holiday home. Located by police officer while search was being organised.

Langdale Ambleside (3 x 2hr 0 min)

0174 35288 31/03/2018 21:29 Catbells

SOS seen on Catbells WIFA. Keswick

**April** 

0175 35289 01/04/2018 12:19 Seathwaite

SD227956

Man collapsed. Casualty carried to ambulance. Serious - nr. Duddon and Furness (13 x 1hr 49 min)

0176 35290 01/04/2018 14:39 Braw Crag, Deepdale

A dog appeared to be in distress on Braw Crag, Deepdale. On investigation it was found that to be a fit and healthy Fell Hound. The Team met the owner and were able to show her where the dog was. Patterdale

0177 35291 01/04/2018 21:02 Green Hole

NY2339005866

Party trying to walk back to Langdale. First became lost then ran out of daylight and without proper torches. Location established with phone co-ordinates and SARLOC then small party of 3 went on Fell to get them.

Wasdale (4 x 1hr 0 min)

0178 35292 02/04/2018 15:49 Walla Crag

NY2742320871

A 45 year old female had walked up Walla Crag before becoming disorientated in the heavy snow. She was distressed and was not confident to continue. She was contacted by the team on her mobile phone but it was still unclear where she was. A team member went to her aid.. Keswick (7 x 0hr 43 min)

0179 35293 03/04/2018 15:14 Sharp Edge

NY326283

Two 21 year olds became crag fast on Sharp Edge on Blencathra. After trying to cross the ridge they became concerned for their safety and headed onto steep unstable ground away from the ridge itself. Keswick (10 x 3hr 27 min)

0180 35294 03/04/2018 15:38 Grizedale Forest

SD332957

Casualty came off mountain bike. Treated, put in vac mat and stretchered to waiting ambulance. Minor - nr.

Coniston (15 x 2hr 0 min)

0181 35295 03/04/2018 20:24 Uncertain

NY367067

Two males reported themselves lost on 'Rydal mountain'. We failed to locate them before they found their own way off.

Langdale Ambleside (6 x 2hr 0 min)

0182 35296 04/04/2018 12:03 Whinlatter

NY214241

A father and son mountain biking in Whinlatter forest called for assistance after an accident caused concern for a potential broken arm.

Keswick (16 x 1hr 40 min)

0183 35297 04/04/2018 21:57 Eskdale

2 walkers failed to return from Scafell Pike.

Duddon and Furness (6 x 7hr 40 min); Wasdale

0184 35298 05/04/2018 08:36 Wrynose Pass

NY282031

NY225038

Car skidded on ice. Hanging over edge, apparently. Self rescued before team arrived.

Langdale Ambleside (5 x 1hr 0 min)

0185 35299 05/04/2018 09:39 Rosset Ghyll, Angle Tarn

NY247075

Body of female found by passing walker. Team mobilised along with air ambulance since fatality was unconfirmed. Sadly deceased. Recovered by air ambulance and conveyed to Ambleside by team. Langdale Ambleside (15 x 5hr 0 min)

0186 35300 05/04/2018 13:25 Striding Edge

Couple stuck on bad step Striding Edge - walkers assisted by cutting steps in ice. Keswick

0187 35301 05/04/2018 15:10 Brown tongue Path, Scafell Pike.

NY194074

Fallen walker with ankle injury. Casualty treated and evacuated to ambulance. Minor - nr.

Wasdale (20 x 3hr 45 min)

0188 35302 06/04/2018 13:13 Grange-over-Sands

A walker had sustained a lower leg/ankle injury close to Spring Bank Farm in Grange. Casualty was treated then carried to an awaiting NWAA Helimed.

Kendal: NWAA

0189 35303 07/04/2018 12:51 Outerside

NY207210

A walker with a twisted ankle whilst taking part in the Coledale Horseshoe fell race. We soon realised the informant was a member of public who had raised the alarm but the runner was in fact happy to make their own way down.

Keswick (13 x 1hr 43 min)

0190 35304 07/04/2018 16:21 Bowderthwaite Bridge, Haweswater NY46841189

Subject (F30s) slipped on wet grass and injured ankle. Treated at the scene by team members and stretchered to ambulance at road head. Minor - nr.

Penrith (15 x 3hr 30 min)

0191 35305 08/04/2018 11:37 Lady Anne's Highway

SD786987

Slip whilst walking. Patient treated at scene and then handed on to NWAS.

Kirkby Stephen (12 x 3hr 0 min)

0192 35306 08/04/2018 13:31 Wise Een Tarn

SD373977

Slipped on rock. Arm put in sling & driven to Hill Top car park. Handed over to NWAS. Minor - nr. Coniston (13 x 2hr 30 min)

0193 35307 08/04/2018 16:44 Blencathra

NY315272

Ankle injury close to the summit of Blencathra. Helimed was initially tasked to assist with getting the casualty to hospital but due to cloud a decision was made to stretcher off the casualty to the Blencathra Centre.

Keswick (8 x 3hr 27 min)

0194 35308 09/04/2018 15:52 Hind Craq

NY237112

A concerned walker who thought they could see an orange survival bag and could hear whistling just below the rock buttress of Hind crag.

Keswick (8 x 1hr 13 min)

0195 35309 10/04/2018 07:05 Latrigg

NY277249

Assisted Cumbria police to remove a body.

Keswick (18 x 2hr 34 min)

0196 35310 11/04/2018 14:07 **Grizedale Forest** 

15 yom crashed bike 300 m from visitors centre Grizedale - neck and leg injury. Coniston

0197 35311 11/04/2018 14:33 Middle Fell NY149068

Slip. Stretchered off.

Wasdale (21 x 4hr 30 min)

**Great Rigg** 0198 35312 11/04/2018 16:32

NY350097

One of group suffered severe allergic reaction. Second suffered an ankle injury. One airlifted. Second assisted down.

Langdale Ambleside (10 x 3hr 0 min)

0199 35313 12/04/2018 10:04 **Monk Coniston Moor** 

Male with a workplace injury working on a telephone mast - Monk Coniston Moor - eventually brought down to road head by van.

Coniston

0200 35314 13/04/2018 12:35 **Crosby Ravensworth Hill**  NY60341106

Subject (M74 & F64) lost in low cloud. Located by team members after a short search. Mispers transported back to their own vehicle by the team.

Penrith (10 x 4hr 0 min)

0201 35315 13/04/2018 14:37 **Scale Force**  NY150168

Trip. No further details.

Cockermouth (26 x 5hr 0 min): Prestwick SAR Helicopter

0202 35316 13/04/2018 16:06 **Brandlehow**  NY251197

A 61 year old female slipped on greasy tree roots on the lake shore near to Brandlehow jetty and fell injuring her ankle and her fibula. She was given analgesia by team members on scene and then stretchered to the waiting ambulance.

Keswick (17 x 1hr 15 min)

0203 35317 14/04/2018 12:58 Ullswater

64 yof had gone over on her ankle and was unable to continue her walk. The female was walking with friends on the lake Shore path between Silver Point and Side Farm.

Patterdale

0204 35318 14/04/2018 13:12 Blease fell NY308262

A 62 year old male paraglider made an uncontrolled descent onto Blease Fell on Blencathra. He had suspected spinal injuries and as a result of the possible seriousness of his injuries. Great North Air Ambulance were tasked to the incident.

Keswick (11 x 0hr 46 min): GNAA

0205 35319 14/04/2018 14:23

An elderly female was suffering stomach pains while walking with friend close to Place Fell. A request was made for the Helimed58 from Langwathby to attend scene. The lady was assessed and then flown to hospital for further treatment.

Patterdale

0206 35320 14/04/2018 14:35 Howaills

Female paraglider Howgill broken ankle.

Kendal SARDA

0207 35321 14/04/2018 15:13 Slapestone Edge, Grasmere NY298085

Male slipped on rock sustaining hip injury. Treated by team and evac by air ambulance.

Langdale Ambleside (15 x 4hr 0 min)

0208 35322 15/04/2018 11:31 **Birkbeck Fells Commons** 

Slip/Fall. Casualty recovered from Fell and handed to NWAS.

Kirkby Stephen (13 x 3hr 15 min)

0209 35323 15/04/2018 11:31 Linamoor

Competitor in orienteering event tripped.

Langdale Ambleside (18 x 3hr 0 min)

0210 35324 15/04/2018 13:57 **Keppel Cove** 

A mountain biker in trouble on the zig zag path above Keppel Cove dam was also suffering from a case of severe cramp, the weather was cold and wet and the 28 year old male was starting to get mildly hypothermic, two passing GP's gave him food, drink and their spare clothing and staved with the man until help arrived.

Patterdale

0211 35325 15/04/2018 23:31 Mickledore, Scafell Pike

Lost group of 4 Three Peaks walkers. A group of walkers reported overdue from a trip up Scafell Pike as part of a 3 peaks attempt. It was determined that they were in the Mickledore area after having reascended from upper Eskdale. It proven difficult for the group to find the descent from Mickledore back to Wasdale and they spent the night out on the mountain. In the morning they were given some directions to get back to Scafell Pike summit and from there they may their own way off the fell.

0212 35326 16/04/2018 09:38 Shepherds Crag NY263185

NY575064

NY303044

Stuck climber on Shepherds crag in Borrowdale. The climber had returned to the crag having spent the previous day climbing there but had to leave gear in place after it started raining. Keswick (14 x 1hr 4 min)

Oxford Crag

0213 35327 16/04/2018 16:19

67 yof ankle injury Oxford Crag

Patterdale

0214 35328 18/04/2018 13:31 NY327068 Kellbarow, Silver How

Slip on steep ground.

Langdale Ambleside (10 x 3hr 0 min)

0215 35329 21/04/2018 11:55 **Wast Water** 

Accidental drowning. Recovery of drowned diver. Fatal - nr.

Wasdale (15 x 3hr 0 min); NW Ambulance Helicopter (Preston)

0216 35330 21/04/2018 17:03 Troutbeck NY412038

NY153056

Requested to assist NWAS to access and evacuate a patient with a leg injury. Langdale Ambleside (13 x 2hr 0 min)

0217 35331 21/04/2018 18:55 Rossett Ghyll, Gt. Langdale NY248075

Young male, part of a larger group sustained a hip injury at Rossett Ghyll. The team deployed, but the group had managed to self-evacuate and we had little to do.

Langdale Ambleside (12 x 2hr 0 min)

0218 35332 21/04/2018 21:30 Place Fell

A couple, who were camping close the summit of Place Fell became scared in the middle of a very severe thunderstorm which had been forecast. They decided to run for the valley, abandoning all of their equipment in the process. They eventually made their own way back to the valley safely. Patterdale

0219 35333 22/04/2018 18:36 Raven Crag, Gt. Langdale NY286064

Climber fell while unroped. Sadly declared deceased at scene.

Langdale Ambleside (17 x 3hr 0 min)

#### 0220 35334 24/04/2018 12:01 **River Greta**

A 21 year old female out walking her dog along the Keswick to Threlkeld railway line wandered along the riverbank onto steep loose ground at the sight of a landslide on a meander of the River Greta. She was quickly located and a team member was lowered to her and brought her back to safe ground. Another team member reached the dog and lured it to safety. Keswick

#### 0221 35335 24/04/2018 19:18 **Setmurthy Woods**

NY161316

Fall off mountain bike, no further details

Cockermouth (33 x 3hr 0 min); Prestwick SAR Helicopter

#### 0222 35336 27/04/2018 13:54 **Coniston Old Man**

48 vof sprained ankle on Old Man Nr Goats Water. Coniston

#### 0223 35337 27/04/2018 18:06 **Farleton Knott**

A mountain biker had taken a fall along one of the tracks at Farleton Knott. Team members and paramedics treated the casualty for head and upper body injuries before transferring to Helimed 08

#### 0224 35338 27/04/2018 20:58 Helm Crag, Grasmere

NY327086

Male apparently despondent and acting strangely was sighted on top of a steep crag. There was concern for his welfare. Team approached with a view to speaking to him but he had disappeared. area searched, nothing found.

Langdale Ambleside (5 x 2hr 0 min)

#### 0225 35339 28/04/2018 13:22 Old Man of Coniston

42 yof breathing difficulties Coniston Old Man.

Coniston

#### 0226 35340 28/04/2018 14:14 Seatoller

NY244137

A 70 year old male was reported struggling to breathe on a path close to Seatoller House Guest house in Borrowdale. A team responded with a Land Rover full of team members but was stood down almost immediately when he called in to say he'd managed to reach safety. Keswick (8 x 0hr 1 min)

#### 0227 35341 29/04/2018 13:28 **Heron Pike**

NY355080

Male slipped and sustained a knee injury. Treated initially by team member and evac by air ambulance.

Langdale Ambleside (12 x 2hr 0 min)

#### 0228 35342 30/04/2018 15:37 Lower Kern Knotts. Wasdale.

NY214094

Walker stumbled and fell suffering severe head injuries. Treated and airlifted to Preston Hospital. Wasdale (22 x 3hr 19 min): Gt North Ambulance Helicopter (Cumbria): Prestwick SAR Helicopter

## May

#### 0229 35343 01/05/2018 16:56 Broad Crag, Wasdale

NY215074

Three lost walkers. Located by team member at Burnthwaite having walked off.

Wasdale (3 x 3hr 0 min)

#### 0230 35344 01/05/2018 18:20 Gable area

NY172116

Wasdale. Cockermouth and Keswick MR teams were called to search for a missing 36 year old male fell runner who had become separated from his partner whilst attempting to run legs 3 and 4 of the Bob Graham Round.

### Keswick (22 x 8hr 40 min): Wasdale: Cockermouth

0231 35345 02/05/2018 13:57 Great Gable

2 walkers lost on Great gable - SARLOC located top of little Hellgate and talked off.

Wasdale

#### 0232 35346 02/05/2018 14:50 **Stythwaite Steps**

NY321089

Slip on rough ground. Male sustained suspected ankle fracture.

Langdale Ambleside (10 x 2hr 0 min)

#### 0233 35347 04/05/2018 14:44 Stone Arthur, Grasmere

NY348090

Male slipped on steep ground. Sustained lower leg fracture.

Langdale Ambleside (10 x 4hr 0 min)

#### 0234 35348 04/05/2018 18:52 Scafell Pike

2 x females on ziz zags Scafell Pike - no energy - talked down.

With assistance from a passing member of the public they did make it down under their own steam in the end without the team needing to deploy.

Wasdale

#### 0235 35349 04/05/2018 21:08 Esk Pike

Male craofast north side Esk Pike. A young male spent the night out on Esk Pike. He was located by with the SARLOC tool and team members treated him for the effects of cold before he was evacuated to Keswick by helicopter. We were assisted by Duddon and Furness and Keswick MRT and a helicopter from Prestwick

Langdale Ambleside; Duddon and Furness; Keswick; MCA helicopter from Prestwick

#### 0236 35350 05/05/2018 12:52 Huntingstiles, Gt. Langdale

NY335058

Woman slipped on muddy ground and sustained suspected ankle fracture.

Langdale Ambleside (17 x 2hr 0 min)

### 0237 35351 05/05/2018 13:09

Crummock Water, below Melbreak

NY153188

Slip. No further details.

Cockermouth (17 x 2hr 0 min)

#### 0238 35352 05/05/2018 17:39 **Nab Scar**

NY3598806896

Male taken ill. No further details. Langdale Ambleside (17 x 3hr 0 min)

#### 0239 35353 06/05/2018 09:51 Nab Scar

NY360069

Man taken ill. Treated by team members and evac by air ambulance.

Langdale Ambleside (15 x 2hr 0 min): Gt North Ambulance Helicopter (Cumbria)

#### 0240 35354 06/05/2018 11:40 Fat Man's Agony, Side Pike, Gt. Langdale

NY291048

Woman slipped and fell from ledge while trying to make room for another group to pass. Fell about 8 metres. Sustained serious multiple injuries. Airlifted to Preston Hospital.

Langdale Ambleside (17 x 2hr 30 min); Gt North Ambulance Helicopter (Cumbria)

#### 0241 35355 06/05/2018 13:28 Stenkrith Park

NY772074

Slip whilst paddling in river. Female with suspected dislocated hip.

Kirkby Stephen (13 x 2hr 30 min)

#### 0242 35356 06/05/2018 23:38 Ennerdale

40 yof failed to turn up at Ennerdale YHA - stopped off in pub. Cockermouth

#### 0243 35357 07/05/2018 13:16 Hallow Bank, Kentmere

NY468063

62 yof slipped injuring ankle. Treated and stretchered to road head from where family transported casualty to hospital. Minor - nr.

Kendal (6 x 3hr 0 min); Langdale Ambleside (5 x 3hr 0 min)

0244 35358 08/05/2018 18:54 Nab Scar

NY356071

Fell runner taken ill on run. Treated and evac by team. Langdale Ambleside (16 x 2hr 0 min)

0245 35359 09/05/2018 16:17 Sprinkling Tarn

NY228091

An experienced walker was reported overdue following a night planned out wild camping by Sprinkling Tarn. His wife raised the alarm after he failed to arrive home on time. Keswick (7 x 2hr 0 min)

0246 35360 10/05/2018 11:15 Black Sail

Mountain biker fell off 600m from Black Sail hut - no one there when they arrived WIFA. A small number of team members went to the reported location but no trace of the biker could be found. Cockermouth

0247 35361 10/05/2018 17:34 Newlands

NY229174

A 60 year male had been descending down through the slate mines between Dale Head and High Spy with his wife. He slipped and injured his ankle and had managed to continue as far as the waterfall and was then unable to carry on.

Keswick (19 x 1hr 8 min)

0248 35362 11/05/2018 16:17 Broadstand, Scafell,

NY209068

Crag fast, lost, inept. Mispers found by team and escorted off hill. Wasdale (12 x 6hr 0 min)

0249 35363 12/05/2018 15:08 Aira Force

72 yof fallen head injury Aira Force.

Patterdale

0250 35364 12/05/2018 15:46 Hart Crag

A man fell whilst walking with his family at Hart Crag. He sustained a head injury. The man was treated on scene and then flown to hospital by the Great North Air Ambulance. Patterdale

0251 35365 13/05/2018 08:33 Hardknott Pass

NY240016

Cyclist lost control when descending pass. Injuries monitored and casualty handed over to ambulance. Serious - concussion non-specific head.

Duddon and Furness (8 x 1hr 19 min)

0252 35366 13/05/2018 15:35 Hardknott Pass

Male rider Fred Whitton cycle event - Head injury descending Hardknott pass. Duddon & Furness

0253 35367 14/05/2018 08:59 Hammerbank, Windermere SD405991

Woman fell from popular viewpoint sustaining nasty arm and shoulder injury. Treated by paramedics, team, air ambulance doctor and evacuated up steep ground.

Langdale Ambleside (12 x 3hr 0 min); NW Ambulance Helicopter (Barton)

0254 35368 14/05/2018 11:42 Elterwater Park

NY335032

Sudden chest pain. Treated & handed over to paramedics. Serious - nr. Coniston (8 x 1hr 15 min)

0255 35369 14/05/2018 11:42 Boothby, Brampton

NY55186277

Subject (F21) slipped while walking along a path and could no longer weight bear. Treated at scene by ambulance crew and stretchered by the team to a waiting land ambulance. Minor - nr. Penrith (8 x 2hr 30 min)

0256 35370 14/05/2018 14:43 Murton Pike

NY732231

Paraglider crashed shortly after take off. Casualty loaded on to air ambulance stretcher and airlifted. Kirkby Stephen (10 x 1hr 45 min)

0257 35371 14/05/2018 19:51 Warnscale, Buttermere

70 yof cragfast Warnscale Bottom 3 km from farm, however the lady had managed to extricate herself and walk down to Gatesgarth Farm.

Cockermouth

0258 35372 15/05/2018 12:54 Brant Fell

SD410962

Assisted NWAS with female with ankle injury.

Langdale Ambleside (12 x 2hr 0 min)

0259 35373 16/05/2018 12:24 Nab Scar, Alcock Tarn

NY352076

Woman slipped on steep ground sustaining painful wrist fracture. Teated by team and evacuated. Langdale Ambleside (13 x 3hr 0 min)

0260 35374 17/05/2018 11:54 Honister Slate Mine

50 yof ankle injury in Honister Slate Mine. Casualty managed to make her own way out of the mine and no further assistance was required from MR.

Cockermouth

0261 35375 18/05/2018 15:09 Broad Stand, Scafell

Male fallen 30ft down Broad Stand - fractured Femur and Tib Fib plus head injury.

Wasdale; GNAA; MCA helicopter from Caernarfon

0262 35376 19/05/2018 11:22 Striding Edge, Helvellyn

A man sustained a broken leg whilst walking Striding Edge. He was treated on scene and was airlifted to hospital by the Coastguard helicopter.

Patterdale

0263 35377 19/05/2018 11:52 Little Scoat Fell

Rockfall Little Scoat Fell to Pillar Ennerdale side - two people mionr injuries

Cockermouth; Coastguard R199

0264 35378 19/05/2018 13:08 Rydal Cave

NY356058

Male fell from mountain bike sustaining suspected fractured femur.

Langdale Ambleside (9 x 2hr 0 min)

0265 35379 19/05/2018 14:13 Blackbeck Tarn, Buttermere

71 yom possible broken ankle between two tarns Haystacks

The casualty was treated at the scene, stretchered to Dubs Hut, then driven to Honister Mine. He was then handed over to a NWAS land ambulance for onward transfer to hospital.

Cockermouth

0266 35380 23/05/2018 19:40 Nether Wasdale

NY118048

Rider fell off push bike. Air Ambulance was on scene but needed help with moving casualty. Casualty carried to air ambulance then taken to Preston MTU.

Wasdale (11 x 3hr 19 min)

0267 35381 24/05/2018 11:25 Force Crag Mine

NY214199

A 79 year old male had been on a National Trust mine tour of Force Crag mine when he started to feel unwell.

Keswick (9 x 1hr 30 min)

0268 35382 25/05/2018 18:05 Winster

SD420916

60 yom fallen and broken tooth after dizzy spell/loss of vision. Stretchered to ambulance. Minor - nr. Kendal ( $20 \times 2 \text{hr} \times 0 \text{ min}$ )

0269 35383 26/05/2018 16:23

55 yom been missing on Skiddaw for 3 hours - turned up safe and well after 8 mins.

Keswick

0270 35384 27/05/2018 12:01 **Grizedale Forest** SD383976

Casualty came off Mountain Bike and fell 10 ft into ditch. CPR done by passing medical pros. Successful. Airlifted to hospital. Serious - nr.

Coniston (10 x 1hr 45 min); NW Ambulance Helicopter (Preston)

0271 35385 27/05/2018 12:40 **Spoony Green Lane** 

NY274429 A 61 year old male came off his bike descending a corner on Spoony Green Lane on the side of

Keswick (6 x 0hr 25 min)

0272 35386 27/05/2018 13:08 Ferry Nab. Bowness SD396958

Requested to assist multi-agency response to fire on board Windermere car ferry. All evacuated uninjured and ferry later recovered to shore. It was out of action for around 5 months. Langdale Ambleside (11 x 1hr 0 min)

0273 35387 27/05/2018 14:28 Stanley Pond Whitehaven NX9750514316

Heat Exhaustion from ultra marathon. Casualty already being seen by First Responder. Had recovered and was given lift to hospital. Minor - nr. Wasdale (12 x 1hr 30 min)

0274 35388 27/05/2018 14:44 Greenhead GhvII. Grasmere NY346083

NY245065

Assisted male with dislocated ankle. Langdale Ambleside (10 x 2hr 0 min)

0275 35389 27/05/2018 15:14 Bowfell

Female fell sustaining head injury that bled profusely. She was treated by team members then evacuated by Coastguard helicopter.

Langdale Ambleside (12 x 5hr 0 min); Prestwick SAR Helicopter

0276 35390 27/05/2018 16:12 St. Bees

45 yom collapsed during race near St Bees - taken to WCH. Wasdale

**Great Lingy Hill** 0277 35391 27/05/2018 17:37

Lost adult with 8 year old child Great Lingy Hill - separated from husband for 2..5 hrs turned up safe. Keswick

0278 35392 27/05/2018 18:00 Mardale Head, Haweswater NY46741083

Subject (M53) slipped while fell running on a recce of the Lakeland 100. Treated at the scene by the team and stretchered to the car park for organisers to arrange transport to hospital. Minor - nr. Penrith (4 x 1hr 0 min)

0279 35393 27/05/2018 20:17 **Great Tower, Windermere** SD393914

11 yom fallen down crag 20 feet. Paramedics on scene. Assisted with transfer to ambulance. Kendal (11 x 2hr 0 min)

0280 35394 28/05/2018 13:32 SD295979 Church Beck. Coniston

Male fell into beck whilst traversing steep craggy bank, treated, leg splinted & stretchered back up to main track. Serious - nr.

Coniston (11 x 2hr 49 min): NW Ambulance Helicopter (Preston)

0281 35395 28/05/2018 18:44 **Great Gable** 

2 adults and I child overdue on climb up Great Gable - turned up safe and well. Keswick

0282 35396 29/05/2018 13:37 Striding Edge, Helvellyn NY35011496

Subject (M) sprained ankle while walking. Treated at scene by Patterdale MRT and stretchered to Helimed 58 at Red Tarn. Minor - nr.

Penrith (11 x 4hr 30 min); Gt North Ambulance Helicopter (Cumbria)

0283 35397 31/05/2018 20:46 **Scafell Pike** 

51 vom overdue following walk down from Scafell Pike - turned up safe and well Wasdale head Inn. Wasdale

0284 35398 01/05/2018 17:02 Jenny's path

37 vom slipped on Jenny's path dislocated ankle fracture - no ambulances available. Wasdale

## June

0285 35399 02/06/2018 17:38 Scafell Pike

A 48 yom reported to be struggling to descend from Scafell Pike and in need of assistance. In the end they made their own way off the fell with assistance from other walkers. Wasdale

0286 35400 02/06/2018 19:09 **Cockshott Point**  SD388955

Assist NWAS with patient with suspected overdose. Patient evacuated.

Langdale Ambleside (10 x 2hr 0 min)

0287 35401 03/06/2018 13:04 **Belt Ash Coppice**  SD388955

Male collapsed on track. Paramedics already on scene. Stretchered to Ambulance. Serious - nr. Coniston (14 x 1hr 55 min)

0288 35402 04/06/2018 20:54 **Orrest Head** 

Chinese tourist lost near Causeway farm - field of cows blocking his way. Langdale Ambleside

0289 35403 05/06/2018 18:29 Rannerdale Knotts

Two walkers discovered an uninjured but unresponsive male on the path up Rannerdale Knotts. Sadly he had passed away, so his body was recovered from the fell. Cockermouth

0290 35404 05/06/2018 18:59 Grasmere. Far Easedale NY366077

Male reported overdue. Located in Grasmere.

Langdale Ambleside (8 x 3hr 30 min)

0291 35405 07/06/2018 13:28 **Ennerdale** 

Female shouting for help above Anglers Craq but got herself off OK. Cockermouth

0292 35406 08/06/2018 20:06 **Beck How. Howaills**  SD633966

50 yom fallen from motorbike in field. Stood down before leaving base. GNAA in attendance and able to access casualty.

Kendal (9 x 0hr 30 min)

0293 35407 09/06/2018 14:21 Hartsop

A couple had become stuck on steep ground above Hoggart Gill, Hartsop. A belay was set up and the couple were secured to a safety line and walked to safety. There were no injuries. Patterdale.

0294 35408 09/06/2018 14:22 Low Pike NY374078

Trip on loose ground. Sustained fracture dislocation to ankle.

Langdale Ambleside (14 x 3hr 30 min); Gt North Ambulance Helicopter (Cumbria)

0295 35409 09/06/2018 14:26 Pudding Stone Bank NY259150

A 40 year old woman competing in a trail race during the Keswick Mountain Festival twisted her knee and was unable to walk.

Keswick (16 x 0hr 25 min)

0296 35410 09/06/2018 18:33 River Eden, Armathwaite

Subject (F30) slipped on roots while walking near River Eden. Treated at scene by the team and moved up vertical river bank with stretcher and rope system. Minor - nr.

Penrith (19 x 3hr 0 min)

Two ladies, one 7 months pregnant, had walked from Seathwaite to Scafell Pike arriving on the summit around 5 pm with plenty of daylight to return. On their descent, the 6 year old husky gave up and would walk no further.

Keswick (13 x 2hr 52 min)

0298 35412 10/06/2018 07:14 Corridor Route, Scafell Pike NY221089

Injured walker. Casualty carried to valley.

Duddon and Furness (18 x 3hr 55 min)

0299 35413 10/06/2018 08:03 Latrigg NY281254

A 34 year man had set off around 6 am from his guest house in Keswick for an early morning walk up Latrigg. He blacked out on the zigzags up to the summit.

Keswick (13 x 1hr 15 min)

0300 35414 12/06/2018 14:48 Saddlestone Quarry, Coniston Old Man SD280981

Female unable to continue descent off Coniston Old Man. Assisted/carried to Land Rover and taken back to her car. Minor - nr.

Coniston (7 x 1hr 8 min)

0301 35415 14/06/2018 00:34 Wasdale

NY146081

NY50724940

Missing walker. Walker found by a dog handler.

Duddon and Furness (12 x 5hr 40 min)

0302 35416 14/06/2018 17:56 Watendlath NY261152

An 18 year old female out walking with fellow students trip and suffered a possible fractured ankle and slight concussion.

Keswick (22 x 1hr 15 min)

0303 35417 16/06/2018 14:45 Nan Bield

Female fell runner suffering hypothermia Nan Bield.

Penrith

0304 35418 17/06/2018 12:45 Bursting Stone Quarry SD282970

Dislocated hip whilst bending down. Given pain relief & stretchered down. Serious - nr.

Coniston (3 x 2hr 0 min)

0305 35419 17/06/2018 13:05 Staveley

Runner in cardiac arrest at Staveley village.

Kendal

0306 35420 17/06/2018 14:31 High Stile, Buttermere

Two walkers on the Coast to Coast route become lost in mist near the summit of High Stile and requested assistance. A successful SARLOC was obtained and a small number of team members went to their location. The walkers were helped down to Gatesgarth, Buttermere.

Cockermouth

0307 35421 18/06/2018 05:05 Torver Common SD279939

Possible food poisoning. evacuated back to team base and transferred to NWAS. Minor - nr. Coniston (11 x 2hr 19 min)

0308 35422 18/06/2018 18:07 Lowca Lane Seaton

12 yom fallen off rope swing 12ft off Lowca Lane Seaton

Cockermouth; NWAS; Cumbria Police; GNAA; Security from the Iggesund.

0309 35423 18/06/2018 20:07 Wasdale Screes

Husband and Wife stuck on Screes boulder field 15 foot above water - slippery rocks. They were evacuated in the team boat back to the pump house.

Wasdale

0310 35424 20/06/2018 19:03 Sourmilk Ghyll, Grasmere

Shouts and screams for help turned out to be 3 sheep.

Langdale Ambleside (9 x 2hr 0 min)

0311 35425 22/06/2018 12:22 Penrith

Potential suicide - CUMPOL needed assistance in locating the person using SARLOC.

Penrith

0312 35426 23/06/2018 14:03 Ashqill Farm, Garriqill

NY75954035

Subject (M63) had fainted but was at bottom of 100 ft embankment with a steep rocky path.

Stretchered from scene to land ambulance. Minor - nr.

Penrith (11 x 3hr 0 min)

0313 35427 23/06/2018 15:29 High Lodore

NY265184

NY313088

A 70 year old woman out walking with a group from a local outdoor centre collapsed and was unresponsive for a short time.

Keswick (11 x 0hr 57 min)

0314 35428 23/06/2018 16:25 Hilton Fell

NY78692354

Walker lost. Misper located using SARLOC.

Kirkby Stephen (11 x 2hr 45 min)

0315 35429 24/06/2018 12:24 Aira Force

Collapsed walker at Aira Force. He was treated on scene and onward care at CIC.

Patterdale

0316 35430 24/06/2018 12:49 Lowther Park forest, Dent

Lowther Park forest back of Dent - boy fallen off bike and hit tree - neck pain - air ambulance to RVI

Wasdale: GNAA

0317 35431 24/06/2018 14:53 Watendlath

male walker has not returned - Jopletty Howe - Watendlath - turned up safe and well.

Keswick

0318 35432 25/06/2018 12:12 Miller Ground, Windermere

SD402985

Requested to assist NWAS to recover a young female with a head injury.

Langdale Ambleside (8 x 2hr 0 min)

0319 35433 25/06/2018 13:42 Allerdale Ramble

NY253158

A 55 year old female fell whilst climbing over a fence by the river Derwent a mile north of Rosthwaite. She had suspected head, shoulder and neck injuries so because of the possible seriousness of her injuries an air ambulance was allocated.

Keswick (18 x 1hr 13 min); GNAA

0320 35434 25/06/2018 14:57 High Cup Nick

NY743261

Walker went off route and became crag fast on steep ground. Belayed off steep ground and walked out.

Kirkby Stephen (14 x 5hr 0 min)

0321 35435 25/06/2018 15:32 Lorton

Reports that a 17-year old male had injured himself in Gasgale Gill, near Lorton. A small party went to assist but his friends managed to walk him out and took him to Keswick Cottage Hospital in their car. Cockermouth

#### 0322 35436 25/06/2018 17:59 Wrvnose Pass

2 persons not returned from Coniston Old Man to Wrynose - turned up safe and well Coniston

#### 0323 35437 26/06/2018 12:33 **Hardknott Fort**

NY218015

Heat related illness. Walked off to road by team and paramedic. Wasdale (11 x 2hr 0 min): Gt North Ambulance Helicopter (Cumbria)

#### 0324 35438 26/06/2018 12:52 Walla Crag

A 66 year old female walking with her husband slipped and suffered a possible dislocation fracture to her right ankle.

Keswick

#### 0325 35439 26/06/2018 15:37 Mardale Head, Haweswater

NY46751122

Subject (M52) suffered from heat stroke while ascending ridge to High Street. Treated at scene with shade and water. Stretchered down to Haweswater and taken to hospital by CG helicopter. Minor - nr. Penrith (16 x 5hr 0 min): Prestwick SAR Helicopter

#### 0326 35440 26/06/2018 15:51 Catbells

50 yof exhausted - medical condition as well -Catbells. On the way down, the lady became exhausted, felt faint and nauseous and could not continue. It was a very hot day (approx 28 degrees).

#### 0327 35441 26/06/2018 20:15 Cathells

NY247209

A 25 year old female was reported to have gone over on her ankle. It was swollen and painful to weight bear on and possibly fractured. Keswick (15 x 0hr 54 min)

### 0328 35442 26/06/2018 20:25

Cockermouth

#### 0329 35443 27/06/2018 13:47 Lingy Bank

Rosthwaite. She suffered a possible fracture dislocation of her left ankle. Keswick (11 x 2hr 23 min)

#### 0330 35444 27/06/2018 13:59 Great Dun Fell, Milburn

NY71653139

Subject (M22) crashed on gravel while trying to turn a corner while descending from Great Dun Fell. Treated at scene and stretchered to air ambulance. Minor - nr. Penrith (9 x 2hr 30 min): Gt North Ambulance Helicopter (Cumbria)

#### 0331 35445 28/06/2018 12:24 Nr Egremont Skate park

NY014108

Slip. Assisted transfer to ambulance. Wasdale (15 x 1hr 30 min)

#### 0332 35446 28/06/2018 15:14 Moment Crag, Grasmere

NY3138610215

Male with leg injury unable to continue. Langdale Ambleside (12 x 3hr 0 min)

#### 0333 35447 28/06/2018 16:41 **Ennerdale**

A personal locator beacon was triggered, belonging to a 70-year old male with known health issues, indicating a location near Tongue. Ennerdale. Team members went to the indicated location, found the casualty some 500m from it, treated him at the scene and transported him to Bowness Knott. Cockermouth

#### 0334 35448 29/06/2018 20:03 Grizedale forest

SD335976

Lost walkers. located and returned to car at High Cross. Coniston (5 x 0hr 55 min)

**Bleaberry Tarn** 

21 vom lost nr Bleaberry Tarn - turned up safe and well at Bridge Hotel Buttermere.

### NY247154

A 71 year old lady walking with friends slipped as she descended from the Allerdale Ramble to

Young male collapsed and unresponsive due to heat illness.

Langdale Ambleside (12 x 3hr 0 min); Gt North Ambulance Helicopter (Cumbria)

0343 35457 04/07/2018 14:54 Maryport

69 yo fallen down embankment mid shaft femur fracture Maryport recreation ground, passed to Cumbria Fire and Rescue, who were able to provide the required support. Cockermouth

#### 0344 35458 04/07/2018 17:06 Barf

NY214267

Two walkers ascending Barf decided to take different routes up after getting to the tricky section at Slape crag. They arranged to meet up at the Swan Hotel at the foot of Barf later in the day. However, one of them (a 70 year old man) failed to turn up. Keswick (20 x 2hr 25 min)

#### 0345 35459 04/07/2018 19:59 Stake Pass

NY264087

Female taken ill. Evacuated by Coastguard helicopter. Langdale Ambleside (14 x 4hr 0 min); Prestwick SAR Helicopter

#### 0346 35460 05/07/2018 08:11 Scafell

NY217073

Fallen climber. Team not required. Duddon and Furness (10 x 3hr 10 min)

32

33

### Unknown We were called by Police about 3 walkers who reported themselves lost from a walk up 'Castle Pike'

from Seathwaite. It wasn't entirely clear where they were but possibilities included Castle Craq and Scafell Pike. The lost walkers made it back to their car under their own steam in the end without us

needing to respond. Wasdale

0336 35450 30/06/2018 12:56 Esk Hause

Trip, fall and severe laceration to knee.

0335 35449 29/06/2018 21:43

Kendal (1 x 1hr 0 min): Langdale Ambleside (11 x 6hr 0 min)

#### 0337 35451 30/06/2018 14:00 Aira Force

50 - 70 vom broken ankle above Aira Force.

Patterdale

#### 0338 35452 30/06/2018 22:17 Scafell Pike

Family of 3 including 11 vof failed to turn up at Scafell Hotel - turned up safe and well at 11.00pm Wasdale

## July

#### 0339 35453 01/07/2018 12:51 Grisedale

70 yom heat stroke 1 mile from the kennels up Grisedale valley. Patterdale

#### 0340 35454 01/07/2018 17:14 **Uldale Valley**

NY049124

NY239080

Walker fell and suffered suspected broken ankle... Casualty located, treated and assisted to hospital by team. Minor - nr.

Wasdale (18 x 3hr 0 min)

#### 0341 35455 01/07/2018 23:50 Penrith area

NY51543027

Male reported missing from Penrith area with intent to self harm. Police requests to Sarloc casualties

Penrith (2 x 0hr 30 min)

#### 0342 35456 03/07/2018 19:01 **Great Rigg**

#### 0347 35461 05/07/2018 19:10 **Havstacks**

A fell-runner was reported overdue by other members of his party, who set off looking for him. It turned out that he had fallen down steep ground near the summit of Haystacks, Buttermere. Unfortunately he did not survive the fall. Team members attended, as did the NWAA and a Coastquard S92 helicopter from Caernarfon. His body was recovered and flown to Gatesgarth Farm. Cockermouth; NWAA; Coastquard S92 from Caernarfon.

#### 0348 35462 06/07/2018 12:11 South Rake Area

SD263975

Went off path & became crag fast, Located & belayed on to the ridge above to safety. Coniston (16 x 3hr 4 min)

#### 0349 35463 07/07/2018 00:44 **Havstacks**

Two walkers (20 yom and f) asked for assistance in the early morning when they became disorientated and cold near the summit of Haystacks. Buttermere, Three team members went to their location with warm clothing and walked them off to the Dubs Hut. Warnscale. Cockermouth

#### 0350 35464 07/07/2018 13:57 Kirkby Stephen

Request from NWAS to SARLOC locate an injured 14 yom fallen off guad bike. Kirkby Stephen

#### 0351 35465 08/07/2018 10:51 Crook o'Lune

SD624958

60 yof fallen and possibly fractured ankle. Treated by NWAS. MRT stretcher to ambulance. Kendal (8 x 2hr 30 min)

#### 0352 35466 08/07/2018 17:00 Stickle GhvII

NY288074

Male fell and sustained a head injury.

Langdale Ambleside (14 x 4hr 0 min); Gt North Ambulance Helicopter (Teeside)

#### 0353 35467 09/07/2018 15:09 **Brant Fell**

SD410962

Female slipped. Ankle fracture. Langdale Ambleside (10 x 2hr 0 min)

### 0354 35468 09/07/2018 16:28

NY236075

**Esk Pike** Male tripped and sustained head injury. Treated by team members and evacuated by Coastquard helicopter.

Langdale Ambleside (12 x 4hr 0 min); Prestwick SAR Helicopter

#### 0355 35469 09/07/2018 20:44 Scafell Pike

We were called by Police about 2 walkers reporting their dog had stopped moving whilst on the final slopes to Scafell Pike from Broad Crag Col. Fortunately they managed to get the dog moving again and made their own way back to Wasdale. Wasdale

#### 0356 35470 10/07/2018 12:45 Loughrigg

NY359045

Young woman suspected dislocated knee.

Langdale Ambleside (10 x 3hr 30 min); NW Ambulance Helicopter (Preston)

#### 0357 35471 10/07/2018 17:53 **Hodge Close**

NY313014

Male jumped into guarry lake. Body retrieved by Police Divers. Fatal - nr.

Coniston (16 x 7hr 30 min)

#### 0358 35472 11/07/2018 11:19 Hause Gate, Catbells

NY247190

A 58 year old man who had fainted during a warm climb up Catbells. Keswick (13 x 1hr 34 min)

#### 0359 35473 12/07/2018 15:34 **Small Water**

NY45160983

Subject (70 yom) tripped and injured ankle. Ankle splinted and stretchered from scene. Kirkby Stephen (8 x 4hr 10 min); Penrith (14 x 6hr 10 min)

### 34

#### 0360 35474 12/07/2018 15:53 **Levers Water**

SD281992

Male walker went over on ankle. Treated & assisted into Land Rover. Minor - nr. Coniston (14 x 1hr 19 min)

#### 0361 35475 13/07/2018 08:59 Sandwick, Ullswater

A woman had fallen injuring her elbow and arm. The lady had been hoping to complete the Ullswater Way with a friend and had fallen on the Lake Shore path just before Sandwick. Patterdale

#### 0362 35476 13/07/2018 16:28 Helvellyn

A 69 yom walker was reported as overdue. He turned up safe and well. Patterdale

#### 0363 35477 13/07/2018 22:35 Seathwaite Fell

WIFA shouts and lights on Seathwaite Fell

Keswick

#### 0364 35478 14/07/2018 11:54 Aira Force

30 yof fallen Aira Force - poked in eye with pole and having seizure. Patterdale

#### 0365 35479 14/07/2018 12:43 Hole-in-the-wall. Helvellyn

NY363154

51 yom with chest pains. Team deployed onto hill to assist with evacuation from hill. Casualty winched from scene by CG.

Penrith (9 x 1hr 0 min)

#### 0366 35480 14/07/2018 13:49 Whinlatter south Loop

NY214241

A 20 year old male came off his mountain bike at speed suffering a suspected fracture of the femur. Keswick (19 x 1hr 30 min)

#### 0367 35481 14/07/2018 14:08 Hole-in-the-wall, Helvellyn

A man with an injured knee. Whilst on route from the Hole in the Wall to Striding Edge the man met a passing first aider who gave him a plaster and he was able to continue!!!! Patterdale

#### 0368 35482 14/07/2018 17:06 Linamell

NY211075

Injured walker. Casualty carried to Brackenclose.

Duddon and Furness (9 x 4hr 19 min)

#### 0369 35483 14/07/2018 22:29 Scafell Pike

2 walkers reporting themselves lost on the Scafell Plke path. They soon bumped into other walkers on the 3 peaks and made their own way off without team assistance. Wasdale

### 0370 35484 15/07/2018 00:42

A runner attempting the Joss Navlor Challenge, fell from the ridge between Steeple and Scoat Fell during the night. Fatal.

Cockermouth; Coastguard AW189

#### 0371 35485 15/07/2018 13:04 **Barrow Door**

NY217215

The team were called to a lady below Barrow Door who had slipped on the descent path and heard a crack from her ankle.

Keswick (20 x 1hr 37 min)

#### 0372 35486 17/07/2018 08:08 Cross Fell

Female lost on Cross Fell above Appleby.

Penrith

#### 0373 35487 17/07/2018 23:31 Alcock Tarn. Grasmere

59 yom failed to return home after walking Alcock tarn - no response to SARLOC - event closed Langdale Ambleside

#### 0374 35488 18/07/2018 16:23 Wrav Crag. Kentmere

NY474053

63 vom tumble on craggy ground sustaining injuries to collarbone, face/head. Pain relief given and casualty able to walk to vehicle for transfer to road. Kendal (9 x 2hr 30 min)

### 0375 35489 18/07/2018 19:12

30 vof with two young children 8&6 stuck 20m from the lodge Nitting Haws, Hollow Farm. Keswick

#### 0376 35490 19/07/2018 11:37 Swarthbeck Gill

23 yom fell 3m to Swarthbeck Gill suspect broken ankle. Patterdale

#### 0377 35491 19/07/2018 11:52 Honister

Reports of shouts for help near the via ferrata at Honister mine were received. It was found that the person shouting for help had sorted themself out and left the scene. Cockermouth

#### 0378 35492 20/07/2018 23:03 Warwick Bridge

NY47235658

50 year old male intent on self harm missing from home. Search of 1 km radius from PLS - including water - person located outside of area on following day. Kirkby Stephen (8 x 3hr 30 min); Penrith (14 x 6hr 0 min)

#### 0379 35493 21/07/2018 16:00 Halls Fell Ridge

NY323272

A 32 year old male walked up Blencathra and while descending from the summit along Hall's Fell Ridge, he became crag fast having left the main ridge line. He had no injuries but was unable to continue.

Keswick (11 x 1hr 34 min)

#### 0380 35494 21/07/2018 17:06 Old Coach road, Dockray

Assisting in retrieving a sheep dog from a ledge on Wolf Crags. The animal had become stuck a couple of days earlier whilst gathering on the broken ground above the old coach road between Dockray to Threlkeld. It was brought down and reunited with its' owners. Patterdale

#### 0381 35495 21/07/2018 18:32 **Great Dun Fell**

A cyclist had crashed at speed descending the Great Dunn Fell road after hitting a sheep. The casualty was with a friend who stabilised him. The Great North Air Ambulance evacuated the casualty. We have no information on the sheep! Penrith

#### 0382 35496 23/07/2018 17:37 **Crummock Water**

38 & 36 YOM walking around Crummock - overdue - turned up OK Cockermouth

#### 0383 35497 24/07/2018 16:08 **Burnmoor Tarn**

10 vom missing between Boot and Burnmoor tarn - turned up safe and well. Wasdale

#### 0384 35498 25/07/2018 12:34 High Stile, Buttermere

A 65-year old female fell near the summit of High Stile, Buttermere, injuring her head and fingers. She was assisted back to Buttermere. Cockermouth

#### 0385 35499 25/07/2018 16:18 Stv Head

NY218095

A 62 year old lady had fallen near Sty Head stretcher box and had suffered a possible broken wrist and injured knee.

Keswick (17 x 2hr 31 min)

#### 0386 35500 26/07/2018 12:02 Keswick railway path

NY293247

A 30 year old female suffered a laceration to her leg whilst crossing a fence near the old railway line between Threlkeld and Keswick. Keswick (10 x 1hr 19 min)

#### 0387 35501 26/07/2018 12:46 **Smardale**

NY724066

Heart condition. Transferred to NWAS road ambulance.

Kirkby Stephen (15 x 1hr 30 min)

#### 0388 35502 26/07/2018 13:40 Crummock

65 vof fallen off wall Crummock to Scale HIII.

Cockermouth

#### 0389 35503 26/07/2018 14:28 Striding Edge, Helvellyn

Male fallen off Striding edge down nethermost side - pronounced dead on scene by Air Ambulance. Patterdale

#### 0390 35504 27/07/2018 11:49 **Broad stand**

NY209068

Tumble Fall. Casualty treated by MRT before winched onboard rescue 199 and flown to Furness General Hospital.

### Wasdale (14 x 6hr 0 min); Prestwick SAR Helicopter

0391 35505 27/07/2018 13:07 Scafell Pike NY201072

Children separated from parents. Lost children reunited with family before team were on the hill.

Wasdale (14 x 0hr 43 min)

#### 0392 35506 27/07/2018 13:52 Halls Fell Ridge, Blencathra

NY325247

On descent from the summit of Blencathra down Halls Fell a walker lost the path on steep ground and ended up in a deep gully unable to go up or down. The walker was located using SARLOC and advised to traverse back towards Halls Fell ridge.

Keswick (6 x 2hr 7 min)

#### 0393 35507 28/07/2018 08:26 Craggy Woods, Staveley

SD477984

Vulnerable 28 yof reported missing and car parked at entrance to woods. Found safe by police. Team stood down on route.

Kendal (12 x 1hr 0 min)

#### 0394 35508 28/07/2018 11:38 Sharp Edge

NY326283

Two lads decided it was a good idea to try Sharp Edge on this blustery and relatively cold day with heavy showers passing through. Their initial adventure went fine until the steeper upper part of the ridge where one of the lads became crag fast on steep ground.

Keswick (7 x 3hr 0 min)

#### 0395 35509 28/07/2018 13:50 Angle Tarn. Patterdale

A 17 year old male had been blown over in very strong wind. He had sustained a suspected hip injury and was getting extremely cold in the prevailing conditions. A Coastguard helicopter was called for assistance. On arrival at scene the Team were confronted with three further members of the group with the early onset of mild Hypothermia.

Patterdale: MCA Helicopter

#### 0396 35510 28/07/2018 14:57 **Great Dunn Fell**

NY7111932081

Existing medical condition caused casualty to be unable to go further. Team assisted casualty from

Penrith (9 x 2hr 0 min)

### 0397 35511 28/07/2018 15:12 Three Tarns. Bowfell NY249060

A young male was unable to continue after suffering a hip injury. He was treated by team members and evacuated by stretcher.

Langdale Ambleside (10 x 4hr 30 min); Kendal (1 x 4hr 30 min)

### 0398 35512 28/07/2018 16:29 Pillar Rock

Male shouting for help Pillar Rock - Cragfast on West Waterfall gully on a ledge - roped off and walked down.

Cockermouth

### 0401 35515 30/07/2018 16:02 Jack's Rake, Pavey Ark

Family and dog crag fast on Jack's Rake in poor weather. Recovered to the top. Langdale Ambleside

### 0402 35516 30/07/2018 16:24 High Spy

NY245167

A father and son were caught out in heavy rain and poor visibility whilst walking from Maiden Moor to High Spy. They decided to descend to Borrowdale on the path via Nitting Haws. Due to the conditions they lost the path and ended up stuck. Keswick (4 x 1hr 30 min)

### 0403 35517 30/07/2018 18:36 Kidsty Pike

NY4521812621

2 walkers on C2C got lost in mist near summit of Kidsty Pike - no injuries. Deputy Leaders advised them on navigation and met them on the footpath near Haweswater . Penrith (2 x 4hr 30 min)

### 0404 35518 30/07/2018 19:01 Old Man of Coniston

34 yom fell runner lost and missing - turned up OK. Coniston

### 0405 35519 31/07/2018 00:01 Kentmere

NY461041

Call made by 4 male walkers reporting themselves lost. No further contact possible. Party found safe and well walking themselves back to accommodation. Kendal (5 x 6hr 30 min)

### 0406 35520 31/07/2018 18:47 Ravenglass

Group lost on marsh land - west of Ravenglass 2 elderly parent + dad female plus children request help with directions - have a map - facing river Esk barbed wire fence - then found a path. Wasdale

### 0407 35521 31/07/2018 21:26 Derwent Island, Derwentwater

3 month old baby fallen from bed with head injury - on Derwent Island - gardener gone home with boathouse keys - team boat mobilised - 2 PCs taken to island by boat. Keswick

## **August**

### 0400 35514 30/08/2018 10:55 Loughrigg

47 yom broken leg above Grasmere, Loughrigg fell. Langdale Ambleside

### 0408 35522 01/08/2018 07:56 Scafell Pike

Walking group reporting themselves lost whilst walking on Scafell Pike. With help from 'PhoneFind' they were located near to Broad Crag Col and then given some directions to make their own way off the fell.

Wasdale

### 0409 35523 01/08/2018 16:44 Smardale

50 yof broken ankle Smardale nature reserve Kirkby Stephen

### 0410 35524 02/08/2018 09:07 Mosedale Cottage

NY4949509530

Police called as aggressive shouting heard in vicinity of Mosedale cottage. MRT commenced search of area accompanied by Police Officers - nothing found - good intent.

Penrith (4 x 5hr 30 min)

### 0411 35525 02/08/2018 17:26 Armathwaite

NY5054545199

Casualty fell down embankment (approx. 30m).

Penrith (10 x 3hr 30 min)

### 0412 35526 02/08/2018 18:16 Carrock Fell

NY349337

A father and son attempted to walk a direct route up the steep front face (bracken and scree) of Carrock Fell above the road and became crag fast.

Keswick (13 x 2hr 12 min)

### 0413 35527 02/08/2018 18:26 Helvellyn

A family reported themselves as lost on Helvellyn. They made their own way back to the valley. Patterdale

### 0414 35528 02/08/2018 18:32 Pennine Way, Alston

NY7218638153

Family Lost in mist. Talked family down via telephone.

Penrith (2 x 0hr 30 min)

### 0415 35529 03/08/2018 12:19 Dale Head Park

SD356930

Female slipped on wet ground. assessed, treated, and driven to road where ambulance waiting. Serious - nr.

Coniston (14 x 2hr 0 min)

### 0416 35530 04/08/2018 14:38 Gummers Howe

SD389882

65 YOM fallen about 2 metres injuring lower leg. Pain relief given and stretchered to road. Minor - nr. Kendal (8 x 2hr 25 min)

### 0417 35531 05/08/2018 17:53 Hazel Farm, Ulpha

SD197942

Cow fallen into ravine. Cow recovered into a field.

Duddon and Furness (14 x 6hr 0 min)

### 0418 35532 05/08/2018 18:11 Derwentwater

NY259227

2 paddle boarders were reported to be in difficulty due to the windy conditions. The fire service were dealing with the incident in the first instance but asked for MR to be on standby. Keswick  $(6 \times 0 \text{hr } 40 \text{ min})$ 

### 0419 35533 05/08/2018 19:25 Ullswater

A boy was rescued from the shore of Ullswater after jumping into the lake and aggravating a previous fracture of his leg.

Patterdale

### 0420 35534 06/08/2018 10:16 Derwentwater

2 x paddle boarders in trouble Isthmus bay - CFRS dealt with it but put Keswick on standby. Keswick

### 0421 35535 06/08/2018 20:42 Scafell

Overdue walker after climbing Scafell - turned up safe and well Keswick

#### 0422 35536 07/08/2018 22:34 **High Stile**

3 adults and 4 yr old child failed to return to Buttermere car park - found safe and well on mountain. Cockermouth

#### 0423 35537 08/08/2018 14:49 **Nitting Hawes**

NY245169

A 69 year old man was descending High Spy via Nitting Haws towards Grange. He was following the path marked on the OS map but this involves some difficult ground. Unfortunately he took a tumble and was left with a deep cut to the forehead, pain in his rib. Serious - nr. Keswick (10 x 1hr 52 min)

#### 0424 35538 09/08/2018 12:05 **Bramcrag Quarry**

Stranded sheep - Bramcrag Quarry Keswick

### 0425 35539 09/08/2018 13:11

NY216266

A group of 6 experienced walkers were crag fast but uninjured at the bottom of Slape Crag on Barf (a rescue hotspot). A small team was mobilised who were able to assist the group out of the difficult around.

Keswick (5 x 1hr 45 min)

#### 0426 35540 09/08/2018 14:09 Nitting Hawes

NY244168

A 62 year old man was descending High Spy via Nitting Haws but fell 5m onto rocks resulting in suspected broken ribs, and a painful knee. The team paramedic provided pain relief but due to the severity of the injury a Coastquard helicopter was requested. Serious - nr. Keswick (15 x 3hr 0 min); Prestwick SAR Helicopter

#### 0427 35541 10/08/2018 14:36 **Boredale Hause**

42 yom compound fracture right lower limb - fallen off mountain Bike Boredale Hause. Patterdale

#### 0428 35542 10/08/2018 15:23 Stanger Gill

Red flare seen above Stanger Gill - two team members searched the gill - nothing found WIFA Keswick

#### 0429 35543 10/08/2018 18:43 Mosedale Cottage

NY493094

53 yof fallen from MTB sustaining lower leg injury. Casualty able to hobble with support, bandage and analgesia. Minor - fracture/dislocation right ankle. Kendal (12 x 4hr 25 min)

#### 0430 35544 11/08/2018 14:20 Wansfell

Female who has suffered miscarriages 999 call and on Wansfell but unsure of exact location - request for SARLOC - base manned spoken to female but declined help as in taxi. Langdale Ambleside

#### 0431 35545 11/08/2018 18:22 Howtown, Ullswater

A man sustained a head injury whilst walking with family members along the lake shore path. He was transported by boat to his car for onward transport to hospital. Patterdale

#### 0432 35546 11/08/2018 22:03 Piers Gill area

NY21170816

Lost walker. Located walker and escorted off the hill.

Wasdale (11 x 7hr 10 min)

#### 0433 35547 11/08/2018 22:44 **Broad Crag**

NY21990765

Lost walkers. Located walkers and escorted off the hill.

Wasdale (11 x 7hr 10 min)

#### 0434 35548 12/08/2018 08:33 **Hard Tarn**

Two young men from London who were wild camping at Hard Tarn. They awoke to find themselves in thick mist and were unsure how to navigate back down to the valley safely. Team members went to locate them and then escort them safely off the mountain. Patterdale

#### 0435 35549 12/08/2018 14:00 Greenup GhvII

NY283113

A 55 year old man injured his back after slipping on the steep rocky path next to Lining Crag. A Coastguard helicopter was on exercise in Wasdale at the time but was redeployed to assist. Serious -

Keswick (8 x 3hr 0 min): Prestwick SAR Helicopter

#### 0436 35550 12/08/2018 14:12 Footpath to Grisedale Tarn

NY3539512880

Casualty slipped on wet rock and dislocated shoulder. Casualty evacuated to ambulance Patterdale (5 x 2hr 30 min); Penrith (13 x 2hr 30 min)

#### 0437 35551 12/08/2018 14:58 Swirral Edge, Helvellyn

12 vom with family fallen 20 foot down from Swirral edge

Patterdale.

#### 0438 35552 13/08/2018 11:22 Orton Fell - Dubbs Monument area NY6078410835

Unexploded shell reported found by member of public who had since gone home after finishing C2C. Search of area found lots of exploded ordnance but no unexploded shells - good intent. Penrith (6 x 5hr 30 min)

#### 0439 35553 13/08/2018 15:35 Keswick

High risk suicidal - search Springs Road Keswick - but now on his way home to Workington. Keswick

#### 0440 35554 13/08/2018 22:07 **High Pike**

Lost lone female High Pike - talked off

Keswick

#### 0441 35555 14/08/2018 14:58 Ullswater

70 yom east side Ullswater sick and potential heart attack Patterdale

#### 0442 35556 14/08/2018 19:26 **Gummers Howe**

SD388886

80 yom descended in wrong direction and unable to re-ascend or descend further on steep, densely bracken covered slope. Located by SARLOC and search dog and assisted back to the path and the car park where he was met by daughter. Kendal (13 x 3hr 0 min)

#### 0443 35557 15/08/2018 00:44 Little Langdale

NY298032

Walker overdue. Walker made contact.

Langdale Ambleside: Duddon and Furness (11 x 1hr 4 min)

#### 0444 35558 15/08/2018 15:41 River Eden

Body recovery at Colby Laithes. 45 yo missing person located on banks of river Eden. Kirkby Stephen

#### 0445 35559 16/08/2018 16:00 Longsleddale

90 yof facial injuries Sadgill. Cumpol requesting assistance in a remote location in Longsleddale.

#### 0446 35560 16/08/2018 16:25 Fairfield

2 x walkers lost on Fairfield.

Langdale Ambleside

#### 0447 35561 16/08/2018 20:27 **Green Gable**

walkers not returned from Green Gable to Seathwaite - turned up late but safe and well Keswick

#### 0448 35562 17/08/2018 13:59 **Below Low Water**

SD274980

Female slipped on wet path. Stretchered to vehicles & anded over to paramedics. Serious - nr. Coniston (9 x 2hr 30 min)

#### 0449 35563 17/08/2018 14:50 Scafell Pike

38 yom with severe cramp struggling to make their way down off Scafell Pike due to severe cramp. In the end the cramp improved and they made their own way off without team assistance. Wasdale

#### 0450 35564 17/08/2018 15:14 Three Tarns, Langdale

NY248060

Male with reported ankle injury. Turned around on route when met casualty and found him able to walk, just lost.

Langdale Ambleside: Kendal (5 x 0hr 46 min)

#### 0451 35565 17/08/2018 17:51 River Lune, Downstream of Lincoln's Inn Bridge SD626917

25 yom dislocated shoulder in kayaking capsize. Pain relief and sling given and subject walked to team vehicle for transfer to land ambulance at road. Minor - nr. Kendal (11 x 3hr 10 min)

#### 0452 35566 18/08/2018 12:38 **Linamell Gill**

NY195074

Trip on path, Casualty treated by MRT and flown to hospital by R199. Serious - nr. Wasdale (17 x 3hr 30 min): Prestwick SAR Helicopter

#### 0453 35567 18/08/2018 14:32 Whinlatter

NY214250

A 14 year old youth had a fall from his mountain bike on north red route of the Whinlatter bike trails hitting his shoulder and grazing his face. Serious - nr. Keswick (10 x 1hr 10 min)

#### 0454 35568 18/08/2018 17:31 **Cold Pike**

NY250060

Couple reported themselves lost on Cold Pike. They were located at Hell Ghyll. Langdale Ambleside (10 x 3hr 0 min)

#### 0455 35569 18/08/2018 20:43 Scafell

Wife and 2 others reported missing walking Scafell Pike from Slightside. Made their own way down. Wasdale

#### 0456 35570 19/08/2018 01:05 Scafell Pike

A party of 7 reported themselves lost descending Scafell Pike. The team leader used PhoneFind to determine their location and gave them instructions to make their way off the hill. Then monitored them as they made their way down. Wasdale

#### 0457 35571 19/08/2018 04:09 Priest Hole, Patterdale

NY374104

Party of 4 failed to find Priest Hole.

Patterdale; Langdale Ambleside (10 x 3hr 0 min)

#### 0458 35572 19/08/2018 06:42 **Borrowdale**

20 yom + 20 yof camping but exit blocked by flood water - nr Castle Crag - RIB evacuation. Keswick

#### 0459 35573 19/08/2018 06:56 Scafell Pike

35 yom dislocated shoulder on descent from Scafell Pike - self rescued. Wasdale

#### 0460 35574 19/08/2018 11:13 Sour Milk GhvII. Grasmere

NY310104

Woman slipped on damp path, Fractured tibia.

Langdale Ambleside (9 x 2hr 0 min)

#### 0461 35575 19/08/2018 19:22 **Borrowdale**

NWAS requested support from the team to stretcher a 58 year old male from the lakeshore to a nearby ambulance. The man had stepped off a foot bridge and turned his foot leaving it very swollen and unable to bear any weight. Keswick

#### 0462 35576 19/08/2018 21:21 Pavev Ark

NY283080

Family benighted. Poorly equipped. Located and airlifted off. Langdale Ambleside (13 x 3hr 0 min); Prestwick SAR Helicopter

#### 0463 35577 19/08/2018 21:34 Dove Craq

Reports of flashing light in the vicinity of Dove / Hart Crag. After investigation it was concluded they was coming for people camping high on the fell. Patterdale

#### 0464 35578 20/08/2018 12:40 Castle Crag

Two dogs fell around 30ft off a crag on Castle Crag. One made it's own way down to the path despite it's injuries. The other decided to follow over the cliff but came to rest at the foot of the crag with a suspected broken leg. Both dogs were placed on the stretcher and carried down. Keswick

#### 0465 35579 20/08/2018 14:18 Tarn Hows

SD323997

Female slipped on damp ground. Given pain relief, stretchered to car park & handed over to paramedics. Serious - nr. Coniston (14 x 1hr 45 min)

#### 0466 35580 20/08/2018 16:06 **Hardknott Pass**

19 vom fallen off bike on Hardknott Pass - knee injury. Cockermouth

#### 0467 35581 20/08/2018 16:51 Long Top, Crinkle Crags

NY246050

Couple lost in fog. Located by enhanced location system on mobile network and talked down. Langdale Ambleside (3 x 6hr 0 min)

#### 0468 35582 20/08/2018 17:19 Three Tarns

NY249060

Female slipped on path. Ankle injury. Treated and evacuated.

Langdale Ambleside (10 x 3hr 0 min): Community Rescue Service (9 x 3hr 0 min)

#### 0469 35583 20/08/2018 19:08 Park Head Road

SD221942

Walker fell and injured ankle. Casualty transported to ambulance. Serious - simple closed fracture right ankle.

Duddon and Furness (26 x 3hr 45 min)

#### 0470 35584 20/08/2018 19:55 Helm Crag. Grasmere

NY327085

Young male with medical issues failed to return from walk. Located as search was being organised. Langdale Ambleside (5 x 2hr 0 min)

#### 0471 35585 21/08/2018 17:01 Angle Tarn, Patterdale

A woman was rescued following an ankle injury at Angle Tarn. Patterdale

#### 0472 35586 22/08/2018 15:22 Bowmanstead, Coniston

SD299967

Slipped in garden. Paramedics already in attendance. Carried to ambulance. Serious - nr. Coniston (12 x 0hr 46 min)

#### 0473 35587 23/08/2018 18:52 **Great Gable**

NY212104

Party of 2 reported overdue from a walk up Great Gable. A search was mounted but in the end the missing people were located in their tent at Seatoller. Wasdale (16 x 5hr 0 min)

#### 0474 35588 24/08/2018 19:59 Great Dodd. Thirlmere

Fatigued group of 7 x 17 vofs - Great Dodd - have camping equipment so left to own devices. Keswick

#### 0475 35589 25/08/2018 14:06 Spicka Coppice, Outgate

NY360002

Cyclist injured leg whilst riding bike. Splinted & stretchered to ambulance on roadside. Serious - nr. Coniston (16 x 1hr 30 min)

#### 0476 35590 25/08/2018 19:17 NY474009 High House Farm, Staveley

50 yom deceased in field, ambulance unable to access. Stretchered off & transferred to undertakers. Kendal (12 x 2hr 0 min)

#### 0477 35591 25/08/2018 21:53 Scafell Pike

3 x lads in early thirties climbing Scafell Pike - turned up safe and well **Duddon & Furness** 

#### 0478 35592 26/08/2018 14:04 The Screes, Wasdale,

NY162055

Walker struck by falling boulder on screes. Casualty treated and taken by team to ambulance. Serious

Wasdale (14 x 4hr 19 min)

#### 0479 35593 26/08/2018 14:25 Red Pike. Scoat Fell

A fell runner reported themself lost whilst on a run around Red Pike and Scoat Fell. The runner then established their own position and descended in Ennerdale without the need for team involvement. Wasdale

#### 0480 35594 26/08/2018 15:07 **Wasdale Screes**

25 yof ankle injury on Screes path - boulders came down off the scree - used boat to evacuate. Wasdale

#### 0481 35595 28/08/2018 01:28 **Sprinkling Tarn**

Called out early in the morning to a 55 year old man camping at Sprinkling Tarn with his two sons. He tripped while under the influence, near the tarn during the night suffering a fracture to his lower left leg. He was assessed and given analgesia and splinted and then carried down. Keswick

#### 0482 35596 28/08/2018 12:55 **Causey Pike**

41 yof broken ankle Stonycroft below Causey Pike. Cockermouth

#### 0483 35597 29/08/2018 13:07 **Broad Stand**

NY210068

Fall. Fatality and two crag fast rescued from Broad Stand.

Wasdale (12 x 5hr 0 min); Gt North Ambulance Helicopter (Cumbria); Caernarfon SAR Helicopter

#### 0484 35598 30/08/2018 13:27 **Broad Stand**

NY2102306805

Craq fast. Roped off by team members.

Wasdale (15 x 5hr 0 min)

#### 0485 35599 30/08/2018 15:33 Greta Gill Gully, Scafell Pike

A walker slipped off the Corridor Route and had fallen down a gully sustaining a broken wrist and other injuries. The casualty was first helped by a passing doctor. MCA helicopter from Caernarfon was in the area and winched the casualty aboard for the journey to hospital. Wasdale

#### 0486 35600 30/08/2018 18:47 Strawberry Gill

Split up from rest of party. Walked off by Keswick.

Keswick; Cockermouth; Wasdale (6 x 0hr 30 min)

#### 0487 35601 31/08/2018 17:10 Striding Edge, Helvellyn

Reports of an Alsatian on Striding Edge close to the bad step, and concerns for the whereabouts of its owner. The Alsatian was recovered but there was no sign of it's owner. Patterdale

#### 0488 35602 31/08/2018 20:09 **Scafell Pike**

Overdue walkers on Scafell Pike turned up safe and well Wasdale

## September

#### 0490 35604 01/09/2018 17:36 Grisedale

Reports of three people who were reported lost after ascending Helvellyn. After speaking with the informant the party had taken a wrong turn at Grisedale Tarn and descended into Grisedale. Patterdale

#### 0491 35605 01/09/2018 20:28 **Burnmoor Tarn**

A walker reported overdue from a walk towards Burnmoor Tarn (and presumably onto Scafell) from Boot. They ended up making their own way off the fell, the walk talking a bit longer than originally anticipated. Wasdale

#### 0492 35606 02/09/2018 12:17 Black Beck Tarn, Havstacks

56 vof lost in mist on Havstacks - located Black Beck Tarn. Cockermouth

#### 0493 35607 02/09/2018 13:53 Stockley Bridge, Borrowdale

60 yof injury to leg following fall at Stockley Bridge. Keswick

#### 0494 35608 02/09/2018 15:04 Flour GhvII. Far Easedale

NY291105

NY233133

Woman slipped on very wet ground sustaining a suspect fracture to her tibia and fibula. Duddon and Furness (8 x 4hr 0 min): Langdale Ambleside (11 x 6hr 0 min)

#### 0495 35609 02/09/2018 17:11 Watendlath Tarn

64 yom with suspect broken leg at Watendlath Tarn Keswick

#### 0496 35610 04/09/2018 12:43 Levers water

SD282991

Casualty slipped on loose rock descending, evacuated and transferred to NWAS. Serious - nr. Coniston (6 x 1hr 19 min)

#### 0497 35611 04/09/2018 17:30 **Wasdale Screes**

Two walkers had become stuck on the Wasdale Screes having ascended above the nominal line of the path in an effort to find easier ground. They were located using PhoneFind then a party went on the screes to help them off. Wasdale

#### 0498 35612 07/09/2018 13:31 Spout Craq

NY3550213321

Casualty slipped and fell injuring ankle. Patterdale (8 x 3hr 0 min); Penrith (11 x 3hr 0 min)

0499 35613 08/09/2018 11:39 Holker Bank

Rider fell from horse. Team not required. Serious - nr.

Duddon and Furness (13 x 0hr 19 min)

0500 35614 08/09/2018 12:15 Hart Craq

A dog appeared to be crag fast on Hart Crag. The dog made its way off the crag.

Patterdale

0501 35615 10/09/2018 12:09 Rigg, Eskdale

SD156994

SD361772

Shouts for help reported. Nothing found.

Wasdale (14 x 4hr 0 min)

0502 35616 10/09/2018 17:05 Round How

NY218083

Inability to navigate. Guidance by phone. PhoneFind locations obtained. Limited callout to search for them. Mispers located while they were walking down and walked to Wasdale Head. Wasdale (8 x 4hr 30 min)

0503 35617 10/09/2018 20:59 Piers Gill

NY213084

Missing walker. Walker not found.

Cockermouth; Duddon and Furness (17 x 6hr 10 min)

0504 35618 11/09/2018 15:34 Blacksail Youth Hostel

Whilst returning from Wasdale, a request was received to collect a 42-year old female with badly blistered feet from Black Sail Youth Hostel, Ennerdale.

Cockermouth

0505 35619 11/09/2018 19:51 Corridor Route

45 yom - Australian missing - last seen on Corridor Route - turned up safe and week at Seathwaite. Keswick

0506 35620 12/09/2018 15:54 Borrowdale in Shap NY588011

79 yom dislocated hip tying shoelace (hip replacement). Very painful, unable to walk. Gave pain relief and transferred to team vehicle for transport down track to land ambulance.

Kendal (11 x 2hr 40 min)

0507 35621 12/09/2018 22:21 Angle Tarn Pikes, Patterdale

A 21year old female who had fallen 5m while scrambling on Angle Tarn Pikes above Ullswater. She was assessed for a suspected back injury and dislocated ankle.

Patterdale; Coastguard helicopter

0508 35622 13/09/2018 18:08 Ennerdale

2 persons lost in Ennerdale - found the path all OK

Cockermouth

0509 35623 14/09/2018 12:19 Kents Bank

SD394750

39 yof remote property possible overdose, NWAS inaccessible, stood down as crisis team attended. Kendal (10 x 1hr 37 min)

0510 35624 14/09/2018 19:19 Whiteless Breast, Newlands

Reports of a party signalling that they needed help below Whiteless Breast, Newlands.

Cockermouth

0511 35625 15/09/2018 16:13 Crinkle Crags, Gt. Langdale

2 walkers lost on Crinkle Crags - talked off

Langdale Ambleside

0512 35626 15/09/2018 17:26 Langdale

34 yom fellrunner failed to turn up, no further details

Langdale Ambleside

0513 35627 15/09/2018 19:36 Skiddaw House

Exhausted walker from Ultra marathon - Skiddaw House. On arrival, the event medics were in attendance and were able to evacuate him themselves.

Keswick

0514 35628 16/09/2018 15:53 White Pike, Ennerdale

A 30-year old female tripped and sustained a painful back injury below White Pike, Ennerdale side of Pillar - were setting off for Scafell Pike - major navigational error.

Cockermouth

0515 35629 17/09/2018 17:25 Wrynose Pass

NY280028

Car off road. Requested to assist recovering passengers.

Langdale Ambleside (2 x 2hr 0 min)

0516 35630 19/09/2018 12:15 Catbells

A 43 year old man and his 73 year old father were blown over by a very strong gust (Storm Ali) whilst walking along the track below Catbells, near Little town.

Keswick

0517 35631 19/09/2018 13:20 Coppermines Valley

Dog found with puncture would to chest - The farmer managed to scramble down and help rescue his dog without assistance.

Coniston

0518 35632 19/09/2018 14:56 Little Town

 $80\ \text{yof}$  suspected broken collar bone - blown over - plus further casualty with minor head wound .

Keświck

0519 35633 19/09/2018 20:41 Troutbeck Park Farm

NY420057

Party of walkers with inadequate lighting reported themselves unable to navigate safely back to Troutbeck after walk near Troutbeck Tongue. Located by Phone Find at Troutbeck Park Farm.

Kendal (3 x 2hr 0 min)

0520 35634 20/09/2018 15:12 Coniston Old Man

SD272978

Casualty tripped over rock and twisted knee, evacuated back to base and transferred to NWAS. Minor - nr

Coniston (12 x 3hr 10 min)

0521 35635 21/09/2018 14:13 Braithwaite

18 yof in group of 7 DoE Gold reported hypothermic walked off to Braithwaite

Keświck

0522 35636 22/09/2018 14:50 Tarn Hows

SD326995

NY237015

Two children ran off from carers. Team stood down as children found by CUMPOL.

Coniston (13 x 1hr 0 min)

0523 35637 22/09/2018 17:20 Hardknott Pass

Cycling accident. Casualty carried to ambulance. Serious - nr.

Duddon and Furness (22 x 2hr 15 min)

0524 35638 22/09/2018 18:14 Path to Lingmell Col

NY19430744

Slip on path. Treated on scene, then stretchered down and handed over to NWAS. Minor - nr.

Wasdale (18 x 4hr 0 min)

0525 35639 22/09/2018 20:31 Great Gable, Ennerdale

Staff from Black Sail Youth Hostel, Ennerdale reported seeing flashing lights high on Gable. A small party went to Ennerdale and ascended to where the lights had been seen. On investigation, it turned out to be the lights of some campers and no further action was required.

Cockermouth

### 0526 35640 23/09/2018 14:33 Birkside, Helvellyn

A 68 year old man slipped descending the rocky path at Birkside beneath Nethermost Pike on the west side of the Helvellyn range. He took a 2-3m tumble suffering a head and lower leg injury. Keswick; Langdale Ambleside; MCA Helicopter

### 0527 35641 23/09/2018 15:27 Sandwick Bay, Martindale

Deceased 70 yom found - fully clothed with rucksack, recovered from Ullswater. Patterdale

### 0528 35642 23/09/2018 17:28 Wastwater Screes path

NY15430474

Exhaustion and previous knee injury. Recovery by boat. Minor - ligament damage non-specific knee; Minor

Wasdale (13 x 4hr 0 min); Wasdale (13 x 5hr 0 min)

### 0529 35643 24/09/2018 20:40 Satura Crag, Patterdale

A female had become lost when darkness descended. She was reported to be in the area of Angle Tarn Pikes. As she was uninjured a small party was sent via Hayeswater to assist with her walk off. Patterdale

### 0530 35644 25/09/2018 18:31 Lonscale Fell, Skiddaw

53 yom fallen off bike - broken leg - Lonscale Crags . Keswick

### 0531 35645 26/09/2018 15:39 Brown tongue, Scafell Pike.

NY189073

Fallen walker. Casualty assisted from fell. Minor - nr.

Wasdale (20 x 3hr 45 min)

### 0532 35646 26/09/2018 17:05 Newlands Pass, Buttermere

Male come off mountain bike above Newlands.

Cockermouth; GNAA; H58

### 0533 35647 26/09/2018 17:32 Rosthwaite, Grasmere

2 persons lost in mist Rosthwaite to Grasmere - talked off

Keswick

### 0534 35648 27/09/2018 18:11 Caudale Mine

2 polish walkers - one stuck down Caudale slate mine - unable to pull himself up the rope. Patterdale

### 0535 35649 28/09/2018 16:14 Red Pike, Buttermere

A 56-year old male injured his knee near the summit of Red Pike, Buttermere. Cockermouth: R199 from Prestwick

### 0536 35650 28/09/2018 19:21 Lazonby

NY558398

Slip on river bank. Stood down on route.

Kirkby Stephen (10 x 2hr 0 min)

### 0537 35651 30/09/2018 14:09 Hart Crag

A 68 yom had sustained a leg injury while out walking with friends and family. The casualty's was unable to weight bear, hip and knee injury.

Patterdale; Helimed 58

## **October**

48

### 0538 35652 03/10/2018 09:10 Rvdal

NY343064

Vulnerable misper reported. Search organised. Nothing found.

Langdale Ambleside (11 x 4hr 0 min); LDMR Search Dogs Assoc (11 x 4hr 0 min)

### 0539 35653 03/10/2018 18:47 Swindale Crags

NY516129

Missing working sheep dog - lost for 3 days spotted on inaccessible ledge system. Farmer requested assistance. Team extracted dog and sheep using a series of technical rope systems. Penrith (8 x 5hr 30 min)

### 0540 35654 03/10/2018 19:44 Styhead

A group of four walkers having ascended Scafell Pike requested assistance when one of the party fell and injured their leg. In addition they were fatigued, and disorientated by the dark and misty conditions.

### 0541 35655 04/10/2018 11:31 Catbells

A 66 year old lady tripped near the summit of Cat Bells resulting in a suspected broken ankle. Keswick

### 0542 35656 06/10/2018 12:59 Striding Edge, Helvellyn

18 yom fallen on Striding edge - reported by NWAS as potentially serious but MR determined otherwise - should not have been a 999 call - he walked off with minor injury.

Patterdale

### 0543 35657 06/10/2018 17:48 Greenside, Helvellyn

A man was assisted from the beck at Helvellyn Youth Hostel having had a little too much to drink and falling into water.

Patterdale

### 0544 35658 06/10/2018 20:11 Yewdale Fells

SD306300

Misper, lost and benighted. Located and accompanied off fell safe and well. Coniston (1 x 2hr 0 min)

### 0545 35659 07/10/2018 15:19 Pikes Crag

NY21010711

Lost in fog and rain. Mispers made own way back onto path.

Wasdale (8 x 1hr 0 min)

Keswick

### 0546 35660 07/10/2018 17:01 Whinlatter Forest

45 yom came off mountain bike - hit root - Whinlatter spinal pain. Keswick

### 0547 35661 07/10/2018 17:02 Esk Hause

2 x 33 yom lost near Esk Hause - talked off. It should be noted that they may not have needed assistance if they had a map and compass. Keswick

### 0548 35662 08/10/2018 13:12 Goats Water

SD268973

Slipped and landed on wrist. splinted, given pain relief and walked off fell to land rover. Serious - nr. Coniston (11 x 2hr 30 min)

### 0549 35663 08/10/2018 13:53 Buttermere

A 78-year old female slipped and sustained a hip injury on the path between Crummock Water and Buttermere.

Cockermouth

### 0550 35664 10/10/2018 11:42 Boredale Hause

A lady who had collapsed while out walking with friends at Boredale Hause. She was assessed on scene before being stretchered off the fellside.

Patterdale

### 0551 35665 10/10/2018 15:15 Goats Hawse

SD266983

Slipped on uneven ground. Given pain relief, splinted & airlifted to hospital. Minor - nr.

Coniston (11 x 3hr 30 min); Duddon and Furness (5 x 1hr 0 min); NW Ambulance Helicopter (Preston)

49

0552 35666 11/10/2018 12:10 Barf

A couple with a dog requested assistance after becoming crag fast whilst descending Barf. Keswick

0553 35667 11/10/2018 13:32 **Arnside Knott**  SD453773

78 vom with Atrial Fibrillation, no energy, unable to continue. Casualty evacuated by NWAA as team arrived

Kendal (8 x 1hr 55 min)

0554 35668 12/10/2018 13:21 Merry Hall, Broughton SD223867

Woman fallen in house. Casualty carried to ambulance. Serious - simple closed fracture left neck of

Duddon and Furness (13 x 1hr 34 min)

0555 35669 12/10/2018 15:02

Fairfield Horseshoe I person left group and now missing - turned up safe and well Langdale Ambleside

0556 35670 13/10/2018 17:15 **High Pike**  NY373093

Male reported with head injury. Fall caused by hypoglycaemia. Langdale Ambleside (15 x 5hr 0 min): Caernarfon SAR Helicopter

0557 35671 13/10/2018 18:07 Location unknown

Distressed female ultra marathon runner.

Penrith

0558 35672 13/10/2018 22:40 Rough Crag NY220069

Got lost attempting three peaks challenge. Team went to misper reported location and found. Wasdale (7 x 9hr 0 min)

0559 35673 14/10/2018 12:10 **Portinscale** 

80 yof with dementia seen waist deep in the water walking towards the river - Back of Derwent water Hotel Portinscale

Keswick

0560 35674 14/10/2018 13:00 Sharp Edge, Blencathra

A 21 year old woman fell 100ft from Sharp Edge along with her dog. A passing doctor had seen her fall but was unable to reach her. She was winched into a helicopter and her uninjured dog walked down. Keswick; MCA Helicopter

0561 35675 14/10/2018 13:52 Carrock Fell

71 yom with chest pains Carrock Fell - job done by GNAA.

Keswick: GNAA

0562 35676 15/10/2018 14:28 Rosthwaite

An 82 year old woman walking near New Bridge in Rosthwaite slipped and injured her arm. Keswick

0563 35677 16/10/2018 12:42 Lazonby

45 yom fallen 1/4 mile from the Mains nr Lazonby

Kirkby Stephen

0564 35678 16/10/2018 16:09 Stickle GhvII NY293066

Female slipped and sustained back injury. Langdale Ambleside (10 x 2hr 0 min)

0565 35679 16/10/2018 19:44 **Crinkle Crags** 

27 vom lost on Crinkle Crags but sorted himself out guickly Langdale Ambleside

50

0566 35680 18/10/2018 10:17 **Kendal Castle** 

SD521921

50 yof slipped on steep muddy ground sustaining ankle injury. Stretchered to waiting ambulance. Kendal (6 x 1hr 3 min)

0567 35681 18/10/2018 14:39 Broadstand, Scafell, NY209068

Walkers crag fast. Walkers lowered by rope to safe ground.

Wasdale (16 x 5hr 30 min)

0568 35682 18/10/2018 19:14 Allen Crags

2 walkers lost on Allan Crags - given directions and walked off.

Keswick

0569 35683 18/10/2018 19:25 Striding Edge, Helvellyn

2x 60 vof walkers overdue from their walk up Helvellyn.

Patterdale

0570 35684 19/10/2018 17:16 Dow Crag SD264977

Crag fast, Located & lowered to safety.

Coniston (16 x 7hr 10 min)

0571 35685 19/10/2018 19:15 Wasdale

67 yom walked ahead of son and ended up in Wasdale - expensive taxi ride back to Seathwaite.

Keświck

0572 35686 20/10/2018 18:28 Scafell Pike

3 walkers lost on Pike - Broad crag tarn - talked off.

Wasdale

0573 35687 20/10/2018 18:52 **Great Dodd** 

2 x walkers ascended Helvellyn and got lost ended up on Great Dodd.

Keswick

0574 35688 20/10/2018 23:20 Stvhead

Two walkers reporting themselves to be benighted after attempting to walk back from Wasdale Head to their car at Seathwaite and their torch had failed. This was aggravated by one of them having a hip injury which was slowing them.

Wasdale: Duddon & Furness

0575 35689 21/10/2018 12:07 Scafell Pike NY21610707

Got lost walking up Scafell Pike. Full team callout, persons found, warmed up and walked off.

Wasdale (10 x 5hr 0 min)

0576 35690 21/10/2018 14:08 Ashes Lane SD473963

62 vof slipped, fractured tib/fib. Splinted leg and pain relief given, Stretchered to land rover, then ambulance.

Kendal (10 x 1hr 31 min)

0577 35691 22/10/2018 17:31 **Greathall Gill**  NY1427203304

Map reading error. Met by team members and accompanied off hill.

Wasdale (6 x 5hr 0 min)

0578 35692 22/10/2018 17:58 Birkrigg Common SD285741

Walker slipped. Casualty carried to ambulance. Serious - dislocation right knee Duddon and Furness (22 x 2hr 15 min)

0579 35693 22/10/2018 18:10 War House NY2006100937

Suspected injured male. Party walked off hill and left in their own car.

Wasdale (5 x 0hr 45 min)

51

#### 0580 35694 22/10/2018 21:33 Scale Beck. Buttermere

A male set off from Buttermere on a walk along Ennerdale. Became disorientated and asked for assistance with getting back to. Located him and walked him back to Buttermere. Cockermouth

#### 0581 35695 24/10/2018 14:02 Low Oxen Fell

NY323014

Casualty generally unwell, dizzy, vomiting. Treated with O2 & stretchered off fell. Minor - nr. Coniston (16 x 2hr 0 min)

#### 0582 35696 25/10/2018 14:28 Whinlatter

Female plus 13 yom old lost on Whinlatter - managed to find a way down with help from a passing person? Keswick

#### 0583 35697 25/10/2018 15:53 Goats Hawse/Dow Crag

SD263981

Lost in low cloud, Located safe & well & accompanied back to Land rover. Coniston (12 x 2hr 10 min)

#### 0584 35698 25/10/2018 16:24 Helvellvn

A family of four had become lost after summiting Helvellyn and missed the path down Swirral Edge. The family were getting very cold and wet and one of the children had medical issues. They were given extra clothing and escorted off the fell Patterdale

#### 0585 35699 25/10/2018 17:14 Wetherlam Edge

NY291013

Lost in mist & craq fast, Located, given warmth & shelter, then accompanied down off fell Coniston (17 x 5hr 0 min)

#### 0586 35700 29/10/2018 12:43 Sharp Edge

26 yom fallen on Sharp Edge in party of 10. Keświck

#### 0587 35701 30/10/2018 13:28 Top of Dungeon Ghyll

NY279074

Male suspected ankle fracture.

Langdale Ambleside (11 x 4hr 0 min); Kendal (8 x 4hr 0 min)

#### 0588 35702 30/10/2018 18:11 **Levers Hawse**

SD264996

Benighted & Lost. Located and accompanied off fell.

Coniston (7 x 1hr 30 min)

## **November**

#### 0589 35703 01/11/2018 14:36 Loughrigg Terrace

NY347060

77 yo male collapse. Treated and evacuated by team.

Langdale Ambleside (10 x 2hr 0 min)

#### 0590 35704 01/11/2018 18:07 Mickledore

NY21090702

Benighted. No torch except for phone. Set off at 15:00 hrs to walk up Scafell Pike without a torch. Found and walked off by Team.

Wasdale (8 x 4hr 30 min)

#### 0591 35705 02/11/2018 18:37 Grisedale

A mountain biker slipped whilst descending with his Bike from Grisedale Tarn. He had cycled over Helvellyn Well equipped and experienced, the casualty was unable to make his own way to the valley given his injury. **Patterdale** 

#### 0592 35706 02/11/2018 21:21 Ennerdale

A 50-year old male set off to walk from Black Sail Youth Hostel to Ennerdale Youth Hostel via Pillar and completed his walk quicker than expected. He set off for home, leaving a note at the YH but the note was missed and he was reported overdue. WIFA

Cockermouth

#### 0593 35707 04/11/2018 02:15 Scafell Pike

A group of 10 people reporting themselves lost whilst descending Scafell Pike due to loosing signal on their phone, which they were using for navigation. They were located using PhoneFind and then given directions over the phone for them to make their own way off the mountain. No map/compass. Wasdale

#### 0594 35708 04/11/2018 10:34 **Hardknott Pass**

Minibus on Hardknott over the wall 16 seater all safe outside.

Wasdale

#### 0595 35709 04/11/2018 12:00 St. John's in the Vale.

9 yom slipped on rock on Fell above St. John's in the Vale. Késwick

#### 0596 35710 05/11/2018 11:42 **Foulshaw Moss**

SD456819

20 vof on conservation work party collapsed (low blood sugar). NWAA attended. Stretcher transfer to

Kendal (8 x 1hr 19 min); NW Ambulance Helicopter (Preston)

#### 0597 35711 05/11/2018 17:25 Wansfell

NY391033

Female lost path and became benighted on rough ground. Located by team members and evacuated Langdale Ambleside (8 x 3hr 0 min)

#### 0598 35712 06/11/2018 12:02 **Cathedral Quarry**

NY314029

Female slipped in quarry injuring elbow. Serious - nr.

Coniston (14 x 1hr 19 min)

#### 0599 35713 06/11/2018 17:41 **Grisedale Tarn**

A 14 year old female had been blown over and sustained a lower leg injury in the area of Grisedale Tarn.

Patterdale

#### 0600 35714 09/11/2018 15:44 Wastwater and Scree Path

NY154048

Overturned Kayak and Hypothermic casualty on the far shore of Wastwater - Kayak not recovered and still adrift. Ferried back across the lake in rib - casualty safe and well. Wasdale (13 x 3hr 0 min)

#### 0601 35715 10/11/2018 14:45 Red Pike, Buttermere

Team leaders were contacted when two walkers reported themselves lost on the Red Pike-High Stile ridge, Buttermere. They were located by PhoneFind and given directions to walk themselves down to Buttermere.

Cockermouth

#### 0602 35716 10/11/2018 18:06 **Wastwater Screes**

NY159053

Exhaustion, unable to walk further, Evacuated by boat. Minor - nr.

Wasdale (9 x 3hr 30 min)

#### 0603 35717 11/11/2018 11:42 Great Gable, Wasdale.

NY213012

Remembrance ceremony- walkers stood in poor conditions for too long became hypothermic. Walkers warmed and escorted from the fell.

Wasdale (14 x 4hr 25 min)

### 0604 35718 11/11/2018 13:17 Moses Trod. Great Gable

A 74-year old male who had been at the Great Gable Remembrance Service injured his ankle whilst walking along Moses Trod, He was treated and flown by SAR helicopter R912 to hospital. Cockermouth; Wasdale; Keswick; SAR helicopter R912

### 0605 35719 11/11/2018 17:51 Unknown

Scout group turned up safe and well 1 male plus 1 female plus 3 boys expected down at 3.30 pm - one youth with asthma Keswick

### 0606 35720 13/11/2018 10:10 Ullswater

Boat adrift on Ullswater - motor in water with no one on board - ended up on shore of Sharrow Bay. Patterdale

### 0607 35721 15/11/2018 12:42 Buttermere

A 65-year old female collapsed whilst walking near Buttermere. Team members attended and carried her to an ambulance at Syke Farm.

Cockermouth

### 0608 35722 16/11/2018 15:04 Broad stand, Scafell

NY209068

Crag fast. Crag fast group managed to self rescue and called to cancel MRT Assistance. Wasdale (16 x 1hr 40 min)

### 0609 35723 16/11/2018 16:44 Dove Crag

Two walkers and their dogs lost near to Dove Crag. No torch or compass and, given it had gone dark, they were escorted off the fell.

Patterdale

### 0610 35724 17/11/2018 17:02 Keswick

56 yom come off mountain bike on Path Keswick to Portinscale - head and shoulder injury lost consciousness Keswick

### 0611 35725 17/11/2018 18:15 Foxes Tarn gully, on Scafell

NY20950659

Poor navigation, error of judgement. Limited callout, assisted off crag with ropes and walked back to Brackenclose.

Wasdale (8 x 8hr 0 min)

### 0612 35726 18/11/2018 17:57 Lords Seat

50 yom lost in forest track down from Lords Seat. Keswick

### 0613 35727 20/11/2018 12:29 Teba

NY604068

Car left road and overturned. Assisted NWAS to evacuated casualty to road ambulance. Kirkby Stephen (10 x 1hr 19 min)

### 0614 35728 21/11/2018 11:44 Aira Force

An 84 year old male who had suffered head injuries close to Aira Force. Upon arrival at Aira Force the man had been treated by a land ambulance that was able to get to his location. Patterdale

### 0615 35729 21/11/2018 11:58 Corney Fell road

SD142898

Vehicles stuck on snow covered road. Vehicles driven off. Duddon and Furness (11 x 2hr 10 min)

### 0616 35730 21/11/2018 15:06 High Scarth Crag, Scafell

A group of walkers reported themselves lost whilst descending Scafell. Their location was established as High Scarth Crag.. Directions were provided and they made their own way to the road in Eskdale. Wasdale

### 0617 35731 23/11/2018 16:41 Whinlatter

69 yof missing Whinlatter but turned up safe and well. Keswick

### 0618 35732 24/11/2018 16:16 Kirk Fell

A 36-year old male solo walker had taken a long tumbling fall and sustained several injuries. Team members attended and treated him. Airlifted to Hospital.

Cockermouth: Coastquard R936

### 0619 35733 25/11/2018 14:20 Kirk Fell

A 60-year old female who had injured her ankle on the Beck Head-Black Sail path under Kirk Fell, Ennerdale. Coastguard R936 was in the area and collected team members who assisted with treatment and evacuating the casualty. She was then flown to hospital. Cockermouth

## **December**

### 0620 35734 02/12/2018 12:09 Kentmere

NY443092

Fell runner 41 yof lost running Kentmere Horseshoe. SARLOC showed location above reservoir. Rewarmed and returned to her vehicle. Kendal (9 x 3hr 7 min)

### 0621 35735 02/12/2018 14:12 Dearham

Assisted Cumbria Police with a search for a missing male in the Dearham area. Cockermouth

### 0622 35736 02/12/2018 14:13 Thornthwaite Beacon

NY431101

Lone fell runner lost. 56 yom reported himself lost having run from Patterdale. Team members attended SARLOC location at Thornthwaite Beacon, warmed casualty and walked to team vehicle in Troutbeck.

Kendal (16 x 3hr 19 min)

### 0623 35737 03/12/2018 09:29 Dalegarth

Rear of Dalegarth Cottages dogs barking all night on the fell above and still there in the morning - Bull Crag area searched by 2 TM's plus follow up search by drone - nothing found. WIFA. Wasdale

### 0624 35738 05/12/2018 12:41 Burton-in-Kendal

SD531775

Request for assistance with search for vulnerable 63 yom missing from home. Misper found while team on route.

Kendal (13 x 1hr 0 min)

### 0625 35739 06/12/2018 07:25 Dearham

Team members including swiftwater rescue technicians assisted Cumbria Police the ongoing search for a missing male form the Dearham area. Cockermouth; SARDA

### 0626 35740 07/12/2018 15:08 Brandreth

Male walker lost on return to Honister - PhoneFind top of Brandreth - TL talked him off Keswick

### 0627 35741 08/12/2018 13:09 Cam Crag Ridge, Langstrath

A group 4 males were scrambling on Cam Crag ridge when one of the party slipped 3 to 4 metres sustaining an injury to his lower leg. The casualty was packaged and flown to Hospital Keswick

### 0628 35742 08/12/2018 14:37 Red Pike, Buttermere

A 46-year old solo male walker became disorientated in cloud on High Crag, Buttermere. He was located using PhoneFind and a small number of team members went to his location and walked him back to Gatesgarth Farm, Buttemere Cockermouth

### 0629 35743 09/12/2018 13:00 School Knott, Windermere

70 yof with injured knee, School Knott above Windermere. Landale Ambleside

### 0630 35744 09/12/2018 15:35 Latterbarrow

SD362991

Slipped on wet grass. stretchered to waiting ambulance. Serious - nr. Coniston (19 x 2hr 30 min); Langdale Ambleside (2 x 0hr 45 min)

### 0631 35745 11/12/2018 21:58 Steel Fell

NY324115

Fell runner slipped and fell 10 metres while descending. May have lost consciousness. Neck, back, pelvic, abdominal injuries. Treated by team and evacuated by R199. Langdale Ambleside (19 x 3hr 0 min): Prestwick SAR Helicopter

### 0632 35746 12/12/2018 12:53 Crinkle Crags

NY240054

Two men became lost and crag fast on the back of Crinkle Crags. Located by Kendal team and escorted off.

Kendal (1 x 4hr 0 min); Langdale Ambleside (8 x 4hr 0 min)

### 0633 35747 14/12/2018 09:27 Wallowbarrow crag

SD221967

Crag fast sheep. Sheep raised to safe ground and released.

Duddon and Furness (13 x 3hr 30 min)

## 0634 35748 14/12/2018 11:37 Wild Boar Fell SD757996

Collapse whilst fell running. Casualty airlifted by air ambulance and transferred to road ambulance. Kirkby Stephen (10 x 2hr 0 min)

### 0635 35749 15/12/2018 17:26 Pillar, Ennerdale

Freezing Rain - STORM Diedre weather warnings to stay off the fells. Two walkers asked for assistance when they became stuck on icy ground near the summit of Pillar. Team members made their way to the scene, located them and walked them back down into Ennerdale. Cockermouth

#### 

SD144897

Vehicle stuck on snow covered road. Occupants transported to accommodation. Duddon and Furness (16 x 2hr 55 min)

### 0637 35751 17/12/2018 17:33 Troutbeck

NY416059

Party of three became lost and stuck on wrong side of river with one of the party with injured ribs. Recovered by team.

Langdale Ambleside (12 x 2hr 0 min)

### 0638 35752 20/12/2018 12:11 Atkinson Pike, Blencathra

A 39 year old female was reported as being crag fast in strong winds, near the summit of Atkinson Pike, Blencathra. She was given warm clothes then helped down the mountain back to her car. Keswick

### 0639 35753 20/12/2018 14:10 Greta Dodd

Two female walkers had become lost in low mist and cloud and subsequently had got cold. They were located and escorted back to their vehicle.

Keswick

### 0641 35755 21/12/2018 15:27 Hart Crag, Fairfield

29 yom with dog lost on Hart Crag, Fairfield. PhoneFind showed him just off the path - talked off. Landdale Ambleside

### 0642 35756 22/12/2018 15:25 Skelwith Bridge area

NY390059

A young runner was reported many hours overdue. A team leader went to interview the informant to establish possible route when he was located by his mother on Kirkstone Pass. Langdale Ambleside (3 x 2hr 0 min)

### 0643 35757 23/12/2018 17:14 Unknown

2 x sons in their 50's failed to turn up - team stood down Langdale Ambleside

### 0644 35758 25/12/2018 13:56 Bowfell - Christmas Day

NY245067

Man relying on phone for navigation. Battery went flat and unable to find way off. Located via SARLOC and escorted down by team members.

Langdale Ambleside (4 x 7hr 0 min)

### 0645 35759 26/12/2018 11:39 High Skelghyll

NY389028

Slip on wet rock. Suspected fractured ankle.

Langdale Ambleside (9 x 2hr 0 min)

### 0646 35760 27/12/2018 09:01 Ulpha

SD200933

Man taken his own life. Body carried to ambulance. Fatal - nr.

Duddon and Furness (18 x 1hr 25 min)

### 0647 35761 27/12/2018 13:21 Browncove Crags, Helvellyn

Reports of shouts for help South of Raise and near Brown Cove Crags Helvellyn. A mountain instructor climbing up Raise en route towards Helvellyn heard female shouts for help. Investigated but othing was heard or seen, presuming false alarm with good intent. WIFA Keswick

### 0648 35762 27/12/2018 14:48 Pillar

Reports received of flashing red lights near Pillar, Ennerdale. However these disappeared when some blue lights joined them and no further action was taken. WIFA Cockermouth

### 0649 35763 27/12/2018 15:00 Cockermouth

Request from NWAS to assist with body recovery from a farmers field - stood down within minutes as recovered on farmer's trailer.

Cockermouth

### 0650 35764 27/12/2018 15:16 Raise Beck

NY335119

A woman fell from a path sustaining head and back/hip injury. She was treated by team members then evacuated to hospital via Coastguard helicopter.

Langdale Ambleside (12 x 3hr 0 min); Prestwick SAR Helicopter

### 0651 35765 27/12/2018 17:45 Hardknott Fort

40 yom missing from a walk above Hardknott Fort - turned up safe and well at Boot . Wasdale

### 0652 35766 28/12/2018 13:57 Loughrigg

NY342049

Man slipped on steep ground and sustained suspected rib fractures. Evacuated by stretcher. Langdale Ambleside (12 x 2hr 0 min)

### 0653 35767 29/12/2018 14:04 Seat, Buttermere

60 yof broken arm Seat above Buttermere - fainting when standing up so evacuated to hospital by SARH

Cockermouth; Coastguard R936

0654 35768 30/12/2018 17:02

Yoke

NY437068

Lost path. Located and escorted off. Langdale Ambleside (5 x 3hr 30 min)

0655 35769 30/12/2018 17:55 Striding Edge, Helvellyn

Flashing light seen on Striding edge - WIFA

Patterdale

0656 35770 31/12/2018 14:50 Blencathra

A 64 year lady slipped on the path descending Blease Fell towards the Blencathra Centre. She injured her ankle and could not continue down.

Keswick

## **Abbreviations**

Abbreviations used in the above listing.

SARLOC - a system that interrogates a GPS-enabled mobile phone and displays the location of that phone on mapping software used by MR teams.

MRT - Mountain Rescue Team

C2C - Coast-to-Coast, long distance walk from St. Bees to Robin Hood's Bay.

## **Accident Summary**

Incidents	2013	2014	2015	2016	2017	2018
Incidents - all	437	474	536	436	543	656
By Activity						
Hill walking (non-winter)	250	313	327	287	359	?
Hill walking (winter)	37	12	26	28	24	?
Climb/Scramble	15	18	20	8	22	12
Mountain Bike	13	13	37	15	15	24
Orienteer/Fell Running	12	16	11	9	11	18
Hang-gliding/Parapenting	7	1	5	5	2	4
Resilience	49	31	40	36	39	44
Non-Mountain Search	17	19	13	12	24	5
Water Sports	6	8	10	9	10	5

### **Notes**

Due to changes in the way data has been recorded this year it has not been possible to identify specific hill walking injuries although it can safely be assumed that these make up around 75 -80% of callouts.

The total number of incidents reflects all recorded incidents, some of which may be alerts rather than full callouts.

Fatalities	2013	2014	2015	2016	2017	2018
Persons - all	14	11	30	8	17	21
By Activity						
Hill walking (non-winter)	7	8	5	0	1	7
Hill walking (winter)	1	0	3	0	1	6
Climb/Scramble	0	1	2	0	0	2
Mountain Bike	1	0	1	0	1	0
Orienteer/Fell Running	0	0	0	0	1	3
Hang-gliding/Parapenting	0	0	1	0	0	0
Resilience	1	0	1	1	0	2
Non-Mountain Search	2	2	3	2	1	2
Water Sports	2	0	1	0	0	2

### Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes of calling out the MRTs. For example, the category 'Benighted' will include any word with 'benight-' and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one of these causes.

Cause of Incident	2013	2014	2015	2016	2017	2018
Avalanche	0	0	0	0	0	0
Belay/Runner Failure	2	0	1	0	0	0
Benighted	10	10	13	7	25	17
Cragfast	23	22	22	17	33	35
Fall or Tumble	91	93	123	93	130	97
Lightning	0	0	0	0	0	0
Lost or Disorientated	49	57	63	59	74	90
Medical Collapse or Illness	20	23	45	34	30	8
Overdue or missing	37	47	43	30	34	36
Rockfall	0	1	1	0	2	1
Shouts, Lights or Flares	16	6	6	8	9	16
Total Incidents	433	472	536	436	543	656

### **Editors Note:**

There are a few minor changes in the content of the Annual Report this year. Early in 2018 Mountain Rescue England and Wales (MREW) informed us that they would be introducing a new system of centralised incident recording to replace the very antiquated and cumbersome logging system we were using at the time. This system was due to be introduced in the spring but as is inevitable with these things there were delays and it only finally came into use on Jan 1st 2019.

Each team in LDSAMRA has responsibility for recording their own incidents and some interpreted the change as an opportunity to discontinue the old system, perhaps a little prematurely. Th system we used up until the end of this year is a closed system and as Incident Officer I have very little access to the data it contains. What I do know however is that the software for some reason is not accurately reflecting the number of incidents the Lake District teams have to deal with.

So for 2018 we have based the incident reporting on the SARCALL log which is our centralised job logging software and which the new Incident Recording system will take it's initial data from. This has been taken as the baseline and has been compared and collated with both the output from the old incident system and data extracted from the teams own websites. Not all teams record all the data so weather and type of incident have not been published and in many cases the man hours and grid references are not available.

### Age profile of Subjects

The following table shows the ages of both male and female subjects where both age and gender were reported.

Age (yrs)	Gender	2014	2015	2016	2017	2018
1 -10	Male	3	6	1	4	3
1 - 10	Female	2	0	0	2	3
11-20	Male	26	16	16	27	35
11-20	Female	22	11	11	24	24
21-30	Male	28	30	28	34	22
21-30	Female	9	30	21	16	27
31-40	Male	15	20	11	30	19
31-40	Female	11	12	12	12	13
41-50	Male	23	20	16	25	27
41-30	Female	25	8	14	25	23
51-60	Male	12	31	21	24	33
31-00	Female	23	27	27	22	32
61-70	Male	21	31	31	39	48
01-70	Female	17	22	24	28	27
71-80	Male	21	13	14	14	17
11-00	Female	14	10	12	11	14
81 +	Male	6	4	3	3	5
01 +	Female	5	4	2	4	6

	Male	251	265	211	310	266
Totals	Female	168	190	189	231	195
	Unrecorded	-	_	_	-	196

### Sites of Injury

The table that follows is the result of a search through all the reports for key words relating to sites of injury or medical condition. For example, the category 'Lower leg' will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase. It should not be considered a conclusive list as full injury details are not always recorded.

Please note that the totals of these columns do not match the number of persons given at the bottom of the table. Unfortunately, many subjects sustained more than one injury as a result of the accident. A typical example will illustrate this:

'Fracture/dislocation of the ankle, cuts to hands and knee'.

This will result in contributions to the ankle, hands & wrist and knee categories.

Site of Injury	2013	2014	2015	2016	2017	2018
Abdomen	4	1	4	1	5	2
Ankle	41	64	34	51	59	80
Arm	7	5	10	11	10	9
Chest	9	10	19	21	15	7
Facial	3	3	13	3	7	9
Foot	2	0	1	0	0	0
Hand & Wrist	6	2	17	12	12	7
Head	28	28	33	15	44	30
Knee	26	29	25	25	23	23
Lower Leg	58	42	59	33	62	23
Neck	1	2	5	4	8	4
Pelvis	7	3	6	9	6	15
Shoulder	8	6	19	14	18	13
Spine	16	8	12	16	9	13
Upper Leg	4	3	4	2	6	5
Total	242	265	320	261	317	227

## **Lake District Search & Mountain Rescue Teams**

For rescue assistance, go to the nearest telephone and dial 999, ask for 'Cumbria Police' and then 'Mountain Rescue'.

Give the location name & grid reference, time of accident, nature of injuries -name, gender and age of casualty if known.

The contact details given below are for administrative purposes only. In the event of an accident, use 999 as above.

For more general enquiries most teams can be contacted via their websites or in some cases Facebook pages. Links to the team websites can be found by visiting the LDSAMRA website http://www.ldsamra.org.uk

### **Cockermouth MRT**

Hon. Sec.: Gwyn Lewis	Email: gwyn@cockermouthmrt.org.uk

### **Coniston MRT**

Hon. Sec.: Simon Honeyborne-Sharp Email: secretary@conistonmountainrescue.org.uk

### Cumbria Ore Mines U

Hon. Sec.: Bernie Green Email: bemardjamesgreen@gmail.com

### **Duddon & Furness MRT**

Hon. Sec.: Vicky Whibley Email: sec@dfmrt.org.uk

### Kendal MSRT

Hon. Sec.: Jacqui Young Email: secretary@kendalmountainrescue.org.uk

### **Keswick MRT**

Hon. Sec.: Fiona Boyle Email: secretary@keswickmrt.org.uk

### Kirkby Stephen MRT

Hon. Sec.: David Watkinson Email: secretary@ksmrt.org.uk

### Langdale Ambleside MRT

Hon. Sec.:Andy Caple Email:. andy.caple@gmail.com

### Patterdale MRT

Hon. Sec.: Alistair McCaig Email: alistair.mccaig@btinternet.com

### **Penrith MRT**

Hon. Sec.: Glenn Mitchell Email: mitchell.collie@btinternet.com

### Lake District MR Search Dogs

Hon. Sec.: Martin Bell http://lakes-searchdogs.org/contact-us/

### **Wasdale MRT**

Hon. Sec.: Paul Cook Email: secretary@wmrt.org.uk

## **Lake District Mountain Rescue Posts**

## Recognised Posts, with Telephone and some Equipment

Location: Gatesgarth Farm, Buttermere

Grid Ref.: NY 194 149

Supervisor: Cockermouth MRT Tel: 01900 827916

**Location: Ullswater Outward Bound Mountain School** 

Grid Ref.: NY 438 213

Supervisor: Ullswater OBMS Tel: 017684 86347

Location: Wastwater Hotel, Wasdale Head

Grid Ref.: NY 187 088

Supervisor: Wasdale MRT Tel: 019467 25431

### Mountain stretcher boxes - Unmanned, no Telephone

Location: Dow Crag (at the foot of Abraham's B Buttress)

Grid Ref.: SD 263 976

Supervisor: Coniston MRT Tel: 015395 41242

Location: Mickledore, Scafell (just below crest on Eskdale side)

Grid Ref.: NY 210 068

Supervisor: Wasdale MRT Tel: 019467 25314

**Location: Sty Head Pass** 

Grid Ref.: NY 218 095

Supervisor: Keswick MRT Tel: 017687 72105

## Other First Aid Posts (with telephone)

**Location: Howtown OA Centre, Martindale** 

Grid Ref.: NY 444 197

Supervisor: BRCS Cumbria c/o The Warden Tel: 017684 86208

Location: YMCA National Centre, Lakeside

Grid Ref.: SD 374 897

Supervisor:YMCA Tel: 015395 31758

NOTE:

All the above posts are in the area of the OS Lake District Outdoor Leisure Maps

(1:25 000) though not all are marked as MR Posts.

The position of a post is sometimes changed. Verify locally.

## **Mobile Phones and Mountain Rescue**

### Advice to Users

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident the better are the chances of a quick and complete recovery for the casualty. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

**DO NOT** rely on your phone as your sole method of navigation, batteries do not last indefinitely and suffer a decrease in power, especially in the cold. Teams have been called out several times this year to recover people who's phones ran out of power. If in a group, try and keep one phone switched off for use in emergencies.

### When to use

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call)
- When not to use
- Do not use the mobile phone at the 'first sign of trouble', be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device, there are areas of poor or not reception ('dead areas').
- The mobile phone is not a substitute for experience

### How to use

 First make a note of all relevant details, Location and Grid Reference Name, Gender and Age of Casualty.

Nature of injuries or disability.

Number of people in party and intended destination

### THE NUMBER OF THE MOBILE PHONE YOU ARE USING

- 2. Dial 999 and ask for the Police.
- 3. Make sure you tell the operator that you require the Cumbria Police as you are in Cumbria. In other areas of the country give an appropriate area.
- When connected to a Police control room, check that it is Cumbria Police. If it is not, then make sure that the information will be passed on.
- 5. Explain the nature of your call, giving details previously prepared (1)
- Do NOT change your position until contacted by Rescue who will agree future protocol for use of Phone.
- 7. If you have to make a further 999 call, use ALL the procedure again.

## **SARLOC**

Rescue teams have access to a mobile phone technology called SARLOC which if you are lost or injured can help pinpoint your position and save the team time in getting to your location. SARLOC is not an App and you can't install it on your phone. If the rescue team decide to use SARLOC they will send you a text with details of what to do next. Follow the instructions in the text.

SARLOC only works on smartphones and you need 'Location Services' to be active on your phone. If a team does SARLOC you, or call you for details stay where you are until the team gets to you. You may be lost - but they will know exactly where you are. If the position you are in is dangerous (high winds for example) and you do need to move, call the team first to ask their advice.

## **Advice to Mountain Users**

Many calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of common sense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

## **Planning and Preparation**

- Plan before setting out! Maps are essential and guidebooks are full of advice.
   Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions, Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website www.mwis.org.uk
- · Carry a First Aid kit and learn how to give First Aid
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down.
   Did you remember to charge your battery before setting out?

### **Footwear and Clothing**

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- · Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves, it is always colder on the tops.

### **Food and Drink**

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, this can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

## **Equipment and its Use**

- A map, compass and the ability to use them, at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Rescue Team
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs, but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

### **Party Size**

- If in groups, make sure party leaders are experienced, do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

### **Emergency Procedures**

- Be prepared to turn back if conditions are against you, even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

### Dangers - all can be avoided by good route-finding

- · Cliffs, slopes of ice or steep snow
- · Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- · Rivers and streams in spate
- · Snow cornices on ridges or gully tops
- · Exceeding your experience and abilities

## Dangers - all can be avoided by remaining alert

- Weather changes these can be sudden and more extreme than forecast
- Ice on path carry an ice-axe and crampons and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat dress appropriately
- Separating from the rest of the group
- Incipient exhaustion know the signs, rest, take some food and keep warm
- Accident or illness don't panic if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time especially true when under pressure allow extra time in winter conditions

### Pride

 It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

## **Donating To Mountain Rescue**

If you wish to support financially the Mountain Rescue Service, in the Lake District the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 12 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

### 1. Gift Aid.

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a Charity and the Charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed opposite having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

- 1.1 If your declaration covers donations you may make in the future:
  - · Please notify the charity if you change your name or address while the declaration is in force
  - You can cancel the declaration at any time by notifying the charity it will then not apply to
    donations you make on or after the date of the cancellation or such later date as you specify.
- 1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).
- 1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration(see note 1.1)
- 1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.
- 1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 Gift Aid

### 2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation. If this appeals to you, please approach your employer with these details:

Charity Name: LDSAMRA

Bank Code: 40-22-16 Bank Account No: 81205617

Give As You Earn Reg. No:004184 Charity Commission Reg. No:506349

## **GIFT AID DECLARATION**

Charity N	/ Name: LAKE DISTRICT SEARCH AND MOUNTAIN R	ESCUE ASSOCIATION
Register	tered Charity Number: 506349	
Title	Forename Surname.	
Address	ss:	
	Postcode	
I want th	the charity to treat (Del	ete as appropriate)
	☐ The enclosed donation of £	
	☐ The donation(s) of £which I made on	
	All donations I make from the date of this declara	ation until I notify you
	otherwise	
	All donations I have made since 6 April 2000, and	d all donations I make
	from the date of this declaration until I notify you	otherwise as Gift Aid
	donations.	
•	d Da	
	< ŒRS ORDER	
To	Bank	
	Address	
		Date
Please p	e pay	
HSBC. 6	. 69 Lowther Street. Whitehaven. CUMBRIA CA28	7AD
Code No	No. 40-22-16. for credit of LDSAMRA A/c No. 81205	5617 the sum of
	(words)	
	nencing(da	
	ereafter every	, ,
	(date of last payment) and debit my/our a	
Signed		ate/

## **DEED OF COVENANT**

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

promise to pay you for 4 years, or until I di		
deduction of income tax at the basic rate ar	mounts to *£ eac	cn
month/year), from the date shown below. Signed and delivered		
Date		
Full name & address		
(in capitals)		
Tel No		
Witnessed by (signed)		
Full name & address		
(in capitals)		
Enter here the actual amount you will be pay	ying to the LDSAMRA.	
BANKERS ORDER		
Го		Bank
Address		
Date		
Please pay		
HSBC, 69 Lowther Street, Whitehaven, CUN		
Code No. 40-22-16, for credit of LDSAMRA		
£(words)		
commencing		
hereafter every		-
until (date of last payment) and d	ebit my/our account accord	ıngıy.
Signed		
Data		



## **DISTINGUISHED SERVICE LIST**

Containing persons who have made a significant contribution to Mountain Rescue in the Lake District

DAVID ALLAN OBE Duddon & Furness MRT, MR(E&W)

JOHN BERNARD ANDERSON Coniston MRT

STEVE BARBER (Deceased) Kendal MSRT, LDSAMRA & MRC
ERIC BARRINGTON Kendal MSRT & LDSAMRA

PETER BELL Langdale/Ambleside MRT, Stretcher Manufacturer

**DAVID BINKS**Duddon & Furness MRT

Sir CHRISTIAN BONINGTON

JOE BOOTHROYD (Deceased) Patterdale & Penrith MRTS, LDSAMRA & MRC

ROB BROOKES Kendal & Langdale/Ambleside MRTs

 DUNCAN JAMES CAMERON (Deceased)
 Coniston MRT

 NELSON CLARK
 Furness MRT

 ROY COOKSEY MBE
 Coniston MRT

STEPHE COVE Millom FRT, Duddon & Furness MRT

JIM COYLE BEM Cockermouth MRT, SARDA SYDNEY H. CROSS MBE (Deceased) Langdale Mountain Rescues

Sqn Ldr LESTER DAVIES MBE (Deceased) O.B.M.S. Ullswater

JOHN DEMPSTER MBE Cockermouth MRT, LDSAMRA
GED FEENEY Penrith MRT, LDSAMRA & MREW

GEORGE FISHER MBE (Deceased) Keswick MRT RICHARD FISHER Keswick MRT

MALCOLM GRINDROD MBE ((Deceased) Langdale/Ambleside & Coniston MRT, SARDA (Lakes)

MICK GUY Kendal & Keswick MRT, SARDA (Lakes)

Mrs. ADA HILLARD MARK HODGSON MBE

PAUL HORDER Cockermouth & Keswick MRTs. LDSAMRA & MRC

STEWART HULSE MBE (Deceased) Langdale/Ambleside MRT, & MRC

PETER JACKSON MBE Millom FRT

RICHARD LONGMAN Wasdale MRT. LDSAMRA

MIKE MARGESON Duddon & Furness MRT, LDSAMRA MREW

TOM MINTON (Deceased) Kendal MSRT JOHN MITCHELL Millom FRT

MIKE MITCHELL Kendal MSRT, COMRU & LDSAMRA
MIKE NIXON MBE (Deceased) Keswick MRT, LDSAMRA, SARDA

 Dr. JAMES D OGILVIE (Deceased)
 Patterdale MRT

 DES OLIVER
 Keswick MRT

 BILL PATTISON MBE
 Wasdale MRT

 ROGER PUTNAM MBE
 O.B.M.S. Eskdale

J BRYAN STILLING (Deceased) Kendal MSRT, LDSAMRA & MRC

Lt. Col H. WESTMORELAND MBE (Deceased) Keswick MRT

Fi. Lt. RICHARD WOOD A Flight, 202 Sgn RAF Boulmer



## **About AdventureSmart UK**

Everyday thousands of people set off for an adventure in the great outdoors. Some choose strenuous sports such as rock climbing or coasteering, others take a less extreme approach such as walking, cycling or simply playing on the beach with the family. The majority will have a fantastic time and will take home treasured memories; For a few their day will be marred by discomfort, brushes with danger or accidents and some will have to be helped by rescue and emergency services. Many of these incidents could have been easily avoided; With a little preparation everyone can help to ensure that their adventure is a treasured memory not a nightmare.

AdventureSmart UK is a rollout of the safety campaign AdventureSmartWales which was launched in 2018. The aim is to reduce the number of avoidable incidents which the rescue and emergency services deal with each year. The objective is to establish a comprehensive set of safety messages and to work with the outdoor sector to promote these far and wide. Experts from leading safety and sporting organisations have developed these messages to provide all the essential information needed for people to get outdoors, confident that they have prepared for a great day.

### AdventureSmart UK is:

**Positive:** We want to encourage people to explore our landscapes safely not put the 'fear of death' into them. We have designed a range of messages to help keep people safe and comfortable in the outdoors, so they return to regale their friends with wonderful stories of their great adventure.

**Consistent:** From the start, when people begin to think about and research their chosen activity, through the planning process and repeatedly through their visit we want them to keep coming across the AdventureSmart messages and branding.

**Friendly:** It's not just what we say it's the way that we say it! Our conversations in print, online, or face to face should be inclusive and warm, with a personal, human touch; as if we are talking directly to a visitor.