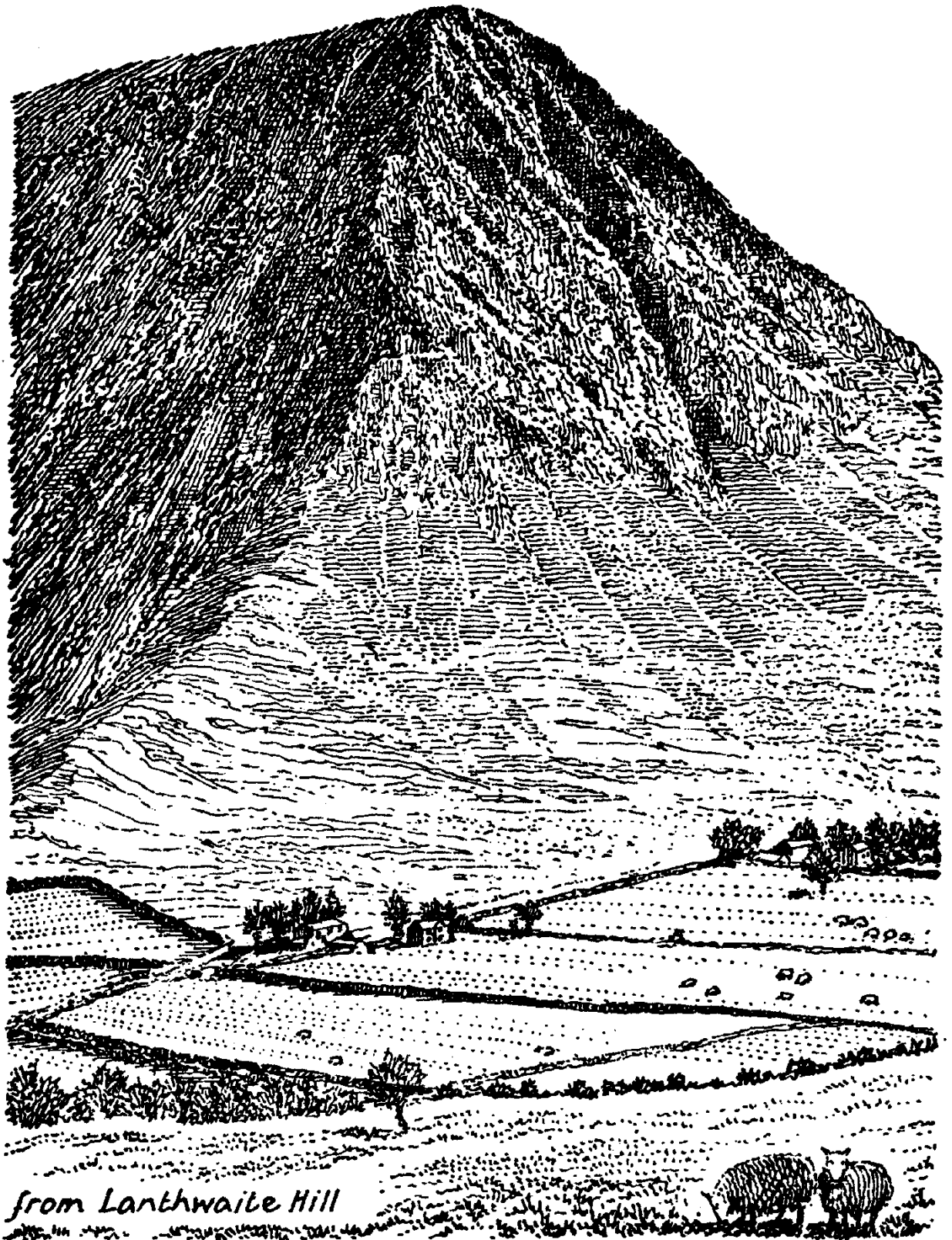


# LAKE DISTRICT MOUNTAIN RESCUE ASSOCIATION MOUNTAIN ACCIDENTS 2008



*from Lanthwaite Hill*

*Grasmoor from 'Wainwright's North Western Fells' and reproduced  
by courtesy of the Westmorland Gazette*



The Lake District Search and Mountain Rescue Association would like to acknowledge the contributions given to this association by all members of the public, public bodies and trusts.

In particular, this association gratefully acknowledges the assistance given by

Cumbria Constabulary.



and

Cumbria Police Authority



**This Report is issued by  
the Lake District Search and Mountain Rescue Association  
in the interests of all mountain users.**

**Lake District Search and Mountain Rescue Association**

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This is an umbrella organisation covering the Lake District teams, police representatives and other organisations interested in mountain rescue, such as RAF and National Park Rangers.

The purpose of the Lake District Search and Mountain Rescue Association is to act as a link between the national Mountain Rescue Council and all other interested bodies. The association speaks out and acts on behalf of the teams on matters relating to Lake District mountain rescue as a whole. It also fosters publicity aimed at the prevention of mountain accidents.

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THE LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION  
IS REGISTERED AS A CHARITABLE TRUST 506349

## CHAIRMAN'S REPORT FOR 2008

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2008 was the 75<sup>th</sup> anniversary of mountain and cave rescue and the Lake District teams and the association were very active throughout the year ensuring that the milestone was suitably celebrated. The weekend of July 5<sup>th</sup> will be remembered as both a very wet weekend and also one where all the teams came together to compete in the LDSAMRA It's a Knockout and celebration. We were extremely pleased to be able to welcome Mr. Craig Mackey, Cumbria's Chief Constable to open the event and present trophies to the winning teams. We were also delighted to be able to invite a small group of young adults from the North East's Centrepoint charity organisation to participate in the weekend's activities. Centrepoint and Mountain Rescue share the same royal patron in HRH Prince William of Wales who was delighted to hear that mountain rescue teams were involving one of his other major charities.

2008 also saw a major campaign to reduce the growing numbers of avoidable rescues. The adverse trend was first identified in 2007 with a 10% increase in the number of callouts. This prompted the campaign, which was led by LDSAMRA and supported by Cumbria Tourism, Lake District National Park Authority, Cumbria Police and Cumbria County Council. In addition to a safety and awareness video, a number of leaflets, posters and booklets were distributed across the county and surrounding areas. However, this does not appear to have halted the trend with incidents up by a further 10% over 2007 statistics and indeed a significant increase in the numbers of fatalities. It is difficult to put a finger on why it is happening but there does appear to be an increase in the public's interest in the challenge of the great outdoors. These increases are putting a severe strain on our team members and their ability to make the necessary commitment and sacrifice, turning out for rescue after rescue, sometimes 2 or 3 in a single day. This is reflected in the following report where you will note that there have been more teams involved in incidents, providing mutual support to each other, particularly when a team might be struggling with numbers attending a callout. The more recent poster campaign by Langdale Ambleside team advised walkers to stay off the winter tops unless properly equipped would appear to have both reduced the high number of fatalities at the start of 2009 and increased the numbers of walkers taking advice in purchasing winter equipment in local shops.

The media were very active during the latter months 2007 following the Original Mountain Marathon (OMM) where 1,000's of competitors were reported by the press as being unaccounted for during unprecedented weather conditions. The weekend saw severe flooding in Borrowdale, Buttermere and Wasdale and a

spate of rescues. Although there were 17 competitors rescued over the Saturday suffering a variety of injuries from broken ankles to hypothermia and near drowning; there were also as many non OMM incidents which kept the majority of the Lake District teams very busy throughout the weekend. The ability of the teams to carry out very challenging technical water rescues over that weekend and indeed throughout the year is a credit to the voluntary team member's willingness to extend their core skills beyond that of mountaineering and mountain rescue, to water rescue. Teams are now fully recognised and accepted by both the Police and the Fire and Rescue Service as being able to provide a full swift water/flood water rescue capability. The investment in equipment and training has been demonstrated to be worthwhile.

Fundraising for mountain rescue remains an ongoing and very important task for the teams with annual costs now running at between £30,000 and £75,000 per team and rising. Donations, bequests and legacies, which are sent into the association, do make a significant difference and it is gratifying to see that the work of the teams is recognised by both those we rescue and the general public who hear about the work we do. Income is shared amongst the 12 teams to supplement their own fundraising activities and it is important that those who donate know and understand that their contributions, however small, do make a difference to the ability of teams to provide our free rescue service to the Cumbrian communities and to those visitors who come into the county.

2008 saw John Dempster, MBE retiring as Chairman LDSAMRA after 37 years involvement with the region and 15 years as our Chairman. It was therefore very fitting that we should recognise John's outstanding contribution to Lake District mountain rescue by offering a regional Distinguished Service award and also a Vice Presidency, both of which John accepted. However, 2008 was also tinged with sadness with the loss of Bryan Stilling, Vice President LDSAMRA who passed away in early July.

To conclude my report, I would like to thank all the organisations and agencies with whom we work and also thank all the LDSAMRA officials for all their hard work over the past year, my first year as chairman.

Richard Warren  
Chairman  
March 2009

## January 2008

- 1 17912 1 January 16:40 High Crag Buttermere NY181145**  
Light/misty/cool/dark. Steep crag heather, slippery Hill Walking (Small party (2 to 5))  
Woman(41), Man(45) - Walkers descending from High Crag, Buttermere heard shouts for help from 2 other walkers stuck on a crag ledge. Lights from the stranded walkers could be seen from the valley as daylight failed. They were located and led to safety.  
Cockermouth 29, 4¾ hr
- 2 17815 1 January 17:00 Lingmell NY209081**  
Strong/heavy rain/low cloud/cold/dark. Moderate footpath very wet Hill Walking (Small party)  
Four Men(NK) - Party of walkers became disorientated around Lingmell Col. Used mobile phone to request assistance. Given directions but team mobilised to ensure the party's safety. Group located on the Corridor Route and escorted part way down. No injuries.  
Wasdale 8, 3½ hr
- 3 17222 1 January 18:05 Whinlatter Forest NY210246**  
Conditions not reported Hill Walking (Small party (2 to 5))  
Two Women(NK) - Party reported as lost in darkness. They phoned in, safe and well, as the team was departing.  
Keswick 15, ¾ hr
- 4 18267 2 January 13:35 Helvellyn, Swirral Edge NY348155**  
Fresh/passing showers/cloudy/cold/dull. Steep wet ridge Hill Walking (Small party (2 to 5))  
Boy(17) - Subject fell and fractured leg below knee. He was treated at scene and evacuated by helicopter due to a compromised blood supply to his foot.  
Patterdale 13, 4¼ hr; Penrith 13, 4¼ hr; Boulmer SAR Helicopter
- 5 17226 4 January 15:15 Crossfell, N Pennines NY691355**  
SW-strong/snow/blizzard/cold/dusk. Moorland snow Hill Walking (Winter) (Small party)  
Two Men(19) - Party lost when leaving summit plateau in whiteout conditions. Directed to Greg's Hut (mountain bothy) by mobile phone where they were collected by MR and conveyed to safety in Alston. No injuries.  
Penrith 19, 5½ hr; SARDA (Lakes) 1, 5½ hr
- 6 17223 5 January 11:23 Bakestall, Skiddaw NY264302**  
S-strong/snow/hill fog/cold. Moderate footpath snow, slippery Hill Walking (Alone)  
Man(68) - Walkers reported finding a body. Identified later as that of a visitor reported missing in the Bowness-Windermere area on the previous day. **FATAL** – not yet known whether heart attack or hypothermia.  
Keswick 18, 4½ hr
- 7 17224 7 January 10:54 Whinlatter Forest NY205247**  
Fresh/passing showers/clear/cold/bright. Moderate track Hill Walking (Family group)  
Man(63) - Subject taken ill while walking, reported as severe chest pains.  
Keswick 20, 2½ hr; Great North AA Cumbria
- 8 18268 9 January 14:50 Helvellyn, Brown Cove NY340159**  
Gale/dry/clear/freezing/bright. Steep frozen ridge slippery Hill Walking (Winter) (Small party)  
Man(62) - Subject was reported to be adjusting his crampons when wind blew him off the edge into Brown Cove. Subject was found by search dog. **FATAL** - mutiple injuries.  
Patterdale 1, 4hr; SARDA (Lakes) 1, 4hr; Valley SAR Helicopter
- 9 17696 11 January 16:20 Tarn Hows, Coniston SD321990**  
Clear/cold. Dry Hill Walking (Small party (2 to 5))  
Man(52) - Subject collapsed at beauty spot. **FATAL** - heart attack.  
Coniston 10, 3hr

- 10 18269 12 January 13:43 Helvellyn, Red Tarn Face NY345151**  
 Light/fine/clear/freezing/bright. Steep snow/ice crag Hill Walking (Winter) (Small party)  
 Man(41) - Subject slipped while ascending to the summit of Helvellyn under the memorial.  
 Wasdale MRT member first at scene followed by Penrith MRT doctor also at the scene.  
**FATAL** - head and other injuries.  
 Patterdale 13, 2¾ hr; Penrith 3, 2¾ hr; Wasdale 1, 2¾ hr; Bowland Pennine 2, 2¾ hr;  
 Boulmer SAR Helicopter
- 11 18270 12 January 17:15 Helvellyn, Nethermost Gully NY344148**  
 Light/fine/clear/freezing/bright. Steep snow/ice gully Snow/Ice Climbing (Small party)  
 Man(50), Woman(33) - Subject climbing gully, protection gave way and fell on to partner and  
 landed at bottom of gully. Minor laceration.  
 Penrith 1, 1¼ hr; Patterdale 4, 1¼ hr
- 12 17913 15 January 18:30 Wigton, Cumbria NY255155**  
 Light/mild/dark. Gentle woodland boggy, slippery Search - Non-mountain (Alone)  
 Man(64) - Subject reported missing from day care-home. Found by search dog, suffering  
 from hypothermia.  
 Cockermouth 29, 7¾ hr; Penrith 17, 4hr; Keswick 11, 3½ hr; SARDA (Lakes) 10, 9¾ hr
- 13 17697 19 January 02:45 Walna Scar Road, Brown Pike SD263964**  
 Conditions not reported. Motor Sport (Not known)  
 Initial reports of possible light aircraft crash. It turned out to be 4x4 drivers using cover of  
 darkness to undertake illegal off-road driving - false alarm good intent.  
 Coniston 6, 2¼ hr
- 14 17313 19 January 14:00 Windermere, Garburn track NY422034**  
 Dry, overcast. Steep rocky track Mountain Biking (Small party (2 to 5))  
 Boy(17) - Rider fell from bike, sustaining severe pelvic injury.  
 Langdale Ambleside 9, 1½ hr
- 15 17816 19 January 15:30 Scafell, Deep Gill NY207068**  
 Moderate/heavy rain/poor/cold/dark. Overhanging rockface v wet Hill Walking (Small party)  
 Two Men(NK) - Party of walkers lost the path in Lord's Rake and ended up on Deep Gill  
 Buttress, cragfast. Hauled to safety by the team and escorted off, neither injured.  
 Wasdale 13, 7hr
- 16 17698 19 January 16:38 Hole Rake SD293994**  
 Fair. Wet Hill Walking (Not known)  
 Woman(46) - Subject slipped, sustaining a fractured ankle.  
 Coniston 17, 2hr; Duddon & Furness 1, 3¼ hr
- 17 17785 23 January 15:05 Wet Sleddale NY543112**  
 Cool with persistent rain. Very wet Hill Walking (Large party (at least 10))  
 Girl(12) - Subject slipped and fell, injuring her back. Soft tissue injury torn muscle.  
 Penrith 16, 3hr
- 18 17786 23 January 17:50 Mosedale, Wet Sleddale NY506100**  
 Cold with persistent rain. Very wet Hill Walking (Large party (at least 10))  
 Boy(12) - Party from local OPC reported in difficulty in remote valley. They had been unable  
 to cross swollen streams and becks because recent heavy rainfall and requested assistance;  
 located and led to safety. No injuries.  
 Penrith 22, 4hr

**19 17914 24 January 20:10 Ennerdale Bridge, Cumbria NY068158**  
Light/dry/broken cloud/cool/dark. Moderate moorland dry Search - Non-mountain (Alone)  
Woman(45) - Subject reported missing from home in the Ennerdale Bridge area. Located  
safe and well.  
Cockermouth 27, 8hr; SARDA (Lakes) 11, 8hr

**20 17333 27 January 16:04 Wythburn Valley NY314120**  
Moderate/dry/clear/mild/dusk. Very wet undulating footpath Hill Walking (Not known)  
Woman(59) - Subject slipped on steep boggy ground, sustaining a fractured leg.  
Keswick 22, 2hr

**21 17325 27 January 19:07 Broad End, Kirkstone Pass NY402074**  
SW-calm/dry/clear/cool/dark. Steep moorland grassy, slippery Hill Walking (Not known)  
Woman(NK) - Subject sustained back injury as a result of a fall, also suffered hypothermia.  
Langdale Ambleside 9, 2hr

**22 17699 27 January 19:45 Coniston Old Man SD273976**  
Conditions not reported Hill Walking (Small party (2 to 5))  
Three Men(NK) - Party of walkers reported overdue. Located by text messaging. No injuries.  
Coniston 2, ½ hr

**23 17326 28 January 20:27 Heron Crag, River Esk NY225029**  
SW-fresh/rain/hill fog/cool/dark. Steep moorland damp Hill Walking (Small party (2 to 5))  
Man(71 & 73) - Party of walkers reported overdue from accommodation by wives. Car parked  
at Old Dungeon Ghyll. Route thought to be Crinkle Crag. Located by Wasdale MRT at 22.30  
near Heron Crag, River Esk. Both unhurt.  
Langdale Ambleside 15, 4hr; Wasdale 20, 2½ hr; SARDA (Lakes) 2, 4hr

**24 17334 29 January 07:30 River Greta - Low Briery, Keswick NY285241**  
Calm/rain/clear/cool/dull. Search - Non-mountain (Alone)  
Woman(52) - Subject reported missing from home the previous afternoon. Body located in  
river by RAF Sea King, recovered by MRTs. **FATAL** - not known.  
Keswick 21, 5hr; Penrith 7, 4hr; Kirkby Stephen 4, 5hr; SARDA (England) 2, 5hr; SARDA  
(Lakes) 2, 5hr; SARDA(Scotland) 1, 5hr; Valley SAR Helicopter

**25 17328 29 January 15:21 Bowfell, Gt Langdale NY248061**  
SW-moderate/passing showers/hill fog/cool/dark. Steep damp scree Hill Walking  
Three Men(46) - Party reported in trouble and unable to continue. Two hypothermic and in  
bivi bags, location given suggested south Crinkle Crag. Located south Bowfell, 2km away.  
No serious problems, once cajoled into moving. No injuries.  
Langdale Ambleside 18, 4hr; Kendal 15, 4hr

## February 2008

**26 17335 2 February 13:20 Kirkstone Pass NY400080**  
NE-fresh/snow/broken cloud/very cold/dull. Steep snow/ice Local Incident (Large party)  
A number of vehicles became stuck on Kirkstone Pass after drivers ignored 'Road Closed'  
signs. A minor collision also occurred. Those who wished, eight in total, were recovered to  
Ambleside to await a thaw. No injuries.  
Langdale Ambleside 6, 1¼ hr

**27 17477 2 February 18:41 Stand Crag, 'Corridor Route' NY219087**  
Storm force winds and heavy rain. Very wet with icy patches Hill Walking (Small party)  
Two Men(28) - Having done a winter route on Great End, subjects got lost on their descent.  
They got on to very steep ground at Stand Crag and phoned 999. A search in atrocious  
weather (forecasted) found the pair, thanks to their torches & whistles. Both unhurt.  
Keswick 28, 5¼ hr; Wasdale 15, 3hr; SARDA (Lakes) 4, 5¼ hr



- 28 17478 2 February 21:30 Styhead - Wasdale Head NY212092**  
Storm force winds, heavy rain. Very wet, icy patches Hill Walking (Small party (2 to 5))  
Man(NK) - Whilst dealing with previous incident, the team were alerted to a missing walker when Wasdale met a lone walker hiding from the elements. Team members re-tasked from previous incident to search through to Esk Hause. Missing person turned up safely.  
Keswick 28, 2hr; Wasdale 16, 1½ hr; SARDA (Lakes) 4, 1hr
- 29 18271 3 February 12:35 Kidsty Pike NY444127**  
Gale/dry/cloudy/very cold/dull. Moderate snow/ice footpath Hill Walking (Alone)  
Man(22) - Subject got scared in high winds, unable to continue and called for help. The teams found him sheltering behind a cairn very cold but unharmed.  
Patterdale 10, 2¼ hr; Penrith 16, 3hr; RAF Leeming 6, 2¼ hr
- 30 17700 3 February 18:45 Wetherlam Edge NY294016**  
Very wet and mist. Ice underfoot Hill Walking (Small party (2 to 5))  
Man(25), Woman(26) - Party overtaken by darkness. Located and led to safety safe and well.  
Coniston 13, 2½ hr
- 31 17336 8 February 18:05 Bowfell (N End) NY243070**  
S-gale/dry/hill fog/cold/dark. Steep ridge snow, slippery Hill Walking (Small party (2 to 5))  
Two Men(50) - Party reported themselves in difficulty and unable to find their way off Crinkle Crag. Various conversations made us suspicious that this was their location. Eventually found 2km from their estimated position, escorted to safety.  
Langdale Ambleside 12, 9½ hr; SARDA (Lakes) 4, 9½ hr; Wasdale 12, 5½ hr
- 32 18272 11 February 13:00 Blowick Bay, Ullswater NY394175**  
Light/dry/broken cloud/cool/bright. Steep rough crag Animal Rescue  
Lake Steamer company reported seeing sheep stuck on crag above Ullswater. They had seen the sheep in same place the day before. Team went to the crag and recovered the sheep to safe ground.  
Patterdale 3, 1¼ hr
- 33 17701 12 February 15:47 Levers Water, Coniston SD280995**  
Good. Dry Hill Walking (Small party (2 to 5))  
Man(50) - Subject collapsed while walking. **FATAL** - heart attack.  
Coniston 14, 1¼ hr
- 34 17702 12 February 17:00 Levers Water, Coniston SD280996**  
Good. Dry Hill Walking (Small party (2 to 5))  
Girl(9) - Young girl (with parents) slipped and sprained her ankle.  
Coniston 1, 1hr
- 35 17473 15 February 17:05 Trowbarrow Quarry, Silverdale SD483758**  
Light/dry/clear/cool/dusk. Vertical dry rockface Rock Climbing (Small party (2 to 5))  
Man(22) - Subject fell 30 ft when off-route - hit crag 3 times on way down. He suffered a fractured left arm, and sustained a spinal injury.  
Kendal 13, 3hr
- 36 17819 16 February 12:30 Broad Stand NY209068**  
Light/dry/clear/cold/bright. Hill Walking (Small party (2 to 5))  
Man(NK) - Fellwalker slipped while descending Broad Stand sustaining fatal injuries. **FATAL** – multiple injuries.  
Wasdale 18, 5hr; Cockermouth 10, 5hr; Boulmer SAR Helicopter

- 37 17474 16 February 13:24 Castle Rock (South Crag), Thirlmere NY321195**  
Cold, dry and sunny. Loose path, dry Hill Walking (Small party (2 to 5))  
Man(48) - Having completed their rock climb, this party were returning to the foot of the crag via the descent path when subject slipped sustaining a fractured lower left leg.  
Keswick 7, 1½ hr
- 38 17820 16 February 17:40 Scafell, West Wall Traverse NY207068**  
Light/dry/clear/cold/bright. Steep gully Hill Walking (Small party (2 to 5))  
Man(37) - Subject had twisted his knee and was unable to continue. Assisted to walk to the top of the gully and flown to the valley bottom by helicopter attending previous incident.  
Wasdale 18, 2hr; Cockermouth 10, 2hr; Boulmer SAR Helicopter
- 39 17460 17 February 13:25 Far Easedale, Grasmere NY321092**  
NE-calm/dry/clear/freezing/bright. Footpath frozen. Hill Walking (Winter) (Large party)  
Woman(55) - Subject slipped on boggy/frozen path, suffering an ankle fracture.  
Langdale Ambleside 9, 2½ hr; Kendal 13, 2½ hr
- 40 17462 18 February 14:09 Orrest Head, Windermere SD414994**  
N-calm/dry/clear/cold/bright. Moderate footpath frozen, slippery Hill Walking (Not known)  
Woman(31) - Subject slipped at local beauty spot. A left ankle fracture was diagnosed.  
Langdale Ambleside 12, 2hr; Great North AA Cumbria
- 41 17476 19 February 17:30 Cat Bells, Hawse Gate NY244192**  
Dry, cold. Dry Hill Walking (Small party (2 to 5))  
Man(NK), Woman(NK) - Party separated at Hawse Gate and failed to reunite at their car parked at Littletown. Husband raised alarm when he couldn't find his wife. Team located husband at roadside and sometime later met with wife who had returned to car earlier.  
Keswick 18, 1hr
- 42 17475 19 February 18:00 Gowder Crag, Borrowdale NY266186**  
Dry and cold. Dry Hill Walking (Alone)  
Man(NK) - Subject used mobile phone to advise he was unable to descend steep ground in approaching darkness and required assistance. Further message some time later, as the Team were commencing search areas that he had managed to descend - team stood down.  
Keswick 18, 1hr
- 43 18273 22 February 14:35 Deepdale NY382128**  
Strong/heavy rain/cloudy/cold/dull. Moderate very wet footpath Hill Walking (Small party)  
Woman(55) - Subject slipped on very wet path, sustaining a fractured ankle.  
Patterdale 12, 2¾ hr; Penrith 7, 2¾ hr
- 44 18274 22 February 15:40 St Sunday Crag NY382128**  
Gale/cloudy/cold/dull. Steep very wet footpath Hill Walking (Alone)  
Man(56) - Subject had got in to difficulty on St Sunday Crag due to very strong gale-force winds. He phoned his wife who alerted mountain rescue. The man was located by the team and led to safety.  
Patterdale 12, 1hr; Penrith 7, 2hr
- 45 17915 23 February 18:30 High Crag, Buttermere NY180140**  
Fresh/broken cloud/cool/dark. Moderate ridge dry Hill Walking (Alone)  
Man(53) - Subject had become lost in darkness on High Crag, Buttermere, en route from Gatesgarth to Black Sail Youth Hostel. Unhurt when located.  
Cockermouth 26, 3½ hr

**46 17703 23 February 20:45 Swirl How NY273003**  
Conditions not reported Hill Walking (Alone)  
Man(30) - Subject reported missing by friends. Located safe and well by mobile phone in public house in Broughton-in-Furness.  
Coniston 15, 1hr

**47 17916 28 February 11:19 Whiteside, Buttermere NY169218**  
Fresh/clear/cool/bright. Steep footpath dry Hill Walking (Medium party (6 to 9))  
Woman(65) - Subject injured her shoulder whilst ascending a steep path up Whiteside. She was treated at the scene by a team doctor, shoulder reduced. Dislocated shoulder.  
Cockermouth 20, 2hr

**48 17499 28 February 19:20 River Kent, Sedgwick SD510878**  
Good. Animal Rescue  
Request from Cumbria Police to rescue a lamb that was stranded on an island in the centre of the River Kent. After a search, no lamb was visible and due to darkness, no further action was taken.  
Kendal 9, 1½ hr

### March 2008

**49 17545 1 March 18:15 Scafell Pike, 'Corridor Route' NY217082**  
Strong/showers/cloudy/dark. Undulating footpath very wet Hill Walking (Small party (2 to 5))  
Four Men(35 & NK) - Party of walkers became disorientated in mist and darkness, unable to find their way off. Wasdale team quickly located and escorted them to Styhead where Keswick MRT met them and escorted them down to their car in Borrowdale. No injuries.  
Keswick 8, 5¾ hr; Wasdale 6, 5hr

**50 17917 1 March 21:14 Angler's Crag, Ennerdale NY097149**  
Fresh/cloudy/mild/bright. Moderate Animal Rescue  
A dog was reported running up & down scree and there was concern that the owner may be lying injured nearby. The Team searched the area - nothing was found except a hound making its way back to the west end of Ennerdale Lake – false alarm good intent.  
Cockermouth 4, 1¼ hr

**51 17822 1 March 23:30 Crinkle Crag, Gt Langdale NY261034**  
Strong winds and heavy rain. Very wet Hill Walking (Small party (2 to 5))  
Two Men(NK) - Party of walkers reported missing on Crinkle Crag. Missing persons found and led to safety; poor navigation cited. No injuries.  
Wasdale 15, 1hr; Langdale Ambleside 15, 9hr

**52 17823 2 March 11:30 Lingmell NY206084**  
Light/dry/clear. Moderate crag Hill Walking (Small party (2 to 5))  
Man(NK) - Team requested to assist fellwalker reported to have hypothermia and unable to walk. Team members already in the valley requested the assistance of RAF Sea King on exercise in the valley. The casualty was airlifted to hospital. Hypothermia was diagnosed.  
Wasdale 20, 1hr; Boulmer SAR Helicopter

**53 18232 8 March 17:15 Lowther Park, Low Gardens Bridge NY521250**  
Conditions not reported. Hill Walking (Alone)  
Man(NK) - Requested to assist NWSAS evacuate elderly gentleman who had injured himself after a fall on a remote path. He was treated for a fractured leg and evacuated to waiting ambulance.  
Penrith 15, 1hr

- 54 17546 8 March 17:48 Barf NY216266**  
 Light/passing showers/clear/cool/dark. Steep crag rough Hill Walking (Family group)  
 Two Men(51 & 22) - Having started walk at 3.45 pm, this party then became cragfast, ran out  
 of light and had no torches. They were roped up and escorted down. Neither injured.  
 Keswick 11, 4½ hr
- 55 17704 9 March 12:18 Tranearth SD282954**  
 Fine and breezy. Wet Hill Walking (Not known)  
 Man(64) - Subject collapsed while walking. **FATAL** - heart attack.  
 Coniston 14, 1½ hr
- 56 17918 9 March 18:00 Honister, Buttermere NY224136**  
 Broken cloud/cool. Moderate Fell Running (Alone)  
 Man(40) - Fellrunner reported overdue. He was due at Honister at 16:00 but turned up safe at  
 Gatesgarth at 18:20, unhurt.  
 Cockermouth 10, ¾ hr
- 57 17626 10 March 17:30 Ore Gap, Gt Langdale NY240071**  
 Fresh/snow/broken cloud/cold/dark. Moderate frozen slope Hill Walking (Small party (2 to 5))  
 Man(NK), Woman(NK) - One of party reported in difficulty with knee problem. In the event  
 both located by helicopter and managed to walk to and from the helicopter.  
 Kendal 19, 4hr; Langdale Ambleside 29, 4hr
- 58 17543 12 March 15:06 School Knott Tarn, Windermere SD428975**  
 W-gale/passing showers/clear/cold/dull. Wet footpath Hill Walking (Small party (2 to 5))  
 Man(69) - Subject slipped on wet ground and sustained a fractured ankle.  
 Langdale Ambleside 12, 2hr
- 59 18424 14 March 16:06 Low Briery Railway Track NY293247**  
 Cool, dry, overcast. Dry Hill Walking (Small party (2 to 5))  
 Woman(40) - Subject complained of breathing difficulties.  
 Keswick 19, 1¼ hr
- 60 17547 15 March 14:10 Rydal Valley NY361088**  
 NE-fresh/passing showers/hill fog/mild/dull. Moderate track damp Hill Walking  
 A dog was heard barking accompanied by shouts over a prolonged period. Investigation  
 found foxhound activity in the area - false alarm with good intent.  
 Langdale Ambleside 4, 1hr
- 61 17705 15 March 15:15 Goat's Water, Coniston SD265978**  
 Mist. Wet Hill Walking (Small party (2 to 5))  
 Man(56) - Subject bent down to tie boot lace and dislocated his hip.  
 Coniston 14, 3¼ hr
- 62 17824 15 March 17:00 Irton Pike NY135025**  
 Light/dry/cloudy/dark. Gentle slope wet Hill Walking (Small party (2 to 5))  
 Two Women(NK) - Party of walkers became disorientated after darkness descended. They  
 settled down in bivvi bags and called for assistance. Quickly located by their lights and  
 escorted to safety.  
 Wasdale 5, 1½ hr
- 63 17554 16 March 15:06 Red Screes, Kirkstone NY398058**  
 N-fresh/passing showers/clear/cold/bright. Steep crag damp Hill Walking (Not known)  
 Man(40), Woman(40) - Couple became cragfast after straying from the path from Red Screes  
 to Kirkstone Summit. They were retrieved and escorted from the fellside. No injuries.  
 Langdale Ambleside 15, 1½ hr; Duddon & Furness 1, 1½ hr; SARDA (Lakes) 1, 1hr

- 64 19283 16 March 18:50 Graystone SD187878**  
 Light/fine/clear/cool/dark. Undulating footpath firm Hill Walking (Alone)  
 Man(61) - Walker reported missing. Intended route known. **FATAL** - no visible injuries, but known to have a heart condition.  
 Duddon & Furness 23, 3hr
- 65 18275 18 March 14:15 Helvellyn NY394154**  
 Fresh/dry/clear/very cold/bright. Level snow/ice Hill Walking (Winter) (Large party)  
 Person reported seeing group in difficulty on Helvellyn trying to descend Swirral Edge. The team put on standby one team member went to check. All reported OK when group seen descending to Red Tarn.  
 Patterdale 1, ½ hr
- 66 17840 19 March 16:30 Wasdale Head NY187087**  
 Conditions not reported Hill Walking (Alone)  
 Woman(NK) - Team responded to a call for an overdue fellwalker who had earlier phoned her husband to say she was in trouble. After a short search, she was found safe and well at the Wasdale Head campsite.  
 Wasdale 4, 1hr
- 67 18276 19 March 17:35 Hart Crag NY371114**  
 Light/dry/clear/very cold/moonlight. Moderate frozen footpath slippery Hill Walking (Winter)  
 Girl(14) - Subject on outdoor course slipped, injuring her ankle. She was stretchered to the helicopter after treatment for fracture and asthma attack. Rest of group continued camping in area.  
 Patterdale 15, 4hr; Boulmer SAR Helicopter
- 68 18277 21 March 13:00 Patterdale NY389163**  
 Moderate/dry/clear/very cold/bright. Level damp footpath Water Sport (all types)  
 Man(20) - Canoeist found collapsed, severely hypothermic. Called for air ambulance and treated at rescue centre till helicopter arrived.  
 Patterdale 6, 1hr; Great North AA Cumbria
- 69 18425 21 March 16:30 Bassenthwaite Lake - Bridges Hole NY229270**  
 Cold, dry, strong northerly winds. Rough shoreline Water Sport (all types)  
 Two Men(39 & NK) - Two kayakers capsized in Bassenthwaite lake due to strong, gusting winds. They were in the water for approximately 20 minutes, resulting in both suffering from hypothermia. Having reached the shore, they would go no further and called for assistance.  
 Keswick 16, 1½ hr
- 70 17557 23 March 02:34 Bowness On Windermere SD407971**  
 NE-fresh/snow/poor/freezing/dark. Undulating snow/ice, slippery Local Incident (Alone)  
 Boy(2) - Ambulance service requested assistance dealing with 2-year-old boy when roads became difficult due to snow. Breathing difficulties.  
 Langdale Ambleside 3, 2½ hr
- 71 17825 23 March 04:15 Scafell Pike, Middleboot Knotts NY214080**  
 Strong/snow/poor/very cold/dawn. Moderate slope snow Hill Walking (Winter)  
 Two Men(NK) - Party of 'Three Peakers' became disorientated in darkness, cloud and snow showers. They settled down in their bivvi bags and called for assistance. After a short search they were located and escorted down to the valley.  
 Wasdale 11, 6hr; SARDA (Lakes) 1, 6hr

- 72 17556 23 March 05:57 High Scales, Tebay NY597068**  
 N-fresh/snow/cloudy/freezing/dawn. Moderate snow Local Incident  
 Requested to assist ambulance dispatched to person with breathing difficulties in remote farmstead, but unable to access location due to severe weather conditions. Casualty and two paramedics transferred back to ambulance to complete the transfer to hospital.  
 Penrith 2, 2½ hr
- 73 17706 23 March 08:45 Low Park, Grizedale Forest SD343965**  
 Snowing. Wet snow Search - Non-mountain (Alone)  
 Man(48) - Despondent reported missing, threatening self-harm. **FATAL** - suicide by hanging.  
 Coniston 24, 9½ hr; SARDA (England) 8, 6hr; Penrith 4, 9½ hr; Boulmer SAR Helicopter
- 74 17558 23 March 12:35 Silver How, Grasmere NY327075**  
 NE-fresh/passing snow showers/clear/freezing/bright. Hill Walking (Winter) (Medium party)  
 Boy(17) - Subject fainted and collapsed. There was a history of this condition; drifted in and out of consciousness, later hyperventilating, low blood sugar.  
 Langdale Ambleside 10, 2½ hr; Great North AA Cumbria
- 75 17559 23 March 12:45 Brant Fell, Windermere SD407964**  
 NE-fresh/snow showers/broken cloud/freezing. Forestry Hill Walking (Winter) (Alone)  
 Man(50) - Subject slipped and sustained a fractured ankle. Initial location was in centre of Bowness. Considerable delay because casualty didn't actually know where he was.  
 Langdale Ambleside 5, 2¼ hr; Kendal 16, 2¼ hr
- 76 17560 23 March 20:28 Bowfell, Flat Crag NY245067**  
 NE-light/dry/clear/freezing/starlight. Steep crag snow/ice, slippery Hill Walking (Not known)  
 Two lights reported stationary for nearly 2 hours in Flat Crag, Bowfell Buttress area. Team members investigated and tracked lights from valley floor, initially making slow progress, then eventually reaching The Band. Members left at that point without further action.  
 Langdale Ambleside 3, 1½ hr
- 77 17594 24 March 11:20 Helm Crag, Grasmere NY328087**  
 NE-light/passing snow showers/cloudy/cold/dull. Steep footpath Hill Walking (Not known)  
 Man(73) - Subject felt dizzy, faint and nauseous, unable to continue. Ambulance Service mobilised an air ambulance and MRT. Subject wouldn't go in air ambulance, but was persuaded to walk down with team and see a doctor.  
 Langdale Ambleside 9, 1¼ hr; Great North AA Cumbria
- 78 17628 24 March 14:00 Gummers Howe SD389883**  
 Calm/dry/clear/cool/bright. Moderate bank Hill Walking  
 Responding to ambulance request for assistance; subject collapsed with sudden head pain. Casualty evacuated by air ambulance shortly after first team members arrived on scene.  
 Kendal 17, 1hr
- 79 19284 25 March 12:30 Caw SD229942**  
 N-moderate/hail/clear/cool/dull. Moderate slope damp Local Incident  
 An unexploded WW2 bomb was found by a team member. The bomb squad were escorted to the site and the public kept at a safe distance while a controlled explosion was carried out.  
 Duddon & Furness 5, 4hr
- 80 17595 25 March 20:00 Raven Crag, Red Screes NY396085**  
 NE-light/dry/broken cloud/cool/dark. Steep crag rough Hill Walking (Winter)  
 Man(67) - Subject reported overdue by wife. Car located at Kirkstone car park. Search located a body on Red Screes. **FATAL** - head and facial injuries.  
 Langdale Ambleside 16, 6hr; Patterdale 13, 6hr; SARDA (Wales) 1, 6hr; SARDA (Lakes) 6, 6hr

**81 18279 26 March 13:05 Helvellyn NY346151**  
Fresh/dry/low cloud/very cold/dull. Steep snow/ice ridge Hill Walking (Winter) (Family group)  
Two Men(38 & 41), Three Boys(12, 10 & 9) - Father and son fell from top of Helvellyn  
unsuitable footwear reported for conditions. Rest of party cragfast at site of slip; teams roped  
them off after dealing with first casualties. Both head injuries, remainder unhurt.  
Patterdale 15, 5½ hr; Penrith 15, 5½ hr; Boulmer SAR Helicopter

**82 17841 26 March 14:59 Yew Crag, Eskdale NY219022**  
Moderate/snow/low cloud/very cold/dark. Gentle footpath Hill Walking (Winter) (Family group)  
Five Males(NK) - Party of two adults and 3 children made a navigational error coming off  
Scafell Pike and descended into Eskdale. After a protracted search they were found safe and  
well close to Brotherilkeld in Eskdale.  
Wasdale 17, 7hr

**83 18426 29 March 13:41 Narrow Moor NY235174**  
Weather not reported. Moderate footpath Hill Walking (Not known)  
Woman(56) - Subject reported to be collapsed. A probable faint due to no lunch and low  
energy levels.  
Keswick 16, 3¼ hr

**84 17629 30 March 17:30 Hallow Bank, Kentmere NY468060**  
Light/dry/clear/cold. Moderate frozen track slippery Hill Walking (Small party (2 to 5))  
Man(38) - Subject slipped and fractured his left ankle. Stretchered from fellside and taken to  
local hospital.  
Kendal 16, 2½ hr

**85 17630 31 March 14:05 Ill Bell NY436077**  
Light/dry/cool/bright. Moderate frozen slope slippery Hill Walking (Small party (2 to 5))  
Man(61) - Subject slipped on frozen ground and sustained chest injury. Airlifted from scene  
and flown to hospital.  
Kendal 16, 4¾ hr; Langdale Ambleside 5, 4hr; Boulmer SAR Helicopter

**86 18427 31 March 20:59 Black Crag, 'Troutdale Pinnacle' NY262170**  
Dark. Vertical rockface Rock Climbing (Small party (2 to 5))  
Two Men(21) - A late start possibly resulted in trying to abseil off. The rope got jammed!  
Freed and lowered to safety.  
Keswick 16, 2hr

#### April 2008

**87 17624 2 April 13:45 Moment Crag, Grasmere NY313103**  
SW-light/dry/clear/mild/bright. Steep moorland boggy Hill Walking (Small party (2 to 5))  
Man(79) - Subject suffered recurrence of old knee injury and was unable to continue walk.  
Langdale Ambleside 13, 2hr

**88 17631 2 April 21:30 Nether Bridge, Kendal SD516919**  
Fresh/dry/poor/cool/dark. Level bank Local Incident (Alone)  
Requested to provide water safety cover for police as they coaxed a person they were trying  
to apprehend, out of the River Kent. Fire and Ambulance also in attendance. Eventually  
climbed out of river up ladder.  
Kendal 21, 1hr

**89 17826 3 April 15:15 Eskdale NY202005**  
Calm/dry/clear/cool/bright. Gentle footpath dry Hill Walking (Small party (2 to 5))  
Woman(55) - Subject slipped while crossing river, sustaining fractured left ankle. Stretchered  
to ambulance on nearby road.  
Wasdale 15, 2hr

- 90 17635 3 April 19:00 Pavey Ark, Jack's Rake NY283077**  
 SW-light/dry/clear/cool/dusk. Steep crag damp, slippery Rock Scrambling  
 Bag recovered by passing scramblers. Police alerted because of concern that owner had  
 fallen. Area search by members and search dog. Nothing found, but police received call  
 claiming bag the following day, as result of information on website.  
 Langdale Ambleside 2, 3½ hr; SARDA (Lakes) 1, 3½ hr
- 91 17636 4 April 14:30 Crinkle Crag, Long Top NY249056**  
 SW-light/dry/low cloud/cool/dull. Moderate crag damp Hill Walking (Alone)  
 Woman(46) - Subject became lost in mist. Three hours were spent trying to talk her down,  
 without success. So we gave up and went to get her.  
 Langdale Ambleside 12, 6½ hr; SARDA (Lakes) 3, 4hr
- 92 17712 4 April 16:53 Askham Fell, The Riggs NY498220**  
 Dry bright cool. Damp short grassland Motor Sport (Small party (2 to 5))  
 Man(29) - Motocross rider fell from bike following an ill-judged jump in disused quarry.  
 Fractured femur diagnosed.  
 Penrith 12, 1¼ hr
- 93 18428 5 April 13:30 Cat Bells, Traverse path NY248203**  
 Fine/bright. Undulating footpath Hill Walking (Not known)  
 Woman(51) - Subject stumbled and fell 20ft off the path, sustaining head and spine injuries.  
 Keswick 19, 1¼ hr; Great North AA Cumbria
- 94 17968 5 April 16:03 Pillar Rock, Ennerdale NY171124**  
 Strong/snow/freezing. Steep damp Rock Climbing (Small party (2 to 5))  
 Man(54) - Climber fell whilst climbing 'New West' route, Pillar, sustaining head and leg  
 injuries. The two climbers managed to abseil off the route to the base of the crag. Team  
 members helped them down to the valley. Laceration to head and bruising to leg diagnosed.  
 Cockermouth 20, 2½ hr
- 95 18429 8 April 14:29 Cat Bells NY245205**  
 Conditions not reported Hill Walking (Not known)  
 Man(46) - Subject reported to be unconscious, possible allergic reaction.  
 Keswick 20, 1½ hr; Great North AA Cumbria
- 96 17711 9 April 13:34 Dufton Pike, Cosca Hill NY691272**  
 Overcast damp cool. Steep wet grass Fell Running (Small party (2 to 5))  
 Man(58) - Subject was ascending steep wet grassy slope when he slipped and was pulled  
 over by his own dog on a lead. He sustained a fractured left clavicle for his efforts.  
 Penrith 10, 2hr
- 97 18430 11 April 11:26 Castle Crag, Borrowdale NY248158**  
 Rain/cold/dull. Steep crag wet, slippery Rock Scrambling (Small party (2 to 5))  
 Man(62) - Subject slipped while scrambling down some rocks and fell 60ft down ledges,  
 through trees on to scree below. He was diagnosed with back, head, arm and internal  
 injuries.  
 Keswick 15, 2hr; Boulmer SAR Helicopter
- 98 18431 11 April 15:02 Blencathra, Knowe Crags NY311269**  
 Strong/hill fog/cold/dull. Steep slope, slippery Hill Walking (Small party (2 to 5))  
 Man(58) - Subject slipped when finding shelter from the wind and fell 150m. He was treated  
 for a fracture/dislocation of left arm, and minor head injuries.  
 Keswick 23, 3hr; Boulmer SAR Helicopter



- 99 17678 12 April 13:52 Three Tarns, Gt Langdale NY248060**  
NE-fresh/passing showers/low cloud/cool/dull. Moderate footpath snow Hill Walking  
Man(NK) - Subject reported collapsed with hypothermia. Recovered by RAF helicopter before  
team members arrived.  
Langdale Ambleside 12, 2¼ hr; Boulmer SAR Helicopter
- 100 18432 12 April 14:20 Blencathra, Doddick Fell NY334267**  
Rain/clear/cold/bright. Moderate footpath wet, slippery Hill Walking (Not known)  
Man(66) - Subject collapsed suddenly and without warning on descent. His friends performed  
CPR until team and paramedics arrived. Heart attack diagnosed.  
Keswick 21, 1¼ hr; Boulmer SAR Helicopter
- 101 18433 12 April 17:51 Langstrath, Tray Dub NY265103**  
Weather not reported. Undulating footpath wet Mountain Biking (Small party (2 to 5))  
Man(39) - Subject fractured his patella in three places towards the end of a long bike ride.  
Keswick 25, 2hr
- 102 18280 13 April 12:40 Hollin Hause Gill NY417178**  
Fresh/passing showers/broken cloud/very cold/dull. Steep loose gully Hill Walking  
Man(39) - Subject slipped in gully fracturing his ankle.  
Patterdale 16, 5hr
- 103 19285 13 April 18:26 Wallowbarrow Crag SD222966**  
W-light/dry/clear/mild/bright. Undulating foot of crag Rock Climbing (Small party (2 to 5))  
Man(49) - Climber had fallen 25 feet and rolled into some rocks. He was diagnosed with  
compound fracture in lower leg, knee, nose and facial injuries.  
Duddon & Furness 24, 2½ hr; Gannet SAR Helicopter
- 104 17707 14 April 10:27 Red Dell, Coppermines Valley SD288988**  
Fine. Dry Hill Walking (Medium party (6 to 9))  
Man(NK) - Subject slipped and fractured an ankle.  
Coniston 14, 1½ hr
- 105 17710 16 April 22:30 Codale Tarn, Grasmere NY297087**  
NE-fresh/dry/broken cloud/cool/dark. Moderate moorland boggy Hill Walking (Large party)  
Woman(24) - Subject was taken ill while overnight camping. Appendicitis, complicated by  
pregnancy was diagnosed.  
Langdale Ambleside 12, 2½ hr; Boulmer SAR Helicopter
- 106 17969 17 April 18:00 West Newton, Aspatria, Cumbria NY145418**  
Conditions not reported Search - Non-mountain (Alone)  
Local resident was reported missing from her home near Aspatria. She turned up safe and  
well in Rochdale as search dogs and the team were being mobilised.  
Cockermouth 1, 1¼ hr
- 107 17713 19 April 05:30 Ainstable, Penrith NY532465**  
E-fresh/dry/cloudy/cool/dull. Undulating farmland Search - Non-mountain (Alone)  
Man(59) - Subject reported missing when he failed to return from pub late previous night. No  
evidence of self-harm or health concerns but police feared for his safety. Located safe and  
well in neighbouring village following public appeal. Unhurt.  
Penrith 9, 3hr; Boulmer SAR Helicopter
- 108 18281 19 April 13:00 Ullswater NY431205**  
Strong/dry/broken cloud/cold/dull. Water Sport (all types)  
Boat drifting towards rocks due to rope caught round prop. Team boat sent to help. Boat was  
towed by another boat to safety. MRT boat stood down.  
Patterdale 4, 1hr

- 109 18282 19 April 16:04 Ruthwaite Lodge, Grisedale NY355134**  
 Strong/dry/broken cloud/cold/bright. Moderate damp footpath Hill Walking (Large party)  
 Man(61) - Subject collapsed while descending. He was given help by a passing doctor and his friends till the rescue team arrived. He was pronounced dead at scene. **FATAL** - heart attack.  
 Patterdale 11, 3hr; Boulmer SAR Helicopter
- 110 17714 20 April 14:08 Moor Divock, Askham NY483227**  
 E-fresh/dry/cloudy/cold/dull. Undulating track Hill Walking (Small party (2 to 5))  
 Woman(72) - Subject fell while walking a bridleway, striking her head on rocky ground. Deep laceration to scalp.  
 Penrith 12, 1hr
- 111 17716 20 April 16:00 High Pike, Eastern Fells NY373083**  
 S-light/dry/broken cloud/cool/dull. Moderate footpath damp Hill Walking (Small party (2 to 5))  
 Man(NK) - Subject slipped sustaining an ankle fracture.  
 Langdale Ambleside 13, 2½ hr; Leconfield SAR Helicopter
- 112 17829 21 April 12:45 Wastwater NY153054**  
 E-moderate/dry/clear/cool/bright. Water Sport (all types)  
 Man(NK) - Report of a swimmer in difficulties in Wastwater. The team set off with their boat but the swimmer, who was a diver managed to swim to the shore unaided.  
 Wasdale 13, 1hr
- 113 18797 22 April 07:30 Scafell - Scafell Pike NY215072**  
 Light/dry/clear/cool/bright. Hill Walking (Small party (2 to 5))  
 Man(NK) - Informant reported his companion had fallen into a crevasse and needed help. Location given as Scafell or Scafell Pike but unclear. The team deployed and requested helicopter support but the pair self-rescued before the team arrived. No injuries.  
 Wasdale 21, 1½ hr
- 114 17831 22 April 15:50 Horn Crag, Slight Side NY208048**  
 Moderate/dry/clear/cool/bright. Moderate footpath loose Hill Walking (Not known)  
 Man(65) - Walker slipped and fractured his left ankle. Exact location given so he was quickly located and stretchered two miles to a waiting ambulance and transferred to hospital.  
 Wasdale 18, 4hr
- 115 18474 23 April 13:08 Boo Tarn, Walna Scar track SD285975**  
 Fine. Moderate footpath damp Hill Walking (Small party (2 to 5))  
 Man(NK) - Subject fell down hillside from track as a result of dog pulling. As a result he fractured his lower right leg.  
 Coniston 14, 1½ hr; Great North AA Cumbria
- 116 17970 23 April 17:10 Hassness, Buttermere NY184160**  
 Weather not reported. Gentle footpath Hill Walking (Small party (2 to 5))  
 Woman(64) - Subject fell on a path near Hassness, Buttermere. She sustained a head injury and was flown by air ambulance to West Cumberland Hospital.  
 Cockermouth 24, 1½ hr
- 117 18434 24 April 19:27 Skiddaw, Gibraltar Crag NY259294**  
 Showers/clear. Steep crag Search - Mountain (Not known)  
 A local reported seeing something like a downed paraglider in the crags high up on the mountain. The report was investigated. It turned out to be an old patch of snow in the evening light.  
 Keswick 3, 1hr

**118 17745 26 April 12:15 Hart Crag NY369114**  
SW-gale/heavy rain/low cloud/cool/dull. Steep crag very wet, slippery Hill Walking (Alone)  
Man(35) - Walker attempted to retreat from route after weather deteriorated, but he became  
lost and cragfast. He had to be instructed how to use a compass to give slope aspect. He  
became very cold and developed hypothermia.  
Langdale Ambleside 15, 7½ hr; Patterdale 11, 5hr; Kendal 10, 5½ hr; SARDA (Lakes) 2, 8hr;  
Penrith 2, 2hr

**119 17781 26 April 17:15 Wet Sleddale NY555114**  
SW-fresh/drizzle/misty/mild/dull. Undulating moorland Hill Walking (Medium party (6 to 9))  
Six Men(18) - Party of walkers reported themselves lost in thick hill fog. They had no map or  
compass and appeared to lack any navigation skills. Within two hours of the search effort  
being initiated, the group found a path that returned them to their starting point.  
Penrith 11, 2¾ hr; Kirkby Stephen 15, 2¾ hr; Kendal 13, ½ hr; SARDA (Lakes) 2, 2¾ hr

**120 17832 26 April 17:15 Mosedale, Wasdale Head NY172111**  
Moderate/heavy rain/foggy/cool/dull. Moderate footpath loose Hill Walking (Small party (2 to 5))  
Man(44) - Subject slipped on wet grass and sustained a fracture-dislocation to left ankle. He  
was stretchered to the roadhead and transferred to an ambulance.  
Wasdale 24, 4hr

**121 18475 27 April 15:45 Claife Heights SD373986**  
Wet. Wet Mountain Biking (Small party (2 to 5))  
Man(32) - Rider hit rock and came off bike. Right arm injury and possible head injury.  
Coniston 15, 1¾ hr

**122 18284 27 April 16:21 Mires Beck, Glenridding NY377167**  
Light/drizzle/cloudy/cool/dull. Moderate wet footpath Hill Walking (Small party (2 to 5))  
Woman(60) - Subject descending beck but slipped on wet rock and fractured her ankle.  
Patterdale 7, 1hr

**123 17833 30 April 05:00 Scafell, Slight Side NY213044**  
Strong/snow/low cloud/very cold/dull. Moderate Hill Walking (Winter) (School/Youth group)  
Five Boys(16) - Party of teenagers reported themselves lost. Search mounted on information  
obtained by mobile phone. Found uninjured but very cold and wet. Taken to Barrow hospital  
by helicopter for checkup. No injuries  
Wasdale 17, 6½ hr; Langdale Ambleside 5, 6½ hr; Kendal 11, 6½ hr; SARDA (Lakes) 2, 6½  
hr; Boulmer SAR Helicopter

**124 18435 30 April 13:55 Eagle Crag NY275121**  
Light/dry/cloudy/bright. Steep ridge wet, slippery Hill Walking (Alone)  
Woman(25) - Subject slipped on her descent and fell about 10ft down a rake. A lucky lady  
because she was just able to get a mobile phone signal, otherwise she could have been  
there for a long time in a relatively remote place! Compound fracture of tibia and fibula was  
disgnosed.  
Keswick 21, 3hr; Great North AA Cumbria

## May 2008

**125 18285 1 May 16:21 Patterdale Common NY397169**  
Light/showers/broken cloud/cool/dull. Moderate damp footpath Hill Walking (Family group)  
Man(71) - Subject slipped on path and fractured his ankle.  
Patterdale 10, 2hr

**126 17971 2 May 16:25 Scarth Gap Pass, Buttermere NY187139**  
 Light/cool. Moderate footpath Hill Walking (Small party (2 to 5))  
 Woman(53) - Subject fell on the path descending from Scarth Gap, near Gatesgarth Farm, Buttermere, fracturing her ankle. She was carried to the farm on a stretcher and taken to West Cumberland Hospital.  
 Cockermouth 26, 3hr

**127 18476 3 May 14:00 Brossen Stone Quarry SD278972**  
 Fine. Dry Fell Running (Alone)  
 Man(42) - Subject slipped and fractured right ankle.  
 Coniston 12, 1¼ hr

**128 17842 3 May 17:20 Burnmoor Tarn, Wasdale NY182064**  
 Light/dry/clear/mild/bright. Moderate footpath loose Hill Walking (Not known)  
 Woman(NK) - Fellwalker sustained fractured ankle on path between Wasdale and Burnmoor tarn. Treated on scene, stretchered down and transferred to ambulance for hospital.  
 Wasdale 22, 2hr

**129 18436 4 May 21:35 Grisedale Tarn NY349116**  
 Conditions not reported. Hill Walking (Not known)  
 Man(35) - Subject was taken ill while walking. He was carried down to Thirlmere where he was transferred to an ambulance and taken to hospital. Gastro-enteritis.  
 Keswick 17, 4hr

**130 18286 5 May 12:46 Helvellyn, Striding Edge NY347146**  
 Light/dry/clear/warm/bright. Steep dry ridge Hill Walking (Alone)  
 Man(80) - Subject fell 300ft from Striding Edge into Nethermost Cove. He was airlifted to Cumberland Infirmary, Carlisle but pronounced dead on arrival. **FATAL** - multiple injuries.  
 Patterdale 10, 2¼ hr; Boulmer SAR Helicopter

**131 17778 6 May 14:00 Gimmer Crag, Gt Langdale NY277070**  
 SW-fresh/fine/clear/warm/dusk. Vertical crag dry Rock Climbing (Small party (2 to 5))  
 Woman(33) - Climber became trapped with her knee wedged in a crack on a belay stance. Trapped for more than 1 hour before calling team. Subsequently remained trapped for total of 7 hours before being freed by CRO members. Scrapes and bruising to knee.  
 Langdale Ambleside 17, 9hr; Kendal 9, 8hr; Cave Rescue Organisation 10, 6¾ hr; Boulmer SAR Helicopter

**132 17779 6 May 14:35 Gibson Knott, Grasmere NY318099**  
 SW-fresh/fine/clear/warm/bright. Undulating moorland grassy Hill Walking (Medium party)  
 Woman(39) - Subject slipped and sustained a strained knee requiring treatment.  
 Langdale Ambleside 4, 3hr; Kendal 14, 2hr

**133 17782 6 May 18:40 Cross Fell, N Pennines NY658332**  
 W-light/dry/clear/mild/bright. Gentle moorland grassy Hill Walking (Small party (2 to 5))  
 Man(63) - Subject slipped and fell, landing on his back which he twisted. Severe discomfort resulted but he managed to self-evacuate some distance down off the hill. He summoned help with less than a mile to go when he could go no further. Soft tissue injury to lumbar spine, torn muscle leading to spasms causing sciatic pain in both legs.  
 Penrith 15, 1hr

**134 17783 7 May 13:26 Kidsty - High Raise col NY446131**  
 S-fresh/dry/clear/warm/bright. Gentle moorland boggy Hill Walking (Small party (2 to 5))  
 Man(70) - Subject stumbled crossing very boggy ground injuring his ankle; he was unable to bear any weight. Torn ligament was diagnosed.  
 Penrith 9, 1½ hr; Great North AA Cumbria ; North West Air Ambulance

- 135 17780 8 May 14:04 Gimmer Crag, Ash Tree Ledge NY277071**  
 SW-fresh/fine/clear/warm/bright. Vertical crag dry Rock Climbing (Small party (2 to 5))  
 Man(62) – Lead climber fell 10 metre resulting in left ankle fracture.  
 Langdale Ambleside 14, 7hr; Kendal 11, 4hr
- 136 18437 8 May 14:13 Helvellyn, Swirls track NY327164**  
 Dry/clear/hot/bright. Steep track dry Hill Walking (Alone)  
 Man(NK) - Party of walkers came across a collapsed male. Despite their best efforts, the man was declared dead at scene. **FATAL** - heart attack.  
 Keswick 13, 2½ hr
- 137 17834 10 May 12:00 Great Gable, Little Hell Gate NY207100**  
 Moderate/dry/clear/warm. Vertical crag Animal Rescue  
 Sheep reported cragfast on ledge of crag. Single sheep recovered from cragfast location.  
 Wasdale 3, 3hr
- 138 18438 11 May 15:10 Grisedale Pike NY201230**  
 Thunderstorm after very hot weather. Moderate slope dry Local Incident  
 At the end of a week of exceptionally warm weather, a lightning strike caused a hill fire to start. Assistance was given to the Fire Service in bringing the fire under control. There was a concern that the fire might have spread to the nearby forest!.  
 Keswick 19, 3½ hr; Cockermouth 11, 3½ hr
- 139 17787 11 May 15:25 Brock Crag, Sweden Bridge NY377066**  
 SW-calm/showers/clear/warm/dull/thunder. Moderate footpath Hill Walking (Small party)  
 Woman(38) - Subject felt unwell and faint, unable to continue. Low blood sugar diagnosed.  
 Langdale Ambleside 11, 1½ hr
- 140 18439 12 May 14:56 Castle Crag, Allerdale Ramble NY248160**  
 Weather not reported. Undulating track rough Hill Walking (Not known)  
 Woman(84) - Subject stumbled on the path and sustained scalp lacerations in falling.  
 Keswick 13, 1¼ hr; Great North AA Cumbria
- 141 18440 12 May 15:20 Shepherd's Crag, 'Adam' NY263185**  
 Weather not reported. Vertical rockface Rock Climbing (Not known)  
 Man(59) - Climber had fallen 12-15ft from the first pitch while seconding the climb. Ankle injury & bruised wrist.  
 Keswick 9, ¾ hr; Great North AA Cumbria
- 142 17811 13 May 02:30 Farleton, S Cumbria SD545785**  
 Conditions not reported Search - Non-mountain (Alone)  
 Man(NK) - Police requested assistance to find a despondent who went missing the previous night. As an initial search group assembled, the subject turned up, unhurt.  
 Kendal 5, 1hr
- 143 18477 13 May 13:35 Tarn Howes SD331997**  
 Fine. Dry Hill Walking (Small party (2 to 5))  
 Man(76) - Subject slipped on path, put arm out to protect himself and suffered an fractured upper arm.  
 Coniston 8, 1hr
- 144 17807 15 May 14:50 Easedale Tarn NY308086**  
 SW-light/fine/clear/warm/bright. Moderate footpath damp, slippery Hill Walking (Alone)  
 Woman(35) - Subject slipped and dislocated her ankle. Called ambulance, who called air ambulance, who called MRT.  
 Langdale Ambleside 11, 2hr; Great North AA Cumbria

**145 18478 17 May 12:04 Tarn Howes NY330022**  
 Fine. Dry Hill Walking (Small party (2 to 5))  
 Woman(35) - Subject fell over tree root and injured upper arm/shoulder.  
 Coniston 1, 1¾ hr

**146 18287 17 May 18:41 Boredale Hause, Patterdale NY400161**  
 Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))  
 Woman(79) - Subject slipped on path and fractured her ankle.  
 Patterdale 7, 1½ hr

**147 17843 18 May 12:45 Great Gable, Kern Knotts NY215096**  
 Light/dry/clear/cool/bright. Vertical rockface Rock Climbing (Small party (2 to 5))  
 Man(39) – Lead climber took a 6m fall sustaining spinal and internal injuries. Treated on scene by the team and airlifted to Cumberland Infirmary, Carlisle by Royal Navy Sea King.  
 Wasdale 19, 5hr; Gannet SAR Helicopter

**148 17892 21 May 12:30 Barton Fell, Pooley Bridge NY478213**  
 NE-light/dry/clear/warm/bright. Moderate moorland dry Hill Walking (Small party (2 to 5))  
 Man(53) - Subject collapsed with severe chest pain, unable to continue; history of heart disease. Severe angina diagnosed.  
 Penrith 9, 1¼ hr; Great North AA Cumbria

**149 18288 21 May 16:00 Silver Point, Ullswater NY397182**  
 Calm/dry/broken cloud/cool/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))  
 Woman(69) - Subject slipped and fell 8ft over rocks, sustaining head injury.  
 Patterdale 8, 1hr; Great North AA Cumbria

**150 18441 23 May 19:04 Watendlath - Dock Tarn - Blea Tarn NY275163**  
 Weather not reported. Undulating track wet, slippery Hill Walking (Alone)  
 Man(66) - Subject was reported to be overdue from his walk by 2½ hr. He was wearing wellies and had a medical condition. He turned up as the team was mobilising, unhurt.  
 Keswick 17, 1½ hr

**151 18443 24 May 00:05 Buttermere - Grasmere NY337074**  
 Conditions not reported Mountain Biking (Alone)  
 Man(37) - Subject set off from Buttermere at 4 pm to cycle across the fells to Grasmere. He turned up at Grasmere at 4 am having taken a tumble near Angle Tarn, sustaining minor head abrasions.  
 Keswick 9, 6¼ hr; Langdale Ambleside 12, 5hr; SARDA (Lakes) 6, 6¼ hr

**152 18289 24 May 13:05 Caiston Glen NY399106**  
 Fresh/dry/broken cloud/mild/bright. Moderate dry footpath Hill Walking (Large party)  
 Man(70) - Subject slipped whilst walking with friends, sustaining ligament damage to left knee.  
 Patterdale 6, 2¼ hr

**153 18444 24 May 18:03 Derwentwater NY257198**  
 Conditions not reported. Water Sport (all types) (Small party (2 to 5))  
 Man(NK), Woman(NK) - A couple capsized their dinghy and were unable to right it as the mast had become stuck in the mud. Observers saw the upturned boat but no sailors so they raised the alarm. The occupants had somehow managed to get to shore. No injuries.  
 Keswick 20, 1¼ hr

**154 18290 25 May 12:44 Dovedale NY391117**  
 Strong/fine/broken cloud/mild/bright. Moderate dry footpath Hill Walking (Family group)  
 Woman(29) - Subject slipped and fractured her ankle while out walking with her family.  
 Patterdale 8, 2¼ hr

- 155 17890 25 May 13:25 Windscarth Wyke, Bush How SD657983**  
 Strong wind, clear dry sunny. Dry firm Hill Walking (Small party (2 to 5))  
 Woman(NK) - Subject sprained ankle while walking.  
 Kirkby Stephen 14, 1½ hr
- 156 17891 25 May 15:16 High Cup Nick, N Pennines NY734257**  
 Strong winds, dry, fine sunny. Rocky fellpath Hill Walking (Large party)  
 Man(72) - Subject tripped on path, resulting in a cut and large contusion to head above left eye.  
 Kirkby Stephen 16, 2¾ hr; SARDA (Lakes) 2, 2hr
- 157 18291 26 May 14:00 Flossgate, Ullswater NY448222**  
 Strong/dry/broken cloud/mild/bright. Water Sport (all types) (Family group)  
 Called to assist an up-turned boat with three people in water. MRT boat was launched but was stood-down as sailing club had rescued people and another boat had rescued the up-turned boat.  
 Patterdale 4, ¾ hr
- 158 18292 26 May 14:50 Place Fell, Long Crag NY408194**  
 Strong/dry/broken cloud/mild/bright. Moderate dry footpath Hill Walking (Family group)  
 Woman(74) - Subject slipped on rock and fell dislocating her left shoulder. The team together with Penrith MRT doctor reduced the dislocation on scene and she was evacuated by team boat.  
 Patterdale 5, 1hr; Penrith 1, 1hr
- 159 18293 26 May 14:55 Grisedale, Ruthwaite Lodge NY356136**  
 Strong/dry/broken cloud/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))  
 Woman(43) - Subject tripped on path, dislocating her right ankle and fracturing her right wrist.  
 Patterdale 10, 3½ hr; Penrith 18, 3½ hr
- 160 18042 26 May 16:20 River Duddon, Fickle Steps SD228973**  
 Light/dry/clear/mild/bright. Moderate bank firm, slippery Hill Walking (Small party (2 to 5))  
 Girl(11) - Subject had fallen 30ft from path onto riverbank. Treatment provided by ambulance service for facial injuries, fractured pelvis, fractured ankle.  
 Duddon & Furness 16, 2hr
- 161 17920 26 May 21:50 Hucks Bridge, Kendal NY552038**  
 Calm/dry/clear/cool/dusk. Gentle grassy bank Motor Sport (Small party (2 to 5))  
 Man(NK) - Subject rolled from a quad bike and over a bank by a stream. Ambulance in attendance but requested assistance with evacuation. Injuries not reported.  
 Kendal 20, 1¼ hr
- 162 18445 27 May 00:10 Skiddaw NY228247**  
 Conditions not reported Search - Mountain (Not known)  
 Campers at Thornthwaite reported seeing a flashing light for about an hour. We went to the campsite to investigate and also checked that there was no-one overdue. No action was taken.  
 Keswick 5, 1hr
- 163 18294 28 May 14:56 The Knott NY437127**  
 Calm/fine/hill fog/warm/dull. Steep dry footpath Hill Walking (Small party (2 to 5))  
 Report of flare being seen in the area of the Knott. The team meet up with the reporting people on the hill. Nothing more was seen; team search area around the Knott but nothing untoward found; false alarm good intent.  
 Patterdale 7, 2½ hr

- 164 17972 28 May 16:05 Rannerdale Knotts, Buttermere NY168181**  
 Moderate/cool/bright. Moderate footpath rough Hill Walking (Medium party (6 to 9))  
 Man(82) - Subject fell whilst walking near Rannerdale Knotts summit, sustaining head injuries. The casualty was lowered down the fellside to a safe location, from where an RAF helicopter could airlift him to Cumberland Infirmary, Carlisle. Deep facial/head wound was treated and history of medicated angina noted.  
 Cockermouth 20, 2½ hr; Boulmer SAR Helicopter
- 165 17868 28 May 18:21 Fairfield NY359116**  
 SW-moderate/showers/low cloud/mild/dusk. V wet moorland Hill Walking (Small party)  
 Man(49), Woman(45) - Party of two became lost trying to find a way off Fairfield summit. They were unable to follow instructions as to which direction to take and ended up heading for Patterdale. Located unharmed and led to safety.  
 Langdale Ambleside 13, 5hr; Patterdale 13, 4hr; Penrith 12, 4hr; SARDA (Lakes) 4, 5hr
- 166 18479 29 May 12:30 Grizedale Forest SD333958**  
 Good. Dry Mountain Biking (Small party (2 to 5))  
 Woman(42) - Subject fell from mountain bike descending, landed head first into stream, after 3m drop. She was treated for back injuries.  
 Coniston 14, 2½ hr
- 167 18747 29 May 14:45 Scafell Pike NY213074**  
 Light/dry/clear/mild/bright. Moderate footpath rough Hill Walking (Small party (2 to 5))  
 Man(64) - Subject slipped while descending, sustaining lacerations to scalp. Called for assistance but was able to start descending before team arrived. Met by team, assisted to walk down and taken to accomodation at Wasdale Head.  
 Wasdale 19, 4½ hr
- 168 17869 29 May 16:15 Loughrigg Terrace NY344057**  
 SW-light/dry/clear/warm/bright. Moderate track dry, slippery Mountain Biking (Small party)  
 Man(NK) - Rider came off mountain bike, sustaining a dislocated shoulder, and fractured clavicle.  
 Langdale Ambleside 8, 1¼ hr; Great North AA Cumbria
- 169 18237 30 May 12:17 Helvellyn, East Gully NY345150**  
 Light/dry/broken cloud/mild/bright. Steep dry gully Hill Walking (Small party (2 to 5))  
 Woman(NK) - Subject fell from exposed ridge into gully, sustaining a fractured spine, fractured wrist and head injury. Treated at the scene by passing doctor and the team.  
 Patterdale 11, 1hr; Penrith 14, 1hr; Boulmer SAR Helicopter
- 170 18238 30 May 12:27 Helvellyn, Striding Edge NY346150**  
 Light/dry/broken cloud/mild/bright. Steep dry gully Hill Walking (Not known)  
 Man(NK) - Subject had fallen from 'Bad Step' on Striding Edge. No details of injuries.  
 Penrith 14, 4½ hr; Patterdale 1, 4½ hr; Boulmer SAR Helicopter
- 171 17870 30 May 14:59 Crinkle Crag, Gunson Knott NY248056**  
 SW-moderate/dry/clear/warm/bright. Moderate moorland dry Hill Walking (Small party)  
 Man(NK) - Subject slipped and crumpled onto ankle, treated for a fractured ankle.  
 Langdale Ambleside 15, 4hr; Kendal 11, 4hr
- 172 18748 30 May 16:15 Styhead NY213095**  
 Light/dry/clear/mild/bright. Moderate footpath rough Hill Walking (Small party (2 to 5))  
 Woman(59) - Subject slipped on path while descending sustaining lower leg injury. Managed to walk part way down unaided but had to be carried for the last part. Transferred to hospital by companions.  
 Wasdale 27, 4hr; Cockermouth 12, 4hr



**173 18749 30 May 16:30 Shamrock, Scafell NY206069**  
Light/dry/clear/mild/bright. Vertical rockface Rock Scrambling (Small party (2 to 5))  
Man(49), Woman( NK) - Subject sustained critical injuries following a fall on Shamrock. She was airlifted to hospital but was declared dead on arrival. **FATAL** – multiple injuries. Her companion sustained a dislocated shoulder and was later airlifted to hospital for treatment.  
Wasdale 27, 5hr; Cockermouth 12, 5hr

**174 17871 30 May 17:45 Three Tarns, Langdale NY248060**  
SW-moderate/dry/clear/warm/bright. Moderate footpath dry Hill Walking (Small party)  
Man(43) - While evacuating earlier casualty (see 171 above) we came across three men, one suffering from knee ligament damage, and making slow and painful process. Monitored by a couple of members until he could go no further. Assisted down until picked up by helicopter. Aggravated old knee injury was diagnosed.  
Langdale Ambleside 5, 2¼ hr; Kendal 11, 3hr; Leconfield SAR Helicopter

**175 17923 31 May 12:40 Kentmere NY445077**  
Calm/dry/clear/hot/bright. Moderate dry footpath Fell Running (Organised Event)  
Two competitors reported with injuries during competition. Both were treated by team members then passed to St John`s Ambulance.  
Kendal 2, 2hr

**176 18446 31 May 13:10 Ruddy Gill NY230088**  
Dry. Dry Hill Walking (Not known)  
Woman(30) - Subject was unable to continue due to a painful knee.  
Keswick 10, 3hr; Wasdale 12, 4hr; Great North AA Cumbria

### June 2008

**177 18496 1 June 11:40 Grizedale Forest SD323955**  
Good. Dry Mountain Biking (School/Youth group)  
Man(46) - Subject fell from mountain bike and sustained a fractured clavicle.  
Coniston 13, 1hr; Great North AA Cumbria

**178 17893 1 June 14:19 Wether Hill, Brampton Common NY456166**  
NE-fresh/drizzle/hill fog/cool/dull. Moderate moorland damp Hill Walking (Small party)  
Man(NK), Woman(NK) - Party reported themselves lost in hill fog. Unable to contact party as their phone was on a foreign network. However, they rang back later to say they were safe and well.  
Penrith 12, 1hr; SARDA (Lakes) 1, 1hr

**179 17974 2 June 12:50 Crag Farm, Ennerdale NY080150**  
Light/warm/bright. Steep felled forestry/brushings Occupational (Working party)  
Man(30) - A forestry worker sustained serious crush to chest and legs when equipment fell on top of him. He was treated at the scene by air ambulance and BASICS doctors, carried to the helicopter by team members and then flown to West Cumberland Hospital.  
Cockermouth 22, 1¾ hr; Great North AA Cumbria

**180 18447 3 June 15:07 Grains Gill NY235109**  
Weather not reported. Track Hill Walking (Not known)  
Woman(45) - Subject tumbled 15m from the path, sustaining scalp wounds.  
Keswick 17, 1¼ hr

**181 18298 4 June 15:11 Silver Point, Ullswater NY396183**  
Calm/dry/broken cloud/warm/bright. Undulating dry footpath Hill Walking (Family group)  
Man(72) - Subject fell on path and injured his head. He was treated at the scene and transported by team boat to Glenridding.  
Patterdale 9, 2½ hr; Great North AA Cumbria

**182 17889 6 June 16:30 Browney Ghyll, Gt Langdale NY267047**  
 SW-light/dry/clear/warm/bright. Steep footpath dry, slippery Hill Walking (Small party)  
 Woman(52) - Subject slipped and sustained an ankle fracture.  
 Langdale Ambleside 11, 2½ hr

**183 18448 7 June 15:09 Clough Head NY329227**  
 Calm/dry/clear/warm/bright. Gentle slope dry Hill Walking (Not known)  
 Man(NK) - Paraglider made a heavy landing, treated for a fractured ankle.  
 Keswick 8, 1¾ hr; Great North AA Cumbria

**184 18449 7 June 15:14 Rigg Head Quarries NY240152**  
 Calm/dry/clear/warm/bright. Steep footpath loose Hill Walking (Not known)  
 Woman(52) - Subject slipped on the path and twisted her ankle.  
 Keswick 9, 2¼ hr; Great North AA Cumbria

**185 17895 8 June 11:30 Stickle Tarn, Gt Langdale NY287073**  
 SW-light/dry/clear/hot/bright. Moderate footpath dry Hill Walking (Small party (2 to 5))  
 Woman(30) - Subject slipped and sustained ankle fracture.  
 Langdale Ambleside 7, 2½ hr; Great North AA Cumbria

**186 18300 8 June 14:10 Helvellyn, Striding Edge NY346149**  
 Calm/dry/clear/warm/bright. Steep dry ridge Hill Walking (Small party (2 to 5))  
 Man(50) - Subject fell on exposed ridge and dislocated his shoulder. The dislocation was  
 reduced at the scene and he was airlifted to Cumberland Infirmary, Carlisle.  
 Patterdale 16, 4½ hr; Boulmer SAR Helicopter

**187 18041 12 June 17:30 Wythburn - Cockley Beck NY246016**  
 Conditions not reported Hill Walking (Alone)  
 Alerted by Barrow Police. Walker (M 75) had left Wythburn at 08:30 for High Raise, Scafell  
 Pike, Mickledore, Mosedale, Cockley Beck. Reported 2.5 hours overdue. Arrived at Cockley  
 Beck around 18:00.  
 Duddon & Furness 1, ¾ hr

**188 18481 13 June 22:30 Coniston SD327973**  
 Fine. Dry Hill Walking (Small party)  
 Man(23), Woman(23) – Party of two reported missing. No injuries when located.  
 Coniston 10, 8hr, Duddon & Furness 16, 5¼ hr

**189 18450 14 June 10:28 Styhead Gill, '1000Ft Boulder' NY229109**  
 Light/dry/clear/bright. Moderate footpath dry Hill Walking (Large party (at least 10))  
 Man(51) - Subject reported as fainted - but in and out of consciousness for some time.  
 Collapse - cause not known.  
 Keswick 17, 2¼ hr; Great North AA Cumbria

**190 18451 14 June 13:58 Whinlatter Forest, Mt Bike Trail NY204244**  
 Dry/clear/mild/bright. Steep rough Mountain Biking (Not known)  
 Woman(30) - Rider was unable to control bike while descending new mountain bike trail. She  
 was treated for facial and back injuries.  
 Keswick 19, 2hr; Great North AA Cumbria

**191 17950 14 June 16:40 Rossett Ghyll NY250072**  
 SW-light/dry/clear/warm/bright. Steep footpath dry, slippery Hill Walking (Not known)  
 Boy(16) - Subject slipped and sustained a fractured lower leg.  
 Langdale Ambleside 12, 4hr

- 192 17951 16 June 14:00 Stickle Tarn, Gt Langdale NY288074**  
 SW-light/dry/clear/warm/bright. Steep footpath dry, slippery Hill Walking (Small party)  
 Woman(64) - Subject slipped and fell on face. Poor footwear possibly to blame, smooth-soled  
 plimsoles reported. She was treated for a fractured nose and ankle injury.  
 Langdale Ambleside 11, 2½ hr; Great North AA Cumbria
- 193 18299 17 June 11:09 Mires Beck, Glenridding NY373162**  
 Calm/dry/clear/warm/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))  
 Man(43) - Subject collapsed while walking with friends. Air ambulance was tasked to  
 evacuate but unable to fly subject due to his condition. Epileptic seizure was diagnosed.  
 Patterdale 12, 1hr; Great North AA Cumbria
- 194 18296 17 June 12:05 Helvellyn, Striding Edge NY348149**  
 Light/dry/broken cloud/mild/bright. Steep dry ridge Hill Walking (Not known)  
 Woman(45) - Subject fell, fracturing her right arm. She was treated at the scene and airlifted  
 to hospital. Her husband was walked off the hill having been treated for fractured ribs.  
 Patterdale 11, 5hr; Penrith 14, 5hr
- 195 18483 17 June 15:40 Grizedale Forest SD328940**  
 Sunny. Dry Local Incident (Small party (2 to 5))  
 Man(27) - Failure of brakes on electric wheelchair caused man to be tipped down slope.  
 Dislocated shoulder resulted from the fall.  
 Coniston 14, 1½ hr
- 196 18751 21 June 09:30 Scafell NY215072**  
 Strong wind, heavy rain. Wet Hill Walking (Small party (2 to 5))  
 Party of two reported missing. Informant at Wasdale Head. Last seen in Hollowstones 12:30  
 splitting from group to do Scafell. Outcome not reported.  
 Wasdale 1, 1hr
- 197 18452 21 June 15:36 Ruddy Gill NY229087**  
 Heavy rain/cold. Undulating footpath very wet, slippery Hill Walking (Not known)  
 Man(70) - Subject became cold, wet and exhausted.  
 Keswick 13, 5hr
- 198 17964 21 June 17:13 Stickle Tarn, Gt Langdale NY288075**  
 SW-fresh/rain/low cloud/cool/dull. Moderate moorland very wet Hill Walking  
 Four Men(NK) - Leader of a group of 45 reported a number of members overdue/missing.  
 eventually discovered to be 4. Questioned informant and other party members and eventually  
 located them in the pub.  
 Langdale Ambleside 1, 1hr
- 199 18770 21 June 23:30 Scafell Pike, Hollowstones NY207075**  
 Moderate/heavy rain/poor/cool/dark. Moderate slope very wet Hill Walking (Organised event)  
 Man(NK), Three Women(NK) - Party of four reported themselves lost somewhere on Scafell  
 Pike. They were sheltering in their bivvi tent waiting to be rescued. They were quickly located  
 and shown the right path because the team were dealing with several other missing 'Three  
 Peakers'.  
 Wasdale 16, 4hr, Duddon & Furness 10, 8¼ hr
- 200 18239 22 June 14:25 Crossfell, N Pennines NY687343**  
 Low cloud. Damp Mountain Biking (Small party (2 to 5))  
 Man(NK) - Party of bikers reported losing contact with one of their party while crossing  
 Crossfell. Located safe and well in Garrigill after going ahead of the group and not keeping in  
 contact in very poor weather conditions.  
 Penrith 13, 2hr; SARDA (Lakes) 1, 2hr

- 201 18752 22 June 14:30 Spothow Gill, Eskdale NY202002**  
 Strong/passing showers/clear/mild/dull. Wet footpath wet Hill Walking (D of E)  
 Boy(15) - Subject on DoE expedition complaining of shoulder pains and unable to proceed.  
 After medical assessment by the team, was able to walk off with assistance.  
 Wasdale 20, 2hr
- 202 17975 23 June 15:16 Cinderdale, Grassmoor NY166198**  
 Warm/bright. Moderate scree/heather Hill Walking (Large party (at least 10))  
 Man(18) - Subject fell whilst descending Red Gully, Grassmoor, sustaining fractures to his  
 wrist and ankle. He was stretchered down to the valley and taken by ambulance to West  
 Cumberland Hospital.  
 Cockermouth 23, 2hr; Gannet SAR Helicopter
- 203 18301 24 June 15:35 Yew Crag, Ullswater NY415204**  
 Calm/dry/clear/mild/bright. Gentle damp Fishing (Small party (2 to 5))  
 Man(73) - Fisherman slipped on rock and fractured his femur. Ambulance could not get to  
 him due to 8ft wall. Stretchered back up to the road and then drove to nearby field to air  
 ambulance.  
 Patterdale 9, 1hr; Great North AA Cumbria
- 204 18453 25 June 13:14 Sourmilk Gill, Borrowdale NY229124**  
 Rain. Wet, slippery Hill Walking (Not known)  
 Woman(18) - Subject slipped while scrambling, fell 3ft and exacerbated an old knee injury.  
 Keswick 16, 3hr
- 205 18772 26 June 00:30 Kirk Fell NY191100**  
 Light/dry/clear/dark. Steep slope Hill Walking (Small party (2 to 5))  
 Man(NK), Woman(NK) - Party of walkers benighted. Attracted attention by flashing torch.  
 Quickly located and walked off.  
 Wasdale 4, 5hr
- 206 18045 26 June 09:45 Whicham SD135827**  
 Conditions not reported Hill Walking (Alone)  
 Despondent had been reported missing overnight, his car parked at Whicham Church. Found  
 by police on Black Combe path.  
 Duddon & Furness 1, ¼ hr
- 207 18767 27 June 04:20 Cam Spout, Upper Eskdale NY214061**  
 Moderate/showers/low cloud/mild/dull. Wet footpath Hill Walking (Small party (2 to 5))  
 Party of 3 'Three Peakers' reported overdue at 04:30. They were found uninjured at 10:38  
 having lost their way in darkness and cloud. They were escorted off the hill. On the way down  
 the team found Gemma, Rottweiller who had been missing for 2 weeks.  
 Wasdale 1, 8½ hr, Duddon & Furness 8, 3¼ hr
- 208 18454 27 June 11:38 Whinlatter Forest NY204246**  
 Conditions not reported Mountain Biking (Not known)  
 Man(33) - Rider reported out of control in descent. Thrown from bike and sustained a  
 fractured neck of femur.  
 Keswick 13, 1¼ hr; North West Air Ambulance
- 209 18302 27 June 15:00 Scandale Pass NY389092**  
 Light/showers/low cloud/cool/dark. Damp footpath Hill Walking (Small party (2 to 5))  
 Woman(26) - Subject slipped while walking, resulting in a fractured head of humerus.  
 Patterdale 10, 4hr; Penrith 8, 2½ hr

**210 18303 27 June 15:10 Grisedale Tarn, Grisedale NY352123**  
Conditions not reported Hill Walking (Not known)  
Member of public reported a collapsed tent at Brothers Parting Stone. Team members investigated but found nothing untoward. False alarm good intent (!)  
Patterdale 1, 1hr

**211 18304 28 June 23:45 Ruthwaite Lodge, Grisedale NY355136**  
Calm/dry/clear/mild/dark. Gentle dry footpath Hill Walking (Not known)  
Girl(17) - Subject on outdoor course slipped on path and bruised her knee. During the night the girl's knee got worse and a tutor called the team out. She was stretchered off the hill.  
Penrith 2, 3¼ hr; Patterdale 8, 3¼ hr

**212 18305 29 June 12:30 Gowbarrow Crag, Watermillock NY415205**  
Calm/passing showers/cloudy/cool/dull. Vertical damp crag Rock Climbing (Small party)  
Man(50) - Subject fell from crag while climbing, sustaining head and hand injuries.  
Patterdale 14, 1½ hr; Great North AA Cumbria

**213 18016 29 June 14:35 Gibson Knott, Grasmere NY320099**  
SW-fresh/showers/broken cloud/mild/bright. Steep grassy slope Hill Walking (Not known)  
Man(62) - Woman slipped and sustained a hip/pelvic injury. Tried to self evacuate but pain was too much.  
Langdale Ambleside 14, 3hr

**214 18050 29 June 15:00 Hellgill Force SD778965**  
Clear fine occasional showers. Wet rock Animal Rescue  
Lamb reported stranded on ledge of waterfall. Retrieved without loss or injury.  
Kirkby Stephen 5, 1¼ hr

## July 2008

**215 18455 1 July 12:35 Blencathra, Blease Fell NY315262**  
Sunny. Dry Hill Walking (Not known)  
Two Men(NK) - Subjects became cragfast on a rocky step. Brought to safer ground without injury.  
Keswick 12, 1¼ hr

**216 18019 3 July 11:49 Nab Scar NY353068**  
SW-light/dry/broken cloud/mild/bright. Steep slippery spoil heap Hill Walking (Not known)  
Woman(53) - Subject slipped and fell while off-route. She was treated for spinal injury, fracture/dislocated kneecap.  
Langdale Ambleside 9, 3¼ hr; Kendal 7, 3¼ hr; Boulmer SAR Helicopter

**217 18753 3 July 13:10 Burnmoor, Eskdale NY181022**  
Fresh/dry/clear/mild. Gentle footpath dry Hill Walking (Small party (2 to 5))  
Woman(65) - Subject reported suffering severe vomiting and was unable to continue walk. She was quickly located and evacuated to hospital by air ambulance. Heart attack was suspected.  
Wasdale 19, 2hr

**218 18456 3 July 14:12 Great End, Cust's Gully NY226285**  
Heavy rain. Steep gully loose, slippery Rock Scrambling (Medium party)  
Man(61), Woman(60) - The first of six in the party dislodged a large boulder while exiting the gully. Two party members were caught in its fall. Injuries included quadriceps haematoma.  
Keswick 20, 5½ hr; Wasdale 6, 5½ hr; Boulmer SAR Helicopter

- 219 18755 5 July 12:42 Scafell Pike, Brown Tongue NY187073**  
 Windy, showers. Wet Hill Walking (Not known)  
 Man(50) - Subject reported with twisted knee and unable to walk. Whilst the team were assembling, received a call that he was making his way down after a rest. A team member confirmed the group were off the hill. Stood down.  
 Wasdale 16, 1½ hr
- 220 18610 5 July 16:05 Po House SD150820**  
 Light/passing showers/clear/mild/dull. Moderate bank damp Motor Sport (Not known)  
 Woman(19) - Trials biker came off bike and fell down a slope. Treated for back and shoulder pain.  
 Duddon & Furness 25, 1¾ hr; North West Air Ambulance
- 221 18167 6 July 14:52 Ullock Pike - Longside Edge NY246285**  
 Light/showers/hill fog/mild/bright. Moderate footpath wet Hill Walking (Family group)  
 Woman(41) - Subject felt dizzy and fainted - low blood pressure was diagnosed as she had not taken prescribed medication.  
 Keswick 21, 3½ hr
- 222 18168 6 July 15:45 Ullock Pike NY241295**  
 Light/showers/hill fog/mild/bright. Steep footpath wet Rescue Team Activity (SAR unit)  
 Man(53) - Team member felt ill while approaching the previous incident. Diagnosed as atrial fibrillation. Air ambulance called to assist and evacuated subject to Cumberland Infirmary, Carlisle.  
 Keswick 21, 2¾ hr; Great North AA Cumbria
- 223 18169 6 July 16:53 Lining Crag NY283112**  
 Light/showers/clear/mild/bright. Moderate footpath wet, slippery Hill Walking (D of E)  
 Girl(15) - Subject slipped while walking the Coast to Coast for her D of E expedition. She was treated for a fracture to her ankle.  
 Keswick 7, 3¾ hr; Cockermouth 27, 3¾ hr
- 224 18306 6 July 17:03 Gowbarrow Park, Watermillock NY398215**  
 Light/rain/low cloud/cool/dull. Gentle wet footpath Search - Mountain (Small party (2 to 5))  
 Girl(17) - Subject became separated from her mother and when she failed to turn up, team were called to search for her. She was located and reunited with her mother cold, wet but unharmed.  
 Patterdale 11, 1hr
- 225 18065 6 July 18:15 Hutton Roof SD570783**  
 Conditions not reported Hill Walking (Small party (2 to 5))  
 Boy(12), Girl(10) - Two children reported missing by father after becoming separated whilst on a walk. Children found walking on road at Burton in Kendal by a member of the public as team was assembling at base.  
 Kendal 5, ½ hr
- 226 18082 7 July 14:47 Buttermere, Scale Force NY162172**  
 Clear/mild. Moderate footpath Hill Walking (Small party (2 to 5))  
 Woman(63) - Subject fell and fractured her leg whilst walking on the Buttermere - Scale Force path. She was treated at the scene by team members and a passing A&E doctor. She was airlifted to West Cumberland Hospital, Whitehaven.  
 Cockermouth 20, 2½ hr; Unknown Civilian Aircraft

- 227 18171 8 July 10:00 Sandbed Gill NY322217**  
 Dry. Dry Animal Rescue  
 Report of sheep stuck on steep ground. Retrieved without loss or injury.  
 Keswick 5, 2hr
- 228 18757 8 July 14:30 Scafell, Lord's Rake NY207068**  
 Conditions not reported Hill Walking (Small party)  
 Party of two fellwalkers attempting Scafell Pike lost the path and strayed into Lord's Rake.  
 While team leader was talking to them by mobile phone, another passing walker escorted  
 them down to Wasdale.  
 Wasdale 1, 1hr
- 229 18484 8 July 19:15 Coniston Old Man SD274980**  
 Dull & dry. Dry Hill Walking (Small party (2 to 5))  
 Woman(53) - Subject slipped on rocks, resulting in a fracture to her left ankle.  
 Coniston 13, 3½ hr
- 230 18083 8 July 21:15 Ennerdale Bridge NY070158**  
 Mild/dark. Moderate mixed path/forest/moor Non-mountain Search (Alone)  
 Woman(41) - Subject reported missing from Ennerdale Bridge. SARDA dogs and the team  
 searched the local area, and the lady returned home at 06:00 the next morning, unharmed.  
 Cockermouth 27, 4½ hr; SARDA (Lakes) 9, 4½ hr
- 231 18756 11 July 11:00 The Screes, Broken Rib NY155043**  
 Calm/drizzle/clear/mild. Steep scree rough Hill Walking (Small party)  
 Man(NK), Woman(NK) - Party of two lost the path across the Wasdale Screes. They went too  
 high and became stranded on very steep, rough ground. Team helped them to walk down  
 over very bad scree slope. No injuries reported  
 Wasdale 15, 3hr
- 232 18085 11 July 17:57 Haystacks NY203130**  
 Light/cool. Moderate footpath Hill Walking (Small party)  
 Woman(56) - Subject in a group of five walkers fell on a path in the Haystacks area,  
 sustaining a fractured ankle or lower leg. She was stretchered from the fellside to Honister,  
 where a waiting ambulance took her to Cumberland Infirmary, Carlisle.  
 Cockermouth 26, 2¼ hr
- 233 18307 11 July 19:49 Cow Bridge, Hartsop NY402132**  
 Light/fine/broken cloud/cool/dusk. Level dry track Hill Walking (Alone)  
 Man(71) - Subject reported overdue on walk by 2 hours, history of a heart condition. Search  
 was started by MR teams. He was located making way back to car, tired but unhurt.  
 Patterdale 12, 1hr; Penrith 11, 1hr
- 234 18086 12 July 14:40 Grey Crag, Buttermere NY171148**  
 Moderate/broken cloud. Steep crag loose Rock Climbing (Small party (2 to 5))  
 Man(NK) - Subject was hit by a large falling block and knocked off the crag, rendered  
 unconscious. He was moved to a suitable winching location by stretcher, then was  
 transferred to Preston Infirmary by RNAS helicopter. **FATAL** - serious head injuries.  
 Cockermouth 24, 2¼ hr; Gannet SAR Helicopter
- 235 18758 12 July 16:30 The Screes, Wastwater NY151045**  
 Light/dry/clear/mild. Level footpath rough Hill Walking (Small party (2 to 5))  
 Man(NK) - Report of a male and a dog stuck on the boulder field across the screes. Team  
 mobilised and set off with boat to recover party. A passing walker assisted them to cross the  
 boulder field before the team arrived. No reported injuries.  
 Wasdale 5, 1hr

**236 18087 12 July 17:30 High Stile, Buttermere NY170148**  
Moderate/broken cloud/mild. Moderate ridge rough Hill Walking (Medium party)  
Woman(47) - Subject, a known epileptic, had collapsed. She was part of a group of 8  
walkers. Established she had collapsed due to faint & panic attack.  
Cockermouth 24, 1¼ hr

**237 18243 12 July 18:43 The Rigg, Haweswater NY472114**  
Conditions not reported Hill Walking (Small party (2 to 5))  
Man(52) - Subject reported with arm injury but found to have collapsed; history of stroke and  
epilepsy. He was treated for a severe, prolonged epileptic seizure.  
Penrith 13, 2¼ hr; Great North AA Cumbria

**238 18308 13 July 19:15 High Street NY440113**  
Calm/fine/clear/cool/bright. Moderate damp footpath Mountain Biking (Small party)  
Man(52) - Three mountain bikers reported themselves lost somewhere on High Street. Two  
teams searched for them and when located brought them off the fell.  
Patterdale 10, 6hr

**239 18051 14 July 08:35 Tailbridge Hill NY802052**  
Fine clear. Damp Local Incident  
Request from NWSAS to assist with evacuation of person reported collapsed while wild  
camping. Ambulance crew able to evacuate without assistance; team stood down  
responding.  
Kirkby Stephen 9, ¼ hr

**240 18067 14 July 19:00 Far Easedale, Grasmere NY312097**  
SW-light/showers/broken cloud/mild/dull. Wet footpath Hill Walking (Small party (2 to 5))  
Man(59) - Subject unable to continue walk due to recurrence of old knee injury leading to  
exhaustion.  
Langdale Ambleside 11, 2¼ hr

**241 18068 15 July 14:14 Loughrigg Terrace, Grasmere NY348060**  
SW-fresh/showers/clear/mild/bright. Damp footpath Hill Walking (Large party (at least 10))  
Girl(15) - Girl suffered ankle sprain as a result of a trip.  
Langdale Ambleside 9, 1½ hr; Great North AA Cumbria

**242 18611 16 July 10:55 Kirksanton Hawes SD130793**  
Light/fine/clear/mild/dull. Undulating moorland grassy Search - Non-mountain (Alone)  
Man(55) - Subject with mental health problems had been reported missing overnight. Unhurt  
when located.  
Duddon & Furness 14, 1¾ hr

**243 18074 16 July 11:00 Pavey Ark, Gt Langdale NY285078**  
SW-moderate/showers/clear/mild/bright. Steep scree loose Rock Scrambling (Small party)  
Man(NK) - Subject fell from Jack's Rake. **FATAL** - head, chest, neck, facial, arm and both  
legs injured.  
Kendal 5, 3¼ hr; Langdale Ambleside 14, 3¼ hr; Boulmer SAR Helicopter

**244 18309 16 July 14:45 Merial Bridge, Clough Head NY350228**  
Calm/dry/clear/mild/bright. Undulating damp track Hill Walking (Large party (at least 10))  
Woman(60) - Subject slipped on path and fractured her ankle.  
Patterdale 8, 2½ hr

**245 18485 16 July 15:28 Holme Fell NY315008**  
Sunny. Dry Hill Walking (Small party (2 to 5))  
Boy(13) - Subject slipped coming down hill. He was treated for a lower leg injury.  
Coniston 14, 1hr



- 246 18088 16 July 18:00 Chapel Craggs, Buttermere NY166148**  
 Moderate/hill fog. Steep crag damp Animal Rescue  
 A sheep was reported to be stuck on Chapel Craggs, Buttermere, above Bleaberry Tarn. It was successfully rescued and returned to grassy fellside.  
 Cockermouth 2, 2hr
- 247 18612 18 July 18:20 Ulpha Fell SD217970**  
 Fine/low cloud. Hill Walking (School/Youth group)  
 Four Girls(15) - Party walking from Winds Gate to Cockley Beck became lost in poor visibility.  
 Unhurt when located.  
 Duddon & Furness 20, 2¼ hr
- 248 18759 19 July 12:55 Lingmell NY189078**  
 Moderate/showers/cloudy/mild. Moderate footpath Hill Walking (Small party (2 to 5))  
 Woman(44) - Subject reported as having severe chest pains. Team attended and after assessment the lady was taken to hospital by Great North Air Ambulance.  
 Wasdale 17, 2hr
- 249 18172 19 July 17:51 Esk Hause NY233080**  
 Wet. Wet Hill Walking (Not known)  
 Man(NK) - Competitor on mountain challenge had fallen and sustained head injuries. Encountered by team member on hill who raised the alarm. RN helicopter called to assist and flew casualty to West Cumberland Hospital, Whitehaven.  
 Keswick 1, 1¼ hr; Langdale Ambleside 8, 1hr; Gannet SAR Helicopter
- 250 18773 20 July 13:00 Yewbarrow NY171177**  
 Light/drizzle/clear/dull. Moderate footpath Hill Walking (Small party (2 to 5))  
 Two Men(60 & 20) - Party of walkers became cragfast on steep grassy slope. Assisted to walk off uninjured.  
 Wasdale 9, 3hr
- 251 18774 20 July 16:10 Wasdale Valley NY212091**  
 Light/drizzle/dull. Gentle footpath , slippery Hill Walking (Small party (2 to 5))  
 Woman(50) - Subject slipped on footpath and fractured her ankle. Treated on scene and stretchered to waiting ambulance for transfer to hospital.  
 Wasdale 13, 2hr
- 252 18077 20 July 17:20 Raven Crag, Gt Langdale NY285064**  
 SW-light/dry/broken cloud/mild/bright. Vertical crag dry Rock Climbing (Small party (2 to 5))  
 Man(45) - Climber over-balanced at top of descent gully, falling approx 75 metres to base of crag. **FATAL** - head, leg and arm injuries. possible spinal - died in ICU the following day.  
 Langdale Ambleside 13, 2hr; Boulmer SAR Helicopter
- 253 18775 20 July 18:00 Brown Tongue NY196074**  
 Light/drizzle/cold/dull. Moderate slope Hill Walking (Small party (2 to 5))  
 Man(70) - Subject collapsed, unable to walk. No obvious medical problems. Needed to be carried off on stretcher then transferred to hospital by ambulance.  
 Wasdale 16, 2hr
- 254 18244 20 July 20:42 Mardale Head, Haweswater NY469107**  
 Conditions not reported Hill Walking (Alone)  
 Man(NK) - Lone walker who was on the Coast to Coast route, phoned his B&B to say he had tripped and hurt his ankle and would make his way to Mardale Head carpark to be collected there. When he didn't arrive at carpark, MR team called. Located making slow progress due to injured leg.  
 Penrith 17, 1½ hr; SARDA (Lakes) 1, 1½ hr

- 255 18101 21 July 15:57 Dent, Sedbergh SD699873**  
 Calm/dry/clear/warm/bright. Moderate dry footpath Hill Walking  
 Man(NK) - Ambulance requested assistance with evacuation of person with knee injury on a  
 footpath near Dent.  
 Kendal 7, 2hr; Cave Rescue Organisation 3, 1hr
- 256 18080 22 July 16:20 Robin Lane, Troutbeck NY398022**  
 SE-light/dry/clear/warm/bright. Moderate footpath dry Hill Walking (Small party (2 to 5))  
 Man(49) - Requested to assist ambulance service to reach man collapsed with chest pains.  
**FATAL** - chest pains, leading to heart attack later the same day.  
 Langdale Ambleside 10, 2hr; Great North AA Teeside
- 257 18089 22 July 18:00 Crinkle Crag, Rest Ghyll NY244053**  
 SW-moderate/showers/low cloud/mild/dusk. Moderate ridge damp Hill Walking  
 Two Men(42), Woman(42) - Family group became lost after taking route to avoid 'Bad Step'.  
 Langdale Ambleside 10, 6hr; SARDA (Lakes) 6, 6hr
- 258 18090 22 July 20:19 Bowfell, Gt Langdale NY245065**  
 SW-moderate/showers/low cloud/mild/dusk. Moderate ridge damp Hill Walking (Not known)  
 Two Men(NK) - Family became separated, two failed to reach rendezvous. Turned up  
 unharmed at Cockley Beck during search.  
 Langdale Ambleside 6, 1hr; SARDA (Lakes) 6, 1hr
- 259 18486 23 July 12:00 Grizedale Forest SD335962**  
 Fine. Mountain Biking (Alone)  
 Man(47) - Rider fell off mountain bike, as a result he became unconscious for 2-3 mins. Head  
 injury to right side, small graze right elbow, unconscious.  
 Coniston 9, 1½ hr
- 260 18311 24 July 15:00 Place Fell, Ullswater NY399165**  
 Calm/dry/clear/mild/bright. Steep rough crag Search - Mountain  
 Member of the public reported hearing cries for help and a person stuck on crag. This was  
 investigated and though reported by two different people, nothing was found - false alarm  
 good intent.  
 Patterdale 6, 1hr
- 261 18173 25 July 00:06 Brown Rigg - White Crag, Thirlmere NY307155**  
 Dry with showers. Wet Mountain Biking (Small party)  
 Two Men(22) - Party of two bikers cycling from Grasmere via Keswick and Stonethwaite back  
 to Grasmere lost their route. Search conducted, hampered by the team's difficulty in speaking  
 Chinese!  
 Keswick 8, 2½ hr
- 262 18091 25 July 16:00 Stickle Tarn, Gt Langdale NY288075**  
 SW-light/dry/clear/warm/bright. Moderate footpath dry Hill Walking (Small party (2 to 5))  
 Woman(47) - Subject slipped and went over on ankle, resulting in a lower leg fracture.  
 Langdale Ambleside 9, 3hr; Great North AA Teeside
- 263 18092 26 July 13:07 Far Easedale, Grasmere NY322086**  
 SW-calm/dry/clear/warm/bright. Moderate track dry Hill Walking  
 Shouts for help heard and reported to the police. On investigation found to have been farmer  
 gathering sheep. False alarm, good intent.  
 Langdale Ambleside 2, 1½ hr

**264 18093 26 July 15:50 Ambleside NY380032**  
SW-light/dry/clear/warm/bright. Moderate track damp Local Incident (Alone)  
Man(70) - Requested to assist ambulance service to find and access isolated property for man with heart condition.  
Langdale Ambleside 4, 2hr

**265 18094 26 July 17:15 Stickle Tarn, Gt Langdale NY288075**  
Calm/dry/clear/warm/bright. Steep footpath rough Hill Walking (Small party (2 to 5))  
Man(80) - Subject sustained deep laceration to head when he fell. He managed to make own way off before we arrived!  
Langdale Ambleside 9, 1½ hr

**266 18255 27 July 15:11 Brampton Ridge, Brampton NY539619**  
Hot dry sunny. Not reported Mountain Biking (Not known)  
Boy(16) - Rider fell from bike; paramedic on scene requested MRT for evacuation; stood down when air ambulance able to access. Mid central spinal pain reported.  
Penrith 7, ½ hr

**267 18256 28 July 07:19 Haweswater NY470125**  
Conditions not reported Hill Walking (Small party (2 to 5))  
Woman(NK) - Husband and wife, Canadian, walking Coast to Coast between Patterdale and Shap. Wife slipped and sustained ankle sprain, requested help. Some difficulty establishing location but when found and assessed found she was able to walk without too much difficulty.  
Penrith 16, 1hr

**268 18174 29 July 15:08 Eagle Crag, Borrowdale NY277120**  
Dry and clear. Dry Hill Walking (Small party (2 to 5))  
Man(52) - Subject slipped whilst crossing stile, suffering injury to abdomen rendering him unable to walk. RAF helicopter from Leaconfield in area at Windermere airshow called to assist - evacuated casualty to West Cumberland Hospital.  
Keswick 17, ¾ hr; Leaconfield SAR Helicopter

**269 18760 30 July 17:50 The Screes, Wastwater NY153047**  
Fresh/dry/clear/mild/bright. Level rough scree Hill Walking (Small party (2 to 5))  
Man(45) - Subject tripped and fell whilst crossing the boulder field on the screes. Taken across the lake by boat to his accommodation at the Youth Hostel. Bruising to left elbow was diagnosed.  
Wasdale 22, 3hr

**270 18175 31 July 15:24 Goat Crag, Borrowdale NY244166**  
Dry. Dry Hill Walking (Small party)  
Woman(60), Boy(13) - Party of two attempting to descend directly into Borrowdale from High Spy became stuck on steep ground above Goat Crag. Located by the team, lowered to safer ground and walked off. No injuries reported.  
Keswick 10, 3hr

## August 2008

**271 18176 1 August 20:15 Derwentwater NY269212**  
Dry. Dry Fishing (Alone)  
Man(43) - Team called to search lake and islands using team boats and lakeshore for missing fisherman, who had not contacted home since he left 36 hours previously. Nothing found but subject turned up at relative's house at 22:00.  
Keswick 24, 2hr; SARDA (Lakes) 3, 2hr

- 272 18257 2 August 15:07 Kirkland, N Pennines NY663343**  
 Conditions not reported Hang-gliding (Not known)  
 Man(50) - Report of hang-glider crash with pilot sustaining arm injury in heavy landing; evacuated by air ambulance to Cumberland Infirmary, Carlisle.  
 Penrith 6, ¼ hr; Great North AA Cumbria
- 273 18095 3 August 12:17 Orrest Head, Windermere SD413990**  
 SW-light/dry/clear/warm/bright. Gentle track damp Hill Walking (Small party (2 to 5))  
 Woman(43) - Subject slipped and sustained an ankle/lower leg injury.  
 Langdale Ambleside 10, 1¼ hr
- 274 18182 3 August 15:10 Burton in Kendal SD546762**  
 Light/dry/clear/warm/bright. Level dry forestry Search - Non-mountain (Alone)  
 Man(65) - Police requested the team to assist in an ongoing search for a person that had been reported missing since July 31st 2008. A body was found by search dog Kess. **FATAL** - cause not reported.  
 Kendal 16, 1hr; SARDA (Lakes) 7, 1hr
- 275 18096 3 August 17:10 Browney Ghyll, Gt Langdale NY268048**  
 SW-light/dry/clear/mild/bright. Steep footpath damp, slippery Hill Walking (Alone)  
 Man(68) - Subject slipped and sustained lower leg fracture. Help called for by passing walkers.  
 Langdale Ambleside 13, 3hr
- 276 18487 3 August 18:57 Grizedale Forest SD335964**  
 Fine. Dry Mountain Biking (Small party (2 to 5))  
 Two Women(NK), two children(NK) - Mother, grandmother & small children lost in forest. Unsure of where they were and due to vulnerability of family party called for help. Located unharmed  
 Coniston 16, 1½ hr
- 277 18183 4 August 11:33 Scout Scar SD486914**  
 Calm/dry/clear/mild/bright. Overhanging dry crag Animal Rescue  
 Requested to rescue a dog that had gone over a crag whilst chasing a rabbit. A team member abseiled down to recover the uninjured dog.  
 Kendal 9, 1hr
- 278 18097 4 August 14:36 Pavey Ark, Jack's Rake NY284078**  
 Calm/dry/clear/warm/bright. Vertical crag very wet Rock Scrambling (Medium party (6 to 9))  
 Woman(25) - Subject fell when edge of path gave way. She fell 5m, landed on small ledge with scrapes and bruises, and became cragfast.  
 Langdale Ambleside 12, 5½ hr
- 279 18262 4 August 20:10 Tailbridge Hill NY804050**  
 Light clear fine. Firm dry grass Parapenting (Not known)  
 Man(43) - Paraglider caught 'rough wind' that caused him to land heavily on his buttocks, resulting in fractured ulna, bruising to pelvic area and back.  
 Kirkby Stephen 18, 1¼ hr
- 280 19022 6 August 14:25 Gillside, Glenridding NY383166**  
 Light/rain/cloudy/cool/dull. Moderate very wet footpath slippery Hill Walking (Alone)  
 Man(47) - Team called to assist ambulance who could not reach man with head injury on hill.  
 Patterdale 10, 1hr

- 281 18312 6 August 16:56 High Street NY441111**  
 Calm/dry/hill fog/cool/dark. Moderate damp footpath Hill Walking (Family group)  
 Two Men(NK) - Party walking Coast-to-Coast became lost in hill fog. The team were called  
 and were starting search when contact was made with the missing two and another walker  
 guided them to safety. No injuries reported.  
 Patterdale 2, 1hr
- 282 18313 7 August 12:45 Helvellyn, East Gully Striding Edge NY346149**  
 Light/dry/cloudy/cool/dull. Steep loose gully Hill Walking (Medium party (6 to 9))  
 Man(44) - Subject fell off exposed ridge into loose gully, suffering head injuries, shoulder  
 fracture and fracture to right elbow. After treatment, he was lowered out of gully and  
 stretchered to waiting helicopter for transfer to hospital.  
 Patterdale 14, 5hr; Great North AA Cumbria
- 283 18314 7 August 19:00 Sandwick Bay, Ullswater NY445223**  
 Light/dry/cloudy/cool/dull. Not reported Search - Mountain (Not known)  
 Request to launch the rescue boat after whistles and shouts reported by member of the  
 public. Boat launched and found to be man calling for lost dog on the shore by Sandwick Bay  
 - false alarm good intent.  
 Patterdale 8, ½ hr
- 284 18367 8 August 12:25 Setmurthy Forest, Cockermouth NY175165**  
 Light/dry/clear. Steep track firm Mountain Biking (Small party (2 to 5))  
 Boy(16) - Rider unable to control bike whilst riding downhill in Setmurthy Wood and collided  
 with a tree. Hip & back injuries reported.  
 Cockermouth 16, 2hr; North West Air Ambulance
- 285 18310 8 August 12:45 Glencoyne Bay, Ullswater NY388189**  
 Calm/dry/clear/mild/bright. Water Sport (all types) (Alone)  
 Air ambulance called team to launch boat for person in trouble in lake. Team launched boat  
 and a search was started. Members stood down when a canoist was found to be unhurt on  
 the shore.  
 Patterdale 2, 2hr; Great North AA Cumbria
- 286 18315 8 August 14:40 Helvellyn, Swirral Edge NY342154**  
 Calm/dry/clear/mild/bright. Steep dry ridge Hill Walking (Not known)  
 Man(65) - Subject developed chest pains while walking exposed ridge. Air ambulance could  
 not get to him. Team called and were airlifted as near as possible; man treated for angina  
 attack and stretchered down to helicopter.  
 Patterdale 8, 3¼ hr; Penrith 8, 3¼ hr; Great North AA Cumbria
- 287 18164 9 August 23:40 Scafell Pike NY215072**  
 SW-fresh/heavy rain/low cloud/cool/dark/lightning. Moderate footpath Hill Walking  
 Nine Men(NK) - Group set off late from Wasdale. Not competent or equipped to complete  
 route in prevailing conditions. No injuries reported.  
 Langdale Ambleside 7, 8hr; Wasdale 11, 7hr; SARDA (Lakes) 6, 8hr; Keswick 3, 2hr; Duddon  
 & Furness 2, 6½ hr
- 288 18165 10 August 12:20 Upper Tongue Ghyll, Grasmere NY348112**  
 SW-fresh/showers/clear/cool/dull. Moderate footpath very wet Hill Walking (Small party)  
 Man(62) - Subject slipped crossing flooded river, resulting in fractured hip and pelvis.  
 Langdale Ambleside 12, 4¼ hr

- 289 18259 10 August 13:25 Pooley Bridge, Ullswater NY468241**  
 Mild fresh showers. Very wet water-logged Search - Non-mountain (Alone)  
 Man(20) - Subject reported missing after social gathering with family; failed to return to tent  
 on local camp site. **FATAL** - drowning.  
 Penrith 19, 5½ hr; Patterdale 4, 5½ hr; Kirkby Stephen 16, 5½ hr; SARDA (Lakes) 5, 3hr;  
 Boulmer SAR Helicopter
- 290 18488 11 August 11:36 Tranearth, Torver SD274959**  
 Drizzly. Wet Pony Trekking (Not known)  
 Girl(10) - Rider fell off horse onto head, hitting face & losing 2 teeth.  
 Coniston 12, 3hr; North West Air Ambulance
- 291 18368 11 August 14:00 Scarth Gap, Buttermere NY187147**  
 Wet and windy. Moderate footpath Hill Walking (Alone)  
 Man(47) - Subject reported as collapsed, due to being cold and tired, on the Scarth Gap path.  
 He turned out to be only a short way up the path and was helped down by a team member  
 and passers by. No reported injury.  
 Cockermouth 3, 1¼ hr
- 292 18489 11 August 15:33 Latterbarrow SD367991**  
 Cloudy but dry. Muddy Hill Walking (Not known)  
 Woman(68) - Subject slipped on mud, sustaining a fractured ankle.  
 Coniston 1, 2hr
- 293 18490 12 August 14:25 Lawson Park, Grizedale Forest SD317951**  
 Wet. Wet Mountain Biking (Small party (2 to 5))  
 Man(45) - Rider slipped on bridge & fell off bike, He was diagnosed with pelvic and femur  
 injuries.  
 Coniston 14, 2hr; Great North AA Teeside
- 294 18178 13 August 14:45 Taylorgill Track, Seathwaite NY231121**  
 Wet. Wet Hill Walking (Small party (2 to 5))  
 Woman(65) - Subject slipped on wet grass, sustaining a fractured ankle.  
 Keswick 14, 2hr
- 295 18184 15 August 15:41 Deer Bield Crag NY304096**  
 Calm/dry/broken cloud/mild/bright. Moderate crag loose Search - Mountain (Not known)  
 Two dogs reported barking at same site on steep crag for prolonged period. Refused to come  
 away. Investigation found nothing. Foxhounds, probably got scent of fox.  
 Langdale Ambleside 2, 3hr
- 296 18185 16 August 13:50 Esk Hause NY235083**  
 SW-fresh/heavy rain/low cloud/cool/dark. Moderate very wet Hill Walking (Organised event)  
 Four Men(NK) - Participants in charity 24 peak challenge unaccounted for. Organisers  
 bypassed by reporting person. Organiser was aware of location of overdue people, who were  
 being escorted down by event marshalls. Confusion resolved, no injuries.  
 Langdale Ambleside 2, 1hr
- 297 18317 16 August 14:45 Glenridding Common NY357166**  
 Light/dry/clear/mild/bright. Level dry footpath Hill Walking (Small party (2 to 5))  
 Woman(45) - Subject tripped and twisted her ankle.  
 Patterdale 12, 3½ hr

- 298 18186 17 August 13:58 Pike O'Blisco NY271042**  
 Calm/showers/broken cloud/cool/dull. Very wet moorland Hill Walking (Family group)  
 Girl(NK), Three Boys(NK) - Four children allowed to go ahead of parents on descent; they failed to arrive at car. Located by police on road lower down as team were deploying. Continued search to locate father who had gone back up to look for them. All located safe and well.  
 Langdale Ambleside 14, 1hr
- 299 18614 18 August 10:55 Cark, Cartmel SD333781**  
 Conditions not reported Hill Walking (Not known)  
 Requested to assist ambulance service with boy who had fallen and rolled 20 ft down a cliff/bank. He was evacuated by air ambulance before team arrived.  
 Duddon & Furness 7, ½ hr
- 300 18201 18 August 12:22 Megs Ghyll, Langdale NY323058**  
 Calm/dry/clear/mild/bright. Steep gully very wet Rock Scrambling (School/Youth group)  
 Girl(11) - Young girl sustained knee injury after small rockfall.  
 Langdale Ambleside 12, 1hr
- 301 18318 18 August 17:15 Glenridding, Lanty's Tarn NY383163**  
 Light/fine/broken cloud/mild/bright. Moderate dry footpath Hill Walking (Alone)  
 Man(62) - Subject was reported missing by his wife after being 2 hours overdue from a walk on Helvellyn. He was found safe and well in Glenridding car park as the search was starting.  
 Patterdale 4, ¾ hr
- 302 18319 19 August 14:24 Helvellyn NY341152**  
 Moderate/drizzle/low cloud/cool/dull. Gentle damp ridge Hill Walking (Small party (2 to 5))  
 Man(75) - Subject fractured his hip on exposed ridge; fellow walkers helped him to the summit. He was stretchered off the hill to an air ambulance.  
 Patterdale 13, 5hr; Penrith 5, 5hr; Great North AA Cumbria
- 303 18202 19 August 16:22 Stickle Ghyll, Gt Langdale NY293067**  
 Calm/dry/cloudy/warm. Steep footpath damp, slippery Hill Walking (Small party (2 to 5))  
 Man(64) - Subject fell and sustained rib bruising and was finding breathing difficult, but found making his own way down. Checked and escorted rest of way.  
 Langdale Ambleside 16, 1¼ hr
- 304 18369 19 August 18:34 Striddle Crag, Buttermere NY203140**  
 Showers/dusk. Steep scree loose Rock Scrambling (Alone)  
 Man(48) - Subject failed to meet up with his partner after a day out scrambling. His friends found his camper van at Gatesgarth Farm, Buttermere and the team were called to search for him. Team members found his body at Striddle Crag foot. **FATAL** - numerous injuries consistent with a large fall.  
 Cockermouth 25, 5¼ hr; SARDA (Lakes) 3, 5¼ hr
- 305 18320 20 August 21:10 Deepdale NY395140**  
 Light/rain/low cloud/cool/dark. Moderate very wet footpath Hill Walking (Alone)  
 Woman(60) - Subject was reported overdue by daughter after they became separated on Fairfield. Last seen in Deepdale area. Subject was reported safe as search commenced.  
 Patterdale 1, ¾ hr
- 306 18457 20 August 21:50 Brundholme Woods NY282241**  
 Dry. Wet Hill Walking (Small party (2 to 5))  
 Woman(40), Man(82), Girl(12) - Party lost in woods, unable to continue in darkness - no torches. Quickly located by the team safe and well.  
 Keswick 8, 1hr; SARDA (Lakes) 2, 1hr

- 307 18321 21 August 17:11 Place Fell, Birks Fell NY398183**  
 Calm/dry/broken cloud/cool/dull. Moderate damp footpath Mountain Biking (Alone)  
 Man(24) - Mountain biker fell off bike, sustaining facial laceration and head injury.  
 Patterdale 9, 2½ hr; SARDA (England) 4, 2½ hr
- 308 18322 22 August 18:14 Birkhouse Moor NY372160**  
 Light/dry/clear/cool/bright. Moderate damp footpath Hill Walking (Small party (2 to 5))  
 Woman(24) - Subject slipped hitting her head; reported as a laceration bleeding badly.  
 Patterdale 12, 1¼ hr; Great North AA Cumbria
- 309 18370 23 August 12:30 Crag Fell, Ennerdale NY090148**  
 Broken cloud/bright. Steep crag wet, slippery Hill Walking (Small party (2 to 5))  
 Man(NK) - Subject became stuck on steep ground on the side of Crag Fell, Ennerdale.  
 Though initially cragfast, he found a safe way off as the team was being mobilised.  
 Cockermouth 5, ½ hr
- 310 18491 23 August 13:06 Grizedale Forest SD335962**  
 Fine. Mountain Biking (Alone)  
 Woman(39) - Back wheel of her mountain bike hit rock. Bike and rider went over edge into  
 stream. She sustained a fracture to left wrist with an open wound.  
 Coniston 1, 1½ hr
- 311 18458 23 August 13:20 Grey Knotts, Borrowdale NY223128**  
 Windy with showers. Wet, steep and craggy ground Hill Walking (Alone)  
 Man(47) - Lone walker ascending steep gully, slipped, fell and bounced approx 40m,  
 sustaining a fractured leg. He was found by another walker who descended to Seathwaite to  
 raise the alarm.  
 Keswick 16, 3hr; Boulmer SAR Helicopter
- 312 18459 23 August 15:10 Castle Crag, Borrowdale NY248160**  
 Dry, later wet. Dry then wet Rock Climbing (Small party (2 to 5))  
 Man(24) - Lead climber fell approximately 25ft, landing on his feet. However the fall fractured  
 his ankle and caused spinal injuries.  
 Keswick 18, 2hr; Boulmer SAR Helicopter
- 313 18323 24 August 21:46 Glenridding Dodd NY378175**  
 Light/dry/cloudy/mild/dark. Moderate damp footpath Hill Walking (School/Youth group)  
 Boy(16) - Subject (ATC cadet) went missing after going for a evening walk with three others.  
 As team were starting search, subject turned up safe and well.  
 Patterdale 4, 1hr
- 314 18460 25 August 13:50 Ullscarf NY294127**  
 Wet, windy, low cloud. Wet Hill Walking (Small party (2 to 5))  
 Boy(17) - Subject reported with breathing difficulties, with symptoms similar to those suffered  
 9 months ago when diagnosis was pneumothorax. Treated for tension pneumothorax.  
 Keswick 18, 18hr; Gannet SAR Helicopter
- 315 18227 25 August 19:30 Claife Heights NY384961**  
 SW-fresh/rain/broken cloud/cool/dusk. Very wet Search - Non-mountain (Family group)  
 Boy(15) - Subject reported separated from parents, lost. Located safe and well.  
 Langdale Ambleside 2, 1hr
- 316 18261 26 August 18:54 Beacon, Penrith NY521313**  
 Overcast. Damp Hill Walking (Small party (2 to 5))  
 Man(67) - Subject collapsed with chest pains. He was diagnosed with heart attack, resulting  
 in ventricular fibrillation.  
 Penrith 11, 1½ hr



- 317 18461 27 August 06:37 Blencathra, Doddick Gill NY326275**  
 Wet/windy/low cloud. Steep loose wet ground Hill Walking (Small party (2 to 5))  
 Man(24) - Subject fell whilst descending from Halls Fell ridge into the top of Doddick Gill, sustaining a fractured leg, head and spinal injuries.  
 Keswick 23, 3¾ hr; RAF Leuchars 11, 4hr; Gannet SAR Helicopter
- 318 18462 27 August 12:25 Barf, Beckstones Gill NY214265**  
 Damp and misty. Wet and slippery Hill Walking (Small party (2 to 5))  
 Woman(34) - Subject slipped and fell over 40ft crag, resulting in a fractured skull and spinal injuries.  
 Keswick 14, 2¼ hr; RAF Leuchars 11, 2hr; Boulmer SAR Helicopter
- 319 18762 27 August 18:11 Scafell Pike NY214070**  
 Moderate/rain/hill fog/cool/dark. Moderate slope rough Hill Walking (Small party (2 to 5))  
 Two Men(NK & 28) - Party reported themselves lost after reaching the summit of Scafell Pike and then losing the path on the way down. From the description of their location, the team were able to locate them quite quickly and escort them down to the valley.  
 Wasdale 19, 5hr
- 320 18324 27 August 21:44 Sticks Pass, Greenside NY359180**  
 Calm/fine/cloudy/mild/dark. Moderate damp Hill Walking (D of E) (School/Youth group)  
 Seven Women(18) - Party were over taken by darkness and became unsure about continuing to camp site. They were unable to contact their leaders; they called 999. They were located tired, cold and escorted to the campsite. No injuries reported.  
 Patterdale 4, 3¼ hr
- 321 18463 29 August 14:35 Blencathra, Sharp Edge NY327283**  
 Low cloud, light rain, dry spells. Wet and damp Hill Walking (Family group)  
 Woman(38), Man(48), Girl(6) - A family group fell approximately 100ft from narrow ridge, while negotiating an awkward section. A second party of 2 walkers who witnessed the accident became cragfast but unharmed. **FATAL** – multiple; serious - head injuries; minor injuries.  
 Keswick 28, 5hr; Cockermouth 11, 5hr; RAF Leuchars; Boulmer SAR Helicopter; Unknown Civilian Aircraft; Leconfield SAR Helicopter
- 322 18371 29 August 19:25 Sourmilk Gill, Buttermere NY170159**  
 Conditions not reported Hill Walking (Not known)  
 Three Men(NK) - A party of walkers were reported overdue, having planned to ascend Sourmilk Gill. They turned up safe and well just as the team were being mobilised.  
 Cockermouth 7, 1hr
- 323 18325 29 August 21:00 Great Dodd NY343205**  
 Calm/dry/cloudy/mild/dark. Search - Mountain  
 Report of flashing lights seen on summit of Great Dodd. Team drove to different sites to investigate but nothing found - false alarm good intent.  
 Patterdale 3, 1hr
- 324 18247 30 August 15:00 Loughrigg NY346054**  
 Calm/dry/clear/warm/dull. Moderate footpath damp Hill Walking (Small party (2 to 5))  
 Man(63) - Subject became breathless and clammy, unable to continue intended walk. Treated and evacuated from the fellside.  
 Langdale Ambleside 14, 1¾ hr

**325 18764 30 August 16:40 Great Gable NY210199**  
Light/dry/clear/mild/bright. Steep scree loose Hill Walking (Small party (2 to 5))  
Man(NK) - Subject sustained head lacerations and other injuries after a tumble falling of 10m.  
He was treated on scene and stretchered down to an ambulance before being taken to hospital.  
Wasdale 17, 5hr

### September 2008

**326 18464 4 September 08:54 Latrigg NY278242**  
Dull. Level track wet, slippery Hill Walking (Alone)  
Man(19) - Subject overtaken by pain related to a previous medical condition. Treated for testicular torsion and evacuated to medical care..  
Keswick 15, 1¼ hr; Great North AA Cumbria

**327 19023 4 September 11:31 St Sunday, Grisedale NY366138**  
Light/dry/broken cloud/warm/bright. Steep dry crag Search - Mountain  
Couple reported hearing dog barking, it sounded in distress. Team searched but found nothing, locals reported it could be a hound that had gone missing from hunt kennels. False alarm good intent.  
Patterdale 3, 1hr

**328 19024 4 September 13:13 Gowbarrow Crags NY414205**  
Light/dry/broken cloud/warm/bright. Steep rough crag Hill Walking (Not known)  
Two Men(NK) - Man reported people waving and shouting for help on crag. Team went to investigate. Independently, local climbers heard them and went to help. Team found the people back on safe ground.No further action required.  
Patterdale 10, 1¼ hr

**329 19021 4 September 14:30 Patterdale NY352123**  
Moderate/heavy rain/low cloud/cool/dull. Gentle very wet Hill Walking (Small party (2 to 5))  
Man(55) - Subject slipped on path falling and fracturing his right ulna & radius. He managed to get off hill and was picked up on track.  
Patterdale 1, 2hr; Penrith 1, 2hr

**330 19029 5 September 13:00 Hart Crag NY408173**  
Calm/dry/clear/mild/bright. Moderate dry footpath Hill Walking (Small party (2 to 5))  
Woman(39) - Subject slipped on path and fractured her ankle.  
Patterdale 13, 4½ hr; Penrith 12, 4½ hr

**331 18763 6 September 02:30 Scafell Pike NY212081**  
Moderate/rain/hill fog/cool/dark. Moderate slope very wet Hill Walking (Not known)  
Two Men(21) - Party attempting the 'Three Peaks' Challenge lost the path while descending. From information given over the phone, they were located safe & well then escorted down to the valley and given transport back to Keswick.  
Wasdale 10, 5hr

**332 18465 6 September 13:12 Helvellyn Gill NY326168**  
Heavy rain. Undulating footpath very wet, slippery Hill Walking (Not known)  
Man(55) - Subject slipped, fracturing his ankle.  
Keswick 12, 2hr

**333 18466 6 September 14:04 Lonscale Crags NY293263**  
Conditions not reported Fell Running (Not known)  
Man(41) - Subject slipped and injured his lower leg.  
Keswick 3, 2¼ hr; Cockermouth 10, 2¼ hr

- 334 18410 7 September 08:50 Barras, Kirkby Stephen NY085100**  
 Showery. Wet Local Incident  
 Requested by police to assist in search for stolen quad bike. Stood down prior to deployment when item located by local police.  
 Kirkby Stephen 9, 1hr
- 335 18765 8 September 15:20 Scafell, Corridor Route NY220083**  
 Light/dry/broken cloud/mild/bright. Moderate slope Hill Walking (Small party (2 to 5))  
 Man(NK), Woman(NK) - Party of walkers became disorientated in mist and lost the path going up Scafell Pike. They called for help when they found themselves on steep scree. The cloud cleared and they were able to find their own way down before the team reached them.  
 Wasdale 8, 3hr
- 336 18467 8 September 17:39 Ruddy Gill NY231091**  
 Dry. Hill Walking (Not known)  
 Woman(45) - Subject slipped from the path and fell 20 - 30ft into the gill. She sustained a fractured wrist, contusions and lacerations to knee, arm and head.  
 Keswick 21, 3½ hr
- 337 18493 11 September 12:47 Levers Water SD282993**  
 Fine. Damp Animal Rescue  
 Dog reported to have fallen down a mine shaft. Recovered unharmed to safe ground, apart from shock & possible bruising.  
 Coniston 1, 1¾ hr
- 338 18776 11 September 14:30 Hardknott Fort NY218044**  
 Light/passing showers/cool/dull. Gentle track grassy Hill Walking (Small party (2 to 5))  
 Man(71) - Subject slipped near Roman Fort on Hardknott Pass, suffering leg injury. Treated on scene and transferred to hospital by air ambulance. Fracture dislocation to right ankle.  
 Wasdale 13, 3hr; Great North AA Cumbria
- 339 18468 11 September 17:00 Clough Head - Sandbed Gill NY321217**  
 Conditions not reported Animal Rescue  
 Sheep reported stuck on crag. Retrieved without loss or injury.  
 Keswick 3, 3hr
- 340 18412 13 September 16:15 Bowfell, The Band NY269057**  
 Calm/dry/clear/mild/bright. Moderate footpath dry, slippery Hill Walking (Not known)  
 Man(60) - Subject slipped when he stepped off the path on to the grassy edge. He was treated for an open fracture of tibia.  
 Ogwen Valley 9, 2hr; Langdale Ambleside 14, 2hr
- 341 18413 13 September 21:15 Rydal Hall, Ambleside NY364062**  
 Calm/dry/clear/mild/moonlight. Steep footpath damp Search - Non-mountain (Alone)  
 Man(35) - Subject reported by his mother as suicidal and reported missing when van located unattended. Many areas searched. Man located near where his van had been parked, unharmed.  
 Langdale Ambleside 15, 5hr; SARDA (Lakes) 7, 5hr; Kendal 1, 5hr
- 342 18473 13 September 23:30 Ayside SD395841**  
 Calm/dry/clear/cool/dark. Steep dry bank Hill Walking (Alone)  
 Man(60) - Subject with a knee injury slipped into a bog and became cold & wet. He was stranded on very steep / rough ground, unable to make his own way to safety.  
 Kendal 14, 3hr

- 343 18472 14 September 11:00 Hutton Roof SD560784**  
 Calm/dry/clear/mild/bright. Gentle damp footpath Search - Non-mountain (Alone)  
 Woman(NK) - Subject was out walking on Hutton Roof and became lost. Police contacted for  
 assistance. Several attempts made to contact the person, with no success. Person found  
 own way off in the end. Unhurt.  
 Kendal 3, 1½ hr
- 344 18416 14 September 15:30 Roehead, Pooley Bridge NY479231**  
 Light overcast dry cool. Damp Hill Walking (Not known)  
 Requested to assist NWS ambulance crew dealing with 16 yr old boy reported to have  
 fallen sustaining facial and leg injuries. Stood down responding when notified that a local  
 BEEP doctor in attendance.  
 Penrith 5, ½ hr
- 345 18494 14 September 21:55 Coniston Old Man SD273977**  
 Fine. Dry Hill Walking (Small party (2 to 5))  
 Four Men(35 & NK) - Party benighted on a ridge of the Old Man. Led to safety unharmed.  
 Coniston 13, 3hr
- 346 19025 15 September 14:19 Seldom Seen, Ullswater NY377182**  
 Light/rain/cloudy/cool/dull. Moderate very wet footpath Hill Walking (Small party (2 to 5))  
 Woman(59) - Subject slipped on hillside resulting in an injured knee.  
 Patterdale 11, 2¼ hr
- 347 18777 16 September 14:00 Brotherilkeld NY212014**  
 Light/dry/bright. Gentle footpath grassy Hill Walking (Small party (2 to 5))  
 Woman(NK) - Subject slipped and sustained a fractured right wrist. Treated on scene and  
 transferred to hospital.  
 Wasdale 10, 2hr
- 348 19126 17 September 19:00 High Crag Buttermere NY182146**  
 Light/dusk. Craggy fellside Animal Rescue  
 A sheep became stuck on crag. Retrieved without loss or injury.  
 Cockermouth 3, 1hr
- 349 19026 18 September 13:12 Hayeswater, Patterdale NY430128**  
 Light/dry/cloudy/mild/dull. Moderate damp footpath Hill Walking (Large party (at least 10))  
 Boy(17) - Student on outward bound course collapsed while out walking. Air ambulance  
 could not access the site, help requested with evacuation.  
 Patterdale 10, 2hr; Penrith 5, 2hr; Great North AA Cumbria
- 350 18418 18 September 21:20 Ambleside NY381105**  
 Calm/dry/clear/mild/dark. Moderate bank damp Hill Walking (Small party (2 to 5))  
 Two Men(31) - Party became lost amongst fields in the dark. They phone for help and the  
 field was identified on the basis of the colour of horse it contained. They were recovered to  
 civilisation.  
 Langdale Ambleside 4, 1hr; SARDA (Lakes) 1, 1hr
- 351 18419 20 September 12:35 River Rothay, Baneriggs, Grasmere NY345060**  
 Calm/dry/clear/mild/bright. Undulating footpath wet, slippery Hill Walking (Alone)  
 Woman(NK) - Subject was found seriously injured and unconscious by passing walkers, most  
 likely having slipped off path and fallen down bank to river. Head and spinal injuries, initially  
 unconscious.  
 Langdale Ambleside 13, 1¼ hr; Great North AA Cumbria

- 352 18469 20 September 13:47 Moss Mire, Ashness NY269179**  
 Good. Dry Hill Walking (Not known)  
 Woman(56) - Subject slipped on rocks, resulting in a fractured ankle.  
 Keswick 12, 1¼ hr
- 353 18675 21 September 09:56 Crossfell, N Pennines NY661346**  
 Dry bright cloudy. Dry even Hill Walking (Small party (2 to 5))  
 Man(64) - Subject collapsed with a report consistent with cyanosis. CPR attempted unsuccessfully. **FATAL** - heart attack.  
 Penrith 15, 3¼ hr; Great North AA Cumbria
- 354 18766 21 September 13:15 Great Gable NY208106**  
 Light/dry/broken cloud/mild. Steep ridge Hill Walking (Small party (2 to 5))  
 Woman(56) - Subject tripped sustaining lacerations to wrist and face. The team treated her on scene but the helicopter called to assist with evacuation suffered a malfunction so the casualty was stretchered off the mountain and transferred to hospital.  
 Wasdale 16, 5hr
- 355 18495 21 September 18:15 Iron Keld - Sunny Brow SD344010**  
 Fine. Damp Hill Walking (Not known)  
 Woman(54) - Subject slipped on wet grass, sustaining a fracture to her left ankle.  
 Coniston 13, 2hr
- 356 19127 22 September 14:57 Green Crag, Warnscale, Buttermere NY201132**  
 Moderate/dry. Steep crag Hill Walking (Alone)  
 Man(71) - A hillwalker fell on a steep descent. He was lowered to the foot of the crag on a stretcher and carried to Gatesgarth Farm. Minor leg and rib injuries were diagnosed.  
 Cockermouth 21, 3½ hr
- 357 18519 23 September 15:30 Ewebank Park, South Stainmore NY864103**  
 Clear/overcast/cold/showers. Wet moorland and forestry Search - Non-mountain (Alone)  
 Man(39) - Subject reported missing after vehicle found abandoned in remote moorland location. Eventually located unharmed the following day outside of initial search area.  
 Kirkby Stephen 27, 14½ hr; Penrith 11, 10hr; Teesdale and Weardale 6, 10hr; Swaledale 6, 8hr; SARDA (Lakes) 7, 10hr; SARDA (England) 3, 10hr; Boulmer SAR Helicopter
- 358 18553 28 September 11:37 Cat Bells NY247209**  
 W-light/dry/clear/mild/bright. Moderate footpath dry Hill Walking (Family group)  
 Woman(64) - Subject was taken ill while walking with her husband. She was treated at the scene and then taken by the air ambulance to hospital. Her condition was diagnosed as transient ischaemic attack.  
 Keswick 19, 1½ hr; Great North AA Teeside
- 359 18676 28 September 14:25 The Knott, Hayeswater NY435128**  
 Good. Dry Hill Walking (Not known)  
 Two Women(30) - Subject tripped and fell on footpath; confusion at initial alert when location was unclear. Treated for a twisted ankle and evacuated.  
 Penrith 15, 4hr; Patterdale 12, 4hr
- 360 18550 28 September 16:45 Garburn Pass - Yoke SD437058**  
 Calm/dry/clear/cool/dusk. Steep dry footpath Hill Walking (Medium party (6 to 9))  
 Girl(16) – Subject, walking with a school party, received soft tissue injury to her foot whilst walking on uneven ground. Injury was connected to an old ongoing cartilage problem.  
 Kendal 17, 3½ hr

**361 19028 29 September 17:55 Sandwich Bay NY425200**  
Fresh/rain/cloudy/cold/dark. Water Sport (all types) (Alone)  
Man reported seeing boat go down in bay and with a man onboard leaving just before it sank.  
Team searched in rescue boat using thermal imaging equipment. A hatch cover was found  
but nothing else.  
Patterdale 4, 2½ hr

**362 18551 30 September 20:25 Grange over Sands SD403771**  
Moderate/heavy rain/poor/cold/dark. Moderate very wet Search - Non-mountain (Alone)  
Woman(81) - Vulnerable (dementia) reported missing from nursing home. Located by  
member of public on a building site shortly after daybreak. Taken to hospital by ambulance,  
suffering the effects of hypothermia.  
Kendal 27, 12hr; Kirkby Stephen 6, 2hr; Duddon & Furness 10, 2½ hr; SARDA (Lakes) 6,  
6hr; Lancashire Police Helicopter

### October 2008

**363 19128 1 October 16:49 Beck House, Loweswater NY159220**  
Light/passing showers. Footpath grassy, slippery Hill Walking (Alone)  
Woman(65) - Subject slipped in a field near Beck House, resulting in a fractured leg.  
Cockermouth 24, 1½ hr

**364 18778 3 October 20:30 Stoney Tarn, Eskdale NY200027**  
Moderate/dry/dark. Moderate moorland Hill Walking (Alone)  
Woman(45) - Subject benighted and lost the path. In touch by mobile phone and able to  
describe her location. Quickly found and escorted off. No injuries.  
Wasdale 3, 3hr

**365 18516 4 October 11:30 Tarn House, Hollin Bank SD327992**  
Very wet/raining. Very wet, slippery & boggy Mountain Biking (Small party (2 to 5))  
Man(32) - Biker fell off bike and injuring himself by landing on the handlebars of his bike.  
Treated for an injury to left groin.  
Coniston 1, 1½ hr

**366 18554 4 October 14:37 Whinlatter Forest NY216250**  
Conditions not reported Mountain Biking (Not known)  
Man(31) - Rider slipped on wet rock; he sustained a fracture/dislocation of left ankle.  
Keswick 16, 1¼ hr

**367 18517 4 October 16:15 Codale Tarn, Grasmere NY297085**  
SW-fresh/heavy rain/broken cloud/cool/dusk. Steep moorland Hill Walking (Not known)  
Four Men(40) - Party became stuck on wrong side of river and were unable to cross or find  
an alternative route. Assisted across river and escorted down.  
Langdale Ambleside 10, 6hr

**368 18552 4 October 18:50 Scout Scar, Kendal SD487913**  
Moderate/heavy rain/poor/cold/dark. Very wet moorland Hill Walking (Small party (2 to 5))  
Man(57) - Subject with Parkinson's disease collapsed. Stretchered from location and  
transferred to ambulance, suffering the effects of severe hypothermia.  
Kendal 15, 1¼ hr

**369 18555 5 October 13:55 Sail Beck NY202198**  
Conditions not reported Hill Walking (Not known)  
Woman(57) - Subject slipped and tumbled, resulting in a triple fracture of humerus &  
shoulder.  
Keswick 8, 3¼ hr; Cockermouth 23, 2¾ hr; Great North AA Teeside

- 370 18677 9 October 14:26 Rampsgill Head, High Street NY445130**  
 Dry bright thick hillfog above 700m. Hill Walking (Alone)  
 Man(43) - Subject reported himself lost in thick fog; he had GPS and map but unable to use either to gain a place of safety. Given instructions and talked down.  
 Penrith 1, ½ hr
- 371 18548 9 October 16:34 Levers Water Dam SD283993**  
 Showery. Very wet Hill Walking (School/Youth group)  
 Girl(17) - Subject slipped on dam, feet splayed out and felt pain to right leg. She was treated for a sprained ankle and evacuated.  
 Coniston 10, 1¾ hr
- 372 19030 10 October 08:30 Patterdale NY388151**  
 Fresh/showers/cloudy/cool/dull Search - Non-mountain (Alone)  
 Boy(16) – Subject, local to area, reported missing near swollen beck. Search was started.  
 Boy turned up safe at back of farm.  
 Patterdale 4, 1hr
- 373 19031 11 October 12:05 Helvellyn, Striding Edge NY347149**  
 Calm/dry/clear/cool/bright. Steep dry ridge Hill Walking (Military unit)  
 Man(18) - Path on narrow ridge gave way, causing subject to slid down rough ground. He was treated for soft tissue injuries to upper leg.  
 Patterdale 13, 4¾ hr; Boulmer SAR Helicopter ; Great North AA Cumbria
- 374 18556 11 October 14:25 Orrest Head, Windermere NY414993**  
 Calm/dry/clear/mild/bright. Moderate footpath damp Hill Walking (Small party (2 to 5))  
 Man(59) - Subject slipped over and broke fall with arm; this resulted in a fractured humerus.  
 Langdale Ambleside 10, 2hr
- 375 18558 12 October 13:10 Pavey Ark, Jack's Rake NY284079**  
 Calm/drizzle/low cloud/mild/dull. Steep crag Rock Scrambling (Large party (at least 10))  
 Man(65) - Subject slipped and fell 2m sustaining head injury. He was assisted to top of crag, stretchered to below cloud base and airlifted to hospital.  
 Langdale Ambleside 13, 5hr; Kendal 1, 5hr; Bowland Pennine 2, 5hr; Valley SAR Helicopter
- 376 18559 12 October 14:40 Orrest Head, Windermere NY414993**  
 Calm/drizzle/broken cloud/mild/dull. Moderate footpath Hill Walking (Small party (2 to 5))  
 Woman(65) - Subject reported having seizure and chest pains on summit. Paramedics in attendance. Woman declined hospital and was taken home.  
 Langdale Ambleside 6, 1¼ hr
- 377 18678 13 October 16:30 Wreay, Carlisle NY435490**  
 Fine cold dry. Wet soft farmland Search - Non-mountain (Alone)  
 Man(45) - Despondent reported missing when abandoned car located at Wreay. All indications that self-harm was intended. Found following day. **FATAL** - hanging.  
 Penrith 18, 6½ hr; Kirkby Stephen 1, 8¾ hr; SARDA (Lakes) 6, 5¾ hr; SARDA (Southern Scotland) 2, 4hr; Valley SAR Helicopter
- 378 19032 14 October 15:55 Grisedale NY372150**  
 Conditions not reported Hill Walking (Not known)  
 Man(26) - Member of Outward Bound Ullswater group fell 50ft. Self evacuation. Injuries not reported.  
 Patterdale 4, 1hr

- 379 18679 14 October 19:30 Kidsty Pike NY444127**  
 Fresh cool hill fog above 650m. Damp Hill Walking (Small party (2 to 5))  
 Man(65), Woman(65) - Party reported themselves lost in hill fog; advised to descent and help to identify location and further descent route. Party failed to notify police when they returned to place of safety.  
 Penrith 1, 3½ hr
- 380 18609 15 October 16:40 Harrison Stickle, Gt Langdale NY286065**  
 SW-moderate/heavy rain/low cloud/cool/dark. Moderate Hill Walking (Small party (2 to 5))  
 Woman(53) - Subject slipped and sustained a fractured wrist.  
 Langdale Ambleside 17, 3hr
- 381 18615 15 October 18:45 Great Carrs- Little Carrs, Coniston NY271002**  
 Clear but misty at times. Damp Hill Walking (Alone)  
 Man(52) - Subject lost way in mist & rain and then dark. He had bivvi-ed night before but still unable to find way off hill. Cold & hungry but no injuries.  
 Coniston 16, 3¾ hr
- 382 18768 22 October 16:55 Ill Crag NY222073**  
 Strong/showers/hill fog/cold/dusk. Level scree rough Hill Walking (Small party (2 to 5))  
 Man(NK), Woman(NK) - Party lost the path after reaching the top of Scafell Pike. After wandering around they called for help on their mobile phone. The team easily located them and walked them down.  
 Wasdale 20, 4hr
- 383 19131 23 October 15:45 Gatesgarth Farm, Buttermere NY194149**  
 Heavy rain. Very wet Local Incident  
 Six Men(NK) - A number of cars became stuck on the road near Gatesgarth because of flooding. Team members ferried the occupants to local hotels and guesthouses for overnight accommodation.  
 Cockermouth 5, 2hr; Great North AA Cumbria
- 384 18680 23 October 19:40 High Cup Nick, N Pennines NY748264**  
 Gales heavy rain dark. Very wet Hill Walking (Small party (2 to 5))  
 Man(24), Woman(24) - Party walking from Middleton to Dufton became disorientated in severe weather, and requested assistance. Located in poor conditions and escorted off the hill to safety.  
 Penrith 20, 4¼ hr; Kirkby Stephen 24, 4¼ hr; SARDA (Lakes) 3, 4¼ hr
- 385 18630 24 October 13:00 The Scrow, Coniston SD293975**  
 Fine & sunny. Very wet Fell Running (School/Youth group)  
 Girl(14) - Female competitor of school fell race slipped on decent and fractured her ankle.  
 Coniston 1, 1hr
- 386 18627 24 October 14:50 Skelsmergh SD533966**  
 Light/cool/dull. Boggy Local Incident (Alone)  
 Requested to assist the police in recovery of body of male from tarn. Completed without incident.  
 Kendal 15, 1hr
- 387 18681 24 October 16:10 Hallin Fell, Ullswater NY441197**  
 Dry bright fresh westerly. Local flooding very wet Hill Walking (Small party (2 to 5))  
 Two Women(78) - Subject fell awkwardly while walking along narrow muddy path. She was treated for a fractured ankle, no deformity.  
 Penrith 9, 2¼ hr;



- 388 18879 25 October 12:05 Rigg Head Quarries, Borrowdale NY239153**  
 Very heavy rain, high winds, extreme weather forecast. Fell Running (Organised event)  
 Man(64) - A competitor in the Original Mountain Marathon (OMM) succumbed to the extreme conditions with hypothermia. Treated by the team for a sprained ankle and evacuated to Rosthwaite.  
 Keswick 9, 2½ hr
- 389 18880 25 October 12:30 Gillercomb, Borrowdale NY221132**  
 Extremely wet, high winds. Saturated Fell Running (Organised event)  
 Five Original Mountain Marathon competitors in trouble during extreme weather, two with fractured ankles, one with head injuries, and two hypothermia victims. Three other MRTs assisted with a total of 11 casualties rescued, all OMM related. All evacuated to Buttermere due to floods in Borrowdale valley.  
 Keswick 30, 5hr; Penrith 10, 5hr; Cockermouth 29, 3hr; RAF Leeming 10, 5hr; SARDA (Lakes) 3, 1hr
- 391 19333 25 October 13:00 Gillercomb, Borrowdale NY221132**  
 Extreme wet and high winds, as forecast. Saturated Fell Running (Organised event)  
 Man(NK) - While we were dealing previous incident, we were made aware of another incident involving an OMM competitor. Following treatment for an ankle injury, the competitor was evacuated to Honister.  
 Keswick 30, 4¼ hr
- 392 18910 25 October 13:10 Sty Head Track NY228106**  
 Extreme wet and high winds. Saturated Fell Running (Organised event)  
 Woman(45) - Subject who had head injuries and a fractured left elbow was then reported to be making her way down from Sty Head. Team member was despatched to ensure that no further immediate care was required. She was located sheltering in a house at Seathwaite.  
 Keswick 1, 2hr
- 393 18769 25 October 14:22 Lingmell Beck, Wasdale NY212092**  
 Gale/heavy rain/poor/cool/dull. Very wet Fell Running (Organised event)  
 Woman(NK) – OMM competitor reported to have been swept away by swollen river. Found stranded on high ground surrounded by water with four others. Impossible to reach from the bank, a helicopter was used to evacuate the party. They were treated for hypothermia and one pelvic injury.  
 Wasdale 22, 4hr
- 394 18606 25 October 16:38 Rosset Ghyll, Gt Langdale NY259074**  
 SW-gale/heavy rain/poor/cool/dull. Moderate footpath Hill Walking (Small party (2 to 5))  
 Four Women(NK) - Family with 5 year old child stranded by swollen river. Team deployed, but the party made their own way to safety before we arrived.  
 Langdale Ambleside 15, 2hr
- 395 19133 25 October 17:10 Hindscarth, Buttermere NY214158**  
 Gale/heavy rain/low cloud/dark. Ridge rough Fell Running (Organised event)  
 Man(63) - OMM competitor was reported by another party to be in poor condition in a tent high on Hindscarth. Team members located the competitor and took him and his companion down to the valley. They were both tired, confused, and hypothermic.  
 Cockermouth 23, 2hr
- 396 18682 25 October 17:35 The Calf, Howgill Fells SD673976**  
 Gales and heavy rain, hill fog. Very wet Hill Walking (D of E) (School/Youth group)  
 Five Girls(17) - Party overtaken by severe weather decided to 'stay put' when one of party sprained ankle. Located and escorted to safety.  
 Kirkby Stephen 19, 6hr; SARDA (Lakes) 2, 5hr; SARDA (England) 1, 6hr

- 397 19134 25 October 18:30 Castle Crag, Borrowdale NY246150**  
 Gale/heavy rain/dark. Moderate bank very wet Fell Running (Organised event)  
 Man(55) - A marshall in the OMM became exhausted and hypothermic in appalling conditions and extensive flooding. He was escorted to safety by Team members. Unhurt.  
 Cockermouth 21, 3¾ hr
- 398 18607 25 October 19:28 Crinkle Ghyll, Gt Langdale NY264052**  
 SW-hurricane/heavy rain/low cloud/cool/dark. Moderate moorland Hill Walking (Small party)  
 Four Men(NK) - Party went for a "short walk" because of weather conditions. Three were cut off by river, but one made way off to raise the alarm. Prolonged search due to party not being where they said they were. No torches, so couldn't signal searchers even when spotted. No reported injuries  
 Langdale Ambleside 13, 10hr; Kendal 25, 6½ hr; SARDA (Lakes) 3, 10hr
- 399 19135 26 October 10:00 Buttermere NY173163**  
 Clear. Wet Fell Running (Organised event)  
 Team members were asked by the Police to assist in an aerial search of the fell tops with an RAF helicopter, mainly in the Buttermere, Borrowdale and Wasdale areas. This was part of the OMM event accounting for all competitors. All competitors accounted for by lunchtime.  
 Cockermouth 8, 4hr; Valley SAR Helicopter
- 400 18779 26 October 15:30 Wasdale Head NY186087**  
 Light/heavy rain/dark. Severe flooding, roads impassable Local Incident  
 Boy(10) - Request to assist the ambulance service with the evacuation of subject suffering a severe asthma attack. The ambulance was unable to reach the boy because of severe floods. Team Landrover used to reach and evacuate the casualty. He was treated for severe asthma, breathing difficulties and vomiting.  
 Wasdale 4, 2hr
- 401 18780 26 October 19:15 Wastwater NY163053**  
 Moderate/heavy rain/dark. Moderate crag rough Hill Walking (School/Youth group)  
 Eight Men(NK) - Party of young people benighted and cragfast on the side of Wastwater. Easily located and walked off to their accommodation. Access difficult because bridge closed following previous day's flooding.  
 Wasdale 8, 4hr
- 402 18631 28 October 19:00 Coniston Old Man SD273978**  
 Dry, clear & cold. Damp Hill Walking (Small party (2 to 5))  
 Two Men(28 & 21) – Party of walkers were reported overdue on walk. Contacted by landline as mobiles packed up. No injuries were reported.  
 Coniston 16, ¾ hr
- 403 18771 28 October 20:45 Bull How, Eskdale NY205021**  
 Light/dry/clear/freezing/dark. Undulating slope Hill Walking (Small party (2 to 5))  
 Two Men(52 & 18) - Party were overtaken by darkness and lost the path. The team was called out by the wife of one of the walkers when they were overdue. The walkers were found quite quickly and walked back to their car.  
 Wasdale 13, 4hr; SARDA (Lakes) 2, 4hr
- 404 18605 29 October 16:10 Stythwaite Steps, Far Easedale NY318093**  
 NE-light/showers/broken cloud/cold/dusk. Gentle footpath Hill Walking (Medium party)  
 Woman(41) - Subject slipped and sustained a fractured lower leg.  
 Langdale Ambleside 11, 2½ hr

- 405 18881 30 October 11:53 Blencathra, Sharp Edge NY327283**  
Cold, wintry showers. Snow covered rock Hill Walking (Small party (2 to 5))  
Six Men(NK) - Two separate parties, (four and two) became cragfast in wintry weather and were unable to continue or return. They were all assisted from a narrow ridge, cold but all uninjured.  
Keswick 12, 4¼ hr
- 406 18602 30 October 16:26 Harrison Stickle, Gt Langdale NY282074**  
NE-fresh/dry/clear/cold/moonlight. Steep crag damp Hill Walking (Small party (2 to 5))  
Man(NK), Woman(NK) - Party became cragfast after failing to find path. They were very slow in walking off the hill.  
Langdale Ambleside 6, 6hr; SARDA (Lakes) 1, 6hr
- 407 18882 31 October 14:21 Jopplety How NY273160**  
Showers/cold. Undulating moorland wet, slippery Hill Walking (Small party (2 to 5))  
Four Men(65 & NK) – This party lost the path and became unable to find their way down. We sent out a small party with search dogs to find them and to help them to safety.  
Keswick 8, 3¾ hr; SARDA (Lakes) 2, 3¾ hr
- 408 18604 31 October 15:23 Sweden Bridge, Ambleside NY378086**  
NE-fresh/passing showers/clear/cool/dull. Gentle track damp Hill Walking (Not known)  
Woman(50) - Subject slipped and sustained a sprained ankle.  
Langdale Ambleside 4, 1hr

### November 2008

- 409 18697 1 November 17:44 Skelghyll Woods, Ambleside NY381030**  
Calm/dry/broken cloud/cool/dark. Gentle track damp Hill Walking (Small party (2 to 5))  
Four Men(35 & NK) - Party became stuck when it went dark and couldn't find the way down.  
Langdale Ambleside 4, 1hr
- 410 18599 1 November 18:00 Scout Scar, Kentmere SD486919**  
Calm/dry/clear/cool/dusk. Local Incident  
Informant sighted two red parachute flares over the Staveley/Kentmere area. After discussion with police, it was decided to take no further action as they were probably out of date yachting flares.  
Kendal 1, ¼ hr
- 411 18960 2 November 16:15 Fellgreen, Bootle SD121888**  
Moderate/fine/clear/mild/dusk. Gentle moorland firm Motor Sport (Small party (2 to 5))  
Man(23) - Quad bike rider injured in fall accident. He was treated for a fractured lower leg.  
Duddon & Furness 23, 2hr
- 412 18674 4 November 16:20 High Pike Hill, K Stephen NY804030**  
NE-light/drizzle/misty. Wet and boggy Hill Walking (Alone)  
Man(28) - Subject lost his dog while walking, went searching but in process became lost himself. The dog found owner and team later found owner.  
Kirkby Stephen 21, 4hr; SARDA (Lakes) 2, 4hr
- 413 18601 4 November 20:35 Birk Fell, Coniston NY298019**  
Fine. Damp Hill Walking (Small party (2 to 5))  
Five Men(NK) - Party of walkers reported as benighted. They were found safe & well and escorted to Tilberthwaite then driven to their vehicles left around Langdale.  
Coniston 11, 3hr

- 414 18596 6 November 13:45 Levers Water, Coniston SD282993**  
 Dry. Damp in parts Hill Walking (Alone)  
 Man(36) - Subject slipped on descent and injured hand. Another walker assisted to stem bleeding. Walked to dam where team picked up & took to local doctor's surgery. He was treated for a laceration to right hand.  
 Coniston 10, 1¾ hr
- 415 18883 8 November 12:21 Barrow, Keswick NY230230**  
 Rain. Wet Hill Walking (Not known)  
 Woman(48) - Requested to assist paramedics in carrying a subject who had slipped and sustained an injured ankle to the waiting ambulance.  
 Keswick 13, 1¼ hr
- 416 19033 9 November 13:45 Catstycam, Helvellyn NY346163**  
 Light/sleet/broken cloud/cold/bright. Moderate snow/ice Hill Walking (Winter) (Small party)  
 Man(39) - Subject slipped on snow slope while descending. He landed on an old metal stake and sustained laceration to leg.  
 Patterdale 13, 1¾ hr
- 417 18714 11 November 19:20 River Dee, Sedbergh SD692880**  
 Calm/showers/clear/cool/dark. Very wet bank Search - Non-mountain (Alone)  
 Woman(60) - Car washed into River Dee during heavy floods, driver reported missing, major search instigated but called off at midnight. Further teams deployed the next day and a body was recovered further downstream. **FATAL** - drowning.  
 Kendal 38, 14hr; Bowland Pennine 6, 6hr; Duddon & Furness 8, 7hr; SARDA (Lakes) 4, 6hr; Kirkby Stephen 6, 5¾ hr; Swaledale 4, 6hr; Cave Rescue Organisation 12, 6½ hr; Boulmer SAR Helicopter
- 418 18884 12 November 00:00 Falcon Crag, Borrowdale NY272205**  
 Conditions not reported Animal Rescue  
 Sheep reported stuck on very steep, craggy terrain. Retrieved without loss or injury.  
 Keswick 2, 1½ hr
- 419 18885 16 November 11:34 Sour Milk Gill, Seathwaite NY230121**  
 Dry/clear/cool. Moderate track Hill Walking (Not known)  
 Man(53) - Subject collapsed while walking. Despite the best efforts of those around him, the air ambulance paramedics and team members, he was pronounced dead at the scene. **FATAL** - heart attack.  
 Keswick 25, 3¼ hr; Great North Air Ambulance
- 420 18886 16 November 12:10 Sourmilk Gill, Seathwaite NY231121**  
 Bright spells dry. Rock Scrambling (Not known)  
 Man(56) - Bizarrely, whilst the team was quickly making its way to the previous incident, team members witnessed subject fall about 30ft into the gill. He suffered head, neck and back injuries. An RAF Seaking helicopter flew him to hospital.  
 Keswick 25, 2¾ hr; Patterdale 1, 2¾ hr; Boulmer SAR Helicopter
- 421 18698 16 November 17:00 Lower Scout Crag, Langdale NY298069**  
 Calm/fine/clear/mild/bright. Steep crag damp, slippery Rock Climbing (Small party (2 to 5))  
 Woman(22) - Climber took leader fall. Gear held, but she was too close to ground and hit the ground. She was treated for a fractured right femur.  
 Langdale Ambleside 13, 2¼ hr; Kendal 1, 2¼ hr; Boulmer SAR Helicopter

**422 19136 21 November 13:45 Scarth Gap, Buttermere NY188143**  
Conditions not reported Search - Mountain  
Requested by the Police to check Scarth Gap after shouts for help were heard and reported by a walker. Nothing untoward found; farmers had been moving sheep from the fellside in that area and it was concluded that this was the reason for the call.  
Cockermouth 13, 1hr

**423 19137 23 November 18:05 Scale Beck Path, Buttermere NY151171**  
Showers/dark. Moderate footpath Hill Walking (Small party (2 to 5))  
Man(41), Woman(41) - Requested to assist two walkers, benighted near Scale Force, Melbreak area. The subjects were located by the Team and escorted out to Buttermere.  
Cockermouth 25, 2½ hr

**424 19011 23 November 19:50 Braystones NY007059**  
Conditions not reported Search - Non-mountain (Alone)  
Man(NK) - Request to assist with search for female despondant. Found by Police while team were deploying. **FATAL** – no details reported.  
Wasdale 17, 1hr

**425 18887 24 November 13:20 Newlands Valley, Miner's Crag NY231157**  
Conditions not reported Animal Rescue  
Requested to assist in the recovery of a 12-year old sheep dog which had become cragfast. Retrieved without loss or injury.  
Keswick 2, 3hr

**426 18873 28 November 14:24 High Street, Caspel Gate Haweswater NY450112**  
Occasional wintry showers, low cloud. Light wet snow Hill Walking (Winter) (Small party)  
Two Men(47) - Party reported themselves lost in low cloud on well-defined ridge; They were met by another party and escorted to safety.  
Penrith 9, 2½ hr

**427 18843 29 November 10:45 Tilberthwaite NY302016**  
Fine & cold. Hill Walking (Not known)  
Man(58) - Subject (believed history of epilepsy) passed out whilst walking. He fell & sustained deep scalp wound as a result.  
Coniston 12, 1¾ hr

### December 2008

**428 18844 2 December 11:00 Kirkstone Quarry NY391074**  
N-light/snow/broken cloud/freezing/dull. Vertical crag frozen Animal Rescue  
Sheep stuck on ledge above quarry face. Removed unharmed.  
Langdale Ambleside 1, 4hr

**429 18845 3 December 22:21 Bowfell, Gt Langdale NY244067**  
N-fresh/snow/broken cloud/freezing/dark. Moderate ridge snow/ice Hill Walking (Alone)  
Man(38) - Subject reported overdue. He had sent text picture from Bowfell summit. Not returned home. Search suspended when we were unable to locate his car, to await further info.  
Langdale Ambleside 3, 2hr

**430 18846 3 December 23:00 Orrest Head NY413007**  
N-light/dry/broken cloud/freezing/dark. Moderate track frozen Local Incident (Not known)  
Assist ambulance in reaching isolated property on frozen tracks. Patient (F16) refused to travel to hospital after assessment.  
Langdale Ambleside 3, 2hr

- 431 18847 4 December 06:22 Skelwith Fold NY350281**  
 N-light/snow/poor/freezing/dark. Steep track snow/ice, slippery Local Incident  
 Man(50) - Evacuated a man with a medical condition and transferred him to care of  
 ambulance service in Ambleside. Followed ambulance to see it safely past well known  
 trouble spot on the main road.  
 Langdale Ambleside 3, 2hr
- 432 18888 4 December 12:09 Cat Bells NY245201**  
 Snow ice rain. Steep slippery Local Incident (Not known)  
 Man(NK) - At the request of the police, we assisted in persuading a 20-year old man with  
 medical problems back down to the road in poor weather and snow on the mountain.  
 Keswick 10, 2hr
- 433 18889 5 December 14:04 Skiddaw Littleman NY264282**  
 Cloud rain-sleet cold whiteout. Wet slush Hill Walking (Small party (2 to 5))  
 Two Men(56 & NK) - Party became disorientated in near whiteout conditions. As they were  
 near a fence, we were able to deduce their location and managed to talk them down over  
 their mobile phone link. We also sent out a few team members to meet them on their  
 descent.  
 Keswick 1, 2¼ hr
- 434 19035 6 December 12:45 Helvellyn, Red Tarn Face NY343153**  
 Light/fine/broken cloud/cold/bright. Vertical snow/ice Hill Walking (Winter) (Small party)  
 Two Men(25 & 24) - Party became cragfast in winter condtions on face of Helvellyn. The  
 team ascended a snow gully to reach the men and lowered them to safe ground. They were  
 then assisted off the hill.  
 Patterdale 14, 1½ hr; Penrith 2, 1½ hr; Boulmer SAR Helicopter
- 435 18875 6 December 16:05 Mardale III Bell, Haweswater NY123123**  
 Hill fog, cool. Snow Hill Walking (Winter) (Alone)  
 Woman(45) - Solo walker without torch and ill-equipped reported herself lost on walk from  
 Mardale Head. She was located unharmed.  
 Penrith 12, 4hr; Langdale Ambleside 4, 2hr
- 436 19138 7 December 11:40 Scale Force, Buttermere NY154175**  
 Freezing/bright. Moderate footpath , slippery Hill Walking (Large party (at least 10))  
 Woman(60) - Subject slipped and fell close to Scale Force. She was carried by team  
 members (who happened to be on a team practice nearby). She was diagnosed with  
 damaged ankle ligaments.  
 Cockermouth 30, 3hr
- 437 18855 7 December 12:41 Elterwater Common NY331050**  
 Calm/dry/cloudy/freezing/dull. Moderate snow/ice Mountain Biking (Medium party (6 to 9))  
 Woman(35) - Rider fell from bike when SPD pedal failed to release, fracturing her ankle.  
 Langdale Ambleside 14, 1hr
- 438 18856 7 December 12:49 Skelghyll Area, Ambleside NY397035**  
 Calm/dry/cloudy/freezing/dull. Steep track frozen, slippery Local Incident  
 Assist ambulance with access to steep, frozen track. Assumed successful and without  
 incident.  
 Langdale Ambleside 5, 1hr
- 439 18874 8 December 12:00 Castle Crag, Haweswater NY469127**  
 Overcast. Damp Animal Rescue  
 Sheep stuck high on crag. Retrieved without loss or injury.  
 Penrith 4, 5½ hr

- 440 18877 12 December 08:30 Wrynose Pass NY276026**  
 Snow/poor/freezing/dull. Steep snow/ice, slippery Local Incident (Small party (2 to 5))  
 Two Men(NK) - Occupants of a car stuck in snow and ice had to be recovered.  
 Langdale Ambleside 2, 3hr
- 441 18878 12 December 09:00 Holbck Ghyll NY391020**  
 Snow/poor/freezing/dull. Steep snow/ice, slippery Local Incident  
 Assisted ambulance in reaching remote property in snow and ice. No details supplied.  
 Langdale Ambleside 3, 1hr
- 442 18908 14 December 14:30 Kentmere SD445078**  
 Calm/dry/low cloud/cool/dusk. Frozen path Hill Walking (Winter) (Small party)  
 Man(39), Woman(42) - Party became separated from friends, initially lost in low cloud, made  
 own way off and met by team at reservoir to be re-united with friends, who descended into  
 Patterdale and returned by taxi.  
 Kendal 12, 3hr; Patterdale 6, 1hr
- 443 19037 14 December 15:30 Helvellyn, Swirral Edge NY345156**  
 Light/dry/low cloud/cold/dull. Steep snow/ice slippery Hill Walking (Small party (2 to 5))  
 Man(NK) - Subject slipped off narrow ridge into Brown Cove reported head injuries and  
 fractured leg, airlifted him and a passing walker to hospital and team took rest of party off the  
 hill.  
 Patterdale 11, 1½ hr; Gannet SAR Helicopter
- 444 18906 16 December 12:52 Low Pike NY373078**  
 SW-light/heavy rain/misty/cool/dull. Moderate footpath wet Hill Walking (Small party)  
 Two Women(NK) - Party became lost in mist. One panicking and asthmatic. Failed to talk  
 them down initially. They found their own way down while responding.  
 Langdale Ambleside 3, 2hr
- 445 18911 19 December 12:16 Cat Bells NY244198**  
 SW-strong/heavy rain/cloudy/cool/dull. Very wet, slippery Hill Walking (Alone)  
 Woman(NK) - Subject became gripped with fear due to extreme high winds. We searched for  
 her but she eventually phoned in to say she had managed to crawl down to the road.  
 Keswick 11, 2½ hr; SARDA (Lakes) 3, 1hr
- 446 19012 20 December 11:25 Lingcove Bridge, Eskdale NY227938**  
 Light/drizzle/low cloud/cold/dull. Gentle footpath wet Hill Walking (Small party (2 to 5))  
 Man(45) - Subject slipped and injured his ankle; his son went for help. The gentleman was  
 able to walk back to the roadhead where he was assessed by the team doctor and  
 transported to hospital for a checkup.  
 Wasdale 16, 2hr
- 447 19041 22 December 16:02 Gillercomb, Borrowdale NY221112**  
 Rain windy. Wet Hill Walking (Small party (2 to 5))  
 Two Men(22 & NK) - Party became lost in poor weather.  
 Keswick 18, 4hr; Wasdale 1, 1hr; SARDA (Lakes) 4, 3hr
- 448 18914 22 December 18:00 Hart Crag NY370112**  
 S-gale/heavy rain/poor/cold/dark. Steep moorland wet, slippery Hill Walking (Alone)  
 Woman(47) - Subject became lost after taking wrong direction off Fairfield summit. Left  
 summit at 4pm, with darkness approaching.  
 Langdale Ambleside 15, 7hr; Patterdale 14, 6hr; SARDA (Lakes) 1, 7hr

- 449 18915 22 December 23:59 Orrest Head SD414993**  
 S-strong/passing showers/cloudy/cool/dark. Moderate footpath wet, slippery Hill Walking  
 Flares reported several times to Police from Orrest Head summit. Investigation found  
 nothing.  
 Langdale Ambleside 4, 1hr
- 450 19015 26 December 14:30 Harter Fell, Eskdale NY206001**  
 Light/dry/clear/cold/bright. Gentle footpath Hill Walking (Not known)  
 Man(70) - Male walker slipped on path sustaining a fracture to lower right leg. Treated on  
 scene before being stretchered down to waiting ambulance.  
 Wasdale 19, 2½ hr
- 451 18940 27 December 18:05 Coniston Old Man SD290971**  
 Fine, dry, very cold. Icy Hill Walking (Small party)  
 Woman(NK), Boy(14) - Party lost the footpath in failing light and requested assistance. They  
 were located and escorted to safety.  
 Coniston 16, 1¾ hr
- 452 18942 28 December 12:05 Brantfell, Howgills SD667948**  
 Calm/dry/clear/cold/bright. Undulating frozen footpath Hill Walking (Large party)  
 Man(53) - Subject slipped on frozen path, twisted ankle Air ambulance requested but passed  
 to RAF, whilst team making way on hill. Recovered by helicopter and flown to Carlisle. Rest  
 of party made own way off.  
 Kendal 18, 1½ hr; Boulmer SAR Helicopter
- 453 19042 28 December 13:48 Glaramara - Allen Crag NY242094**  
 Conditions not reported Hill Walking (Not known)  
 Man(NK) - Subject slipped and sustained a fractured ankle.  
 Keswick 16, 2½ hr; Boulmer SAR Helicopter
- 454 18944 28 December 15:10 Bowfell, Great Slab, Gt Langdale NY245065**  
 NE-fresh/dry/low cloud/freezing/dark. Vertical crag frozen Hill Walking (Winter) (Alone)  
 Man(36) - Two men became separated while trying to descend the Great Slab. One found his  
 way off, waited for his friend, then set off down, convinced he had missed him. The other  
 became stuck on steep, frozen ground, made more difficult by his lack of a torch.  
 Langdale Ambleside 11, 6hr
- 455 18943 28 December 16:25 Guards Wood, Cumbria Way SD307982**  
 Fine, very cold. Hard, slippery Hill Walking (Small party (2 to 5))  
 Woman(62) - Subject slipped on descent towards Coniston, fracturing her left ankle.  
 Coniston 17, 1hr
- 456 18945 28 December 17:50 Easedale Tarn, Grasmere NY318086**  
 NE-fresh/dry/broken cloud/freezing/dark. Frozen footpath Hill Walking (Winter) (Small party)  
 Man(27) - Subject slipped while descending in the dark, sustaining a fractured tibia and  
 fibula.  
 Langdale Ambleside 4, 2hr; Kendal 12, 2hr
- 457 19139 29 December 14:20 Red Gill, Grassmoor NY169203**  
 Light/fine/clear/dusk. Steep scree Hill Walking (Small party (2 to 5))  
 Man(27) - Subject fell near the top of Red Gill whilst descending the scree gully. He was  
 lowered on a stretcher and taken by ambulance to West Cumberland Hospital. He was  
 treated for cuts to head, and various cuts & bruises across body & legs.  
 Cockermouth 23, 2¾ hr



- 458 19034 29 December 14:28 Helvellyn, Striding Edge NY334149**  
 Strong/dry/broken cloud/cold/bright. Steep icy footpath Hill Walking (Small party)  
 Two Men(NK) – Party were shouting for help on narrow ridge; as team deployed, a group  
 nearby led them to safe ground.  
 Patterdale 6, 1hr
- 459 19140 29 December 15:14 Lanthwaite Woods, Loweswater NY152214**  
 Dry/clear/bright. Gentle forestry , slippery Hill Walking (Medium party (6 to 9))  
 Boy(13) - Subject dislocated his kneecap whilst the Grassmoor incident (ref 457) was in  
 progress. Some team members were diverted to this, and manipulated the kneecap on  
 scene.  
 Cockermouth 22, 1¼ hr
- 460 18947 30 December 13:00 White Lady Ghyll SD306992**  
 Fine, dry. Hard, icy, dry Local Incident  
 Public reported possible orange bivvy bag up ghyll. It was found to be discarded lilo, false  
 alarm good intent.  
 Coniston 1, 1hr
- 461 18948 30 December 13:30 Tom Ghyll / Tarn Hows SD992315**  
 Good, cold. Slippery Hill Walking (Winter) (Small party)  
 Woman(54) - Subject slipped on ice/frozen ground, resulting in a fractured right ankle.  
 Coniston 9, 1½ hr; Great North AA Cumbria
- 462 18950 30 December 15:00 Rossett Ghyll, Gt Langdale NY251072**  
 Calm/dry/clear/freezing/dark. Frozen footpath Hill Walking (Winter) (Small party)  
 Woman(55) - Subject slipped while descending, landed badly and injured ankle, she was  
 unable to put weight on ankle. Sprained ankle was diagnosed, but fracture was not ruled out.  
 Langdale Ambleside 8, 4hr; RAF Leeming 8, 4hr
- 463 18949 30 December 18:20 Tilberthwaite SD295022**  
 Cold, dry. Hard, icy, dry Hill Walking (Winter) (Small party)  
 Boy(15), Girl(15), Man(50) - Party missed their way in the dark. Found safe and well.  
 Coniston 12, 1¼ hr
- 464 19017 31 December 16:00 Upper Eskdale NY225045**  
 Light/dry/clear/freezing/bright. Gentle icy footpath Hill Walking (Winter) (Small party (2 to 5))  
 Woman(65) - Subject slipped on icy footpath sustaining fractured tibia & fibula to her left leg.  
 Airlifted to hospital to avoid further discomfort on very slippery ground conditions.  
 Wasdale 14, 5hr; Boulmer SAR Helicopter

## Lake District Mountain Accident Summary

		2002	2003	2004	2005	2006	2007	2008
Total incidents dealt with by Teams		337	351	391	395	396	425	464
Total numbers of casualties & uninjured		371	397	468	387	493	551	577
Climbing on Rock	Deaths	0	0	1	2	0	0	2
	Injured	7	4	8	4	1	6	8
Climbing on Snow/Ice	Deaths	0	0	0	0	0	0	0
	Injured	0	2	0	0	1	0	2
Fell Walking	Deaths	7	9	11	16	19	13	14
	Injured	141	131	159	155	166	190	182
Fell Walking on Snow/Ice	Deaths	1	1	1	1	0	0	3
	Injured	5	10	11	15	17	4	11
Fell Walking	Unhurt	148	158	182	133	224	271	253
Cragfast Climbers or Fellwalkers taken off	Unhurt	28	14	15	21	29	37	32
Ski-ing Accidents	Deaths	0	0	0	0	0	0	0
	Injured	0	0	0	0	0	0	0
Incidents other than mountain accidents	Deaths	6	3	28	3	8	6	7
	Injured	22	19	16	16	22	16	7
Accidents to Young People (18 yrs or under)	Deaths	2	0	0	0	2	0	0
	Injured	25	21	17	22	23	23	31
	Unhurt	29	21	31	12	38	29	41
TOTAL CASUALTIES (all causes)	Deaths	14	16	42	23	28	21	31
	Injured	189	188	212	206	207	234	257

Table 1a

## OTHER DETAILS (7 YEARS 2002-2008)

	2002	2003	2004	2005	2006	2007	2008
Total Man/hrs involved on incidents for the year	16296	16795	20990	16441	24335	20320	23194
Total Team Callouts - incl. Incidents needing more than 1 team	435	438	548	517	565	567	629
SAR Aircraft involved	58	82	112	83	93	94	118
Rock Scrambling Incidents	4	7	6	4	5	12	10
fatalities	0	1	0	0	1	1	3
Avalanche Incidents	0	0	0	0	1	0	0
Mountain Bike Casualties	8	10	10	7	6	16	18
Fell Running Casualties	6	2	2	4	2	5	8
fatalities	0	1	0	0	1	0	0

Table 1b

## Analysis Of Casualty Conditions

Year	Non-Mountain	Mountain Accidents			Total
	All Conditions	Medical	Non-Winter	Winter	
1994	3	11	4	4	22
1995	4	7	7	3	21
1996	9	7	2	1	19
1997	0	6	5	0	11
1998	5	11	1	0	20
1999	1	11	6	0	18
2000	2	2	2	0	6
2001	7	5	1	1	14
2002	6	5	3	0	14
2003	3	10	1	0	15
2004	28	9	3	1	41
2005	3	10	9	1	23
2006	8	13	7	0	28
2007	6	12	3	0	21
2008	9	11	8	3	31

Notes: medical = heart attack, other medical causes or not reported

*Table 2 – Fatalities (figures revised from previous reports)*

Year	Serious	Minor
1994	149	121
1995	109	123
1996	113	100
1997	142	103
1998	113	94
1999	96	82
2000	91	119
2001	59	66
2002	91	98
2003	82	106
2004	96	116
2005	97	109
2006	112	95
2007	119	116
2008	165	92

Notes: serious = 'detained in hospital for greater than 24 hours'  
minor = not serious

*Table 3 - Injuries /Condition (figures revised from previous reports)*

## Causes of Incidents

The following table is the result of a search through all the reports for key words relating to the causes for calling out the Mountain Rescue Team(s). For example, the category Benighted will include any word with 'benight-', and 'darkness' as part of the word or phrase.

Please note that the totals of these columns may not match the number of incidents given at the bottom of each column. Many incident reports refer to more than one cause. A typical report will illustrate this:-

*“tripped on footpath whilst walking and fell 2 metres onto rocky ground”*

This will result in contributions to the trip/stumble and fall categories.

<i>Cause Of Incident</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>	<i>2008</i>
Avalanche	0	0	0	0	0	0	0
Belay/Runner Failure	2	3	0	2	1	3	2
Benighted	8	37	19	6	34	32	49
Collapse	13	21	23	21	33	22	24
Cragfast	17	12	15	21	29	39	39
Exhaustion	1	4	8	3	3	9	3
Fall	83	90	88	78	79	138	137
In Difficulty	2	6	3	2	3	6	9
Lights Reported	5	7	8	17	7	24	8
Lost	33	53	73	44	113	100	87
Overdue	38	45	62	48	75	75	67
Separated	8	10	16	6	15	17	13
Severe Weather	1	1	18	2	2	14	5
Shouts Heard	2	0	4	0	4	9	4
Slip	93	72	106	97	93	96	110
Trip Or Stumble	12	20	13	14	19	16	14
<b>Total No of Subjects</b>	<b>322</b>	<b>348</b>	<b>468</b>	<b>386</b>	<b>493</b>	<b>551</b>	<b>557</b>

*Table 4 - Causes of MR Incidents*

## Age Profiles of Subjects

The following table shows the ages of both male and female casualties (fatal, injured and unhurt).

<i>Age (years)</i>		<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>	<i>2008</i>
Not Reported	Male	31	53	82	54	82	126	150
	Female	21	16	17	15	38	35	36
	Total	52	69	99	69	120	161	186
1 - 10	Male	6	11	4	2	4	4	4
	Female	3	5	5	2	2	2	4
	Total	9	16	9	4	6	6	8
11 - 20	Male	25	22	39	31	44	43	41
	Female	28	6	13	9	28	15	30
	Total	53	28	52	40	72	58	71
21 - 30	Male	26	27	43	27	39	29	31
	Female	20	20	10	14	10	20	16
	Total	46	47	53	41	49	49	47
31 - 40	Male	32	33	35	25	35	35	32
	Female	10	25	20	18	12	18	15
	Total	42	58	55	43	47	53	47
41 - 50	Male	35	22	34	36	47	42	51
	Female	22	23	25	30	19	23	27
	Total	57	45	59	66	66	65	78
51 - 60	Male	32	22	38	34	42	51	33
	Female	37	14	29	31	23	27	29
	Total	69	36	67	65	65	78	62
61 - 70	Male	14	11	22	16	27	31	40
	Female	18	20	23	21	20	21	14
	Total	32	31	45	37	47	52	54
71 - 80	Male	6	8	14	11	11	16	15
	Female	4	8	7	5	6	8	5
	Total	10	16	21	16	17	24	20
81 +	Male	0	3	4	4	2	4	2
	Female	0	1	2	2	2	1	2
	Total	0	4	6	6	4	5	4
Totals	Male	207	212	316	240	333	381	399
	Female	163	138	152	147	160	170	178
	Total	370	350	468	387	493	551	577

*Table 5 - Age Profiles of Subjects*

## Types of Injury

The following table is the result of a search through all the reports for key words relating to types of injury or medical conditions. For example, the category Lacerations will include any word with 'lacerat-', 'cut-' and 'gash-' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

*"Fracture/dislocation of the ankle, cuts to hands and knee"*

This will result in contributions to the fracture, dislocation and laceration categories.

<i>Condition/Injury</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>	<i>2008</i>
Abrasion	1	1	1	3	2	4	1
Asthma	0	0	1	0	2	0	1
Bruising	4	4	2	7	4	6	14
Burns	0	0	0	0	0	0	0
Concussion	0	1	1	0	0	0	0
Cramp	0	2	0	1	0	1	0
Crush Injury	2	2	1	1	0	1	2
Diabetic	0	3	1	1	2	2	0
Dislocation	12	10	13	12	15	13	15
Epilepsy	1	0	2	2	3	1	3
Exhaustion	1	2	2	4	0	3	1
Exposure	0	1	1	0	0	0	0
Fractures	88	76	103	92	83	91	103
Heart Attack	7	10	8	7	10	11	13
Hypothermia	7	5	3	6	11	11	12
Illness	0	3	1	3	2	1	2
Lacerations	25	22	8	14	12	14	17
Ligament/Tendon Damage	6	0	3	1	3	9	4
Multiple Injuries	2	1	8	3	7	3	4
Shock	0	0	1	0	0	0	0
Sprain/Strain	6	9	4	3	5	5	12
Unconscious	2	0	0	1	1	3	5
Number of Casualties	203	190	246	219	232	257	308

*Table 6 - Types of Injury*

## Sites of Injury

The following table is the result of a search through all the reports for key words relating to sites of injury or medical conditions. For example, the category Lower Leg will include any word with 'tibia', 'fibula', 'lower leg' and 'shin' as part of the word or phrase.

Please note that the totals of these columns do not match the number of casualties given at the bottom of each column. Unfortunately many of the casualties sustain more than one injury as a result of their accident. A typical report will illustrate this:-

*“Fracture/dislocation of the ankle, cuts to hands and knee”*

This will result in contributions to the ankle, hands & wrist and knee categories.

<i>Site Of Injury</i>	<i>2002</i>	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>	<i>2007</i>	<i>2008</i>
Abdomen	1	1	0	1	0	1	3
Ankle	49	48	73	40	45	68	73
Arm	17	9	5	11	10	10	22
Chest	12	4	10	12	12	7	9
Facial	3	3	0	7	5	5	7
Foot	1	2	1	2	1	0	0
Hand & Wrist	7	10	16	11	9	12	11
Head	19	23	20	21	17	31	46
Knee	19	18	15	8	18	23	21
Lower Leg	30	26	20	30	23	28	14
Neck	4	4	4	3	2	6	3
Pelvic Girdle	4	1	1	0	3	3	8
Shoulder Girdle	11	8	9	11	8	9	13
Spine	11	10	11	15	15	15	23
Upper Leg & Hip	8	3	2	4	5	3	10
Number of Casualties	203	190	246	219	232	257	308

*Table 7 - Sites of Injury*

## Lake District Search & Mountain Rescue Teams

The LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION consists of the teams listed below together with many others on call through the Police. Its Hon. Sec. is Mr Richard Warren Tel 01946 62176 and Email rawarren@freenetname.co.uk

### FOR RESCUE ASSISTANCE

- GO TO THE NEAREST TELEPHONE AND DIAL 999.
- ASK FOR 'MOUNTAIN RESCUE'.
- GIVE THE LOCATION (NAME & GRID REFERENCE), TIME OF ACCIDENT, NATURE OF INJURIES - NAME & ADDRESS OF CASUALTY IF KNOWN.
- STAY BY TELEPHONE UNTIL POLICE OR RESCUE TEAM MAKE CONTACT.

The contact names and addresses given below are for administrative purposes only. In the event of an accident, dial 999.

---

### Cockermouth Mountain Rescue Team

Hon. Sec.: Gwyn Lewis  
12 Horsman Street, Cockermouth, Cumbria CA13 0HE  
01900 827771      gwynl@cockermouthmrt.org.uk

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### Coniston Mountain Rescue Team

Hon. Sec.: Bob Henson  
Woodside Cottage, Colton, Ulverston, Cumbria LA12 8HE  
01229 861800      bob@bobhenson.net

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### Cumbria Ore Mines Rescue Unit

Hon. Sec.: Bernie Green  
School House, Oulton, Wigton Cumbria, CA7 0NP  
016973 42618      comru@thegreen4.myzen.co.uk

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### Duddon & Furness Mountain Rescue Team

Hon. Sec.: Tracey Binks  
7 New Street, Broughton-in-Furness, Cumbria LA20 6DJ  
01229 716952      tbinks@dfmrt.org.uk

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### Kendal Mountain Search and Rescue Team

Hon. Sec.: Pauline Speak  
2 Whinny Haw Barn, Firbank, Sedbergh, Cumbria, LA10 5EH  
015396 20987      pauline.speak@hotmail.co.uk

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**Keswick Mountain Rescue Team**

Hon. Sec.: Paul Cheshire  
Shorley Mews, Shorley Lane, Keswick, Cumbria, CA12 4HN  
017687 75982      secretary@keswickmrt.org.uk

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**Kirkby Stephen Search and Mountain Rescue Team**

Hon. Sec.: Tanya Mellor  
The Old School, Winton, Cumbria, CA17 4HL  
017683 72882      tanyamellor2@aol.com

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**Langdale / Ambleside Mountain Rescue Team**

Hon. Sec.: Mark Bains  
Lowfold, Lakes Road, Ambleside, Cumbria, LA22 0DN  
015394 63515      noblelucy@hotmail.com

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**Patterdale Mountain Rescue Team**

Hon. Sec.: Dan Farley  
Ogilvie House, Patterdale, Penrith, Cumbria, CA11 0PJ  
01768 899013      secretary@mountainrescue.org.uk

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**Penrith Mountain Rescue Team**

Hon. Sec.: John Roelich  
33 Moorville Drive South, Carlisle, Cumbria CA3 0AW  
01228 584975      jproelich@wightcablenorth.net

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**Search and Rescue Dog Association SARDA (Lakes)**

Hon. Sec.: Les Telford  
21 Union Street, Kendal, Cumbria, LA9 4RR  
01539 727051      les.telford@dsl.pipex.com

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**Wasdale Mountain Rescue Team**

Hon. Sec.: John Bamforth  
26 Seascale Park, Seascale, Cumbria CA20 1NG  
019467 28017      john.r.bamforth@virgin.net

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For further information about LDSAMRA and the MR Teams in the Lake District, try our web site on the Internet at <http://www.ldsamra.org.uk>

## Lake District Mountain Rescue Posts

### Recognised Posts, Manned, with Telephone and some Equipment

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<i>Location :</i>	Gatesgarth Farm, Buttermere
<i>Grid Ref.:</i>	NY 194 149
<i>Supervisor:</i>	Cockermouth MRT Tel: 01900 827916

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<i>Location :</i>	Ullswater Outward Bound Mountain School
<i>Grid Ref.:</i>	NY 438 213
<i>Supervisor:</i>	Ullswater OBMS Tel: 017684 86347

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<i>Location :</i>	Wastwater Hotel, Wasdale Head
<i>Grid Ref.:</i>	NY 187 088
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25431

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### Mountain stretcher boxes - Unmanned, no Telephone

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<i>Location :</i>	Dow Crag (at the foot of Abraham's B Buttress)
<i>Grid Ref.:</i>	SD 263 976
<i>Supervisor:</i>	Coniston MRT Tel: 015395 41242

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<i>Location :</i>	Mickledore, Scafell (just below crest on Eskdale side)
<i>Grid Ref.:</i>	NY 210 068
<i>Supervisor:</i>	Wasdale MRT Tel: 019467 25314

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<i>Location :</i>	Sty Head Pass
<i>Grid Ref.:</i>	NY 218 095
<i>Supervisor:</i>	Keswick MRT Tel: 017687 72105

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### Other First Aid Posts (with telephone)

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<i>Location :</i>	Howtown OA Centre, Martindale
<i>Grid Ref.:</i>	NY 444 197
<i>Supervisor:</i>	BRCS Cumbria c/o The Warden Tel: 017684 86208

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<i>Location :</i>	YMCA National Centre, Lakeside
<i>Grid Ref.:</i>	SD 374 897
<i>Supervisor:</i>	YMCA Tel: 015395 31758

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NOTE: All the above posts are in the area of the OS Lake District Tourist Map though not all are marked.

*The position of a post is sometimes changed. Verify locally.*

## **Mobile Phones & Mountain Rescue**

### **Advice to Users**

There is no doubt that using mobile phones have saved lives in the mountains and fells of this country. The sooner rescue teams are alerted to an incident, the better are the chances of a quick and complete recovery for the victim. However, over the past few years there have been occasions when teams have been alerted inappropriately. The notes that follow are given in the hope that the mobile phone can be used to better effect and to minimise any frustration.

### **When to use**

- If you or a member of your party sustains an injury warranting the assistance of a mountain rescue team.
- If you come across someone who has sustained an injury warranting the assistance of a mountain rescue team.
- If one of the party has become separated from you and you have made every effort to but have been unable to meet up again.
- If you want to report having seen or heard any internationally recognised distress calls.
- If you wish to notify someone of a change of plan (not a 999 call).

### **When not to use**

- Do not use the mobile phone at the 'first sign of trouble'; be self-reliant if possible.
- Do not rely solely on the mobile phone as a safety device; there are areas of poor or not reception ('dead areas').
- The mobile phone is not a substitute for experience.

### **How to use**

1. First make a note of all relevant details, Location (Grid Ref. if possible)  
Name, Sex and Age of Casualty.  
Nature of Injuries or disability.  
Number of people in party and intended destination.  
**THE NUMBER OF THE MOBILE PHONE IN USE.**
2. Dial 999 and ask for the Police.
3. Make sure you tell the operator that you require the Cumbria Police as you are in the Lake District.
4. When connected to a Police control room, check that it is the Cumbria Police. If it is not, then make sure that the information will be passed on.
5. Explain the nature of your call, giving details previously prepared.
6. Do NOT change your position until contacted by Rescue Team, who will agree future protocol for use of Phone.
7. If you have to make a further 999 call, use ALL the procedure again.

## **Advice to Mountain Users**

Most calls to Mountain Rescue Teams are avoidable. With adequate preparation, awareness of local conditions, experience and the application of commonsense, the number of accidents can be reduced. The following points cover the minimum precautions you should take if you want to avoid getting hurt or lost or, in the event of an accident, minimise further harm to you and your party.

### **Planning and Preparation**

- Plan before setting out! Maps are essential and guidebooks are full of advice.
- Consider the equipment, experience, capabilities and enthusiasm of the party members.
- Check the weather forecast and local conditions; Scottish mountains can be major undertakings. Night encroaches early in the winter and the further north you go! Check the website [www.mwis.org.uk](http://www.mwis.org.uk)
- Carry a First Aid kit and learn how to give First Aid.
- Many accidents occur towards the latter part of the day when both your energy levels and those of your phone and GPS batteries will be run down. Did you remember to charge your battery before setting out?

### **Footwear and Clothing**

- Wear suitable boots with a treaded sole and sufficient support for ankles.
- Clothing should be colourful, warm, windproof and waterproof.
- Take spare warm clothing and perhaps a hat and gloves; it is always colder on the tops.

### **Food and Drink**

- In addition to the usual sandwiches, take chocolate, dates, or similar sweet things, which can restore energy quickly. You may not need them yourself, but someone else may.
- Streams on hills are drinkable if fast-running over stony beds.

### **Equipment and its Use**

- A map, compass and the ability to use them; at least one reliable watch in the party should always be carried.
- If you carry a GPS, at least know how to read your current position. It could save a lot of hassle in an emergency when speaking to the Mountain Rescue Team.
- In all conditions, it is wise to carry a whistle, torch, spare batteries and bulbs; but in winter conditions, an ice-axe, crampons and survival bag are essential.
- Climbers and mountain bikers are all urged to wear suitable helmets at all times.

## **Party Size**

- If in groups, make sure party leaders are experienced; do not let the party become separated.
- Take special care of the youngest and weakest in dangerous places.
- If you prefer to go alone, be aware of the additional risk. Let people know your route before you start, stick to it as far as you can and notify them of any changes.

## **Emergency Procedures**

- Be prepared to turn back if conditions are against you; even if this upsets your plan. Report changes of route or timetable to someone who is expecting you.
- If you have a serious problem, get a message to the Police (999) for help as soon as possible and keep injured/exhausted people safe and warm until help reaches you. If you cannot contact anyone, use six whistle blasts or torch flashes, repeated at minute intervals, to signal an emergency.

## **Dangers - all can be avoided by good route-finding**

- Cliffs, slopes of ice or steep snow
- Very steep grass slopes, especially if frozen or wet
- Unstable boulders, gullies, gorges and stream beds
- Rivers and streams in spate
- Snow cornices on ridges or gully tops
- Exceeding your experience and abilities

## **Dangers – all can be avoided by remaining alert**

- Weather changes - these can be sudden and more extreme than forecast
- Ice on path - carry an ice-axe and crampons - and know how to use them
- Loss of concentration, especially toward the end of a long day
- Excessive cold or heat - dress appropriately
- Separating from the rest of the group
- Incipient exhaustion - know the signs; rest, take some food and keep warm
- Accident or illness - don't panic - if you send for help, make sure you stay put and the rescuers know exactly where to come
- Passage of Time - especially true when under pressure - allow extra time in winter conditions

## **Pride**

- It is no disgrace to turn back if you are not certain. A party must be governed by the capabilities of the weakest member.

## Donating To Mountain Rescue

If you wish to support financially the Mountain Rescue Service, in the Lake District, the Association will be pleased to receive your donation. The Association equally shares out all it receives to the 13 Teams in the Lake District. There are several ways of assisting, some more financially advantageous than others.

### 1. Gift Aid

Following recent changes in the law relating to donating to charities, completion of a Deed of Covenant is no longer necessary. Most donations are now covered by a Gift Aid declaration. If you pay tax, Gift Aid is a scheme by which you can give a sum of money to a charity and the charity can reclaim from the Inland Revenue basic rate tax on your gift. You can make payments by cash, cheque, postal order, direct debit or standing order. Subject to a few rules, you can give any amount, large or small, regular or one-off and the charity can reclaim the tax.

If you want to make a donation through Gift Aid please complete the form printed overleaf having read the notes and return it, with either your donation or a completed copy of the Bankers Order to the Association's treasurer.

1.1 If your declaration covers donations you may make in the future:

- Please notify the charity if you change your name or address while the declaration is in force
- You can cancel the declaration at any time by notifying the charity – it will then not apply to donations you make on or after the date of the cancellation or such later date as you specify.

1.2 You must pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity reclaims on your donations in the tax year (currently 28p for each pound you give).

1.3 If in future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that the charity reclaims, you can cancel your declaration (see note 1.1)

1.4 If you pay tax at the higher rate you can claim further tax relief in your Self Assessment tax return.

1.5 If you are unsure whether your donations qualify for Gift Aid tax relief, ask the charity. Or you can ask your local tax office for leaflet IR113 *Gift Aid*

### 2. Give As You Earn

This is a tax free way of giving to charities direct from your pay and many employers have agreed to co-operate. The donation is deducted from your pay before your tax deduction is calculated. The Association is registered with the Charities Aid Foundation.

If this appeals to you, please approach your employer with these details:

Charity Name:	LDSAMRA	
Bank Code:	40-22-16	Bank Account No: 81205617
Give As You Earn Reg.	No:004184	
Charity Commission Reg.	No:506349	

# GIFT AID DECLARATION

Charity Name: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

Registered Charity Number: 506349

Title ..... Forename..... Surname.....

Address:.....

.....

..... Postcode:.....

I want the charity to treat : (Delete as appropriate)

- The enclosed donation of £.....
- The donation(s) of £ ..... which I made on ...../...../.....
- All donations I make from the date of this declaration until I notify you otherwise
- All donations I have made since 6 April 2000, and all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

Signed ..... Date ...../...../.....

-----✂-----

## BANKERS ORDER

To: ..... Bank

..... Address

..... Date

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words) .....

commencing ..... (date of first payment)

and thereafter every ..... (month/year)

until ..... (date of last payment) and debit my/our account

accordingly.

Signed ..... Date .....





**DEED OF COVENANT**

To: LAKE DISTRICT SEARCH AND MOUNTAIN RESCUE ASSOCIATION

I promise to pay you for 4 years, or until I die if earlier, such a sum as after deduction of income tax at the basic rate amounts to \*£ ..... each (month/year), from the date shown below.

Signed and delivered .....

Date .....

Full name & address .....

(in capitals) .....

..... Tel. No.....

Witnessed by (signed) .....

Full name & address .....

(in capitals) .....

.....

\* Enter here the actual amount you will be paying to the LDSAMRA.

-----✂-----

**BANKERS ORDER**

To: ..... Bank

Address.....

..... Date.....

Please pay

HSBC, DENTON HILL, GOSFORTH, SEASCALE, CUMBRIA CA20 1EL

Code No. 40-22-16, for credit of LDSAMRA A/c No. 81205617 the sum of

£..... (words) .....

commencing ..... (date of first payment) and

thereafter every ..... (month/year)

until ..... (date of last payment) and debit my/our account accordingly.

Signed ..... Date .....





## **DISTINGUISHED SERVICE LIST**

*Containing persons who have made a significant contribution to Mountain Rescue in the Lake District*

### **JOHN BERNARD ANDERSON**

Coniston MRT

### **STEVE BARBER** (Deceased)

Kendal MSRT, LDSAMRA & MRC

### **ERIC BARRINGTON**

Kendal MSRT & LDSAMRA

### **PETER BELL**

Langdale/Ambleside MRT, Stretcher Manufacturer

### **DAVID BINKS**

Duddon & Furness MRT

### **Sir CHRISTIAN BONINGTON**

### **JOE BOOTHROYD** (Deceased)

Patterdale & Penrith MRTs, LDSAMRA & MRC

### **Rob Brookes**

Kendal & Langdale/Ambleside MRTs

### **DUNCAN JAMES CAMERON**

(Deceased) Coniston MRT

### **NELSON CLARK**

Furness MRT

### **ROY COOKSEY MBE**

Coniston MRT

### **JIM COYLE BEM**

Cockermouth MRT

### **SYDNEY H. CROSS MBE** (Deceased)

Langdale Mountain Rescues

### **SQN LDR LESTER DAVIES MBE**

(Deceased) O.B.M.S. Ullswater

### **JOHN DEMPSTER MBE**

Cockermouth MRT, LDSAMRA

### **GEORGE FISHER MBE** (Deceased)

Keswick MRT

### **RICHARD FISHER**

Keswick MR Team

### **MALCOLM GRINDROD**

Langdale/Ambleside MRT & SARDA (Lakes)

### **Mrs. ADA HILLARD**

### **PAUL HORDER**

Cockermouth & Keswick MRTs, LDSAMRA & MRC

### **STEWART HULSE MBE**

Langdale/Ambleside MRT, & MRC

### **PETER JACKSON MBE**

Millom FRT

### **TOM MINTON** (Deceased)

Kendal MSRT

### **JOHN MITCHELL**

Millom FRT

### **MIKE MITCHELL**

Kendal MSRT, COMRU & LDSAMRA

### **MIKE NIXON MBE**

Keswick MRT

### **Dr. JAMES D OGILVIE** (Deceased)

Patterdale MRT

### **DES OLIVER**

Keswick MRT

### **BILL PATTISON MBE**

Wasdale MRT

### **ROGER PUTNAM MBE**

O.B.M.S. Eskdale

### **J BRYAN STILLING** (Deceased)

Kendal MSRT, LDSAMRA & MRC

### **Lt. Col H. WESTMORELAND MBE**

(Deceased) Keswick MRT

### **FI. Lt. RICHARD WOOD**

A Flight 202 Sqn RAF Boulmer

**FOR RESCUE ASSISTANCE**

\*

**GO TO THE NEAREST  
TELEPHONE AND DIAL 999**

\*

**ASK FOR 'MOUNTAIN RESCUE'**

\*

**GIVE THE LOCATION (NAME &  
GRID REFERENCE), TIME OF  
ACCIDENT, NATURE OF  
INJURIES - NAME & ADDRESS  
OF CASUALTY IF KNOWN**

\*

**STAY BY TELEPHONE UNTIL  
POLICE OR RESCUE TEAM  
MAKE CONTACT**